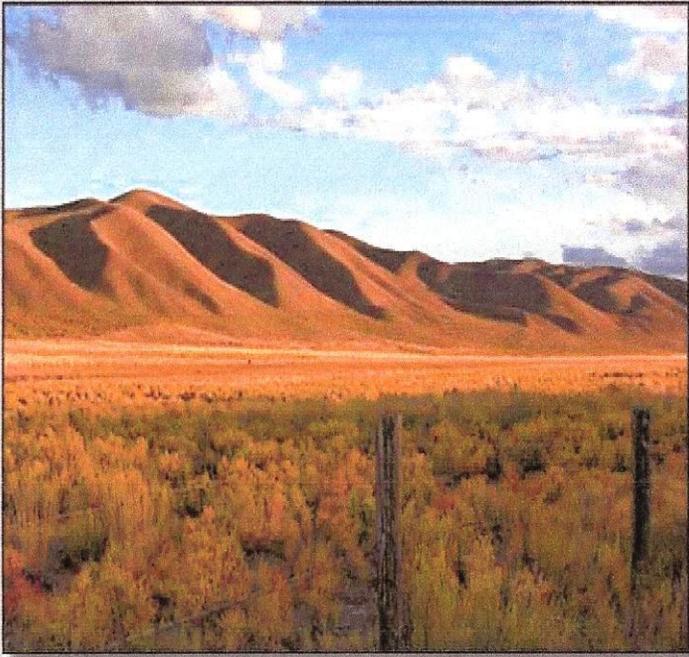


Lander County

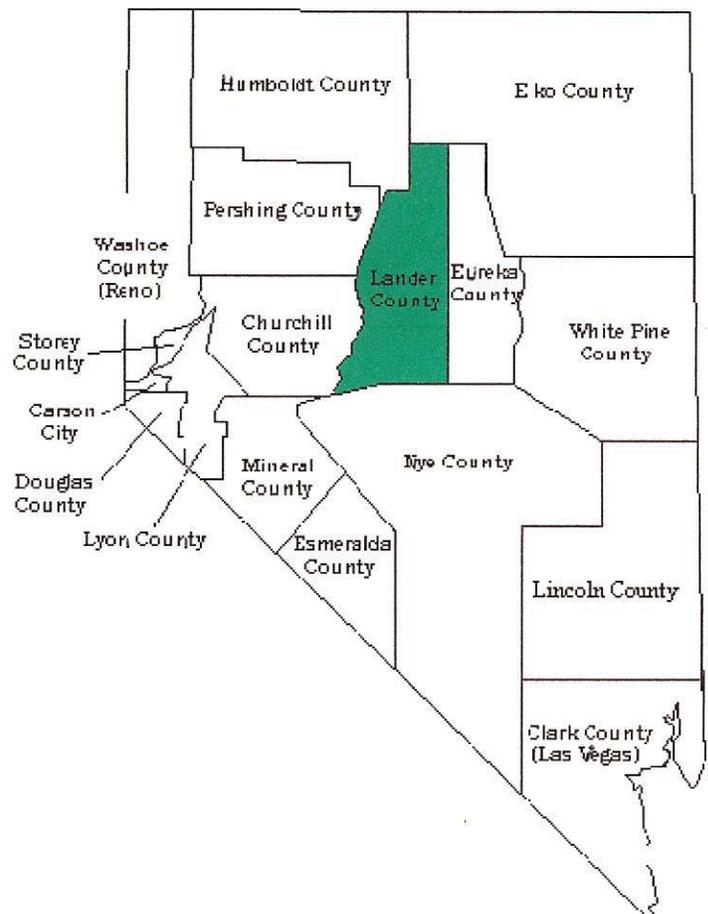


Population (2008)	5,891
Land Area (square miles)	5,494
Persons per square mile	.93
Race/Ethnicity	
• White	73.5%
• Black	0.4%
• American Indian & Alaskan Native	4.5%
• Asian	0.8%
• Hispanic or Latino origin	20.8%
Median Household Income	\$61,466
Persons Below Poverty	10.5%

Population and race/ethnicity data are from the Nevada State Demographer; Income and poverty data are from the U.S. Census Bureau

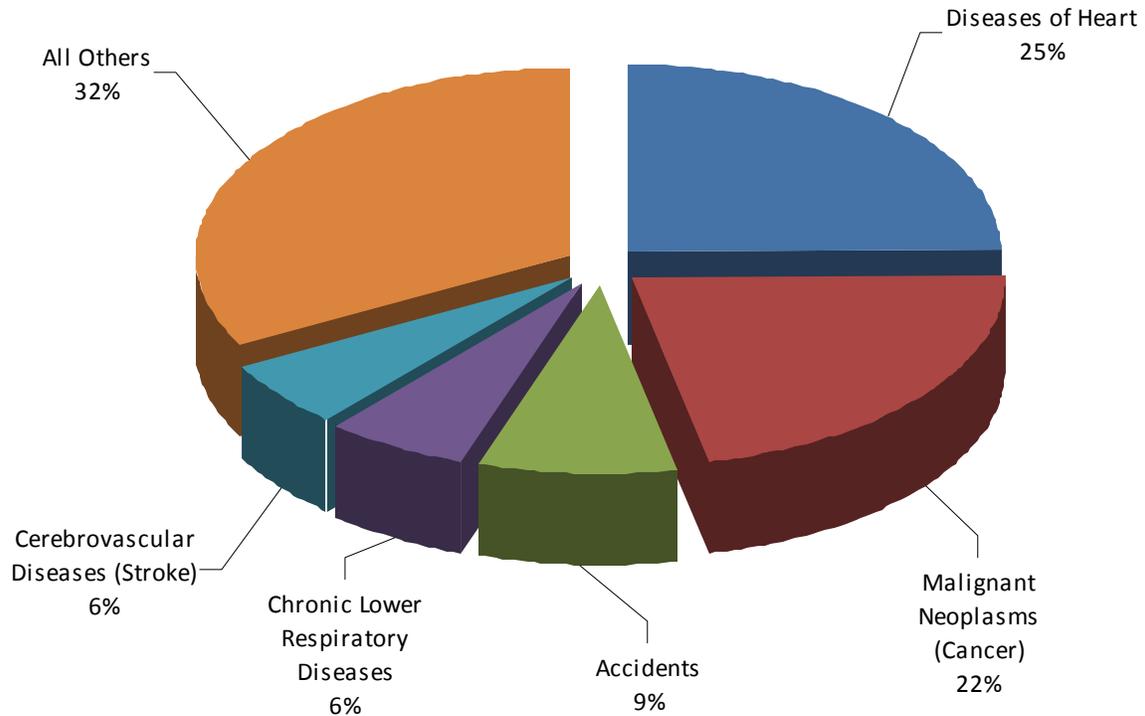
Healthy People Highlights:

- The adolescent pregnancy rates among females, aged 15 to 17, and 18 to 19 years, for Lander County were lower than the state rates from the period 2000-2008.
- Lander County's stroke mortality rate increased 30% over the state's rate during the 2000 to 2008 reporting period.
- This decade, the motor vehicle crash mortality rate in Lander County was more than twice that of the Nevada rate.
- From 2000-2008, Lander County had a gonorrhea rate which averaged about one fifth of the Nevada rate.
- Hospitalization rates for peptic ulcer disease declined over the years 2000—2008 in both Nevada and Lander County. Lander County decreased its rate by more than half.
- Heart disease was the leading cause of death for Lander County over the period 2000-2008.



Leading Causes of Death

Lander



2000 - 2008 Pooled Data

The list of Lander County's top five leading causes of death is led by heart disease (25%), closely followed by malignant neoplasms—cancer (22%). Accidents (9%), chronic lower respiratory diseases (6%), and cerebrovascular diseases—stroke (6%) round out the list. All other causes of death account for the remaining 32% of the county's mortality.

Similarly, the leading cause of death for Nevada is heart disease (26%), followed by malignant neoplasms—cancer (23%), chronic lower respiratory diseases (6%), accidents (5%), and cerebrovascular diseases (5%).

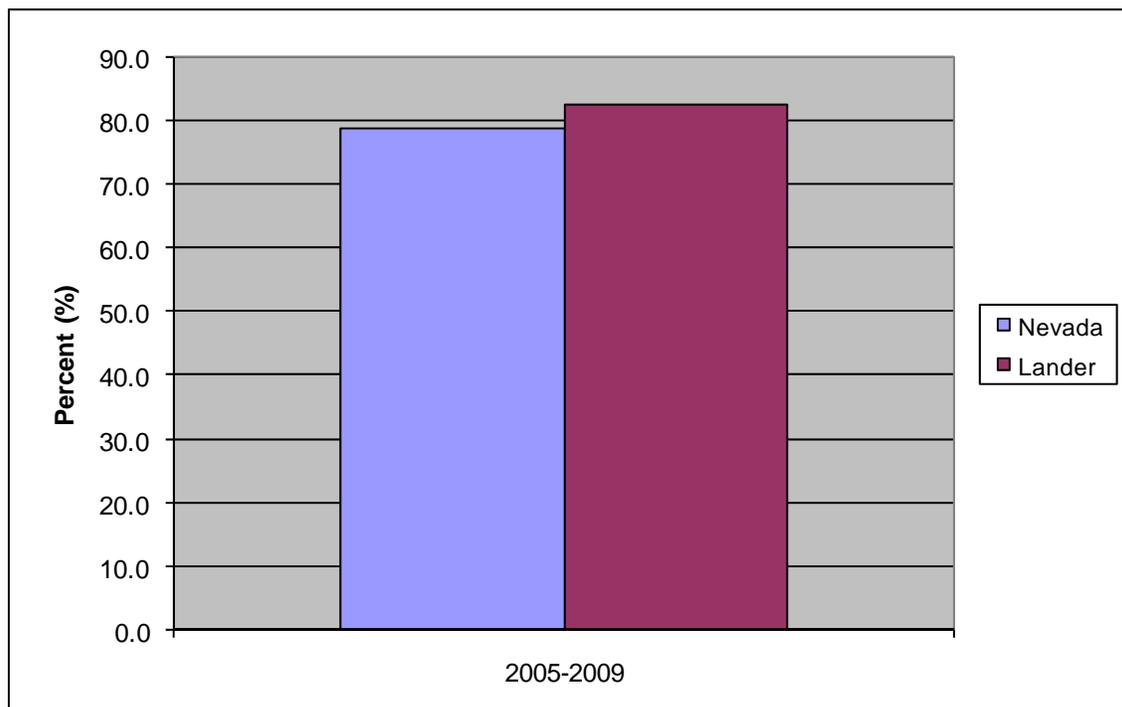
*The data are from Nevada Vital Statistics Records.
Note: 2007 and 2008 data are not final and are subject to change.

Access to Quality Health Services

Healthy People 2010 Objective (1-1): Increase the proportion of persons with health insurance.

Healthy People 2020 Objective AHS HP2020-1: Increase the proportion of persons with health insurance.

Aggregated Proportion of Persons with Health Insurance, Lander County and Nevada, BRFSS Data, 2005 - 2009.*



Lander County reported a slightly higher number of persons with health insurance than the state on average during the years 2005-2009. Neither the state nor the county met the Healthy People 2010 target of 100 percent.

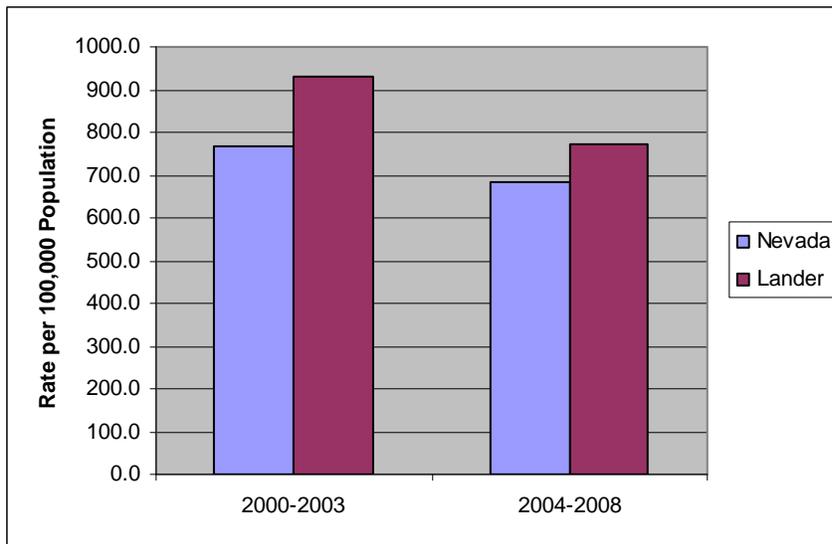
*These percentages are weighted to survey population characteristics. Not all counties were included in the survey results.

Arthritis, Osteoporosis, and Chronic Back Conditions

Healthy People 2010 Objective (15-28): Reduce hip fractures among females and males aged 65 and older.

Healthy People 2020 Objective AOCBC HP2020-11: Reduce hip fractures among older adults.

Aggregated Hospitalization Rate for Hip Fractures Among Females Aged 65 Years and Older, Lander County and Nevada, 2000 - 2003 and 2004 - 2008.*



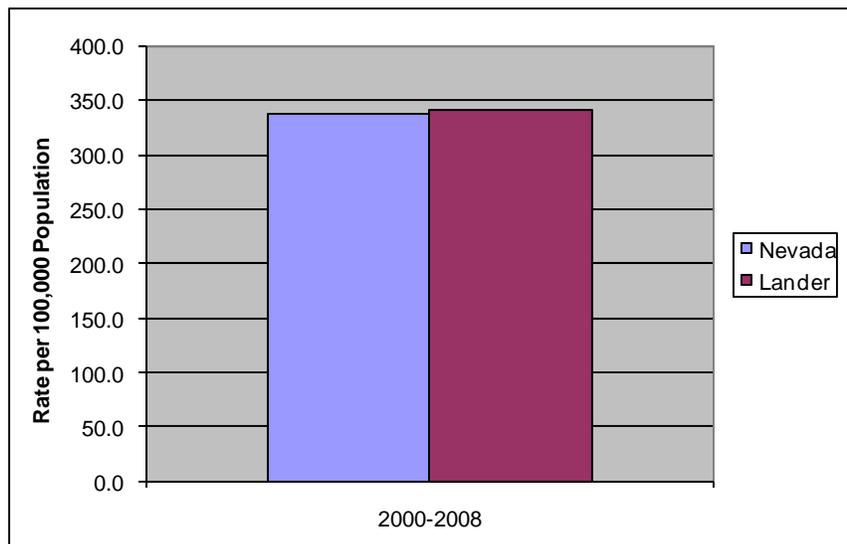
Lander County had a higher hospitalization rate for hip fractures among females, aged 65 years and older, than the state from 2000 to 2008.

Both the state and county rates decreased over this time period, but neither have met the Healthy People 2010 target rate of 416 per 100,000 population.

Aggregated Hospitalization Rate for Hip Fractures Among Males Aged 65 Years and Older, Lander County and Nevada, 2000 - 2008.*

Lander County carried a higher hospitalization rate for hip fractures among males, aged 65 and older, than the state during the same reporting period.

However, both the state and the county met the Healthy People 2010 target rate of 474 per 100,000 population for older males.



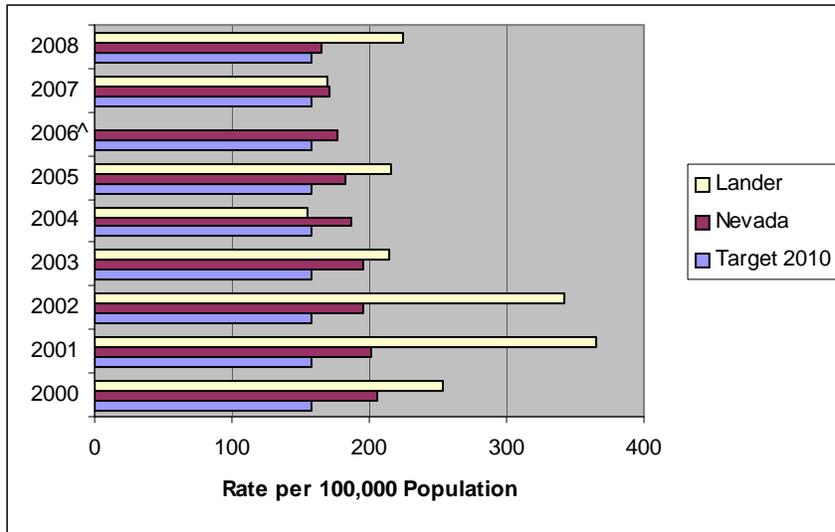
*The Nevada data are from Nevada Inpatient Hospital Discharge (NIHDD).

Cancer

Healthy People 2010 Objective (3-1): Reduce the overall cancer death rate.

Healthy People 2020 Objective C HP2020-1: Reduce the overall cancer death rate.

