

NORTHERN REGIONAL BEHAVIORAL HEALTH POLICY BOARD

Meeting Minutes

DATE: July 6, 2023

TIME: 2:00 p.m. to Adjournment

Meeting Locations

This meeting will be via teleconference at:

Join Zoom Meeting

<https://us06web.zoom.us/j/83625007893?pwd=T0thbG1wQWN6SUF6RWJwdkFJVlVFQT09>

Meeting ID: 836 2500 7893

Passcode: 682631

This meeting will be in-person at (July ONLY)

Community Chest

175 E. Carson Street

Virginia City, Nevada 89440

(775) 847-9311

Notes to all members:

NOTE: Before speaking, please state your full name for the record whether appearing by phone or video. This meeting is a public meeting, recorded and held in compliance with and pursuant to the Nevada Open Meeting Law, NRS241. All voting members should leave their cameras on for the duration of the meeting and refrain from entering any information into the chat function of the video platform.

NOTE: Agenda items may be taken out of order, combined for consideration, and or removed from the agenda at the chairperson's discretion.

AGENDA

- 1.) Call to Order and Roll Call – Meeting was called to order at 2:00 pm by Chair Shayla Holmes. (Chair – Shayla Holmes /Vice Chair – Amy Hyne-Sutherland)

Members in attendance: all present

Dr. Ali Banister

Dr. Robin Titus

Laura Yanez

Nicki Aaker

Lana Robards

Sheriff Ken Furlong

Shayla Holmes

Erik Schoen

Dr. Amy Hyne-Sutherland

Sandy Wartgow

Dr. Alana Rogne

Daria Winslow

- 2.) **PUBLIC COMMENT**

Action may not be taken on any matter brought up under this agenda item until scheduled on an agenda for a later meeting. Public testimony under this agenda item may be online, by phone or by written comment. Due to time considerations, each individual offering public comment will be limited to not more than **three (3)** minutes.

None given...

3.) For Possible Action:

Review and approve the agenda for July 6, 2023, meeting. (Chair, Board Members)

Mr. Erik Schoen motions to approve the agenda for July 6, 2023, Sheriff Ken Furlong to second. None opposed, motion carried.

4.) For Possible Action:

Review and possible approval of meeting minutes from June 1, 2023. (Chair and Board members)

Mr. Erik Schoen motions to approve the meeting minutes from June 1, 2023, Sheriff Ken Furlong to second. None opposed, motion carried.

5.) Informational:

Presentation on the Northern Regional Behavioral Health Coordinators Scopes of Work 2022-2023. (Cherylyn Rahr-Wood, Regional Behavioral Health Coordinator)

The coordinator presented on the Northern Regional Behavioral Health Coordinators Scopes of Work 2022-2023 PowerPoint, that can be located on: [northern-regional \(nv.gov\)](http://northern-regional.nv.gov).

Ms. Laura Yanez and Mr. Erik Schoen discussed how there should be some portion of the grant writing / scope of work process that incorporates board input for the overall strategic planning.

Ms. Daria Winslow added that she is familiar with SAPTA funding and the newly named SUPRTS (Substance Use Prevention, Recovery Treatment Services) and the overarching five sections they touch on. Ms. Winslow stated that because it is very broad, it can be looked at how it ties into the strategic plan and could be written in a more general scope of work with the caution of being super specific because it could restrict what can and can't be done.

Sheriff Furlong asked for clarification on who reviews and provides feedback for the coordinator, and it was discussed that the Northern Regional Behavioral Health Policy Board can provide feedback during the coordinator's report out. Mr. Schoen questioned how the coordinator manages all tasks, and it was discussed that the coordinator works throughout the month on the board's priorities, but there might be some items missing from the report if that was not a point of focus that month for the coordinator.

Dr. Robin Titus asked if the coordinator worked with the other 4 coordinators, and it was clarified that all coordinators have different scopes of work that are adjusted to the board they are assigned to. The funding is the same, but the scope of works represents the counties, communities and their needs.

Chair Shayla Holmes clarified that the board has some say regarding what the board wants included in the coordinator's scope of works, there is no legislative backing for how the board interacts with the coordinator. Chair Holmes asked if the coordinator could identify the percentages

of each funding source and their deliverables for the board to have a better understanding of how much time the coordinator is allocated for each goal.

