

Pershing County

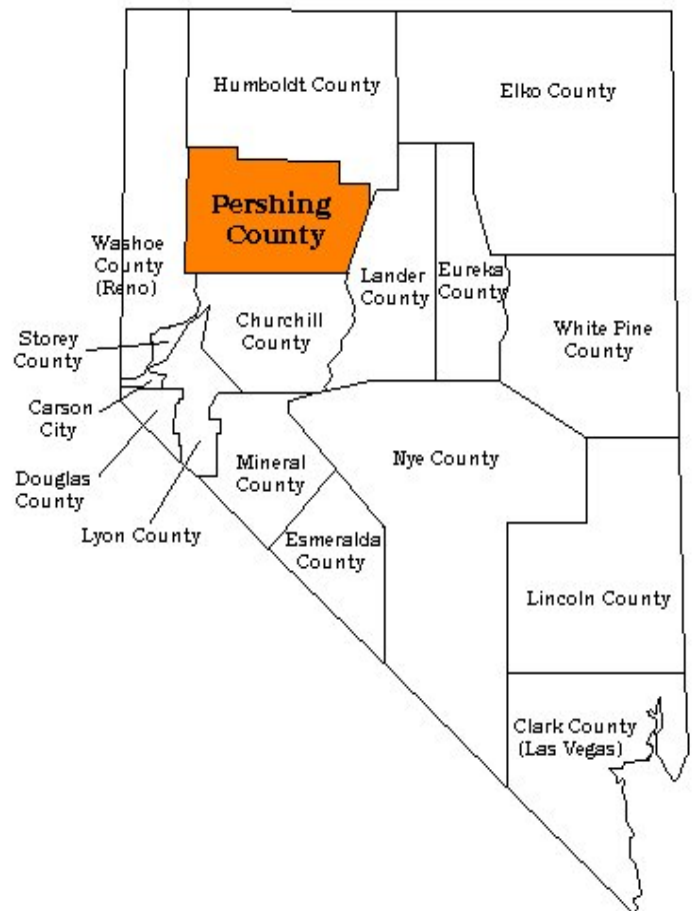


Population (2008)	7,192
Land Area (square miles)	6,037
Persons per square mile	1.2
Race/Ethnicity	
<ul style="list-style-type: none"> • White • Black • American Indian & Alaskan Native • Asian • Hispanic or Latino origin 	<ul style="list-style-type: none"> 74.0% 0.5% 4.7% 0.7% 20.2%
Median Household Income	\$57,230
Persons Below Poverty	15.6%

Population and race/ethnicity data are from the Nevada State Demographer; Income and poverty data are from the U.S. Census Bureau

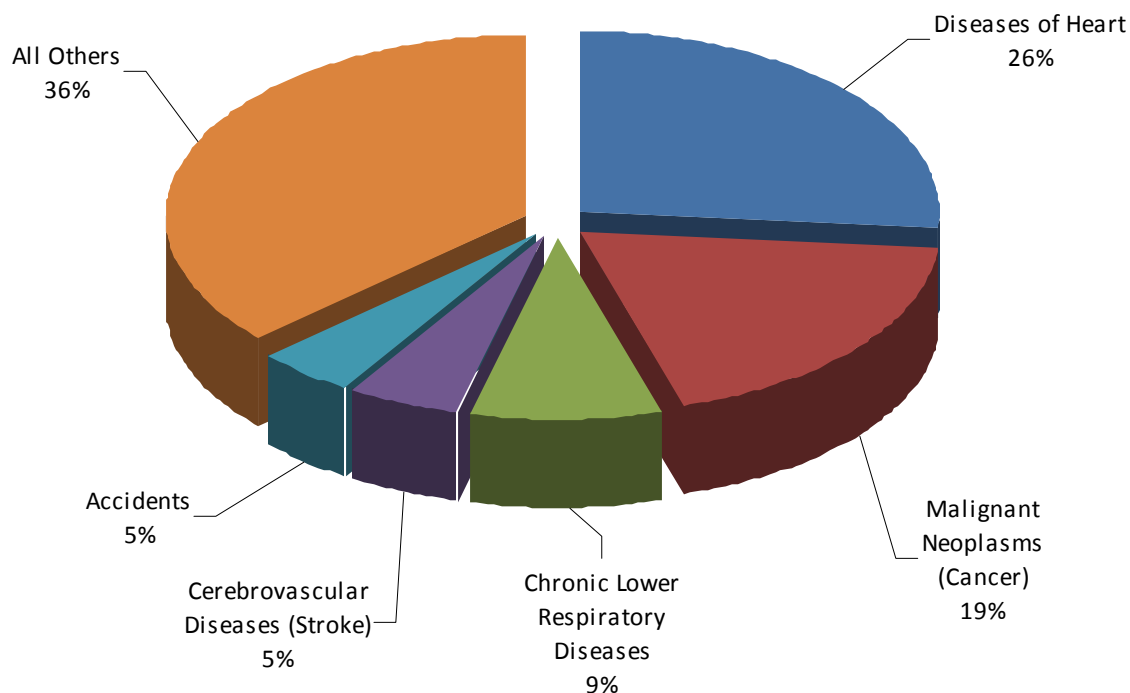
Healthy People Highlights:

- Pershing County had a lower hospitalization rate for hip fractures among males, ages 65 years and older, than Nevada from 2000-2008.
- The adolescent pregnancy rate among females, ages 15 to 17 years, for Pershing County decreased 43 percent from 2000-2008.
- The stroke mortality rates for both Pershing County and Nevada decreased from 2000-2008. The county's rate, dropped by more than one-half from 2000-2008.
- Pershing County's rate of nonfatal spinal cord injuries was over four times higher than the Nevada rate on average from 2000-2008.
- Pershing County's rate of methicillin resistant staphylococcus aureus (MRSA) infections more than quadrupled from 2000-2008.
- Pershing County's suicide death rate was three times higher than the Healthy People 2010 target from 2000-2008.
- Pershing County firearms related deaths were over 5 times the Healthy People 2010 target.



Leading Causes of Death

Pershing



2000 - 2008 Pooled Data

The list of Pershing County's top five leading causes of death was led by heart disease (26%), closely followed by malignant neoplasms—cancer (19%). Chronic lower respiratory diseases (9%), accidents (6%), and cerebrovascular diseases—stroke (5%) rounded out the list. All other causes of death accounted for the remaining 36% of the county's mortality.

Similarly, the leading cause of death for Nevada was heart disease (26%), followed by malignant neoplasms—cancer (23%), chronic lower respiratory diseases (6%), accidents (5%), and cerebrovascular diseases (5%).

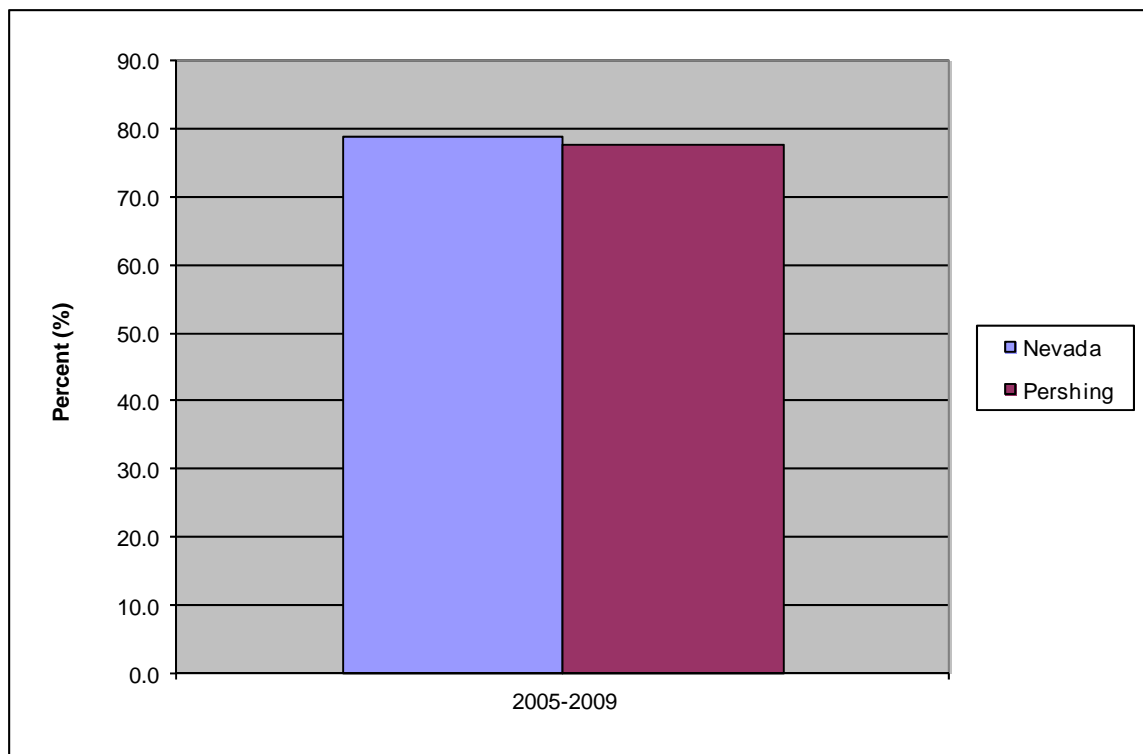
*The data are from Nevada Vital Statistics Records.
Note: 2007 and 2008 data are not final and are subject to change.

Access to Quality Health Services

Healthy People 2010 Objective (1-1): Increase the proportion of persons with health insurance.

Healthy People 2020 Objective AHS HP2020-1: Increase the proportion of persons with health insurance.

Aggregated Proportion of Persons with Health Insurance, Pershing County and Nevada, BRFSS Data, 2005 - 2009.*



The percentage of persons with health insurance averaged lower in Pershing County than in Nevada according to the Behavioral Risk Factor Surveillance System data for the years 2005—2009. The Healthy People 2010 goal of 100 percent was not met by either the state or the county.

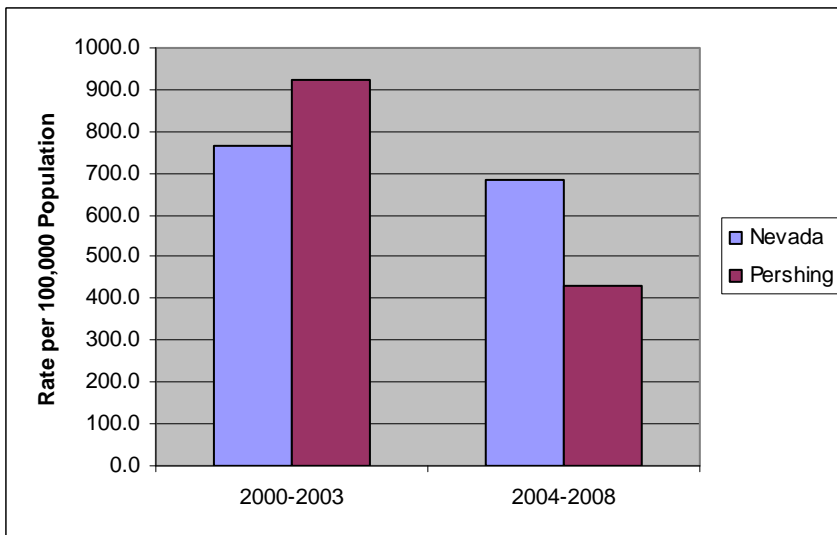
*These percentages are weighted to survey population characteristics. Not all counties were included in the survey results.

Arthritis, Osteoporosis, and Chronic Back Conditions

Healthy People 2010 Objective (15-28): Reduce hip fractures among females and males aged 65 and older.

Healthy People 2020 Objective AOCBC HP2020-11: Reduce hip fractures among older adults.

Aggregated Hospitalization Rate for Hip Fractures Among Females Aged 65 Years and Older, Pershing County and Nevada, 2000 - 2003 and 2004 - 2008.*



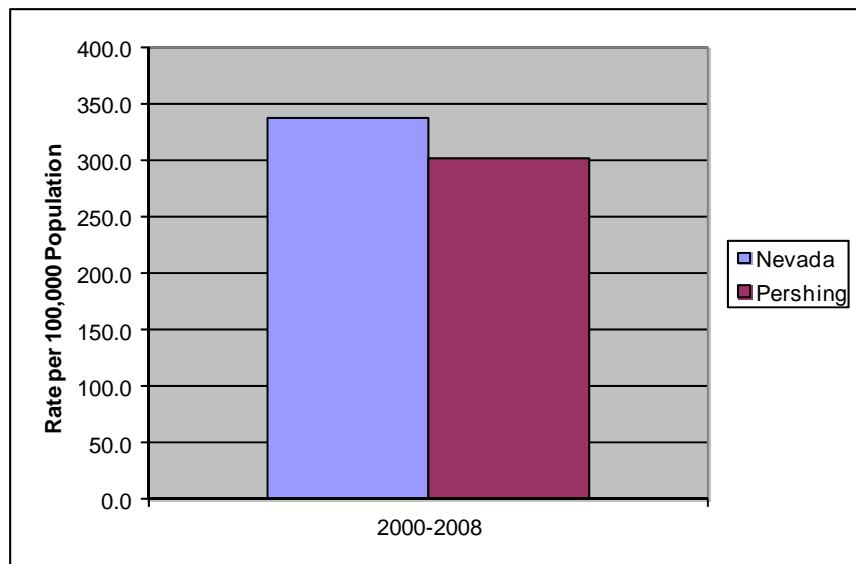
The hospitalization rates for hip fractures among females, ages 65 years and older, declined in both the state and in Pershing County from 2000-2008.

The county rate declined by more than half to meet the Healthy People 2010 target rate of 416 per 100,000 population on average for the years 2004-2008.

Aggregated Hospitalization Rate for Hip Fractures Among Males Aged 65 Years and Older, Pershing County and Nevada, 2000 - 2008.*

Pershing County had a lower hospitalization rate for hip fractures among males, ages 65 years and older, than Nevada on average from 2000-2008.

Both the county and the state met the Healthy People 2010 target rate of 474 per 100,000 population.



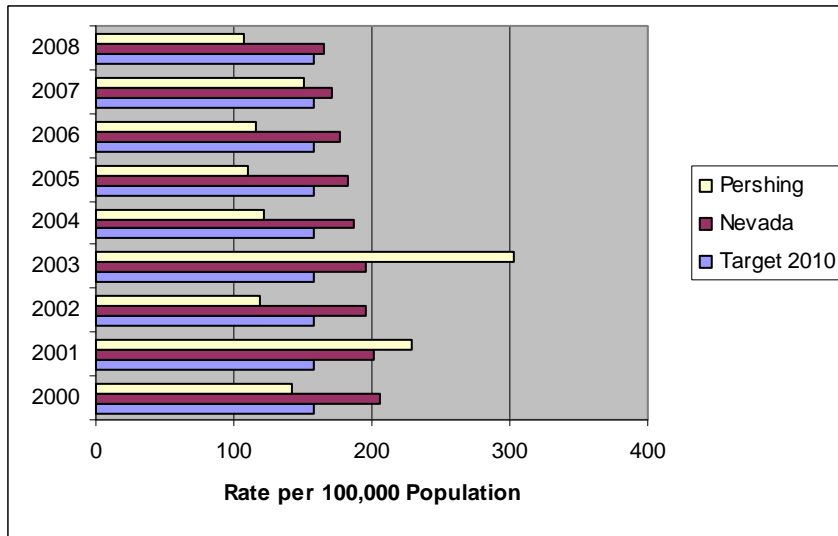
*The Nevada data are from Nevada Inpatient Hospital Discharge (NIHDD).

Cancer

Healthy People 2010 Objective (3-1): Reduce the overall cancer death rate.

Healthy People 2020 Objective C HP2020-1: Reduce the overall cancer death rate.

