Foundation for Recovery

Building Recovery Ready Communities

Presentation Outline

1. What is a Recovery-Oriented System of Care (ROSC)?

2. Recovery Ready Ecosystem Model (RREM)

3. Seeing people with lived experience as an asset.

Recovery Oriented System of Care (ROSC)

A Recovery-Oriented System of Care (ROSC) is a **coordinated network** of **community-based services and supports** that is person-centered and builds on the strengths and resilience of individuals, families, and communities to achieve recovery and improved health, wellness, and quality of life for those with or at risk of alcohol and drug problems.

ROSC

The central focus of a ROSC is to create an infrastructure or, 'system of care', with the resources to effectively address the full range of substance use problems within communities.

Providing a menu of services along the continuum of care and understanding the factors that contribute to a community's barriers and assets. **Person-centered means choice!**

Recovery Oriented Systems of Care Resource Guide, SAMHSA, 2010

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WHAT WOULD IT TAKE TO MAKE OUR

COMMUNITIES
RECOVERY-READY

PREVENTION
Utilization of evidence-based prevention and early intervention strategies to ensure youth and the public understand the dangers of substance use and where to find help if struggling

RECOVERY SUPPORT
Access to supportive environments and the many pathways to enhance recovery for both individuals and communities

TREATMENT
Equitable and affordable access to evidence-based treatment as indicated for the individual, not the masses

EMPLOYMENT
Job-readiness training for those in recovery **combined with opportunities to gain stable and gainful employment to further support those in recovery**

HARM REDUCTION
Increased and open access to harm reduction services like syringe access programs, safe consumption facilities and "standing orders" for naloxone training and access to the drug

EDUCATION
Ensure equitable and fair access to educational opportunities, **including recovery high schools and collegiate recovery**

HOUSING
Increased opportunities to meet the need for supportive, safe and accountable housing for those entering recovery and sustaining long-term recovery

JUDICIAL & LAW ENFORCEMENT
Sustaining programs like problem-solving courts, law enforcement-assisted diversion, jail-based SUD treatment and **oversight to ensure best-practice adherence**

YPR
Young People in Recovery

ROSC

- Recovery Oriented Systems of Care is a systems change model and philosophy.
- Currently SUD treatment systems work on an "acute-care" model, not a chronic condition model.
- ROSC takes the chronic model and applies it to an ongoing and extended continuum of recovery supports. preferably up to at least 5 years.
- ROSC is an entire continuum: pre-recovery initiation, through treatments, supports, and ongoing recovery planning

Recovery Oriented Systems of Care Resource Guide, SAMHSA, 2010

More than just the continuum of care...

| Prevention | Intervention | Treatment | Recovery |

ROSC includes the macro systemic, cultural, and societal factors - not just a well coordinated continuum of care.

ROSC

- Treatment is an event; Recovery is an ongoing process and ROSC addresses this.
- In order for ROSC to become commonplace, many more people with lived experience must advocate for it.
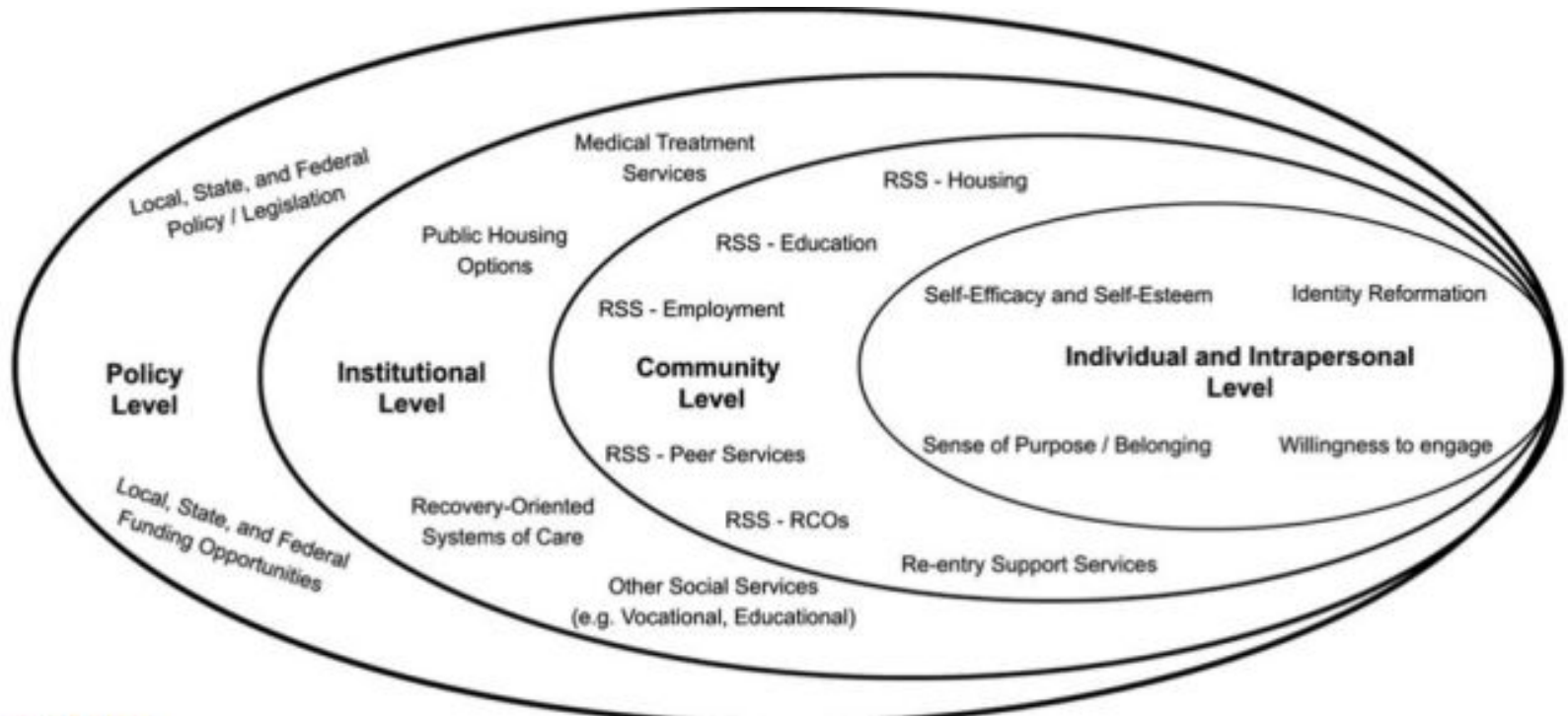
Recovery Oriented Systems of Care Resource Guide, SAMHSA, 2010

Recovery Ready Ecosystems Model (RREM)

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"Building recovery-ready communities is what we all should be driving toward, as advocates, policymakers and health professionals. That work must include the full continuum of supports, from harm reduction to abstinence-based recovery and every point in between. When I exited treatment 14 years ago, I was handed a list of local AA meetings,"

Brent Canode, executive director of the
Alano Club of Portland

Involving Recovery Support Services & people with lived experience.

- **Examples of peer based RSS:** recovery coaching/peer support, peer-based recovery homes, recovery community centers, peer-respite, recovery churches, 12-step meetings and other mutual aid groups, collegiate recovery programs, recovery high schools, recovery coffee shops, recovery fitness groups/gyms, etc.

Resources

- **Recovery Research Institute**
- ROSC from SAMHSA
- Operationalizing Recovery Oriented Systems