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Governor



Richard Whitley
Director

State of Nevada
Department of Health and
Human Services

Commission on Behavioral Health for Youth

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Office of Suicide Prevention

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Suicide Statistics

United States, 2019

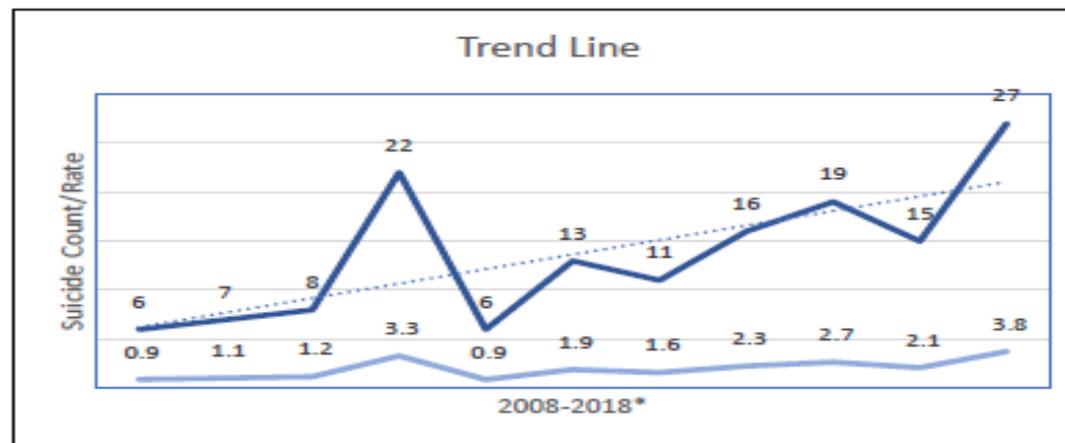
- 47,511 suicide deaths
- Firearms used in over 50.4% of suicides
- 10th leading cause of death- homicide is 16th
- 2nd leading cause for youth (15-24)
- 3.6 male deaths to every female death
- A suicide every 11.1 minutes

Nevada, 2019

- 7th highest rate, (642)
- 2nd leading cause of death 20-49, 1st for youth 11-19 years of age (2018)
- Veterans have a high percentage of suicides in NV
- Nevada's Elderly have highest rates 65+
- More suicides than homicides (255), motor vehicle accidents (370)



Nevada Residents aged 0-17 years old, 2008-2018*



Data Source: Nevada Electronic Death Registry System.
Rates are calculated per 100,000 age-specific Nevada population (including group quarters), provided by the Nevada State Demographer, vintage 2018
Provided by DG on 2/8/2019

Vital Signs Report-What We Can Do



Strengthen economic supports

- Strengthen household financial security
- Housing stabilization policies



Strengthen access and delivery of suicide care

- Coverage of mental health conditions in health insurance policies
- Reduce provider shortages in underserved areas
- Safer suicide care through system change



Create protective environments

- Reduce access to lethal means among persons at risk of suicide
- Organizational policies and culture
- Community-based policies to reduce excessive alcohol use



Promote connectedness

- Peer norm programs
- Community engagement activities



Teach coping and problem-solving skills

- Social-emotional learning programs
- Parenting skill and family relationship programs



Identify and support people at risk

- Gatekeeper training
- Crisis intervention
- Treatment for people at risk of suicide
- Treatment to prevent re-attempts



Lessen harms and prevent future risk

- Postvention
- Safe reporting and messaging about suicide



Nevada Office of Suicide Prevention

Mayors' and Governor's Challenge teams together strengthening the capacity of interagency military and civilian team of leaders to prevent and reduce suicide among Service Members, Veterans, and Families (SMVF).

- Developed strategies at the local level as well as overarching statewide goals;
- Las Vegas, Truckee Meadows and new Mayor's Challenge expansion to our rural communities of Elko and Winnemucca;

Identify SMVF and Screen for Suicide Risk Promote Connectedness and Improve Care Transitions;

- Mayor's Challenge Team offers free training from PsychArmor: March 2020 NDVS partnered with PsychArmor, launched: S.A.V.E.
– MAYORS' CHALLENGE <https://psycharmor.org/sign-up/nevada-department-of-veterans-services/?gid=355327&unCbmSApNhXKs>

ZERO SUICIDE INITIATIVE: LEARNING SERIES TO KEEP ZS TEAMS INVOLVED, SUPPORTED AND CONNECTED DURING COVID 19

- Zero Suicide State Coordinator added "ATQ" to her Zero Suicide Training series, working on MOU w/ American Academy of Nursing for the "Have You Served Cards", implemented ATQ into the academy process.
- Zero Suicide workforce survey findings -over 80% of hospitals beginning to implement ZS did not identify SMVF

