# Pediatric Status Epilepticus Algorithm \* in children over 1 month of age

## **Recognition of Status Epilepticus**

An unresponsive patient with either one of the following has convulsive status epilepticus:

- Seizure >5 min and/or ongoing seizure on presentation to EMS/ED
- 2 or more seizures without full recovery of consciousness between seizures

### **Initial Management**

- Initiate ABCs, cardiorespiratory and BP monitoring
- 0, 10-15 L/min via non-rebreather mask
- Prioritize giving the first dose of benzodiazepine as early as possible, followed by checking blood glucose
- Monitor for respiratory depression, hypotension, arrhythmias
- Give acetaminophen 15 mg/kg/dose (MAX 650 mg) PR if febrile
- Consider other investigations:
- Electrolytes, blood gas, calcium, CBC, serum glucose • Other: anticonvulsant drug levels, LFTs, blood & urine culture



min

## Prehospital

- 1. Give Midazolam IM/intranasal (IN) (see dosing table).
- 2. Check blood glucose: If blood glucose <3.3 mmol/L (<60 mg/dL): Treat with D25W 2 mL/kg/dose IV (MAX 100 mL/dose) OR D10W 5 mL/kg/dose IV (MAX 250 mL/dose).
- 3. If still seizing after 5 minutes, give Midazolam second dose. MAX cumulative dose 10 mg in prehospital setting.

### Emergency Department (ED)

- 1. Give benzodiazepine if two doses not already given prior to ED arrival (see dosing table).
- 2. Check blood glucose if not already done. Treat hypoglycemia as above. Reassess blood glucose in 5 minutes.
- 3. Give second benzodiazepine dose for ongoing seizures 5 minutes after first dose. When IV/IO access available, switch to IV/IO route.

#### CAUTION: Do not give more than 2 doses of benzodiazepines.

### **First Line Agents**

| No IV/IO              |   |
|-----------------------|---|
| Midazolam<br>IM or IN | ≤13 kg: 0.2 mg/kg/dose<br>13-40 kg: 5 mg/dose<br>>40 kg: 10 mg/dose<br>MAX 10 mg/dose |
| IV/I0                 |   |
| Lorazepam<br>IV/IO    | 0.1 mg/kg/dose<br>MAX 4 mg/dose   |
| Midazolam<br>IV/IO    | 0.1 mg/kg/dose<br>MAX 10 mg/dose  |

| Drug          | Dose  | Age      | Comments/Cautions   |
|---------------|---|----------|---|
| Levetiracetam | 60 mg/kg/dose IV/IO (MAX 3000 mg/dose)<br>Infuse over 5 minutes                                     | Any age  | $\downarrow$ side effects/drug interactions, low risk of psychosis  |
| Fosphenytoin  | 20 mg phenytoin equivalent (PE)/kg/dose<br>IV/I0/IM (MAX 1000 mg PE/dose)<br>Infuse over 10 minutes | Anyage   | ↓BP, ↓HR, arrhythmia; avoid in toxicologic seizures; choose<br>alternate drug if on phenytoin at home or consider partial<br>loading dose of 10 mg PE/kg/dose   |
| Valproic Acid | 40 mg/kg/dose IV/IO (MAX 3000 mg/dose)<br>Infuse over 10 minutes                                    | ≽2 years | In Canada, only available via Health Canada Special<br>Access Program; caution in patients with liver dysfunction,<br>mitochondrial disease, urea disorder, thrombocytopenia or<br>unexpected developmental delay |
| Phenytoin     | 20 mg/kg/dose IV/IO (MAX 1000 mg/dose)<br>Infuse over 20 minutes                                    | Anyage   | ↓BP, ↓HR, arrhythmia; avoid in toxicologic seizures; choose<br>alternate drug if on phenytoin at home or consider partial loading<br>dose of 10 mg kg/dose; use only if Fosphenytoin not available                |
| Phenobarbital | 20 mg/kg/dose IV/IO (MAX 1000 mg/dose) Infuse over 20 minutes                                       | <6 mos   | Respiratory depression, especially in combination with<br>benzodiazepines   |

Reassess ABCs, monitor for respiratory depression. If still seizing:

### **Pediatric Referral Centre Discussion:**

Administer alternative second line agent (e.g., if fosphenytoin given, use levetiracetam)

- Need for intubation vs. bag-mask ventilation; hypercapnia is common and resolves with seizure cessation and non-invasive respiratory support
- Additional work up including full septic work up, use of antibiotics/antivirals, brain imaging
- Persistent altered LOC possibly related to non-convulsive status epilepticus or severe underlying brain disorder
- Third line agent: infusion of midazolam, pentobarbital, propofol OR ketamine





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Richard Whitley, MS Director



# DEPARTMENT OF HEALTH AND HUMAN SERVICES

DIVISION OF CHILD AND FAMILY SERVICES Helping people. It's who we are and what we do.



Cindy Pitlock, DNP Administrator

Date: June 16, 2022

From: Nevada Executive Committee to Review the Death of Children Sub-Committee to Collaborate with the Bureau of Health Care Quality and Compliance (HCQC)

Re: Tips for Identifying Child Abuse or Neglect

The Nevada Executive Committee to Review the Death of Children (Executive Committee) was established in 1994 with the primary goal of preventing child maltreatment and child deaths in Nevada by making recommendations for law, policy and practice changes, staff training, and public education.

Recommendations are submitted to the Executive Committee by state regional multidisciplinary child death review teams. The regional review teams review the cases of child deaths in their county (<u>NRS 432B.403</u>) and make recommendations to the Executive Committee based on the data/trends that are found during case review. The following recommendation was presented and reviewed by the Executive Committee.

# Hospitals should adopt a consistent internal policy for assessment of children when they present with suspicious or serious injuries.

The Executive Committee reached out to the Bureau of Health Care Quality and Compliance (HCQC) to see if there would be interest in collaboration with the Executive Committee to achieve this goal. HCQC agreed to participate, and a sub-committee was formed in July 2021 to explore the best approach to achieving this recommendation. It was ascertained that the primary purpose of the sub-committee was to establish a process or protocol for non-pediatric medical facilities in cases where children present to these facilities with suspicious or serious injury, to increase resources and findings to these medical facilities when needed, and then implement this process/protocol into a set of standardized policies.

The sub-committee began discussing what questions needed to be asked & answered so a policy outline could be developed. The sub-committee then sought out representation from pediatric emergency facilities across the state to assist in the development of a protocol for non-pediatric medical facilities. Through this partnership, two child abuse tip sheets were developed to assist medical providers with assessing, testing, and when to refer to a pediatric hospital. The sub-committee is now seeking input from medical providers and facilities across the state and ask that you distribute these tip

sheets to your network of providers to begin using as well as providing any feedback.

We welcome further collaboration, and should you be interested in learning more, or if you have questions, please feel to join us at our next meeting, which will be held via Microsoft Teams on July 28, 2022 from 12:00-1:00 PM; the link to join is here <u>Click here to join the meeting</u>. The meeting agenda and other documents can be found here <u>2022MeetingsAndAgendas (nv.gov</u>). If you would like to speak further about this topic, please email Jessica Freeman at <u>jfreeman@dcfs.nv.gov</u> and a representative of the sub-committee will get back to you.

### Respectfully,

The Nevada Executive Committee to Review the Death of Children Sub-Committee to Collaborate with the Bureau of Health Care Quality and Compliance (HCQC)

> 4126 Technology Way, Suite 300 • Carson City, Nevada 89706 775-684-4400 • Fax 775-684-4455 • dcfs.nv.gov

Page 2 of 2

#### Suspected Child Abuse Tip Sheet

If your facility cannot perform the below tests or exams, please refer to a facility that is equipped to do so.

