

Lincoln County

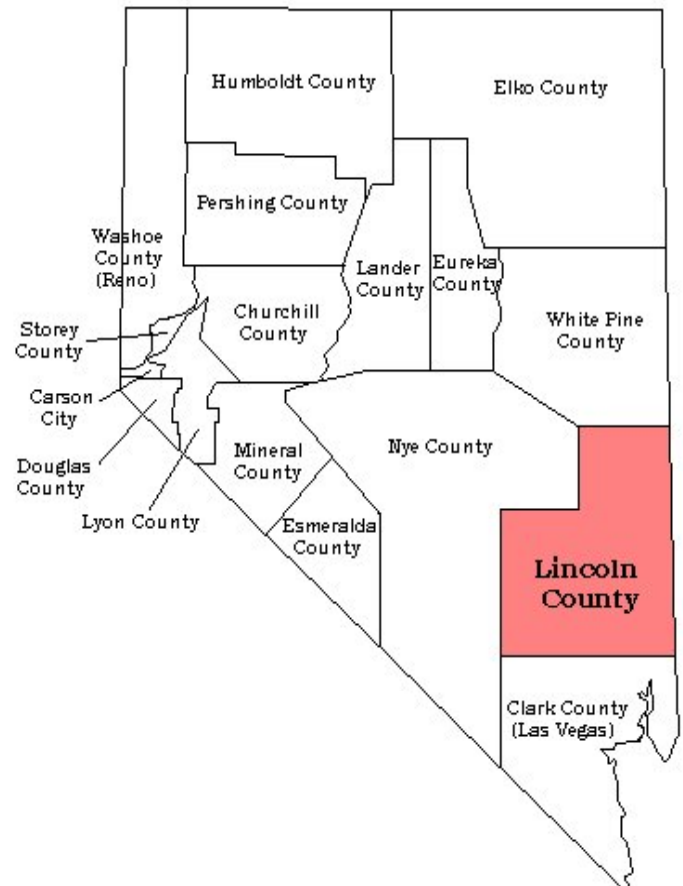


Population (2008)	4,352
Land Area (square miles)	10,634
Persons per square mile	0.5
Race/Ethnicity	
• White	92.0%
• Black	0.3%
• American Indian & Alaskan Native	2.2%
• Asian	0.7%
• Hispanic or Latino origin	5.0%
Median Household Income	\$44,450
Persons Below Poverty	12.8%

Population and race/ethnicity data are from the Nevada State Demographer; Income and poverty data are from the U.S. Census Bureau

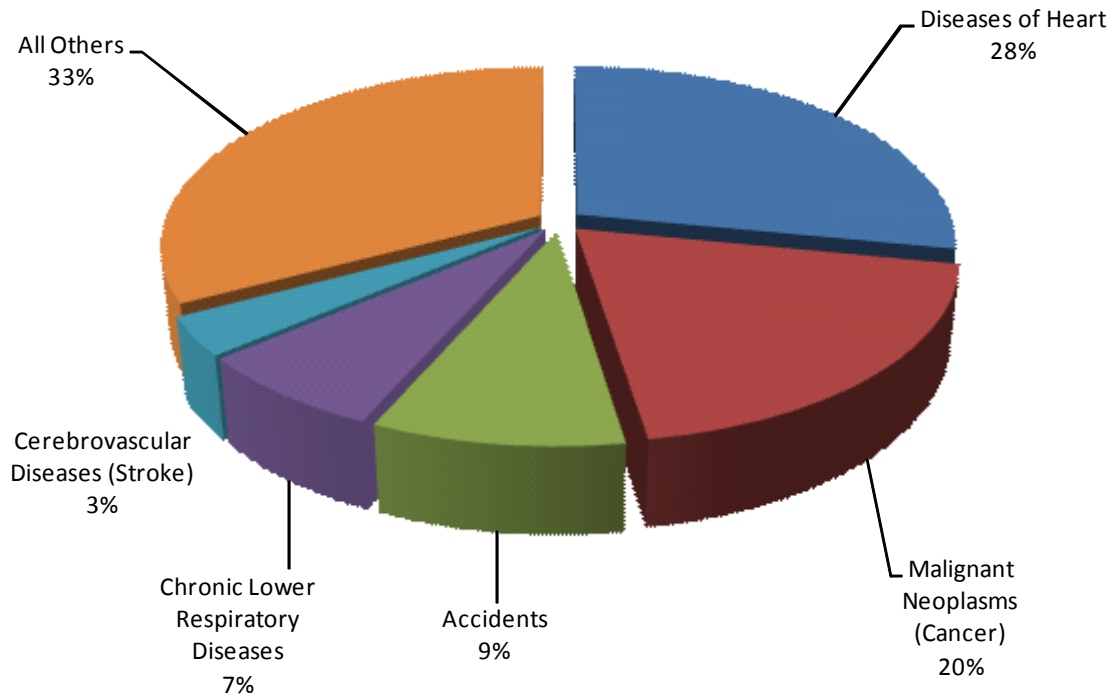
Healthy People Highlights:

- Lincoln County had a hospitalization rate for hip fractures among females, aged 65 years and older, that was less than half the Nevada rate during the years 2000 to 2008.
- Lincoln County had a diabetes mortality rate which was markedly higher than the state rate for the years 2000 to 2008.
- Lincoln County had a rate of adolescent pregnancy among females, aged 15 to 19 years, which was less than half that of the Nevada rate during the Healthy People 2010 reporting period.
- The stroke mortality rate for Nevada averaged higher than Lincoln County's rate over the last decade.
- Lincoln County had a motor vehicle crash mortality rate over four times that of the state from 2000 to 2008.
- The unintentional injury rate in Lincoln County was twice that of the state rate and more than six times the Healthy People 2010 target.



Leading Causes of Death

Lincoln



2000 - 2008 Pooled Data

The list of Lincoln County's top five leading causes of death is heart disease (28%), closely followed by malignant neoplasms—cancer (19%). Accidents (9%), chronic lower respiratory diseases (7%), and cerebrovascular diseases—stroke (3%) round out the list. All other causes of death account for the remaining 34% of the county's mortality.

Similarly, the leading cause of death for Nevada is heart disease (26%), followed by malignant neoplasms—cancer (23%), chronic lower respiratory diseases (6%), accidents (5%), and cerebrovascular diseases (5%).

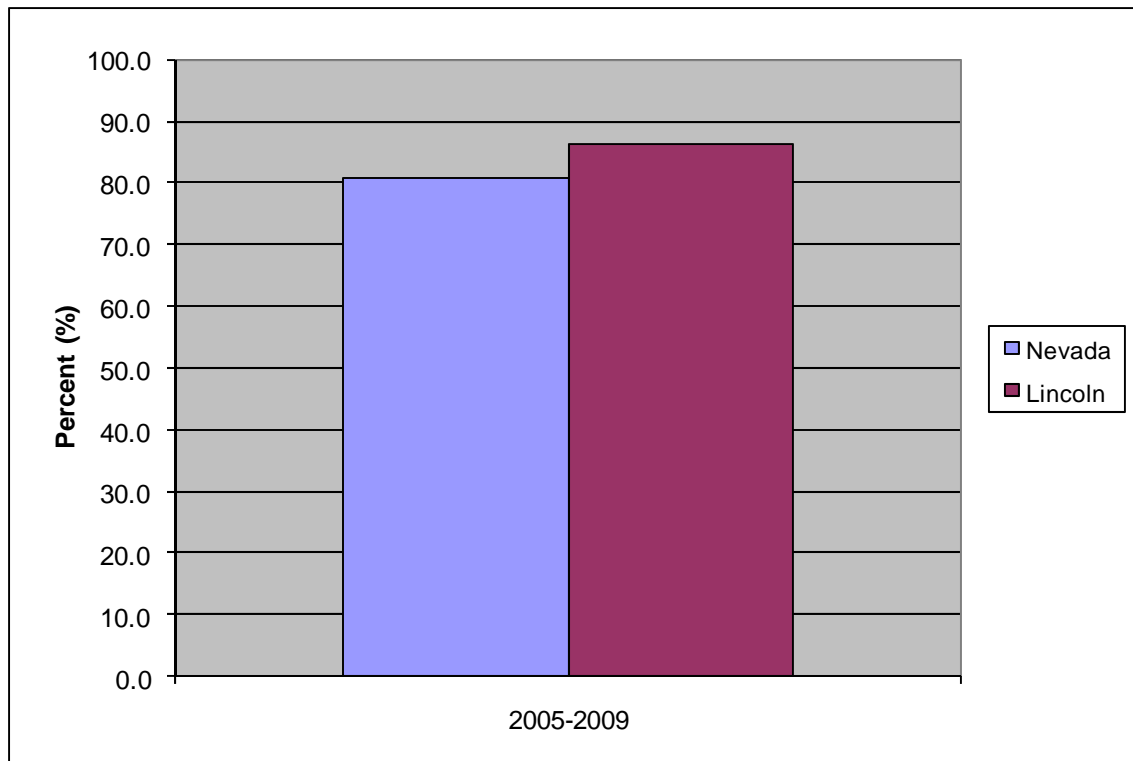
*The data are from Nevada Vital Statistics Records.
Note: 2007 and 2008 data are not final and are subject to change.

