

Division Criteria for the Certification of Recovery Housing									
Criteria for Recovery Housing Services:									
The Division Criteria for Recovery Housing complies with all applicable provisions of NAC 458.									
Definition:	Option 1	Option 2	Option 3	Option 4	Option 5 -- State's Suggestion				
<p>Recovery Housing is a safe, substance free and healthy residential environment for individuals who have completed substance use treatment to learn, implement and practice skills vital for sustaining recovery in a home-like setting. Recovery Housing can be utilized as a next step in the recovery continuum after an individual no longer meets the eligibility criteria for Transitional Housing .</p>	<p><b>Ari:</b> Create new opportunities for step down programming, but could create a barrier for those that aren't familiar in this field. <b>Sean:</b> Not all folks complete treatment in a traditional setting like a TX facility. <b>Sean:</b> Looking at NARR best practices to certify for recovery housing. This would be inclusive of levels 1-3, level 4 would be the traditional transitional housing. <b>Stephanie:</b> Possibly re-word so it's a step, not always a next step? <b>Sean:</b> Take this out.</p>	<p><b>Sean:</b> Interested in seeing the criteria on what services are being provided. <b>David:</b> There needs to be some structure. <b>Joe:</b> Would be in support of all levels of care (1-4).</p>	<p><b>Stephanie:</b> NARR had some stuff that the bureau can't view as it's not in the purview. Take the guidance and water it down a bit.</p>						
<p>SAMHSA Definition: Recovery houses are safe, healthy, family-like substance free living environments that support individuals in recovery from addiction. While recovery residences vary widely in structure, all are centered on peer support connection to services that promote long-term recovery.</p>									
<p>AB403 definition: a residence that provides housing and a living environment for persons recovering from alcohol or other substance use disorders and is operated to facilitate their reintegration into the community but does not provide any treatment for alcohol or other substance use disorders.</p>									
<p>Eligibility Criteria: o Individuals must have independent living skills and be capable of managing their activities of daily living. o History of substance use treatment or participation in 12-Step Recovery, but no longer be receiving substance use treatment. o Individuals are committed to not using tobacco, alcohol or illicit substances as Recovery Housing is a substance free environment. o Individuals will sign a contract indicating adherence to: Recovery Housing rules related to health and safety, Being free from substance use, and Being responsible for the costs of living in the Recovery House.</p>	<p>Everyone in agreement: Not contingent on receiving substance use treatment services. <b>Sean:</b> Strike this as there are multiple pathways. <b>David:</b> Concerned with this wording. <b>Sean:</b> Remove. Supports not having smoking in the home, but would be a barrier for those getting help but require to offer smoking cessation as a PRSS. <b>Jamie:</b> How to include MOUD? <b>Sean:</b> Resident handbook or policies and procedures. Residents would then agree to the house rules. Joe agrees, signing the letter that they receive. <b>Mark:</b> Contribute to various costs of living.</p>	<p>Joe and David: Keep this as is. <b>Mark:</b> Add illicit. <b>Ari:</b> Agency must identify what this means in their policies and procedures.</p>	<p><b>Ari:</b> Recovery focused. Harm reduction approach to recovery process. <b>Ari:</b> Exclude MOUD. <b>David:</b> A lot of this requires policies and procedures for the State to certify.</p>	<p><b>Stephanie:</b> Possibly have designated areas for smoking. Agency must have a policy?</p>	<p>Eligibility Criteria: o Individuals must have independent living skills and be capable of managing their activities of daily living. o Individuals must be recovering from a substance use disorder(s), but not contingent on receiving substance use treatment services.. o Individuals are committed to not using alcohol or illicit substances as Recovery Housing is a substance free environment. o Individuals stable on medications for opioid/alcohol use disorder cannot be denied services based on their use of these medications. o Individuals will sign an agreement indicating adherence to: Recovery Housing rules related to health and safety, Being free from illicit substance use, and working towards contributing to the costs of living in the Recovery House.</p>				