Please remember, per <u>NRS 432B.220</u>, as a medical provider, you are a mandated reporter, and if you suspect child abuse and neglect, please report to your local child welfare agency and/or law enforcement.

- Clark County Department of Family Services: 702-399-0081
- Washoe County Human Services Agency: 833-900-7233
- Division of Child and Family Services (Rural Nevada): 833-571-1041
  - If unable to get through to the central line, a report can be made to the direct county:
    - Carson City 775-684-1930
    - Elko 775-753-1300
    - Ely 775-289-1640
    - Fallon 775-423-8566
    - Fernley 775-575-1844
    - Pahrump 775-727-8497
    - Winnemucca 775-623-6555
    - Yerington 775-463-3151

#### Think About Child Abuse/Neglect If:

- 1. History
  - No history of trauma or denial of trauma despite severe injury
  - Implausible history for the type or degree of injury or behavior that is developmentally improbable to have caused the injury
  - Delay in care that is unexplained or excessive
  - Injuries that are said to have occurred with in-home resuscitation
  - · Caregiver histories that change or are conflicting
  - Severe injury that is blamed on the child, other children, or pets
  - Persistent and chronic vomiting with no diarrhea or fever and/or fussiness
- 2. Physical Exam
  - TEN-4 FACES P Bruising or petechiae or injuries to:
  - T trunk
  - E ears
  - N neck
  - 4 age 4 years or younger AND any bruising on a child less than 4 months
  - F frenulum tears
  - A auricular area
  - C cheek
  - E eyes
  - S sclera-hemorrhages
  - P patterned bruising or bruises of different ages
    - "Kids that don't cruise rarely bruise"
  - · Oral injuries:
    - lip lacerations in non-ambulatory infants;
    - o lingual or frenulum tears especially in non-ambulatory infants;
    - o tongue lacerations in non-ambulatory infants;
    - bruising or wounds of the buccal mucosa, gums, or palate in non-ambulatory infants;
    - missing or fractured teeth with an implausible history
  - Burn injuries:
    - scalds in children younger than 5 years that do not fit the pattern of an intentional spill;
    - o cigarette burns;
    - immersion burns showing a sharp upper line of demarcation affecting both sides of the body symmetrically and/or the perineum and the lower extremities;

1

- burns with a sharply demarcated edge
- · Head injuries:
  - apnea or seizures on presentation
- Abdominal injuries:
  - abdominal tenderness, abdominal distension, enlarged liver or spleen, abdominal wall bruising
- 3. Radiology Findings
  - metaphyseal corner (or bucket handle) fractures
  - rib fractures
  - sternum, scapula, or spinous process fractures
  - · long bone fracture in non-ambulatory infants
  - multiple fractures in various stages of healing
  - · evidence of healed fractures without explanation
  - · bilateral acute long bone fractures
  - · digital fractures in a child under 36 months of age
  - vertebral body fractures and subluxations without a history of high force trauma
  - epiphyseal separations
  - severe skull fractures (multiple, stellate, or depressed) in a child under 18 months of age
  - any skull fracture other than one that is an isolated, unilateral, nondiastatic, linear, parietal skull fracture

#### If you have suspicions or there are any of the above findings contact your nearest pediatric specialty center that has expertise in caring for children with concern for abuse.

REFERENCES: Physical Child Abuse: Recognition UpToDate: December 2021 Stephen C. Boos, MD, FAAP

TEN-4 FACES P: A Mnemonic to Help You Spot Signs of Child Abuse ACEP Now: Volume 39 Number 08 August 19, 2020 Caitlin Hinton and Allison Trop, MD, FACEP

#### Physical Child Abuse Order Set Elements

If your facility cannot perform the below tests or exams, please refer to a facility that is

equipped to do so.

Please remember, per <u>NRS 432B.220</u>, as a medical provider, you are a mandated reporter, and if you suspect child abuse and neglect, please report to your local child welfare agency and/or law enforcement.

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    - Pahrump 775-727-8497
    - Winnemucca 775-623-6555
    - Yerington 775-463-3151

If a patient's clinical condition precludes performing these studies/examinations immediately, they should be undertaken as soon as medically appropriate.

#### Laboratory Studies

- CBC with differential, CMP, lipase, urinalysis with microscopic, urine drug screen
  - All children less than 7 years of age;
  - Children 7 years of age or older if clinically indicated
    - If fractures, add:
      - Ca, Mg, phos, alk phos, intact parathyroid hormone level, 25 hydroxyvitamin D
    - If bruising or intracranial hemorrhage, add:
      - vWF antigen and activity, PT and INR, PTT, Factor VIII level, and Factor IX level.
      - If intracranial hemorrhage add d-dimer and Factor XIII level, urine organic acids, and plasma amino acids
- Lab abnormalities should be evaluated in the context of the age of the child, the child's
  physiology and specialty consultation should be obtained for questions.

#### **Ophthalmology Exam**

- Ophthalmology Exam for all children less than 5 years of age within 24 to 72 hours.
- Ophthalmology Exam for children 5 years of age or older as clinically indicated

#### **Imaging Studies**

- All children less than 24 months of age:
   o skeletal survey 21 view
  - S Skeletal Sulvey 21 Vic
- · Children aged 2-6 years:
  - skeletal survey 21 view if neurological impairment, distracting injury, or highly suspicious index fracture

- Children less than 24 months of age who are asymptomatic but share a home with an abused child:
  - o skeletal survey 21 view
- Children over 2 years of age who are asymptomatic but share a home with an abused child:
  - History, physical and imaging studies as indicated
- Abdominal and pelvic CT with IV contrast (no oral contrast):
  - o any child who is symptomatic;
  - o a positive physical exam; or
  - o a child that has hematuria with:
    - greater than or equal to 50 RBCs/HPF;
    - AST > 200;
    - ALT > 125, or
    - elevated lipase
- Head CT without contrast:
  - o Child of any age with signs suggesting intracranial injury
  - All Infants < 6 months of age
    - Some studies recommend MRI of the brain if study can be done and interpreted in a few hours
  - Infants 6-12 months with external head injuries OR skull fracture OR skeletal fracture highly suggestive of abuse
  - If technically possible, add a 3D reconstruction
  - $\circ~$  In children with abnormal CT scan, a transfer to a more specialized hospital should occur

# Recommended Follow Up as Needed-if patient is not transferred out, please consider these suggestions for follow up:

- Add repeat skeletal 21 view in 2-3 weeks if any concern on initial X-Rays to check for potential healing fractures.
- Add serum copper and ceruloplasmin for any patients with concerns or features of Menkes Disease (sparsy, kinky hair, calvarial wormian bones, anterior rib flaring, failure to thrive, developmental delay).
- · Follow up with hematologist/oncologist as appropriate.
- Follow up with ER with any worsening symptoms.
- Follow up with PCP within 1-2 weeks.

### PEDIATRIC EMERGENCY CARE FACILITY RECOGNITION Emergency Department with Pediatric Level I Capabilities

#### **Application Instructions**

- 1) Prior to beginning the application process, please submit a **letter of intent** signed by your Chief Executive Officer to the State EMS Director (to the address in # 4 below) stating that your organization plans to apply for Level I Pediatric Emergency Care Facility recognition.
- 2) Before you begin the application, please take a moment to carefully review all requirements in this application and in the Pediatric Emergency Care Facility Standards document.
  - I. Application Form This is the signature page

**II.** Checklist Section – This is the list of required equipment, supplies, personnel and policies in a table format with columns for initials of those who verify items that are present in the facility.