Access to Quality Health Services

Healthy People 2010 Objective (1-1): Increase the proportion of persons with health insurance.

Healthy People 2020 Objective AHS HP2020-1: Increase the proportion of persons with health insurance.

Aggregated Proportion of Persons with Health Insurance, Lincoln County and Nevada, BRFSS Data, 2005 - 2009.*



On average from 2005-2009, the percentage of persons with health insurance was higher at 80.9 percent in Lincoln County than for Nevada overall at 86.3 percent. The Healthy People 2010 target was 100 percent.

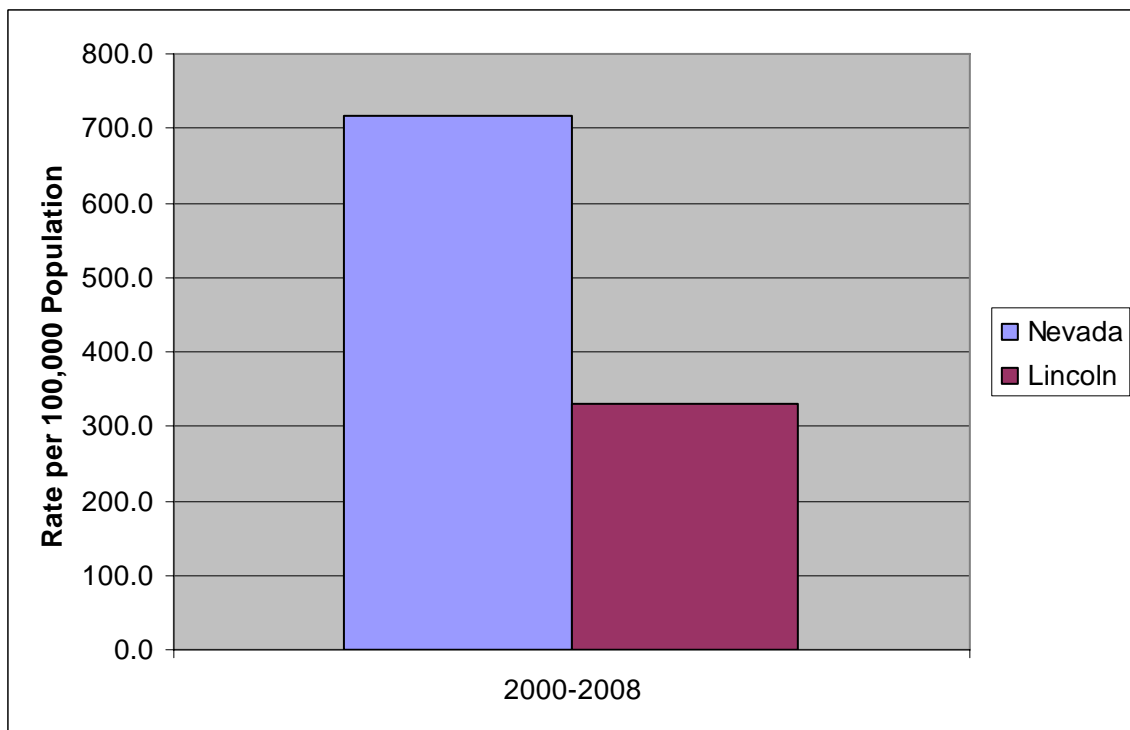
*These percentages are weighted to survey population characteristics. Not all counties were included in the Nevada survey results.

Arthritis, Osteoporosis, and Chronic Back Conditions

Healthy People 2010 Objective (15-28): Reduce hip fractures among females and males aged 65 and older.

Healthy People 2020 Objective AOCBC HP2020-11: Reduce hip fractures among older adults.

Aggregated Hospitalization Rate for Hip Fractures Among Females Aged 65 Years and Older, Lincoln County and Nevada, 2000 - 2008.*



Lincoln County had a hospitalization rate for hip fractures among females, aged 65 years and older, less than half the Nevada rate on average during the years 2000 to 2008. The Healthy People 2010 target was a rate of 416 per 100,000 population.

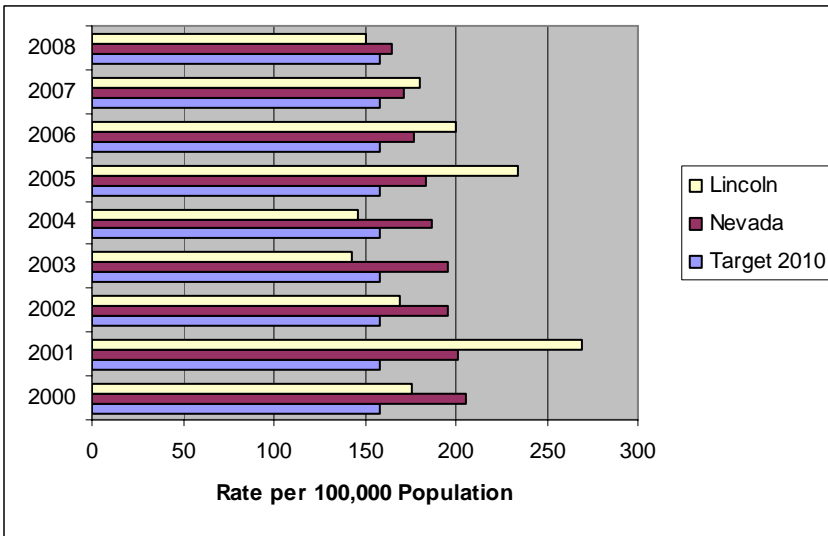
*The Nevada data are from Nevada Inpatient Hospital Discharge Database (NIHDD).

Cancer

Healthy People 2010 Objective (3-1): Reduce the overall cancer death rate.

Healthy People 2020 Objective C HP2020-1: Reduce the overall cancer death rate.

Age-Adjusted Overall Cancer Death Rate, Lincoln County and Nevada, 2000 - 2008.*



The overall cancer mortality rate declined for Nevada and fluctuated for Lincoln County during the years 2000—2008.

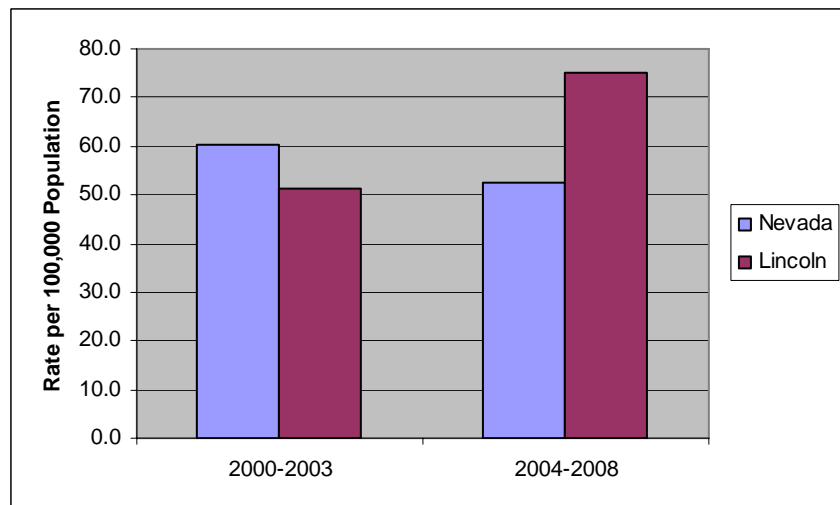
The Healthy People 2010 goal of 158.6 per 100,000 population was attained by the county in 2003, 2004, and 2008.

Healthy People 2010 Objective (3-2): Reduce the lung cancer death rate.

Healthy People 2020 Objective C HP2020-2: Reduce the lung cancer death rate.

Aggregated Age-Adjusted Lung Cancer Death Rate, Lincoln County and Nevada, 2000 - 2003 and 2004 - 2008.*

The lung cancer mortality rate decreased for Nevada, while the Lincoln County rate increased from 2000-2008. Neither the county nor the state reached the Healthy People 2010 target of 43.3 per 100,000 population.

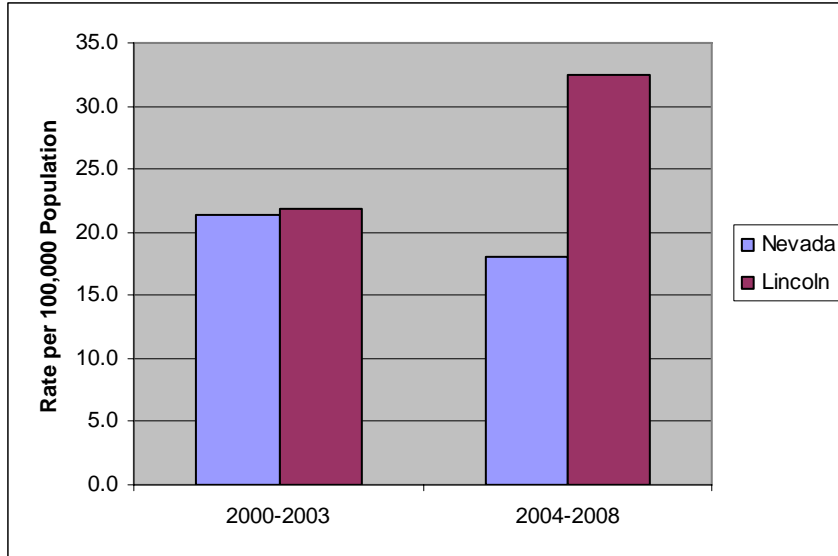


*These rates are age-adjusted to the 2000 U.S. standard population. The Nevada data are from Nevada Vital Statistics Records. Note: 2007 and 2008 are not final and are subject to change.

