



Steve Sisolak
Governor



Richard Whitley
Director

State of Nevada

Department of Health and Human Services

Division of Public and Behavioral Health
Nevada Resilience Project (NRP)
Funded by FEMA/SAMHSA

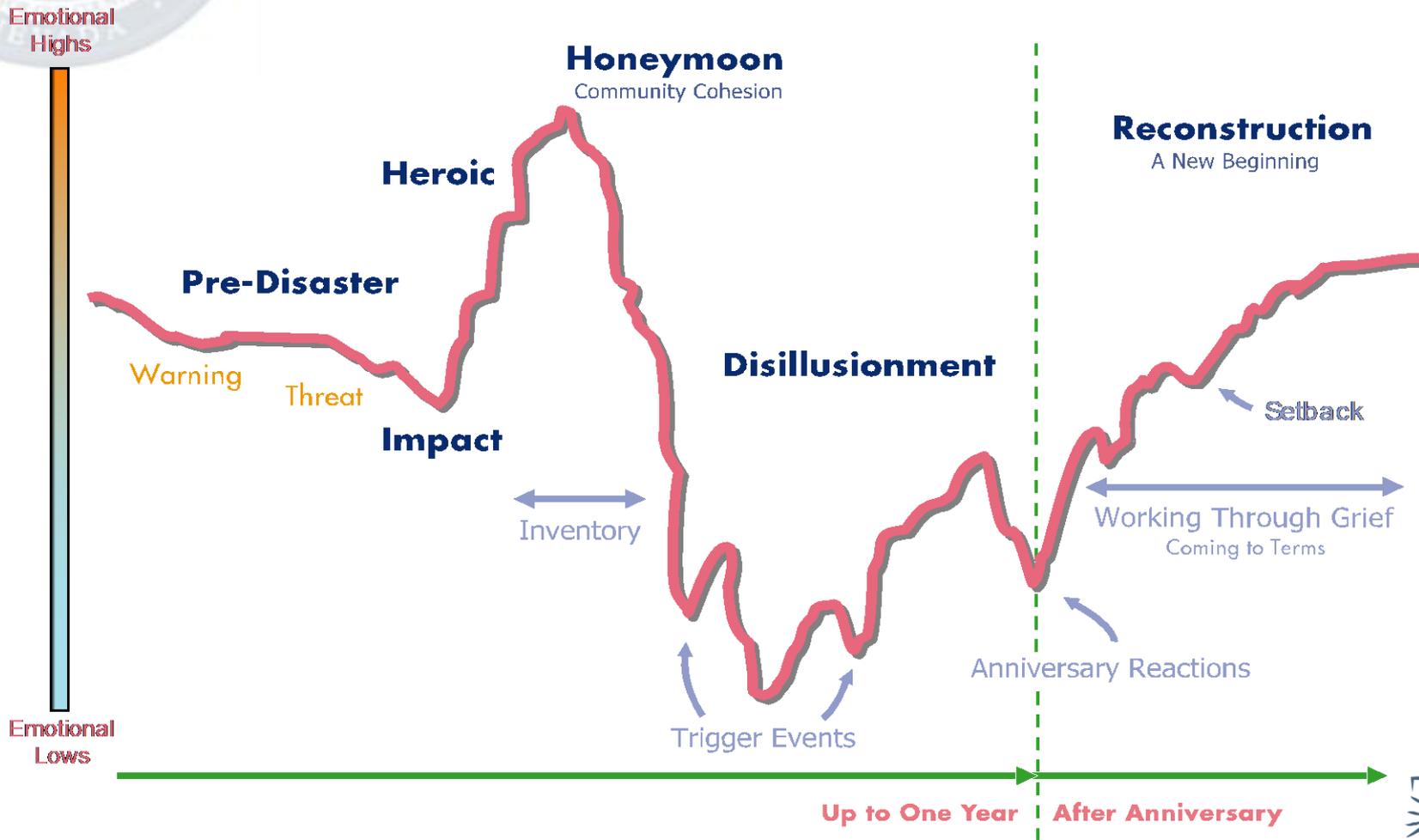
Dr. Stephanie Woodard

DHHS Senior Advisor on Behavioral Health



Helping people. It's who we are and what we do

Phases of Disaster Response and Operations



Key Concepts of Disasters

A disaster is “... a sudden event that has the potential to terrify, horrify, or engender substantial losses for many people simultaneously.”