Age-Adjusted Overall Cancer Death Rate, Pershing County and Nevada, 2000 - 2008.*



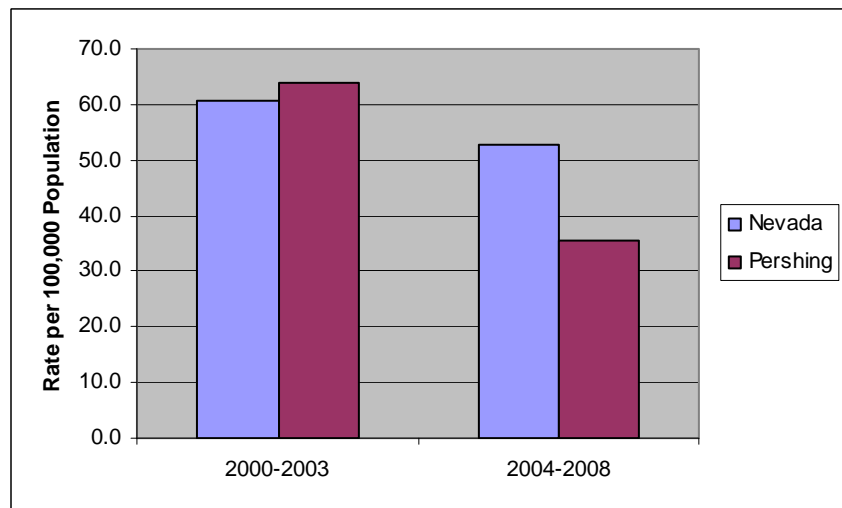
The Nevada State cancer mortality rate gradually declined from 2000-2008. While the Pershing County rate fluctuated.

Pershing County met the Healthy People 2010 target of 158 deaths per 100,000 population in 2000, 2002, and 2004-2008.

Healthy People 2010 Objective (3-2): Reduce the lung cancer death rate.

Healthy People 2020 Objective C HP2020-2: Reduce the lung cancer death rate.

Aggregated Age-Adjusted Lung Cancer Death Rate, Pershing County and Nevada, 2000 - 2003 and 2004 - 2008.*



Nevada and Pershing County both saw their lung cancer mortality rates decline during the reporting periods 2000-2003 and 2004-2008.

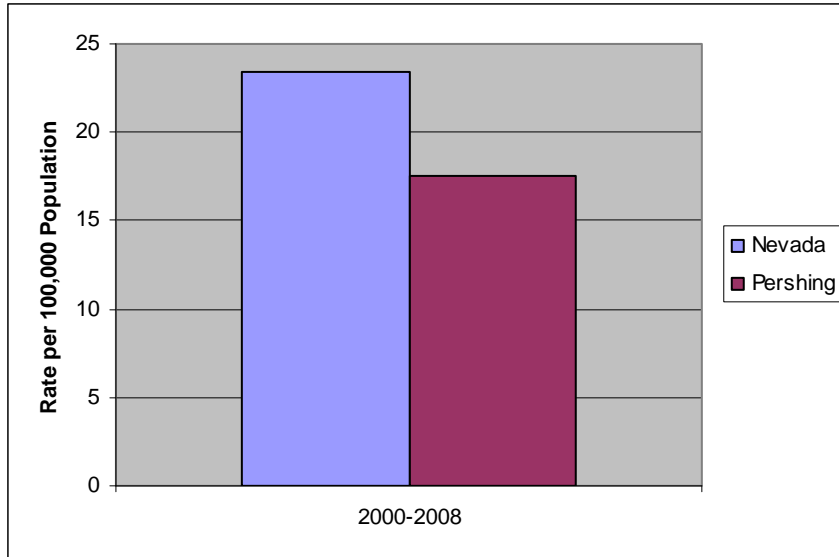
The county rate fell below the state rate in 2004-2008 and met the Healthy People 2010 target of 43.3 deaths per 100,000 population.

*These rates are age-adjusted to the 2000 U.S. standard population. The Nevada data are from Nevada Vital Statistics Records. Note: 2007 and 2008 data are not final and are subject to change.

Healthy People 2010 Objective (3-3): Reduce the breast cancer death rate.

Healthy People 2020 Objective C HP2020-3: Reduce the female breast cancer death rate.

Aggregated Age-Adjusted Female Breast Cancer Death Rate, Pershing County and Nevada, 2000 - 2008.*



On average from 2000-2008, Pershing County had a lower mortality rate for female breast cancer than the state.

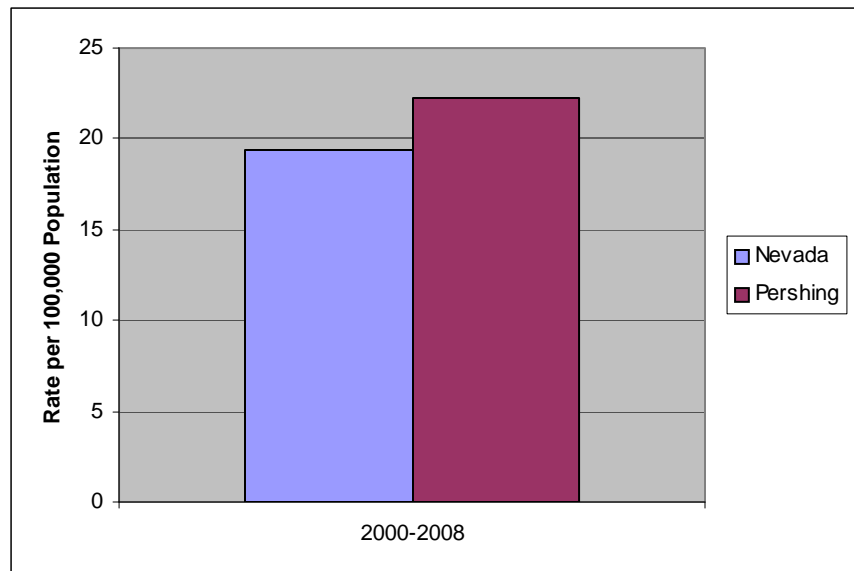
The county met the Healthy People 2010 target rate of 21.3 deaths per 100,000 population.

Healthy People 2010 Objective (3-5): Reduce the colorectal cancer death rate.

Healthy People 2020 Objective C HP2020-5: Reduce the colorectal cancer death rate.

Aggregated Age-Adjusted Colorectal Cancer Death Rate, Pershing County and Nevada, 2000 - 2008.*

The mortality rate for colorectal cancer was reported higher in Pershing County than Nevada during the years 2000 to 2008, averaging more than 70 percent higher than the Healthy People 2010 target rate of 13.7 deaths per 100,000 population.



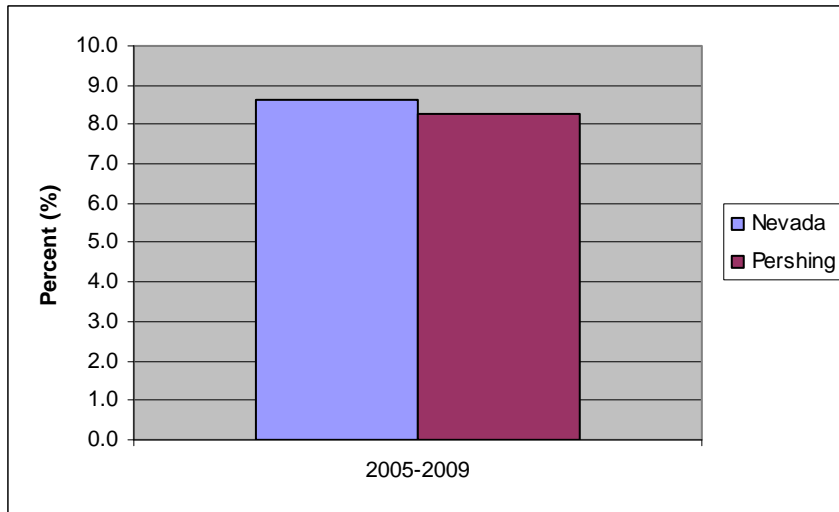
*These rates are age-adjusted to the 2000 U.S. standard population. The Nevada data are from Nevada Vital Statistics Records. Note: 2007 and 2008 data are not final and are subject to change.

Diabetes

Healthy People 2010 Objective (5-3): Reduce the overall rate of diabetes that is clinically diagnosed.

Healthy People 2020 Objective D HP2020-2: Reduce the annual number of new cases of diagnosed diabetes in the population.

Aggregated Proportion of Persons with Clinically Diagnosed Diabetes, Pershing County and Nevada, BRFSS Data, 2005 - 2009.*



According to Behavioral Risk Factor Surveillance System data, Pershing County reported a lower rate of persons with clinically diagnosed diabetes than Nevada during the years 2005—2009.

Both the state and the county average rates were more than twice as high as the Healthy People 2010 target of 3.8 percent.

*These percentages are weighted to survey population characteristics. Not all counties were included in the survey results.

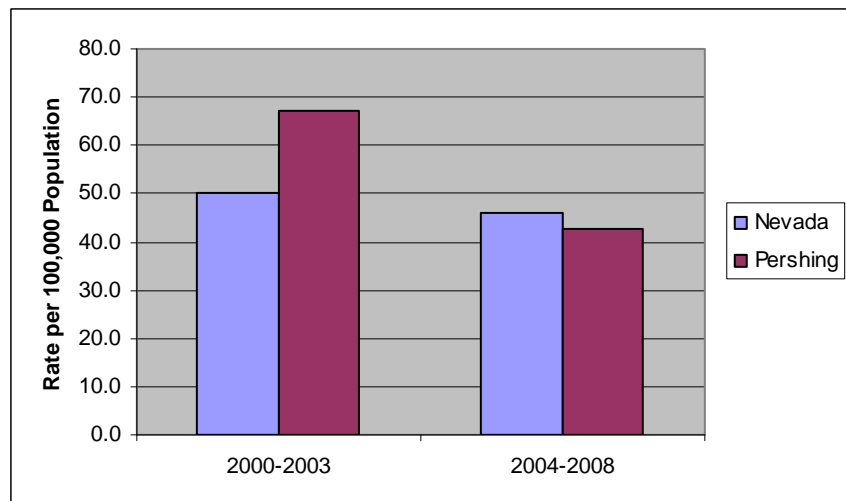
Healthy People 2010 Objective (5-5): Reduce the diabetes death rate.

Healthy People 2020 Objective D HP2020-3: Reduce the diabetes death rate.

Aggregated Age-Adjusted Diabetes Death Rate, Pershing County and Nevada, 2000 - 2003 and 2004 - 2008.*

The diabetes mortality rate in Pershing County decreased below the Nevada rate over the reported years 2000 to 2008.

Pershing County met the Healthy People 2010 target rate of 46 deaths per 100,000 population on average for the years 2004-2008.



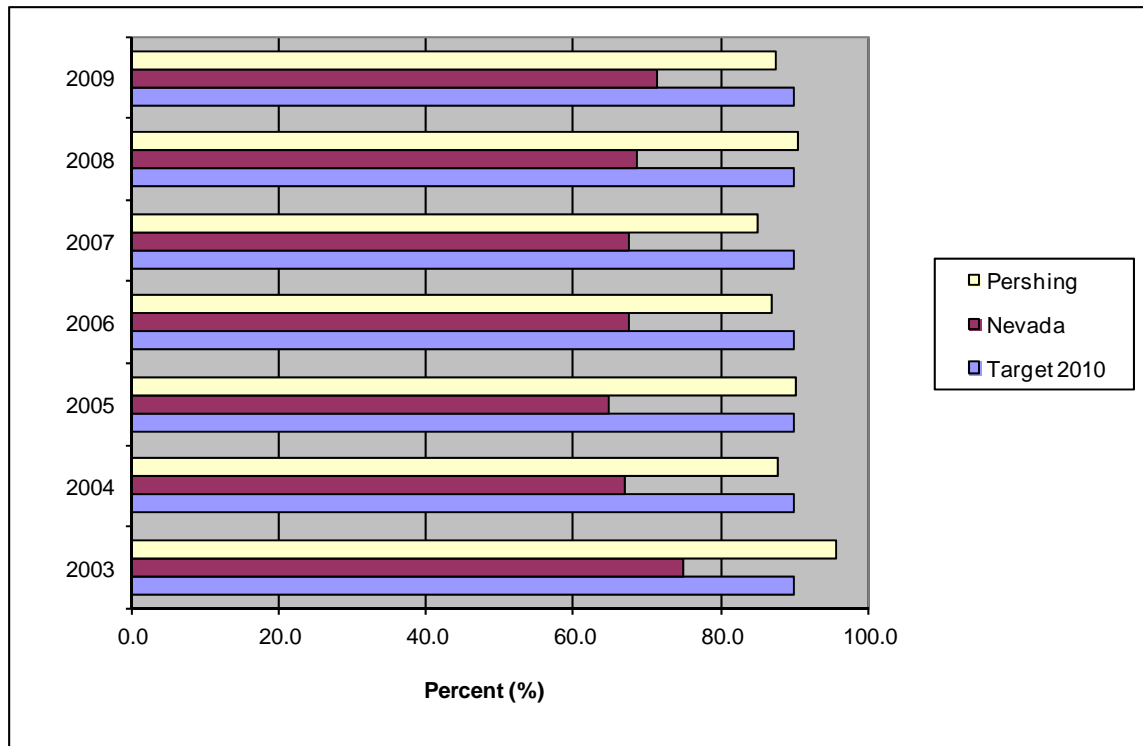
*These rates are age-adjusted to the 2000 U.S. standard population. The Nevada data are from Nevada Vital Statistics Records. Note: 2007 and 2008 data are not final and are subject to change.

Education and Community-Based Programs

Healthy People 2010 Objective ECBP HP2010-1: Increase high school completion.

Healthy People 2020 Objective ECBP HP2020-6: Increase the proportion of the population that completes high school education.

High School Completion Rate (Percent), Pershing County and Nevada, 2003 - 2009.*



The high school completion rate for Pershing County fluctuated around the Healthy People 2010 target of 90 percent during the years 2003-2009. Pershing County met or exceeded the target in 2003, 2005, and 2008.

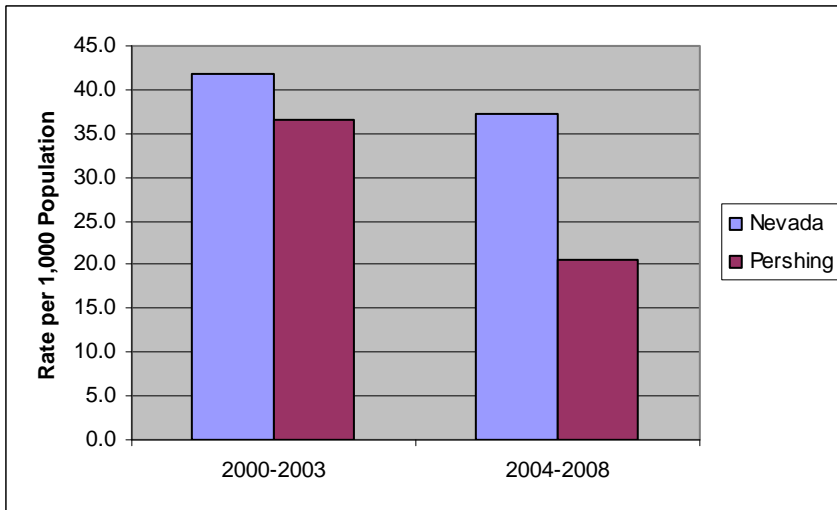
*The Nevada data are from the Nevada Annual Reports of Accountability.

Family Planning

Healthy People 2010 Objective (9-7): Reduce pregnancies among adolescent females.

Healthy People 2020 Objective FP HP2020–8: Reduce pregnancies among adolescent females, aged 15-17 and aged 18-19.