The Checklist Section supports the Emergency Department Pediatric Plan and it lists required equipment, supplies, personnel and policies needed to be recognized as a Level I Pediatric Emergency Care Facility. Supporting documentation is requested when there is a checkmark in the column labeled "DOC" at the top of the Checklist Section of this application.

Please organize in an appendix any appropriate supporting documentation (schedules, policies, procedures, protocols, guidelines, plans, etc.) Please reference the section of the Pediatric Emergency Care Facility Standards for which you are providing documentation in organizing the application.

- 3) Complete the application form and obtain the appropriate signatures.
- 4) Submit the original ink-signed application plus three (3) additional copies of the signed application form and the Emergency Department Pediatric Plan (including supporting documentation) to:

#### Office of EMS Pediatric Emergency Care Facility Recognition Program Attention Angela Quackenbush 100 Sunnyside Road Smyrna, DE 19977

- 5) The application should be submitted in a single-sided format and unstapled. Please remember to clearly label any supporting documentation provided.
- 6) For questions regarding the application process, specific criteria items, and/or supporting documentation, please contact the Delaware Emergency Medical Services for Children (EMSC) Program in the Office of EMS at 302-223-1208 or 302-223-1350.

#### **Review of Applications**

- 1) Applications will be reviewed by the Office of EMS to assure all required documents are included.
- 2) Feedback on the application will be provided in writing prior to scheduling a visit.

\*Note: The term "pediatric" throughout this document refers to all children age 12 and younger.

## **Recognition as a Pediatric Emergency Care Facility**

- 1) Upon achieving recognition as a Level I Pediatric Emergency Care Facility in the State of Delaware an official letter from the Director of the Division of Public Health and a Certificate of Recognition will be issued to the facility.
- 2) If the application is incomplete, or if pediatric emergency care standards are not met to the level required for recognition, a letter will be sent to the facility with deficiencies identified.
- 3) Facilities may appeal the denial of recognition by submitting a written request to the Director of EMS in the Office of EMS.
- 4) A facility may appeal the denial of Recognition within 90 days of receiving the denial letter. After the 90 day time frame a new application would be required to apply for Recognition.
- 5) A facility may continue to submit applications multiple times until a Certificate of Recognition is issued by the Division of Public Health.
- 6) Recognition may be renewed by submitting a renewal application every three years. A separate application will be available for facilities renewing their recognized pediatric emergency care status.
- 7) Facilities may not be able to meet a Pediatric Emergency Care Facility requirement due to extenuating circumstances. As a result, **Withdrawal of Recognition status may occur.** In this situation, the hospital will notify the Delaware Division of Public Health's Director of EMS by phone (302-223-1350) and through written notice to the attention of State EMS Director, Pediatric Emergency Care Facility Recognition Program at least 60 days prior to withdrawal, if possible. In the notification please include information on the rationale for the decision.

## **RECOGNITION OF PEDIATRIC EMERGENCY CARE FACILITY LEVEL I** SECTION I - APPLICATION FORM

| Facility Name                              |   |                    |
|--|---|--------------------|
| Facility Address                           |   |                    |
|  |   |                    |
|  |   |                    |
| Facility request for Recogniti             | certifies that each requirement in this Level I Pediatric E<br>on is met and will be operational during the three year P<br>ity Recognition period to the best of the facilities ability. | ediatric Emergency |
|  | Typed Name:   |                    |
| Chief Executive Officer                    | Signature:  | Date:              |
| Medical Director of                        | Typed Name:   |                    |
| Emergency Services                         | Signature:  | Date:              |
| Nurse Manager or                           | Typed Name:   |                    |
| Director of Emergency<br>Services          | Signature:  | Date:              |
|  | Name:   |                    |
|  | Phone Number:   |                    |
| Pediatric Nurse<br>Coordinator Contact     | Fax:  |                    |
|  | E-mail:   |                    |
|  | Signature:  | Date:              |
|  | Name:   |                    |
|  | Phone Number:   |                    |
| Pediatric Physician<br>Coordinator Contact | Fax:  |                    |
|  | E-mail:   | -                  |
|  | Signature:  | Date:              |

| D= Desired | E=Essential | NR=Not Required       | V   | =Documentation Required |
|------------|-------------|-----------------------|-----|-------------------------|
|            |             | * = available in <1 h | our |                         |

| PEDIATRIC EMERGENCY CARE FAC                    | LITIES L | EVEL I       | CHECK | LIST     |
|---|----------|--------------|-------|----------|
| 1. PERSONNEL*(Available in less than 1          | Level I  | DOC          | Have  | Reviewer |
| hour)   |          |              | Y/N   | Initials |
| Physician with pediatric emergency care         | E        | $\checkmark$ |       |          |
| experience on duty 24/7 (provide a schedule)    |          |              |       |          |
| RN with pediatric training (provide a schedule) | E        |              |       |          |
| Respiratory therapist                           | E        |              |       |          |
| Trauma coordinator                              | E        |              |       |          |
| Nurse educator                                  | E        | ~            |       |          |
| Trauma team*                                    | E        | $\checkmark$ |       |          |
| Pediatric Physician Coordinator                 | E        | ~            |       |          |
| Pediatric Nurse Coordinator                     | E        | ~            |       |          |
| Social Services                                 | E        |              |       |          |
| Child Abuse support services                    | E        |              |       |          |
| Child life support                              | E        |              |       |          |
| On-line medical control for pre-hospital        | E        |              |       |          |
| Respiratory care                                | E        |              |       |          |
| Pediatric Critical Care Committee               | E        |              |       |          |
| Pediatric Trauma Committee                      | E        |              |       |          |
| Child development services                      | E        |              |       |          |

| Specialist consultants*(Available in less than 1 | Level | DOC          | Have | Reviewer |
|--|-------|--------------|------|----------|
| hour) <sup>1</sup>                               | 1     |              | Y/N  | Initials |
| Pediatrician*                                    | E     |              |      |          |
| Radiologist                                      | E     |              |      |          |
| Anesthesiologist*                                | E     | $\checkmark$ |      |          |
| Cardiologist                                     | E     | $\checkmark$ |      |          |
| Critical Care Physician (on site)                | E     | $\checkmark$ |      |          |
| Nephrologist                                     | E     |              |      |          |
| Hematologist/oncologist                          | E     | $\checkmark$ |      |          |
| Endocrinologist                                  | E     |              |      |          |
| Gastroenterologist                               | E     |              |      |          |
| Neurologist                                      | E     | $\checkmark$ |      |          |
| Pulmonologist                                    | E     | $\checkmark$ |      |          |
| Psychiatrist/Psychologist                        | E     |              |      |          |
| Infectious Disease Physician                     | E     |              |      |          |

| Surgical Specialists*(Available in less than 1 hour) | Level 1 | DOC          | Have<br>Y/N | Reviewer<br>Initials |
|--|---------|--------------|-------------|----------------------|
| Anesthesia and surgical suite promptly available     | E       | $\checkmark$ |             |                      |
| Secondary surgeon                                    | E       |              |             |                      |
| Pediatric surgeon*                                   | E       | ~            |             |                      |
| Neurosurgeon   | E       |              |             |                      |