Healthy People 2010 Objective (3-5): Reduce the colorectal cancer death rate.

Healthy People 2020 Objective C HP2020-5: Reduce the colorectal cancer death rate.

Aggregated Age-Adjusted Colorectal Cancer Death Rate, Lincoln County and Nevada, 2000 - 2003 and 2004 - 2008.*



During 2000—2003, the Nevada and Lincoln County colorectal cancer mortality rates were comparable.

During the years 2004—2008, the state rate declined, while the county rate increased by more than 50 percent.

Neither the state nor Lincoln County met the Healthy People 2010 target rate of 13.7 per 100,000 population.

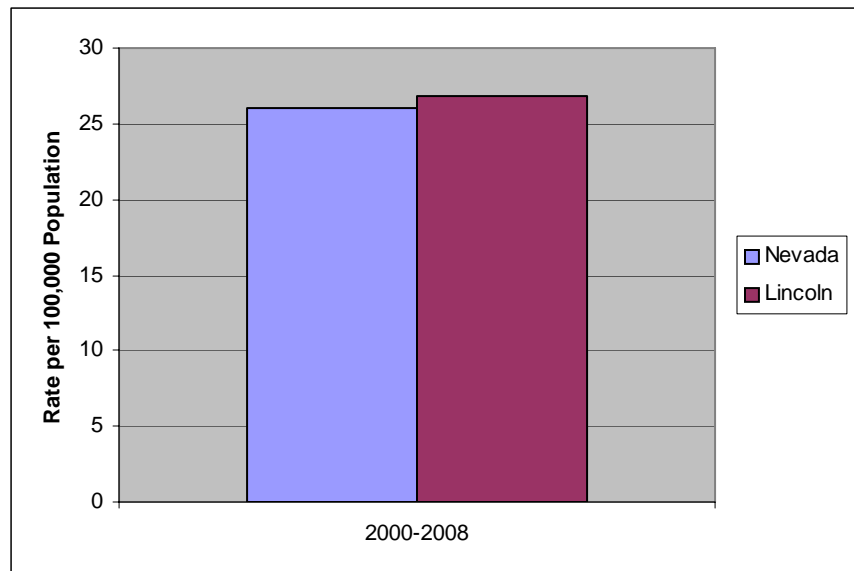
Healthy People 2010 Objective (3-7): Reduce the prostate cancer death rate.

Healthy People 2020 Objective C HP2020-7: Reduce the prostate cancer death rate.

Aggregated Age-Adjusted Prostate Cancer Death Rate, Lincoln County and Nevada, 2000 - 2008.*

Lincoln County has reported a slightly higher prostate cancer mortality rate than Nevada during the years 2000—2008.

On aggregate for years 2000-2008 both the county and the state overall met the Healthy People 2010 target of 28.2 per 100,000 population.



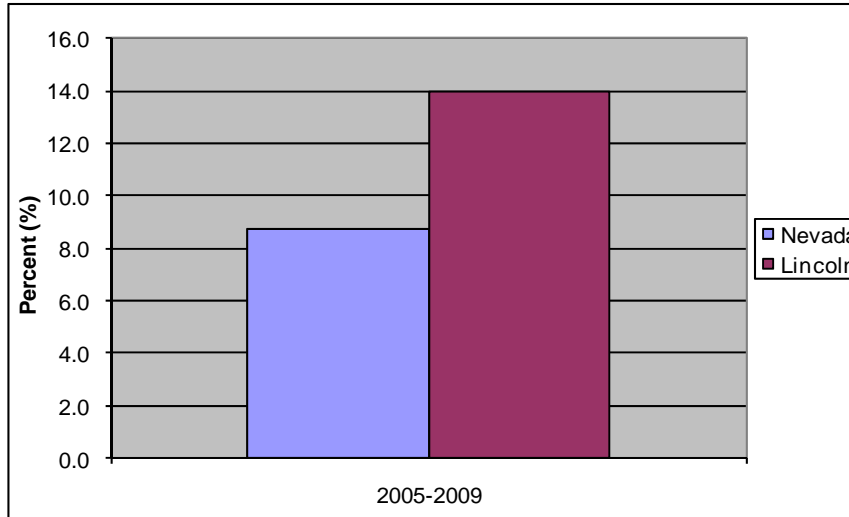
*These rates are age-adjusted to the 2000 U.S. standard population. The Nevada data are from Nevada Vital Statistics Records. Note: 2007 and 2008 are not final and are subject to change.

Diabetes

Healthy People 2010 Objective (5-3): Reduce the overall percentage of diabetes that is clinically diagnosed.

Healthy People 2020 Objective D HP2020-2: Reduce the annual number of new cases of diagnosed diabetes in the population.

Aggregated Proportion of Persons with Clinically Diagnosed Diabetes, Lincoln County and Nevada, BRFSS Data, 2005 - 2009.*



The Behavioral Risk Factor Surveillance Survey (BRFSS) 2005-2009 reported percentage of persons with clinically diagnosed diabetes was markedly higher for Lincoln County at 14.0 percent than for Nevada at 8.7 percent in the second half of the decade.

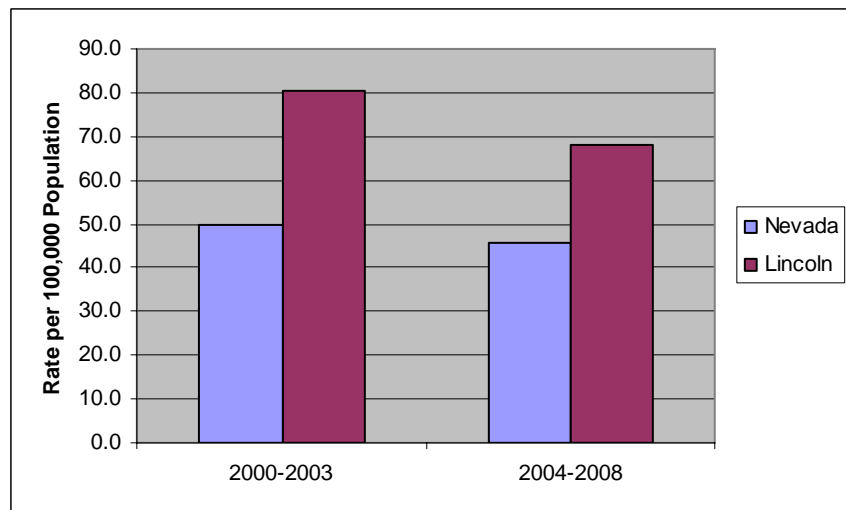
*These percentages are weighted to survey population. Not all counties were included in the Nevada survey results.

Healthy People 2010 Objective (5-5): Reduce the diabetes death rate.

Healthy People 2020 Objective D HP2020-3: Reduce the diabetes death rate.

Aggregated Age-Adjusted Diabetes Death Rate, Lincoln County and Nevada, 2000 - 2003 and 2004 - 2008.*

On average from 2000-2008, Lincoln County had a diabetes mortality rate approaching 50 percent higher than the state overall and the Healthy People 2010 target of 46 per 100,000 population.