Fran Norris, Ph.D., NCPTSD

- No one who sees a disaster is untouched by it
- Affects individuals and communities
- People pull together during and after
- Stress and grief are normal reactions
- People’s natural resilience will support individual and collective recovery
- Pandemics, such as COVID-19, are considered disasters

CDC Mental Health Pulse Survey

Indicators of Anxiety or Depression Based on Reported Frequency of Symptoms During Last 7 Days

Select Week

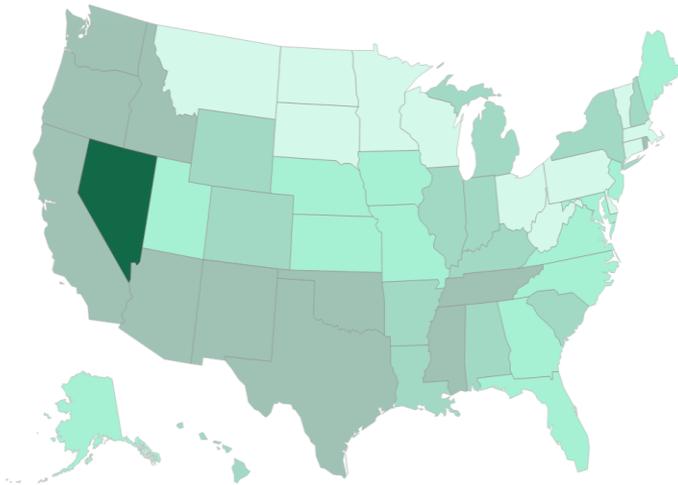
July 16 - July 21

Select Indicator

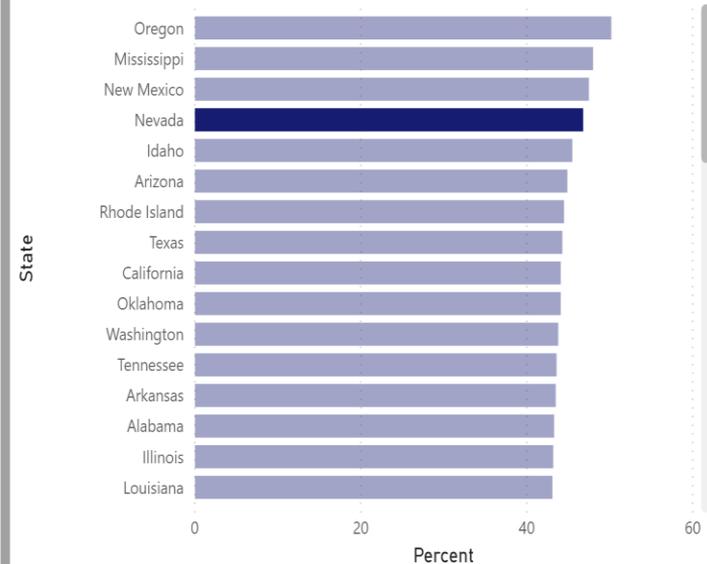
Symptoms of Anxiety Disorder or Depressive Disorder

Symptoms of Anxiety Disorder or Depressive Disorder

Quartile Range ● 31.8-37.1 ● 37.2-40.5 ● 40.6-43.5 ● 43.6-50.2



State Ranking



NOTE: All estimates shown meet the NCHS standards of reliability. See Technical Notes below for more information about the content and design of the survey.

SOURCE: U.S. Census Bureau, Household Pulse Survey, 2020

The Crisis Counseling Assistance & Training Grant (FEMA & SAMHSA)

Nevada Resilience Project Activities

1. Primary

1. Reaching out through virtual meetings, social media, and phone calls
2. Creating or adding to existing resources
3. Offering support for individuals or groups
4. Providing educational flyers and materials to communities