Page 4 of 13

| Orthopedic surgeon  | Е | $\checkmark$ |  |
|---|---|--------------|--|
| Otolaryngologist  | E | ~            |  |
| Urologist   | E | $\checkmark$ |  |
| Plastic surgeon   | E | $\checkmark$ |  |
| Oral/maxillofacial surgeon                                  | E | ~            |  |
| Gynecologist (transfer agreement if not available)          | E |              |  |
| Microvascular surgeon (transfer agreement if not available) | Е | ~            |  |
| Hand surgeon (transfer agreement if not available)          | Е | ~            |  |
| Ophthalmologist   | E |              |  |
| Cardiac surgeon <sup>2</sup>                                | Е | $\checkmark$ |  |
| Pathologist   | E | ~            |  |
| Pediatric Dentist   | E |              |  |
| Intensivist onsite  | E | -            |  |

| Rehabilitation Program                     | Level | DOC | Have | Reviewer |
|--|-------|-----|------|----------|
|  | 1     |     | Y/N  | Initials |
| Physical Therapy                           | E     |     |      |          |
| Physical Medicine/Rehabilitation Physician | E     |     |      |          |
| Occupational Therapy                       | E     |     |      |          |
| Speech Therapy                             | E     |     |      |          |
| Special Education                          | E     |     |      |          |

| 2. POLICIES, PROCEDURES, AND<br>PROTOCOLS                   | Level 1 | DOC          | Have<br>Y/N | Reviewer<br>Initials |
|---|---------|--------------|-------------|----------------------|
| Illness and injury triage                                   | E       | $\checkmark$ |             |                      |
| Pediatric patient assessment and reassessment               | E       | $\checkmark$ |             |                      |
| Documentation of pediatric vital signs                      | E       | ~            |             |                      |
| Immunization Assessment                                     | E       | ~            |             |                      |
| Sedation and Analgesia for Procedures                       | E       | $\checkmark$ |             |                      |
| (including medical imaging)                                 |         |              |             |                      |
| Pediatric pain assessment and management                    | E       | $\checkmark$ |             |                      |
| Informed consent for procedures, treatments                 | E       | ~            |             |                      |
| (when parent/guardian is not present)                       |         |              |             |                      |
| Social and mental health evaluations                        | E       | ~            |             |                      |
| Physical and/or chemical restraint of patients              | E       | ~            |             |                      |
| Child maltreatment and sexual assault                       | E       |              |             |                      |
| Death of the Child in the ED                                | E       |              |             |                      |
| Do-not-resuscitate orders                                   | E       | $\checkmark$ |             |                      |
| Family centered care policies, including but not            | E       | ~            |             |                      |
| limited to:   |         |              |             |                      |
| <ul> <li>Involving families in patient care</li> </ul>      | E       | ~            |             |                      |
| decision making and in medication safety                    |         |              |             |                      |
| processes   |         |              |             |                      |
| <ul> <li>Consideration of family presence during</li> </ul> | E       | ~            |             |                      |
| all aspects of emergency care, including                    |         |              |             |                      |

|   |   | <br> |
|---|---|------|
| resuscitation   |   |      |
| <ul> <li>Education of the patient, family, and</li> </ul> | E |      |
| regular caregivers  |   |      |
| <ul> <li>Discharge planning and instruction</li> </ul>    | E |      |
| <ul> <li>Identifying bereavement counseling</li> </ul>    | E |      |
| resources   |   |      |
| Communication system with the patient's                   | E |      |
| medical home or primary health care provider              |   |      |
| upon discharge  |   |      |
| Medical imaging policies                                  | E |      |
| (address appropriate dosing for studies consistent        |   |      |
| with as low as reasonably achievable (ALARA)              |   |      |
| principles)   |   |      |
| All-hazard disaster preparedness plan that                | E |      |
| includes pediatric specific components                    |   |      |

| 3. EQUIPMENT                                     | Level 1      | DOC      | Have<br>Y/N | Reviewer<br>Initials |
|--|--------------|----------|-------------|----------------------|
| Scale  | E            |          |             |                      |
| (with weight in kilograms)                       |              |          |             |                      |
| EMS communication equipment*                     | E            |          |             |                      |
| Organized emergency cart                         | E            |          |             |                      |
| Printed or electronically available drug         | E            |          |             |                      |
| doses/length-based resuscitation tape            |              |          |             |                      |
| Resuscitation board                              | E            |          |             |                      |
| Infant scale                                     | E            |          |             |                      |
| Warming device for infants                       | E            |          |             |                      |
| Warming device for children                      | E            |          |             |                      |
| Pediatric restraint equipment                    | E            |          |             |                      |
| (to use for painful or difficult procedures)     |              |          |             |                      |
| Portable radiography                             | E            |          |             |                      |
| Slit lamp  | E            |          |             |                      |
| Neonatal/infant incubators                       | E            |          |             |                      |
| Phototherapy equipment                           | E            |          |             |                      |
| Pacemaker capability internal                    | E            |          |             |                      |
| Pacemaker capability external                    | E            |          |             |                      |
| Thermal control for patient and/or resuscitation | E            |          |             |                      |
| room   |              |          |             |                      |
| Age appropriate pain scale assessment tools      | E            |          |             |                      |
| *May listen to EMS calls but are not permitte    | ed to provid | le EMS n | nedical di  | rection              |

| Monitoring Equipment  | Level 1 | DOC | Have<br>Y/N | Reviewer<br>Initials |
|---|---------|-----|-------------|----------------------|
| Electrocardiography monitor/defibrillator with pediatric paddles or pads and hard copy capabilities | E       |     |             |                      |
| Cardiopulmonary monitor with pediatric and  | E       |     |             |                      |

| T |  | T  |                                       |   |
|---|--|--|---------------------------------------|---|
|   |  |  |                                       |   |
|   |  |  |                                       |   |
| E |  |  |                                       |   |
|   |  |  | _                                     |   |
| E |  |  |                                       |   |
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| Airway and Ventilation Equipment and                  | Level 1 | DOC | Have | Reviewer |
|---|---------|-----|------|----------|
| Supplies  |         |     | Y/N  | Initials |
| Bag-mask device (infant size: 450 mL; adult size      | E       |     |      |          |
| 1000 mL) with oxygen reservoir. Self inflating        |         |     |      |          |
| Neonatal, infant, child, and adult masks to fit bag   | E       |     |      |          |
| mask device   |         |     |      |          |
| Oxygen delivery device with flow meter                | E       |     |      |          |
| Clear oxygen masks (standard and non-                 | E       |     |      |          |
| rebreathing) for neonatal, infant, child, and adult   |         |     |      |          |
| Nasal cannula (infant, child and adult)               | E       |     |      |          |
| Suction devices – catheters $(6 - 14 \text{ fr})$ and | E       |     |      |          |
| yankauer-tip/suction equipment                        |         |     |      |          |
| Nasopharyngeal airways (infant, child, and adult)     | E       |     |      |          |
| Nasogastric tubes (sizes 6-18 fr)                     | E       |     |      |          |
| Laryngoscope handles (pediatric and adult)            | E       |     |      |          |
| Laryngoscope blades:                                  |         |     |      |          |
| <ul> <li>curved 2,3</li> </ul>                        | E       |     |      |          |
| <ul> <li>straight or Miller 0,1,2,3</li> </ul>        | E       |     |      |          |
| Endotracheal tubes:                                   |         |     |      |          |
| <ul> <li>uncuffed (2.5-3.0)</li> </ul>                | E       |     |      |          |
| • cuffed $(3.5 - 8.0)$                                | E       |     |      |          |
| Stylets for endotracheal tubes (infant, child,        | E       |     |      |          |
| adult)  |         |     |      |          |
| Lubricant (water soluble)                             | E       |     |      |          |
| Magill forceps (pediatric and adult)                  | E       |     |      |          |
| Peak Flow Meters                                      | E       |     |      |          |

