



Mental Health Crisis Holds



WHERE IS ONE TAKEN ON A MENTAL HEALTH CRISIS HOLD?

If you are placed on a hold, you will be taken to a hospital or crisis center for evaluation. Once evaluated by a healthcare professional, you may either be discharged or transported to an inpatient psychiatric unit.

- Physician Assistant
- Psychologist
- Marriage and Family Therapist
- Clinical Professional Counselor
- Social Worker
- Registered Nurse
- Advanced Practice Registered Nurse

HOW LONG DOES A MENTAL HEALTH CRISIS HOLD LAST?

A mental health crisis hold lasts for up to 72 hours. If, at any time during the crisis hold, the healthcare provider overseeing your care believes you need additional treatment to address your mental health crisis, they may petition the court for a court ordered admission to extend the hold.

WHY WAS I OR MY LOVED ONE PLACED ON A MENTAL HEALTH CRISIS HOLD?

A person may be held if there is a *substantial likelihood of serious harm to himself/herself or others due to mental illness*, and if, without care or treatment, is at risk of:

- Attempting suicide or having thoughts or plans of suicide
- Attempting homicide or having thoughts or plans of homicide
- Causing bodily injury to himself/herself or others
- Incurring a serious injury, illness, or death resulting from being unable to care for oneself due to mental illness with complete neglect of basic needs for food, clothing, shelter, or personal safety.

WHO CAN PLACE A MENTAL HEALTH CRISIS HOLD?

The following individuals can put someone on a mental health crisis hold:

- Authorized Law Enforcement
- Physician

MENTAL HEALTH CRISIS HOLD PROCESS

| STEP 1 | STEP 2 | STEP 3 | STEP 4 | STEP 5 | STEP 6 |
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| Individual is assessed to be at risk of harming self or others due to mental illness | Mental health crisis hold is placed in community or in healthcare facility and 72- hour detention begins | Individual receives a medical assessment to make sure there is no medical condition that requires immediate treatment | Individual receives evaluation from medical professional in order to certify that crisis is due to mental illness | Individual, while under detention at any time, may be accepted and transported to inpatient psychiatric facility | If 72 hours is anticipated to run out, and individual is still assessed to be danger to self or others, hospital provider may petition court for court ordered admission , extending detention until court hearing for court ordered admission. (Court must schedule hearing within six business days) |

An individual on a hold can be released at any point during the process if they are assessed to **no longer be a danger to self or others due to mental illness.**