2. Secondary

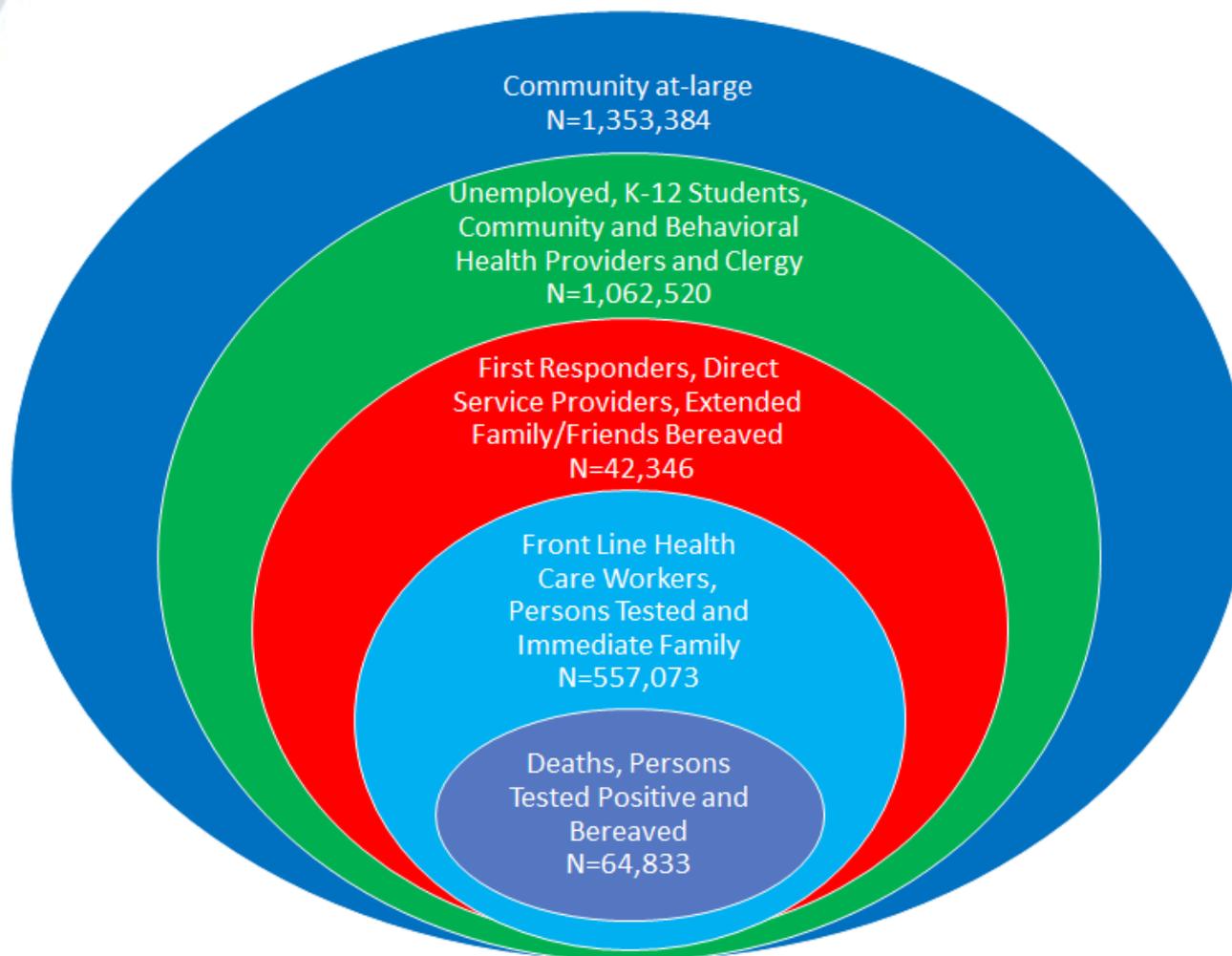
1. Create social media platforms
2. Offer webinars and town halls

The Nevada Resilience Project

- Strengths-based
- Anonymous
- Outreach-oriented
- Culturally competent
- Conducted in nontraditional settings
- Designed to strengthen existing community support systems
- Assumes natural resilience and competence

