



# Child Care Chat

April 24th-28th is NAEYC's Week of the Young Child!

The week of the young child is an annual celebration sponsored by the National Association for the Education of Young Children (NAEYC) celebrating early learning, young children, their teachers, and their families.

Visit [www.naeyc.org/woyc](http://www.naeyc.org/woyc) for more information.

Here is a list the daily events:

**Music Monday!-April 24th**  
Sing, dance, celebrate, and learn. "Through music, children develop math, language, and literacy skills- all while having fun and being active.

**Try this:** Find the beat to connect music, movement, and math. Practice clapping, drumming, or stomping to the beat of the music while counting."

**Tasty Tuesday!- April 25th**

Healthy eating & fitness at home and school  
"Cooking together connects

math with literacy skills, science, and more. With the rise in childhood obesity you can encourage healthy nutrition and fitness habits at home and in the classroom by creating your own healthy tacos.

**Try this:** Measure the ingredients while making your tacos! Ask children if they'd like the same or different amounts of each ingredient."

**Work Together Wednesday!- April 26th**

Work together, build together, learn together  
"When children build together they explore math and science concepts and develop their social and early literacy skills. Children can use any building material- from a fort of branches on the playground to a block city in the classroom.

**Try this:** Practice organizing blocks by size! Try building a block tower with large blocks on the bottom and little blocks on the top!"

**Artsy Thursday!- April 27th**

Think, problem solve, create

"Children develop creativity, social skills and fine motor skills with open-ended art projects where they can make choices, use their imaginations, and create with their hands. On Artsy Thursday celebrate the joy and learning children experience when engaged in creative art making.

**Try this:** bring art outdoors! Offer dark and light paper, chalk and pastels, and suggest children create their own versions of the day and night sky!"

**Family Friday!- April 28th**

Sharing Family Stories

Engaging and celebrating families is at the heart of supporting our youngest learners.

**Try this:** Invite parents for a Family Friday breakfast where children can prepare and share breakfast treats with their families!

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### Special points of interest:

- ☺ Remember to notify your Surveyor regarding closures for any reason!
- ☺ Your Surveyor can be a great source for ideas and suggestions!
- ☺ The Nevada Registry site has a Job Board! You might just find your next great employee there!

### Inside this issue:

Surveyor Spotlight	2
Time for shade!	2
Music in Childcare	3
Did You Know?	4
Child Care Advisory Council	4
Monthly Happenings	5



## Supervisor Spotlight! Edith Farmer

Edith is dedicated to Children, hers and others. She is thorough when doing inspections, she see's EVERYTHING! Edith is great to work with and for. She and I did inspections together often when she was a Surveyor and I could always count on her to have my back with providers, but even better yet to introduce GREAT new places to have lunch! As a Supervisor, she makes sure we are aware of her expectations, but is still great to assure there is always a new and or old time favorite place to have lunch. Edith is always willing to help Surveyors answering questions, assisting with CLICS or talking to Providers. -Lisa Torgerson - Child Care Licensing Surveyor; Las Vegas

What's there not to say about Edith? Her intellect is on point, she's funny, and so kind. Edith is wonderful to be around and I am blessed to be a part of her team. -Alicia Mazy, Administrative Assistant, Carson City

Edith is an awesome supervisor. She is always available to answer surveyors questions or concerns regarding the child care facilities. She is a fun person and has a great sense of humor. -Silvia Cisneros, Child Care Licensing Surveyor, Las Vegas

Edith is one of the amazing Child Care Licensing team leaders who is a wealth of knowledge. She is quick to offer guidance and always has a helpful answer when challenging questions arise. It is evident that Edith always has the children of Nevada's best interest at

heart. She is fun to work with and is always making us laugh. -Tiffany Kaplan, Child Care Licensing Surveyor, Carson City

Edith is always willing to assist with whatever you are working on. She is informative and an "expert" on the NAC codes! She has a fun side to her that centers around her own children, who she is so very proud of. She has helped me become acclimated with the position, staff. She is thoughtful, kind and a good source of information. -Cheryl Joyce, Child Care Licensing Surveyor, Las Vegas

As the mentor of Edith, I must say she has done an excellent job as a surveyor and now as a supervisor!! ;- ) I will only take some of the credit though, Edith has done a great job ever since she started. Her calm demeanor and the way she deals with providers is a great asset, and it helps us all out a ton!! Her Seinfeld knowledge has no limits, and her witty humor keeps us all on our toes!! I'm glad we have Edith on our team, keep up the good work Edith!!- Steve Burdon, Child Care Licensing Surveyor, Las Vegas

Edith Farmer is the kind of person that you want to have as your supervisor!! She takes the time to listen and has always been there for all of us guiding us in the right direction!!

With our online system CLICS, she has helped all of us as surveyors as well as our providers with many different situations with ease as this is new for all



of us and that just makes our job a little less stressful. So thank you Edith and continue what you do best as we greatly appreciate you!! - Kerra Fuentes, Child Care Licensing Surveyor, Las Vegas

Edith is a wonderful supervisor; she is very supportive and always seems to have a calm demeanor. She is always willing to help both providers and surveyors with any issue whether it's our CLICS website or our regulations. She also has a great sense of humor that keeps us laughing.