Vice Chair, Dr. Hyne-Sutherland asked for clarification on whether the coordinator is to meet the deliverables for Nevada Rural Hospital Partners, the employer of the coordinator, or whether the deliverables need to be met by the state.

Chair Holmes suggested for the board to provide feedback before the major changes to the funding sources for the coordinators' role.

Ms. Joan Hall discussed that the coordinator's funding will be split between two grants, OD2A & MHBG this upcoming grant funding cycle. The board further discussed that the split between the two grants could be beneficial to the board because it can allow the coordinator to have more flexibility to perform duties that align more with the board priorities.

6.) For Possible Action:

Review and possible action on the board priorities voted on in the survey provided to the board members. Then discuss how to move forward and focus on the top priorities. (Regional Behavioral Health Coordinator, Board Members)

Chair Shayla Holmes reminded the board, with the assistance of Dr. Robin Titus, that the board is tasked legislatively to also include policy. Chair Holmes added that an item for consideration is discussing priorities is our influence of policy at a variety of levels, both community local level and state level.

The coordinator presented on the board's generalized ideas stated for the board's priorities, which can be located on: [northern-regional \(nv.gov\)](http://northern-regional.nv.gov).

The board discussed the following goals:

Goal 1: To have flourishing behavioral health support across the spectrum of possible services available to the entire community.

Increase behavioral health workforce development with the capability to treat adults and youth (all ages)

Includes peer support and Community Healthcare Workers,

Expansion of Medicaid reimbursement

Current legislation passed on workforce

Develop services to support continuity of care (i.e continuation of medication/service connection with community health worker)

Goal 2: Crisis response will be tailored to meet the Northern Region's community's needs and maximizing existing programs and services

Obtain sustainable funding for current crisis stabilization and jail diversion programs (MOST, FASTT, CIT, and Carson Tahoe Mallory Crisis Center)

Goal 3: Regional Deflection and Diversion programs will be unified in goals, outcomes, and policy structure (post release, mandated, voluntary, etc.).

Create templates of varying structure.

Goal 4: Northern Region communities will have robust and vibrant social connectivity opportunities for its community's members across the lifespan.

Prioritize social and community connectivity efforts to protect and promote well-being including researching policy solutions and evidence-based programs.
Protective factors – Early childhood – early learning, seniors, isolation, normalizing mental health Seniors – coordinators with adds for Seniors.
Suggestive towards coalitions – encouraging certain programs, supportive through funding influence
Emerging research social determinates of health

Goal 5: Reduce the social determinates of health in the Northern region focusing on housing (affordable and supportive) and early childhood care/education.

Increase access to affordable and supported housing and other social determinants of health

Childcare to meet the needs of the community, issues for accessing appointments
Regulatory bodies – staffing, enough, insurance, cost – insurance of the agency, businesses working for the state – telling them everything they can or can't do, becoming discouraging

Goal 6: The Regional Behavioral Health Policy board will have a structure which ensures its effective with its mission including coordinator role.

Develop board infrastructure to impact behavioral health systems in the region
BDR – not be a priority
Learn from the BDR – attempt

7.) Informational:

Regional Behavioral Health Coordinator and Board Member updates regarding mental health and substance use/opioid misuse (SUD/OD) concerns, initiatives, upcoming trainings and events, and overall successes and gaps in their area of specialty. (Regional Behavioral Health Coordinator, Board Members)

The coordinator quickly briefed about the QRR Medicaid survey dropping at the end of July August, and how it will be disseminated to all the Medicaid providers.

The coordinator noted that the Fallon Paiute Shoshone tribe CIT is October 16th through the 20th, and it will be opened up to other counties in the region. The coordinator updated the board with the progress of the Governor's letter that will come from the Northern Regional Behavioral Health Policy Board Annual report, with the assistance of Dr. Giron to be completed by end of July.

8.) Informational:

Local Behavioral Health Taskforce updates regarding mental health and substance use/opioid use (SUD/OD) concerns, initiatives, trainings, data reports, successes, and gaps in each area. (Board Behavioral Taskforce appointees)

Behavioral Taskforce Board Representatives/designees by county:

- **Carson – Nicki Aaker:** Ms. Nicki Aaker briefed that the children's cabinet did a regional childcare survey recently and there will be a discussion on what information was collected. Ms. Aaker stated that there was a review of the task force strategic plan, and it was identified that agencies are having trouble finding volunteers, so there will be a volunteer fair coordinated by the human services on July 14th at the Mills Park Pavilion from 11 am – 2 pm.