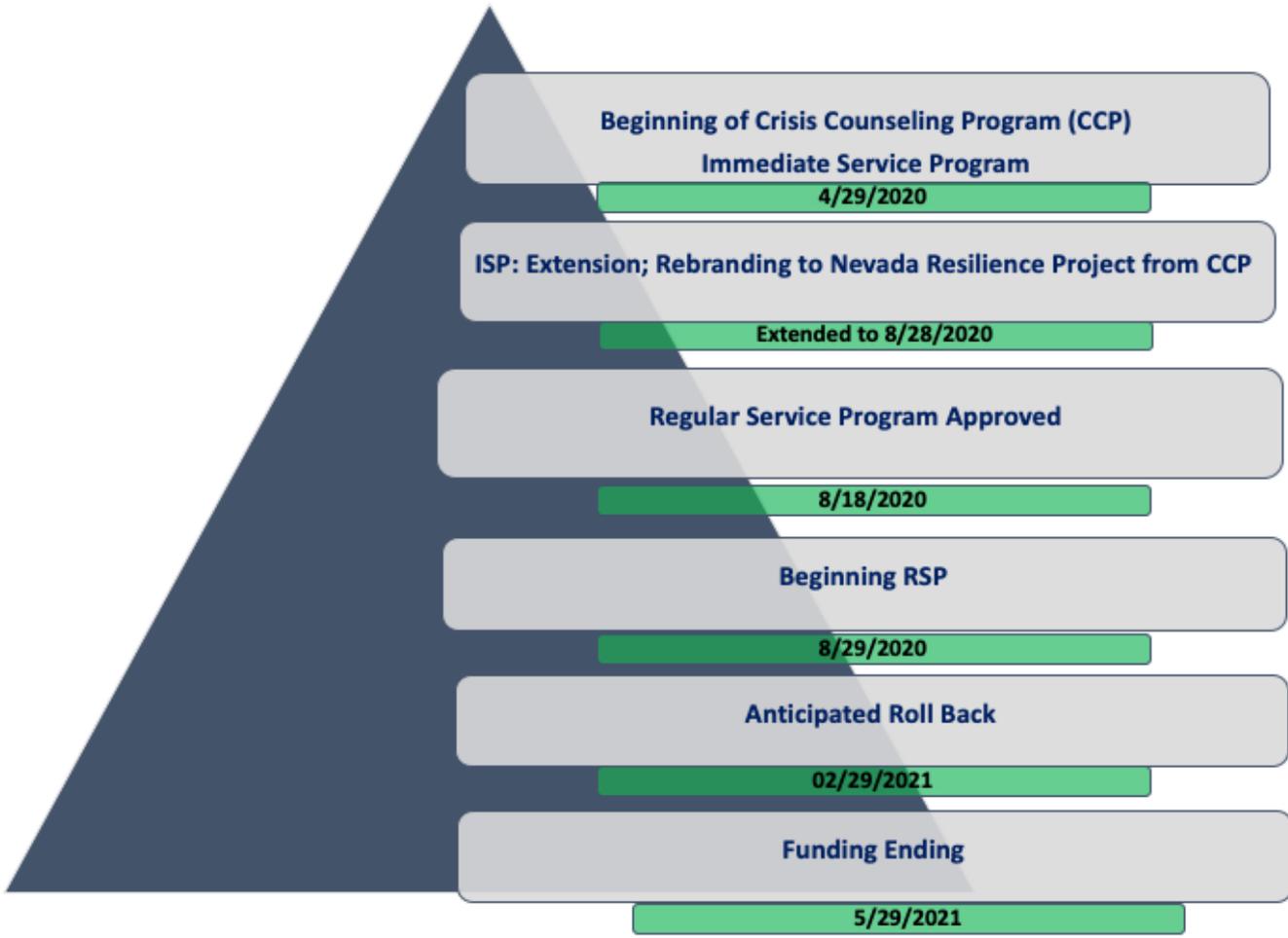


Population Exposure Model*





Nevada Resilience Project Timeline





Program Goals

1. ISP: Initiative Program and Serve 2,790 individuals/families within 60 days. RSP: Serve 5,460 individuals/families per month or 49,140 by the end of nine (9) months, unduplicated.
2. Counselor Caseloads: 120-130 per month.
3. Counselors and Supervisors trained in Core CCP for ISP, Transition to RSP CCP, Living Works, Data Collections & Tools, Psychological First Aid.
4. Participate in Mindfulness Based Stress Reduction regularly.
5. Media and Community Outreach to target 770,039 individuals/families in ISP and 2,310,117 individuals/families in RSP.

Vulnerable Populations

- Individuals and families who are bereaved
- Children, youth, adolescents, and their parents/caregivers
- Individuals and families with economic concerns, job loss, and unemployment, economic uncertainty, homelessness, food insecurity and loss of health care insurance
- Health care providers, law enforcement, emergency medical technicians, and firefighters
- Ethnic minorities, especially people who are non-English speaking, or individuals who have facilitated communication needs
- Tribal population
- Aging population
- Victims of Domestic Violence
- Individuals with pre-existing behavioral health issues or at-risk

Where are we located?

