Supportive Housing Models

Nevada Regional Behavioral Health Policy Board, Housing Subcommittee February 22, 2022



CSH is a touchstone for new ideas and best practices, a collaborative and pragmatic community partner, and an influential advocate for supportive housing





NEVADA

#22*

Affordable Housing Score Card:

Source: NLIHC

In Nevada, the Fair Market Rent (FMR) for a two-bedroom apartment is \$1,135. In order to afford this level of rent and utilities — without paying more than 30% of income on housing — a household must earn \$3,785 monthly or \$45,416 annually. Assuming a 40-hour work week, 52 weeks per year, this level of income translates into an hourly Housing Wage of:



FACTS ABOUT **NEVADA:**

STATE FACTS	
Minimum Wage	\$9.75
Average Renter Wage	\$17.52
2-Bedroom Housing Wage	\$21.83
Number of Renter Households	479,997
Percent Renters	44%

MOST EXPENSIVE AREAS	HOUSING WAGE
Reno MSA	\$23.40
Las Vegas-Henderson-Paradise MSA	\$21.98
Carson City MSA	\$19.67
Douglas County	\$19.48
Lander County	\$17.98





2.2 Number of Full-Time Jobs At **Minimum Wage** To Afford a **2-Bedroom Rental Home** (at FMR) 73 Work Hours Per Week At Minimum Wage To Afford a 1-Bedroom Rental Home (at FMR)

1.8 Number of Full-Time Jobs At **Minimum Wage** To Afford a **1-Bedroom Rental Home** (at FMR)



It Costs the Same to Provide:



3 Days at UMC

3 Months at CCDC

One Year of Supportive Housing



Housing First. Housing as a Foundation.

Achieving one's full potential SELF-ACTUALIZATION

ESTEEM

Confidence, achievement, respect of and by others

LOVE & BELONGING

Friendship, family, intimacy

SAFETY

Security of body, employment, family, health, property

PHYSIOLOGICAL

Breathing, food, water, sleep, shelter, excretion





What is Supportive Housing?

Supportive housing combines affordable housing with services that help people who face the most complex challenges to live with stability, autonomy and dignity.





Assisted Living

- Person pays 90% of income or going rate for room and board
- Has a service agreement, limited rights

- Persons pays most of income or going rate for Room and Board
- Agreement with operator.

- Limited standards including what persons pays for continued residence.
- Person required to remain clean and sober, must leave if cannot maintain sobriety, often returning to homelessness
- Most commonly, a Service Agreement with the operator

Housing Models



Recovery Homes

Nursing Homes

Person pays all income (if any) or going rate for room and board
Service Agreement with the operator Housing Models

Other Institutions Person pays all income (if any) or going rate for room and board
Service Agreement, Limited rights



Supportive Housing is for People Who:

Are experiencing chronic homelessness.

Cycle through institutional and emergency systems and are at risk of long-term homelessness.

Are living with intellectual and developmental disabilities

Are living with chronic health conditions

Are being discharged from institutions and systems of care.

Without housing, cannot access and make effective use of treatment and supportive services.











Supportive Housing is the Solution



Housing:

Affordable

Permanent

Independent

Support: Flexible Voluntary Tenant-centered Coordinated Services



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Service

provision

- Developing an individualized housing support plan based on assessment
- Assisting with rent subsidy application/certification and housing application processes
- Developing an individualized housing support crisis plan

Ideal Tenant Journey

Re-assess, update

service plan

Pre-tenancy

 Conducting a screening and assessment of housing preferences / barriers related to successful tenancy

Tenancy Sustaining

- Assisting with housing search process
- Identifying resources to cover start-up expenses
- Ensuring housing unit is safe/ready for move-in Providing early identification/ intervention for behaviors that may jeopardize housing
- Education/training on the role, rights and responsibilities of the tenant and landlord
- Coaching on relationships with landlords/ property managers
- Assisting in resolving disputes with landlords and/or neighbors
- Advocacy/linkage with resources to prevent eviction
- Assisting with the housing recertification process
- Coordinating with tenant to review/update/modify housing support and crisis plan

Quality Practices Result in Positive Outcomes

Tenants stay housed Tenants have Tenants are social and satisfied with community services and POSITIVE connections housing **SUPPORTIVE** HOUSING OUTCOMES **Tenants Tenants** improve increase their physical their income and mental and health employment





Sanderson Apartments

• Permanent Supportive Apartments Homes

 Provides a safe, open and inviting environment that minimizes the effects of trauma, avoids any sense of confinement, and ensures that residents feel safe.

• Visit: <u>Permanent Supportive</u> <u>Housing (mhcd.org)</u>







LOOK AND FEEL OPEN BUT AT THE SAME TIME BE SECURE

- (INDIRECT OBSERVATION)



Blackburn Center - Portland OR Mixed Use Model: Integrated FQHC, Behavioral Health, Respite Care



Project Details:

- Fully integrated FQHC, BH and Housing
- 51 medical respite; 10 palliative care
- 80 Transitional; 34 PSH focus on SUD programs

Ownership

• Central City Concern, experienced supportive housing provider and FQHC

Financing

- Total Development Costs: \$52 million
- Financing: NMTC, Housing is Health/Health System grant
- Local rent subsidies for some of the units;
- Medicaid Managed Care for respite units, HC revenues and 330 Grant



Ways to Get Involved!

Support advocacy efforts for Supportive Housing

Advocate for TSS and other funding for support services

Host a Series of Conversations

Activate your Network to Lean into the Conversation

Thank You

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