Aggregated Adolescent Pregnancy Rate Among Females Aged 15 to 17 Years, Pershing County and Nevada, 2000 - 2003 and 2004 - 2008.*



The adolescent pregnancy rate among females, ages 15 to 17 years, decreased in Pershing County from 2000-2008. The Nevada rate also decreased, but at a slower pace during the same reporting period.

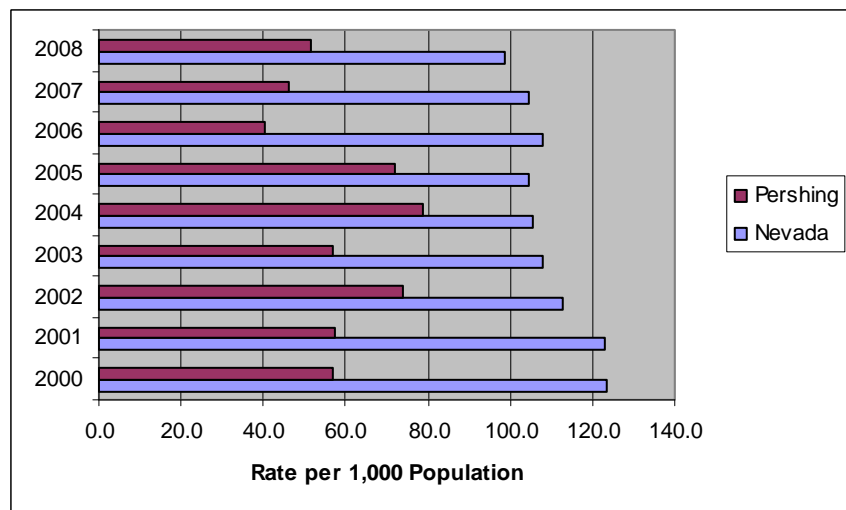
Both Nevada and Pershing County met the Healthy People 2010 target rate of 39 per 1,000 population on average for 2004-2008.

The adolescent pregnancy rate among females, ages 18 to 19 years, increased in Pershing County from 2006-2008.

The state rate averaged twice that of the county.

This is a new objective for Healthy People 2020, so no Healthy People 2010 target exists.

Adolescent Pregnancy Rate Among Females Aged 18 to 19 Years, Pershing County and Nevada, 2000 - 2008.*

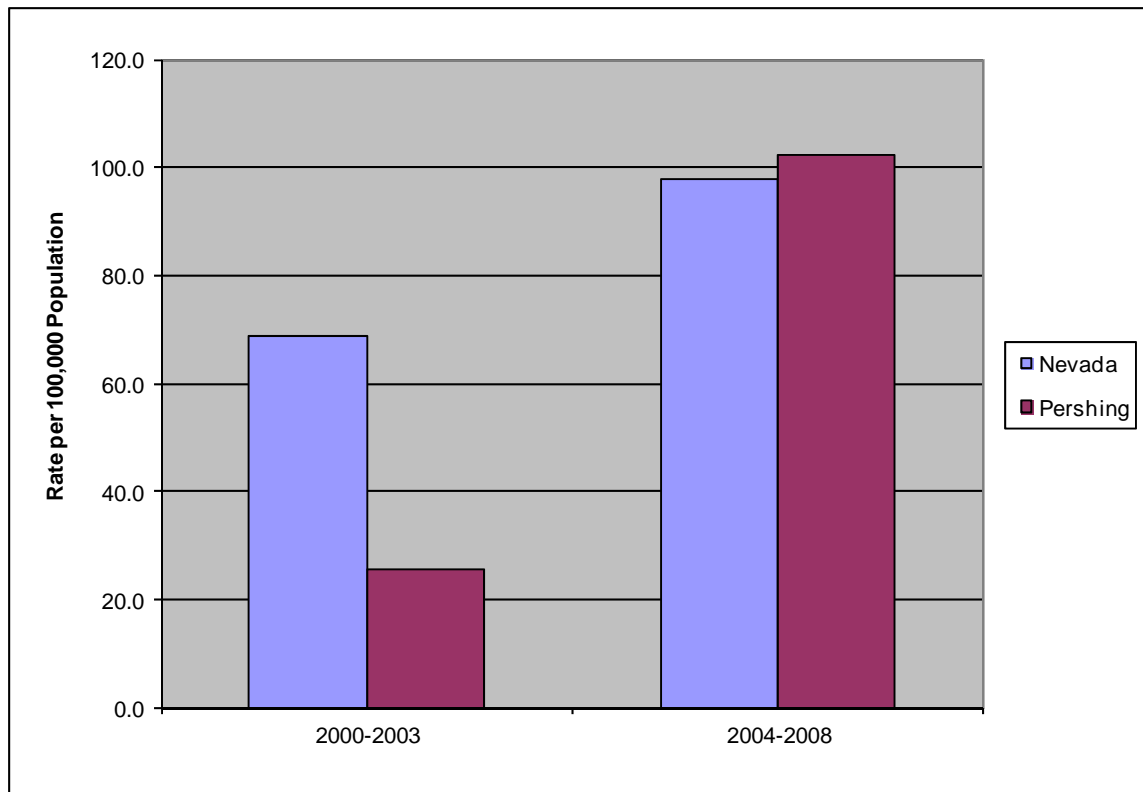


*The Nevada data are from Nevada Vital Statistics Records.
Note: 2008 data are not final and are subject to change.

Healthcare-Associated Infections

Healthy People 2020 Objective HAI HP2020-2: Reduce invasive methicillin-resistant staphylococcus aureus (MRSA) infections.

Aggregated Rate of Invasive Methicillin-Resistant Staphylococcus Aureus (MRSA) Infections, Pershing County and Nevada, 2000 - 2003 and 2004 - 2008.*



The rate of invasive methicillin resistant staphylococcus aureus (MRSA) infections increased for both Nevada and Pershing County from 2000-2008. Pershing County's rate more than quadrupled.

The Pershing County MRSA infection rate averaged over 15 times the new Healthy People 2020 target rate of 6.56 infections per 100,000 population during the years 2004-2008.

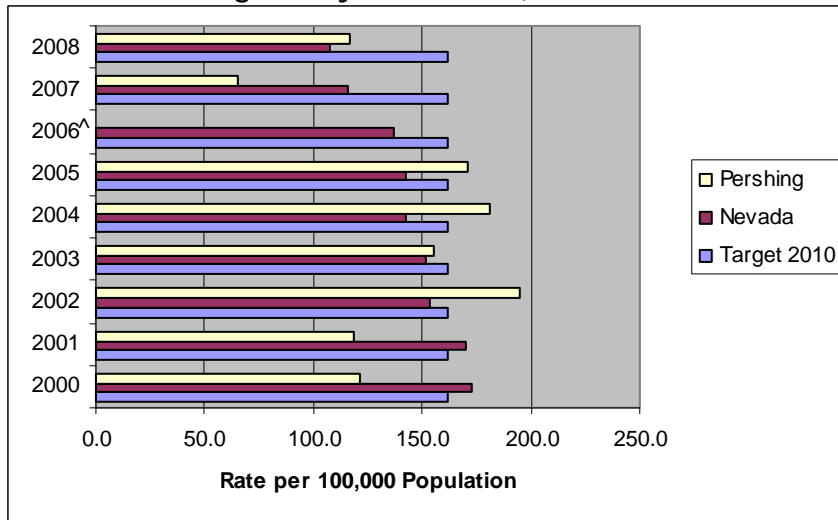
*These rates are age-adjusted to the 2000 U.S. standard population. Nevada data are from the Nevada Inpatient Hospital Discharge Database (NIHDD).

Heart Disease and Stroke

Healthy People 2010 Objective (12-1): Reduce coronary heart disease deaths.

Healthy People 2020 Objective HDS HP2020-2: Reduce coronary heart disease deaths.

Age-Adjusted Coronary Heart Disease Death Rate, Pershing County and Nevada, 2000 - 2008.*



The coronary heart disease mortality rate for Pershing County fluctuated from 2000-2008.

Both the state and county rates were lower than the Healthy People 2010 target rate of 162 per 100,000 population from 2006-2008.

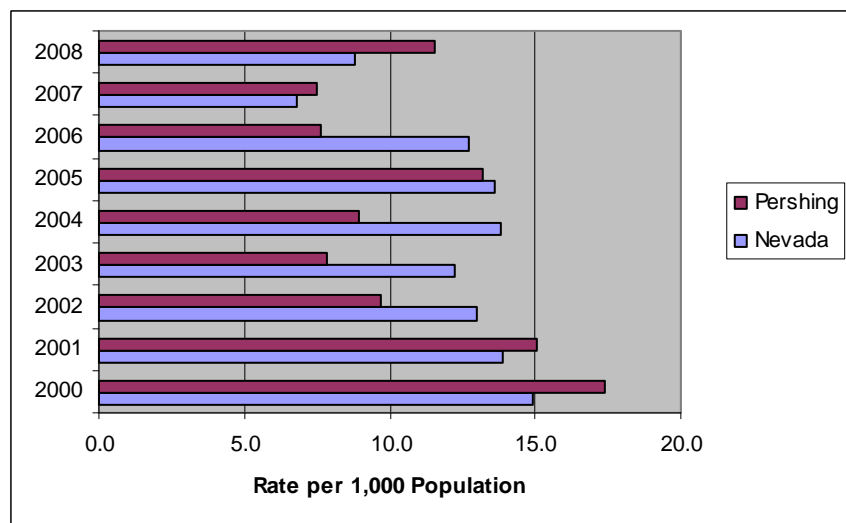
[^] 2006 data are not available for Pershing County due to small counts.

*These rates are age-adjusted to the 2000 U.S. standard population. The Nevada data are from Nevada Vital Statistics Records. Note: 2007 and 2008 data are not final and are subject to change.

Healthy People 2010 Objective (12-6.): Reduce the rate hospitalizations of older adults aged 65 years and older with congestive heart failure.

Hospitalization Rate of Older Adults Aged 65 Years and Older With Congestive Heart Failure, Pershing County and Nevada, 2000 - 2008.*

The hospitalization rate of older adults, ages 65 years and older, with congestive heart failure fluctuated for both Pershing County and Nevada during the years 2000 to 2008. The overall trends for both declined.

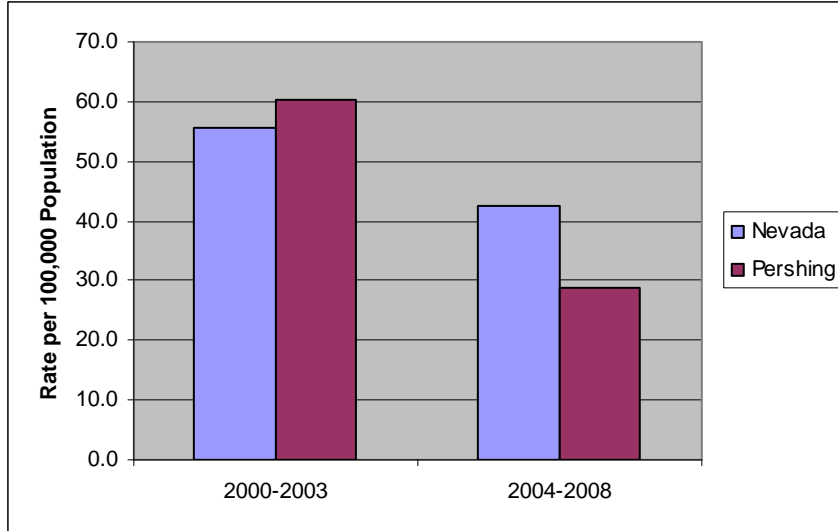


*The Nevada data are from Nevada Inpatient Hospital Discharge (NIHDD).

Healthy People 2010 Objective (12-7): Reduce stroke deaths.

Healthy People 2020 Objective HDS HP2020-3: Reduce stroke deaths.

Aggregated Age-Adjusted Stroke Death Rate, Pershing County and Nevada, 2000 - 2003 and 2004 - 2008.*



The stroke mortality rates for both Pershing County and Nevada decreased from 2000-2008.

The county's rate decreased by more than one-half to meet the Healthy People 2010 target of 50 deaths per 100,000 population.

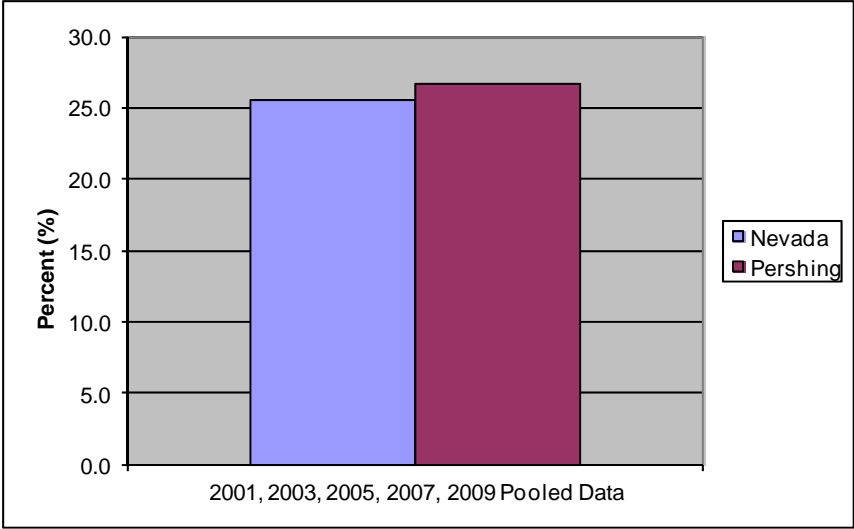
*These rates are age-adjusted to the 2000 U.S. standard population. The Nevada data are from Nevada Vital Statistics Records. Note: 2007 and 2008 data are not final and are subject to change.

Healthy People 2010 Objective (12-9a.): Reduce the proportion of adults with high blood pressure.

Healthy People 2020 Objective HDS HP2020-5.1: Reduce the proportion of adults with hypertension.

Aggregated Proportion of Adults with High Blood Pressure, Pershing County and Nevada, BRFSS Data, 2001, 2003, 2005, 2007, 2009.*

According to the Behavioral Risk Factor Surveillance System data from 2001-2009, the proportion of adults with high blood pressure in Pershing County was 85 percent higher than the Healthy People goal of 14 percent.



*These percentages are weighted to survey population characteristics. Not all counties were included in the survey results.

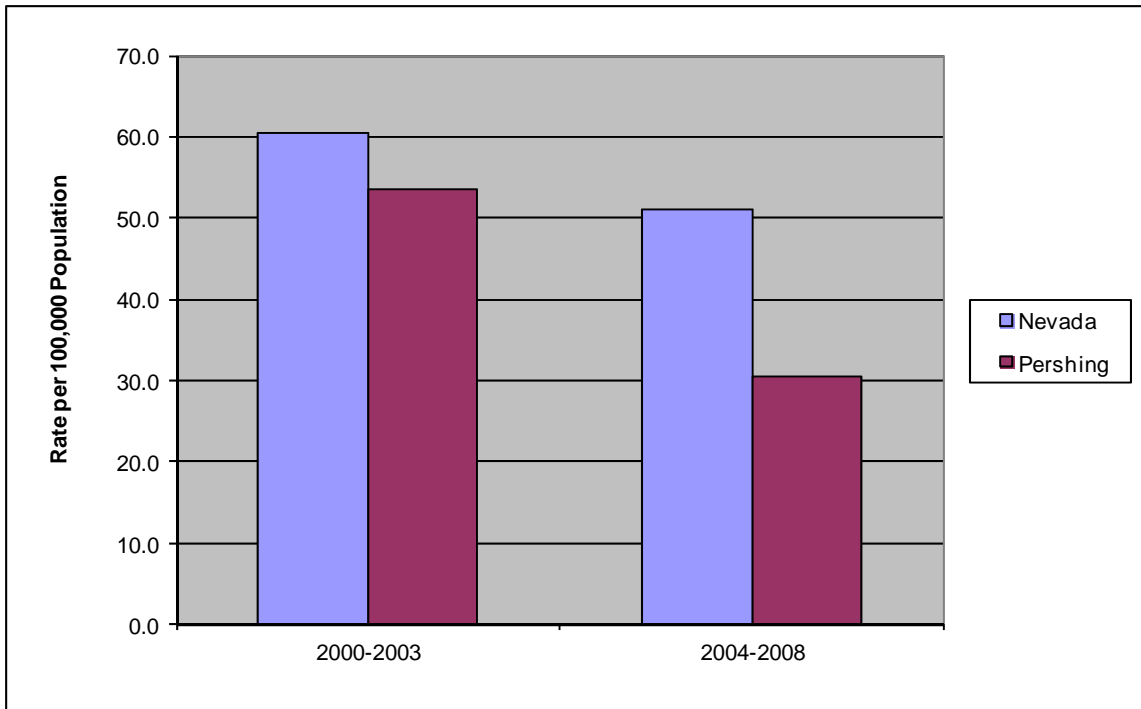
Immunization and Infectious Diseases

Healthy People 2010 Objective (14-17): Reduce hospitalization caused by peptic ulcer disease in the United States.

