

Please check the box next to your answer or follow the directions included with the question. You may be asked to skip some questions that do not apply to you.

BEFORE PREGNANCY

The first questions are about you.

1. What is your date of birth?

____ / ____ / ____
Month Day Year

2. Before you got pregnant, did you...?

For each one, check **No** or **Yes**.

- | | No | Yes |
|--|--------------------------|--------------------------|
| a. Have serious difficulty hearing, or are you deaf? | <input type="checkbox"/> | <input type="checkbox"/> |
| b. Have serious difficulty seeing, even when wearing glasses, or are you blind? .. | <input type="checkbox"/> | <input type="checkbox"/> |
| c. Have serious difficulty walking or climbing stairs?..... | <input type="checkbox"/> | <input type="checkbox"/> |
| d. Have serious difficulty concentrating, remembering, or making decisions because of a physical, mental, or emotional condition? | <input type="checkbox"/> | <input type="checkbox"/> |
| e. Have difficulty with dressing or bathing yourself? | <input type="checkbox"/> | <input type="checkbox"/> |
| f. Have difficulty doing errands alone such as visiting a doctor's office or shopping because of a physical, mental, or emotional condition? | <input type="checkbox"/> | <input type="checkbox"/> |

The next questions are about the time **before** you got pregnant.

3. During the 3 months before you got pregnant with your *new* baby, did you have any of the following health conditions?

For each one, check **No** if you did not have the condition or **Yes** if you did.

- | | No | Yes |
|--|--------------------------|--------------------------|
| a. Type 1 or Type 2 diabetes (not gestational diabetes or diabetes that starts during pregnancy) | <input type="checkbox"/> | <input type="checkbox"/> |
| b. High blood pressure or hypertension | <input type="checkbox"/> | <input type="checkbox"/> |
| c. Depression | <input type="checkbox"/> | <input type="checkbox"/> |
| d. Anxiety | <input type="checkbox"/> | <input type="checkbox"/> |

4. In the 12 months before you got pregnant with your new baby, did you have any of the following healthcare visits?

For each one, check **No** or **Yes**.

- | | No | Yes |
|---|--------------------------|--------------------------|
| a. Regular checkup with a family doctor..... | <input type="checkbox"/> | <input type="checkbox"/> |
| b. Regular checkup with an OB/GYN | <input type="checkbox"/> | <input type="checkbox"/> |
| c. Visit for an injury, illness, or chronic condition | <input type="checkbox"/> | <input type="checkbox"/> |
| d. Visit to urgent care or the emergency room..... | <input type="checkbox"/> | <input type="checkbox"/> |
| e. Visit for family planning or to get birth control | <input type="checkbox"/> | <input type="checkbox"/> |
| f. Visit for depression or anxiety | <input type="checkbox"/> | <input type="checkbox"/> |
| g. Visit to have my teeth cleaned | <input type="checkbox"/> | <input type="checkbox"/> |
| h. Other | <input type="checkbox"/> | <input type="checkbox"/> |

Please tell us:

If you did not have any healthcare visits in the 12 months before you got pregnant, go to Page 2, Question 6.

5. During any of your healthcare visits in the 12 months before you got pregnant, did a healthcare provider do any of the following things? For each one, check **No or **Yes**.**

- | | No | Yes |
|--|--------------------------|--------------------------|
| Talk to me about... | | |
| a. My weight..... | <input type="checkbox"/> | <input type="checkbox"/> |
| b. Regularly checking my blood pressure.... | <input type="checkbox"/> | <input type="checkbox"/> |
| c. My desire to have or not have children.... | <input type="checkbox"/> | <input type="checkbox"/> |
| d. Birth control methods | <input type="checkbox"/> | <input type="checkbox"/> |
| e. How I could improve my health before a pregnancy..... | <input type="checkbox"/> | <input type="checkbox"/> |
| f. Sexually transmitted infections such as chlamydia, gonorrhea, syphilis, or HIV..... | <input type="checkbox"/> | <input type="checkbox"/> |

Ask me...

- g. If I smoked cigarettes or used e-cigarettes ("vapes") or other smokeless tobacco.....
- h. If someone was hurting me emotionally or physically.....
- i. If I felt depressed or anxious.....

The next questions are about your *health insurance*.

6. During the *month before* you got pregnant with your new baby, what kind of health insurance did you have?

Check ALL that apply

- Private health insurance (paid for by me, someone else, or through a job)
- Medicaid or Nevada Medicaid
- Nevada Check Up/CHIP
- TRICARE or other military healthcare
- Indian Health Services (IHS) or tribal
- Other health insurance → Please tell us:

- I didn't have any health insurance during the *month before* I got pregnant

7. *During* your most recent pregnancy, what kind of health insurance did you have?