Age-Adjusted Overall Cancer Death Rate, Lander County and Nevada, 2000 - 2008.*



The overall cancer mortality rate fluctuated for Lander County and decreased for Nevada from 2000-2008.

The Healthy People 2010 target of 158.6 per 100,000 was met by Lander County in the year 2004.

[^] 2006 data are not available for Lander County due to small counts.

Healthy People 2010 Objective (3-2): Reduce the lung cancer death rate.

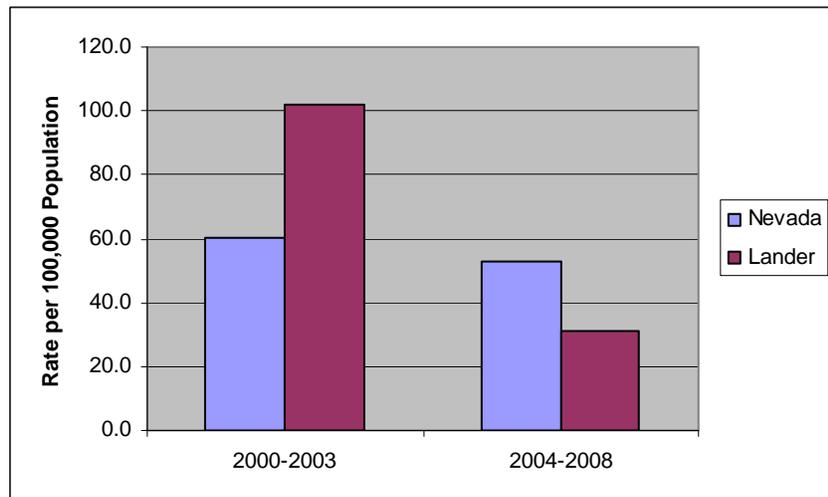
Healthy People 2020 Objective C HP2020-2: Reduce the lung cancer death rate.

On average from 2000-2008, the lung cancer mortality rate declined for both the state and Lander County.

From 2000-2008 the county's rate dropped more sharply than the Nevada rate.

Lander County met the Healthy People 2010 target rate of 43.3 per 100,000 population during the 2004-2008 reporting period.

Aggregated Age-Adjusted Lung Cancer Death Rate, Lander County and Nevada, 2000 - 2003 and 2004 - 2008.*

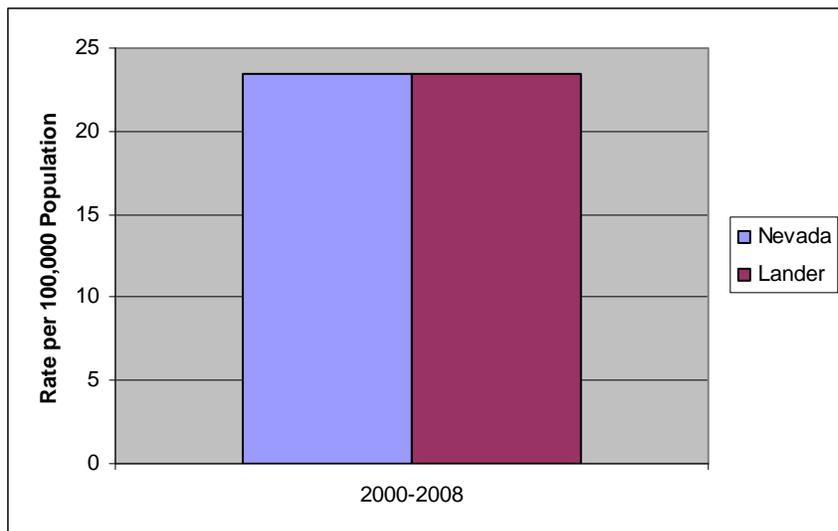


*These rates are age-adjusted to the 2000 U.S. standard population. The Nevada data are from Nevada Vital Statistics Records. Note: 2007 and 2008 data are not final and are subject to change.

Healthy People 2010 Objective (3-3): Reduce the breast cancer death rate.

Healthy People 2020 Objective C HP2020-3: Reduce the female breast cancer death rate.

Aggregated Age-Adjusted Female Breast Cancer Death Rate, Lander County and Nevada, 2000 - 2008.*



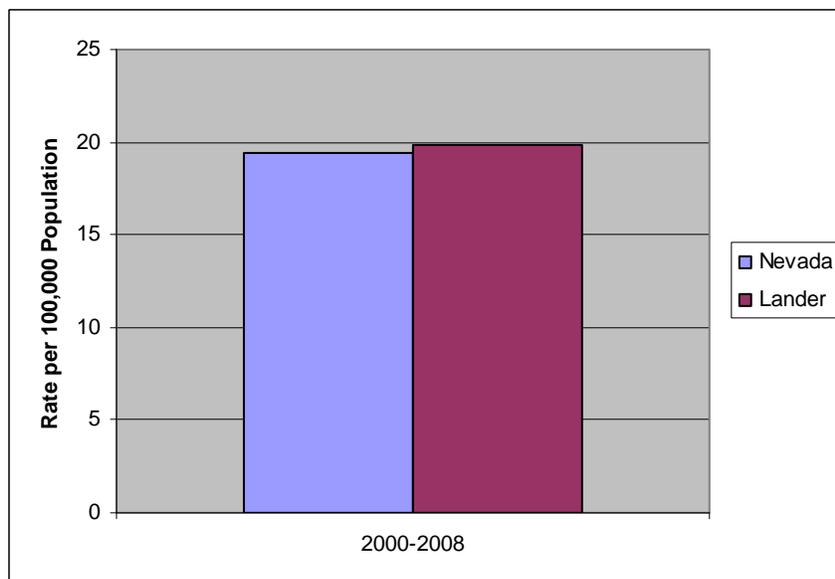
On average from 2000 to 2008, the female breast cancer death rate was just above the Healthy People 2010 target of 21.3 per 100,000 for both the state and Lander County.

Healthy People 2010 Objective (3-5): Reduce the colorectal cancer death rate.

Healthy People 2020 Objective C HP2020-5: Reduce the colorectal cancer death rate.

Aggregated Age-Adjusted Colorectal Cancer Death Rate, Lander County and Nevada, 2000 - 2008.*

On average between 2000-2008, the rate of colorectal cancer mortality for Lander County was 45 percent higher than the Healthy People 2010 target of 13.7 deaths per 100,000 population.

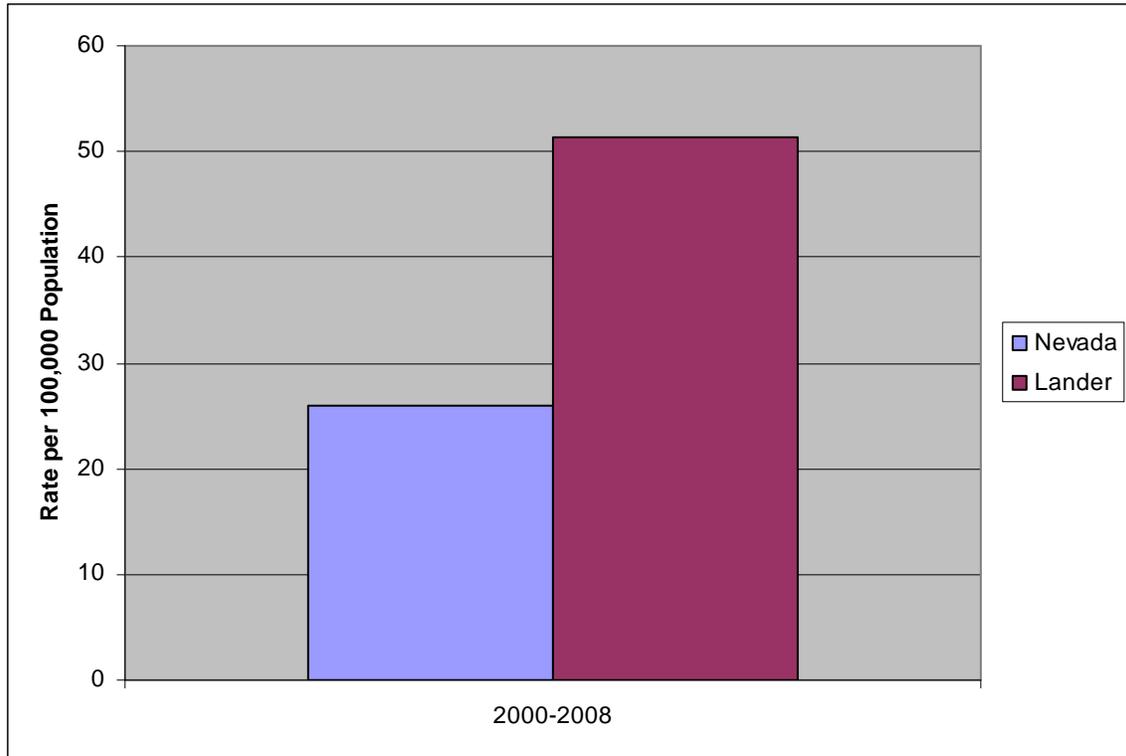


*These rates are age-adjusted to the 2000 U.S. standard population. The Nevada data are from Nevada Vital Statistics Records. Note: 2007 and 2008 data are not final and are subject to change.

Healthy People 2010 Objective (3-7): Reduce the prostate cancer death rate.

Healthy People 2020 Objective C HP2020-7: Reduce the prostate cancer death rate.

Aggregated Age-Adjusted Prostate Cancer Death Rate, Lander County and Nevada, 2000 - 2008.*



On average from 2000-2008, Nevada met the Healthy People 2010 target rate of 28.2 per 100,000 population for prostate cancer deaths, Lander County's rate was almost twice the state rate.

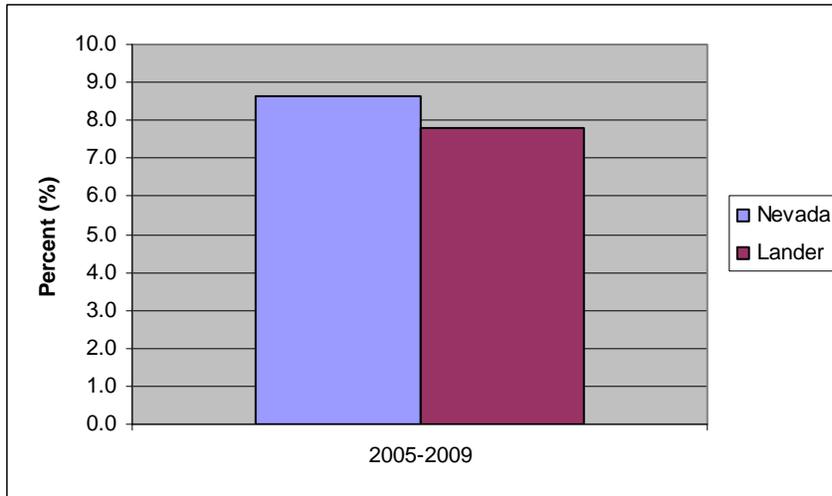
*These rates are age-adjusted to the 2000 U.S. standard population. The Nevada data are from Nevada Vital Statistics Records. Note: 2007 and 2008 data are not final and are subject to change.

Diabetes

Healthy People 2010 Objective (5-3): Reduce the overall percentage of diabetes that is clinically diagnosed.

Healthy People 2020 Objective D HP2020-1: Reduce the annual number of new cases of diagnosed diabetes in the population.

Aggregated Proportion of Persons with Clinically Diagnosed Diabetes, Lander County and Nevada, BRFSS Data, 2005 - 2009.*



The percentage of persons with clinically diagnosed diabetes was higher for Nevada than Lander County on average over the 2005-2009 reporting period.

Both the state and county have percentages more than double the Healthy People 2010 goal.

*These percentages are weighted to survey population. Not all counties were included in the survey results.

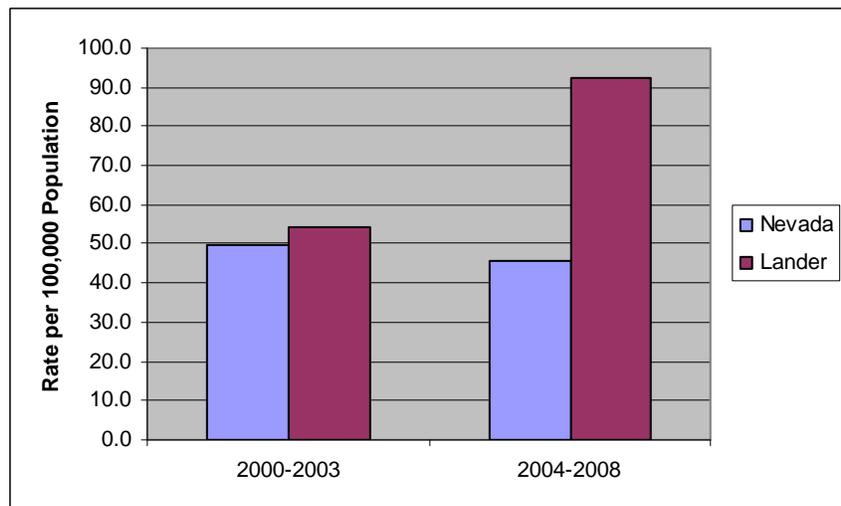
Healthy People 2010 Objective (5-5): Reduce the Diabetes Death Rate.

Healthy People 2020 Objective D HP2020-3: Reduce the Diabetes Death Rate.

Aggregated Age-Adjusted Diabetes Death Rate, Lander County and Nevada, 2000 - 2003 and 2004 - 2008.*

Lander County's diabetes mortality rate was higher than the state rate during the years 2000 to 2008 and almost doubled in this time period.

On average from 2004-2008, Lander County's diabetes death rate was more than twice the Healthy People 2010 target rate of 46 per 100,000 population.

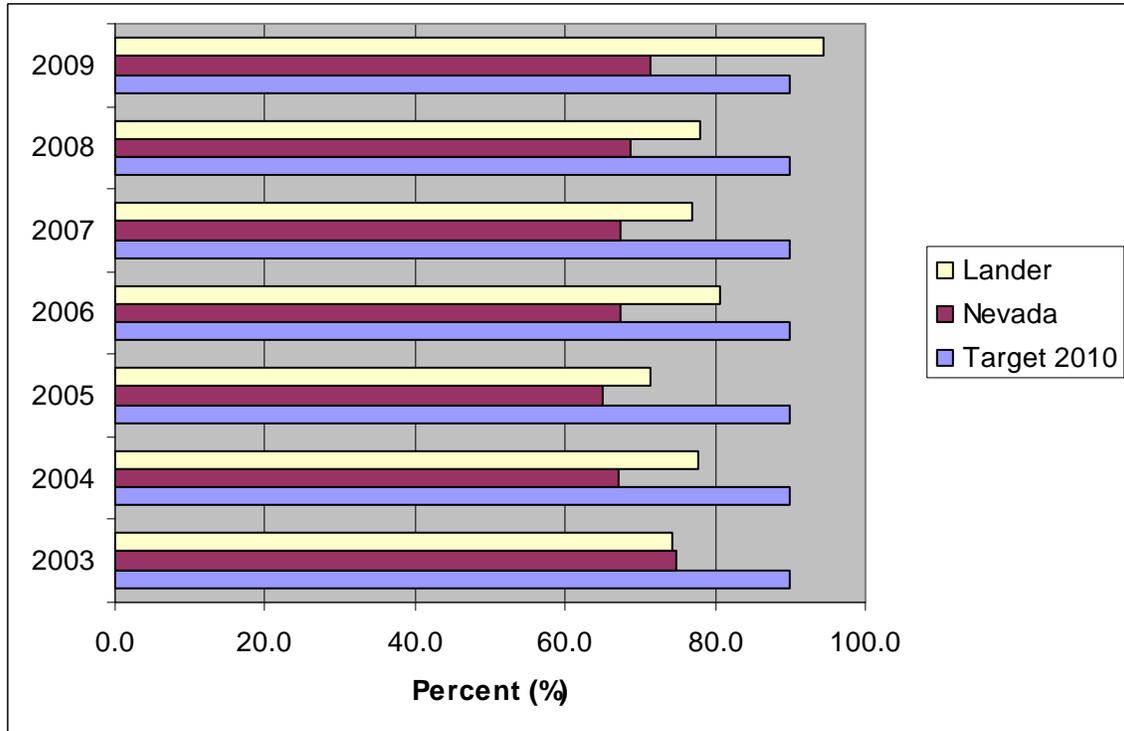


*These rates are age-adjusted to the 2000 U.S. standard population. The Nevada data are from Nevada Vital Statistics Records. Note: 2007 and 2008 data are not final and are subject to change.

Education and Community-Based Programs

Healthy People 2020 Objective ECBP HP2020-6: Increase the proportion of the population that completes high school.