| Inhalation therapy equipment - Nebulizer          | Е |      |  |
|---|---|------|--|
| Tracheostomy tubes (2.5, 3.0, 3.5, 4.0, 4.5, 5.0, | E |      |  |
| 5.5 mm)   |   |      |  |
| Chest tubes:                                      |   | <br> |  |
| <ul> <li>Infant (10fr – 12fr)</li> </ul>          | E |      |  |
| <ul> <li>Child (16fr – 24fr)</li> </ul>           | E |      |  |
| <ul> <li>Adult (28fr – 40fr)</li> </ul>           | E |      |  |
| Oxygen blender                                    | E |      |  |
| Pediatric endoscopes and bronchoscopes            | E |      |  |
| available   |   |      |  |
| Respired gas humidifiers and bronchoscopes        | E |      |  |
| available   |   |      |  |
| Pediatric ventilators                             | E |      |  |
| Difficult airway kit, Alternate airway device     | E |      |  |
| Laryngeal Mask Airways (LMA) (size 1, 1.5, 2,     | E |      |  |
| 2.5, 3, 4, 5)                                     |   |      |  |

| Vascular Equipment and Supplies   | Level 1 | DOC | Have<br>Y/N | Reviewer<br>Initials |
|---|---------|-----|-------------|----------------------|
| Arm Boards (infant, child and adult sizes)                              | E       |     |             |                      |
| Butterfly needles (19-25 gauge)   | E       |     |             |                      |
| Catheters for intravenous lines (14-24 gauge)                           | E       |     |             |                      |
| Needles (18-27 gauge)   | E       |     |             |                      |
| Intraosseous (IO) needles or device (pediatric and adult sizes)         | E       |     |             |                      |
| IV pressure bags for IO infusions                                       | E       |     |             |                      |
| Umbilical vessel catheters (3.5fr and 5.0fr) and cannulation tray       | E       |     |             |                      |
| IV administration sets with calibrated chambers<br>and extension tubing | E       |     |             |                      |
| Extension tubing, stopcocks, T-connectors                               | E       |     |             |                      |
| Infusion device, able to regulate rate and volume of solution           | E       |     |             |                      |
| IV Solutions: Normal saline, dextrose 5%, and dextrose 10%              | E       |     |             |                      |
| Central venous access kit, $(4.0 - 7.0 \text{ fr}) (4-7 \text{ fr})$    | E       |     |             |                      |
| IV fluid/blood warmer   | E       |     |             |                      |
| Blood gas kits  | E       |     |             |                      |
| Rapid Infusion Pumps  | E       |     |             |                      |

| Specialized Pediatric Trays              | Level 1 | DOC | Have<br>Y/N | Reviewer<br>Initials |
|--|---------|-----|-------------|----------------------|
| Lumbar puncture kit including:           |         |     |             |                      |
| <ul> <li>Neonatal (22 gauge)</li> </ul>  | E       |     |             |                      |
| <ul> <li>Pediatric (22 gauge)</li> </ul> | E       |     |             |                      |
| <ul> <li>Adult (18-21 gauge)</li> </ul>  | E       |     |             |                      |
| Urinary catheterization kits             | E       |     |             |                      |

| $F_{1}$ (1) ( ( ) ( ) ( ) ( ) ( ) ( ) ( ) ( ) ( | E |      |
|---|---|------|
| Foley catheters (sizes 6 – 22 fr)               |   | <br> |
| Venous cut down equipment                       | E | <br> |
| Resuscitative Thoracotomy tray                  | E | <br> |
| Tracheostomy tray                               | E |      |
| Peritoneal lavage tray                          | E |      |
| Needle cricothyrotomy set                       | E |      |
| Intracranial pressure monitor tray              | E |      |
| Newborn delivery kit (including umbilical       | E |      |
| clamps, scissors, bulb syringe, towel, and      |   |      |
| blanket)  |   | <br> |
| Shunt Tap kit                                   | E |      |
| Compartment pressure testing equipment          | E |      |
| Incision & Drainage (I & D) Tray                | E |      |
| Epistaxis Tray or supplies and equipment        | E |      |
| Dental Tray or supplies and equipment           | E |      |
| Plastics Tray or supplies and equipment         | E |      |
| Thoracostomy Tray                               | E |      |

| Fracture Management Devices                                       | Level 1 | DOC | Have<br>Y/N | Reviewer<br>Initials |
|---|---------|-----|-------------|----------------------|
| Cervical stabilization equipment for pediatric and adult patients | E       |     |             |                      |
| Spine board (child and adult)                                     | E       |     |             |                      |
| Extremity splints   | E       |     |             |                      |
| Femur splints (child and adult)                                   | E       |     |             |                      |

| Medication Classes                     | Level 1 | DOC | Have<br>Y/N | Reviewer<br>Initials |
|--|---------|-----|-------------|----------------------|
| Analgesics                             | E       |     |             |                      |
| Antibiotics/antimicrobial agents       | E       |     |             |                      |
| Anticonvulsants                        | E       |     |             |                      |
| Antidotes and activated charcoal       | E       |     |             |                      |
| Antiemetic agents                      | E       |     |             |                      |
| Antihypertensive agents                | E       |     |             |                      |
| Antipyretics                           | E       |     |             |                      |
| Bronchodilators                        | E       |     |             |                      |
| Corticosteroids                        | E       |     |             |                      |
| All current PALS medications           | E       |     |             |                      |
| Rapid sequence intubation medications  | E       |     |             |                      |
| Sedatives and anti-anxiety medications | E       |     |             |                      |
| Inotropic agents                       | E       |     |             |                      |
| Vasopressor agents                     | E       |     |             |                      |
| Vaccines                               | E       |     |             |                      |

| 4. FACILITIES                                      | Level 1 | DOC | Have | Reviewer |
|--|---------|-----|------|----------|
|  |         |     | Y/N  | Initials |
| Emergency Department                               |         |     |      |          |
| One identified area with capacity and equipment    | E       |     |      |          |
| for pediatric resuscitation                        |         |     |      |          |
| Access to two or more carts or bags with           | E       |     |      |          |
| capacity and equipment to resuscitate injured      |         |     |      |          |
| pediatric patients                                 |         |     |      |          |
| Access to helicopter landing site within stretcher | E       |     |      |          |
| transport distance                                 |         |     |      |          |

| Hospital Support Services     | Level 1 | DOC | Have<br>Y/N | Reviewer<br>Initials |
|-------------------------------|---------|-----|-------------|----------------------|
| Pediatric inpatient care      | E       |     |             |                      |
| Pediatric intensive care unit | E       |     |             |                      |
| Child life specialist         | E       |     |             |                      |