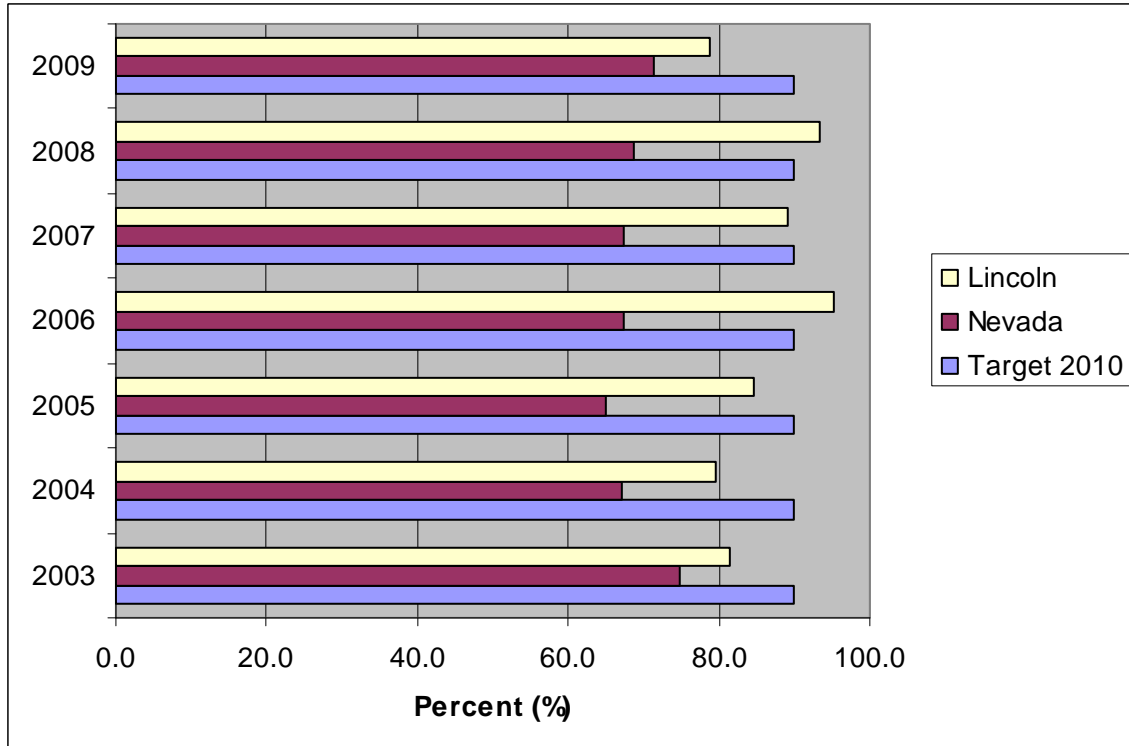


*These rates are age-adjusted to the 2000 U.S. standard population. The Nevada data are from Nevada Vital Statistics Records. Note: 2007 and 2008 are not final and are subject to change.

Education and Community-Based Programs

Healthy People 2020 Objective ECBP HP2020-6: Increase the proportion of the population that completes high school education.

High School Completion Rate (Percent), Lincoln County and Nevada, 2003 - 2009.*



The high school completion rate is higher in Lincoln County than in all of Nevada, and has been since 2003. Lincoln County surpassed the Healthy People 2010 target of 90 percent in 2006 and 2008. Both the county and state rates fluctuated during the years 2003-2008.

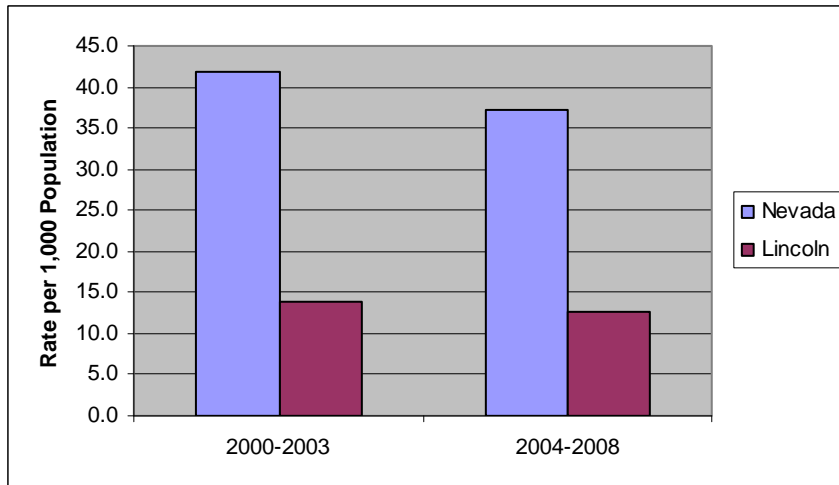
*The Nevada data are from the Nevada Annual Reports of Accountability.

Family Planning

Healthy People 2010 Objective (9-7): Reduce pregnancies among adolescent females.

Healthy People 2020 Objective FP HP2020–8: Reduce pregnancies among adolescent females, aged 15-17 and aged 18-19.

Aggregated Adolescent Pregnancy Rate Among Females Aged 15 to 17 Years, Lincoln County and Nevada, 2000 - 2003 and 2004 - 2008.*

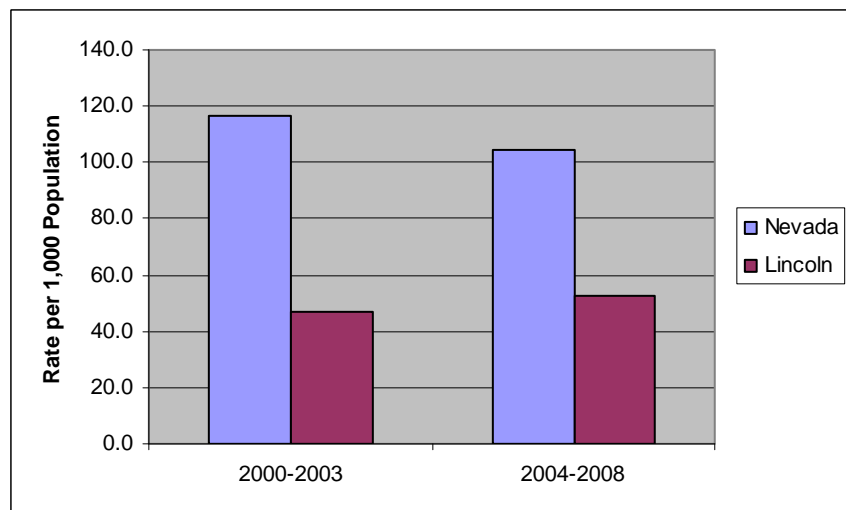


Lincoln County had a rate of adolescent pregnancy among females, aged 15 to 17 years, less than half that of the Nevada rate during the Healthy People 2010 reporting period.

Lincoln County's rate was also less than half the Healthy People 2010 target of 39 per 100,000 population.

Adolescent Pregnancy Rate Among Females Aged 18 to 19 Years, Lincoln County and Nevada, 2000 - 2003 and 2004 - 2008.*

Lincoln County had a rate of adolescent pregnancy among females, aged 18 to 19 years, less than half that of the Nevada rate for the years 2000 to 2008.

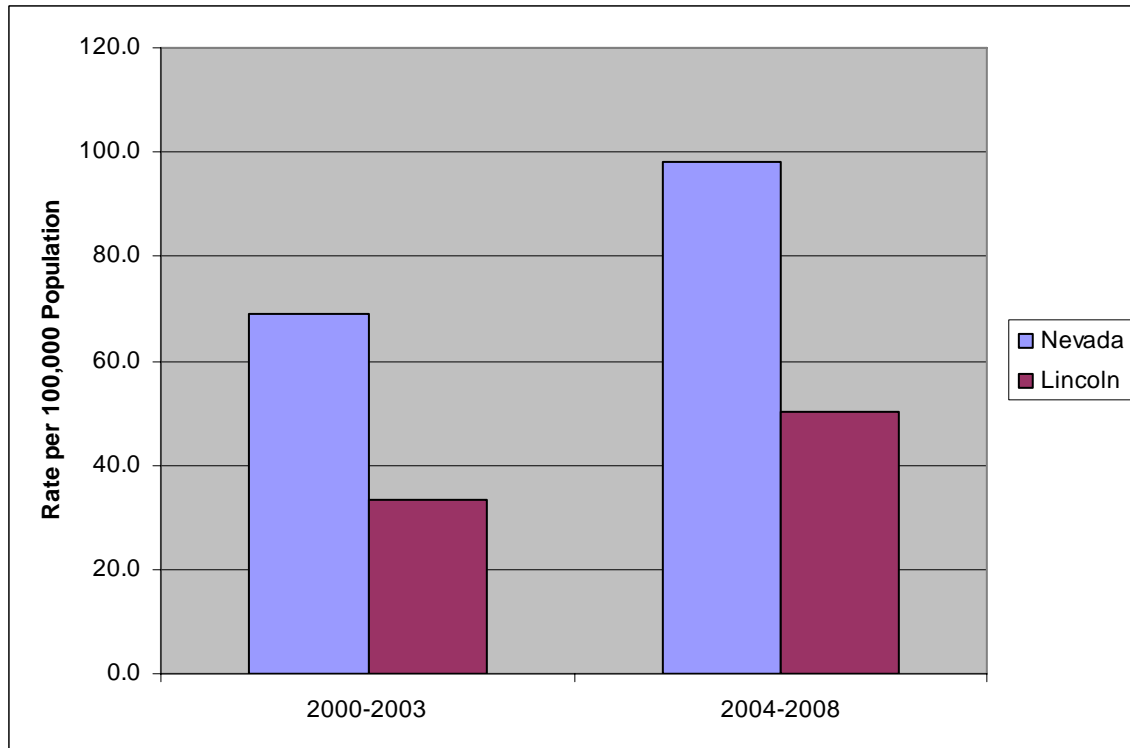


*The Nevada data are from Nevada Vital Statistics Records.
Note: 2008 data is not final and is subject to change.

Healthcare-Associated Infections

Healthy People 2020 Objective HAI HP2020-2: Reduce invasive methicillin-resistant staphylococcus aureus (MRSA) infections.

