

April Newsletter

CDPHP Health Equity Newsletter

In this issue:

- ◆ Introduction to Health Equity Unit
- ◆ Public Health Week
- ◆ National Minority Health Month
- ◆ Education & Training
- ◆ Community Resources

Health Equity Unit

The State of Nevada’s Chronic Disease and Prevention and Health Promotion (CDPHP) section, housed within the Division of Public and Behavioral Health (DPBH), has been awarded funding through the OT21-2103: National Initiative to Address COVID-19 Health Disparities Among Populations at High-Risk and Underserved, including Racial and Ethnic Minority Populations and Rural Communities. The funding period is from June 1, 2021 through May 31, 2023 and will serve to reduce disparities caused by COVID-19. The Health Equity unit includes the Health Equity Manager, two Health Equity Coordinators, the Health Equity Project Manager, and the Health Equity Evaluator to oversee the grant deliverables, management, and evaluation of all projects.

COVID-19 has brought longstanding health inequities to the forefront and presented a critical opportunity to achieve optimal health for all.

Rochelle P. Walensky, M.D., M.P.H., Director of CDC

The mission of this project aims to advance health equity related to COVID-19 using the following strategies:

1. Expand existing and/or develop new mitigation and prevention resources
2. Increase/improve data collection and reporting for populations impacted by COVID19.
3. Build/leverage and expand infrastructure support for COVID19 prevention
4. Mobilize partnerships and collaboration to advance health equity and address

For more information regarding this project please visit our [website](#).

World Health Day April 7, 2022

On April 7, 2022, World Health Day, the WHO is focusing on global attention needed to keep our planet healthy and safe for all humans. While the COVID-19 pandemic showed us the healing power of science, it also highlights the inequities in our world.

Watch WHO’s Health Promotion for Well-Being, Equity, and Sustainable Development video [here](#).

National Public Health Week April 4-10, 2022

The 2022 NPHW theme is “Public Health Is Where You Are.”

Daily Themes:

- Racism: A Public Health Crisis (Monday)
- Public Health Workforce: Essential to our Future (Tuesday)
- Community: Collaboration and Resilience (Wednesday)
- World Health Day: Health is a Human Right (Thursday)
- Accessibility: Closing the Health Equity Gap (Friday)
- Climate Change: Taking Action for Equity (Saturday)
- Mental Wellness: Redefining the Meaning of Health (Sunday)

**Public Health is
Where You Are**



APHA is hosting NPHW events online throughout the week to support communities and health professionals during the COVID-19 pandemic. During this week, APHA is working with others to build healthier communities and we all need to work together to do so. Learn more about what APHA is doing and access their fact sheets and infographics [here](#). If you missed any APHA’s events, catch a [free recording](#) of all of them.

National Minority Health Month

April is recognized as National Minority Health Month and serves as an opportunity to highlight the importance of health education, understand the needs of minority populations, and address health disparities that impact minorities across the world. The Health Equity Unit is honoring this month as National Minority Health Month to encourage conversation, drive change, and continue to advocate for equitable access to health care for all residents in Nevada, including ethnic and minority populations. With an increase in racial diversity, it is crucial to understand the demographics of minority populations and analyze the root causes of health disparities to improve health of all individuals. Our Health Equity Team recognizes the impact that COVID-19 has had on many of communities in Nevada resulting in further health disparities and negative health outcomes. National Minority Health Month is an important time for us to highlight the importance of addressing health disparities for vulnerable populations and fix the gaps that exist to help move forward to greater health equity.



Give Your Community a Boost!

This year's theme for National Minority Health Month is focusing on the importance of COVID-19 vaccine confidence, importance of vaccinations for all eligible ages, including booster doses as a tool to end the COVID-19 pandemic that disproportionately impact communities of color. Below are resources from the NIMHD to help take part in boosting your community.

<https://www.nimhd.nih.gov/programs/edu-training/nmhm/promote.html>

<https://www.nimhd.nih.gov/programs/edu-training/nmhm/prepare.html>

Chronic Disease Programming at CDPHP

The Chronic Disease Prevention and Health Promotion program serves to maximize the health of Nevadans by improving policy systems, and environment that influence quality of life. Within CDPHP, there are several programs to support Nevadans:

- [Alzheimer's & Related Dementias Program](#)
- [Comprehensive Cancer \(CCCCP\)](#)
- [Women's Health Connection \(WHC\)](#)
- [Diabetes Prevention and Control \(Diabetes\)](#)
- [Heart and Stroke Prevention and Control \(Heart\)](#)
- [Wellness and Prevention Program \(WPP\)](#)
- [Tobacco Control Program \(TCP\)](#)
- [WISEWOMAN Program](#)
- [Worksite Wellness \(WW\)](#)