The Nevada Resilience Project is broken up into Five (5) different regions, with CSS & CANS covering the entire state



Resilience Ambassadors Region Locations

Connected Partners	Deployed Ambassadors
Washoe County Human Services Agency and Family Resource Centers (FRC)	Washoe County Ambassadors (6)
Boys and Girls Club of Truckee Meadows - William W. Pennington Facility - Donald L. Carano Facility - Lemmon Valley Facility - Neil Road Youth Facility - Boys and Girls Club of Fernley - Boys and Girls Club of Winnemucca	Washoe County Child Ambassadors (2) Rural Child Ambassador (1) Northern Nevada Child Ambassador (1)
Carson Health and Human Services and Community Partners	Northern Nevada Ambassadors (3)
Clark County Nevada - Southern Nevada Health District - Pending Onboarding Ambassadors during RSP	Total Clark County Ambassadors (14) - Southern Nevada Health District Ambassadors (6) - Future Ambassadors for Clark County (8)
Boys and Girls Club of Southern Nevada - Lied Memorial - Andre Agassi Club - Boulder Highway Club - Desert Pine Club - Donald W. Reynolds Club - Downtown Club - James Club - John C. Kish Club - John D. "Jackie" Gaughan Club - May and Sam Boyd Club - Natlie Gulbis Club - Ralph and Betty Engelstad - Southern Highlands	Clark County Child Ambassadors (3)
Frontier Community Coalition	Rural Nevada Ambassadors (2)
Crisis Support Services of Nevada	Crisis Hotline Ambassadors (5)
Nevada Care Connection	Nevada ADSD Ambassadors (2)

What Resilience Ambassadors do:

- Contact and Engagement
- Safety and Comfort
- Stabilization
- Information Gathering
- Practical Assistance
- Connection with Social Supports
- Information on Coping
- Linkage with Collaborative Services