Check ALL that apply

- Private health insurance (paid for by me, someone else, or through a job)
- Medicaid or Nevada Medicaid
- Nevada Check Up/CHIP
- TRICARE or other military healthcare
- Indian Health Services (IHS) or tribal
- Other health insurance → Please tell us:

- I didn't have any health insurance *during my pregnancy*

If you had health insurance during your most recent pregnancy, go to Question 9.

8. What was the reason that you did not have any health insurance *during* your most recent pregnancy?

Check ALL that apply

- Health insurance was too expensive
- I couldn't get health insurance from my job or the job of my spouse or partner
- I applied for health insurance but was waiting to get it
- I had problems with the health insurance application or website
- My income was too high to qualify for Medicaid
- My income was too high to qualify for a tax credit from the Health Insurance Marketplace or HealthCare.gov
- I didn't know how to get health insurance
- I'm not a US citizen, or I didn't have the right residency documents
- Other → Please tell us:

9. What kind of health insurance do you have now?

Check ALL that apply

- Private health insurance (paid for by me, someone else, or through a job)
- Medicaid or Nevada Medicaid
- Nevada Check Up/CHIP
- TRICARE or other military healthcare
- Indian Health Services (IHS) or tribal
- Other health insurance —————> Please tell us:

- I don't have any health insurance *now*

10. Thinking back to *just before* you got pregnant with your new baby, how did you feel about becoming pregnant?

Check ONE answer

- I wanted to be pregnant later
- I wanted to be pregnant sooner
- I wanted to be pregnant then
- I didn't want to be pregnant then or at any time in the future
- I wasn't sure what I wanted

DURING PREGNANCY

The next questions are about your prenatal care. This can include visits to a doctor, nurse, or other healthcare worker before your baby was born to get checkups and advice about pregnancy. (It may help to look at the calendar to answer these questions.)

11. Did you get prenatal care during your *most recent* pregnancy?

- No —————> **Go to Question 13**
- Yes

12. Did you get prenatal care as early in your pregnancy as you wanted?

- No
- Yes —————> **Go to Page 4, Question 14**

13. Did any of these things keep you from getting prenatal care when you wanted it?

For each one, check **No** or **Yes**.

- | | No | Yes |
|--|--------------------------|--------------------------|
| a. I couldn't get an appointment when I wanted one..... | <input type="checkbox"/> | <input type="checkbox"/> |
| b. I didn't have enough money or insurance to pay for my visits..... | <input type="checkbox"/> | <input type="checkbox"/> |
| c. I didn't have any transportation to get to the clinic or doctor's office..... | <input type="checkbox"/> | <input type="checkbox"/> |
| d. The doctor or my health plan wouldn't start care as early as I wanted..... | <input type="checkbox"/> | <input type="checkbox"/> |
| e. I had too many other things going on..... | <input type="checkbox"/> | <input type="checkbox"/> |
| f. I couldn't take time off from work or school..... | <input type="checkbox"/> | <input type="checkbox"/> |
| g. I didn't have my Medicaid or Nevada Medicaid card..... | <input type="checkbox"/> | <input type="checkbox"/> |
| h. I didn't have anyone to take care of my children | <input type="checkbox"/> | <input type="checkbox"/> |
| i. I didn't know that I was pregnant | <input type="checkbox"/> | <input type="checkbox"/> |
| j. I didn't want anyone else to know I was pregnant | <input type="checkbox"/> | <input type="checkbox"/> |
| k. I didn't want prenatal care..... | <input type="checkbox"/> | <input type="checkbox"/> |
| l. The doctor's office was too far away..... | <input type="checkbox"/> | <input type="checkbox"/> |

If you did not get prenatal care, go to Question 15.

14. During any of your prenatal care visits, did a healthcare provider do any of the following things? For each one, check **No** or **Yes**.

No Yes

Talk to me about...

- a. How much weight I should gain during pregnancy
- b. Doing tests to screen for birth defects or diseases that run in my family
- c. The signs and symptoms of preterm labor (labor more than 3 weeks before the baby is due)
- d. What to do if I feel depressed or anxious during my pregnancy or after my baby is born

Ask me...

