

# **SSI Core and Supplemental Prevention Measures**

## **General SSI Prevention Strategies**

### **Core Measures**

- Insert catheters only for appropriate indications
- Leave catheters in place only as long as needed
- Ensure that only properly trained persons insert and maintain catheters
- Insert catheters using aseptic technique and sterile equipment (acute care setting)
- Following aseptic insertion, maintain a closed drainage system
- Maintain unobstructed urine flow
- Practice hand hygiene and standard (or appropriate isolation) precautions according to CDC HICPAC guidelines.

### **Supplemental Measures**

- Consideration of alternatives to indwelling urinary catheterization
- Use of portable ultrasound devices for assessing urine volume to reduce unnecessary catheterizations
- Use of antimicrobial/antiseptic-impregnated catheters