

# STD Facts

## **Nongonococcal Urethritis (NGU) (caused by various organisms other than gonorrhea)**

### **SIGNS AND SYMPTOMS**

NGU Symptoms:

- Begin 1-3 weeks after exposure
- Most women and some men have no symptoms
- Clear, yellow or white pus from the penis
- Discharge or burning of the vagina
- Burning or pain during urination

### **TRANSMISSION**

NGU is Spread by:

- Vaginal sex
- Oral sex
- Anal sex

### **COMPLICATIONS/CONSEQUENCES**

If NGU is Left Untreated:

- Can lead to more serious infection
- Reproductive organs can be damaged
- May lead to infertility in men and women
- Can be spread to other sex partners

NGU and Pregnancy:

- Infected mother can pass germs to her baby during childbirth
- Infected baby can develop an eye infection or pneumonia

### **PREVENTION**

Recommendations to Reduce the Spread of NGU:

- Always use latex condoms during vaginal and anal sex
- Use a latex condom for oral sex on a penis
- Use a latex barrier for oral sex on a vagina or anus (dental dam or condom cut in half)
- Limit the number of sex partners
- Get a test from a doctor or other medical provider if infection suspected
- Notify sex partners immediately if infected
- Make sure sex partners are tested and treated

### **TREATMENT**

Treatment of NGU:

- NGU can be cured with proper medication from a doctor
- Partners should be treated at same time

NOTE: A person can be reinfected after treatment.

### **FOR MORE INFORMATION, CONTACT:**

Nevada State Health Division  
Bureau of Community Health  
HIV/AIDS STD TB Hepatitis Program  
505 East King Street, Room 103  
Carson City, Nevada 89701  
(775) 684-5902

CDC National STD and AIDS Hotlines  
1-800-227-8922; 1-800-243-7889 TTY