- e. If I planned to breastfeed my new baby..
- f. If I planned to use birth control after my baby was born
- g. If I was taking any prescription medication.....
- h. If I smoked cigarettes or used e-cigarettes ("vapes") or other smokeless tobacco
- i. If I was drinking alcohol
- j. If someone was hurting me emotionally or physically
- k. If I was using illegal drugs
- l. If I was using marijuana.....
- m. If I wanted to be tested for HIV.....

15. During the 12 months before your new baby was born, did a healthcare provider offer you the following shots or vaccinations? For each one, check **No** or **Yes**.

No Yes

- a. Flu shot.....
- b. Tdap shot (protects against tetanus, diphtheria, and pertussis [whooping cough])
- c. COVID-19 shot.....

16. Did you get the following shots or vaccinations before or during your pregnancy?

For each shot, check ALL that apply:

B for **3 months before** pregnancy

D for **During** pregnancy

or check **N** if you **Did not** get the shot in the 3 months before or during pregnancy

B D N

- a. Flu shot.....
- b. Tdap shot.....
- c. COVID-19 shot.....

17. During your most recent pregnancy, did you have your teeth cleaned by a dentist or dental hygienist?

- No
 Yes

18. During your most recent pregnancy, did a healthcare provider tell you that you had any of the following health conditions? For each one, check **No** or **Yes**.

No Yes

- a. Gestational diabetes (diabetes that **started** during *this* pregnancy)
- b. High blood pressure (that **started** during *this* pregnancy), pre-eclampsia, or eclampsia.....
- c. Depression.....
- d. Anxiety

If you **had** high blood pressure **before** or **during** your pregnancy, go to Question 19. If you didn't, go to Question 20.

19. **During your most recent pregnancy, did a healthcare provider do any of the following things to help you manage your high blood pressure?** For each one, check **No** or **Yes**.

- | | No | Yes |
|--|--------------------------|--------------------------|
| a. Refer me to a different healthcare provider..... | <input type="checkbox"/> | <input type="checkbox"/> |
| b. Tell me to regularly check my blood pressure during pregnancy..... | <input type="checkbox"/> | <input type="checkbox"/> |
| c. Talk to me about getting to a healthy weight after pregnancy..... | <input type="checkbox"/> | <input type="checkbox"/> |
| d. Talk to me about regularly checking my blood pressure after pregnancy | <input type="checkbox"/> | <input type="checkbox"/> |
| e. Talk to me about the risk for having high blood pressure (chronic hypertension) and heart disease after pregnancy..... | <input type="checkbox"/> | <input type="checkbox"/> |

20. **During your most recent pregnancy, did you get information about “warning signs” you should watch for during and after your pregnancy that require immediate medical attention?** Some of these “warning signs” include fever, frequent or severe headaches, dizziness, or severe stomach pain.

- No —————→ **Go to Question 22**
- Yes

21. **During your most recent pregnancy, did you get information about warning signs from any of the following sources?** For each one, check **No** or **Yes**.

- | | No | Yes |
|--|--------------------------|--------------------------|
| a. A healthcare provider (such as a doctor, nurse, or midwife) | <input type="checkbox"/> | <input type="checkbox"/> |
| b. Websites or social media (such as Facebook, Instagram, or Twitter)..... | <input type="checkbox"/> | <input type="checkbox"/> |
| c. Any source of information that used the slogan “ Hear Her ” (such as websites, social media, or paper handouts)..... | <input type="checkbox"/> | <input type="checkbox"/> |
| d. Family or friends | <input type="checkbox"/> | <input type="checkbox"/> |

The next questions are about cigarettes, e-cigarettes, and other tobacco products.

22. **Have you smoked any cigarettes in the past 2 years?**

- No —————→ **Go to Question 26**
- Yes

23. **In the 3 months before you got pregnant, how many cigarettes did you smoke on an average day?**

- More than one pack (21 or more cigarettes)
- One-half to one pack (11 to 20 cigarettes)
- Less than half a pack (1 to 10 cigarettes)
- I didn't smoke then

24. **In the last 3 months of your pregnancy, how many cigarettes did you smoke on an average day?**

- More than one pack (21 or more cigarettes)
- One-half to one pack (11 to 20 cigarettes)
- Less than half a pack (1 to 10 cigarettes)
- I didn't smoke then

25. **How many cigarettes do you smoke on an average day now?**

- More than one pack (21 or more cigarettes)
- One-half to one pack (11 to 20 cigarettes)
- Less than half a pack (1 to 10 cigarettes)
- I don't smoke now

26. **In the past 2 years, have you used e-cigarettes (“vapes”) or other electronic nicotine products?**

- No —————→ **Go to Page 6, Question 30**
- Yes

Go to Page 6, Question 27

27. During the 3 months *before* you got pregnant, on average, how often did you use e-cigarettes (“vapes”) or other electronic nicotine products?