-Lisa Roberts, Child Care Licensing Surveyor, Carson City

Edith has been and continues to be amazing. She is very caring in her approach and, yet, you always know she is in it for the kids. She is raising a beautiful family and I love that she shares them with us from time to time. She is a great leader and supporter within the CCL team. She is open, fair, honest and humorous and the CCL team is lucky to have her.

-Latisha Brown, Child Care Licensing Program Manager, Las Vegas

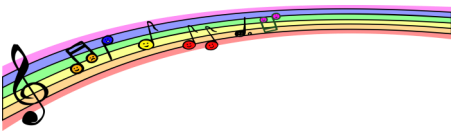
## Time for shade!

Remember: According to [NAC 432A.250](#), throughout the months of April and September, your outdoor play area must have a shade area "at least equal in size to the product of 5 square feet multiplied by the total number of children in the play area." If you have any questions regarding the shade for outdoor play at your facility please contact your surveyor.



# Music in Childcare

Music is an essential educational tool that can contribute to all learning environments, and the early childhood classroom is no exception. Music is vital to the development of language and listening skills, but did you know that research has suggested that music is related to math from very early in life?



There are numerous reasons why children should have frequent musical experiences. Children exposed to music have a greater motivation to communicate with the world, peers, and instructors. Self-management and social skills improve with musical activities, and children also learn to be more comfortable expressing their creativity at an early age. In addition, music exposes children to the existence and richness of their own culture, as well as the heritage and cultures of other people and regions. The nonverbal form of communication provided through music can help bridge the gaps among children of different backgrounds.



In addition to increased communication skills, heightened cognitive and neurological development is an other major benefit to incorporating music into the curriculum at an early age. Music can even improve children's math and science achievement by improving development in key areas of the brain. Musical elements such as a steady beat, rhythm, melody, and tempo possess mathematics

such as patterns, sequencing, and one to one correspondence. If you've ever danced or tapped your foot to the beat, then you probably aren't surprised to hear that the human brain is innately attracted to a steady rhythm and the repetitive structure shared by popular songs. Furthermore, brain researchers have long recognized the complementary link between mathematical reasoning and musical stimulation in the brain's temporal lobes.

So what can you do to incorporate more music activities into your curriculum? The great thing about music is you don't have to play an instrument or have a good voice to enjoy its benefits! Try these fun and easy activities:

- Create a rhythm band: clap hands, stomp feet, click tongues, and snap fingers to create a rhythm.
- Dance with ribbons
- Slowly move to classical music
- Make an instrument: use paper plates, plastic Easter eggs, or jingle bells to make your own shakers, cymbals, or tambourines!
- Sing the classics: Old MacDonald, You are my Sunshine, ABCs, The Wheels on the Bus, etc

The positive effect music has on children is undeniable. It's been proven to increase overall wellness and energy levels. Music reduces stress, lowers blood pressure, and stimulates the body's ability to create endorphins. Whether an early care provider is trying to bring peace to overstimulated children, make routine activities more enjoyable, or expose children to different cultures, music can be the key to helping young children develop.



Information shared from:  
[http://www.cceionline.com/newsletters/March\\_17.html](http://www.cceionline.com/newsletters/March_17.html)



For more information on music in the classroom please see the following articles:

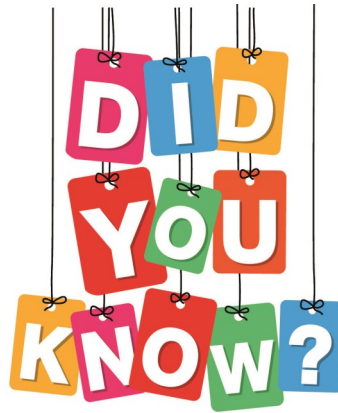
- [The Patterns of Music](#)
- [Music and Movement](#)

Click on the picture below to be taken to a list of 20 DIY musical instruments! (or google "DIY musical instruments for kids" for more ideas)



**20** DIY MUSICAL INSTRUMENTS  
featured at [meanmama](#)





→ Providers can keep up on the latest news regarding regulation amendments by going to the Legislative Council Bureau's website!

Visit <http://www.leg.state.nv.us/Division/LCB/> and click "Search" in the top right corner and type in "R092-16" in order to find the proposed amendments to the Child Care Licensing regulations.

Be sure to visit our [Facebook page](#) or sign up for our [ListSERV](#) in order to find regular updates about the regulation changes.



→ The Consent and Release form for employee background fingerprinting has been revised. Information for "friends, family, and neighbors" providers to fill in has been included in the form.

Another revision included also states that new employees who have not resided in the State of Nevada for the past 5 years will be required to produce a cleared background(s) of criminal and child abuse from each previous residential State within 90 days of hire.

All facilities are to use the updated form and fill out completely or it will be rejected. The new form can be found on the [Forms- Background](#) section of the Child Care Licensing website.