Healthy People 2020 Objective IID HP2020-10: Reduce hospitalization caused by peptic ulcer disease in the United States.

NOTE: This objective was removed from the final HP 2020 release.

Aggregated Age-Adjusted Rate of Hospitalizations for Peptic Ulcer Disease, Pershing County and Nevada, 2000 - 2003 and 2004 - 2008*.



The average rate of hospitalizations for peptic ulcer disease declined in both Pershing County and the state over the years 2000—2008. The county rate dropped by 44 percent on average from 2000-2008.

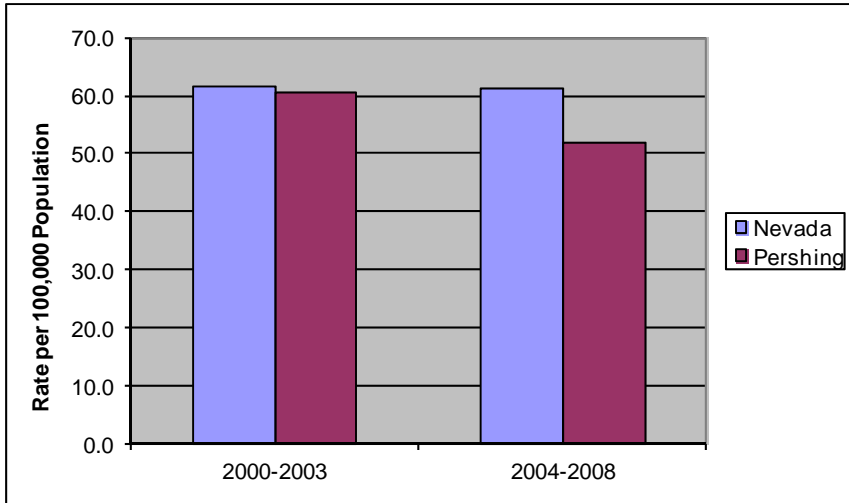
*These rates are age-adjusted to the 2000 U.S. standard population. The Nevada data are from the National Electronic Telecommunications System for Surveillance (NEDSS).

Injury and Violence Prevention

Healthy People 2010 Objective (15-1): Reduce hospitalizations for nonfatal head injuries.

Healthy People 2020 Objective IVP HP2020-2.2: Reduce hospitalizations for nonfatal traumatic brain injuries.

Aggregated Hospitalization Rate for Nonfatal Head Injuries, Pershing County and Nevada, 2000 - 2003 and 2004 - 2008.*



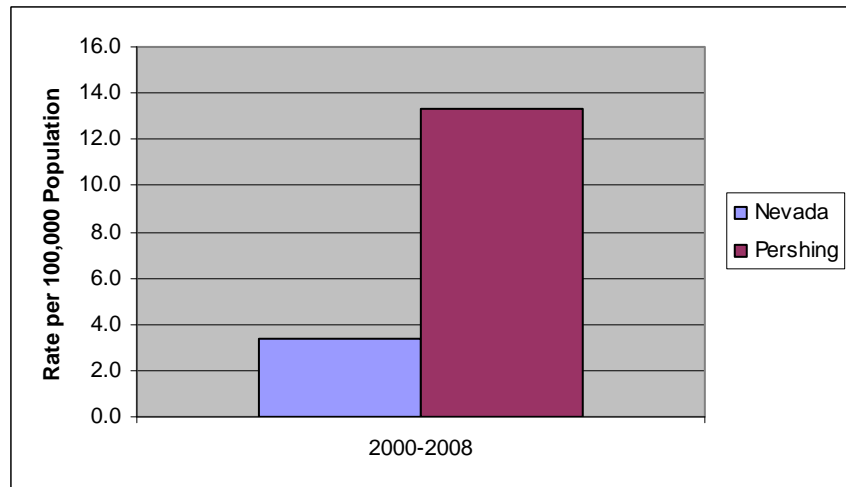
The hospitalization rate for nonfatal head injuries decreased by 20 percent from 2000-2008 in Pershing County, but still did not meet the Healthy People 2010 target of 41.2 per 100,000 population.

Healthy People 2010 Objective (15-2): Reduce hospitalizations for nonfatal spinal cord injuries.

Healthy People 2020 Objective IVP HP2020-3: Reduce fatal and nonfatal traumatic spinal cord injuries.

Aggregated Hospitalization Rate for Nonfatal Spinal Cord Injuries, Pershing County and Nevada, 2000 - 2008.*

Pershing County's rate for nonfatal spinal cord injuries was over four times higher than the Nevada average and five times higher than the Healthy People 2010 target of 2.4 per 100,000 population from 2000-2008.

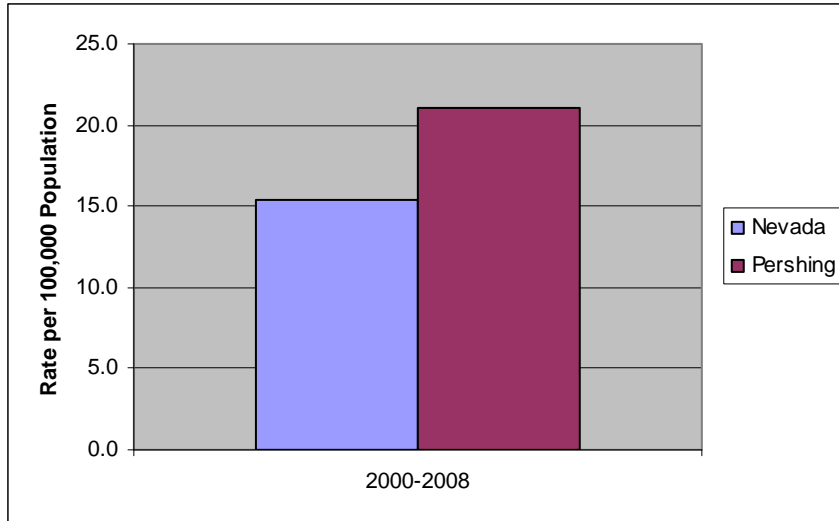


*The Nevada data are from the Nevada Inpatient Hospital Discharge Database (NIHDD).

Healthy People 2010 Objective (15-3): Reduce firearm-related deaths.

Healthy People 2020 Objective IVP HP2020-30: Reduce firearm-related deaths.

Aggregated Age-Adjusted Firearm Related Death Rate, Pershing County and Nevada, 2000 - 2008.*



On average from 2000-2008, the rate of firearm related deaths in Pershing County was more than five times the Healthy People 2010 target rate of 3.6 deaths per 100,000 population.

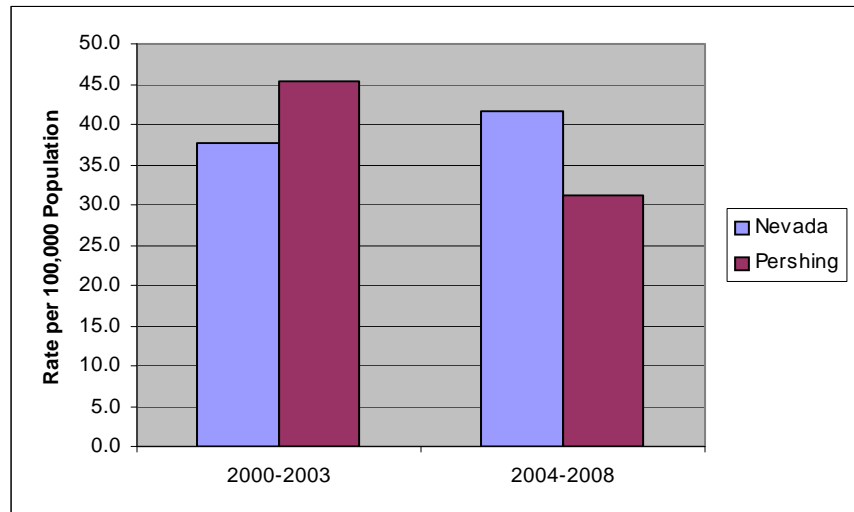
Healthy People 2010 Objective (15-13): Reduce deaths caused by unintentional injuries.

Healthy People 2020 Objective IVP HP2020-11: Reduce unintentional injury deaths.

Aggregated Age-Adjusted Death Rate Caused by Unintentional Injuries, Pershing County and Nevada, 2000 - 2003 and 2004 - 2008.*

The unintentional injury mortality rate increased in Nevada and decreased in Pershing County during the years 2000 to 2008.

The Pershing County rate was still almost double the Healthy People 2010 target rate of 17.1 deaths per 100,000 population in the most recent years of data, 2004-2008.

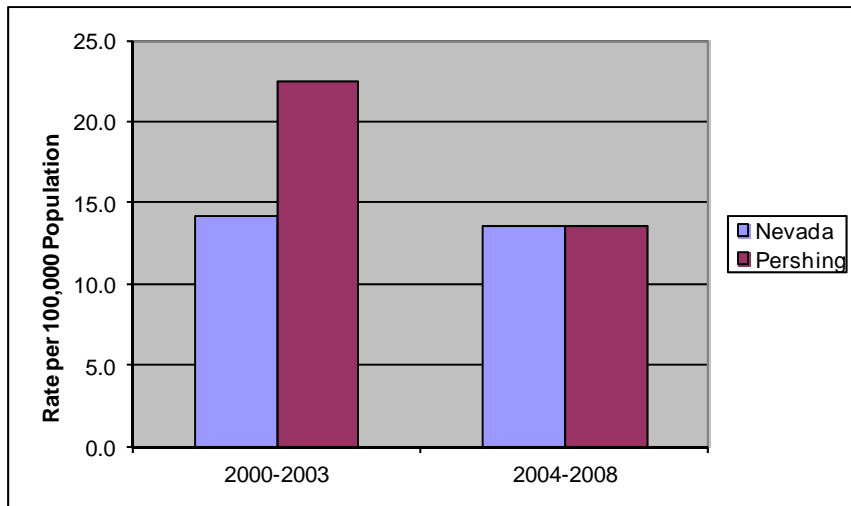


*These rates are age-adjusted to the 2000 U.S. standard population. The Nevada data are from Nevada Vital Statistics Records. Note: 2007 and 2008 data are not final and are subject to change.

Healthy People 2010 Objective (15-15a.): Reduce deaths caused by motor vehicle crashes.

Healthy People 2020 Objective IVP HP2020-13: Reduce motor vehicle crash-related deaths.

Aggregated Age-Adjusted Death Rate Caused by Motor Vehicle Crashes, Pershing County and Nevada, 2000 - 2003 and 2004 - 2008.*



From 2000-2008, the motor vehicle crash mortality rate decreased 40 percent in Pershing County, to meet the state average.

Neither the state nor the county met the Healthy People 2010 target rate of 8.0 deaths per 100,000 population.

*These rates are age-adjusted to the 2000 U.S. standard population. The Nevada data are from Nevada Vital Statistics Records. Note: 2007 and 2008 data are not final and are subject to change.

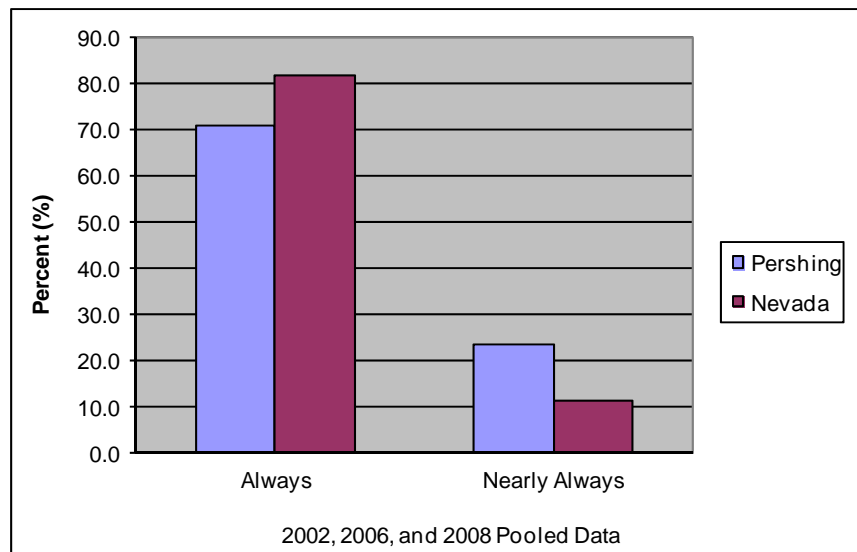
Healthy People 2010 Objective (15-19): Increase the use of safety belts.

Healthy People 2020 Objective IVP HP2020-15: Increase use of safety belts.

Aggregated Percentage of People Who Report Always or Nearly Always Using Safety Belts, Pershing County and Nevada, BRFSS Data, 2002, 2006, 2008.*

Pershing County had a higher rate of persons always using safety belts than Nevada did for the years 2002-2008.

Both Nevada and Pershing County met the Healthy People 2010 goal of 89 percent.



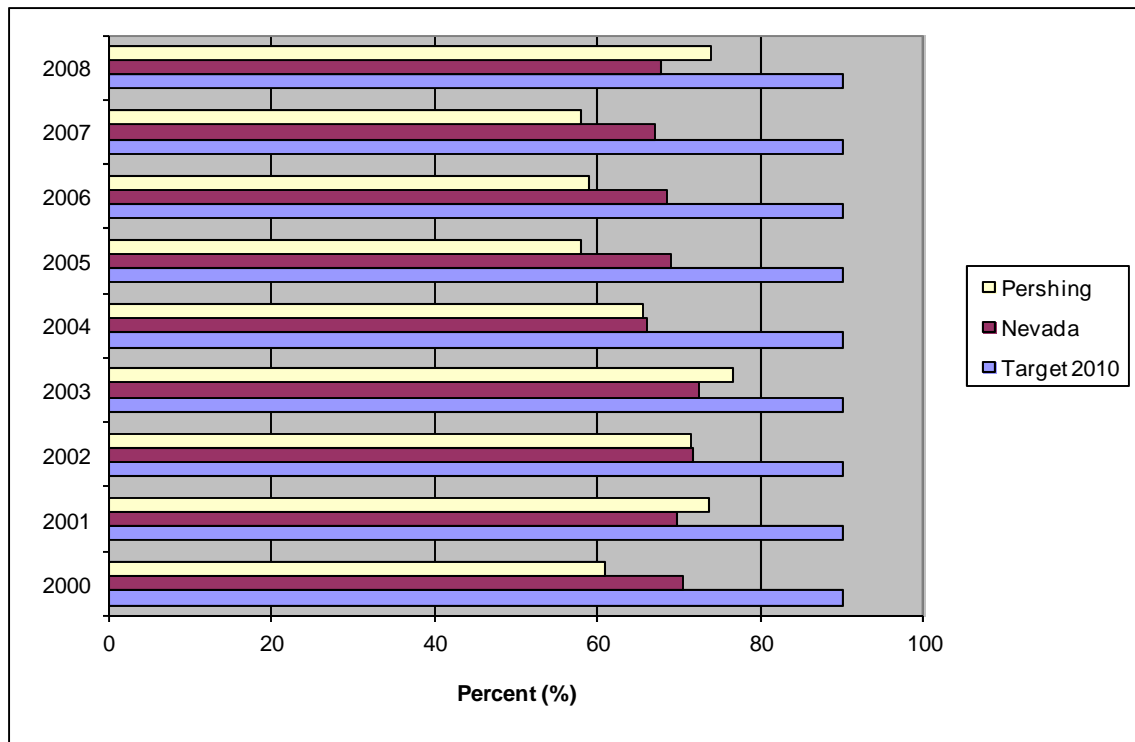
*These percentages are weighted to survey population characteristics. Not all counties were included in the survey results.