Aggregated Rate of Invasive Methicillin-Resistant Staphylococcus Aureus (MRSA) Infections, Lincoln County and Nevada, 2000 - 2003 and 2004 - 2008.*



In 2000—2003, the rate of invasive methicillin resistant staphylococcus aureus (MRSA) infections was more than twice as high in Nevada overall than in Lincoln County. Both rates increased on average in 2004—2008.

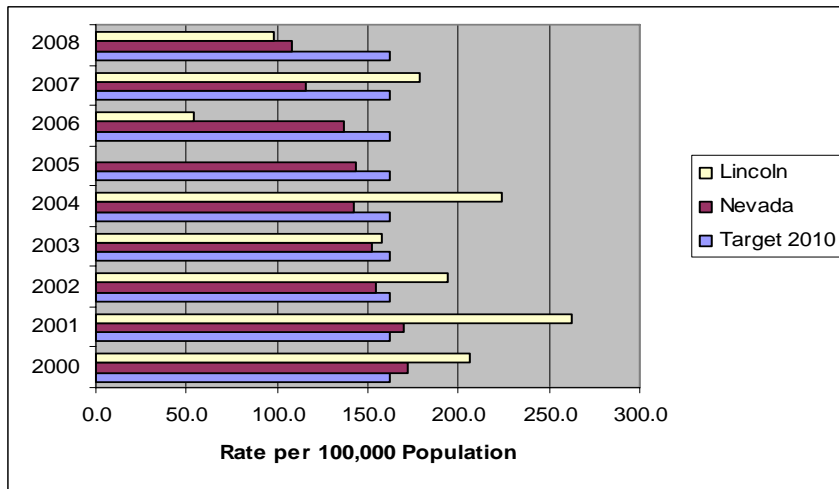
*These rates are age-adjusted to the 2000 U.S. standard population. Nevada data are from the Nevada Inpatient Hospital Discharge Database (NIHDD).

Heart Disease and Stroke

Healthy People 2010 Objective (12-1): Reduce coronary heart disease deaths.

Healthy People 2020 Objective HDS HP2020-2: Reduce coronary heart disease deaths.

Age-Adjusted Coronary Heart Disease Death Rate, Lincoln County and Nevada, 2000 - 2008.*



Lincoln County's coronary heart disease mortality rate fluctuated from 2000 -2008. The Nevada rate has decreased over the same time period.

Both Lincoln County and Nevada met the Healthy People 2010 target of 162.0 in 2003, 2005, 2006, and 2008. The county data for 2005 has been suppressed due to less than five cases for privacy concerns.

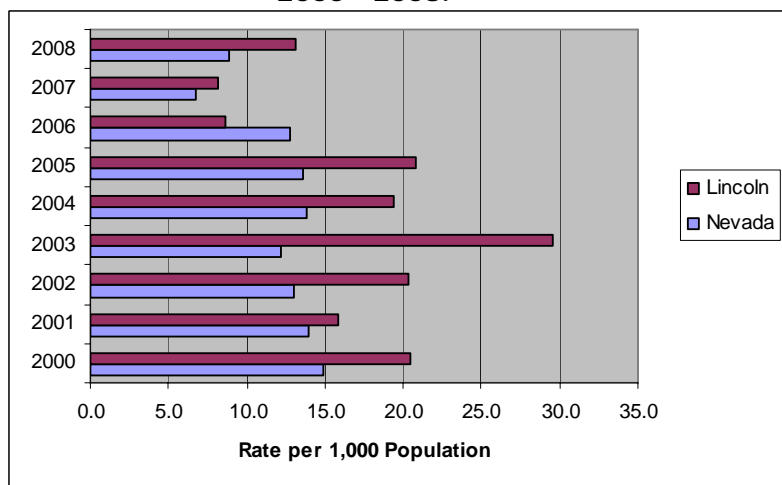
*These rates are age-adjusted to the 2000 U.S. standard population. The Nevada data are from Nevada Vital Statistics Records. Note: 2007 and 2008 are not final and are subject to change.

Healthy People 2010 Objective (12-6.): Reduce the rate of hospitalizations of older adults aged 65 years and older with congestive heart failure.

Healthy People 2020 Objective HDS HP2020-24: Reduce the rate of hospitalizations of older adults aged 65 years and older with congestive heart failure.

Hospitalization Rate of Older Adults Aged 65 Years and Older With Congestive Heart Failure, Lincoln County and Nevada, 2000 - 2008.*

From 2000 to 2008, Lincoln County had a higher hospitalization rate for older adults, aged 65 years and older, with congestive heart failure than the state overall.

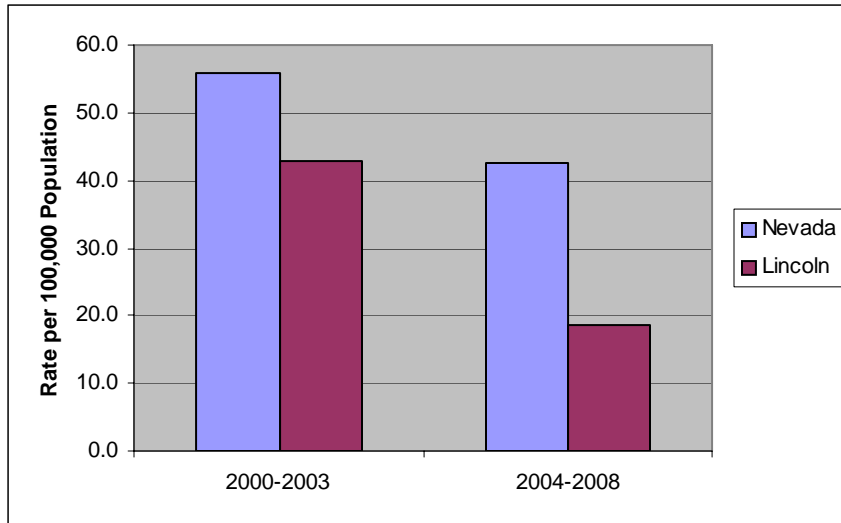


*The Nevada data are from Nevada Inpatient Hospital Discharge Database (NIHDD).

Healthy People 2010 Objective (12-7): Reduce stroke deaths.

Healthy People 2020 Objective HDS HP2020-3: Reduce stroke deaths.

Aggregated Age-Adjusted Stroke Death Rate, Lincoln County and Nevada, 2000 - 2003 and 2004 - 2008.*



The stroke mortality rate for the state was higher than Lincoln County's rate from 2000-2008.

Lincoln County met the Healthy People 2010 target rate of 50 per 100,000 population for each of the reported years.

*These rates are age-adjusted to the 2000 U.S. standard population. The Nevada data are from Nevada Vital Statistics Records. Note: 2007 and 2008 are not final and are subject to change.

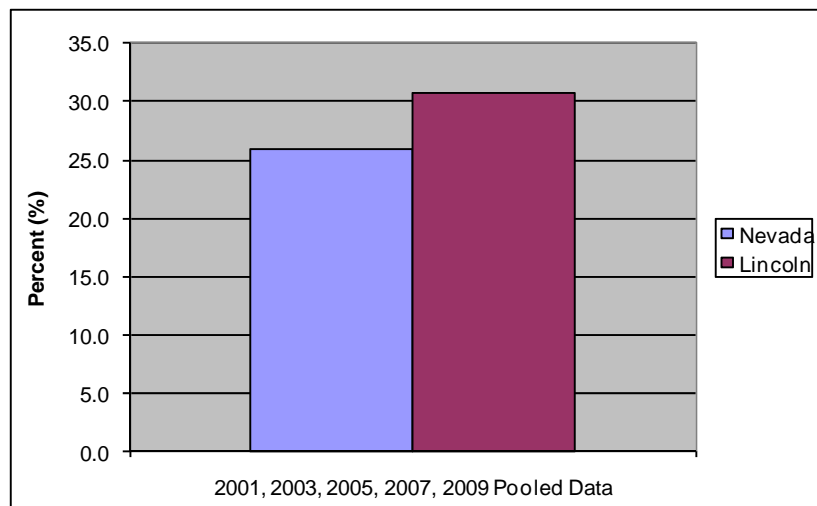
Healthy People 2010 Objective (12-9a.): Reduce the proportion of adults with high blood pressure.

Healthy People 2020 Objective HDS HP2020-5.1: Reduce the proportion of adults with hypertension.

Aggregated Proportion of Adults with High Blood Pressure, Lincoln County and Nevada, BRFSS Data, 2001, 2003, 2005, 2007, 2009.*

Aggregated data from the Behavioral Risk Factor Surveillance Surveys (BRFSS) from 2001-2009, showed Lincoln County had a higher proportion of adults with high blood pressure than the state overall.

The county percentage was twice as high as the Healthy People target of 14 percent.



*These percentages are weighted to survey population characteristics. Not all counties were included in the Nevada survey results.