High School Completion Rate (Percent), Lander County and Nevada, 2003 - 2009.*



High school completion rates for the state and Lander County fluctuated from 2003-2009. In 2009, Lander County saw an increase in the high school completion rate. At 94.5 percent, Lander County surpassed the Healthy People 2010 target of 90 percent.

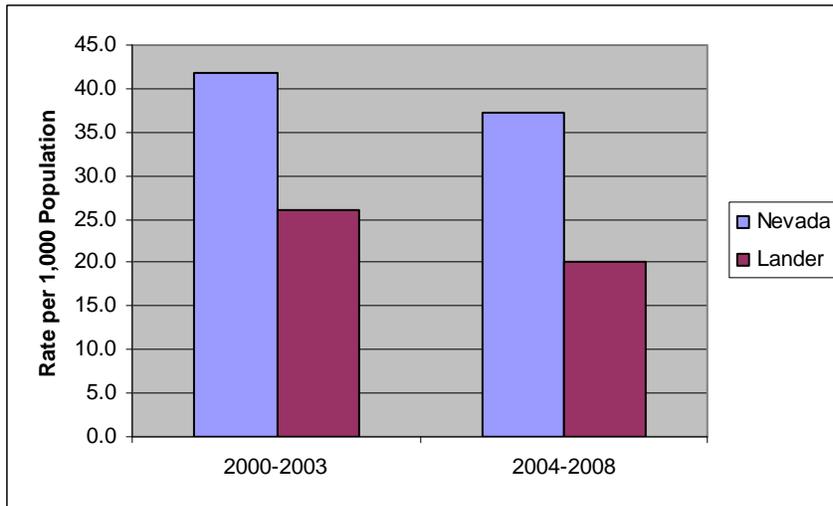
*The Nevada data are from the Nevada Annual Reports of Accountability.

Family Planning

Healthy People 2010 Objective (9-7): Reduce pregnancies among adolescent females.

Healthy People 2020 Objective FP HP2020–8: Reduce pregnancies among adolescent females, aged 15-17 and aged 18-19.

Aggregated Adolescent Pregnancy Rate Among Females Aged 15 to 17 Years, Lander County and Nevada, 2000 - 2003 and 2004 - 2008.*

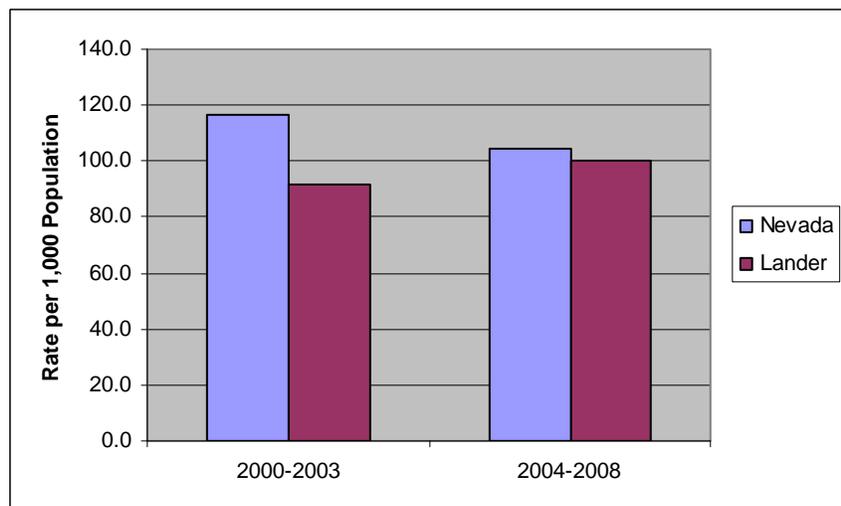


The adolescent pregnancy rate among females, aged 15 to 17 years, for Lander County was consistently lower than the state rate from 2004-2008.

On average, from 2004 -2008, both the state and the county met the Healthy People 2010 target of 39 per 1,000 population.

Aggregated Adolescent Pregnancy Rate Among Females Aged 18 to 19 Years, County and Nevada, 2000 - 2003 and 2004 - 2008.*

The adolescent pregnancy rate among females, aged 18 to 19 years, for Lander County was lower than the state rate over the reporting period.

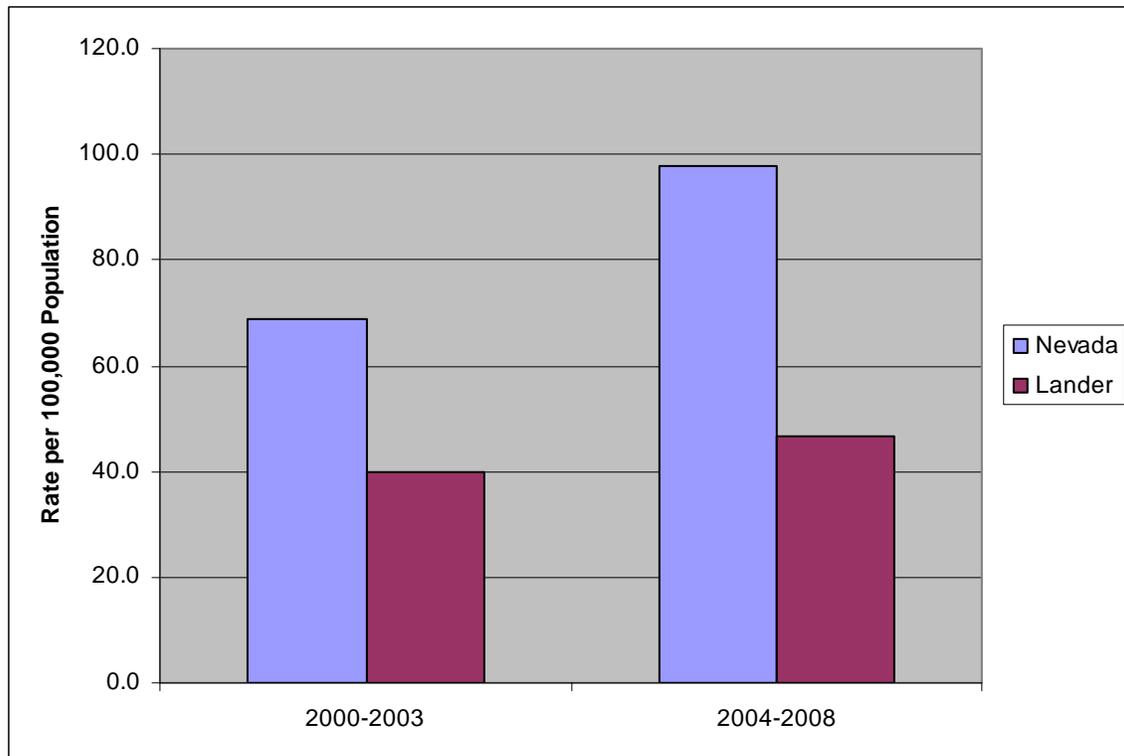


*The Nevada data are from Nevada Vital Statistics Records.
Note: 2008 data are not final and are subject to change.

Healthcare-Associated Infections (HAI)

Healthy People 2020 Objective HAI HP2020-2: Reduce invasive methicillin-resistant staphylococcus aureus (MRSA) infections.

Aggregated Rate of Invasive Methicillin-Resistant Staphylococcus Aureus (MRSA) Infections, Lander County and Nevada, 2000 - 2003 and 2004 - 2008.*



The rate of invasive methicillin-resistant staphylococcus aureus (MRSA) infections increased for both Nevada and Lander County from 2000-2008. On average from 2004-2008, the rate reported in Lander County was less than half the state rate.

This is a new focus area objective for the Healthy People 2020 Program. The Healthy People 2020 target rate is 6.56 per 100,000 population.

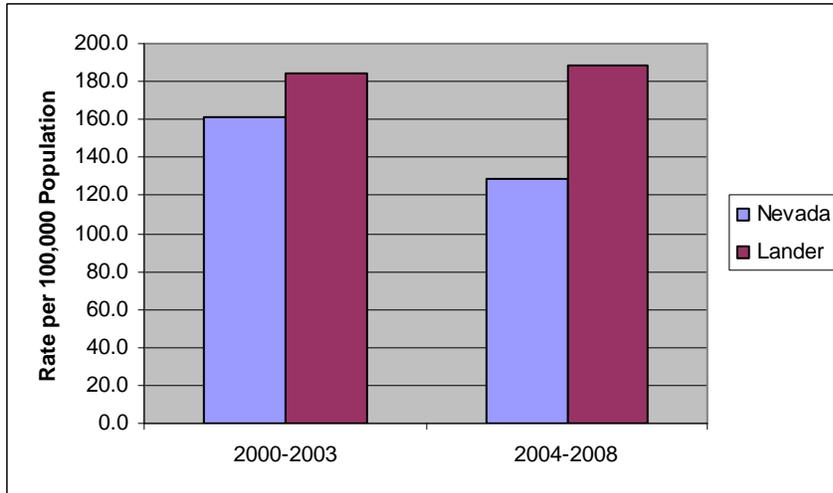
*These rates are age-adjusted to the 2000 U.S. standard population. Nevada data are from the Nevada Inpatient Hospital Discharge Database (NIHDD).

Heart Disease and Stroke

Healthy People 2010 Objective (12-1): Reduce coronary heart disease deaths.

Healthy People 2020 Objective HDS HP2020-2: Reduce coronary heart disease deaths.

Aggregated Age-Adjusted Coronary Heart Disease Death Rate, Lander County and Nevada, 2000 - 2003 and 2004 - 2008.*



The coronary heart disease mortality rate for Lander county was consistently higher than the state rate from 2000-2008. The state rate decreased, while the county rate increased slightly.

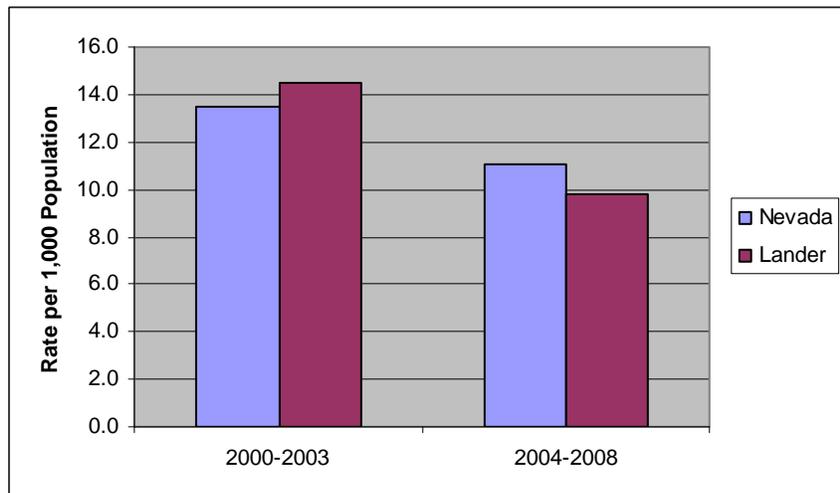
The state met the Healthy People 2010 target rate of 162 per 100,000 but Lander County did not.

*These rates are age-adjusted to the 2000 U.S. standard population. The Nevada data are from Nevada Vital Statistics Records. Note: 2007 and 2008 data are not final and are subject to change.

Healthy People 2010 Objective (12-6.): Reduce the rate of hospitalizations of older adults aged 65 years and older with congestive heart failure.

Aggregated Hospitalization Rate of Older Adults Aged 65 Years and Older With Congestive Heart Failure, Lander County and Nevada, 2000 - 2003 and 2004 - 2008.*

The hospitalization rates of older adults, aged 65 years and older, with congestive heart failure for both Lander County and Nevada decreased from 2000-2008.

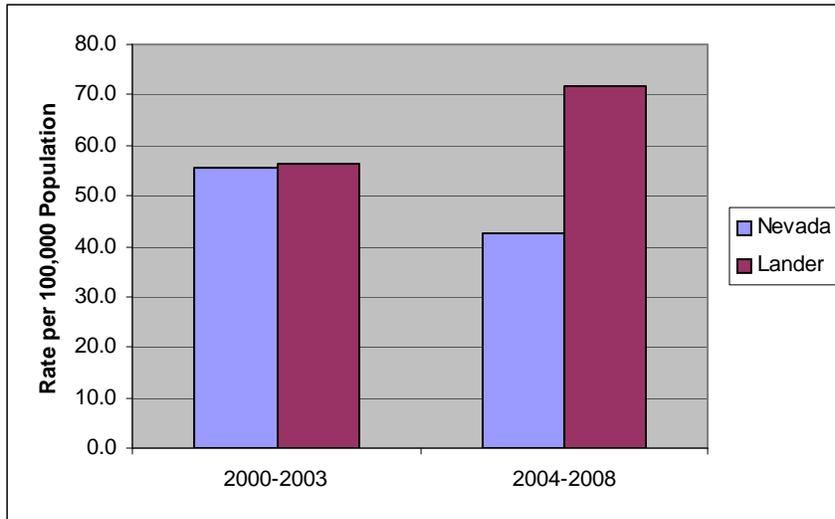


*The Nevada data are from Nevada Inpatient Hospital Discharge (NIHDD).

Healthy People 2010 Objective (12-7): Reduce stroke deaths.

Healthy People 2020 Objective HDS HP2020-3: Reduce stroke deaths.

Aggregated Age-Adjusted Stroke Death Rate, Lander County and Nevada, 2000 - 2003 and 2004 - 2008.*



Lander County's stroke mortality rate increased 30% over the state's rate during the 2000 to 2008 reporting period.

On average from 2000-2008 the state met the Healthy People 2010 target rate of 50 per 100,000 population, but Lander County did not.

*These rates are age-adjusted to the 2000 U.S. standard population. The Nevada data are from Nevada Vital Statistics Records. Note: 2007 and 2008 data are not final and are subject to change.

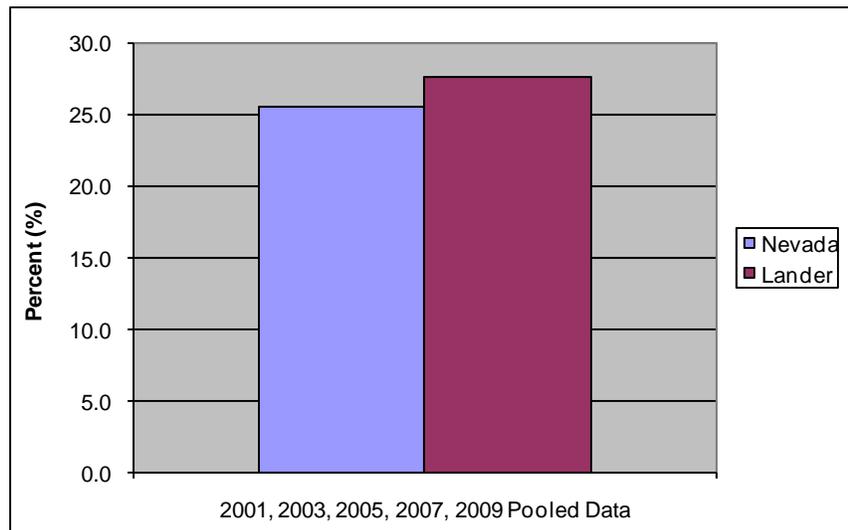
Healthy People 2010 Objective (12-9a.): Reduce the proportion of adults with high blood pressure.

Healthy People 2020 Objective HDS HP2020-5.1: Reduce the proportion of adults with hypertension.

Aggregated Proportion of Adults with High Blood Pressure, Lander County and Nevada, BRFSS Data, 2001, 2003, 2005, 2007, 2009.*

Lander County reported a marginally higher rate of adults with high blood pressure than Nevada for the years 2000-2009.

Neither the state, nor the county, met the Healthy People 2010 goal of 14 percent.



*These percentages are weighted to survey population characteristics. Not all counties were included in the survey results.

