

**ADVISORY COUNCIL ON THE STATE PROGRAM FOR WELLNESS AND  
THE PREVENTION OF CHRONIC DISEASE**

**MINUTES**

**NOVEMBER 13, 2020**

**2:00 p.m.**

The meeting was held virtually through Zoom, in accordance with Governor Sisolak's emergency directive on public meetings to maintain government transparency and protect public safety.

**Zoom Meeting**

**Board Members Present**

Tom McCoy, MA, JD, Chair  
Chris Needham, MBA  
Chris Syversen  
Yvanna Cancela  
Michelle Gorelow, MA  
Stacy Briscoe, MS  
Tina Dortch, MPA  
\*Sarah Metcalf, MPH, NDTR, CLC  
\*\*Andrew Snyder

**Board Members Not Present**

Erin Dixon, MS

\*Designee for Chief Medical Officer, Dr. Ihsan

Azzam

\*\*Designee for Superintendent of Public

Instruction

**Division of Public and Behavioral Health Staff Present**

Lily Helzer, MPH, Section Manager, Chronic Disease Prevention and Health Promotion (CHPHP), Bureau of Child, Family and Community Wellness (CFCW), Nevada Division of Public and Behavioral Health (DPBH)  
David Olsen, MPH, Quality Improvement Manager, CDPHP, CFCW, DPBH  
Janet Osalvo, Obesity Prevention Coordinator, CDPHP, CFCW, DPBH  
Kellie Ducker, Health Systems Unit Manager, CDPHP, CFCW, DPBH  
Becky Follmer, Business Process Analyst, CDPHP, CFCW, DPBH  
Mallory Otto, Administrative Assistant II, CDPHP, CFCW, DPBH

**Others Present**

Pierron Tackes, Deputy Attorney General, Nevada Office of the Attorney General  
Nicole Bungum, MS, CHES, Southern Nevada Health District (SNHD)  
Kelli Goatley-Seals, MPH, Washoe County Health District (WCHD)  
Ashley Gurr, Elko County

1. **Roll Call**

Roll call was taken, and it was determined a quorum of the Advisory Council on the State Program for Wellness and the Prevention of Chronic Disease (CWCD) was present, per Nevada Revised Statute (NRS) 439.518 § 2.

2. **Public Comment**

Chair Tom McCoy asked if there was any public comment. There was none.

3. **Approve Minutes from the August 13, 2020 Meeting**

Chair McCoy asked if there were any corrections to the minutes from the August 13, 2020 meeting. Mr. McCoy requested "Washoe County Health Board" be changed to "Washoe County Health District."

**Chair McCoy entertained a motion to approve the minutes with the requested change. A motion to approve was made by Chris Syversen, and Chris Needham seconded the motion to approve the minutes.**

4. **Approve Corrected Minutes from the April 18, 2019 Meeting**

Chair McCoy asked if there were any corrections to the minutes from the April 18, 2019 minutes.

**Chair McCoy entertained a motion to approve the minutes A motion to approve was made by Stacy Briscoe, and Tina Dortch seconded the motion to approve the minutes.**

5. **Make Recommendations for Vice Chair and Board Members: 2(D), 2(E), 2(F), and 2(K)**

Chair McCoy called for any recommendations for: 2(d), one provider from the health care community, 2(e), one representative of the Nevada Association for Health, Physical Education, Recreation and Dance or its successor organization, 2(f), three representatives of organizations committed to the prevention and treatment of chronic diseases, and 2(k), one representative of the Nevada System of Higher Education from a list of persons submitted to the Administrator by the Board of Regents of the University of Nevada.

Ms. Dortch asked if Colin Robertson would qualify for position 2(e).

Chair McCoy replied he would not.

Andrew Snyder stated the organization is now known as SHAPE Nevada.

Chair McCoy stated Caitlin Gatchalian, Nevada Government Relations Director for American Heart Association, would meet the requirements to serve in 2(f) as representative of an organization committed to the prevention and treatment of chronic diseases.