| Operating Room                                | Level 1 | DOC | Have<br>Y/N | Reviewer<br>Initials |
|---|---------|-----|-------------|----------------------|
| Operating room team available 24/7            | E       |     |             |                      |
| One RN physically present in OR 24/7          | E       |     |             |                      |
| Second operating room available and staffed   | E       |     |             |                      |
| (within 30 minutes)                           |         |     |             |                      |
| Thermal control equipment                     | E       |     |             |                      |
| X-ray capability (including C-arm)            | E       |     |             |                      |
| Endoscopes (all varieties)                    | E       |     |             |                      |
| Craniotomy equipment                          | E       |     |             |                      |
| (including ICP monitoring equipment)          |         |     |             |                      |
| Invasive and noninvasive monitoring equipment | E       |     |             |                      |
| Ventilation equipment                         | E       |     |             |                      |
| Pediatric airway control equipment            | E       |     |             |                      |
| Defibrillator, monitor                        | E       |     |             |                      |
| (including internal and external paddles)     |         |     |             |                      |
| Laparotomy tray                               | E       |     |             |                      |
| Thoracotomy tray and chest retractors         | E       |     |             |                      |
| (of appropriate size)                         |         |     |             |                      |
| Synthetic grafts (all sizes)                  | E       |     |             |                      |
| Spinal and neck surgical halos immobilization | E       |     |             |                      |
| equipment                                     |         |     |             |                      |
| Fracture table with pediatric capability      | E       |     |             |                      |
| Auto-transfuser with pediatric capability     | E       |     |             |                      |
| Pediatric Drug Dosage Reference               | E       |     |             |                      |
| Tracheostomy tubes                            | E       |     |             |                      |
| (neonatal through adolescent)                 |         |     |             |                      |

| Recovery Room  | Level 1 | DOC       | Have | Reviewer |
|--|---------|-----------|------|----------|
|  |         |           | Y/N  | Initials |
| RNs and other essential personnel on call 24 hrs/day                 | E       |           |      |          |
| Staff competent in the post-anesthesia care of the pediatric patient | E       |           |      |          |
| Airway control equipment   | E       |           |      |          |
| Thermal control equipment to ambient room temperature                | E       |           |      |          |
| Radiant warmer   | E       |           |      |          |
| Blood warmer   | E       |           |      |          |
| Resuscitation cart   | E       |           |      |          |
| Immediate access to sterile surgical supplies for emergency          | E       |           |      |          |
| Pediatric drug dosage reference                                      | Е       |           |      |          |
| E* If surgery is performed of  |         | c patient | S S  | 1        |

| Laboratory Services                      | Level 1 | DOC | Have<br>Y/N | Reviewer<br>Initials |
|--|---------|-----|-------------|----------------------|
| Hematology                               | E       |     |             |                      |
| Chemistry                                | E       |     |             |                      |
| Drug levels/toxicology                   | E       |     |             |                      |
| Microbiology                             | E       |     |             |                      |
| Blood Bank                               | E       |     |             |                      |
| Arterial blood gases                     | E       |     |             |                      |
| Bedside Blood Glucose monitoring/testing | E       |     |             |                      |
| Bedside Blood Gas testing                | D       |     |             |                      |

| Medical Imaging                                | Level 1 | DOC | Have<br>Y/N | Reviewer<br>Initials |
|--|---------|-----|-------------|----------------------|
|  |         |     | 1/19        | mitiais              |
| Radiology (24 hours per day)                   | E       |     |             |                      |
| Computed tomography scan (24 hours per day)    | E       |     |             |                      |
| Ultrasound (available 24 hours per day)        | E       |     |             |                      |
| Magnetic Resonance Imaging                     | E       |     |             |                      |
| (on call 24 hours per day)                     |         |     |             |                      |
| Nuclear medicine (on call 24 hours per day)    | E       |     |             |                      |
| Fluoroscopy/contrast studies                   | E       |     |             |                      |
| (on call 24 hours per day)                     |         |     |             |                      |
| Access to Angiography on call 24 hours per day | D       |     |             |                      |

| Other                                     | Level | DOC | Have | Reviewer |
|---|-------|-----|------|----------|
|   | 1     |     | Y/N  | Intials  |
| Pediatric Echocardiography                | E     |     |      |          |
| Pediatric Cardiac Catheterization         | E     |     |      |          |
| Electroencephalography                    | E     |     |      |          |
| Access to:                                |       |     |      |          |
| <ul> <li>Poison Control Center</li> </ul> | E     |     |      |          |

| <ul> <li>Hemodialysis capability/transfer<br/>agreement</li> </ul> | E |  |  |
|--|---|--|--|
| <ul> <li>Rehabilitation medicine/transfer</li> </ul>               | E |  |  |
| agreement  |   |  |  |
| Acute spinal cord injury management                                | E |  |  |
| capability/transfer agreement                                      |   |  |  |

| 5. ACCESS, TRIAGE, TRANSFER AND<br>TRANSPORT   | Level 1 | DOC | Have<br>Y/N | Reviewer<br>Initials |
|--|---------|-----|-------------|----------------------|
| Prehospital Care Report receiving process  | E       |     |             |                      |
| Transfer agreements for:   |         |     |             |                      |
| <ul> <li>In-patient pediatric care if not provided<br/>within the institution</li> </ul> | N/A     |     |             |                      |
| <ul> <li>ICU pediatric care</li> </ul>   | N/A     |     |             |                      |
| <ul> <li>Major trauma care</li> </ul>  | E       |     |             |                      |
| <ul> <li>Burn care</li> </ul>  | E       |     |             |                      |
| <ul> <li>Hemodialysis</li> </ul>   | E       |     |             |                      |
| <ul> <li>Spinal injury care</li> </ul>   | E       |     |             |                      |
| <ul> <li>Rehabilitation care</li> </ul>  | E       |     |             |                      |
| Hyperbaric oxygen chamber policy and procedure agreement                                 | E       |     |             |                      |
| Accept all critically ill patients from lower-level facilities within the state          | E       |     |             |                      |
| Access to a pediatric transport team   | E       |     |             |                      |

| 6. EDUCATION, TRAINING RESEARCH,<br>AND QUALITY ASSESSMENT AND<br>IMPROVEMENT   | Level 1 | DOC | Have<br>Y/N | Reviewer<br>Initials |
|---|---------|-----|-------------|----------------------|
| Education and Training  |         |     |             |                      |
| Public education, injury prevention   | E       |     |             |                      |
| Assure staff training in resuscitation and<br>stabilization or a similar course approved by the<br>Director of Public Health and/or by the EMSC<br>Advisory Committee | E       |     |             |                      |
| Current CPR certification for all nurses  | E       |     |             |                      |
| Annual Pediatric Mock Codes   | Е       | ~   |             |                      |
| Ongoing Pediatric Continuing Education for RNs and RRTs from the ED   | E       |     |             |                      |
| Offer educational resources for training all levels of health professionals within the state  | E       |     |             |                      |

| Research   | Level 1 | DOC | Have<br>Y/N | Reviewer<br>Initials |
|--|---------|-----|-------------|----------------------|
| Support state EMSC and Level II Care Center research efforts and data collection | E       |     |             |                      |
| Participate in and/or maintain trauma registry                                   | E       |     |             |                      |

| Participate in regional pediatric critical care | E |  |
|---|---|--|
| education                                       |   |  |

| Quality Assessment and Improvement                                     | Level<br>1 | DOC | Have<br>Y/N | Reviewer<br>Initials |
|--|------------|-----|-------------|----------------------|
| Structured QI program with indicators and periodic review              | E          | ~   |             |                      |
| Participate in regional quality review by EMSC and/or Local EMS agency | E          |     |             |                      |

| 7. ADMINISTRATIVE SUPPORT AND                                | Level | DOC | Have | Reviewer |
|--|-------|-----|------|----------|
| HOSPITAL COMMITMENT  | 1     |     | Y/N  | Initials |
| Make available clinical resources for training               | E     |     |      |          |
| prehospital personnel  |       |     |      |          |
| Provide emergency care and stabilization for all             | E     |     |      |          |
| pediatric patients   |       |     |      |          |
| Support networking education/training for health             | E     |     |      |          |
| care professionals   |       |     |      |          |
| Participate in pediatric emergency care network              | E     |     |      |          |
| Assure availability of:                                      | E     |     |      |          |
| <ul> <li>Social services</li> </ul>                          | E     |     |      |          |
| <ul> <li>Child abuse support services</li> </ul>             | E     |     |      |          |
| <ul> <li>Child life support</li> </ul>                       | E     |     |      |          |
| <ul> <li>On-line medical control for pre-hospital</li> </ul> | E     |     |      |          |
| <ul> <li>Respiratory care</li> </ul>                         | E     |     |      |          |
| <ul> <li>Pediatric Critical Care Committee</li> </ul>        | E     |     |      |          |
| <ul> <li>Pediatric Trauma Committee</li> </ul>               | E     |     |      |          |
| <ul> <li>Child development services</li> </ul>               | E     |     |      |          |