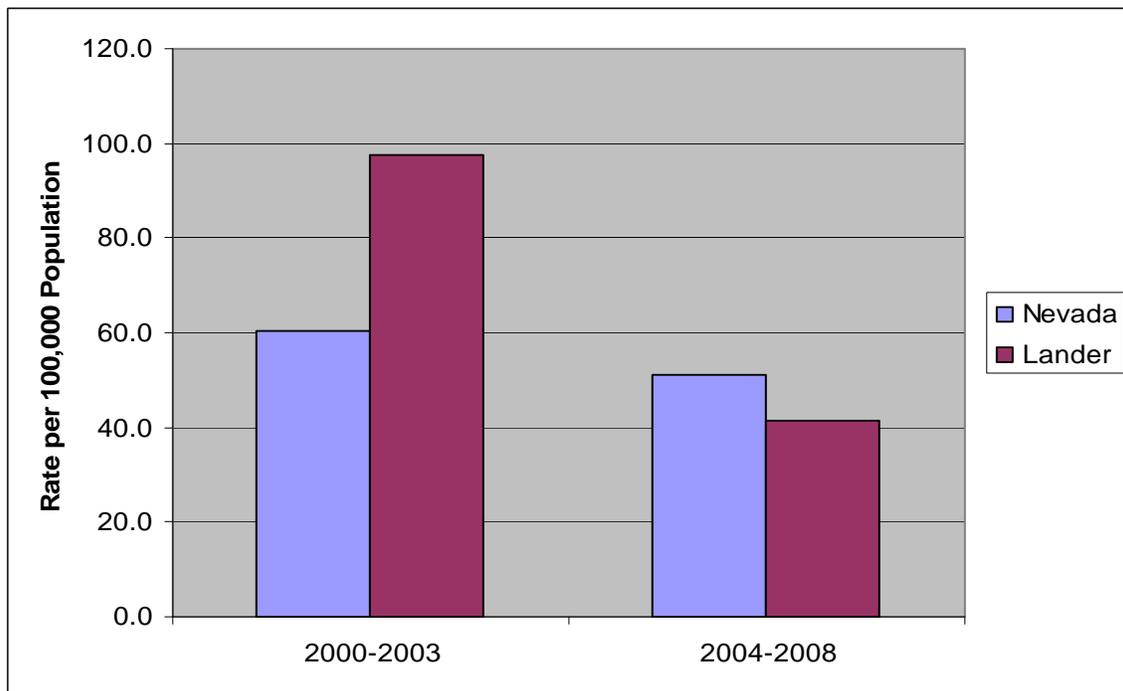
Immunization and Infectious Diseases

Healthy People 2010 Objective (14-17): Reduce hospitalization caused by peptic ulcer disease in the United States.

Healthy People 2020 Objective IID HP2020-10: Reduce hospitalization caused by peptic ulcer disease in the United States.

NOTE: This objective was removed in the final HP 2020 release.

Aggregated Age-Adjusted Rate of Hospitalizations for Peptic Ulcer Disease, Lander County and Nevada, 2000 - 2003 and 2004 - 2008*.



Hospitalization rates for peptic ulcer disease declined over the years 2000—2008 in both Nevada and Lander County. Lander County has decreased its rate by more than half and met the Healthy People 2010 target rate of 46 per 100,000 population for years 2004-2008.

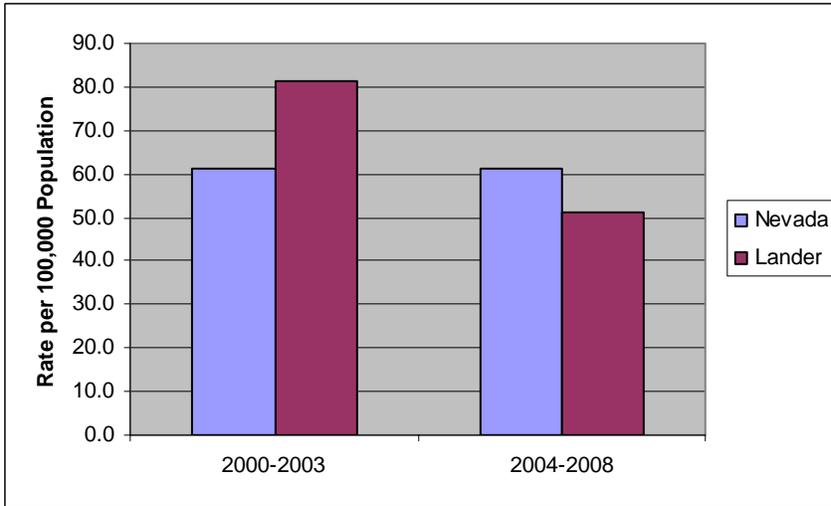
*These rates are age-adjusted to the 2000 U.S. standard population. The Nevada data are from the National Electronic Telecommunications System for Surveillance (NEDSS).

Injury and Violence Prevention

Healthy People 2010 Objective (15-1): Reduce hospitalizations for nonfatal head injuries.

Healthy People 2020 Objective IVP HP2020-2.2: Reduce hospitalizations for nonfatal traumatic brain injuries.

Aggregated Hospitalization Rate for Non-Fatal Head Injuries, Lander County and Nevada, 2000 - 2003 and 2004 - 2008.*



The hospitalization rate for non-fatal head injuries during the years 2000 to 2008 remained steady in Nevada and decreased in Lander County.

Neither the county, nor the state, met the Healthy People 2010 target rate of 41.2 per 100,000 population.

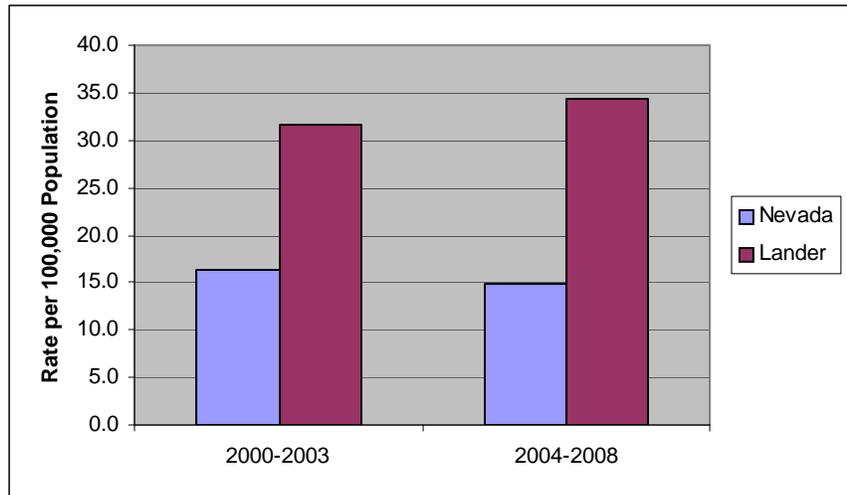
Healthy People 2010 Objective (15-3): Reduce firearm-related deaths.

Healthy People 2020 Objective IVP HP2020-30: Reduce firearm-related deaths.

Aggregated Age-Adjusted Firearm Related Death Rate, Lander County and Nevada, 2000 - 2003 and 2004 - 2008.*

During the years 2000 to 2008, the firearm related mortality rate for Lander County increased, while the Nevada rate decreased.

The rate reported in Lander County was consistently twice as high as the state rate overall and almost ten times higher than the Healthy People 2010 target rate of 3.6 per 100,000 population.

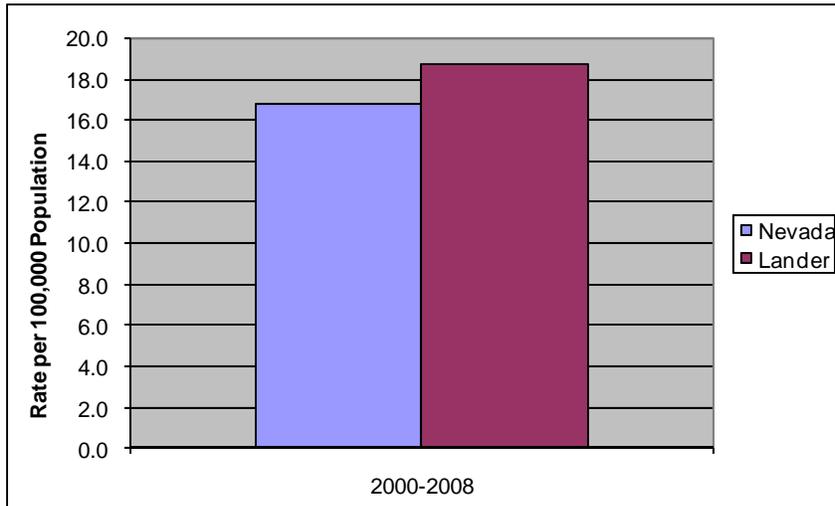


*The Nevada data are from the Nevada Inpatient Hospital Discharge Database (NIHDD).

Healthy People 2010 Objective (15-8): Reduce deaths caused by poisonings.

Healthy People 2020 Objective IVP HP2020-9: Prevent and increase in the rate of poisoning deaths.

Aggregated Age-Adjusted Death Rate Caused by Poisoning, Lander County and Nevada, 2000 - 2008.*



The poisoning mortality rate in Lander County is higher than the state rate this decade.

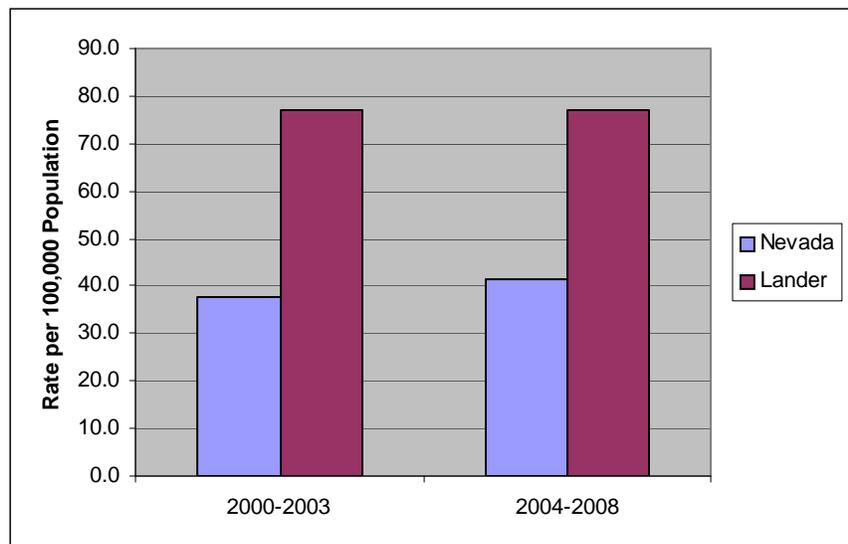
On average the poisoning death rate was higher in Lander County than the state rate overall, and more than twelve times higher than the Healthy People 2010 target rate of 1.5 per 100,000 population over the period 2000-2008.

Healthy People 2010 Objective (15-13): Reduce deaths caused by unintentional injuries.

Healthy People 2020 Objective IVP HP2020-11: Reduce unintentional injury deaths.

Aggregated Age-Adjusted Death Rate Caused by Unintentional Injuries, Lander County and Nevada, 2000 - 2003 and 2004 - 2008.*

The unintentional injury mortality rate in Lander County averaged almost twice that of the state rate during the years 2000—2008, and was more than four times the Healthy People 2010 target rate of 17.1 per 100,000 population.

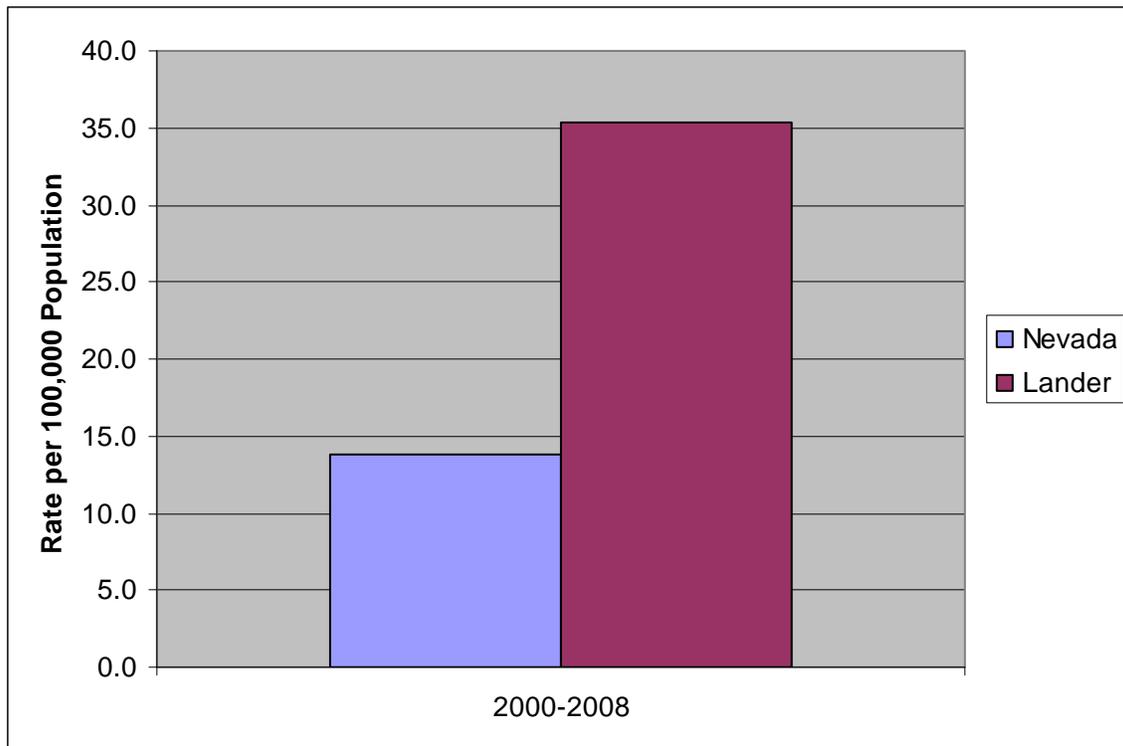


*These rates are age-adjusted to the 2000 U.S. standard population. The Nevada data are from Nevada Vital Statistics Records. Note: 2007 and 2008 data are not final and are subject to change.

Healthy People 2010 Objective (15-15a.): Reduce deaths caused by motor vehicle crashes.

Healthy People 2020 Objective IVP HP2020-13: Reduce motor vehicle crash-related deaths.

Aggregated Age-Adjusted Death Rate Caused by Motor Vehicle Crashes, Lander County and Nevada, 2000 - 2008.*



From 2000-2008, the motor vehicle crash mortality rate in Lander County averaged more than twice that of the Nevada rate, and was more than three times the Healthy People 2010 target rate of 8 deaths per 100,000 population.

Neither the county nor the state met the Healthy People 2010 goal.

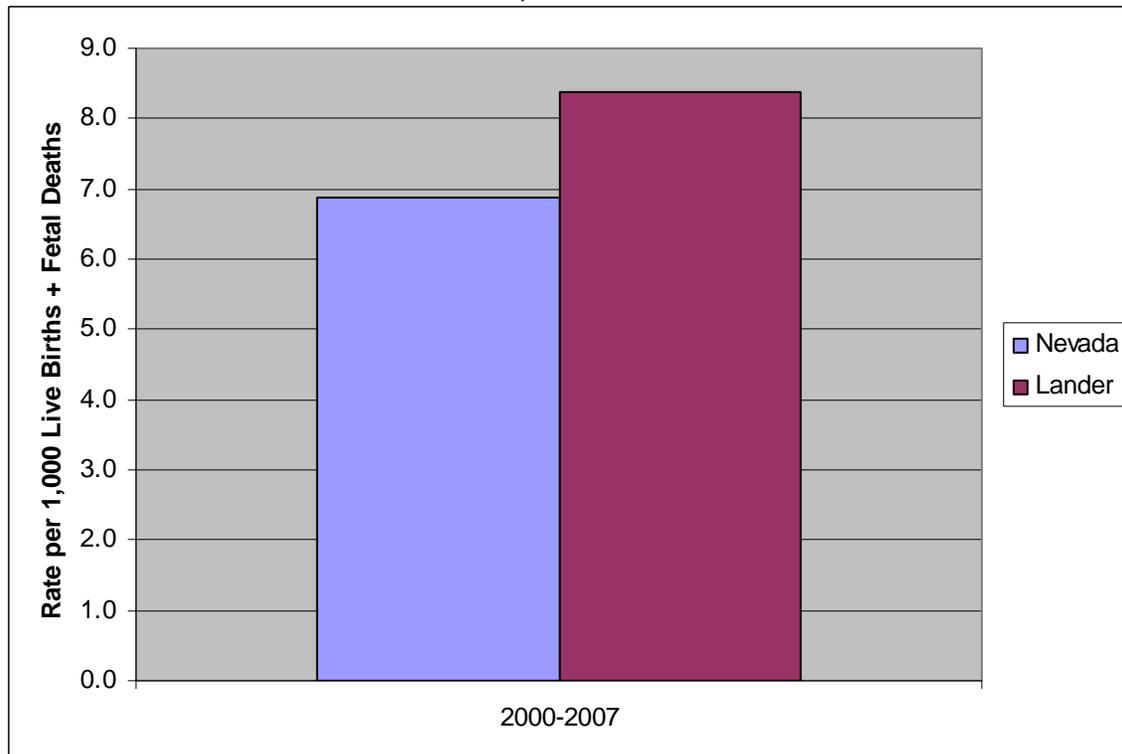
*These rates are age-adjusted to the 2000 U.S. standard population. The Nevada data are from Nevada Vital Statistics Records. Note: 2007 and 2008 data are not final and are subject to change.

Maternal, Infant, Child Health

Healthy People 2010 Objective (16-1a.): Reduce fetal deaths at 20 or more weeks gestation.

Healthy People 2020 Objective MICH HP2020-1.1: Reduce fetal deaths at 20 more weeks of gestation.

