



## Division of Public and Behavioral Health Technical Bulletin



**Topic: First aid and cardiopulmonary resuscitation (CPR)**

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**Date: June 27, 2014**

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### **TO: HEALTH CARE PROVIDERS AND THE PUBLIC**

This technical bulletin is being provided to assist in understanding of NAC 449.231 (1).

Regulation with guidance:

#### **NAC 449.231 First aid and cardiopulmonary resuscitation. ([NRS 449.0302](#))**

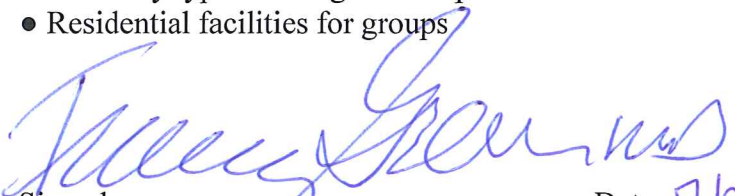
1. Within 30 days after an administrator or caregiver of a residential facility is employed at the facility, the administrator or caregiver must be trained in first aid and cardiopulmonary resuscitation. The advanced certificate in first aid and adult cardiopulmonary resuscitation issued by the American Red Cross or an equivalent certification will be accepted as proof of that training.


According to information from the American Red Cross Training Support Center, the American Red Cross does not currently offer online only CPR courses that certify participants. They do offer a blended option which allows participants to complete an online component followed by a skill session where they demonstrate their skills. There is not an online only course that would certify the participant in CPR.

Beginning April 1, 2014 the Bureau of Health Care Quality and Compliance will not accept online-only training for CPR and first aid. Each administrator or caregiver must provide evidence they received training issued by the American Red Cross or an equivalent certification, which included an in person skill session.

The facility types this regulation specifies are as follows:

- Residential facilities for groups

  
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