Nevada Office of Suicide Prevention

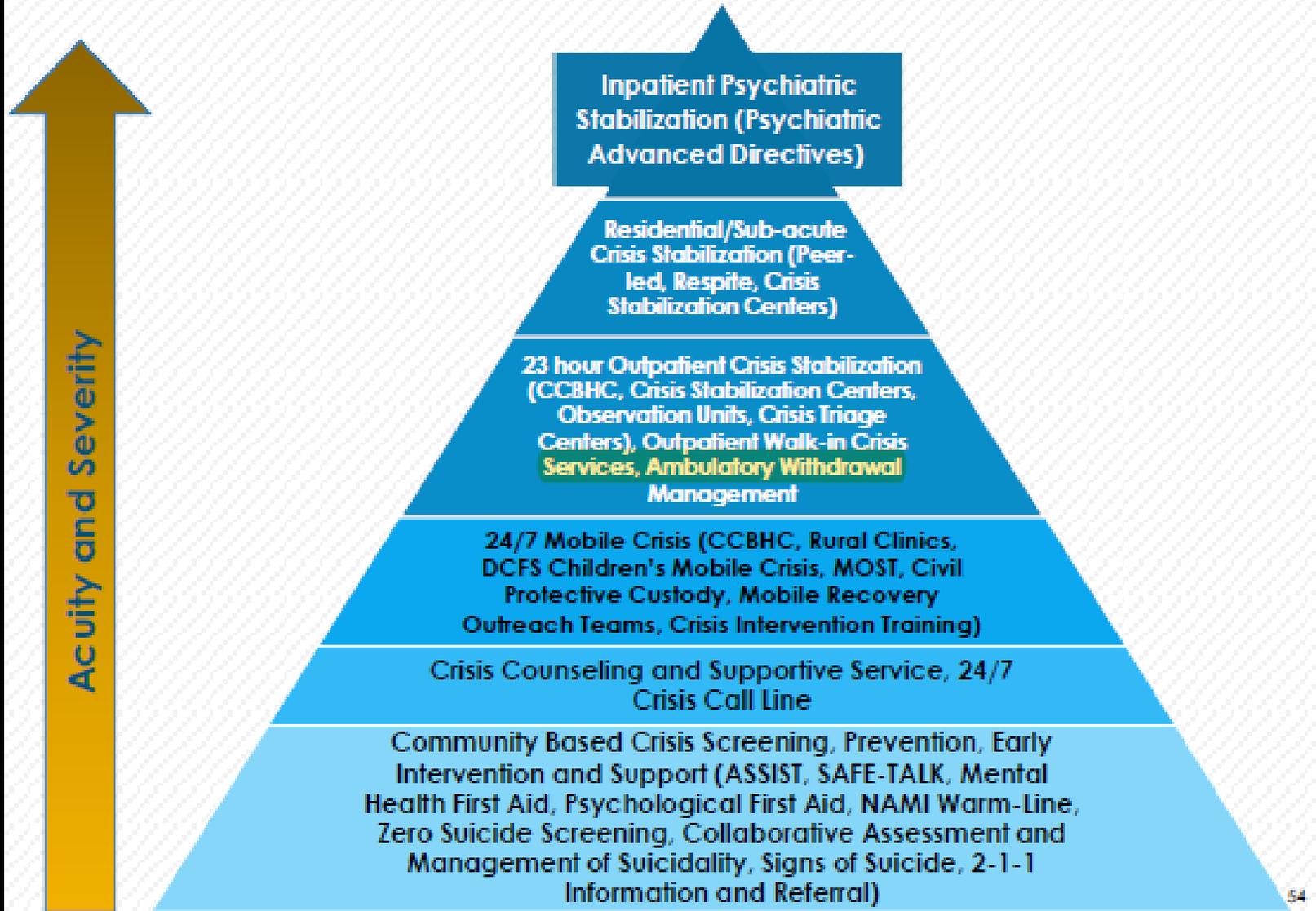
OUTREACH TO FRONT LINE WORKERS TO CONNECT TO CRISIS, WARMLINE AND OTHER SUPPORT SERVICES.

- Training for SNAMHS staff to respond to warmline crisis response;
- Crisis Intervention Training offered to the Governor's Office staff, DETR, DCFS, DPS and ADSD to improve response to those calling for services;
- Working with ADSD to add screening questions and connection to resources on intake forms;

CARING COMMUNITIES-TRAINING AND OUTREACH:

- Ongoing webinars for multiple organizations, reaching hundreds of providers and community members;
- Wellness and Wellbeing Webinar Series "Permission to Put Yourself First" for managers and all staff;
- Working with the VA and Governor's Challenge bringing together Faith Leaders to develop community outreach strategy;

Nevada's Ideal Crisis Continuum



Clark County Youth Suicide Review 2016-2018

December 19, 2019

- 1. Support efforts related to enforcing the legal consequences of unsafe storage of firearms, including the Reduce Access to Lethal Means Public Awareness campaign.**
- 2. Increase research and dissemination of research findings related to the impact of electronic device addiction in adolescents and the relationship to youth suicide.**
- 3. Improve public awareness of Adverse Childhood Experiences (ACEs) and their impact.**

Source: Nevada Institute for Children's Research and Policy UNLV School of Public Health and Clark County Child Fatality Review Committee

4. Develop a Social Media Campaign aimed at either parents or youth which would include the following:

- Messaging focused on key risk factors such as:
- Unsecured firearms
- Social isolation, with social media access as an additional complication
- The importance of peer support programs in schools
- Messaging translated into Spanish since 22.7% of decedents in the cases reviewed were Hispanic
- Materials that focus on visual presentation as opposed to print and include a clear message and a clear call to action
- Information targeted for youth would include how to recognize the signs, verbalizations, and ideation of suicide in their peers and what to do if they recognize it

5. Provide resources to youth serving organizations about harm.

Office of Suicide Prevention

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