Aggregated Fetal Deaths at 20 or More Weeks of Gestation, Lander County and Nevada, 2000 - 2007.*



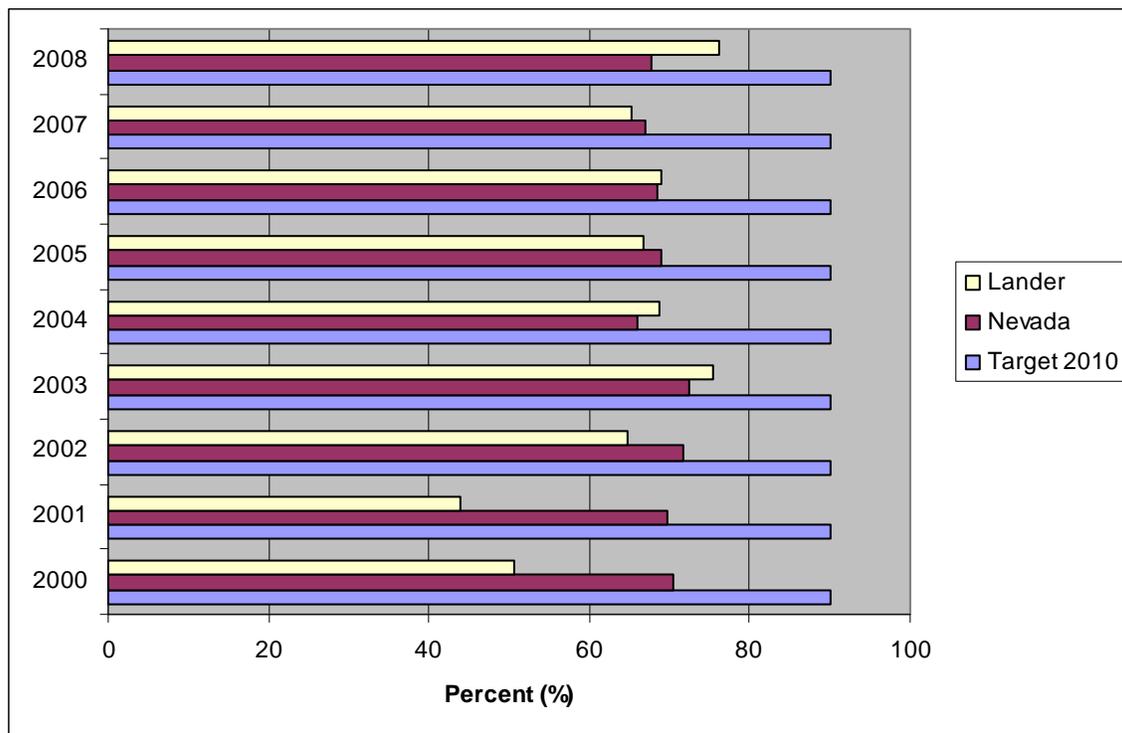
Fetal mortality at 20 or more weeks of gestation during the years 2000 to 2008, averaged higher in Lander County than the state, and was more than twice as high as the Healthy People 2010 target rate of 4.1 per 1,000 live births and fetal deaths for the reporting period.

*The Nevada data are from Nevada Vital Statistics Records.
Note: 2008 data are not final and are subject to change.

Healthy People 2010 Objective (16-6b.): Increase the proportion of pregnant women receiving early and adequate prenatal care.

Healthy People 2020 Objective MICH HP2020-10: Increase the proportion of women receiving early and adequate prenatal care.

Proportion of Pregnant Women Receiving Early and Adequate Prenatal Care, Lander County and Nevada, 2000 - 2008.*



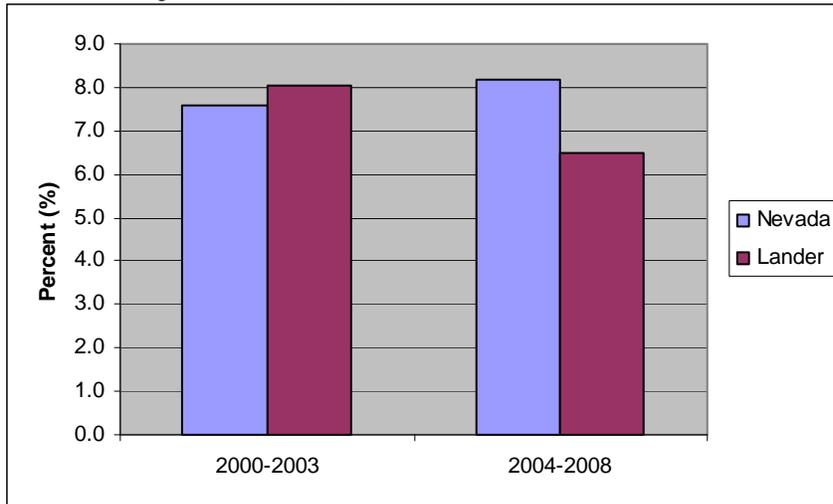
Pregnant women receiving prenatal care in the first trimester of pregnancy fluctuated within the state, and increased in Lander County over the decade. Neither Nevada, nor the county, attained the Healthy People 2010 target of 90 percent.

*The Nevada data are from Nevada Vital Statistics Records.
Note: 2007 and 2008 data are not final and are subject to change.

Healthy People 2010 Objective (16-10a.): Reduce the proportion of low birth weight infants.

Healthy People 2020 Objective MICH HP2020-8.1: Reduce the proportion of low birth weight infants.

Aggregated Proportion of Low Birth Weight Infants, Lander County and Nevada, 2000 - 2003 and 2004 - 2008.*



On average from 2000 to 2008, the percentage of low birth weight infants decreased in Lander County, and increased in Nevada.

Neither the state, nor the county, met the Healthy People 2010 goal of 5 percent.

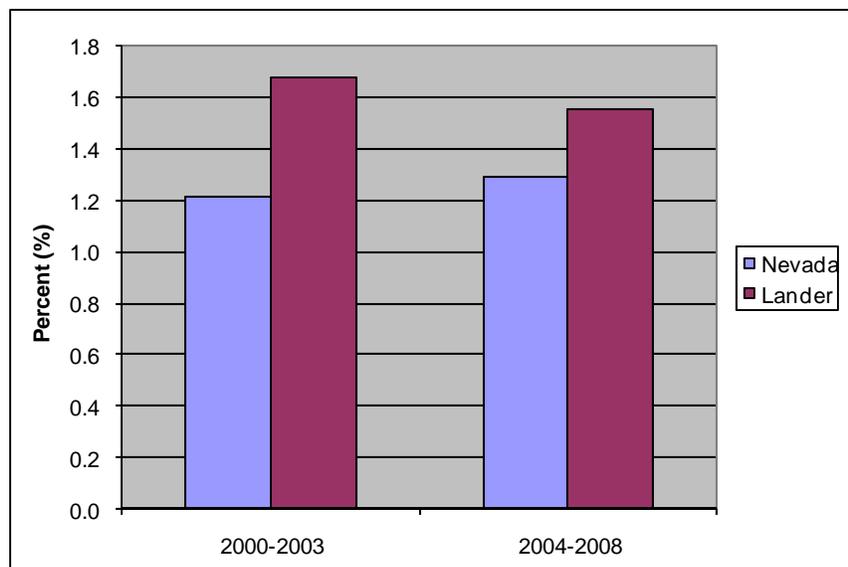
Healthy People 2010 Objective (16-10b.): Reduce the proportion of very low birth weight infants.

Healthy People 2020 Objective MICH HP2020-8.2: Reduce the proportion of very low birth weight infants.

Aggregated Proportion of Very Low Birth Weight Infants, Lander County and Nevada, 2000 - 2003 and 2004 - 2008.*

The percentage of very low birth weight infants decreased in Lander County and increased in Nevada from 2000-2008.

Neither the state, nor the county, met the Healthy People 2010 target of .9 percent.

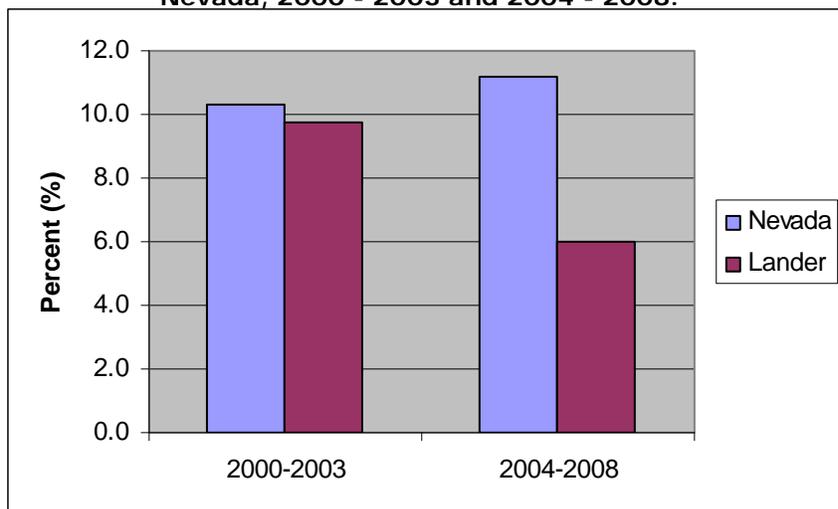


* The Nevada data are from Nevada Vital Statistics Records.
Note: 2008 data are not final and are subject to change.

Healthy People 2010 Objective (16-11a.): Reduce preterm birth, infants born prior to 37 completed weeks of gestation.

Healthy People 2020 Objective MICH HP2020-9.1: Reduce total preterm births.

Proportion of Pre-Term Births, Infants Born Prior to 37 Completed Weeks of Gestation, Lander County and Nevada, 2000 - 2003 and 2004 - 2008.*



During this decade, the percentage of pre-term births, infants born prior to 37 completed weeks of gestation, decreased in Lander County and increased in Nevada overall.

On average from 2004-2008, Lander County met the Healthy People 2010 target of 7.6 percent.

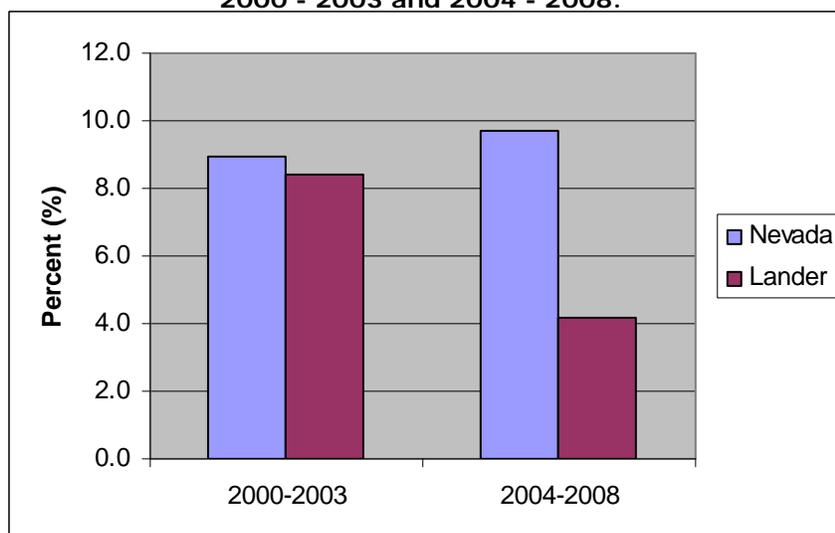
Healthy People 2010 Objective (16-11b.): Reduce the proportion of live births at 32 to 36 completed weeks of gestation.

Healthy People 2020 Objective MICH HP2020-9.2: Reduce the proportion of live births at 34 to 36 completed weeks of gestation.

Aggregated Proportion of Live Births at 32 to 36 Completed Weeks of Gestation, Lander County and Nevada, 2000 - 2003 and 2004 - 2008.*

The number of live births at 32 to 36 completed weeks of gestation, increased in the state and declined in Lander County on average from 2000-2008.

Lander County met the Healthy People 2010 goal of 6.4 percent from 2004-2008.

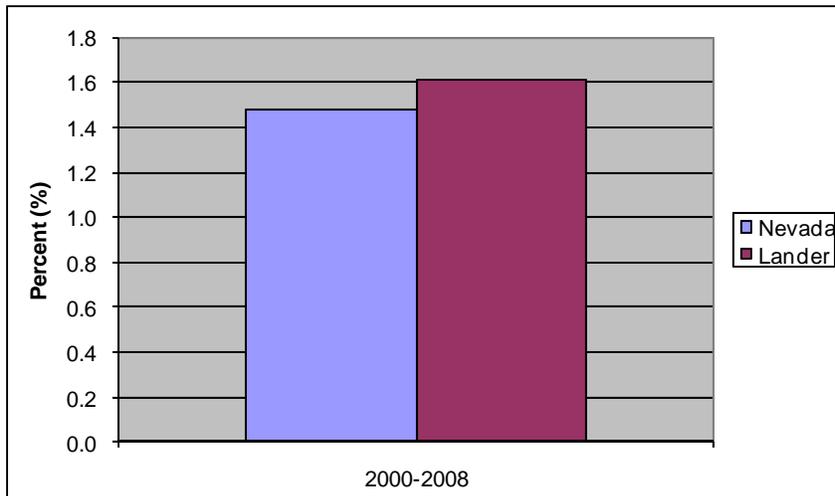


*The Nevada data are from Nevada Vital Statistics Records.
 Note: 2008 data are not final and are subject to change.

Healthy People 2010 Objective (16-11c.): Reduce the proportion of live births at less than 32 completed weeks of gestation.

Healthy People 2020 Objective MICH HP2020-9.4: Reduce the proportion of very preterm or live births at less than 32 completed weeks of gestation.

Aggregated Proportion of Live Births at Less Than 32 Completed Weeks of Gestation, Lander County and Nevada, 2000 - 2008.*



The percentage of live births at less than 32 completed weeks of gestation was slightly higher in Lander County than in Nevada on average from 2000-2008.

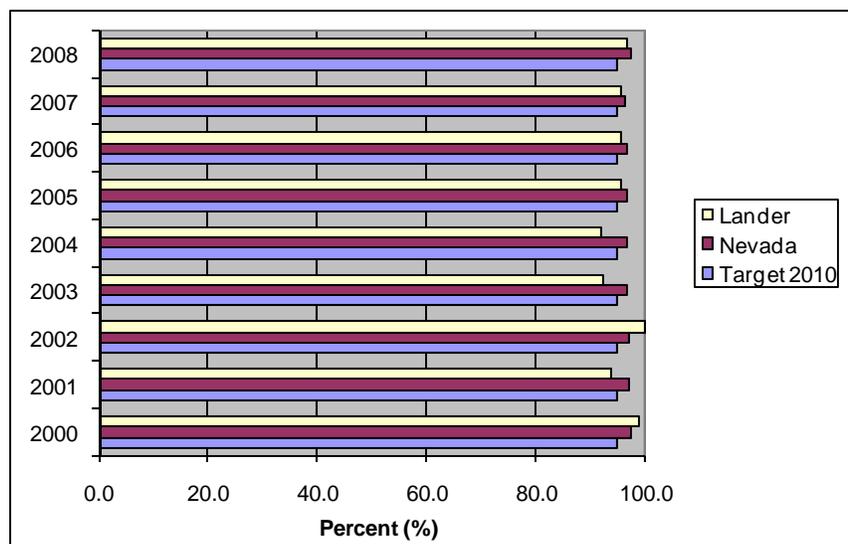
Neither Lander County nor the state met the Healthy People 2010 target of 1.1 percent.

Healthy People 2010 Objective (16-17a.): Increase the proportion of pregnant women abstaining from alcohol.

Healthy People 2020 Objective MICH HP2020-11.1: Increase abstinence from alcohol among pregnant women.

Proportion of Pregnant Women, Aged 14 to 55, Abstaining from Alcohol, Lander County and Nevada, 2000 - 2008.*

Both Lander County and the state, surpassed the Healthy People 2010 target of 95 percent for the percentage of pregnant women abstaining from alcohol from 2005-2008.