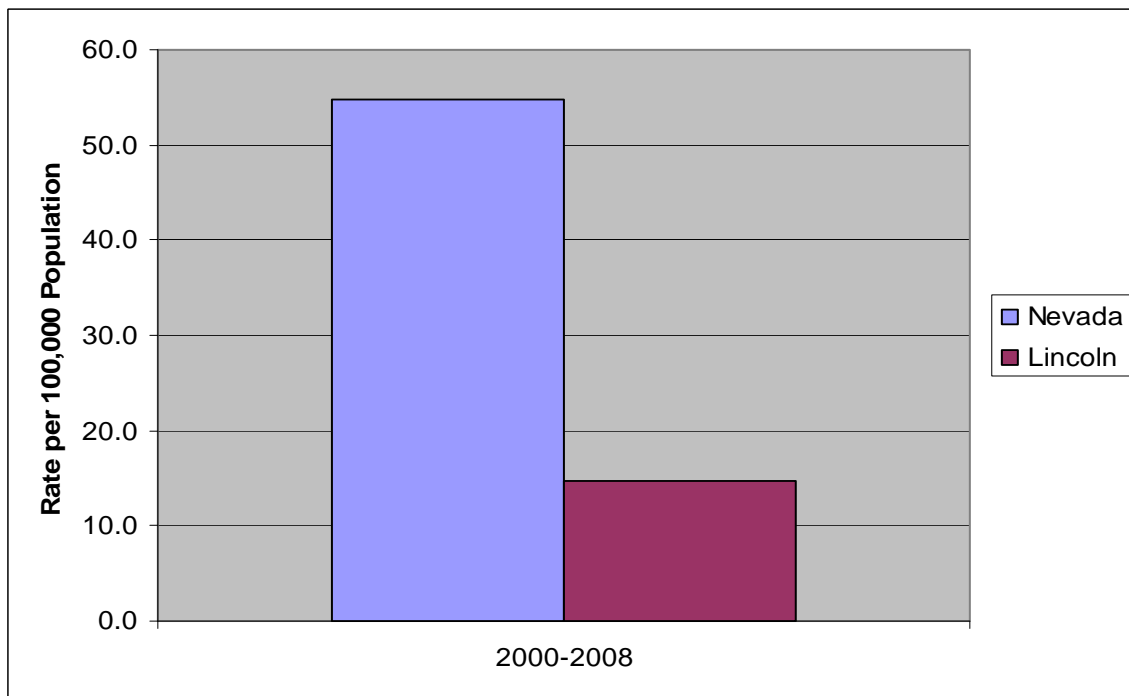
Immunization and Infectious Diseases

Healthy People 2010 Objective (14-17): Reduce hospitalization caused by peptic ulcer disease in the United States.

Healthy People 2020 Objective IID HP2020-10: Reduce hospitalization caused by peptic ulcer disease in the United States.

NOTE: This objective has been removed from the final HP 2020 release.

Aggregated Age-Adjusted Rate of Hospitalizations for Peptic Ulcer Disease, Lincoln County and Nevada, 2000 - 2008*



The average rate of hospitalizations for peptic ulcer disease for Lincoln County was less than one-third that of the state on average from 2000-2008. The county exceeded the Healthy People 2010 target rate of 46 per 100,000 population.

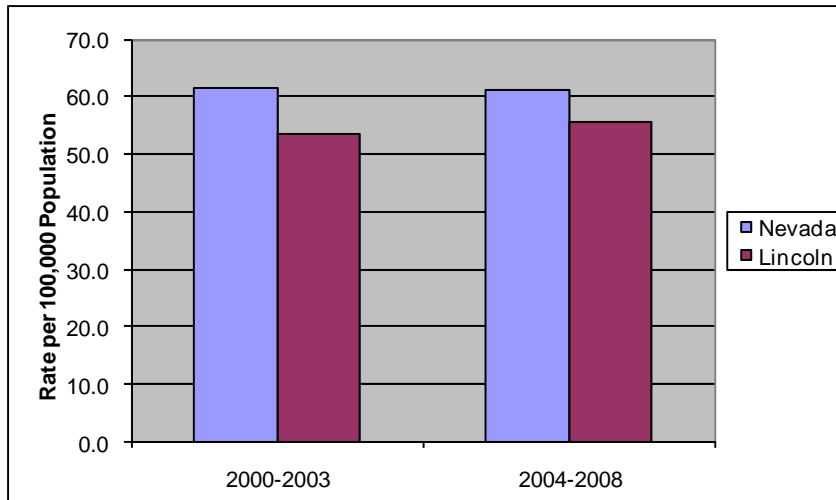
*These rates are age-adjusted to the 2000 U.S. standard population. The Nevada data are from the National Electronic Telecommunications System for Surveillance (NEDSS).

Injury and Violence Prevention

Healthy People 2010 Objective (15-1): Reduce hospitalizations for nonfatal head injuries.

Healthy People 2020 Objective IVP HP2020-2.2: Reduce hospitalizations for nonfatal traumatic brain injuries.

Aggregated Hospitalization Rate for Non-Fatal Head Injuries, Lincoln County and Nevada, 2000 - 2003 and 2004 - 2008.*



Lincoln County did not meet the Healthy People 2010 target rate of 41.2 per 100,000 population from 2000-2008.

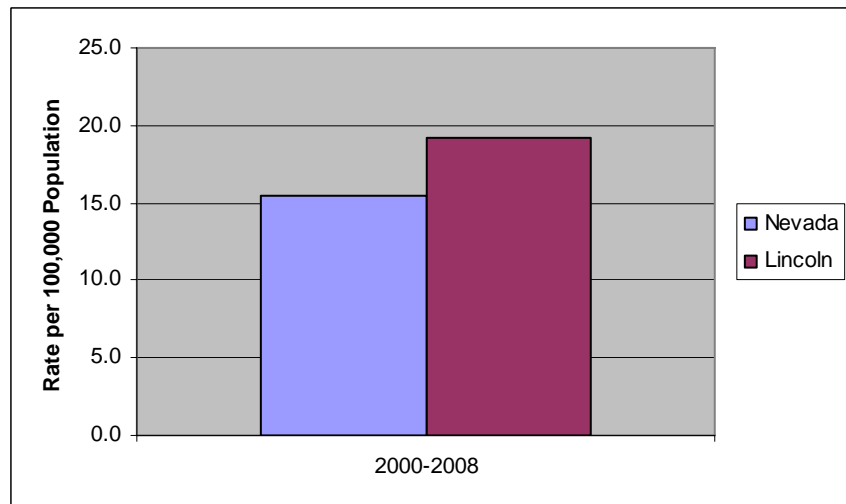
However, the county did have a lower rate than Nevada overall.

Healthy People 2010 Objective (15-3): Reduce firearm-related deaths.

Healthy People 2020 Objective IVP HP2020-30: Reduce firearm-related deaths.

Aggregated Age-Adjusted Firearm Related Death Rate, Lincoln County and Nevada, 2000 - 2008.*

On average from 2000-2008 the firearm related death rate in Lincoln County was more than three times the Healthy People 2010 target rate of 3.6 per 100,000 population.

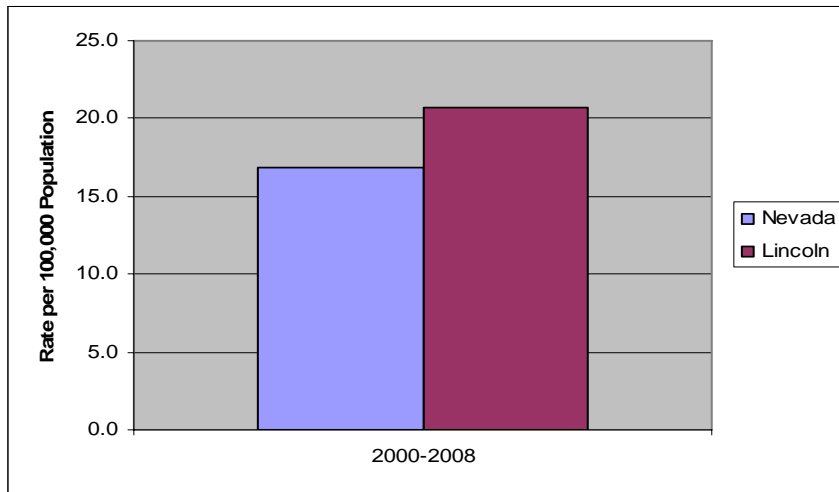


*The Nevada data are from the Nevada Inpatient Hospital Discharge Database (NIHDD).

Healthy People 2010 Objective (15-8): Reduce deaths caused by poisonings.

Healthy People 2020 Objective IVP HP2020-9: Prevent an increase in the rate of poisoning deaths.

Aggregated Age-Adjusted Death Rate Caused by Poisoning, Lincoln County and Nevada, 2000 - 2008.*



On average from 2000-2008, the death rate caused by poisoning in Lincoln County was more than thirteen times higher than the Healthy People 2010 target rate of 1.5 per 100,000 population.