Maternal, Infant, Child Health

Healthy People 2010 Objective (16-6b.): Increase the proportion of pregnant women receiving early and adequate prenatal care.

Healthy People 2020 Objective MICH HP2020-10: Increase the proportion of women receiving early and adequate prenatal care.

Proportion of Pregnant Women Receiving Early and Adequate Prenatal Care, Pershing County and Nevada, 2000 - 2008.*



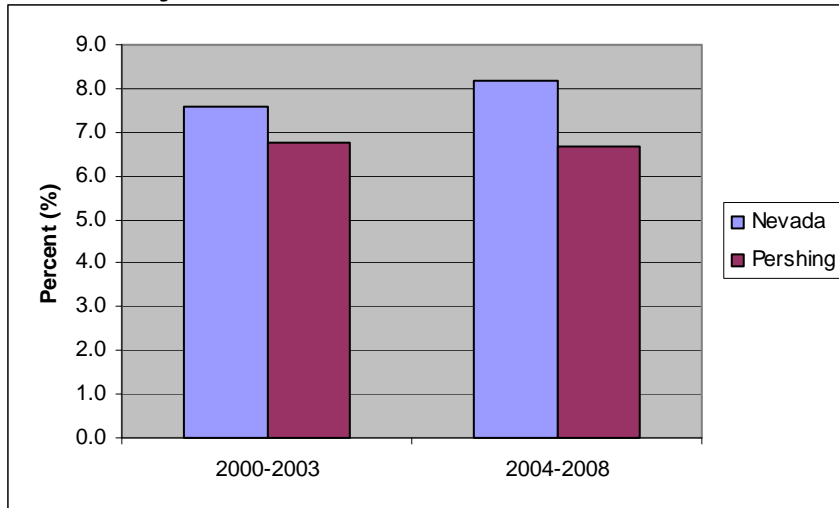
The percentage of pregnant women receiving prenatal care in the first trimester of pregnancy fluctuated for Nevada and Pershing County during the years 2000—2008. The Healthy People 2010 objective of 90 percent was not met by either the county or the state.

*The Nevada data are from Nevada Vital Statistics Records.
Note: 2008 data are not final and are subject to change.

Healthy People 2010 Objective (16-10a.): Reduce the proportion of low birth weight infants.

Healthy People 2020 Objective MICH HP2020-8.1: Reduce the proportion of low birth weight infants.

Aggregated Proportion of Low Birth Weight Infants, Pershing County and Nevada, 2000 - 2003 and 2004 - 2008.*



The percentage of low birth weight infants increased in Nevada, and slightly decreased in Pershing County during the years 2000 to 2008.

Neither the state nor the county met the Healthy People 2010 goal of 5 percent.

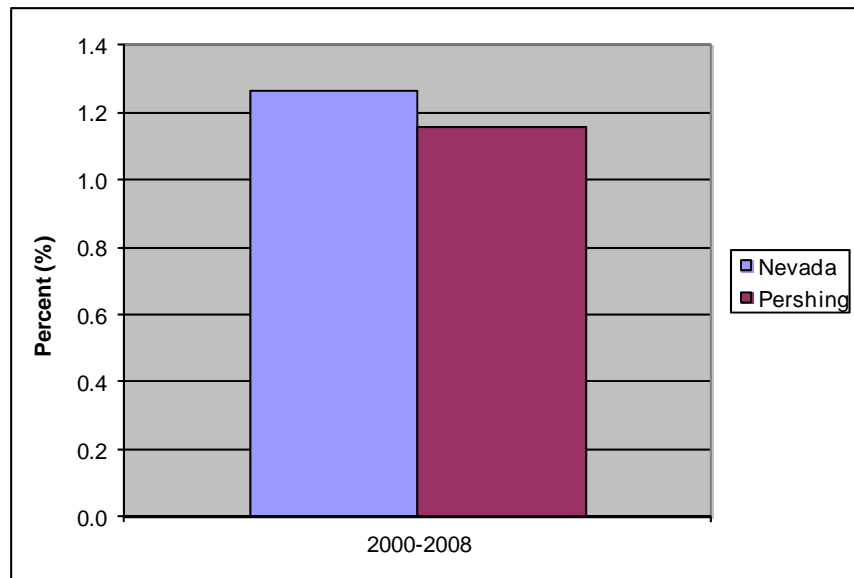
Healthy People 2010 Objective (16-10b.): Reduce the proportion of very low birth weight infants.

Healthy People 2020 Objective MICH HP2020-8.2: Reduce the proportion of very low birth weight infants.

Aggregated Proportion of Very Low Birth Weight Infants, Pershing County and Nevada, 2000 - 2008.*

The percentage of very low birth weight infants averaged lower in Pershing County than Nevada overall between 2000-2008.

Neither Nevada nor Pershing County met the Healthy People 2010 target of .9 percent.

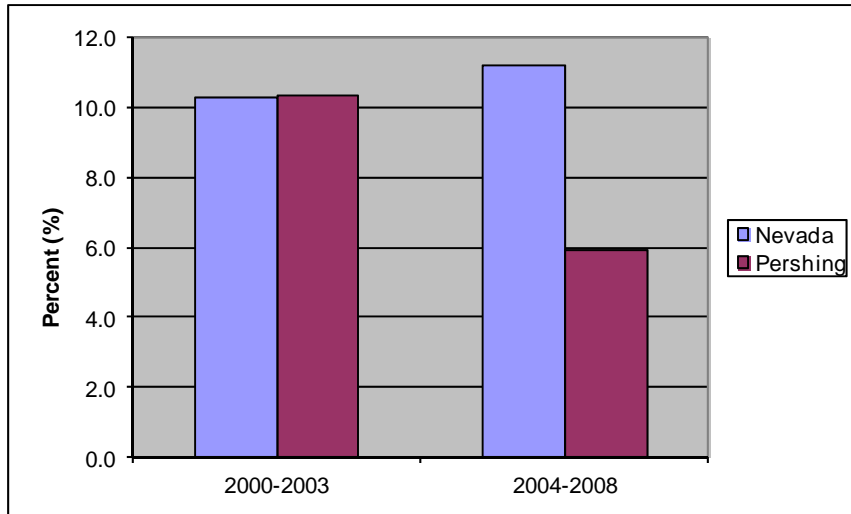


* The Nevada data are from Nevada Vital Statistics Records.
 Note: 2008 data are not final and are subject to change.

Healthy People 2010 Objective (16-11a.): Reduce preterm birth, infants born prior to 37 completed weeks of gestation.

Healthy People 2020 Objective MICH HP2020-9.1: Reduce total preterm births.

Aggregated Proportion of Pre-Term Births, Infants Born Prior to 37 Completed Weeks of Gestation, Pershing County and Nevada, 2000 - 2003 and 2004 - 2008.*



The proportion of pre-term births, infants born prior to 37 completed weeks of gestation, increased slightly for the state and decreased by 40 percent in Pershing County from 2000-2008.

On average from 2004-2008, Pershing County met the Healthy People 2010 target of 7.6 percent.

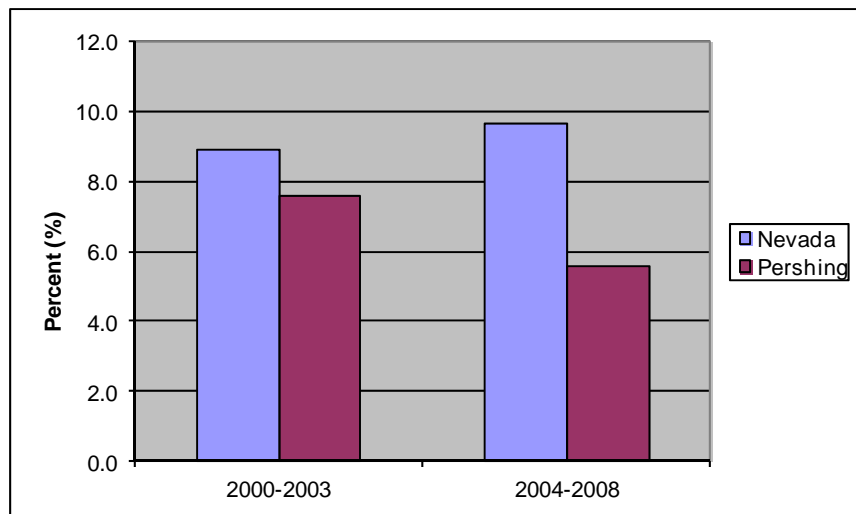
Healthy People 2010 Objective (16-11b.): Reduce the proportion of live births at 32 to 36 completed weeks of gestation.

Healthy People 2020 Objective MICH HP2020-9.2: Reduce the proportion of live births at 34 to 36 completed weeks of gestation.

Aggregated Proportion of Live Births at 32 to 36 Completed Weeks of Gestation, Pershing County and Nevada, 2000 - 2003 and 2004 - 2008.*

The percentage of live births at 32 to 36 completed weeks of gestation, increased in the state, and decreased in Pershing County from 2000—2008.

On average from 2004-2008, Pershing County met the Healthy People 2010 goal of 6.4 percent.

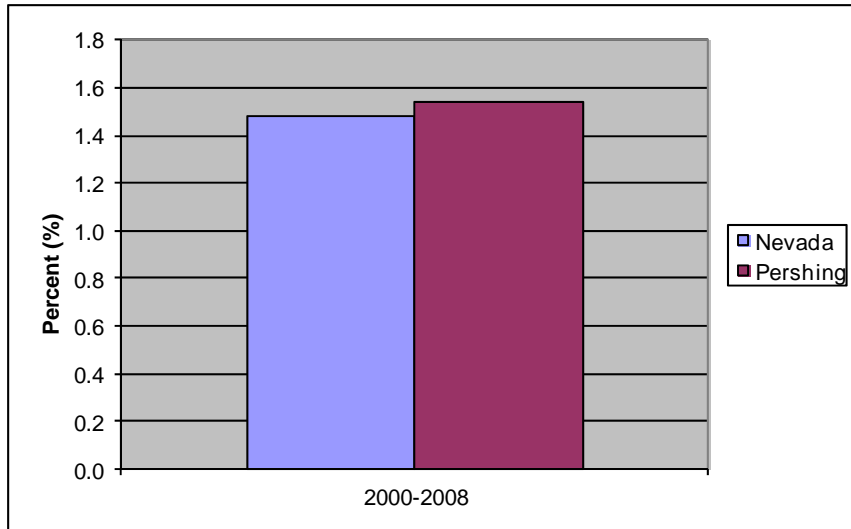


*The Nevada data are from Nevada Vital Statistics Records.
Note: 2008 data are not final and are subject to change.

Healthy People 2010 Objective (16-11c.): Reduce the proportion of live births at less than 32 completed weeks of gestation.

Healthy People 2020 Objective MICH HP2020-9.4: Reduce the proportion of very preterm or live births at less than 32 completed weeks of gestation.

Aggregated Proportion of Live Births at Less Than 32 Completed Weeks of Gestation, Pershing County and Nevada, 2000 - 2008.*



On average from 2000-2008, the percentage of live births at less than 32 completed weeks of gestation was higher in Pershing County than Nevada overall.

Neither the state nor the county met the Healthy People 2010 target of 1.1 percent.

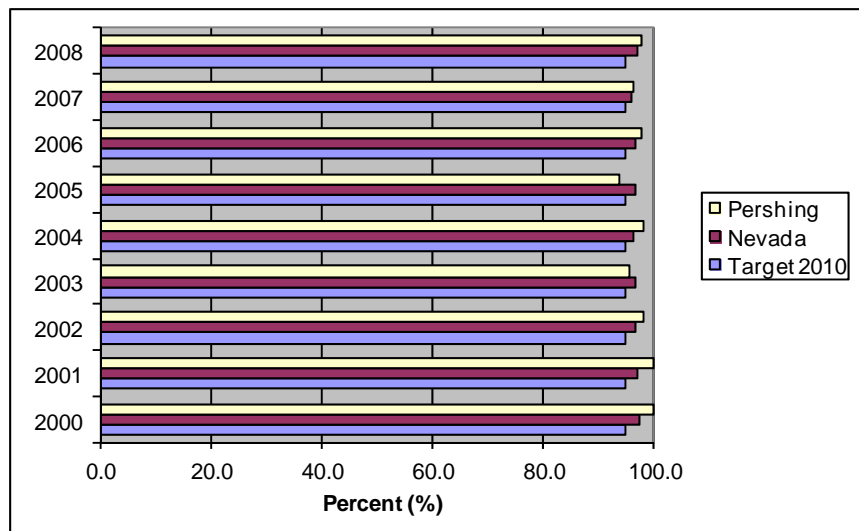
Healthy People 2010 Objective (16-17a.): Increase the proportion of pregnant women abstaining from alcohol.

Healthy People 2020 Objective MICH HP2020-11.1: Increase abstinence from alcohol among pregnant women.

Proportion of Pregnant Women, Aged 15 to 44, Abstaining from Alcohol, Pershing County and Nevada, 2000 - 2008.*

The percentage of pregnant women abstaining from alcohol fluctuated for both the state and Pershing County from 2000-2008.

The Healthy People 2010 goal of 95 percent was met every year except 2005 in Pershing County.