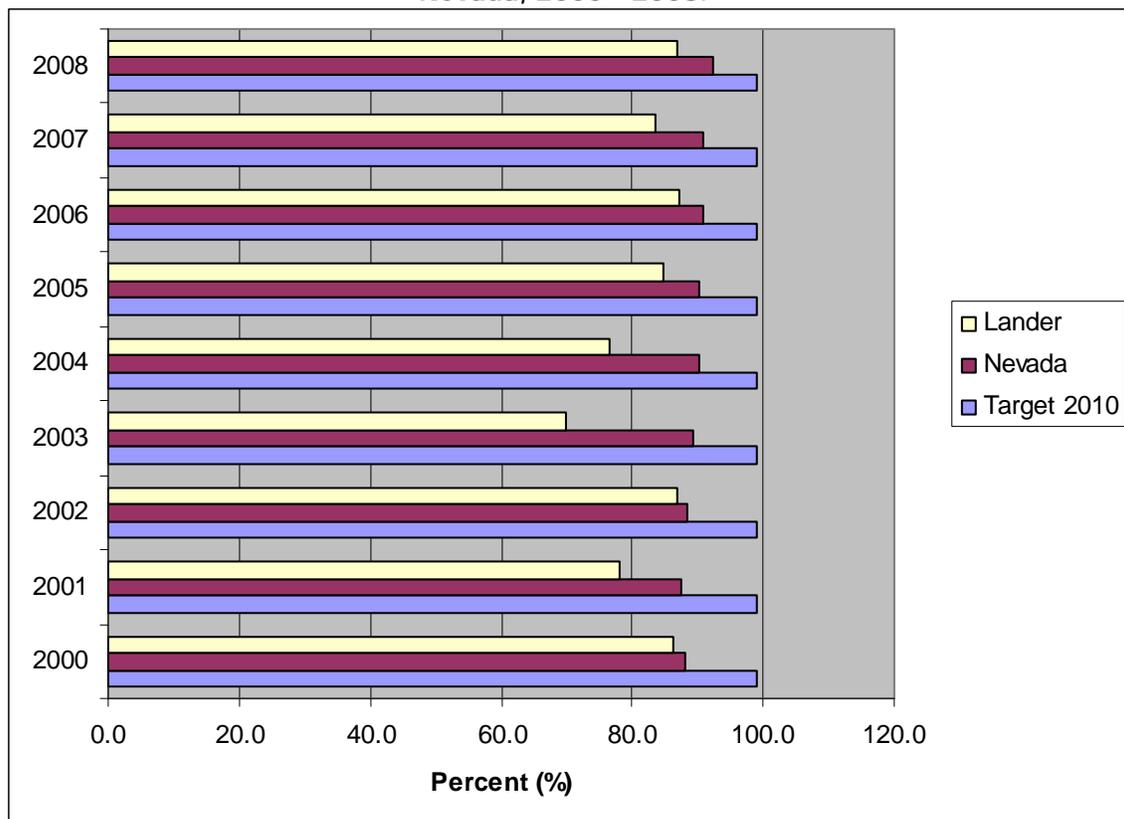


*The Nevada data are from Nevada Vital Statistics Records.
Note: 2008 data are not final and are subject to change.

Healthy People 2010 Objective (16-17c.): Increase the proportion of pregnant women, aged 15-44 years, abstaining from cigarette smoking.

Healthy People 2020 Objective MICH HP2020-11.3: Increase abstinence from cigarettes among pregnant women.

Proportion of Pregnant Women Abstaining from Tobacco, Lander County and Nevada, 2000 - 2008.*



Neither Lander County nor the state, met the Healthy People 2010 target of 99 percent for the percentage of pregnant women abstaining from tobacco from 2000-2008. The county rate has fluctuated over the reporting period.

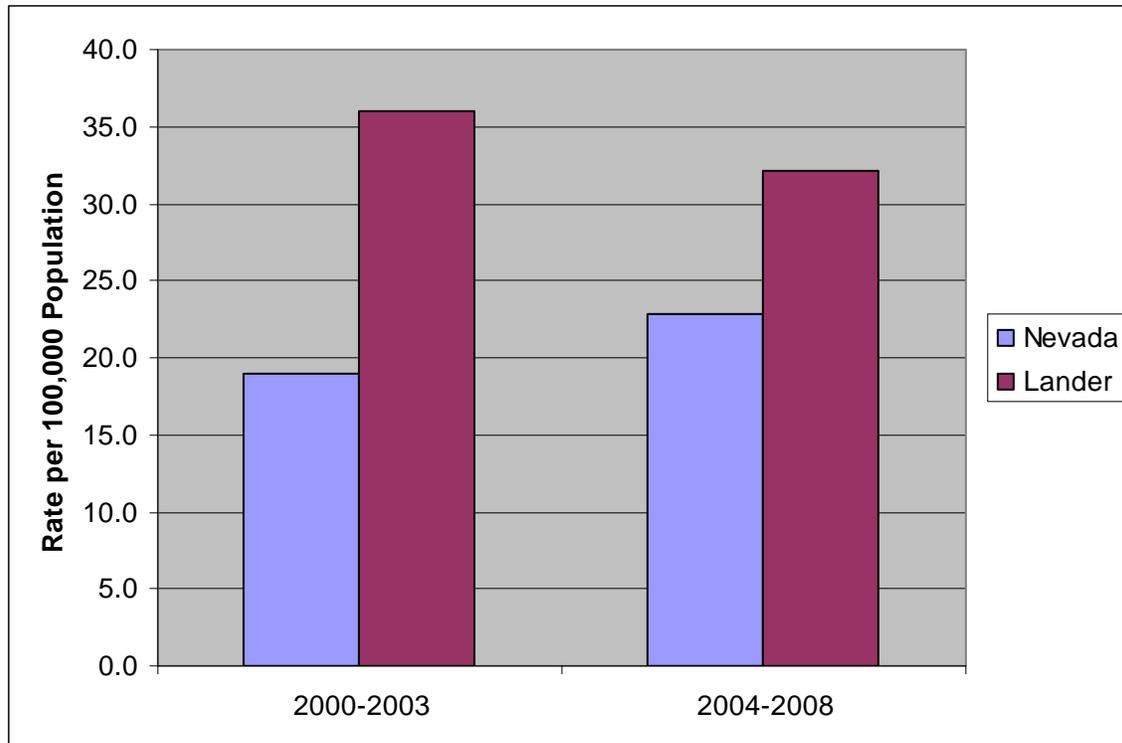
*The Nevada data are from Nevada Vital Statistics Records.
Note: 2008 data are not final and are subject to change.

Mental Health and Mental Disorders

Healthy People 2010 Objective (18-1.): Reduce the suicide rate.

Healthy People 2020 Objective MHMD HP2020-1: Reduce the suicide rate.

Aggregated Age-Adjusted Suicide Death Rate, Lander County and Nevada, 2000 - 2003 and 2004 - 2008.*



The suicide mortality rate for Lander County decreased from 2000-2008, while the Nevada rate increased. On average from 2004-2008, the Lander County rate was more than six times higher than the Healthy People 2010 target rate of 4.8 suicide deaths per 100,000 population.

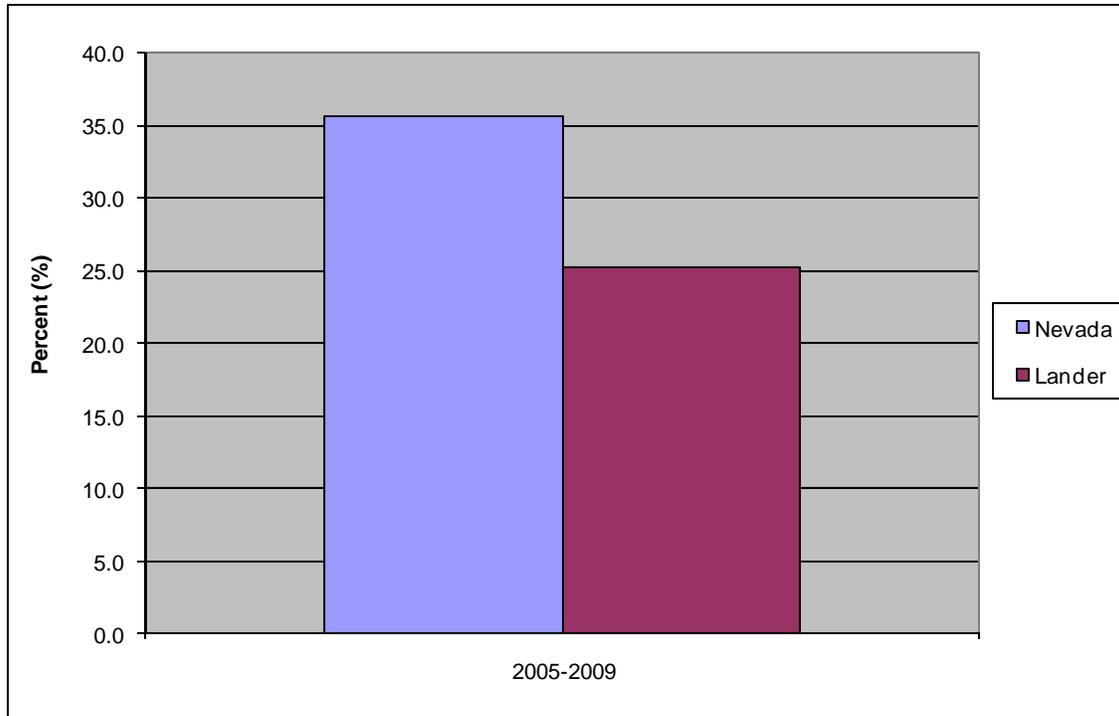
*These rates are age-adjusted to the 2000 U.S. standard population. The Nevada data are from Nevada Vital Statistics Records. Note: 2007 and 2008 data are not final and are subject to change.

Nutrition and Weight Status

Healthy People 2010 Objective (19-1): Increase the proportion of adults who are at a healthy weight.

Healthy People 2010 Objective NWS HP2020-8: Increase the proportion of adults who are at a healthy weight.

Aggregated Proportion of Adults Who Are At a Healthy Weight, Lander County and Nevada, BRFSS Data, 2005 - 2009.*



Lander County had a lower rate for the percentage of adults who are at a healthy weight than the state from 2005—2009. The county rate was less than half of the Healthy People 2010 target of 60 percent.

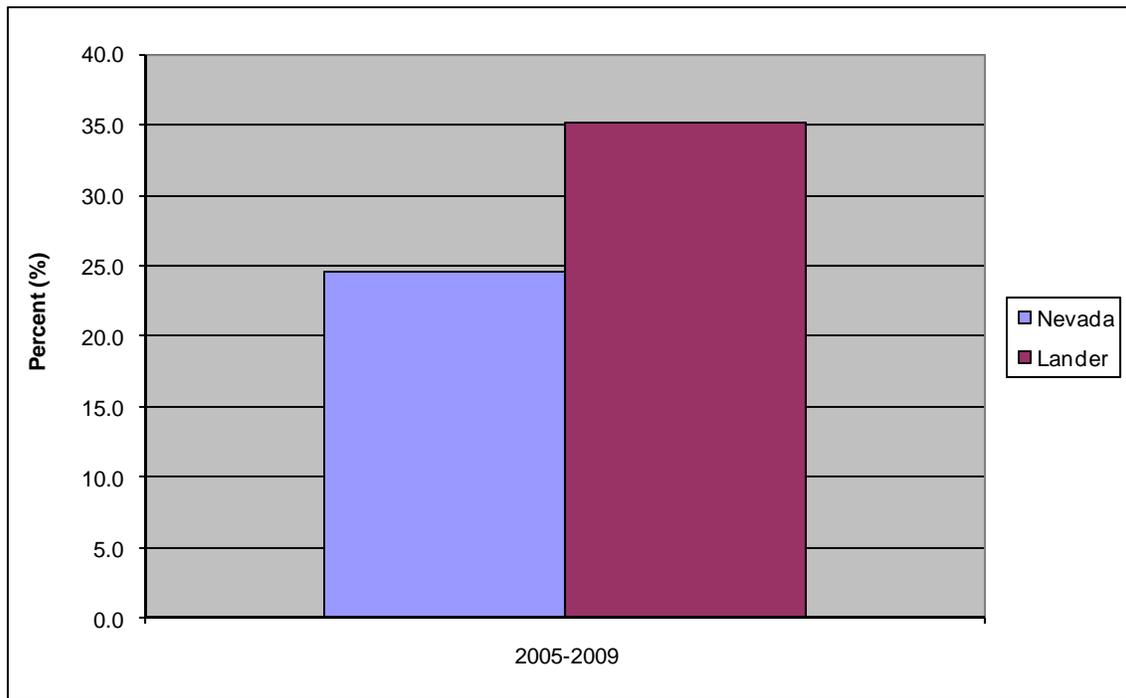
Neither the county, nor the state, met the Healthy People 2010 goal.

*These percentages are weighted to survey population characteristics. Not all counties were included in the survey results.
Note: Body weight estimates from self-reported heights and weights tend to be lower than those from measured height and weight.

Healthy People 2010 Objective (19-2): Reduce the proportion of adults who are obese.

Healthy People 2020 Objective NWS HP2020-9: Reduce the proportion of adults who are obese.

Aggregated Proportion of Adults Who Are Obese, Lander County and Nevada, BRFSS Data, 2005 - 2009.*



According to Behavioral Risk Factor Surveillance Data from 2005-2009, the proportion of adults who were obese in Lander County was more than twice as high as the Healthy People 2010 goal of 15 percent.

Neither the county, nor the state, met the Healthy People 2010 target.

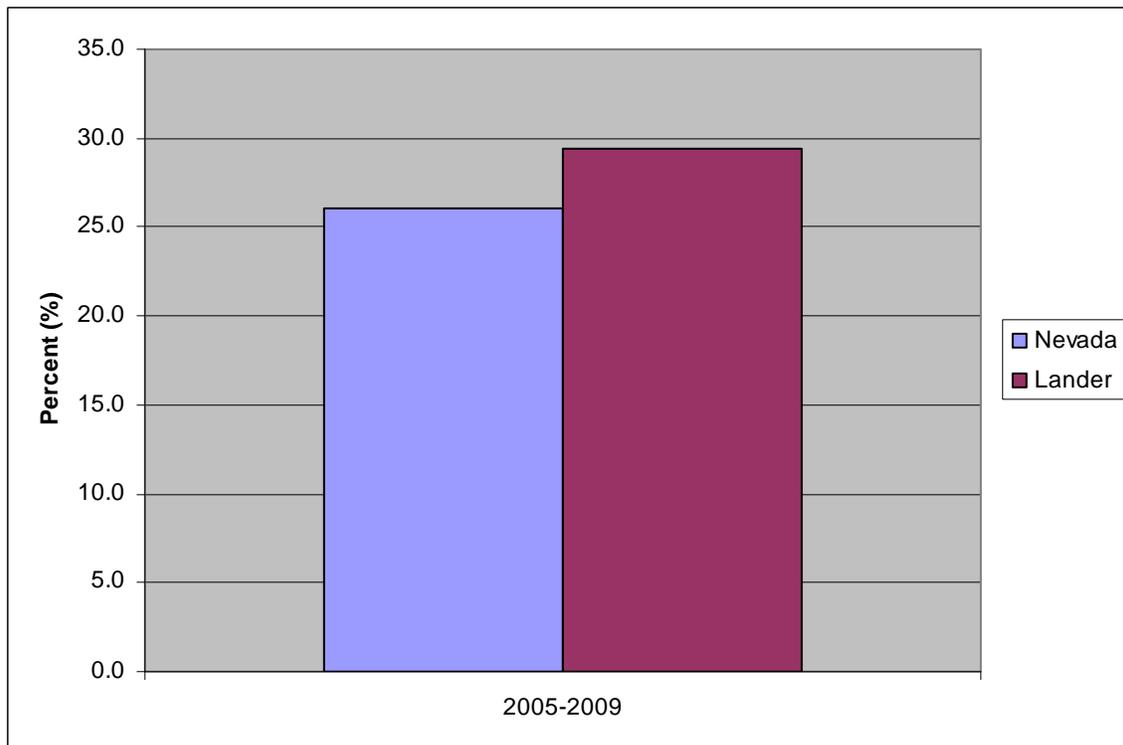
*These percentages are weighted to survey population characteristics. Not all counties were included in the survey results.
Note: Body weight estimates from self-reported heights and weights tend to be lower than those from measured height and weight.

Physical Activity and Fitness

Healthy People 2010 Objective (22-1.): Reduce the proportion of adults who engage in no leisure-time physical activity.

Healthy People 2020 Objective PA HP2020-1: Reduce the proportion of adults who engage in no leisure-time physical activity.