D= Desired E=Essential NR=Not Required \* = available in <1 hour

| Initials | Printed Name |  |
|----------|--------------|--|
|          |              |  |
|          |              |  |
|          |              |  |
|          |              |  |

<sup>&</sup>lt;sup>1</sup> All medical specialists should have pediatric expertise as evidenced by board certification, fellowship training, or demonstrated commitment and continuing education in their subspecialty area.

 $<sup>^{2}</sup>$  Or substituted by a current signed transfer agreement with an institution with cardiothoracic surgery and cardiopulmonary bypass capability.

<sup>\*</sup> If pediatric operating room services are available at the facility.

# **ED Readiness Checklist**



This checklist is based on the American Academy of Pediatrics (AAP), American College of Emergency Physicians (ACEP), and Emergency Nurses Association (ENA) 2018 joint policy statement "Pediatric Readiness in the Emergency Department 🔀 ".

Use this tool to check if your hospital's ED has the most critical components listed in this joint policy statement.

- <u>Download the 2020 ED Checklist here</u>
   (updated April 5, 2021)
   This version is intended to be printed and used to take inventory of your ED.
   <u>Download the 2020 ED Interactive Checklist here</u> (updated March 17, 2021)
- This version provides direct links to Toolkit resources, where applicable; this interactive document is **not** the Checklist in its entirety.

National Pediatric Readiness Project

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The EMS for Children Innovation and Improvement Center is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) as part of an award (U07MC37471) totaling \$3M with 0 percent financed with nongovernmental sources. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by HRSA, HHS, or the U.S. Government. For more information, please visit <u>HRSA.gov</u> 🗹 .

| This checklist is based on the American Aca<br>Physicians (ACEP), and Emergency Nurses<br>Readiness in the Emergency Department," v<br>https://pediatrics.aappublications.org/content   |   |  |
|---|---|--|
| Administration and Coordination of the ED for the<br>Care of Children   | ED Policies, Procedures, and Protocols  |  |
| <ul> <li>Physician Coordinator for Pediatric Emergency Care (PECC)*         <ul> <li>Board certified/eligible in EM or PEM (preferred but not required for resource limited hospitals)</li> <li>The Physician PECC is not board certified in EM or PEM but meets the qualifications for credentialing by the hospital as an emergency clinician specialist with special training and experience in the evaluation and management of the critically ill child.</li> <li>Nurse Coordinator for Pediatric Emergency Care (PECC)*                 <ul> <li>CPEN/CEN (<i>preferred</i>)</li> <li>Other credentials (e.g., CPN, CCRN)</li> <li>* An Advanced Practice Provider may serve in either of these roles. Please see the guidelines/toolkit for further definition of the role(s).</li> </ul> <li>Physicians, Advanced Practice Providers (APPs), Nurses, and Other ED Healthcare Providers</li></li></ul></li></ul> | <ul> <li>Policies, procedures, and protocols for the emergency care of children. These policies may be integrated into overall ED policies as long as pediatric-specific issues are addressed.</li> <li>Illness and injury triage</li> <li>Pediatric patient assessment and reassessment</li> <li>Identification and notification of the responsible provider of abnormal pediatric vital signs</li> <li>Immunization assessment and management of the underimmunized patient</li> <li>Sedation and analgesia, for procedures including medical imaging</li> <li>Consent, including when parent or legal guardian is not immediately available</li> <li>Social and behavioral health issues</li> <li>Physical or chemical restraint of patients</li> <li>Child maltreatment reporting and assessment</li> <li>Death of the child in the ED</li> <li>Do not resuscitate (DNR) orders</li> <li>Children with special health care needs</li> <li>Family and guardian presence during all aspects of emergency care, including resuscitation</li> <li>Patient, family, guardian, and caregiver education</li> </ul> |  |
| <ul> <li>Assessment and treatment (e.g., triage)</li> <li>Medication administration</li> <li>Device/equipment safety</li> <li>Critical procedures</li> <li>Resuscitation</li> <li>Trauma resuscitation and stabilization</li> <li>Disaster drills that include children</li> <li>Patient- and family-centered care</li> <li>Team training and effective communication</li> </ul> <b>Guidelines for QI/PI in the ED</b> <ul> <li>The QI/PI plan includes pediatric-specific indicators</li> <li>Data are collected and analyzed</li> <li>System changes are implemented based on performance</li> <li>System performance is monitored over time</li> </ul>   | <ul> <li>Bereavement counseling</li> <li>Communication with the patient's medical home or primary care provider as needed.</li> <li>Telehealth and telecommunications</li> <li>All-Hazard Disaster Preparedness</li> <li>The written all-hazard disaster-preparedness plan addresses pediatric-specific needs within the core domains including:</li> <li>Medications, vaccines, equipment, supplies and trained providers for children in disasters</li> <li>Pediatric surge capacity for injured and non-injured children</li> <li>Decontamination, isolation, and quarantine of families and children of all ages</li> <li>Minimization of parent-child separation</li> <li>Tracking and reunification for children and families</li> <li>Access to specific behavioral health therapies and social services for children</li> <li>Disaster drills include a pediatric mass casualty incident at least every two years</li> </ul>  |  |