<p>• Admission Criteria: o Individuals admitted to Recovery Housing must have a history of a Substance Use Diagnosis. o If the individual has a current diagnosis, it is in remission. **Possibly add: Desire to live in a communal substance free living environment.</p>	<p><b>Ari:</b> Utilize a "screening" tool to provide parameters around the admission criteria. <b>Stephanie:</b> Add in and/or. (Joe, Ari and Jamie agree). <b>Stephanie:</b> Sentence to be reworded?</p>	<p><b>Mark:</b> Standardized screening tool. <b>Jamie:</b> Strike diagnosis/ have a history of substance abuse.</p>							

<ul style="list-style-type: none"> <li>Continued Service Criteria: <ul style="list-style-type: none"> <li>The individual does not require a higher level of care.</li> <li>The individual does not have stable and supportive housing.</li> <li>The individual does not have stable employment.</li> <li>The individual cannot establish safe and stable housing outside of the Recovery House</li> </ul> </li> </ul>				<p>Sean: Able to participate in daily activities. Maintain daily living routine. Maintain recovery of substance use recovery.</p> <p>Stephanie: This should read care "and" Stephanie: Is working towards.</p> <p>Mark: is working towards or has stable employment.</p>				<ul style="list-style-type: none"> <li>Continued Service Criteria: <ul style="list-style-type: none"> <li>The individual does not require a higher level of care; and,</li> <li>The individual is working towards stable and supportive housing; and,</li> <li>The individual is working towards stable employment; and,</li> <li>The individual cannot establish safe and stable housing outside of the Recovery House</li> </ul> </li> </ul>
<ul style="list-style-type: none"> <li>Transfer / Discharge Criteria: <ul style="list-style-type: none"> <li>The individual has gained stable/supportive housing/recovery environment and no longer needs Recovery Housing or the individual needs a higher level of care based on person-centered needs.</li> </ul> </li> </ul>				<p>Mark: Transfer means they may no longer need service or they require a higher level of care.</p> <p>Mark: transitional housing may be necessary in some cases. Doesn't know if we need more criteria.</p>	<p>Sean: believes this is all encompassing and broad enough but asked how a recovery house defines when someone needs a higher level of care?</p>	<p>Mark: work in coordination with a local provider-refer for assessment and work together if a higher level of care is necessary.</p>		<ul style="list-style-type: none"> <li>Transfer / Discharge Criteria: <ul style="list-style-type: none"> <li>The individual has gained stable/supportive housing/recovery environment and no longer needs Recovery Housing or the individual needs a higher level of care based on person-centered needs.</li> <li>Recovery House must coordinate with other stakeholders to refer for higher levels of care, or transition individuals into stable housing.</li> </ul> </li> </ul>
<ul style="list-style-type: none"> <li>Operational Requirements: <ul style="list-style-type: none"> <li>Staff shall not manage residents' personal financial affairs.</li> <li>The Operator of the home must ensure they are abiding by local code and adhering to local licensing requirements relating to the business operation.</li> <li>Incidents must be reported to the local authorities and maintained in a log to be made available for review</li> </ul> </li> </ul>				<p>Mark: Local code varies by municipality-it has worked well with transitional housing (some of the language was from NARR) thinks it will work well with Recovery housing also. Walk throughs include general safety. For example a door wasn't opening in a transitional house but it was caught and addressed quickly.</p>	<p>Sean talked about other things required (NARR) for instance overdose training for staff. Mark agrees this is important. Agrees this type of language should be included (not having naloxone on hand and staff not trained could be a legal issue). Sean: NARR suggests laundry on site, appropriate space for residents, food storage, adequate congregating spaces.</p> <p>Sean: gender identity, CPR, ways to be more culturally competent as far as gender identity.</p> <p>Sean: training for house managers, staff?</p> <p>Cultural competency for example. Core competencies of running a home required?</p> <p>Sean brought up a resident handbook to explain policies and procedures in the house along with a code of ethics signed by staff. Operators and residents need to be aware of the residents rights. Sean: Ensuring safeguards for environment of illicit substance free. Require drug testing? 458 defines policies and procedures (clearly defined recurrence of use, how to deal with that)? Resident safety plan and re-admittance policy if they needed to take a quick break for higher level of care.</p>	<p>Ari agrees with Sean on drug testing, how to handle MAT (in case they test positive). Requirement to have an MOU or contract so residents don't get put out on the street.</p> <p>Mark: Relapse doesn't necessarily mean they will have to leave the recovery house. Facility is substance free but shouldn't kick out the resident for a relapse. Sean agrees with this.