Aggregated Proportion of Adults Who Engage in No Leisure Time Physical Activity, Lander County and Nevada , BRFSS Data, 2005 - 2009.*



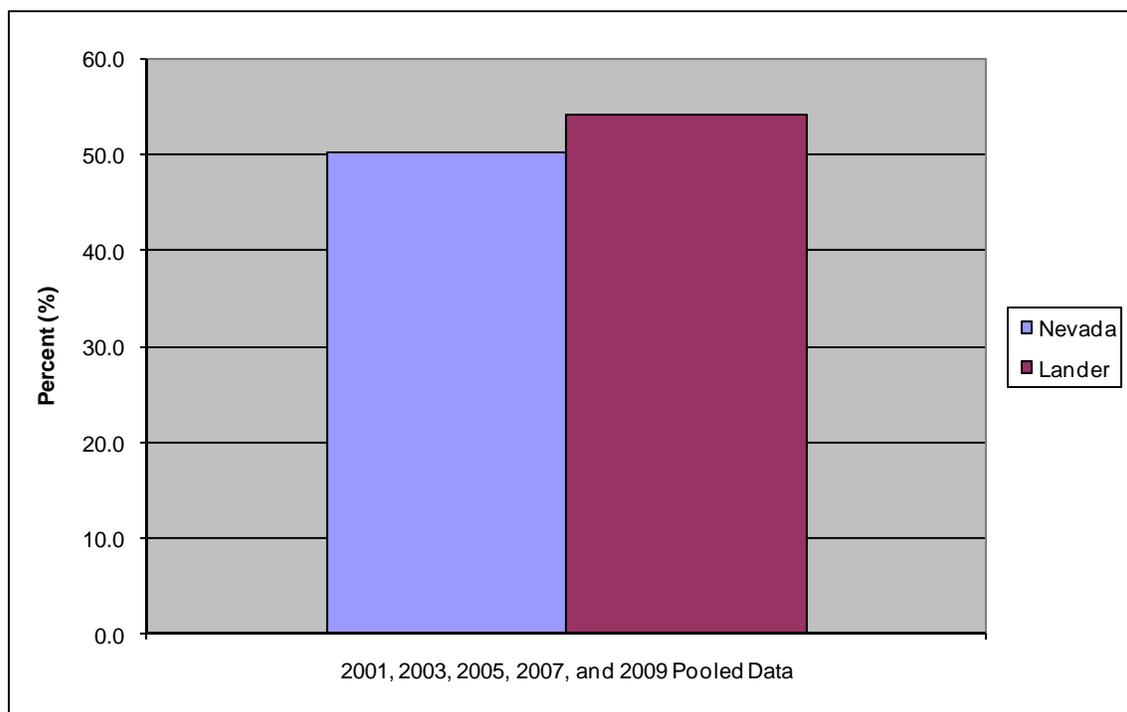
The percentage of adults who engaged in no leisure time physical activity was higher on average in Lander County than in the state for 2005—2009. Neither the state, nor the county, met the Healthy People 2010 target of 20 percent.

*These percentages are weighted to survey population characteristics. Not all counties were included in the survey results.

Healthy People 2010 Objective (22-2.): Increase the proportion of adults who engage regularly, preferably daily, in moderate physical activity for at least 30 minutes per day.

Healthy People 2020 Objective PA HP2020-2.1: Increase the proportion of adults who engage in aerobic physical activity of at least moderate intensity for at least 150 minutes/week or 75 minutes/week of vigorous intensity or an equivalent combination.

Aggregated Proportion of Adults Who Engage in Aerobic Physical Activity of At Least Moderate Intensity for At Least 150 Minutes per Week or of Vigorous Intensity for At Least 75 Minutes per Week or an Equivalent Combination, Lander County and Nevada, BRFSS Data, 2001, 2003, 2005, 2007, 2009.*



The percentage of adults who engage in aerobic physical activity of at least moderate intensity for at least 150 minutes per week or of vigorous intensity for at least 75 minutes per week or an equivalent combination, was higher in Lander County than in the state according to Behavioral Risk Factor Surveillance data from 2001-2009.

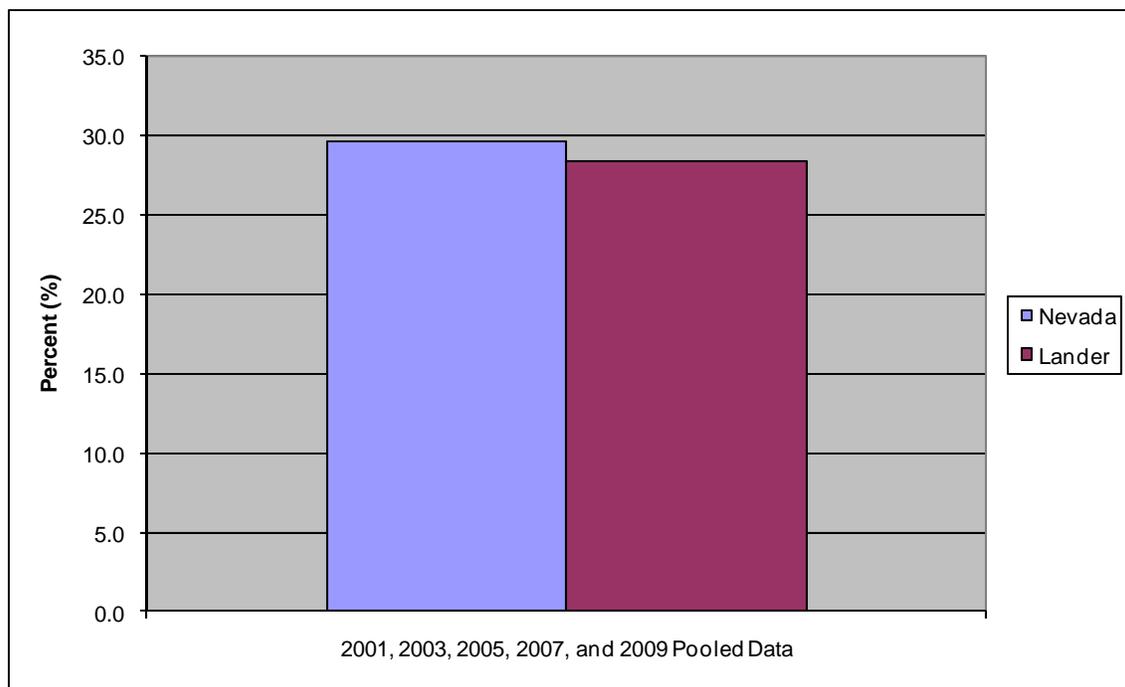
Both the state and the county met the Healthy People 2010 goal of 50 percent.

*These percentages are weighted to survey population characteristics. Not all counties were included in the survey results.

Healthy People 2010 Objective (22-3.): Increase the proportion of adults who engage in vigorous physical activity promoting the development and maintenance of cardio-respiratory fitness for 20 or more minutes per day 3 or more days per week.

Healthy People 2020 Objective PA HP2020-2.2: Increase the proportion of adults who engage in aerobic physical activity of at least moderate intensity for more than 300 minutes/week or more than 150 minutes/week of vigorous intensity or an equivalent combination.

Aggregated Proportion of Adults Who Engage in Aerobic Physical Activity of At Least Moderate Intensity for More Than 300 Minutes per Week or More Than 150 Minutes per Week of Vigorous Intensity or An Equivalent Combination, Lander County and Nevada, BRFSS Data, 2001, 2003, 2005, 2007, 2009.*



The percentage of adults who engaged in aerobic physical activity of at least moderate intensity for more than 300 minutes per week or of vigorous intensity for more than 150 minutes per week or an equivalent combination, was higher in the state than in Lander County during the Behavioral Risk Factor Surveillance Survey data for the reported years 2001-2009.

Both the county and the state met the Healthy People 2010 target of 30 percent.

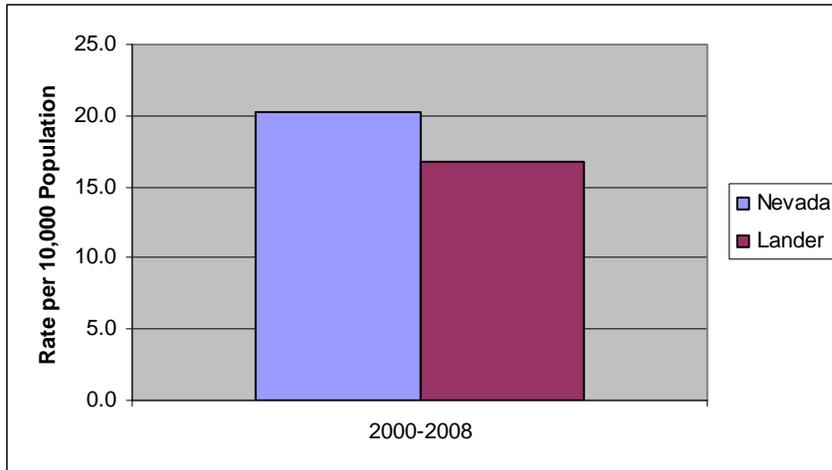
*These percentages are weighted to survey population characteristics. Not all counties were included in the survey results.

Respiratory Diseases

Healthy People 2010 Objective (24-2a.): Reduce hospitalizations for asthma in children under age 5 years.

Healthy People 2020 Objective RD HP2020-2.1: Reduce hospitalizations for asthma in children under age 5 years.

Aggregated Hospitalizations for Asthma in Children Under Age 5 Years, Lander County and Nevada, 2000 - 2008.*



Asthma hospitalizations in children under age 5 years, averaged lower in Lander County than in Nevada from 2000-2008.

Both the state and the county met the Healthy People 2010 target of 25 per 10,000 population.

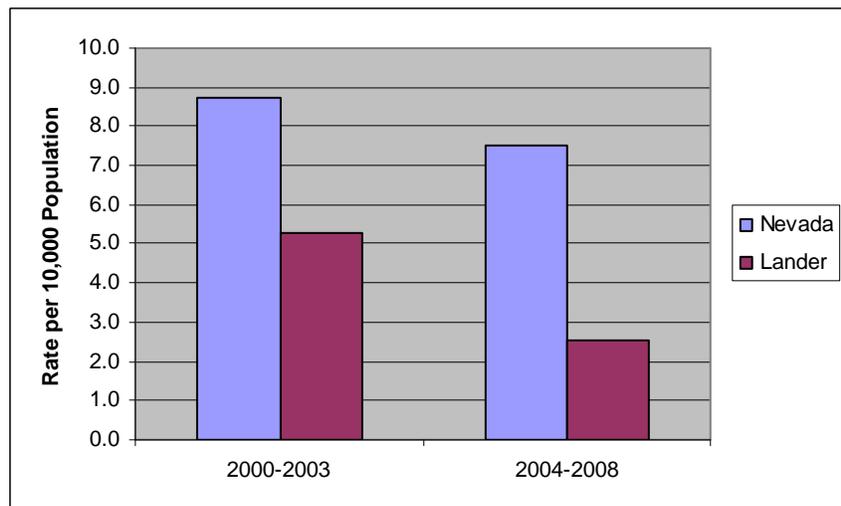
Healthy People 2010 Objective (24-2b.): Reduce hospitalizations for asthma in children and adults, aged 5 to 64 years.

Healthy People 2020 Objective RD HP2020-2.2: Reduce hospitalizations for asthma in children and adults, aged 5 to 64 years.

Aggregated Hospitalizations for Asthma in Children and Adults Aged 5 to 64 Years, Lander County and Nevada, 2000 - 2003 and 2004 - 2008.*

On average from 2000-2008, the hospitalization rate for asthma in children and adults, aged 5 years to 64 years, decreased for both the state and Lander County.

Lander County consistently met the Healthy People 2010 target rate of 7.7 per 100,000 population.

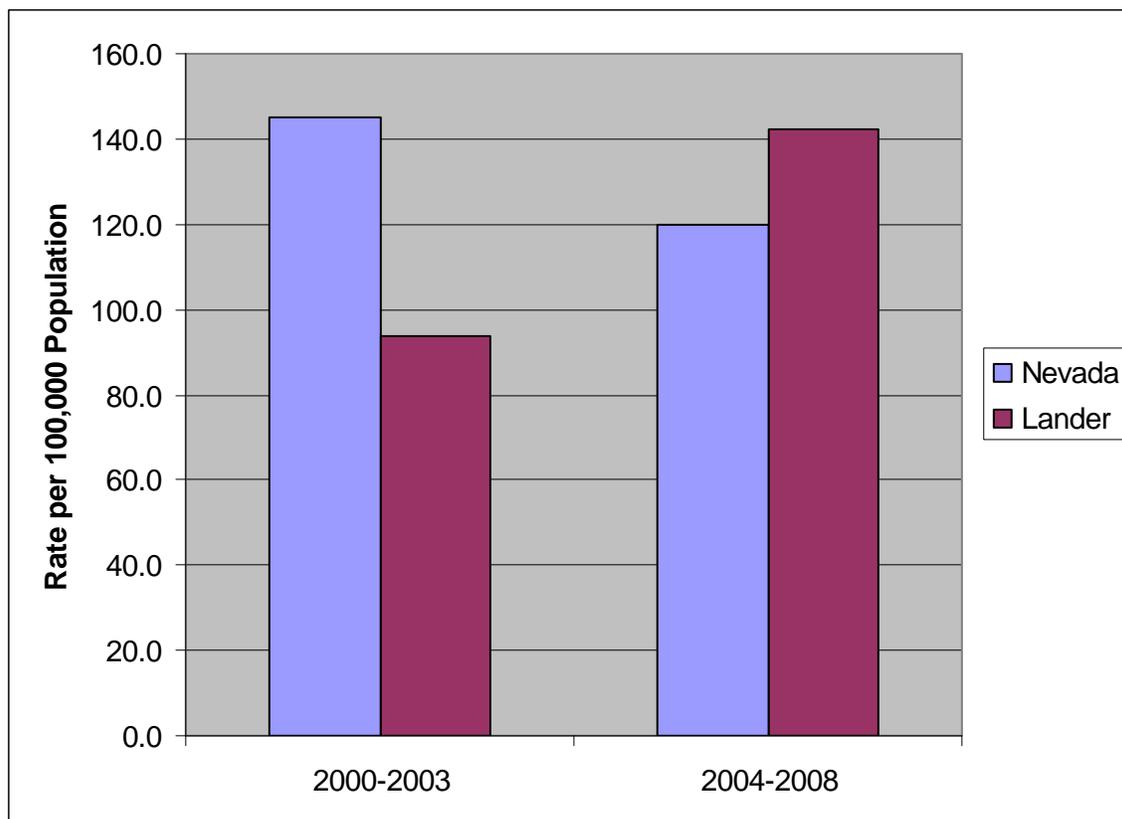


*The Nevada data are from Nevada Inpatient Hospital Discharge Database (NIHDD).

Healthy People 2010 Objective (24-10.): Reduce deaths from chronic obstructive pulmonary disease among adults.

Healthy People 2020 Objective RD HP2020-10: Reduce deaths from chronic obstructive pulmonary disease among adults.

Aggregated Age-Adjusted Chronic Obstructive Pulmonary Disease Deaths, Lander County and Nevada, 2000 – 2003 and 2004 - 2008.*



On average from 2000—2008, the chronic obstructive pulmonary disease (COPD) mortality rate declined in Nevada, but increased in Lander County.

From 2004-2008, both the state rate and the county rate were approximately twice as high as the Healthy People 2010 target rate of 62.3 percent per 100,000 population.

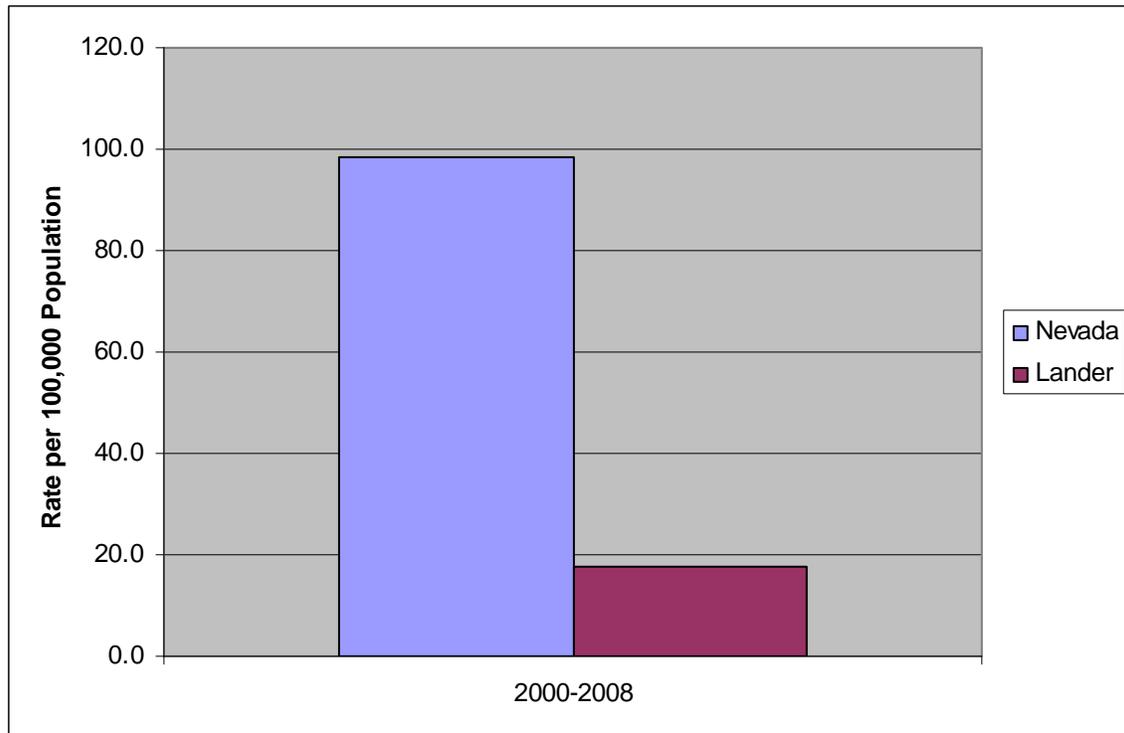
*These rates are age-adjusted to the 2000 U.S. standard population. The Nevada data are from Nevada Vital Statistics Records. Note: 2007 and 2008 data are not final and are subject to change.