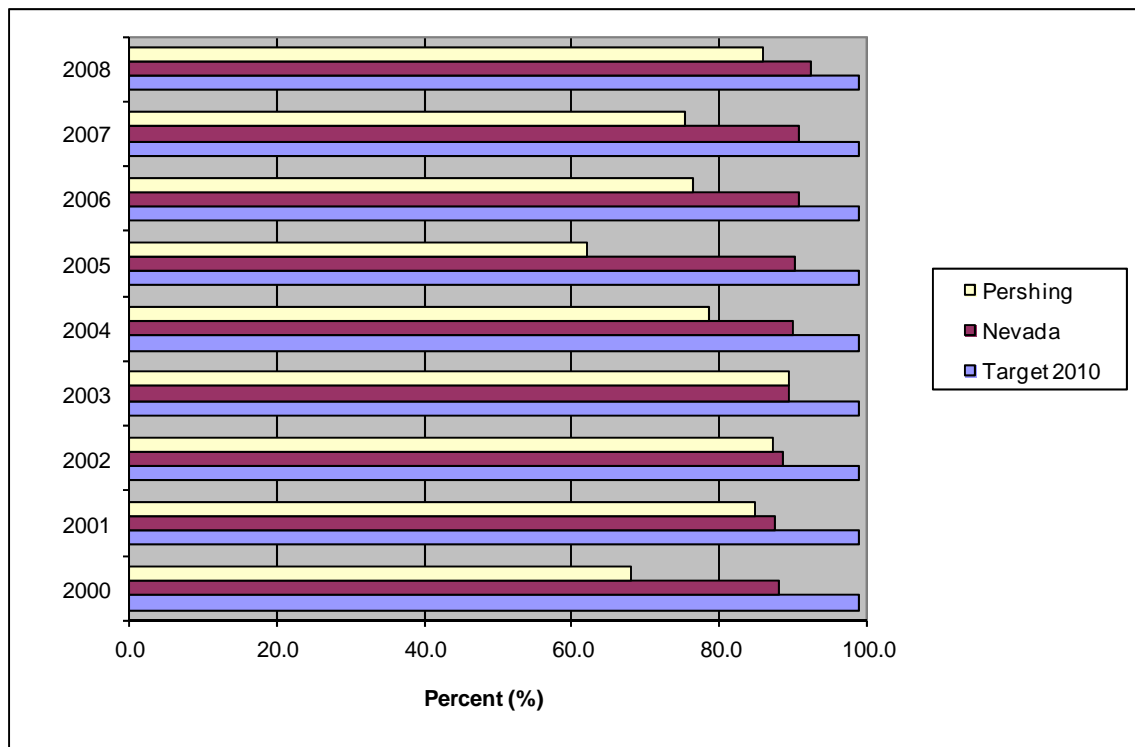


*The Nevada data are from Nevada Vital Statistics Records.
Note: 2008 data are not final and are subject to change.

Healthy People 2010 Objective (16-17c.): Increase the proportion of pregnant women, aged 15-44 years, abstaining from cigarette smoking.

Healthy People 2020 Objective MICH HP2020-11.3: Increase abstinence from cigarettes among pregnant women.

Proportion of Pregnant Women Abstaining from Tobacco, Pershing County and Nevada, 2000 - 2008.*



During the years 2000 to 2008, the percentage of pregnant women abstaining from tobacco steadily increased in Nevada overall, while the Pershing County rate fluctuated. The Healthy People target of 99% was not met by the state or county in any year.

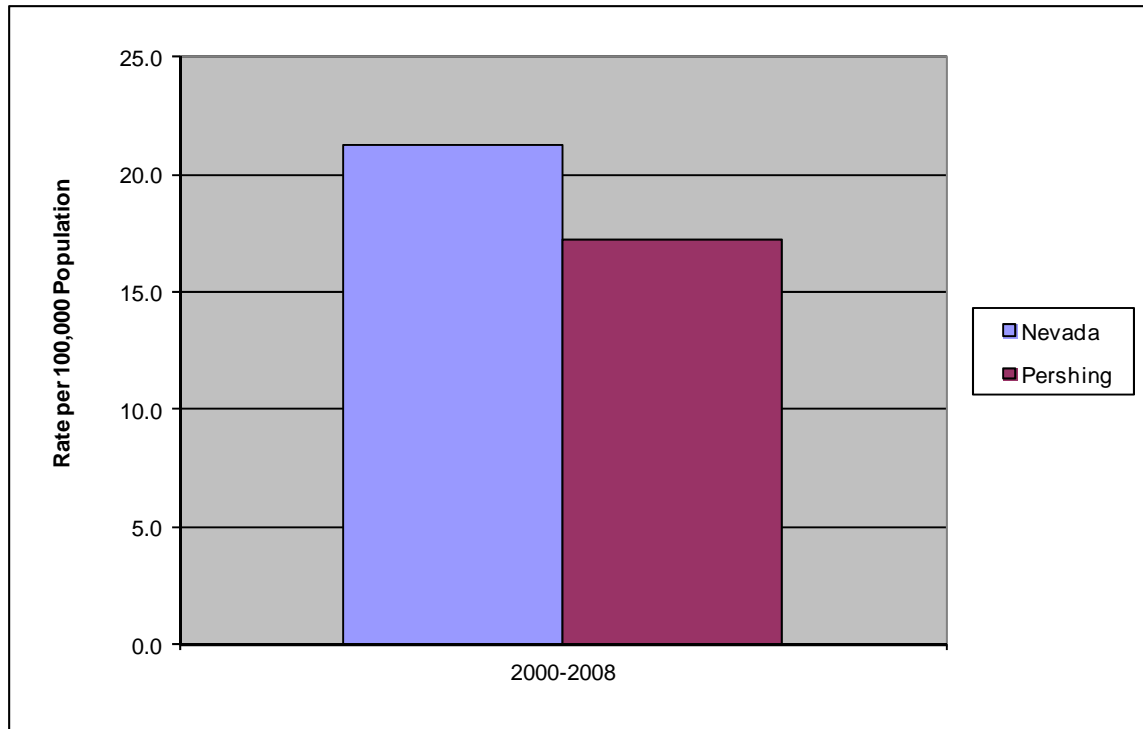
*The Nevada data are from Nevada Vital Statistics Records.
Note: 2008 data are not final and are subject to change.

Mental Health and Mental Disorders

Healthy People 2010 Objective (18-1.): Reduce the suicide rate.

Healthy People 2020 Objective MHMD HP2020-1: Reduce the suicide rate.

Aggregated Age-Adjusted Suicide Death Rate, Pershing County and Nevada, 2000 - 2008.*



Although the suicide rate in Pershing County averaged lower than the state overall from 2000 to 2008, it was still more than three times higher than the Healthy People 2010 target rate of 4.8 deaths per 100,000 population.

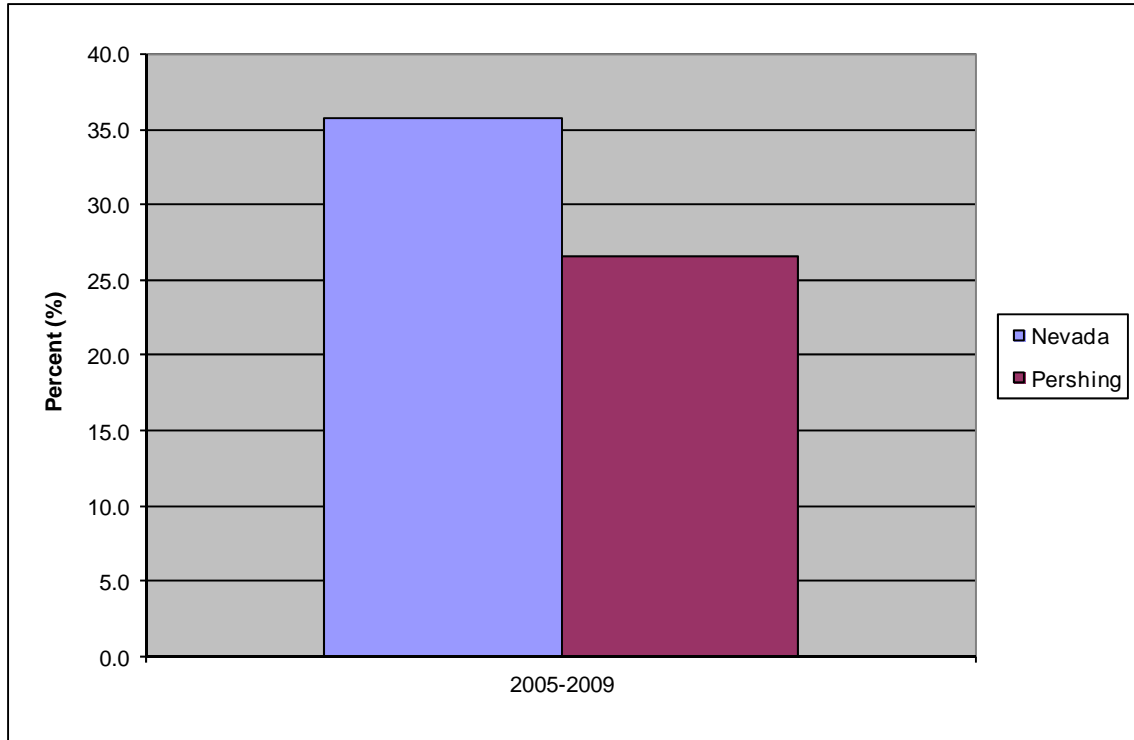
*These rates are age-adjusted to the 2000 U.S. standard population. The Nevada data are from the Nevada Vital Statistics Records (NVSR).
Note: 2007 and 2008 data are not final and are subject to change.

Nutrition and Weight Status

Healthy People 2010 Objective (19-1): Increase the proportion of adults who are at a healthy weight.

Healthy People 2010 Objective NWS HP2020-8: Increase the proportion of adults who are at a healthy weight.

Aggregated Proportion of Adults Who Are At a Healthy Weight, Pershing County and Nevada, BRFSS Data, 2005 - 2009.*



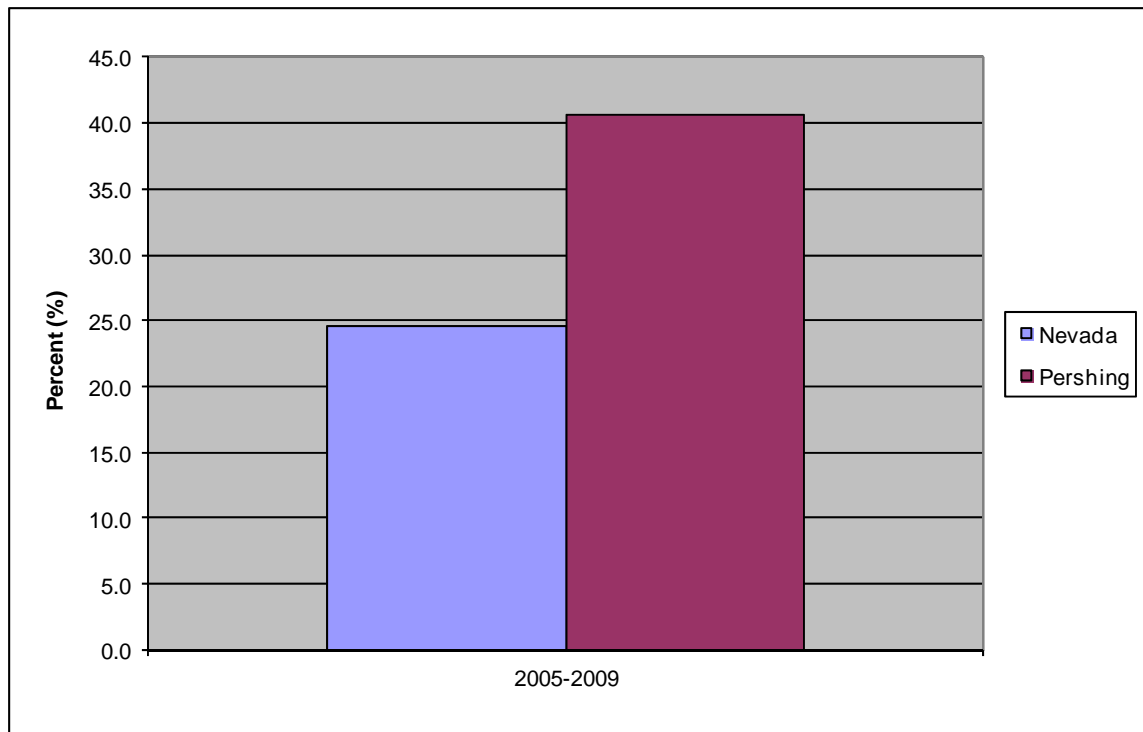
According to the Behavioral Risk Factor Surveillance System data for the reported years 2005-2009, the proportion of adults who are at a healthy weight in Pershing County averaged less than one-half of the Healthy People 2010 goal of sixty percent. Neither the state nor the county met the target.

*These percentages are weighted to survey population characteristics. Not all counties were included in the survey results.
Note: Body weight estimates from self-reported heights and weights tend to be lower than those from measured height and weight.

Healthy People 2010 Objective (19-2): Reduce the proportion of adults who are obese.

Healthy People 2020 Objective NWS HP2020-9: Reduce the proportion of adults who are obese.

Aggregated Proportion of Adults Who Are Obese, Pershing County and Nevada, BRFSS Data, 2005 - 2009.*



The percentage of adults who were obese in Pershing County on average between 2005—2009 was more than twice as high as the Healthy People 2010 objective of fifteen percent.

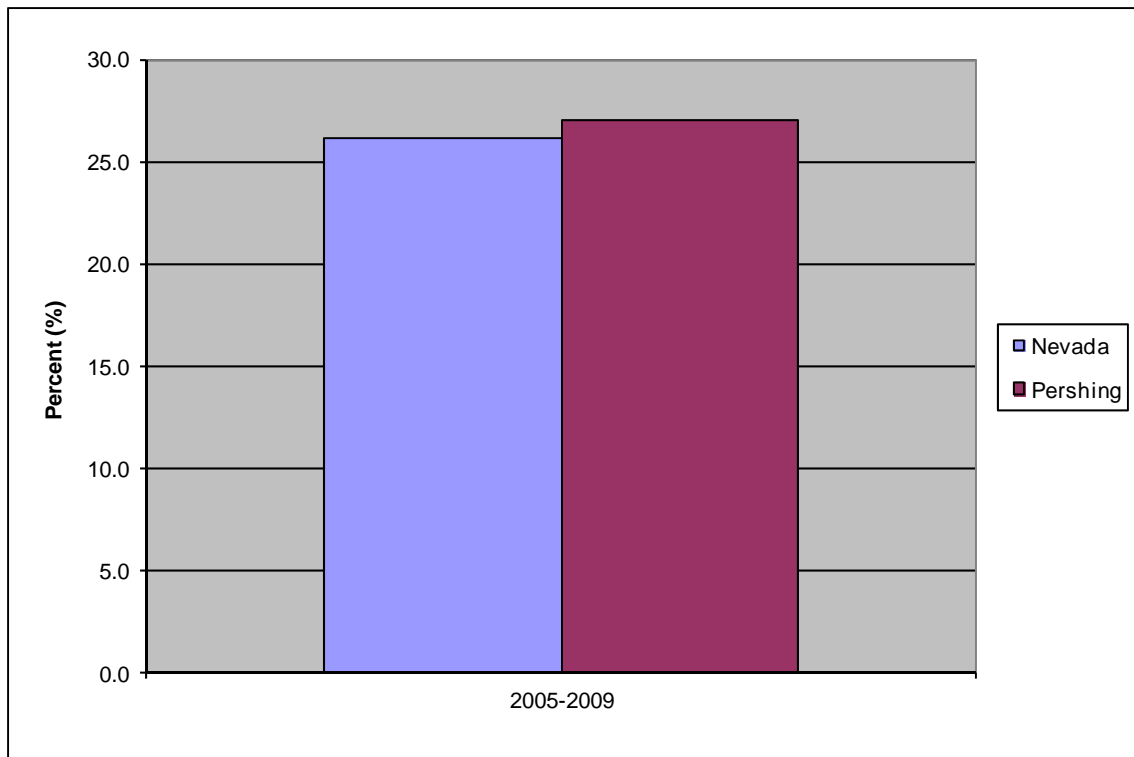
*These percentages are weighted to survey population characteristics. Not all counties were included in the survey results. Note: Body weight estimates from self-reported heights and weights tend to be lower than those from measured height and weight.

Physical Activity and Fitness

Healthy People 2010 Objective (22-1.): Reduce the proportion of adults who engage in no leisure-time physical activity.

Healthy People 2020 Objective PA HP2020-1: Reduce the proportion of adults who engage in no leisure-time physical activity.