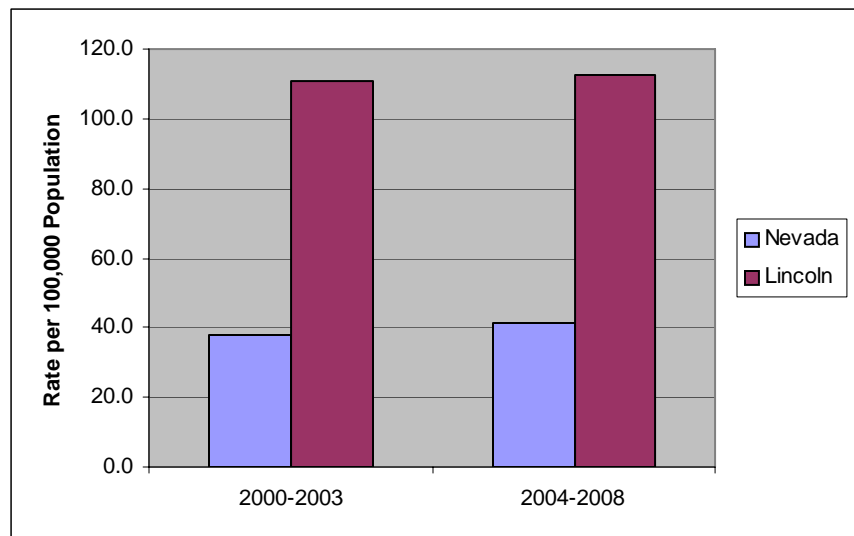
Healthy People 2010 Objective (15-13): Reduce deaths caused by unintentional injuries.

Healthy People 2020 Objective IVP HP2020-11: Reduce unintentional injury deaths.

Aggregated Age-Adjusted Death Rate Caused by Unintentional Injuries, Lincoln County and Nevada, 2000 - 2003 and 2004 - 2008.*

From 2000-2008, the unintentional injury mortality rate increased slightly for Lincoln County and Nevada.

The county's rate averaged over twice that of the state rate, and more than six times higher than the Healthy People 2010 target of 17.1 per 100,000 population.

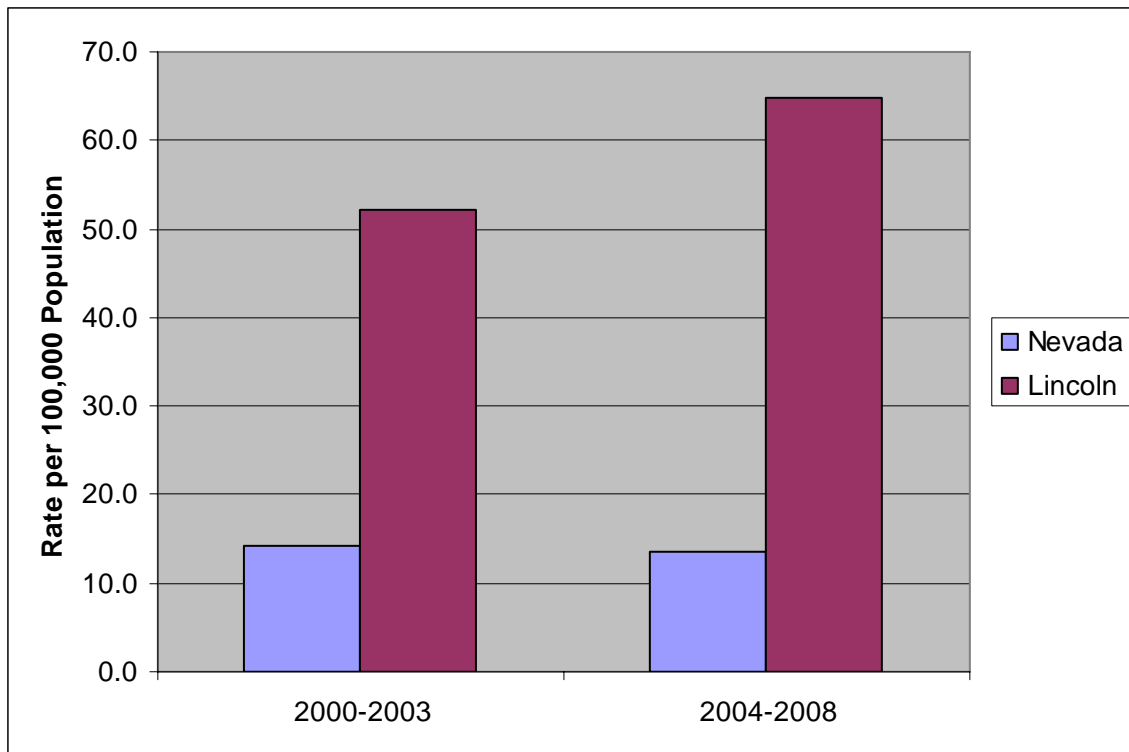


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Healthy People 2010 Objective (15-15a.): Reduce deaths caused by motor vehicle crashes.

Healthy People 2020 Objective IVP HP2020-13: Reduce motor vehicle crash-related deaths.

Aggregated Age-Adjusted Death Rate Caused by Motor Vehicle Crashes, Lincoln County and Nevada, 2000 - 2008.*



The motor vehicle crash mortality rate decreased slightly for Nevada, while the average rate has risen for Lincoln County. The county rate averaged over four times the state rate, and over seven times the Healthy People 2010 target rate of 8.0 per 100,000 population from 2000-2008.

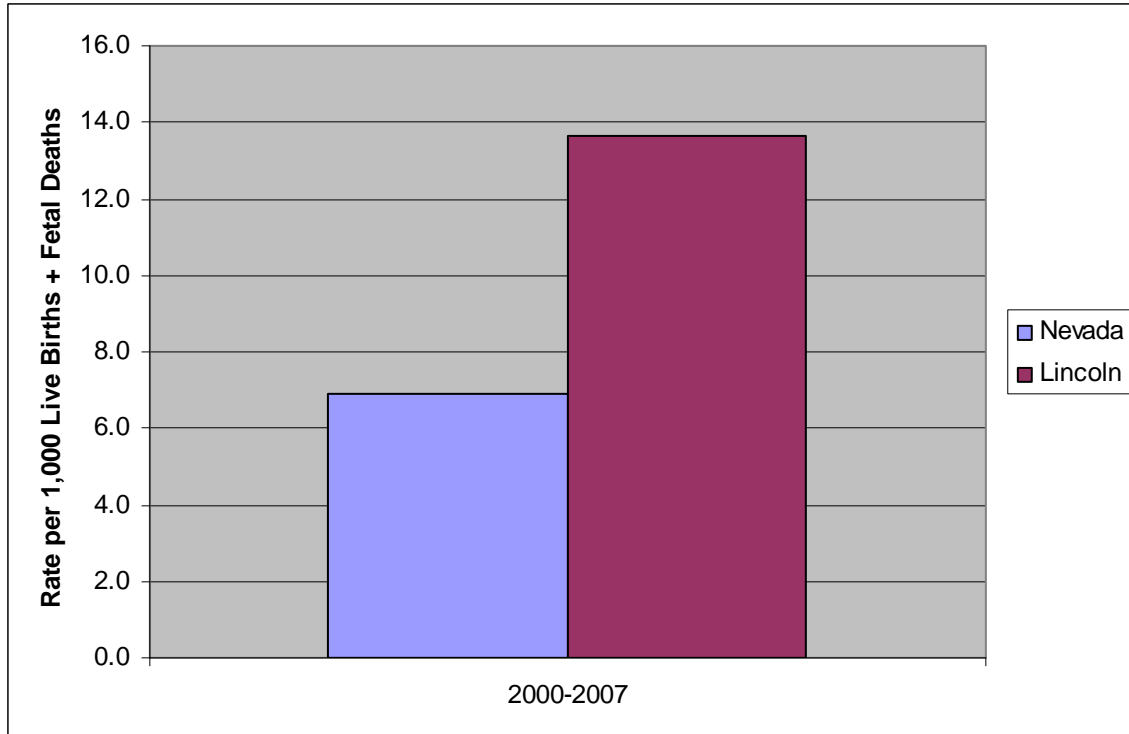
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Maternal, Infant, Child Health

Healthy People 2010 Objective (16-1a.): Reduce fetal deaths at 20 or more weeks gestation.

Healthy People 2020 Objective MICH HP2020-1.1: Reduce fetal deaths at 20 more weeks of gestation.