- **Churchill – Lana Robards:** Ms. Lana Robards briefed that Churchill County Social Services was working really hard at bringing those meetings back, and there are no further updates outside of items being accomplished in the schools.
- **Douglas – Daria Winslow:** Ms. Daria Winslow noted that there were two kinds of main goals for the last meeting; Ms. Shayla Holmes presented on the Northern Nevada Peer Support Network and what that would look like. I am sharing to get more individuals involved and aware of it, especially our social services group. We need more volunteers wanting to help out our professionals in our communities. Ms. Winslow noted funds from SB 390, opioid dollars that are going to each county, are going to be focused on formalizing the task force to be a behavioral health advisory committee under the county. Giving the voting board a bit more autonomy to approve projects and programs in Douglas County
- **Lyon – Shayla Holmes:** Chair Shayla Holmes updated the board with the presentation of the proposal on a community education campaign, which overall has been a priority for the task force. Ms. Holmes stated there is forward movement there and we are still working on finalizing our priorities, our final vulnerable population of which we still need to finalize the priorities for or create current priorities on is our senior population and we'll be looking at that next time.
- **Storey – Erik Schoen:** Mr. Erik Shoen noted that his colleague, Sarah Dillard, assisted in a presentation to the statewide Rural Emergency Preparedness Summit in Fallon. Ms. Shoen discussed two coalitions, which are statewide coalitions, and focusing to expand training to evidence-based practices like motivational interviewing, expert cognitive behavioral therapy, micro counseling skills, things of that sort. Mr. Schoen noted that the community health worker noticed a lot of seniors didn't have transportation to get groceries and asked to take the van to do so.

9.) For Possible Action:

Discussion/Approval of Future Agenda Items

The coordinator reminded the board that still pending is a presentation regarding the variety of coordinator roles throughout the state, the emergency operations plan, legislative update, and a presentation on 988. The coordinator added that for September a presentation for Safe Voice on their yearly data, which is now completed, as well as a presentation on the new AVEL/VCC program and how it is working in the rural counties already.

10.) For Possible Action:

Discussion/Approval on the set day and time for future board meetings. Currently, meetings take place on the first Thursday of each month beginning at 2:00 PM until adjournment. (Regional Behavioral Health Coordinator, Board Members)

The coordinator informed the board that there most likely will not be a September meeting with the attendance of the coordinator absent. So, August's meeting was agreed upon. Moving forward, as this was the last reoccurring invite from the original invitation from last year, a new day and time can be made if the board agrees to move the day and time. The board's consensus was to leave the board meeting at the same time and day of the month moving forward. A new reoccurring calendar invite will be created and sent out.

11.) Informational:

Next meeting is set for August 3, 2023, at 2:00 PM until adjournment

12.) PUBLIC COMMENT

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No public comment made.

13.) Adjournment (Chair and/or Vice Chair) Meeting was adjourned at 3:56 pm by Chair Shayla Holmes.

AGENDA POSTED AT THE FOLLOWING LOCATIONS:

4600 Kietzke Lane Suite I-209

4150 Technology Way, Carson City, Nevada

On the Internet at dpbh.nv.gov/Boards/RBHPB/Board_Meetings/2018/northern-regional/; at the Department of Health and Human Services' Website at www.listserv.state.nv.us., and at Nevada Public Notices: <https://notice.nv.gov/>

We are pleased to make reasonable accommodations for members of the public who are disabled and wish to call into the meeting. In the event the Zoom application has technical difficulties, The meeting may be conducted by teleconference from the same location. If special arrangements are necessary, please notify Cherylyn Rahr-Wood at 460 Kietzke Lane I-209, Reno, Nevada 89502 or by calling (775) 827-4770 up to three days before the meeting date. Anyone who wants to be on the advisory council mailing list can sign up on the listserv at [All Listserv Lists \(nv.gov\)](http://All Listserv Lists (nv.gov)).

If you need supporting documents for this meeting, please notify Cherylyn Rahr-Wood, Northern Regional Behavioral Health Coordinator, at (775) 827-4770 ext. 15 or by email at cherylyn@nrhp.org