STD Facts

Chlamydia
(caused by *Chlamydia trachomatis*, a bacteria)

SIGNS AND SYMPTOMS

Chlamydia Symptoms:

• Begin 7-21 days after exposure
• Many people have no symptoms

Chlamydia Symptoms For Women:

• Abnormal vaginal bleeding or discharge
• Burning or pain during urination
• Pain in lower abdomen
• Anal discomfort

Chlamydia Symptoms for Men:

• Watery or thin white discharge from penis
• Burning or pain during urination
• Anal discomfort

TRANSMISSION

Chlamydia is Spread by:

• Vaginal sex
• Oral sex
• Anal sex

COMPLICATIONS/CONSEQUENCES

If Left Untreated, Chlamydia can:

• Lead to ectopic (tubal) pregnancy
• Lead to pelvic inflammatory disease
• Lead to infertility in men and women
• Spread to other sex partners

Chlamydia and Pregnancy:

• Can be passed to newborn during childbirth and cause serious eye infection or pneumonia
• Can lead to premature delivery and low birth weight

PREVENTION

Recommendations to Reduce the Spread of Chlamydia Infection:

• Latex condoms, when used consistently and correctly, can reduce the risk of transmission of chlamydia
• Always use latex condoms during vaginal and anal sex
• Use a latex condom for oral sex on a penis
• Use a latex barrier for oral sex on vagina or anus (dental dam or condom cut in half)
• Limit the number of sex partners
• Get a test from a doctor or other medical provider if infection is suspected
• Notify sex partners immediately if infected
• Make sure partners are tested and treated

TREATMENT

Treatment of Chlamydia:

• Appropriate medication prescribed by physician, taken exactly as directed (using doxycycline incorrectly will not cure chlamydia)
• Home remedies are not effective
• Partners should be treated at same time

NOTE: A person can be reinfected again and again after treatment.

FOR MORE INFORMATION, CONTACT:

Nevada State Health Division
Bureau of Community Health
HIV/AIDS STD TB Hepatitis Program
505 East King Street, Room 103
Carson City, Nevada 89701
(775) 684-5902

CDC National STD and AIDS Hotlines
1-800-227-8922; 1-800-243-7889TTY