- Every day
 Some days
 I didn't use e-cigarettes or other electronic nicotine products then

28. During the *last 3 months* of your pregnancy, on average, how often did you use e-cigarettes (“vapes”) or other electronic nicotine products?

- Every day
 Some days
 I didn't use e-cigarettes or other electronic nicotine products then

29. In the *past 2 years*, did you ever use e-cigarettes (“vapes”) or other electronic nicotine products as a way of cutting down or stopping cigarette smoking?

- No
 Yes

The next questions are about drinking alcohol. A drink can be 1 glass of wine, can or bottle of beer or hard seltzer, shot of liquor, or mixed drink.

30. During your most recent pregnancy, did you have any alcoholic drinks during...?
 For each one, check **No** or **Yes**.

- | | No | Yes |
|--|--------------------------|--------------------------|
| a. The first 3 months of pregnancy (1 st trimester)? <i>This includes the time before knowing you were pregnant</i> | <input type="checkbox"/> | <input type="checkbox"/> |
| b. The second 3 months of pregnancy (2 nd trimester)? | <input type="checkbox"/> | <input type="checkbox"/> |
| c. The last 3 months of pregnancy (3 rd trimester)? | <input type="checkbox"/> | <input type="checkbox"/> |

If you did not have any alcoholic drinks during your pregnancy, go to Question 32.

31. During your most recent pregnancy, did you have 4 or more alcoholic drinks in a 2-hour time span during...?

For each one, check **No** or **Yes**.

- | | No | Yes |
|--|--------------------------|--------------------------|
| a. The first 3 months of pregnancy (1 st trimester)? <i>This includes the time before knowing you were pregnant</i> | <input type="checkbox"/> | <input type="checkbox"/> |
| b. The second 3 months of pregnancy (2 nd trimester)? | <input type="checkbox"/> | <input type="checkbox"/> |
| c. The last 3 months of pregnancy (3 rd trimester)? | <input type="checkbox"/> | <input type="checkbox"/> |

Pregnancy can be a difficult time. The next questions are about things that may have happened *before* and *during* your most recent pregnancy.

32. Did any of the following things happen during the 12 months before your new baby was born? For each one, check **No** or **Yes**.

- | | No | Yes |
|---|--------------------------|--------------------------|
| a. I got separated or divorced..... | <input type="checkbox"/> | <input type="checkbox"/> |
| b. I was evicted or forced to move | <input type="checkbox"/> | <input type="checkbox"/> |
| c. I didn't have a regular place to sleep..... | <input type="checkbox"/> | <input type="checkbox"/> |
| d. I was homeless or had to sleep outside, in a car, or in a shelter..... | <input type="checkbox"/> | <input type="checkbox"/> |
| e. My spouse, partner, or I lost a job..... | <input type="checkbox"/> | <input type="checkbox"/> |
| f. My spouse, partner, or I had a cut in work hours or pay..... | <input type="checkbox"/> | <input type="checkbox"/> |
| g. I had problems paying the rent, mortgage, or other bills..... | <input type="checkbox"/> | <input type="checkbox"/> |
| h. My spouse or partner went to jail/prison.. | <input type="checkbox"/> | <input type="checkbox"/> |
| i. I went to jail/prison | <input type="checkbox"/> | <input type="checkbox"/> |
| j. Someone close to me had a problem with drinking or drugs..... | <input type="checkbox"/> | <input type="checkbox"/> |
| k. Someone close to me was very sick or died..... | <input type="checkbox"/> | <input type="checkbox"/> |

33. In the 12 months before you got pregnant with your new baby, did any of the following people push, hit, slap, kick, choke, or physically hurt you in any other way?

For each one, check **No** or **Yes**.

- | | No | Yes |
|-------------------------------------|--------------------------|--------------------------|
| a. My spouse or partner..... | <input type="checkbox"/> | <input type="checkbox"/> |
| b. My ex-spouse or ex-partner | <input type="checkbox"/> | <input type="checkbox"/> |
| c. Another family member | <input type="checkbox"/> | <input type="checkbox"/> |
| d. Someone else | <input type="checkbox"/> | <input type="checkbox"/> |

34. During your most recent pregnancy, did any of the following people push, hit, slap, kick, choke, or physically hurt you in any other way? For each one, check **No** or **Yes**.