**Chair McCoy entertained a motion to recommend Caitlin Gatchalian to the Administrator of the Division of Public and Behavioral Health as a potential board member. A motion to approve was made by Ms. Dortch, and Ms. Syversen seconded the motion which passed unanimously without public comment.**

6. **Present Nevada Department of Education Update**

Mr. Snyder, Education Programs Professional with the Nevada Department of Education, presented the report. ([NDE Report 11.13.20](#))

Chair McCoy asked if the Nevada Academic Content Standards for Health can be used in the current COVID-19 pandemic environment.

Mr. Snyder replied the health standards can be applied during the COVID-19 pandemic.

Mr. Snyder announced the implementation of an online physical education course that meets the Nevada Academic Content Standards for Physical Education. It would be available for all teachers and students in Nevada once it is completed.

- 7. Present Chronic Disease Prevention and Health Promotion Section Updates and Program Reports**  
Lily Helzer, CDPHP Section Manager, presented the report. ([CDPHP Report 11.13.20](#))

Chair McCoy asked if there were any questions for Lily or Section staff. There were none.

- 8. Present Local Health Authority (LHA) Chronic Disease Prevention and Health Promotion Updates and Program Reports**

#### **Southern Nevada Health District (SNHD)**

Nicole Bungum, Office of Chronic Disease Prevention & Health Promotion Supervisor, presented the report. ([SNHD Report 11.13.20](#))

Ms. Briscoe commented her organization, the Reno-Sparks Tribal Health Center, has been unable to offer diabetes self-management education classes and it was interesting hearing how other programs are approaching diabetes prevention during the COVID-19 pandemic.

Ms. Dortch commended Ms. Bungum and her team. She asked if there was training for food pantries on how to safely operate.

Ms. Bungum replied she was unaware of any training being offered but would check and get back to Ms. Dortch with any resources she could find.

#### **Washoe County Health District**

Kelli Goatley-Seals, Health Educator Coordinator, presented the report. ([WCHD Report 11.13.20](#))

Ms. Briscoe asked if acupuncture was mentioned in their alternative to opioids for pain management campaign.

Chair McCoy asked what alternatives were enumerated.

Ms. Seals responded she would need to get details and get back to the committee regarding their inquiries.

#### **Elko County**

Ashley Gurr, Human Services, presented on behalf of Elko County. ([ECHB Report 11.13.20](#))

Ms. Gurr stated they are primarily working on the COVID-19 pandemic response.

- 9. Preventive Health and Health Services (PHHS) Block Grant Update**

David Olsen, CDPHP Quality Improvement Manager, presented the update. ([PHHS Report 11.13.20](#))

Ms. Dortch asked what changed regarding Healthy People 2030 Objectives from Healthy People 2020.

Mr. Olsen responded the objectives were more streamlined and there were now less objectives. He added a presentation on the new objectives pertaining to chronic disease prevention could be shared at a future Committee meeting.

Ms. Dortch indicated she would be interested in such a presentation.

#### **10. Advise and Make Recommendations to the Division Based on the Information Presented**

Chair McCoy asked if there were any comments.

Ms. Briscoe asked if there was some push that could be made to take care of the health of people who have COVID co-morbidities right now.

Chair McCoy added cancer screenings have decreased significantly. He asked if there were funds to promote cancer screenings.

Ms. Helzer replied most of the received funds are being used for patients with immediate needs and promotion campaigns are not being conducted currently per direct provider feedback.

Ms. Syversen stated people neglecting basic and needed health care during the COVID crisis. Syversen said they worked with the National Alliance of Health Care Purchasing Coalitions on a flyer to go to all employees to make sure they do not neglect their health during the COVID-19 pandemic.

Mr. Needham asked if the CDPHP Section could develop an evaluation tool or other mechanism to determine if the State needs to adjust or pivot what we are doing to be effective in the prevention of chronic disease. He asked if there are tools to help overcome the current challenges.

Ms. Dortch added the State and Committee should look farther ahead as COVID becomes recognized as a pre-existing condition.

Ms. Helzer stated she would investigate the feasibility and funding for performing an assessment.

#### **11. Adjournment**

**Chair McCoy entertained a motion to adjourn the meeting. A motion to adjourn was made by Ms. Briscoe and Ms. Syverson seconded the motion which passed unanimously.**

**The meeting adjourned at 3:11 p.m.**