



---

**NORTHERN REGIONAL BEHAVIORAL HEALTH POLICY BOARD  
DRAFT MINUTES**

**DATE: November 6, 2019 TIME: 3 p.m.**

Meeting Location:

Department of Health and Human Services  
4150 Technology Way  
Carson City, Nevada 89703

TELECONFERENCE: 888-363-4734 ACCESS CODE: 3865799

**1. Introductions, Announcement, and Roll Call**

**Members Present:** Dave Fogerson, Dr. Joseph McEllistrem, Taylor Allison, Sandie Draper, Amy Hynes-Sutherland, Matt Law, Lana Robards

**Members Absent:** Assemblywoman Robin Titus, Nicki Aaker, Dr. Ali Banister

**2. Public Comment**

There was no public comment.

**3. Board Member Updates on Behavioral Health Concerns, Initiatives, and Success in Their Areas of Specialty**

There were no updates.

**4. Regional Behavioral Health Coordinator Update on Current Local, Regional, and Statewide Efforts and Initiatives**

Ms. Flood noted gaps and needs in the Board's initiative regarding mental health crisis holds.

**5. Presentation of Regional Behavioral Health Policy Board Strategic Planning "Perception Survey" Results**

Ms. Kerwin noted the diverse representation of the Board with participation and partnership actively communicating was key to the success of the Board. The passion and commitment of Board members is its greatest asset. The item was tabled at this time.

**6. Presentation of 2019 Epidemiological Behavioral Health Data for the Northern Region and Nevada**

Ms. Flood gave the report on health data that will soon be finalized. Crisis Now has information that merits its own presentation and was not included in her data. She presented portions of the report and fielded questions from Board members. Data reflected age, gender, race, suicide rates, mental health related deaths, substance abuse, illegal substance abuse, drug/alcohol visits to emergency rooms, inpatient treatments, and alcohol- and drug-related deaths. Ms. Robards pointed out the number for middle and high school students were staggering and are increasing. Ms. Flood reported on youth substance abuse trends and statistics for northern Nevada and the nation. She included prenatal and neonatal substance abuse rates for northern Nevada and noted marijuana and cannabis were the most common substances used.

7. Presentation Providing Overview of Regional Behavioral Health Policy Board Duties Mandated in *Nevada Revised Statutes* (NRS) 433 and an Update on Status of Current Priorities

Ms. Flood gave an overview of the initiatives the Board needs to be aware of: Crisis Now, Zero Suicide, Mental Health Crisis Holds, funding for various programs, and others. The Board has made great progress in some areas and has been able to identify gaps in others.

8. Strategic Planning Workshop

Board members will review the status of current priorities and tentatively identify new priorities to be reviewed and approved at the next strategic planning workshop on November 20, 2019.

Ms. Kerwin presented the results of the strategic planning workshop and explained how the results were relevant to the Board, stakeholders, and the community. The greatest challenges are funding for resources; collaborating with other boards; and the lack of knowledge, awareness, and information. The Board's greatest asset is its recognition of others who are passionate and dedicated members. Gaps were identified in treatment, providers, transitional housing, and affordable care for mental health. The remainder of discussion was table until the November 20 meeting.

9. Public Comment

There was no public comment.

10. Adjournment

The meeting was adjourned.