- | | No | Yes |
|-------------------------------------|--------------------------|--------------------------|
| a. My spouse or partner..... | <input type="checkbox"/> | <input type="checkbox"/> |
| b. My ex-spouse or ex-partner | <input type="checkbox"/> | <input type="checkbox"/> |
| c. Another family member | <input type="checkbox"/> | <input type="checkbox"/> |
| d. Someone else | <input type="checkbox"/> | <input type="checkbox"/> |

AFTER PREGNANCY

The next questions are about the time since your new baby was born.

35. After the delivery, how long did your new baby stay in the hospital?

- Less than 3 days
- 3 to 5 days
- 6 to 14 days
- More than 14 days
- My baby was not born in a hospital
- My baby is still in the hospital → **Go to Question 38**

36. Is your baby alive now?

- No → *We are very sorry for your loss.*
- Yes → **Go to Page 8, Question 45**

Go to Question 37

37. Is your baby living with you now?

- No → **Go to Page 8, Question 45**
- Yes

38. How many weeks or months did you breastfeed or feed pumped milk to your new baby?

Check ONE answer

- I didn't breastfeed my baby → **Go to Page 8, Question 40**
- I breastfed my baby for less than 1 week
- I breastfed my baby for:
 - _____ week(s) OR _____ month(s)
- I'm still breastfeeding or feeding pumped milk to my new baby → **Go to Page 8, Question 40**

39. What were your reasons for stopping breastfeeding?

Check ALL that apply

- My baby had difficulty latching or nursing
- Breast milk alone didn't satisfy my baby
- I thought my baby wasn't gaining enough weight
- My nipples were sore, cracked, or bleeding, or it was too painful
- I thought I wasn't producing enough milk, or my milk dried up
- I had too many other things going on
- I felt it was the right time to stop breastfeeding
- I got sick or had to stop for medical reasons
- I went back to work
- I went back to school
- My spouse or partner didn't support breastfeeding
- My baby was jaundiced (yellowing of the skin or whites of the eyes)
- Other → Please tell us: _____

If your baby is still in the hospital, go to Question 45.

40. In the past 2 weeks, how did you place your new baby to sleep at night and during naps?

For each one, check **No** or **Yes**.

- | | No | Yes |
|---------------------------|--------------------------|--------------------------|
| a. On their side | <input type="checkbox"/> | <input type="checkbox"/> |
| b. On their back..... | <input type="checkbox"/> | <input type="checkbox"/> |
| c. On their stomach | <input type="checkbox"/> | <input type="checkbox"/> |

41. In the past 2 weeks, when you were sleeping, how often has your new baby slept alone in their own crib or bed?

- Always
 Often
 Sometimes
 Rarely
 Never

→ **Go to Question 43**

42. In the past 2 weeks, was your baby's crib or bed in the same room where you or another adult slept?

- No
 Yes

43. In the past 2 weeks, where have you placed your new baby to sleep at night or during naps? For each one, check **No** or **Yes**.

- | | No | Yes |
|--|--------------------------|--------------------------|
| a. In a crib, portable crib, or bassinet | <input type="checkbox"/> | <input type="checkbox"/> |
| b. On a twin or larger mattress or bed | <input type="checkbox"/> | <input type="checkbox"/> |
| c. On a couch, sofa, or armchair | <input type="checkbox"/> | <input type="checkbox"/> |
| d. In an infant car seat..... | <input type="checkbox"/> | <input type="checkbox"/> |
| e. In a swing, rocker, or other inclined sleeper | <input type="checkbox"/> | <input type="checkbox"/> |
| f. In an in-bed sleeper | <input type="checkbox"/> | <input type="checkbox"/> |
| g. In a baby board or cradleboard | <input type="checkbox"/> | <input type="checkbox"/> |
| h. Other | <input type="checkbox"/> | <input type="checkbox"/> |

Please tell us:

44. In the past 2 weeks, has your new baby been placed to sleep with the following?

For each one, check **No** or **Yes**.

- | | No | Yes |
|---|--------------------------|--------------------------|
| a. In a sleeping sack or wearable blanket..... | <input type="checkbox"/> | <input type="checkbox"/> |
| b. In a swaddled blanket..... | <input type="checkbox"/> | <input type="checkbox"/> |
| c. Comforters, quilts, blankets, or non-fitted sheets..... | <input type="checkbox"/> | <input type="checkbox"/> |
| d. Soft toys, cushions, or pillows, including nursing pillows | <input type="checkbox"/> | <input type="checkbox"/> |
| e. Crib bumper pads (mesh or non-mesh) ... | <input type="checkbox"/> | <input type="checkbox"/> |
| f. Other | <input type="checkbox"/> | <input type="checkbox"/> |

Please tell us:

45. Are you or your spouse or partner doing anything now to keep from getting pregnant? This can include having your tubes tied, using birth control pills, condoms, natural family planning, or other methods.