Aggregated Proportion of Adults Who Engage in No Leisure Time Physical Activity, Pershing County and Nevada , BRFSS Data, 2005 - 2009.*



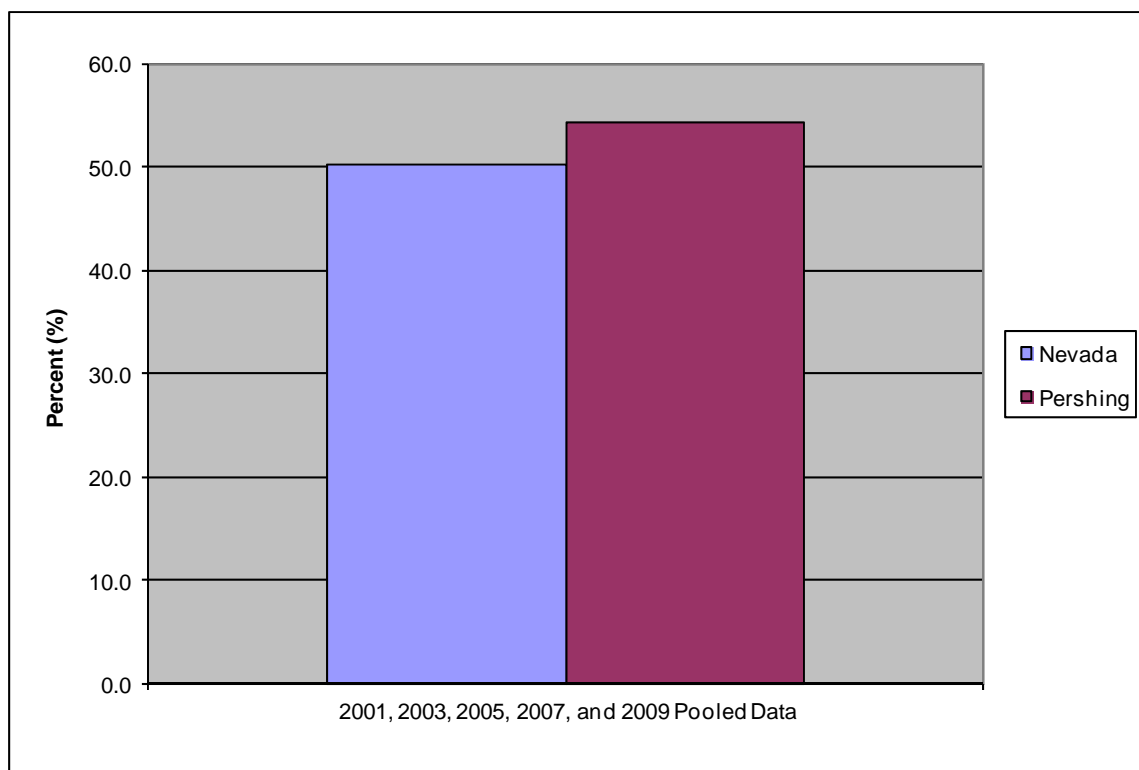
According to Behavioral Risk Factor Surveillance System data from 2005-2009, the proportion of adults who engage in no leisure time physical activity was thirty percent higher in Pershing County than the Healthy People target of 20 percent.

*These percentages are weighted to survey population characteristics. Not all counties were included in the survey results.

Healthy People 2010 Objective (22-2.): Increase the proportion of adults who engage regularly, preferably daily, in moderate physical activity for at least 30 minutes per day.

Healthy People 2020 Objective PA HP2020-2.1: Increase the proportion of adults who engage in aerobic physical activity of at least moderate intensity for at least 150 minutes/week or 75 minutes/week of vigorous intensity or an equivalent combination.

Aggregated Proportion of Adults Who Engage in Aerobic Physical Activity of At Least Moderate Intensity for At Least 150 Minutes per Week or of Vigorous Intensity for At Least 75 Minutes per Week or an Equivalent Combination, Pershing County and Nevada , BRFSS Data, 2001, 2003, 2005, 2007, 2009.*



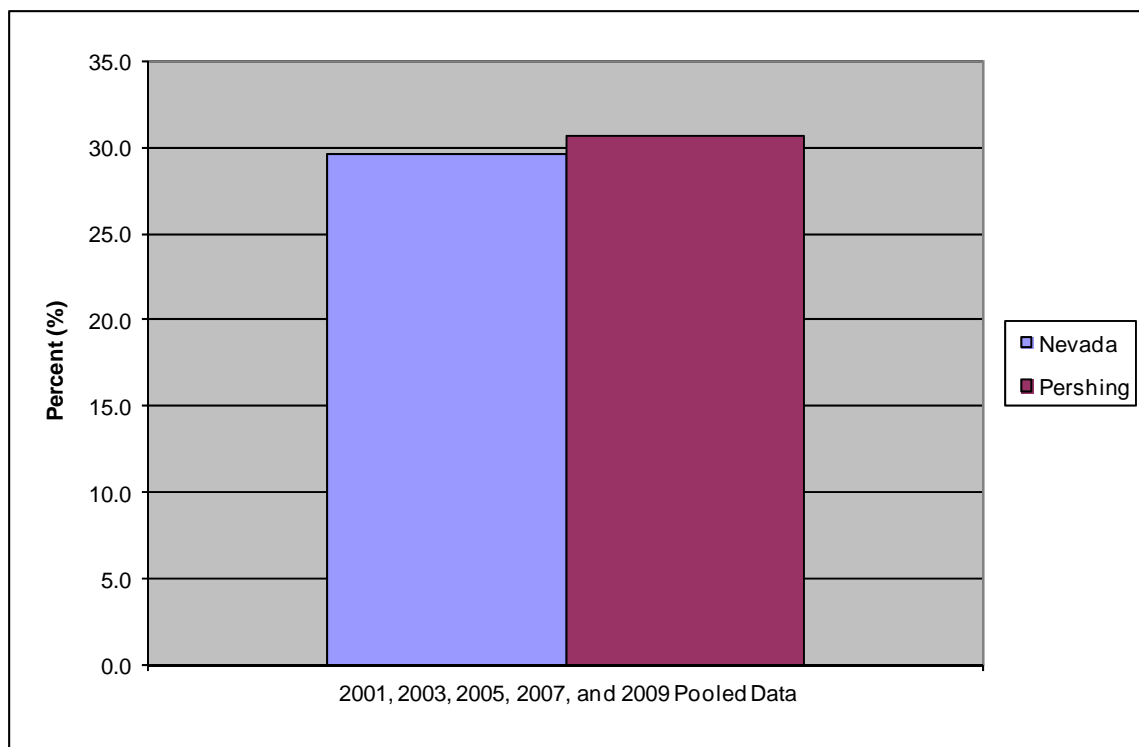
The percentage of adults who engage in aerobic physical activity of at least moderate intensity for at least 150 minutes per week or of vigorous intensity for at least 75 minutes per week or an equivalent combination, was higher in Pershing County than in Nevada according to the Behavioral Risk Factor Surveillance System data from 2001-2009. Both the state and the county met the Healthy People 2010 goal of fifty percent.

*These percentages are weighted to survey population characteristics. Not all counties were included in the survey results.

Healthy People 2010 Objective (22-3.): Increase the proportion of adults who engage in vigorous physical activity promoting the development and maintenance of cardio-respiratory fitness for 20 or more minutes per day 3 or more days per week.

Healthy People 2020 Objective PA HP2020-2.2: Increase the proportion of adults who engage in aerobic physical activity of at least moderate intensity for more than 300 minutes/week or more than 150 minutes/week of vigorous intensity or an equivalent combination.

Aggregated Proportion of Adults Who Engage in Aerobic Physical Activity of At Least Moderate Intensity for More Than 300 Minutes per Week or More Than 150 Minutes per Week of Vigorous Intensity or An Equivalent Combination, Pershing County and Nevada, BRFSS Data, 2001, 2003, 2005, 2007, 2009.*



The percentage of adults who engage in aerobic physical activity of at least moderate intensity for more than 300 minutes per week or of vigorous intensity for more than 150 minutes per week or an equivalent combination, was higher in Pershing County than in Nevada overall. Both the state and the county met the Healthy People 2010 target of thirty percent.

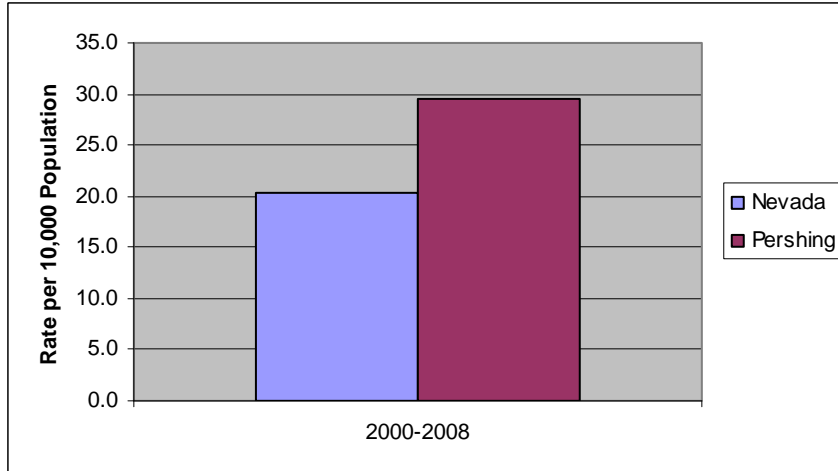
*These percentages are weighted to survey population characteristics. Not all counties were included in the survey results.

Respiratory Diseases

Healthy People 2010 Objective (24-2a.): Reduce hospitalizations for asthma in children under age 5 years.

Healthy People 2020 Objective RD HP2020-2.1: Reduce hospitalizations for asthma in children under age 5 years.

Aggregated Hospitalizations for Asthma in Children Under Age 5 Years, Pershing County and Nevada, 2000 - 2008.*



The average asthma hospitalization rate for children, ages under 5 years, was almost fifty percent higher in Pershing County than the state overall between 2000—2008.

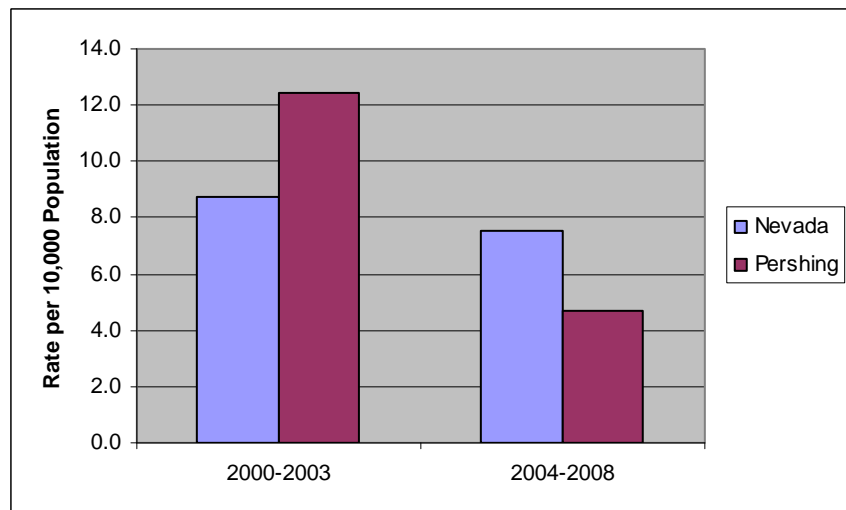
The state, but not the county, met the Healthy People 2010 target rate of 25.0 per 10,000 population.

Healthy People 2010 Objective (24-2b.): Reduce hospitalizations for asthma in children and adults, aged 5 to 64 years.

Healthy People 2020 Objective RD HP2020-2.2: Reduce hospitalizations for asthma in children and adults, aged 5 to 64 years.

Aggregated Hospitalizations for Asthma in Children and Adults Aged 5 to 64 Years, Pershing County and Nevada, 2000 - 2003 and 2004 - 2008.*

The average rate of asthma hospitalizations of children and adults, ages 5 to 64 years, decreased by more than half in Pershing County, and met the Healthy People 2010 target rate of 7.7 per 10,000 for the reported years 2004 -2008.

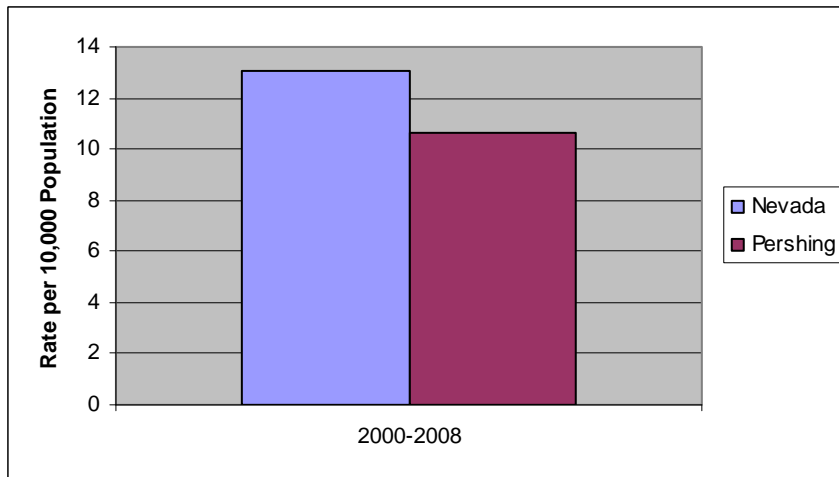


*The Nevada data are from Nevada Inpatient Hospital Discharge Database (NIHDD).

Healthy People 2010 Objective (24-2c.): Reduce hospitalizations for asthma in adults, aged 65 years and older.

Healthy People 2020 Objective RD HP2020-2.3: Reduce hospitalizations for asthma in adults, aged 65 years and older.

Aggregated Hospitalizations for Asthma in Adults Aged 65 Years and Older, Pershing County and Nevada, 2000 - 2008.*



Average asthma hospitalizations of adults, ages 65 years and older, was lower in Pershing County than in Nevada overall from 2000-2008.

Pershing County, but not Nevada overall, met the Healthy People 2010 target of 11.0 per 10,000 population.

*The Nevada data are from Nevada Inpatient Hospital Discharge Database (NIHDD).

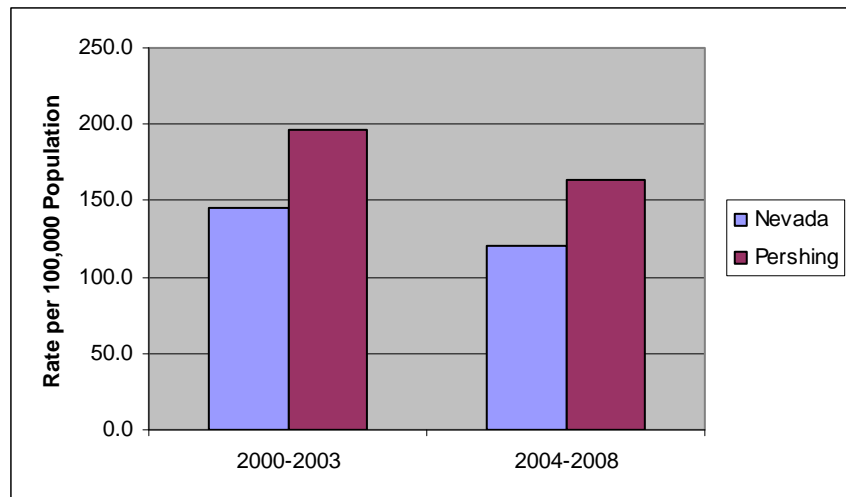
Healthy People 2010 Objective (24-10.): Reduce deaths from chronic obstructive pulmonary disease among adults.

Healthy People 2020 Objective RD HP2020-10: Reduce deaths from chronic obstructive pulmonary disease among adults.

The mortality rate for chronic obstructive pulmonary disease (COPD) decreased for both Pershing County and Nevada on average from 2000-2008.

However, both the state and county rates were at least twice as high as the Healthy People 2010 target rate of 62.3 per 100,000 population for the most recent data 2004-2008.

