Resources for Survivors of Sexual Assault

Nevada law\(^1\) requires hospitals and independent centers for emergency care to provide survivors of sexual assault or attempted sexual assault with the following:

- Information about emergency contraception and prophylactic antibiotics, including possible side-effects and the location of facilities or pharmacies where those medications are available;
- Contact information for law enforcement agencies in Nevada;
- Other pertinent services including counseling, a list of clinics and other facilities that specialize in serving victims of sexual assault; and
- A list of locations that provide testing for sexually transmitted diseases.

The Nevada Sexual Assault Survivors’ Bill of Rights\(^2\) was created in 2019 to ensure that every survivor of sexual assault is supported and understands his or her rights. Visit the website of the Office of the Attorney General (ag.nv.gov) to view the Bill of Rights document and information about accessing a victim advocate.

Emergency Contraception (EC)

Ella – oral emergency contraception (available by prescription only). [https://ellanow.com/](https://ellanow.com/)

- Possible side-effects include headache, abnormal period, dizziness, breast tenderness, vomiting, nausea, cramps, tiredness. Nausea is the most common side-effect. **Call your doctor** if you throw up within 24 hours.

Paragard IUD – intrauterine emergency contraception if inserted within 5 days of unprotected sex. [https://www.paragard.com/](https://www.paragard.com/)

- Possible side-effects include heavier/longer periods, spotting between periods, increased cramping during periods. **NOTE:** This is considered a form of birth control but can also be used as emergency contraception if implanted within 5 days of unprotected sex.

Plan B – over the counter/non-prescription oral emergency contraception. [https://www.planbonestep.com/](https://www.planbonestep.com/)

- Possible side-effects include headache, abnormal period, dizziness, breast tenderness, vomiting, nausea, cramps, tiredness. Nausea is the most common side-effect. **Call your doctor** if you throw up within 24 hours.

Prophylactic Antiretrovirals and Antibiotics

Azithromycin (Zithromax, or Z-Pak) – to treat Chlamydia and part of the treatment for Gonorrhea.

- Possible side-effects: upset stomach, diarrhea, vomiting, stomach pain, mild skin rash. **Go to the emergency room or call 9-1-1** if you experience severe skin rash, hives or itching; difficulty breathing or swallowing; swelling of the face, hands, feet, ankles or lower legs; hoarseness; yellowing of the skin or eyes; or rapid pounding or irregular heartbeat. **Do not drink alcohol during treatment and for 24 hours after** completing treatment. **Do not have sexual contact with another person** for 7 days, with or without a condom.

Bicillin L-A – injection medication used to treat Syphilis.

- Possible side-effects: fever, chills, body aches, nausea, vomiting, swelling of the lymph nodes, mild skin rash or flushing sensations. These symptoms usually begin within 4 hours after the injection and may last up to 8 hours;

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\(^1\) Nevada Revised Statutes Chapter 449.1885

symptoms usually disappear within 24 hours. **Do not drink alcohol during treatment and for 7 days after treatment completion.**

Ceftriaxone (brand name: Rocephin) – injection antibiotic used to treat many kinds of bacterial infections, including Gonorrhea.
- Possible side-effects: fever, chills, body aches, nausea, vomiting, swelling of the lymph nodes, mild skin rash, flushing sensations. **Do not have sexual contact with another person for 7 days with or without a condom after last injection. Do not drink alcohol during treatment and for 24 hours after completing treatment.**

Dolutegravir (brand name: Tivicay) – oral medication used in conjunction with other HIV medications (e.g., Truvada) to help control infection by decreasing the amount of the virus in the body so the immune system can work better. Lowers your chance of getting HIV complications (such as new infections, cancer) and improves quality of life.
- Possible side-effects: headache and trouble sleeping.

Doxycycline – oral medication used to treat Syphilis and Chlamydia.
- Possible side-effects: Upset stomach, diarrhea, vomiting, stomach pain, mild skin rash (tell your doctor if any of these symptoms are severe or do not go away). Makes your skin sensitive to the sun; avoid exposure to the sun if possible, cover your skin with a hat, long-sleeved shirt, etc. **Do not drink alcohol during treatment and for 7 days after completion.** Doxycycline works best if you avoid taking antacids, such as Tums or Rolaids, as well as bismuth, calcium, iron supplements and multivitamins. **Do not have sexual contact with another person with or without a condom during treatment. Do not take if you are pregnant.**

Metronidazole ("Flagyl") – oral antibiotic used to treat a variety of infections, including Bacterial Vaginosis or Trichomoniasis)
- Possible side-effects: upset stomach, diarrhea, vomiting, stomach pain, mild skin rash, possible metallic taste in the mouth and dark or red/brown urine. **Do not have sexual contact with another person with or without a condom for 7 days after last injection. Do not drink alcohol for 7 days before or after taking this medication.**

Post-Exposure Prophylaxis (PEP) for HIV – short course of medication that must be taken within 72 hours after suspected HIV exposure.
- Possible side-effects: nausea. Side-effects can be treated and aren’t life-threatening.