Please take the time to look through the forms on our website to make sure you are using the most current version of forms.

→ If you have any tips, tricks, pictures of events/projects, or helpful hints that you would like to share with childcare providers of Nevada, please email them to:

[tkaplan@health.nv.gov](mailto:tkaplan@health.nv.gov)

We also encourage those who like our [Facebook page](#) to share helpful information or posts from your facility. As always, if you choose to write on the Child Care Licensing Facebook wall, we expect that it will be done in a respectful manner.



→ Child Care Licensing's Office will be closed on the following date:

- May 29th

## Child Care Advisory Committee

This committee meets quarterly to discuss, examine, consider, and make recommendations concerning Nevada's child care industry.

Child Care Advisory meetings are open to all child care providers to attend either in person or by calling in, so come and have your voice heard! If you are unable to attend in person you can always call in!

Agenda information will be posted in designated state and county offices as well as on the Nevada Registry website.

Current scheduled meeting dates are:

- \* April 11th 2017

**Meetings begin at 1:30 pm.**



For more meeting information, please visit our website at <http://dpbh.nv.gov>

and subscribe to our Child Care Listserv today!

As a listserv member you will receive up-to-date information concerning Child Care Licensing, advisory meeting dates, times, places and meeting minutes.

# Monthly Happenings:

## April 7th s "Go BLUE Day!" for Child Abuse Prevention month

National Child Abuse Prevention Month is a time to remember that we can each play a part in promoting the social and emotional well-being of children and families in our community.

All staff working in the child care facility are mandated child abuse and neglect reporters. All staff should have the acknowledgement form signed and kept on file at the site upon hire. The child abuse and neglect training can be taken either online or in person to be a refresher for current staff.

The acknowledgement form for staff to sign can be found attached to this newsletter.

For more information on the campaign and events listed by county please visit: [http://nic.unlv.edu/pcan/pinwheels\\_for\\_prevention.html](http://nic.unlv.edu/pcan/pinwheels_for_prevention.html)



## May is National Bike Month!

**Snap on those helmets! Set out the cones! It's time for a bike day!**

This month is the perfect time not only to promote health and wellness with the children in your care, but also a chance to have fun! Pick a day (or two, or three....) and have children bring in their bikes from home to ride on during outside time. Children will not only be getting their gross motor practice through movement and balance, but they will also have the opportunity to test out those sharing skills!



\*Reminder: Have parents/staff label each child's bike and helmet to avoid frustrations when there are 5 of the same bike at pickup.

## June is National Potty Training Awareness Month!

Potty training is a major milestone in a child's life and can be a difficult time for many parents and child care givers. Not every child is ready to begin potty training at the same time.

When the child is ready they will begin showing signs of readiness, this is your cue to guide them through the potty training process. Have tips, potty charts, and your potty training guidelines readily available for both staff and parents. Remind parents to bring multiple changes of clothes to help during this transition, as well as take home any soiled clothing from the day. Offer positive praise for any correct toileting behavior (pulling down pants, sitting on the potty, etc).

While children are in the training phase the training will likely be more important to staff and parents than to the child. Children will soon get the idea that exhibiting correct toileting behaviors are a way to get praise and in turn the importance of the training will quickly increase for them as well as their cooperation.

**\*Remember, as always, food must not be used as a reward or punishment even with parental consent.**

## State of Nevada Child Care Licensing

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Carson City  
1010 Ruby Vista Dr. Ste 101  
Elko  
3811 W. Charleston Blvd #210  
Las Vegas

Carson Office: 775-684-4463  
Elko Office: 775-753-1237  
Las Vegas Office: 702-486-3822



Our vision for the Child Care Licensing Unit is to promote the healthy growth, development, and protection of children, increase availability of positive and nurturing learning environments and provide support for families by regulating and licensing high quality, developmentally appropriate, and flexible care, through a wide range of care options.

This vision involves mentoring and guiding child care providers to become advocates for children and family issues, as well as, foster the growth and development of the provider community. In support of this vision Child Care Licensing will work to expand the awareness of state legislators, local regulatory agencies and consumers so as to encourage support for improving the quality of child care environments for Nevada's children and families

STATEMENT ACKNOWLEDGING REQUIREMENT TO  
REPORT SUSPECTED CHILD ABUSE

Nevada Revised Statute (NRS) 432B.220 requires any person who maintains or is employed by a facility or establishment that provides care for children, children's camp or other public or private facility, institution or agency furnishing care to a child to report suspected child abuse or neglect immediately (but in no event later than 24 hours) to a agency which provides protective services or to a law enforcement agency when there is reason to believe that a child has been abused or neglected.

As a prospective employee of this facility, your employment position falls within the definition of a required reporter. Therefore, you are mandated to comply with the child abuse reporting requirements as stated above.

I, \_\_\_\_\_ have read and understand the requirements of NRS 432B.220 as outlined above, and will comply with those provisions.

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Signature

Date

RETAIN IN EMPLOYEE'S FILE

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