




## HOW SAFE BABIES COURT TEAM WORKS

- Safe Babies Court Teams (SBCT) families have more frequent court hearings that occur every month.
- SBCT families have Family Team Meetings (FTM'S) every other month to maintain high momentum of service.
- These FTM's are held during months when no court hearing is scheduled.
- SBCT families are typically assessed for participation in special family therapy sessions [Parent Child Psychotherapy (CPP)], once a week. The goal of this therapy is to strengthen attachment and address trauma. This is a key component of SBCT.
- Most of these cases also have children's service providers who attend Court and/or team meetings such as Nevada Early Intervention Services (NEIS), Early Head Start, or other specialized services.



CHAMPIONING CHILDREN,  
ENCOURAGING PARENTS &  
ENGAGING COMMUNITIES

Ask our Community Coordinator  
for more information on  
Safe Babies Court Team

 (775) 560-4497

 [washoecounty.us/hsa](http://washoecounty.us/hsa)




This information was brought to you by  
the Safe Babies Court Team.



SAFE BABIES  
COURT TEAM





The Washoe County Safe Babies Court Team is comprised of passionate community partners, committed to supporting families involved in the foster care system by focusing on minimizing and overcoming the effects of adverse childhood experiences.

## WHAT IS SAFE BABIES COURT TEAM

Safe Babies Court Team (SBCT) is a nationally recognized best practice approach for the infant to toddler population in foster care.

When an infant or toddler has been removed from their home due to alleged abuse or neglect and placed in foster care, it can be harmful to their development. The SBCT approach focuses on strengthening families by meeting the parents where they are at and connects them to needed supports and services with a goal of advancing health and safety.

This innovative strategy protects infants and toddlers from further harm and helps families succeed. The strategy has been implemented in several communities across the country with positive outcomes that have improved timeliness to permanency, reduced recurrence of maltreatment, and enhanced child well-being.

The SBCT works with each individual family, learning important lessons that are applied to subsequent cases; as well as, updating policies, regulations and laws governing child welfare practice, creating the basis for wider practice and systems change.

## SAFE BABIES COURT TEAM GOALS

- Establish frequent and quality family contact. The more frequent the contact the better.
- Not just scheduled family time, but also Facetime, Skype, phone calls and routine things like Medical/Dental/Developmental appointments.
- Contact occurs in the home or family friendly locations.
- Resource families will co-parent with the biological parents.
- Parent participation in 2-4-2 book program. Biological parent will call the child and resource family to read a book over the phone (books will be provided and geared towards the child's developmental level).
- Establish Parent Partner connections. Parent Partners are parents who have had experience with the Child Welfare System and SBCT. They provide support in navigating the process through encouragement and advocacy.

