

Division Criteria for the Certification of Recovery Housing

Criteria for Recovery Housing Services: The Division Criteria for Recovery Housing complies with all applicable provisions of NAC 458.

Definition: Recovery Housing is a safe, substance free and healthy residential environment for individuals recovering from a substance use disorder(s) to learn, implement and practice skills vital for sustaining recovery in a home-like setting. Recovery Housing can be utilized as a step in the recovery continuum when an individual no longer needs and/or qualifies for substance use treatment services.

Eligibility Criteria:

- Individuals must have independent living skills and be capable of managing their activities of daily living.
- Individuals must be recovering from a substance use disorder(s), but not contingent on receiving substance use treatment services.

Recovery Housing is a substance free environment.

- Individuals are committed to not using any alcohol or unprescribed controlled substances.
- Individuals stable on medications for opioid/alcohol use disorder cannot be denied services based on their use of these medications.
- Individuals will sign an agreement indicating adherence to:

Recovery Housing rules related to health and safety, being free from illicit substance use, and working towards contributing to the costs of living in the Recovery House.

Admission Criteria:

- A nationally recognized screening tool must be utilized to ensure individuals admitted to Recovery Housing are actively recovering from a substance use disorder(s) and have a desire to live in a communal alcohol and unprescribed controlled substance free living environment in which they will have access to robust peer recovery support services.

Continued Service Criteria:

- The individual does not require a higher level of care; and,
- The individual is working towards stable and supportive housing; and,
- The individual is working towards achieving and or adhering to *SAMHSA's 4 major dimensions of Recovery; and,
- The individual cannot establish safe and stable housing outside of the Recovery House

Transfer / Discharge Criteria:

- The individual has gained stable/supportive housing/recovery environment and no longer needs Recovery Housing OR the individual needs a higher level of care based on person-centered needs.

- Recovery House must coordinate with other stakeholders to refer for higher levels of care, or transition individuals into stable housing.

Operational Requirements:

- Operator shall not manage residents' personal financial affairs.
- The Operator of the home must ensure they are abiding by local code and adhering to local licensing requirements relating to adequate infrastructure for daily living and maintain policies and procedures to document these requirements.
- Incidents must be reported to the local authorities and maintained in a log to be made available for review.
- Operator must ensure the safe, effective, and equitable access to FDA approved overdose reversal medication and education.

Service Requirements:

- Operator must teach recovery skills as well as helping the residents develop relapse recovery plans.
- Operator promotes that residents work towards being employed, going to school and/or volunteering in the community based on their individual needs.
- Operator promotes and provides opportunities to be engaged in social groups and recreational activities.
- Operator provides structure and weekly activities that the residents can participate in.
- Operator must assist residents in developing and implementing a recovery plan that promotes independence and eventual discharge from the service.

All peer recovery support services provided by the Recovery House must adhere to *SAMHSA's Four Major Dimensions of Recovery:

1. Health - Overcoming or managing one's disease(s) or symptoms - for example, abstaining from use of alcohol, illicit drugs, and non-prescribed medication if one has an addiction problem- and for everyone in recovery making informed, healthy choices that support physical and emotional well-being.

2. Home - Having a stable and safe place to live.

3. Purpose - Conducting meaningful daily activities, such as a job, school, volunteerism, family caretaking, or creative endeavors, and the independence, income, and resources to participate in society.

4. Community - Having relationships and social networks that provide support, friendship, love, and hope.