| Evidence-Based Guidelines  | Guidelines for Medication, Equipment and Supplies  |  |
|--|--|--|
| Evidence-based clinical pathways, order sets or decision<br>support available to providers in real time  | Pediatric equipment, supplies, and medications are appropriate<br>for children of all ages and sizes (see list below), and are easily  |  |
| Inter-facility Transfers   | accessible, clearly labeled, and logically organized.  |  |
| <ul> <li>Written pediatric inter-facility transfer agreements</li> <li>Written pediatric inter-facility transfer guidelines. These may include:         <ul> <li>Criteria for transfers (e.g., specialty services)</li> <li>Criteria for selection of appropriate transport service</li> <li>Process for initiation of transfer</li> <li>Plan for transfer of patient information</li> </ul> </li> </ul>   | <ul> <li>ED staff is educated on the location of all items</li> <li>Daily method in place to verify the proper location and function of pediatric equipment and supplies</li> <li>Medication chart, length-based tape, medical software, or other systems is readily available to ensure proper sizing of resuscitation equipment and proper dosing of medications</li> <li>Standardized chart or tool used to estimate weight in kilograms if resuscitation precludes the use of a weight scale (e.g., length-based tape)</li> <li>Medications</li> </ul>                                   |  |
| Integration of family-centered care  | □ Analgesics (oral, intranasal, and parenteral)  |  |
| Integration of telehealth/telecommunications     Guidelines for Improving Pediatric Patient Safety   | <ul> <li>Analgesics (oral, intranasal, and parenteral)</li> <li>Anesthetics (eutectic mixture of local anesthetics; lidocaine 2.5% and prilocaine 2.5%; lidocaine, epinephrine, and tetracaine; and LMX 4 [4% lidocaine])</li> </ul>   |  |
| Pediatric patient and medication safety needs are addressed in   | <ul> <li>Anticonvulsants (benzodiazepines, levetiracetam, valproate,<br/>carbamazepine, fosphenytoin, and phenobarbital)</li> </ul>  |  |
| <ul> <li>the following ways:</li> <li>Children are weighed in kilograms only</li> <li>Weights are recorded in kilograms only</li> <li>For children who require emergency stabilization, a standard method for estimating weight in kilograms is used (e.g., a length-based system)</li> <li>Infants and children have a full set of vital signs recorded</li> <li>A full set of vital signs includes temperature, heart rate, respiratory rate, pulse oximetry, blood pressure, pain, and mental status when indicated in the medical record</li> <li>CO<sup>2</sup> monitoring for children of all ages</li> <li>Process for safe medication delivery that includes:</li> </ul> | <ul> <li>Antidotes (common antidotes should be accessible to the ED, e.g., naloxone)</li> <li>Antipyretics (acetaminophen and ibuprofen)</li> <li>Antiemetics (ondansetron and prochlorperazine)</li> <li>Antihypertensives (labetalol, nicardipine, and sodium nitroprusside)</li> <li>Antimicrobials (parenteral and oral)</li> <li>Antipsychotics (olanzapine and haloperidol)</li> <li>Benzodiazepines (midazolam and lorazepam)</li> <li>Bronchodilators</li> <li>Calcium chloride and/or calcium gluconate</li> <li>Corticosteroids (dexamethasone, methylprednisolone, and</li> </ul> |  |
| <ul> <li>Administration</li> <li>Disposal</li> <li>Pre-calculated drug dosing and formulation guides</li> <li>24/7 access to interpreter services in the ED</li> <li>Timely tracking and reporting of patient safety events</li> </ul>   | <ul> <li>hydrocortisone)</li> <li>Cardiac medications (adenosine, amiodarone, atropine, procainamide, and lidocaine)</li> <li>Hypoglycemic interventions (dextrose, oral glucose)</li> <li>Diphenhydramine</li> </ul>  |  |
| Guidelines for ED Support Services   | □ Epinephrine (1mg/mL [1M] and 0.1 mg/mL [IV] solutions)   |  |
| <ul> <li>Medical imaging capabilities and protocols address age-<br/>or weight-appropriate dose reductions for children</li> <li>All efforts made to transfer completed images when a patient<br/>is transferred from one facility to another</li> <li>Collaboration with radiology, laboratory and other ED<br/>support services to ensure the needs of children in the<br/>community are met</li> <li>Please see the guidelines/toolkit for additional details</li> </ul>  | <ul> <li>Furosemide</li> <li>Glucagon</li> <li>Insulin</li> <li>Magnesium sulfate</li> <li>Intracranial hypertension medications (mannitol, 3% hypertonic saline)</li> <li>Neuromuscular blockers (rocuronium and succinylcholine)</li> <li>Sucrose solutions for pain control in infants</li> <li>Sedation medications (midazolam, etomidate and ketamine)</li> <li>Sodium bicarbonate (4.2%)</li> <li>Vasopressor agents (dopamine, epinephrine and norepinephrine)</li> <li>Vaccines (tetanus)</li> </ul>   |  |

| Additional Recommendations for High-Volume EDs (>10,000 Pediatric Patient Visits per Year)  |  |  |
|---|--|--|
| <ul> <li>Alprostadil (prostaglandin E1)</li> <li><u>Central venous catheters</u></li> <li>4.0F</li> <li>5.0F</li> <li>6.0F</li> <li>7.0F</li> </ul> | <ul> <li><u>Noninvasive ventilation</u> <ul> <li>continuous positive airway pressure OR high-flow nasal cannula</li> </ul> </li> <li><u>Self-inflating bag-mask device</u> <ul> <li>pediatric</li> <li>Tube thoracostomy tray</li> </ul> </li> </ul> |  |
| Chest tubes   | Tracheostomy tubes   |  |
| ☐ infant (8–12F catheter)   | size 0   |  |
| ☐ child (14–22F catheter)   | size 1   |  |
| ☐ adult (24–40F catheter) OR  | size 2   |  |
| pigtail catheter kit (8.5–14F catheter)   | size 3   |  |
| ☐ Hypothermia thermometer   | size 4   |  |
| ☐ Inotropic agents (e.g., digoxin and milrinone)  | size 5   |  |
| Laryngoscope blade  | size 6   |  |
| ☐ size 00   | Umbilical vein catheters   |  |
| Lumbar puncture tray, spinal needles  | □ 3.5F   |  |
| infant  | □ 5.0F   |  |
| child   | □ Video laryngoscopy   |  |

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American Academy of Pediatrics



American College of Emergency Physicians®





Emergency Medical Services for Children Innovation and Improvement Center

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## WEIGHING PEDIATRIC PATIENTS IN KILOGRAMS

## Description

"Of all the ways that pediatric patients can be harmed during treatment, medication errors are the most common and most preventable".<sup>1</sup> Developmental differences and dosing complexities unique to pediatrics put children at high risk for both medication errors and for serious consequences as a result of these errors.<sup>1,2</sup> In contrast to adult medication doses (which are often standard, unit-doses), pediatric medication doses are weight-based; based specifically upon the patient's weight in kilograms. Determining the correct dose of a pediatric medication typically requires multiple calculations, and adult concentrations of drugs must often be diluted for pediatric administration. A 2009 analysis of 479 medication errors involving wrong weights discovered that over 25% were due to "confusion between pounds and kilograms".<sup>3</sup> Weighing and documenting pediatric weights only in kilograms has been repeatedly recommended in the literature as a strategy to decrease medication errors not only in the emergency department, but throughout the inpatient encounter.<sup>1,4,5,6,8,9</sup>

## **ENA Position**

It is the position of the Emergency Nurses Association that:

- 1. Pediatric weights only be measured and documented in kilograms.<sup>1,4,5,6,8,9</sup>
- 2. Scales used to weigh pediatric patients only be configured to record weights in kilograms.<sup>5</sup>
- 3. Pediatric weights are recorded in a prominent place on the medical record.<sup>8</sup>
- 4. Electronic medical records are standardized to allow only kilograms for pediatric weight entries.
- 5. The pediatric patient's actual weight is considered part of the mandatory nursing assessment unless they require resuscitation or emergent stabilization.
- 6. For the pediatric patient who require resuscitation or emergent stabilization, a standard method of estimating weight in kilograms is used (e.g., length-based system).<sup>6,7</sup>
- 7. The pediatric patient's weight in kilograms is included in any inter or intra disciplinary patient handoff report.

## Background

Emergency departments are one of the top three areas where high medical error rates with serious consequences are known to occur.<sup>10,11</sup> Medication errors due to an incorrect weight recorded in the emergency department may easily be passed on to inpatient units and can perpetuate throughout the patient's inpatient encounter.<sup>3,5</sup> Research has demonstrated that up to



18% of serious preventable medication errors are the result of not having essential information at the time of prescribing, dispensing, and administering medications.<sup>5</sup> Medication errors are often system failures; as potential sources of errors are detected, the systems should be updated.<sup>12</sup> A weight in kilograms is a critical data point for calculating an accurate drug dosage for a pediatric patient.

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