Truvada – oral medication used in conjunction with other HIV medications (e.g., Tivicay) to help control infection by decreasing the amount of the virus in the body so the immune system can work better.
- Possible side-effects: Diarrhea, headache, dizziness, trouble sleeping, back pain, or change in the color of skin on the palms or soles of the feet.

**Victim Services/Mental Health Counseling**

**Northern Nevada**
Nevada 2-1-1
Crisis Support Services of Nevada ......................... 775-784-8090
Text “SASS” (Sexual Assault Support Services) to ......................... 839863
Domestic Violence
Resource Center ......................... 775-329-4150
Northern Nevada HOPES ............ 775-786-4673
Safe Embrace .............................. 775-322-3466

Sexual Assault Response
Advocates ........................................ 775-883-7654
Text ........................................... 20121
State of Nevada Victims of Crime Program.............................. 775-687-8428
University of Nevada, Reno .......... 775-784-6828 (option 1)
Victim Witness Assistance Center (VWAC) ......................... 775-328-3210
Victims of Crime Treatment Center at UNR ........................................ 775-682-8684
Southern Nevada
Community Counseling
Center........................................ (702) 369-8700
Gay and Lesbian Center of
Southern Nevada ................. (702) 733-9800
Rape Crisis Center .................. (702) 385-2153
UNLV Center for Individual, Couple,
and Family Counseling .......... (702) 895-3106
UNLV Student Counseling and
Psychological Services .......... (702) 895-3627

Rural Nevada
Churchill County
Domestic Violence Intervention
(Fallon) ........................................... 775-423-1313
Fallon Mental Health Center .... 775-423-7141
Carson City
Carson Mental Health Center –
Rural Services Community
Mental Health ...................... 775-687-0870
Sierra Counseling and
Neurotherapy........................... 775-885-7717
Douglas County
Advocates to End Domestic
Violence................................. 775-883-7654
Domestic Violence Victim Assistance Project –
Volunteer Attorneys for Rural Nevadans
(Carson City)......................... 775 883-8278
Douglas County Court Appointed Special Advocates
(CASA)..................................... 775-782-6247
Douglas Mental Health Clinic
(Gardnerville)......................... 775-782-3671
Elko County
Committee Against Domestic Violence (CADV)
Harbor House ...................... 775-738-6524
Northeastern Nevada Court Appointed
Special Advocates (CASA)...... 775-934-7636
Nevada Check Up .................. 775-753-1233
Elko Counseling and
Supportive Services ............. 775-738-8021
Esmeralda and Nye Counties
ABC Therapy (Pahrump)......... 775-727-9749
No to Abuse (Pahrump) ......... 775-751-1118
No to Abuse (Tonopah) ........... 775-482-3016
Pahrump Behavioral Health
Center (Pahrump) ................. 775-751-7406
Eagle Quest (Pahrump) ........... 775-751-6444

I.C.A.N. Family Resources
(Pahrump)............................. 702-913-5214
Nevada Children’s Center – Behavioral &
Mental Health (Pahrump)....... 775-727-4300
Rural Services Community Mental Health
(Tonopah).......................... 775-482-6742

Eureka and White Pine Counties
Ely Counseling and Supportive
Services............................. 775-289-1671

Humboldt County
Winnemucca Batterer’s
Intervention Program ............ 775-625-4387
Winnemucca Domestic Violence
Services – WDVS ................. 775-625-1313
Rural Counseling and Supportive Services
of Winnemucca .............. 775-623-6580

Lander County
Committee Against Domestic
Violence (Battle Mountain) .... 775-635-2500

Lincoln County
Caliente Behavioral
Health Center ....................... 775-726-3368

Lyon and Storey Counties
ALIVE - Alternative to Living in Violent
Environments (Yerington)....... 775-463-5843
Rural Nevada Counseling
(Yerington) ......................... 775-463-6597
Rural Services Community Mental Health
(Dayton) .......................... 775-461-3769
Rural Services Community Mental Health
(Fernley) ........................ 775-575-7744
Rural Services Community Mental Health
(Silver Springs) ................. 775-577-0319
Rural Services Community Mental Health
(Yerington) ......................... 775-463-3191

Mineral County
Consolidated Agencies of Human Services
(Yerington) ......................... 775-945-2471
Hawthorne Mental
Health Center ..................... 775-945-3387

Pershing County
Pershing County Domestic
Violence Intervention ............ 775-273-7373
Rural Services Community Mental Health
(Lovelock) ......................... 775-273-1036
Law Enforcement

Northern Nevada
Reno Police Department
  Non-emergency dispatch........ 775-334-2121
  Victim advocate.................. 775-657-4519
Sparks Police Department
  Non-emergency dispatch........ 775-353-2231
  Victim advocate.................. 775-353-2217
Washoe County Sheriff’s Office
  Non-emergency dispatch........ 775-785-9276
  Victim advocate.................. 775-325-6454
University of Nevada, Reno (UNR) Police Department
  Non-emergency dispatch........ 775-334-COPS (2677)
  Victim advocate services........ 775-560-0729
Reno-Sparks Indian Colony
  Tribal Police..................... 775-785-9163