Aggregated Age-Adjusted Chronic Obstructive Pulmonary Disease Deaths, Pershing County and Nevada, 2000 – 2003 and 2004 - 2008.*



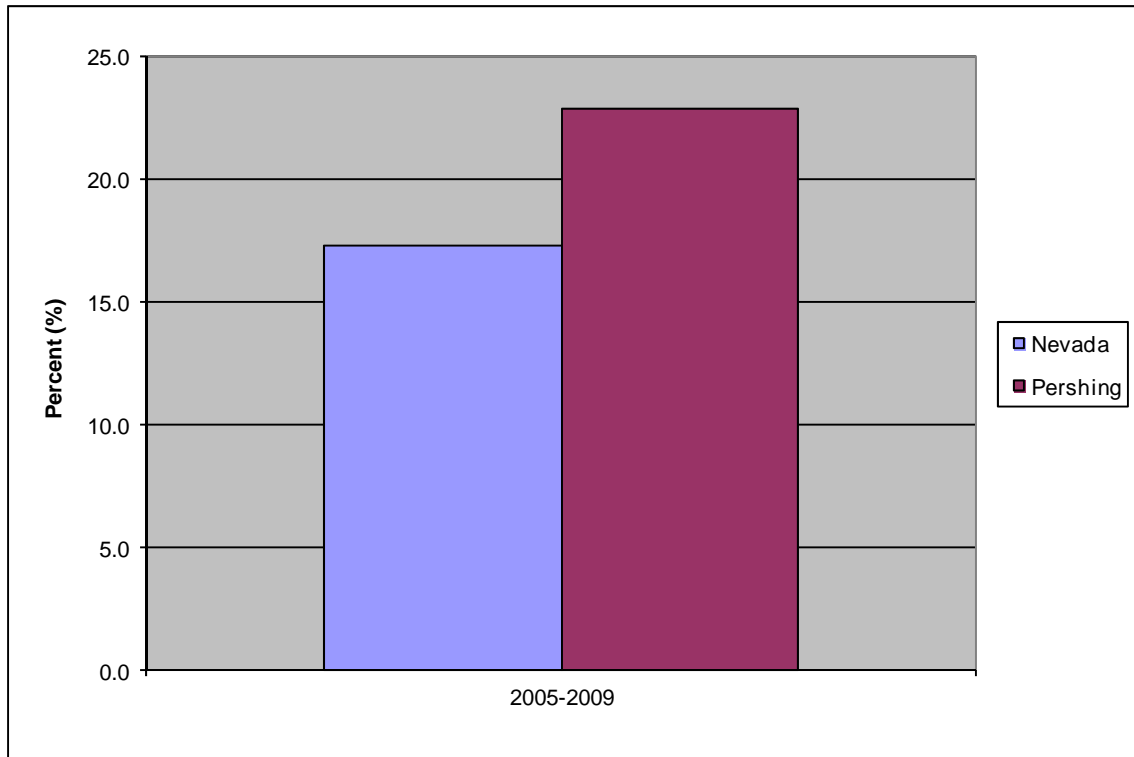
*These rates are age-adjusted to the 2000 U.S. standard population. The Nevada data are from Nevada Vital Statistics Records. Note: 2007 and 2008 data are not final and are subject to change.

Substance Abuse

Healthy People 2010 Objective (26-11c.): Reduce the proportion of adults, aged 18 years and older, engaging in binge drinking of alcohol.

Healthy People 2020 Objective SA HP2020-14.3: Reduce the proportion of adults, aged 18 years and older, engaging in binge drinking of alcohol.

Aggregated Proportion of Adults Aged 18 Years and Older Engaging in Binge Drinking Alcohol, Pershing County and Nevada, BRFSS Data, 2005 - 2009.*



Pershing County had a higher rate of adults, ages 18 years and older, engaged in the binge drinking of alcohol than Nevada for the Behavioral Risk Factor Surveillance System reported years 2005—2009.

On average, neither the state nor the county met the Healthy People 2010 goal of less than 13.4 percent.

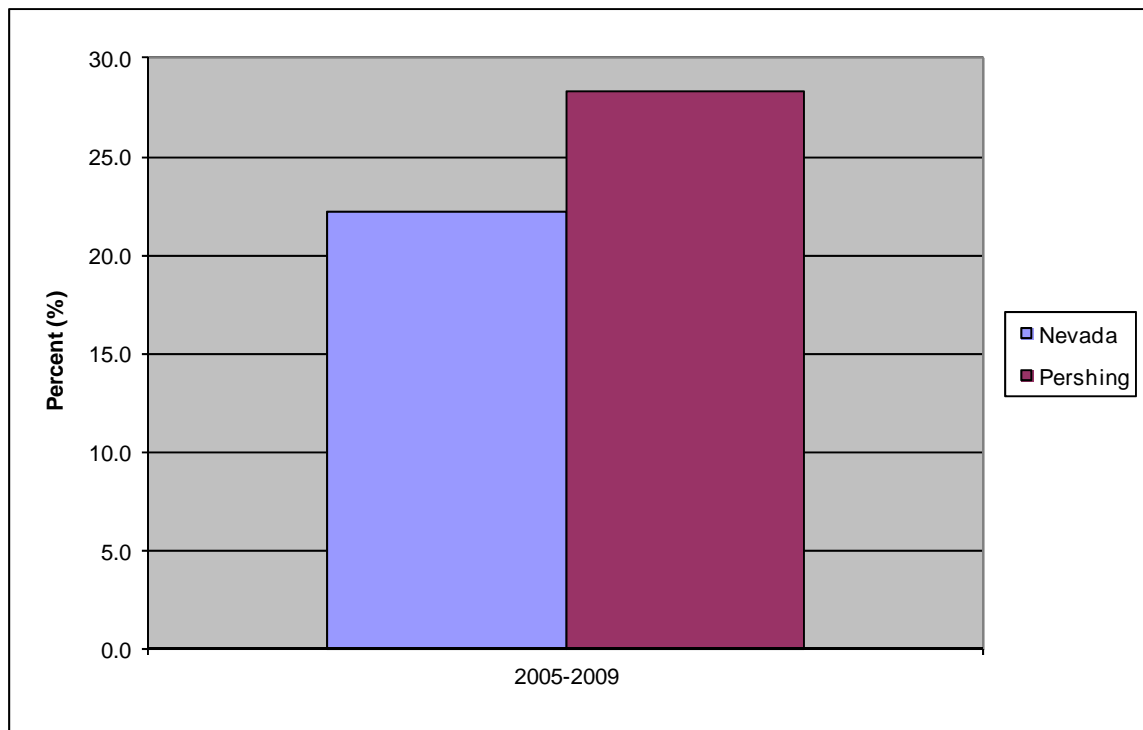
*These percentages are weighted to survey population characteristics. Not all counties were included in the survey results.

Tobacco Use

Healthy People 2010 Objective (27-1a.): Reduce cigarette smoking by adults.

Healthy People 2020 Objective TU HP2020-1.1: Reduce tobacco use by adults – cigarette smoking.

Aggregated Proportion of Cigarette Smoking Adults, Pershing County and Nevada, BRFSS Data, 2005 - 2009.*



On average from 2005-2009, the proportion of cigarette smoking adults in Pershing County was more than twice as high as the Healthy People 2010 target of twelve percent. Neither the state nor the county met the Healthy People 2010 goal.

*These percentages are weighted to survey population characteristics. Not all counties were included in the survey results.

Healthy People 2010: Pershing County Indicator Exemptions

The following Healthy People 2010 objectives were not reported in the Pershing County Report due to a lack of available data:

- Adolescent Health (AH):
 - AH HP2020-1c: Increase the percentage of students whose reading skills are at or above the proficient achievement level for their grade.
 - AH HP2020-1d: Increase the percentage of students whose mathematical skills are at or above the proficient achievement level for their grade.
- Early and Middle Childhood (EMC):
 - EMC HP2020-3: Increase the proportion of elementary, middle, and senior high schools that require school health education.
- Family Planning (FP):
 - FP HP2020-9c: Increase the proportion of female adolescents aged 15 years who have never had sexual intercourse.
 - FP HP2020-9d: Increase the proportion of male adolescents aged 15 who have never had sexual intercourse.
 - FP HP2020-10e: The proportion of sexually active females aged 15 to 19 who used a condom at last intercourse.
 - FP HP2020-10f: The proportion of sexually active males aged 15 to 19 who used a condom at last intercourse.
- Immunizations and Infectious Diseases (IID):
 - IID HP2020-18: Percentage of children aged 19 to 35 months who receive recommended vaccines.
 - IID HP2020-20: Increase the percentage of children aged 19 to 35 months who receive the recommended vaccines.
- Injury and Violence Prevention (IVP):
 - IVP HP2020-13: Reduce physical fighting among adolescents.
 - IVP HP2020-14: Reduce weapon carrying by adolescents on school property.
- Mental Health and Mental Disorders (MHMD):
 - MHMD HP2020-2: Proportion of adolescents, grades 9 through 12, reporting suicide attempts in the past 12 months.
- Nutrition and Weight Status (NWS):
 - NWS HP2020-5c: Reduce the proportion of adolescents, aged 12 to 19 years, who are overweight or obese.
- Occupational Safety and Health (OSH):
 - OSH HP2020-7a: Work-related injury death rate, aged 16 years and older.
- Oral Health (OH):
 - OH HP2020-6a: Proportion of children aged 3 to 5 years with dental caries in primary and permanent teeth.

- OH HP2020-7a: Proportion of children aged 3 to 5 years with untreated dental decay.
 - OH HP2020-10b: Increase the proportion of children aged 8 years and older who have received dental sealants in their molar teeth.
- Physical Activity and Fitness (PAF):
 - PAF HP2020-7: Increase the proportion of adolescents that meet the current physical activity guidelines for aerobic physical activity and for muscle-strengthening activity.
- Sexually Transmitted Diseases (STD):
 - STD HP2020-3a: Reduce the proportion of females, aged 15 to 24 years with Chlamydia trachomatis infections attending family planning clinics.
- Substance Abuse (SA):
 - SA HP2020-4: Percentage of adolescents who report they rode during the previous 30 days with a driver who had been drinking alcohol, grades 9 through 12.
 - SA HP2020-7d: Proportion of adolescents engaging in binge drinking of alcohol.
 - SA HP2020-9b: Proportion of adolescents in the 10th grade reporting steroid use.
 - SA HP2020-9c: Proportion of adolescents in the 12th grade reporting steroid use.
 - SA HP1010-10: Reduce the proportion of adolescents who use inhalants.
- Tobacco Use (TU):
 - TU HP2020-6b: Proportion of adolescents reporting cigarette use in the past month.
 - TU HP2020-6c: Proportion of adolescents reporting spit tobacco use in the past month.

The following Healthy People 2010 objectives were not reported in the Pershing County Report due to a lack of available data, counts of 0:

- Food Safety (FS):
 - FS HP2020-3b: Rate of reported cases of Escherichia Coli O157:H7.
 - FS HP2020-3c: Rate of reported cases of Listeriosis.
- Immunizations and Infectious Diseases (IID):
 - IID HP2020-4: Crude rate of reported cases of Meningococcal disease.
 - IID HP2020-5: Crude Rate of reported new cases of Tuberculosis.
- Injury and Violence Prevention (IVP):
 - IVP HP2020-27: Death rate from drowning.
- Maternal, Infant, Child Health (MICH):
 - MICH HP2020-15f: Reduce infant deaths related to birth defects.
 - MICH HP2020-15g: Reduce infant deaths related to birth defects (congenital heart defects).
 - MICH HP2020-1b: Death rate of children aged 5 to 9 years.
 - MICH HP2020-2a: Death rate of adolescents aged 10 to 14 years.

- Sexually Transmitted Diseases (STD):
 - STD HP2020-5: Reduce the rate of primary and secondary syphilis.

The following Healthy People 2010 objectives were not reported in the Pershing County Report due to a lack of available data, counts below 5 but greater than 0:

- Blood Disorders and Blood Safety (BDBS):
 - BDBS HP2020-2: Reduce hospitalizations for sickle cell disease among children aged 9 years and younger.
- Cancer (C):
 - C HP2020-4: Cervical cancer death rate.
 - C HO2020-6: Oropharyngeal cancer death rate.
 - C HP2020-7: Prostate cancer death rate.
 - C HP2020-8: Melanoma cancer death rate.
- Food Safety (FS):
 - FS HP2020-3d: Rate of reported cases of Salmonella.
- Human Immunodeficiency Virus (HIV):
 - HIV HP2020-1: Reduce acquired immunodeficiency syndrome.
 - HIV HP2020-4: Reduce the new cases of human immunodeficiency virus/acquired immunodeficiency syndrome (HIV/AIDS) diagnosed among adults and adolescents.
 - HIV HP2020-7: HIV infection death rate.
- Immunizations and Infectious Diseases (IID):
 - IID HP2020-3: Crude rate of reported new cases of Hepatitis A.
 - IID HP2020-14: Reduce or eliminate cases of vaccine preventable diseases.
- Injury and Violence Prevention (IVP):
 - IVP HP2020-6: Pedestrian death rate on public roads.
 - IVP HP2020-26a: Reduce fall related deaths in all persons.
 - IVP HP2020-2: Death rate from homicides.
- Maternal, Infant, Child Health (MICH):
 - MICH HP2020-15a: Fetal deaths at 20 or more weeks gestation.
 - MICH HP2020-15c: Infant death rate (within 1 year of life).
 - MICH HP2020-15d: Neonatal death rate (within the first 28 days of life).
 - MICH HP2020-15e: Postneonatal death rate (between 28 days and 1 year of life).
 - MICH HP2020-1a: Death rate of children aged 1 to 4 years.
 - MICH HP2020-2b: Death rate of adolescents aged 15 to 19 years.
 - MICH HP2020-2c: Death rate of young adults aged 20 to 24 years old.
- Sexually Transmitted Diseases (STD):
 - STD HP2020-4: Reduce the gonorrhea rate of males and females.
- Substance Abuse (SA):
 - SA HP2020-2: Drug induced death rate.

The following Healthy People 2010 objectives were not reported in the Pershing County Report due to a lack of available data, less than 50 BRFSS respondents:

- Cancer (C):
 - C HP2020-14: Increase the proportion of women aged 18 years and older who have received a cervical cancer screening based on the most current guidelines.
 - C HP2020-15a: Increase the proportion of adults who receive a colorectal cancer screening.
 - C HP2020-15b: Increase the proportion of adults aged 50+ who have ever had a sigmoidoscopy or a colonoscopy.
 - C HP2020-16: Increase the proportion of women aged 40 years and older who have ever received a breast cancer screening based on the most recent guidelines.
- Diabetes (D):
 - D HP2020-1: Proportion of persons with diabetes who receive formal diabetes education.
 - D HP2020-6: Increase the proportion of adults with diabetes who have a glycosylated hemoglobin measurement at least twice a year.
 - D HP2020-8: Proportion of adults with diabetes who have had at least an annual foot examination.
- Heart Disease and Stroke (HDS):
 - HDS HP2020-7: Proportion of adults with high blood cholesterol levels.
 - HDS HP2020-8: Proportion of adults having had their blood cholesterol checked within the preceding 5 years.
- Immunizations and Infectious Diseases (IID):
 - IID HP2020-24b: Proportion of adults aged 65 and older who have ever received a pneumococcal vaccination.
 - IID HP2020-24a: Proportion of adults aged 65 years and older who are vaccinated against influenza.
- Injury and Violence Prevention (IVP):
 - IVP HP2020-8: Proportion of people using safety belts.
- Oral Health (OH):
 - OH HP2020-8a: Proportion of older adults aged 65 years and older reporting having all their natural teeth extracted.
- Tobacco Use (TU):
 - TU HP2020-8a: Proportion of adults reporting smoking cessation attempts in the past year.