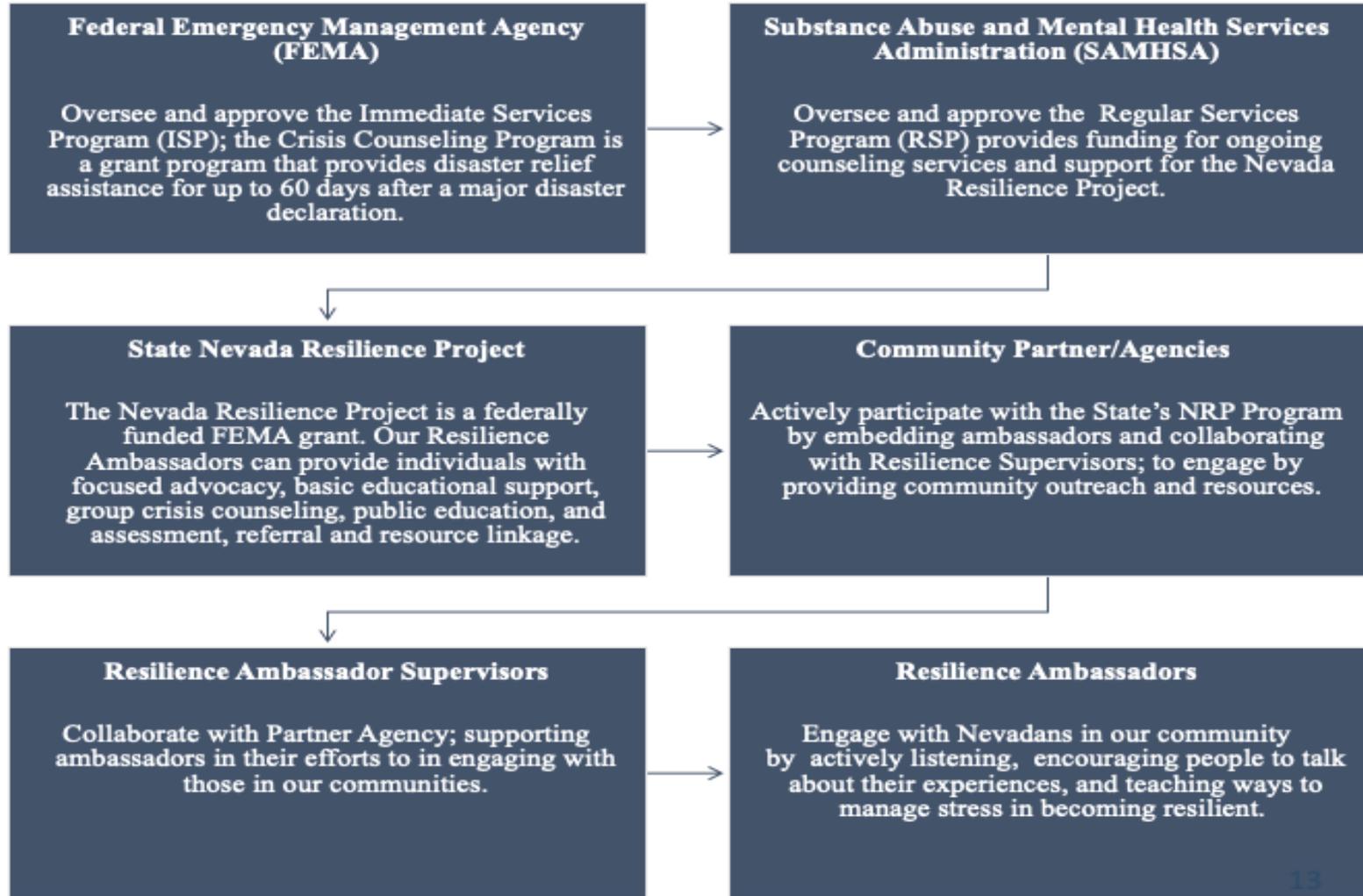
Partner Agency Responsibilities

- Actively participate with the State's NRP Program by embedding ambassadors on-site and providing a workstation following COVID-19 protocols;
- Provide on-site coordinator of ambassadors and joint supervision of activities and programming with the Division of Public and Behavioral Health;
- Participate in monthly program and caseload reviews; monthly team meetings; and engage with outreach and communication;
- Communicate with Regional Supervisor any identified resources required for the ambassadors to include additional training, review, or challenges with expectations of services;
- Site Coordinators are encouraged to attend CCP training, RSP transition training, and training defined as essential by the FEMA/SAMHSA CCP grant, at no cost;
- Approve or reject potential candidates provided through the State's Master Service Agreement (MSA) for Temporary Employment Services;
- Allow candidate to participate and complete all required training;
- Ensure ambassadors does not provide any non-allowable activities and works 100% on the grant program;
- Collect data and serve the targeted populations; and
- Allow access of the Regional Supervisor to the ambassadors on-site.

DPBH – Responsibilities

- Provide access to all required training for the community ambassadors to include, Aging and Disabled Services supervisory staff assigned to ambassadors, Site Supervisors and designated key staff;
- Provide computer, hot-spot for internet access and phone to ambassadors;
- Provide joint supervision of ambassadors;
- Ensure data collection tools are available for the ambassadors;
- Engage in weekly meetings with ambassadors for program evaluation;
- Engage with ambassadors for Quality Improvement and review of data collection;
- Provide payment directly to ambassadors at no expense;
- Process all data and reporting required for the federal grant award;
- Engage the partner in communication, outreach and program updates.
- Providing regular progress and financial status reports; and
- Provide the mental health self-health training and engagement with ambassadors.

Stakeholders



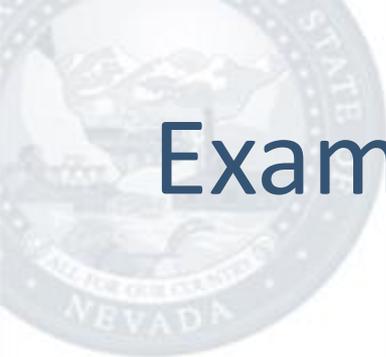
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Making sure we are racially and ethnically aware