Sexually Transmitted Diseases

Healthy People 2010 Objective (25-2a.): Reduce gonorrhea rates.

Healthy People 2020 Objective STD HP2020-6: Reduce gonorrhea rates.

Aggregated Rate of Gonorrhea, Lander County and Nevada, 2000 - 2008.*



On average from 2000-2008, Lander County had a gonorrhea rate which averaged one fifth of the Nevada rate. The county met the Healthy People 2010 target rate of 19 per 100,000 population.

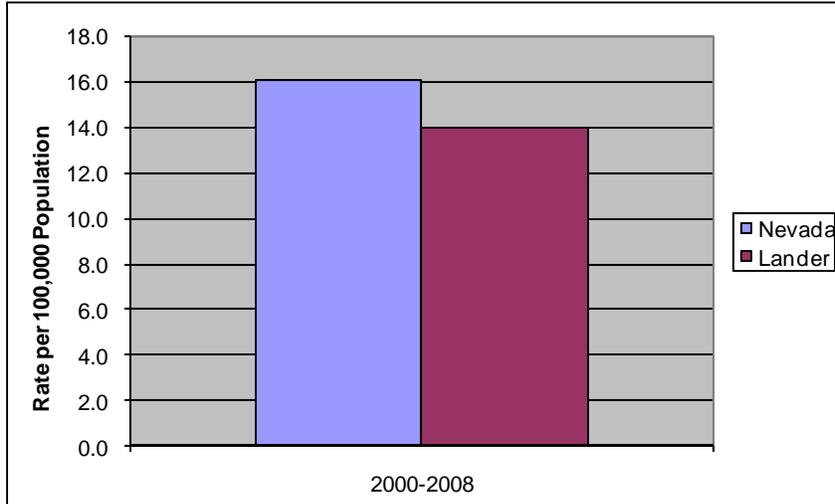
* Nevada data are provided by the STD-MIS database.

Substance Abuse

Healthy People 2010 Objective (26-3): Reduce drug-induced deaths.

Healthy People 2020 Objective SA HP2020-12: Reduce drug-induced deaths.

Aggregated Age-Adjusted Drug-Induced Death Rate, Lander County and Nevada 2000 - 2008.*



The drug induced mortality rate for Lander County averaged lower than the state rate during the years 2000 to 2008.

However, Lander County's rate was still more than 11 times higher than the Healthy People 2010 target rate of 1.2 per 100,000 population.

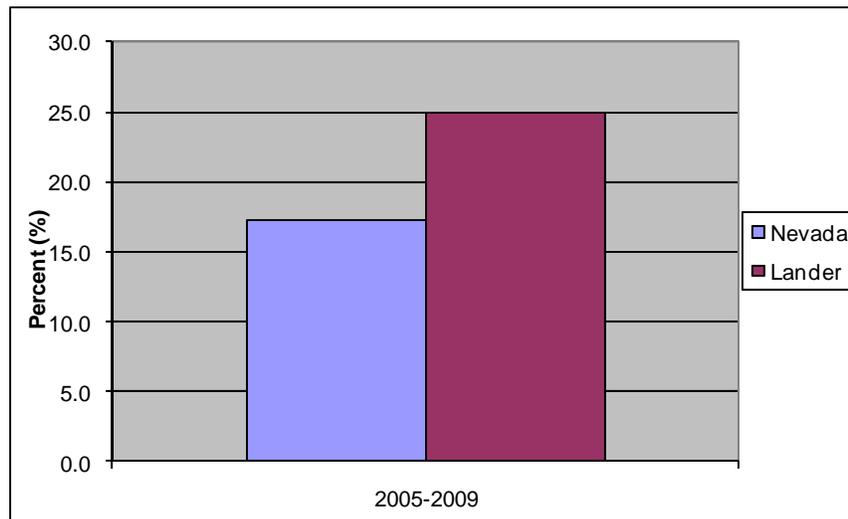
*These rates are age-adjusted to the 2000 U.S. standard population. The Nevada data are from Nevada Vital Statistics Records. Note: 2007 and 2008 data are not final and are subject to change.

Healthy People 2010 Objective (26-11c.): Reduce the proportion of adults, aged 18 years and older, engaging in binge drinking of alcohol.

Healthy People 2020 Objective SA HP2020-14.3: Reduce the proportion of adults, aged 18 years and older, engaging in binge drinking of alcohol.

Aggregated Proportion of Adults Aged 18 Years and Older Engaging in Binge Drinking Alcohol, Lander County and Nevada, BRFSS Data, 2005 - 2009.*

The percentage of adults, aged 18 years and older, engaged in the binge drinking of alcohol was higher for Lander County than Nevada, according to the Behavioral Risk Factor Surveillance data for 2005-2009.



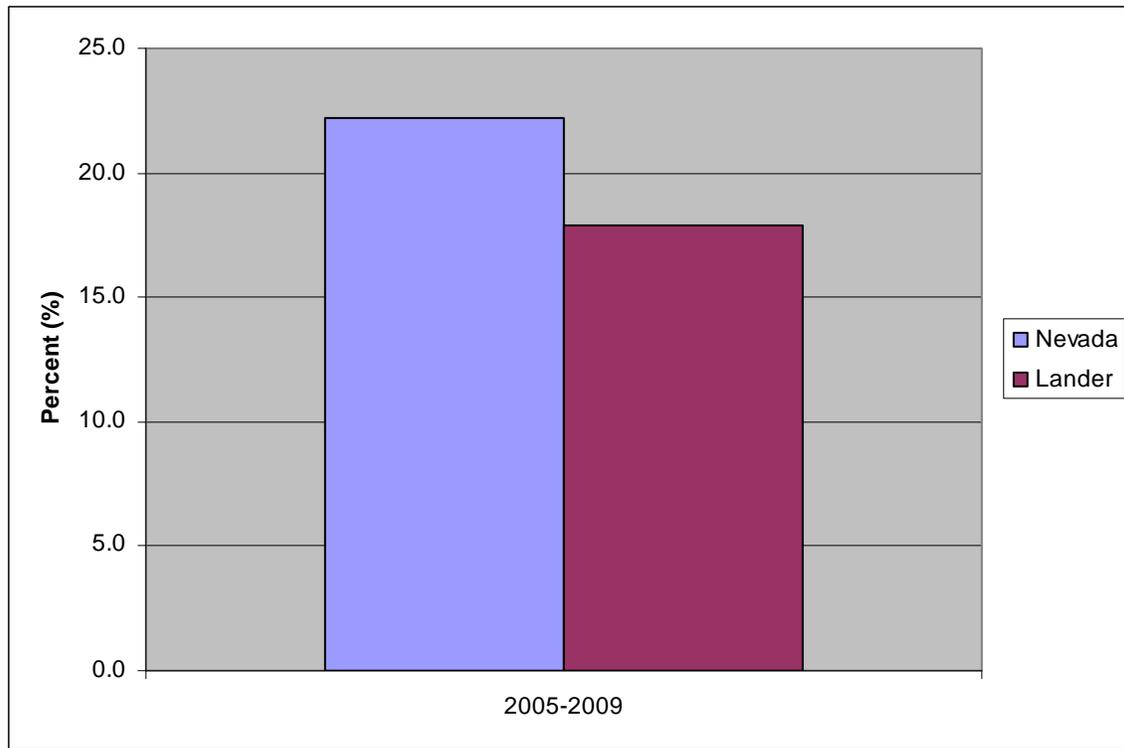
*These percentages are weighted to survey population characteristics. Not all counties were included in the survey results.

Tobacco Use

Healthy People 2010 Objective (27-1a.): Reduce cigarette smoking by adults.

Healthy People 2020 Objective TU HP2020-1.1: Reduce tobacco use by adults – cigarette smoking.

Aggregated Proportion of Cigarette Smoking Adults, Lander County and Nevada, BRFSS Data, 2005 - 2009. *



The percentage of cigarette smoking adults was lower for Lander County than in the state during the years 2005—2009. Neither the county, nor the state, met the Healthy People 2010 goal of 12 percent.

*These percentages are weighted to survey population characteristics. Not all counties were included in the survey results.

Healthy People 2010: Lander County Indicator Exemptions

The following Healthy People 2010 objectives were not reported in the Lander County Report due to a lack of available data:

- Adolescent Health (AH):
 - AH HP2020-1c: Increase the percentage of students whose reading skills are at or above the proficient achievement level for their grade.
 - AH HP2020-1d: Increase the percentage of students whose mathematical skills are at or above the proficient achievement level for their grade.
- Early and Middle Childhood (EMC):
 - EMC HP2020-3: Increase the proportion of elementary, middle, and senior high schools that require school health education.
- Family Planning (FP):
 - FP HP2020-9c: Increase the proportion of female adolescents aged 15 years who have never had sexual intercourse.
 - FP HP2020-9d: Increase the proportion of male adolescents aged 15 who have never had sexual intercourse.
 - FP HP2020-10e: The proportion of sexually active females aged 15 to 19 who used a condom at last intercourse.
 - FP HP2020-10f: The proportion of sexually active males aged 15 to 19 who used a condom at last intercourse.
- Immunizations and Infectious Diseases (IID):
 - IID HP2020-18: Percentage of children aged 19 to 35 months who receive recommended vaccines.
 - IID HP2020-20: Increase the percentage of children aged 19 to 35 months who receive the recommended vaccines.
- Injury and Violence Prevention (IVP):
 - IVP HP2020-13: Reduce physical fighting among adolescents.
 - IVP HP2020-14: Reduce weapon carrying by adolescents on school property.
- Mental Health and Mental Disorders (MHMD):
 - MHMD HP2020-2: Proportion of adolescents, grades 9 through 12, reporting suicide attempts in the past 12 months.
- Nutrition and Weight Status (NWS):
 - NWS HP2020-5c: Reduce the proportion of adolescents, aged 12 to 19 years, who are overweight or obese.
- Occupational Safety and Health (OSH):
 - OSH HP2020-7a: Work-related injury death rate, aged 16 years and older.
- Oral Health (OH):
 - OH HP2020-6a: Proportion of children aged 3 to 5 years with dental caries in primary and permanent teeth.

- OH HP2020-7a: Proportion of children aged 3 to 5 years with untreated dental decay.
 - OH HP2020-10b: Increase the proportion of children aged 8 years and older who have received dental sealants in their molar teeth.
- Physical Activity and Fitness (PAF):
 - PAF HP2020-7: Increase the proportion of adolescents that meet the current physical activity guidelines for aerobic physical activity and for muscle-strengthening activity.
- Sexually Transmitted Diseases (STD):
 - STD HP2020-3a: Reduce the proportion of females, aged 15 to 24 years with Chlamydia trachomatis infections attending family planning clinics.
- Substance Abuse (SA):
 - SA HP2020-4: Percentage of adolescents who report they rode during the previous 30 days with a driver who had been drinking alcohol, grades 9 through 12.
 - SA HP2020-7d: Proportion of adolescents engaging in binge drinking of alcohol.
 - SA HP2020-9b: Proportion of adolescents in the 10th grade reporting steroid use.
 - SA HP2020-9c: Proportion of adolescents in the 12th grade reporting steroid use.
 - SA HP1010-10: Reduce the proportion of adolescents who use inhalants.
- Tobacco Use (TU):
 - TU HP2020-6b: Proportion of adolescents reporting cigarette use in the past month.
 - TU HP2020-6c: Proportion of adolescents reporting spit tobacco use in the past month.

The following Healthy People 2010 objectives were not reported in the Lander County Report due to a lack of available data, counts of 0:

- Cancer (C):
 - C HO2020-6: Oropharyngeal cancer death rate.
- Food Safety (FS):
 - FS HP2020-3c: Rate of reported cases of Listeriosis.
- Immunizations and Infectious Diseases (IID):
 - IID HP2020-3: Crude rate of reported new cases of Hepatitis A.
 - IID HP2020-4: Crude rate of reported cases of Meningococcal disease.
 - IID HP2020-5: Crude Rate of reported new cases of Tuberculosis.
- Injury and Violence Prevention (IVP):
 - IVP HP2020-6: Pedestrian death rate on public roads.
- Maternal, Infant, Child Health (MICH):
 - MICH HP2020-15e: Postneonatal death rate (between 28 days and 1 year of life).
 - MICH HP2020-15f: Reduce infant deaths related to birth defects.

- MICH HP2020-15g: Reduce infant deaths related to birth defects (congenital heart defects).
- MICH HP2020-1a: Death rate of children aged 1 to 4 years.
- MICH HP2020-1b: Death rate of children aged 5 to 9 years.
- MICH HP2020-2a: Death rate of adolescents aged 10 to 14 years.
- Sexually Transmitted Diseases (STD):
 - STD HP2020-5: Reduce the rate of primary and secondary syphilis.

The following Healthy People 2010 objectives were not reported in the Lander County Report due to a lack of available data, counts below 5 but greater than 0:

- Blood Disorders and Blood Safety (BDBS):
 - BDBS HP2020-2: Reduce hospitalizations for sickle cell disease among children aged 9 years and younger.
- Cancer (C):
 - C HP2020-4: Cervical cancer death rate.
 - C HP2020-8: Melanoma cancer death rate.
- Food Safety (FS):
 - FS HP2020-3b: Rate of reported cases of Escherichia Coli 0157:H7.
 - FS HP2020-3d: Rate of reported cases of Salmonella.
- Human Immunodeficiency Virus (HIV):
 - HIV HP2020-1: Reduce acquired immunodeficiency syndrome.
 - HIV HP2020-4: Reduce the new cases of human immunodeficiency virus/acquired immunodeficiency syndrome (HIV/AIDS) diagnosed among adults and adolescents.
 - HIV HP2020-7: HIV infection death rate.
- Immunizations and Infectious Diseases (IID):
 - IID HP2020-14: Reduce or eliminate cases of vaccine preventable diseases.
- Injury and Violence Prevention (IVP):
 - IVP HP2020-18b: Hospitalization rate for nonfatal spinal cord injuries.
 - IVP HP2020-26a: Reduce fall related deaths in all persons.
 - IVP HP2020-27: Death rate from drowning.
 - IVP HP2020-2: Death rate from homicides.
- Maternal, Infant, Child Health (MICH):
 - MICH HP2020-15c: Infant death rate (within 1 year of life).
 - MICH HP2020-15d: Neonatal death rate (within the first 28 days of life).
 - MICH HP2020-2b: Death rate of adolescents aged 15 to 19 years.
 - MICH HP2020-2c: Death rate of young adults aged 20 to 24 years old.
- Respiratory Diseases (RA):
 - RA HP2020-1c: Reduce hospitalizations for asthma in adults aged 65 years and older.

The following Healthy People 2010 objectives were not reported in the Lander County Report due to a lack of available data, less than 50 BRFSS respondents:

- Cancer (C):
 - C HP2020-14: Increase the proportion of women aged 18 years and older who have received a cervical cancer screening based on the most current guidelines.
 - C HP2020-15a: Increase the proportion of adults who receive a colorectal cancer screening.
 - C HP2020-15b: Increase the proportion of adults aged 50+ who have ever had a sigmoidoscopy or a colonoscopy.
 - C HP2020-16: Increase the proportion of women aged 40 years and older who have ever received a breast cancer screening based on the most recent guidelines.
- Diabetes (D):
 - D HP2020-1: Proportion of people with diabetes who receive formal diabetes education.
 - D HP2020-6: Increase the proportion of adults with diabetes who have a glycosylated hemoglobin measurement at least twice a year.
 - D HP2020-8: Increase the proportion of adults with diabetes who have had at least an annual foot examination.
- Heart Disease and Stroke (HDS):
 - HDS HP2020-7: Proportion of adults with high blood cholesterol levels.
 - HDS HP2020-8: Proportion of adults having had their blood cholesterol checked within the preceding 5 years.
- Immunizations and Infectious Diseases (IID):
 - IID HP2020-24a: Proportion of adults aged 65 years and older who are vaccinated against influenza.
 - IID HP2020-24b: Proportion of adults aged 65 and older who have ever received a pneumococcal vaccination.
- Injury and Violence Prevention (IVP):
 - IVP HP2020-8: Proportion of people using safety belts.
- Oral Health (OH):
 - OH HP2020-8a: Proportion of older adults aged 65 years and older reporting having all their natural teeth extracted.
- Tobacco Use (TU):
 - TU HP2020-8a: Proportion of adults reporting smoking cessation attempts in the past year.