Southern Nevada
Las Vegas Metro
  Southeast Area Command.... (702) 828-3206
  Convention Center
  Area Command................... (702) 828-3426
  Northwest Area Command... (702) 828-3426
  South Central
  Area Command................... (702) 828-8272
  Spring Valley Command ...... (702) 828-2640
  Summerland
  Area Command................... (702) 828-9400
  Henderson Police Department. (702) 267-5000
  University Police Services
  Southern Command ............. (702) 895-3011
  North Las Vegas
  Police Department.............. (702) 633-9111

Rural Nevada
Churchill County
  Sheriff’s Office .................. 775-423-3116
Douglas County Sheriff .......... 775-782-5126
  Lake Tahoe...................... 775-586-7250
Elko County Sheriff’s Office .... 775-777-7300
  Esmeralda County
  Sheriff’s Office ............... 775-485-6373
Eureka County
  Sheriff’s Office ................ 775-237-5330

Humboldt County
  Sheriff’s Office............... 775-623-6429
Lander County
  Sheriff’s Office............... 775-635-1100
Lyon County Sheriff’s Office ..... 775-463-6600
  Fernley substation............. 775-575-3350
  Dayton substation.............. 775-246-6200
  Silver Springs substation...... 775-577-5020
Mesquite Police Department..... 702-346-6911
Mineral County
  Sheriff’s Office............... 775-945-2434
Nye County Sheriff’s Office
  North Area....................... 775-482-8101
  Central area........................ 775-553-2345
  South area........................ 775-751-7000
Pershing County
  Sheriff’s Office............... 775-273-2641
Storey County
  Sheriff’s Office............... 775-847-0959
White Pine Sheriff’s
  Department...................... 775-289-8808

If you have filed a police report, the Nevada Victims of Crime may be able to reimburse you for certain costs. For more information, visit voc.nv.gov.

Testing Clinics and Pharmacies

Northern Nevada
Community Health Alliance .......... 775-329-6300
Incline Village Health Clinic.......... 775-831-6200
Nevada Urban Indians .............. 775-788-7600
Northern Nevada HOPES/
  Change Point................... 775-786-4673
Planned Parenthood
  Mar Monte.......................... 775-688-5555
Reno/Sparks Indian Tribal Health
  Center for Native Americans ..... 775-329-5162
Renown................................ 775-982-4100
  Health Care Center (must meet income guidelines)
  Behavioral Health
  Emergency department
  Children’s Hospital
  South Meadows Medical Center
  Urgent care centers
St. Mary’s Health Network ............ 775-770-3000
   Emergency department
   Urgent care centers
University of Nevada Reno
   Student Health Center ............. 775-784-6598
University of Nevada Reno Family Medicine
   & Student Outreach Clinic
   (limited hours of operation)...... 775-682-8200
Veterans Administration (VA) Medical
   Center ....................... 775-786-7200 or 888-838-6256
Washoe County Child
   Advocacy Center ................... 775-284-2750
Washoe County
   Health District ..................... 775-328-2470

Southern Nevada
   All in One Pharmacy ............... (702) 697-6501
   ASP Cares ......................... (702) 912-4844
   Avella Specialty Pharmacy ....... (877) 480 1755
   Community Outreach
      Medical Center .................... (702) 657-3873
   Huntridge Family Clinic ........... (702) 979-1111
   Planned Parenthood
      Southern Nevada .................... (702) 878-7776
   Southern Nevada Health District
      Sexual Health Clinic .............. (702) 759-0702
   UNLV Student health clinic ........ (702) 895-3370
   UNLV Faculty and Staff
      Treatment (FAST) Center ........... (702) 895-0630

Rural Nevada
   Banner Churchill Community Hospital
      (Churchill Co.) .................... 775-423-3151
   Battle Mountain General Hospital
      (Lander Co.) ....................... 775-635-2550
   Boulder City Hospital
      (Clark Co.) ......................... 702-293-4111
   Carson Valley Medical Center
      (Douglas Co.) ...................... 775-782-1500
   Desert View Hospital
      (Nye Co.) .......................... 775-751-7500
   Grover C. Dils Medical Center
      (Lincoln Co.) ...................... 775-726-3171
   Humboldt General Hospital
      (Humboldt Co.) ...................... 775-623-5222
   Incline Village Community Hospital
      (Washoe Co.) ........................ 775-328-2470
   Mt. Grant General Hospital
      (Mineral Co.) ...................... 775-495-2461
   Pershing General Hospital
      (Pershing Co.) ........................ 775-273-2621
   South Lyon Medical Center
      (Lyon Co.) .......................... 775-463-2301
   Willian Bee Ririe Hospital
      (White Pine Co.) ................... 775-289-3001

*Contact your health insurance or medical provider for other options in your area.