- No
 Yes → **Go to Question 47**
 I'm pregnant now → **Go to Question 48**

Go to Question 46

46. What are your reasons for not doing anything to keep from getting pregnant *now*?

Check ALL that apply

- I want to get pregnant or don't mind if I do
- I had my tubes tied or blocked
- My spouse or partner had a vasectomy
- I don't want to use birth control
- I'm worried about side effects from birth control
- My spouse or partner doesn't want to use condoms
- My spouse or partner doesn't want me to use birth control
- We are same-sex spouses/partners
- I have problems getting birth control I want
- I don't think I can get pregnant because I'm breastfeeding
- I'm not having sex
- Other _____ → Please tell us:

If you're **not** doing anything to keep from getting pregnant **now**, go to Question 48.

47. What kind of birth control are you or your spouse or partner using *now* to keep from getting pregnant?

Check ALL that apply

- Tubes tied or blocked
- My spouse or partner had a vasectomy
- Birth control pills
- Condoms
- Shots or injections
- Contraceptive patch or vaginal ring
- IUD
- Contraceptive implant in the arm
- Withdrawal (pulling out)
- Natural family planning or fertility awareness methods (such as rhythm or calendar method or fertility apps)
- Breastfeeding for birth control (Lactational Amenorrhea Method or LAM)
- Other _____ → Please tell us:

48. Since your new baby was born, have you had a postpartum checkup for yourself? A postpartum checkup is a regular health checkup you have up to 12 weeks after giving birth.

- No _____ → **Go to Question 50**
- Yes

49. During your postpartum checkup, did a healthcare provider **do** any of the following things? For each one, check **No** or **Yes**.

	No	Yes
Talk to me about...		
a. Healthy eating, exercise, and losing weight gained during pregnancy.....	<input type="checkbox"/>	<input type="checkbox"/>
b. How long to wait before getting pregnant again.....	<input type="checkbox"/>	<input type="checkbox"/>
c. Birth control methods.....	<input type="checkbox"/>	<input type="checkbox"/>
d. Warning signs of medical problems I might be at risk for due to my pregnancy.....	<input type="checkbox"/>	<input type="checkbox"/>
e. Regularly checking my blood pressure....	<input type="checkbox"/>	<input type="checkbox"/>
f. What to do if I feel depressed or anxious.....	<input type="checkbox"/>	<input type="checkbox"/>

Ask me...

- g. If I was smoking cigarettes or using e-cigarettes ("vapes") or other smokeless tobacco.....
- h. If someone was hurting me emotionally or physically.....

A healthcare provider...

- i. Tested me for diabetes.....
- j. Prescribed me medication for depression or anxiety.....

50. Since your new baby was born, how often have you felt down, depressed, or hopeless?

- Always
- Often
- Sometimes
- Rarely
- Never

51. Since your new baby was born, how often have you had little interest or little pleasure in doing things?

- Always
 Often
 Sometimes
 Rarely
 Never

52. Since your new baby was born, how often have you felt nervous, anxious, or on edge?

- Always
 Often
 Sometimes
 Rarely
 Never

53. Since your new baby was born, how often have you not been able to stop or control worrying?

- Always
 Often
 Sometimes
 Rarely
 Never

54. Has a healthcare provider asked you a series of questions, in person or on a form, to know if you were feeling down, depressed, anxious, or irritable during the following time periods? For each one, check No or Yes.

No Yes

- a. During my most recent pregnancy
 b. Since my new baby was born

OTHER EXPERIENCES

The next questions are on a variety of topics.

55. Please tell us how often each of the following happened during the 12 months before your new baby was born.

- a. I worried whether my food would run out before I got money to buy more
 Often Sometimes Never
- b. The food that I bought just didn't last, and I didn't have money to get more
 Often Sometimes Never

56. During the 12 months before your new baby was born, did lack of transportation keep you from any of the following?

For each one, check **No** or **Yes**.

- | | No | Yes |
|---|--------------------------|--------------------------|
| a. Going to medical appointments | <input type="checkbox"/> | <input type="checkbox"/> |
| b. Going to non-medical appointments, meetings, or work | <input type="checkbox"/> | <input type="checkbox"/> |
| c. Doing errands | <input type="checkbox"/> | <input type="checkbox"/> |

57. During your most recent pregnancy, did you take or use any of the following medications or drugs for any reason? Your answers are strictly confidential.
For each one, check **No** or **Yes**.