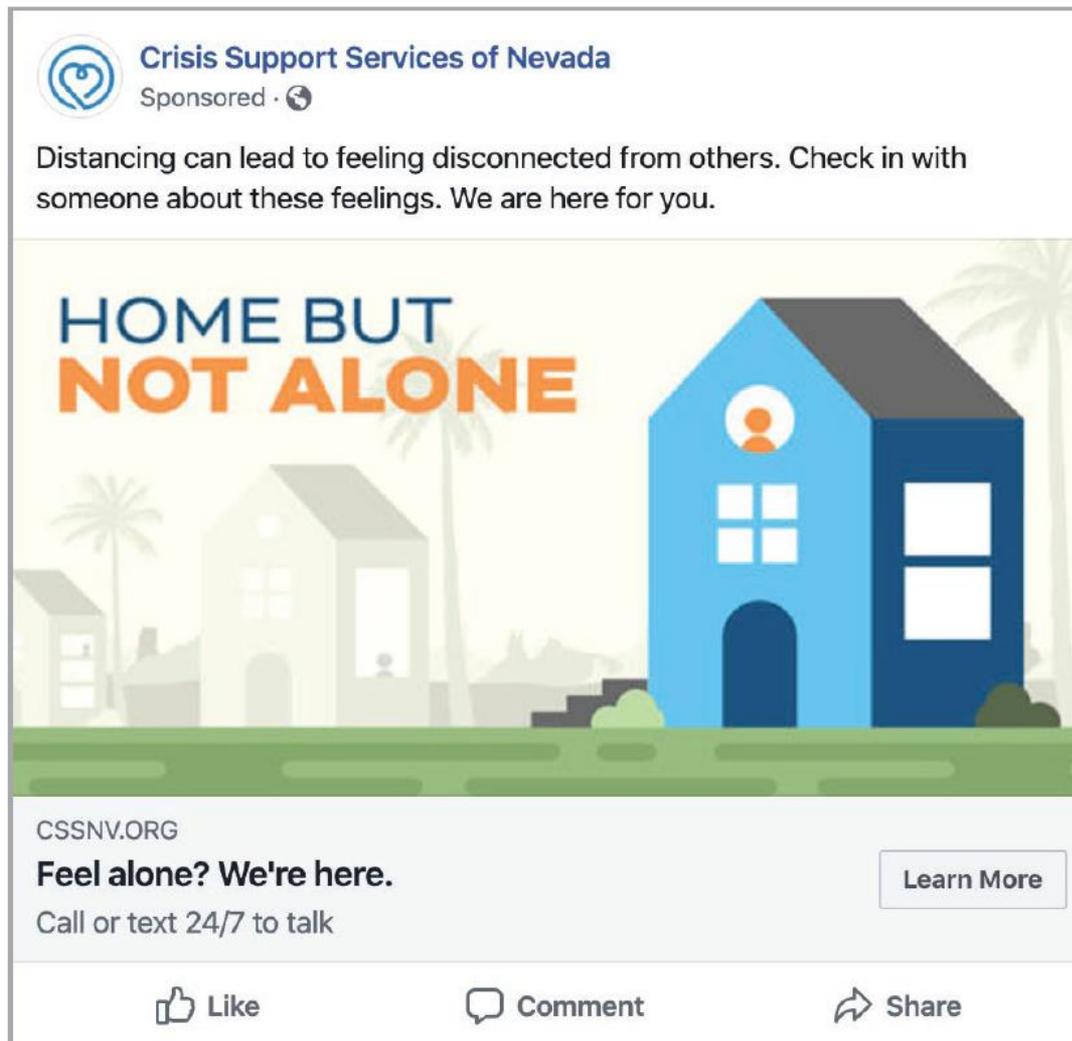
- Work within the community to make sure there is a clear understanding of the project
- Provide bilingual/multilingual Resilience Ambassadors
- Staff is representative of all cultural and ethnic groups
- Community listening sessions and resilience-based discussions
- Black, Indigenous, People of Color (BIPOC) support network

Upcoming Activities

1. Location of counselor(s) to be identified and jointly approved by DPBH and partner agency, to ensure population targeted based on data decisions.
2. Data required to be entered daily.
3. Constantly monitoring COVID impact in communities through the Population Exposure Model; deploying ambassadors in areas most impacted.
4. Weekly Team meetings and monthly stakeholder meetings to discuss successes, challenges, and any program corrections. Data-driven to meet the needs of the community.
5. Ambassadors to be provided Webex and also access to virtual translation services.



Example: Media Outreach



 **Crisis Support Services of Nevada**
Sponsored · 

Distancing can lead to feeling disconnected from others. Check in with someone about these feelings. We are here for you.

