

Northern Regional Behavioral Health Policy Board
DRAFT MEETING MINUTES
April 21, 2022
2:00 PM to
Adjourn

Meeting held via Zoom

Note: Agenda items may be taken out of order, combined for consideration, and or removed from the agenda at the chairperson's discretion

1. Call to order/roll call – *Chair* Taylor Allison, Dr. Ali Banister, Vice-chair
Meeting was called to order.

Members: Taylor Allison (Chair), Dr. Ali Banister (Vice- Chair), Laura Yanez, Nicki Aaker, Heather Korbolic, Lana Robards, Sheriff Ken Furlong, Shayla Holmes, Dr. Daniel Gunnarson, Erik Schoen, Sandy Wartgow

Members absent: Dr. Amy Hyne- Sutherland

Guests: Daria Winslow

2. **Public comment**

Jessica Flood will be resigning.

3. **Review and Approval of Minutes from March 3, 2022.** Minutes approved unanimously.

4. **Informational:** *Presentation on role of mental health peers, strategies to develop workforce, and policy recommendations for Board consideration. (Laura Yanez and Cherylyn Rahr- Wood, NAMI Western Nevada. Please see recording.*

- Shared lived experience
- Cultivating Relationships
- Empowerment and encouragement
- Person-Centered
- Required training
- Certified Peer Supervisors

Ms. Rahr tells her personal story of her experiences within the mental health system.

When working with someone in a suicide crisis, it's important to give the person space and time, confidence, and support. Peer supporters are important because they have lived that experience and offer knowledge and empathy.

Ms. Holmes states that the problems she has encountered is that when

recruiting people their background checks stop them from being certified. Ms. Rahr-Wood states that Involving these people who have this lived experience is important especially after discharge to support recovery. Ms. Flood states that the Crisis Stabilization Unit funding came out and Renown is going to have a Crisis Stabilization Center and most staff is going to be Peers.

5. ***For Possible Action: Update of Regional Behavioral Health Authority Concept and discussion of next steps***

Ms. Flood presents Slide.

Chair Allison reminds the board that there are four months to deliver our BDR, this is something we want to move forward on.

6. ***For Possible Action: Possibly creating a new subcommittee.***

Ms. Holmes volunteers for a subcommittee and motions for a creation of a subcommittee to work on the regional behavioral health authority concept.

Mr. Schoen seconds and the motion passes unanimously.

Sherriff Furlong brought up the fact that we are not talking to the partners that need to be involved.

Ms. Holmes suggests at the first subcommittee meeting involved to make a list of the stake holders that need to be involved plus develop palatable information.

7. ***Informational: Regional Behavioral Health Coordinator and board member or taskforce appointee updates on behavioral health concerns, initiatives, and successes in their area of specialty or county or on behalf of the local behavioral health taskforces. This includes requests and feedback from the taskforces on Policy Board progress.***

Ms. Flood states that the 988 committee are putting out the information of the meeting on social entrepreneur website. They got a technical assistant planning grant for the mobile crisis. Most people who applied will get engaged to be a collaborative. They are working on the RFP for the crisis call centers system which has been delayed making it right.

Dr. Gunnarson is stepping down so that Amy Kagel can take over, a Public and Behavioral Health Psychologist who will know more about what the board needs.

Ms. Holmes updates for Lyon County Task Force stating that they did not meet last month. We are working on getting our next adventure in youth sequential intercept mapping scheduled. We are wrapping up the written report from the first Stepping Up Youth Workshop. On the supportive Housing front, we are attempting to find a developer that would like to do the pre-application, then find a government entity that will support it.

Mr. Schoen updates for Storey County. We are seeing that mental health, domestic violence, early childhood education needs are increasing.

Ms. Aaker updates for Carson City Behavioral Health Task Force. Still looking at the housing piece. We are working on the emergency housing and shelter. Working

with Grant Denton who did the Karma Boxes, and Pat Kashel in Reno to give us some ideas. One thing that was brought up was to do a Street Outreach Team and Human Services is now working to put that together. Grant has a program called Responsible Giving and we would like to bring that to our community. We have also developed a Senior and Disability Subcommittee that will talk about important issues that are impacting our community now.

Ms. Winslow updates for Douglas County. We have our meeting next week and will be able to present more next month. We are seeing the same concerns across the board.

Ms. Flood updates for Churchill. They have an active behavioral health task force. They have been focused on mental health crisis and response. They are trying to work through crisis with behavioral health response. Sandy was appointed by the Administrator; Erik has been reappointed. Sherriff Furlong and Ali, we are working on securing letters from Legislative Council Bureau for those appointments.

8. *Informational:* *Update on progress of Northern Regional Behavioral Health Policy Board Next Steps document and discuss agenda items for future meetings (Board members and Regional Behavioral Health Coordinator)* This item has been tabled till next meeting.

9. *Public Comment:* None

10. *Adjournment.* *Chair Allison.* Moved and passed unanimously.