- | | No | Yes |
|--|--------------------------|--------------------------|
| a. Medication for depression..... | <input type="checkbox"/> | <input type="checkbox"/> |
| b. Medication for anxiety | <input type="checkbox"/> | <input type="checkbox"/> |
| c. Prescription pain relievers such as hydrocodone (Vicodin®), oxycodone (Percocet®), or codeine | <input type="checkbox"/> | <input type="checkbox"/> |
| d. Adderall®, Ritalin®, or another stimulant.. | <input type="checkbox"/> | <input type="checkbox"/> |
| e. Benzodiazepines (Valium®, Ativan®, Xanax®) or Tranquilizers (downers or ludes)..... | <input type="checkbox"/> | <input type="checkbox"/> |
| f. Methadone, Subutex®, Suboxone®, or buprenorphine..... | <input type="checkbox"/> | <input type="checkbox"/> |
| g. Naloxone..... | <input type="checkbox"/> | <input type="checkbox"/> |
| h. Marijuana or cannabis in any form (not including hemp or CBD-only products)... | <input type="checkbox"/> | <input type="checkbox"/> |
| i. CBD products..... | <input type="checkbox"/> | <input type="checkbox"/> |
| j. Synthetic marijuana (K2 or Spice)..... | <input type="checkbox"/> | <input type="checkbox"/> |
| k. Kratom..... | <input type="checkbox"/> | <input type="checkbox"/> |
| l. Fentanyl or heroin (smack, junk, Black Tar or <i>Chiva</i>) | <input type="checkbox"/> | <input type="checkbox"/> |
| m. Amphetamines (uppers, speed, crystal meth, crank, ice or <i>agua</i>) | <input type="checkbox"/> | <input type="checkbox"/> |
| n. Cocaine (crack, rock, coke, blow, snow or <i>nieve</i>) | <input type="checkbox"/> | <input type="checkbox"/> |
| o. Hallucinogens (LSD/acid, PCP/angel dust, Ecstasy, Molly, mushrooms, or bath salts) | <input type="checkbox"/> | <input type="checkbox"/> |

58. During your most recent pregnancy, did you receive any of the following services?
For each one, check **No** or **Yes**.

- | | No | Yes |
|--|--------------------------|--------------------------|
| a. SNAP (the Supplemental Nutrition Assistance Program) | <input type="checkbox"/> | <input type="checkbox"/> |
| b. WIC (the Special Supplemental Nutrition Program for Women, Infants, and Children) | <input type="checkbox"/> | <input type="checkbox"/> |
| c. Counseling for family or personal problems..... | <input type="checkbox"/> | <input type="checkbox"/> |
| d. Help to quit smoking..... | <input type="checkbox"/> | <input type="checkbox"/> |
| e. Help to reduce violence in my home | <input type="checkbox"/> | <input type="checkbox"/> |
| f. Help to quit using drugs | <input type="checkbox"/> | <input type="checkbox"/> |
| g. Assistance with housing or rent | <input type="checkbox"/> | <input type="checkbox"/> |
| h. Other | <input type="checkbox"/> | <input type="checkbox"/> |

Please tell us:

59. While getting healthcare during your pregnancy, at delivery, or at postpartum care, did you experience discrimination or were you prevented from doing something, hassled, or made to feel inferior?

For each one, check **No** if you did not experience discrimination because of it or **Yes** if you did.

- | | No | Yes |
|--|--------------------------|--------------------------|
| a. My race, ethnicity, or skin color | <input type="checkbox"/> | <input type="checkbox"/> |
| b. My disability status | <input type="checkbox"/> | <input type="checkbox"/> |
| c. My immigration status..... | <input type="checkbox"/> | <input type="checkbox"/> |
| d. My age | <input type="checkbox"/> | <input type="checkbox"/> |
| e. My weight..... | <input type="checkbox"/> | <input type="checkbox"/> |
| f. My income..... | <input type="checkbox"/> | <input type="checkbox"/> |
| g. My sex or gender | <input type="checkbox"/> | <input type="checkbox"/> |
| h. My sexual orientation..... | <input type="checkbox"/> | <input type="checkbox"/> |
| i. My religion | <input type="checkbox"/> | <input type="checkbox"/> |
| j. My language or accent | <input type="checkbox"/> | <input type="checkbox"/> |
| k. My type or lack of health insurance..... | <input type="checkbox"/> | <input type="checkbox"/> |
| l. My use of substances (alcohol, tobacco, or other drugs)..... | <input type="checkbox"/> | <input type="checkbox"/> |
| m. My involvement with the justice system (jail or prison) | <input type="checkbox"/> | <input type="checkbox"/> |
| n. Another reason..... | <input type="checkbox"/> | <input type="checkbox"/> |

Please tell us:

60. During your life until now, how often have you been discriminated against, prevented from doing something, hassled, or made to feel inferior because of your race, ethnicity, or skin color?