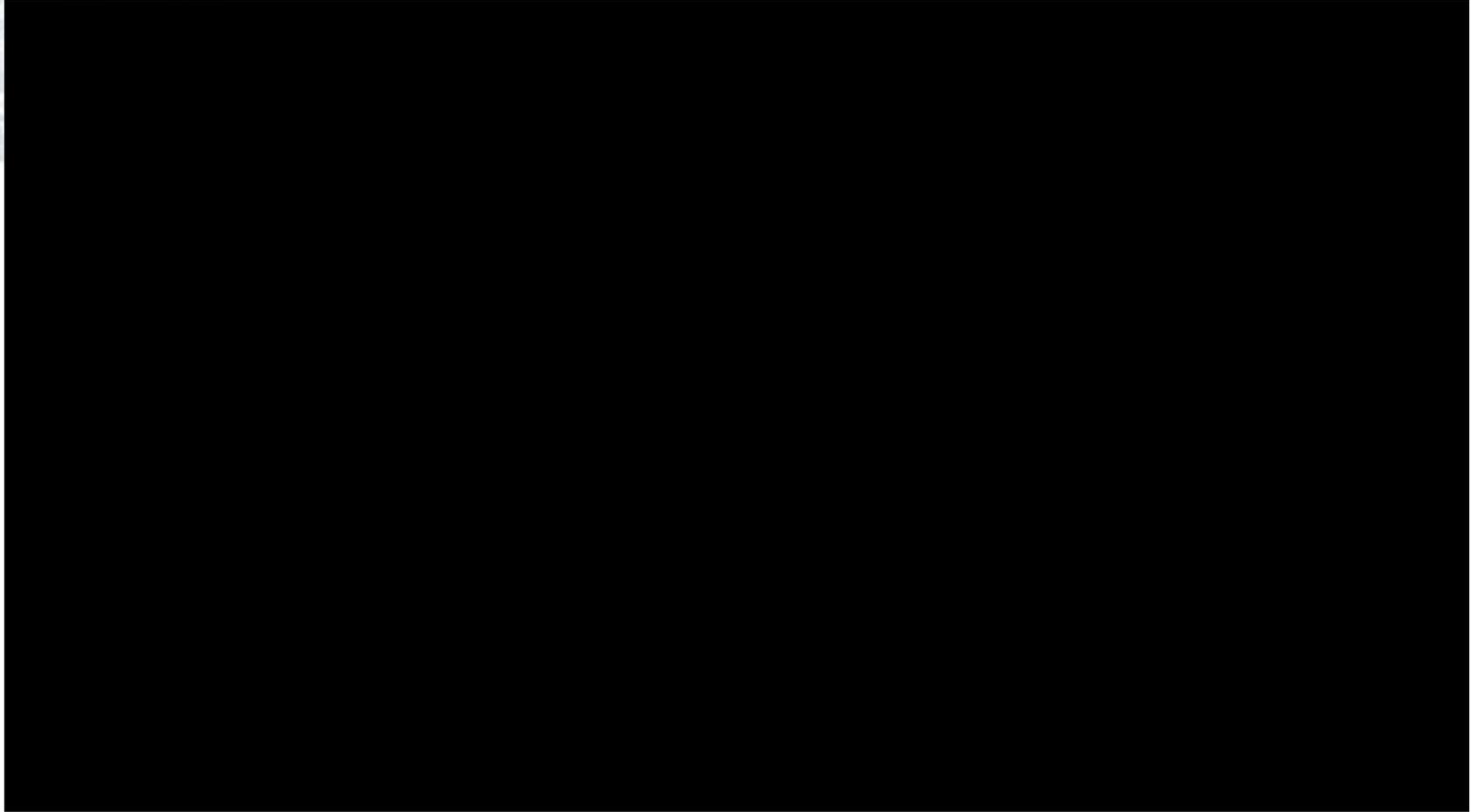
**HOME BUT
NOT ALONE**



CSSNV.ORG
Feel alone? We're here. [Learn More](#)
Call or text 24/7 to talk

 Like  Comment  Share

Example: Media Outreach





NEVADA resilience project

Never in history have we had a shared experience that has connected us like COVID. But we have an opportunity to tap into our stories and empathy to normalize our challenges and emotions and encourage one another to reach out for additional help. We can join together and become resilient as we all get through this difficult time. We're all trying to balance different challenges. From the stress of working from home while having school-age kids, to feeling a sense of loss due to unemployment, the feeling of isolation, anxiety and disconnection, and the challenges of adapting to the new normal, there is someone who understands and people who can help.





Questions?

References

- National Preparedness and Response Science Board's Community Health Resilience Recommendations: <https://www.phe.gov/Preparedness/planning/abc/Pages/community-resilience.aspx>
- A.B. 76, 80th Session of the Nevada Legislature (2019): <https://www.leg.state.nv.us/App/NELIS/REL/80th2019/Bill/6019/Text>





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