The **WISEWOMAN program** serves women that are interested in learning about cardiovascular disease (CVD) risk reduction with a focus on hypertension. The program also provide services to promote lasting heart-healthy lifestyles, including skills, knowledge, and opportunities to improve risk factors to prevent, delay, and control CVD and other chronic diseases. The WISEWOMAN program is funded through CDC's Division for Heart Disease and Stroke Prevention (DHDSP) to support low-income, underinsured women aged 40 to 64 years, the program provides heart disease and stroke risk factor screenings.

To find more information on eligibility requirements and screening services, visit the [WISEWOMAN Program page](#).

The **Wellness and Prevention Program (WPP)** promotes strategies to healthy eating and active living. This program supports Nevada's communities with enhancing healthy eating options, promoting breastfeeding, and promoting strategies to decrease sedentary time. The WPP helps to increase public knowledge of wellness and chronic disease prevention.

Upcoming Events

- **The Nevada Diabetes Association** is holding events throughout the month of April to support children with diabetes. Several events include a children's camp, golfing tournaments, and a family camp to extend their diabetes education knowledge. For more information, visit the [Nevada Diabetes page](#).
- **National Alliance on Mental Illness (NAMI)** offers Family-To-Family Education Program free of charge to participants starting 3/3/2022 through 4/21/2022. The course is held once per week and is virtual through zoom. Please contact NAMI Northern Nevada at 775-433-1470 or janet@naminorthernnevada.org.
- **Immunize Nevada** is hosting the 2022 Nevada Health Conference, bringing together healthcare professionals throughout the State to focus on several topics including: immunizations, chronic disease prevention and promotion, and maternal, child, and adolescent health. The 16th annual conference will be held in person and virtual on May 24th & 25th, 2022. [Register here!](#)

Education & Training

ASTHO Webinar: Pathways to Population Health Equity
Wednesday, April 6 1:00–2:00PM EST
[Register here!](#)

Support to Establish a Culture of Health Equity
Hosted by ASTHO with Human Impact Partners (HiP)
Connect with peers and learn about the HiP model regarding culturally equitable practices and how departments can start implementing health equity in their work.
Thursday, April 07, 2022 3:30-5:00PM EST
[Register here!](#)

Rural Health Equity: Leveraging Your State Office of Rural Health
Hosted by ASTHO with the National Organization of State Offices of Rural Health
Connect with peers to explore data and challenges within rural health inequities. Discuss existing and recommendations to increase resources to advance health equity.
Thursday, April 14, 2022 3:30–5:00 PM EST
[Register Now!](#)

NACCHO Training Series:
1. Adaptive Leadership
(three-parts, can be taken as a series or individually)
Wednesday, April 6, 2022–4:00-5:00PM EST
[Register here!](#)

2. Stakeholder Analysis: Values, Loyalties, and Losses
Wednesday, April 27, 2022–4:00-5:00PM EST
[Register here!](#)

3. Courageous Conversations
Wednesday, May 25, 2022 -4:00-5:00PM EST
[Register here!](#)

Community Resources

- ⇒ [OMH Toolkit for National Minority Health Month](#)
- ⇒ [Public Health Week Shareables](#)
- ⇒ [Minority Health Report](#)
- ⇒ [Health Equity and Chronic Diseases](#)
- ⇒ [Minority Health SVI](#)
- ⇒ [Health Equity Roadmap](#)



Health Equities and COVID-19: Centers for Disease Control and Prevention (CDC)

The COVID-19 pandemic has had direct and indirect effects on people, especially those living with chronic disease. These effects have greatly impacted vulnerable populations, including racial and ethnic minority groups which already have a disproportionate burden of chronic disease. Social determinants of health play a major role in access to equitable care and resources. Communities and partnering organizations can help work together to reduce health disparities and advance healthy equity for all.

[Watch video.](#)

Contact Us

CDPHP Health Equity Newsletter announcements come out on a monthly basis. To submit information for inclusion, including webinars, events, funding opportunities, and/or resources, please contact Health Equity Project Manager, Brittney Rosiles at brobiles@health.nv.gov prior to the 1st of each month (please write out your announcements in an email).

To be removed from this distribution list please e-mail brobiles@health.nv.gov

[VISIT OUR WEBSITE PAGE](#)