</p>	<p>Shannon: Write these things broadly and they can be refined as needed such as adequate infrastructure for daily living.</p>	<ul style="list-style-type: none"> <li>Operational Requirements: <ul style="list-style-type: none"> <li>Staff shall not manage residents' personal financial affairs.</li> <li>The Operator of the home must ensure they are abiding by local code and adhering to local licensing requirements relating to adequate infrastructure for daily living and maintain policies and procedures to document these requirements.</li> <li>Incidents must be reported to the local authorities and maintained in a log to be made available for review</li> </ul> </li> </ul>
<ul style="list-style-type: none"> <li>Service Requirements: <ul style="list-style-type: none"> <li>Staff must teach recovery skills along with helping the residents develop relapse prevention plans.</li> <li>Staff promotes that residents work, go to school or volunteer in the community.</li> <li>Staff promotes and provides opportunities to be engaged in social groups and recreational activities.</li> <li>Staff provides structure and weekly activities that the residents must participate in.</li> <li>Staff must assist residents in developing and implementing a recovery plan that promotes independence and eventual discharge from the service.</li> </ul> </li> <li>Side discussion regarding MAT:</li> <li>Side discussion regarding transitional housing versus recovery housing:</li> </ul>				<p>Sean: Can recovery housing certify as such if they are also giving treatment? Sean spoke about NARR and resources for people living in the home so they can still get treatment if necessary (outside of the recovery home). Sean thinks we need to define this more.</p> <p>Ari thinks this should be dependent on if someone is already attending services 3 times a week (for example) it would be hard for them to participate in required activities.</p> <p>Dr. Corona: Has patients having a hard time finding housing because they are on MAT. Will recovery houses have to accept them if they are MAT?</p> <p>Sean is questioning the difference between transitional and recovery homes.</p>	<p>Mark: Recovery housing is for people in a certain level of recovery. Mark says we have to be careful what they are doing at the house related to treatment.</p> <p>Sean brought up training for staff -keep it broad. Maybe we can use the same for the evaluation tool to give flexibility as things change based on evidence based practices.</p> <p>Mark: already have criteria that they cannot be denied if they are on MAT.</p> <p>Dr. Corona: Repercussions need to be clearly delineated. Mark says it is clearly defined right now. If there is a complaint it needs to come from the patient.</p> <p>Mark said transitional houses receive funding for room and board and have to provide level 1 have at a minimum. Recovery houses - people don't need to be in treatment to live there. Fine line on this.</p>	<p>Mark: We don't want rules to be so stringent that they can't change. Feedback loop is helpful</p> <p>Ari: could you require a percentage of people on MAT?</p> <p>Mark: Currently this has been a non-issue (MAT). Ari brought up the point that if facilities are already SAPTA certified, then these things are already in place.</p>	<p>Shannon suggested a tool to define what is allowable to help recovery home applicants and the public in general.</p> <p>Dr. Corona: that could be helpful but it can require additional staffing and fear of being bumped up to a higher level of care.</p>	<ul style="list-style-type: none"> <li>Service Requirements: <ul style="list-style-type: none"> <li>Staff must teach recovery skills as well as helping the residents develop relapse prevention plans.</li> <li>Staff promotes that residents work towards being employed, going to school and/or volunteering in the community based on their individual needs.</li> <li>Staff promotes and provides opportunities to be engaged in social groups and recreational activities.</li> <li>Staff provides structure and weekly activities that the residents can participate in.</li> <li>Staff must assist residents in developing and implementing a recovery plan that promotes independence and eventual discharge from the service.</li> <li>All peer recovery support services provided by the Recovery House must adhere to SAMHSA's Four Major Dimensions of Recovery: <ol style="list-style-type: none"> <li>Health - Overcoming or managing one's disease(s) or symptoms - for example, abstaining from use of alcohol, illicit drugs, and non-prescribed medication if one has an addiction problem- and for everyone in recovery making informed, healthy choices that support physical and emotional well-being</li> <li>Home - Having a stable and safe place to live</li> </ol> </li> </ul> </li> </ul>