- Very often
 Somewhat often
 Not very often
 Never

61. Have you ever been treated unfairly due to your race, ethnicity, or skin color in any of the following situations?

For each one, check **No** or **Yes**.

- | | No | Yes |
|---|--------------------------|--------------------------|
| a. Job (hiring, promotion, firing)..... | <input type="checkbox"/> | <input type="checkbox"/> |
| b. Housing (renting, buying, mortgage) | <input type="checkbox"/> | <input type="checkbox"/> |
| c. Police (stopped, searched, threatened).... | <input type="checkbox"/> | <input type="checkbox"/> |
| d. In the courts | <input type="checkbox"/> | <input type="checkbox"/> |
| e. At school or my child's school | <input type="checkbox"/> | <input type="checkbox"/> |
| f. Getting medical care..... | <input type="checkbox"/> | <input type="checkbox"/> |

62. The next questions are about things that may have happened to you during your childhood, before your 18th birthday.

For each one, check **No** or **Yes**.

- | | No | Yes |
|---|--------------------------|--------------------------|
| a. Did you live with someone who was depressed, mentally ill, or suicidal? | <input type="checkbox"/> | <input type="checkbox"/> |
| b. Did you live with someone who had a problem with alcohol or drug use?..... | <input type="checkbox"/> | <input type="checkbox"/> |
| c. Were you separated from a parent or guardian because they went to jail, prison, or a detention center?..... | <input type="checkbox"/> | <input type="checkbox"/> |
| d. Did your parents or other adults in your home slap, hit, kick, punch, or beat each other up?..... | <input type="checkbox"/> | <input type="checkbox"/> |
| e. Did a parent or other adult in your home hit, beat, kick, or physically hurt you in any way?..... | <input type="checkbox"/> | <input type="checkbox"/> |
| f. Did a parent or other adult in your home swear at you, insult you, or put you down? | <input type="checkbox"/> | <input type="checkbox"/> |
| g. Did an adult or person at least 5 years older than you ever make you do sexual things that you didn't want to do (such as kissing, touching, or having sexual intercourse)?..... | <input type="checkbox"/> | <input type="checkbox"/> |
| h. Was there an adult in your household who tried hard to make sure your basic needs were met, such as looking after your safety and making sure you had clean clothes and enough to eat? | <input type="checkbox"/> | <input type="checkbox"/> |

Before your 18th birthday...

No Yes

- i. Was there an adult in your household who tried hard to make sure you felt loved, supported, valued, and like you were special to them?
- j. Did you feel that you were treated badly or unfairly because of your race, ethnicity, or skin color?
- k. Did you feel that you were treated badly or unfairly because you are or people think you are LGBTQIA+? This could include being treated badly because of who you're sexually attracted to or because you express your gender in a way that is different than what people expect
- l. Did you see someone get physically attacked, beaten, stabbed, or shot in your neighborhood?
- m. Were your parents or guardians divorced or separated?

The next questions are about the time during the 12 months before your new baby was born.

63. During the 12 months before your new baby was born, what was your yearly total household income before taxes? Include your income, your spouse or partner's income, and any other income you may have received. *All information will be kept private* and will not affect any services you are getting now.

- \$0 to \$18,000
- \$18,001 to \$23,000
- \$23,001 to \$27,000
- \$27,001 to \$32,000
- \$32,001 to \$37,000
- \$37,001 to \$42,000
- \$42,001 to \$48,000
- \$48,001 to \$60,000
- \$60,001 to \$85,000
- \$85,001 or more

64. During the 12 months before your new baby was born, how many people, including yourself, depended on this income?

Number of people

65. What is today's date?

/ /
 Month Day Year

**We would love to hear more about your story!
Is there anything else you would like to share with us about your experiences
around the time of your pregnancy? Please use this space to tell us.**

Thanks for answering our questions!

Your answers will help us work to make mothers and babies in Nevada healthier.