Aggregated Fetal Deaths at 20 or More Weeks of Gestation, Lincoln County and Nevada, 2000 - 2007.*



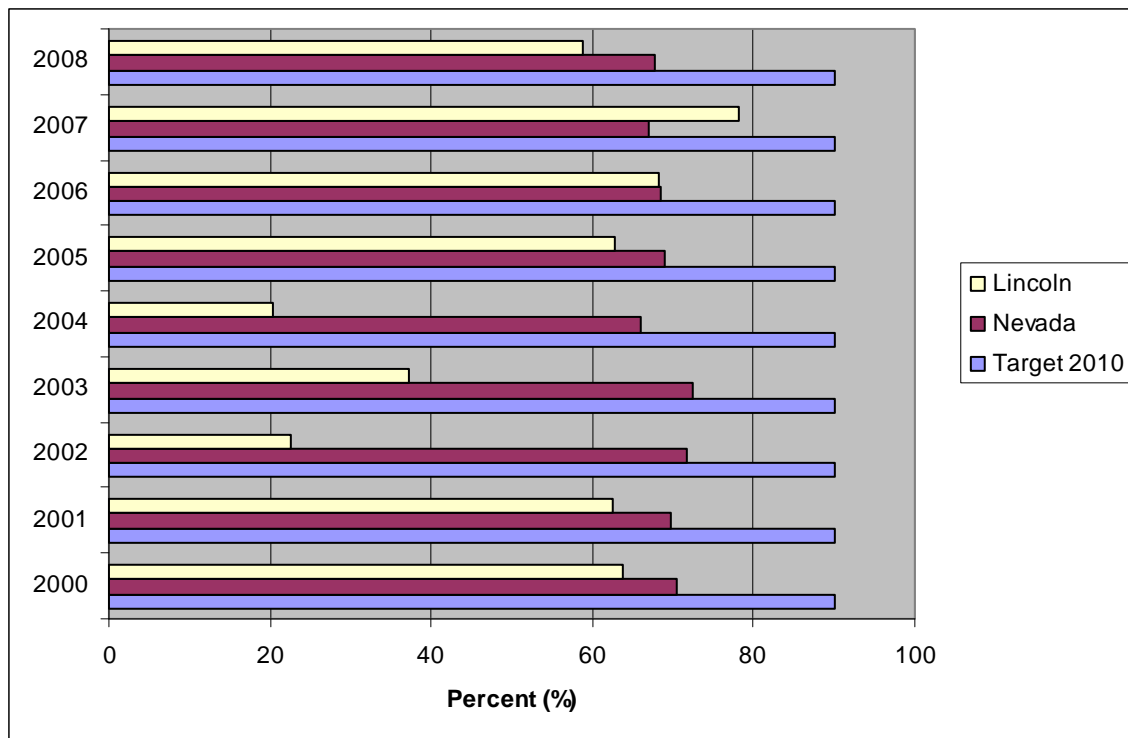
Fetal Mortality at 20 or more weeks of gestation, averaged over twice as high for Lincoln County than for the state on average during the years 2000—2007. This is also three times as high as the Healthy People 2010 target rate of 4.1 per 1,000 live births.

*The Nevada data are from Nevada Vital Statistics Records.
Note: 2008 data are not final and are subject to change.

Healthy People 2010 Objective (16-6b.): Increase the proportion of pregnant women receiving early and adequate prenatal care.

Healthy People 2020 Objective MICH HP2020-10: Increase the proportion of women receiving early and adequate prenatal care.

Proportion of Pregnant Women Receiving Early and Adequate Prenatal Care, Lincoln County and Nevada, 2000 - 2008.*



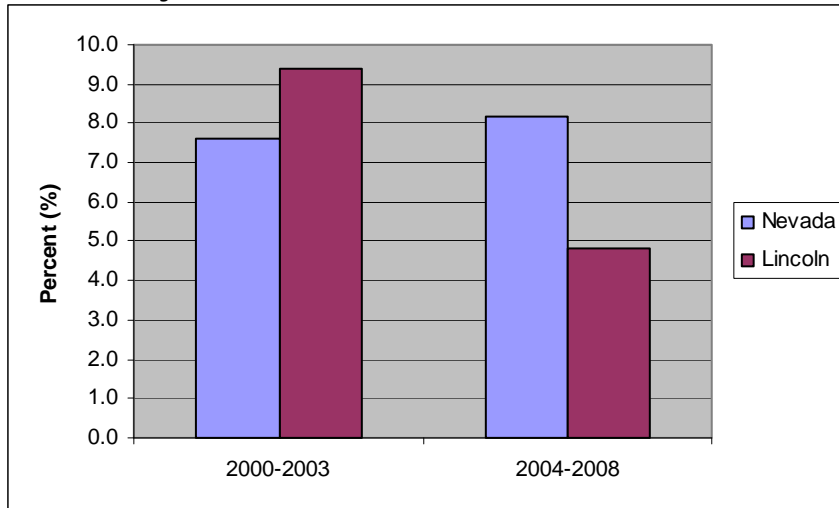
The percentage of pregnant women receiving prenatal care in the first trimester of pregnancy fluctuated in Lincoln County from 2000-2008. The Healthy People 2010 target of 90 percent was not met.

*The Nevada data are from Nevada Vital Statistics Records.
Note: 2008 data are not final and are subject to change.

Healthy People 2010 Objective (16-10a.): Reduce the proportion of low birth weight infants.

Healthy People 2020 Objective MICH HP2020-8.1: Reduce the proportion of low birth weight infants.

Aggregated Proportion of Low Birth Weight Infants, Lincoln County and Nevada, 2000 - 2003 and 2004 - 2008.*



The proportion of low birth weight infants decreased by almost one-half on average from 2000-2008 in Lincoln County.

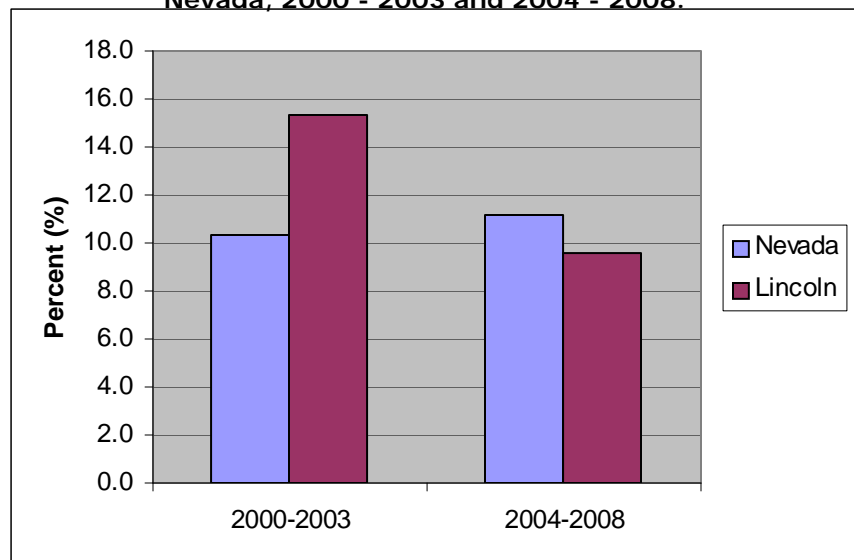
The aggregate from 2004-2008 met the Healthy People 2010 target of 5% in Lincoln County.

Healthy People 2010 Objective (16-11a.): Reduce preterm birth, infants born prior to 37 completed weeks of gestation.

Healthy People 2020 Objective MICH HP2020-9.1: Reduce total preterm births.

Aggregated Proportion of Pre-Term Births, Infants Born Prior to 37 Completed Weeks of Gestation, Lincoln County and Nevada, 2000 - 2003 and 2004 - 2008.*

From 2000-2008 the proportion of pre-term births in Lincoln County decreased by nearly fifty percent. This is still higher than the Healthy People target of 7.6 percent.

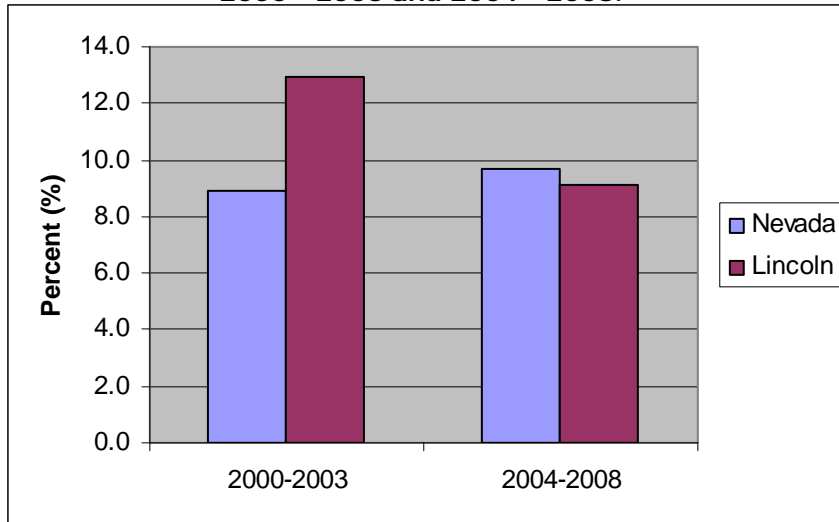


* The Nevada data are from Nevada Vital Statistics Records.
 Note: 2008 data are not final and are subject to change.

Healthy People 2010 Objective (16-11b.): Reduce the proportion of live births at 32 to 36 completed weeks of gestation.

Healthy People 2020 Objective MICH HP2020-9.2: Reduce the proportion of live births at 34 to 36 completed weeks of gestation.

Aggregated Proportion of Live Births at 32 to 36 Completed Weeks of Gestation, Lincoln County and Nevada, 2000 - 2003 and 2004 - 2008.*



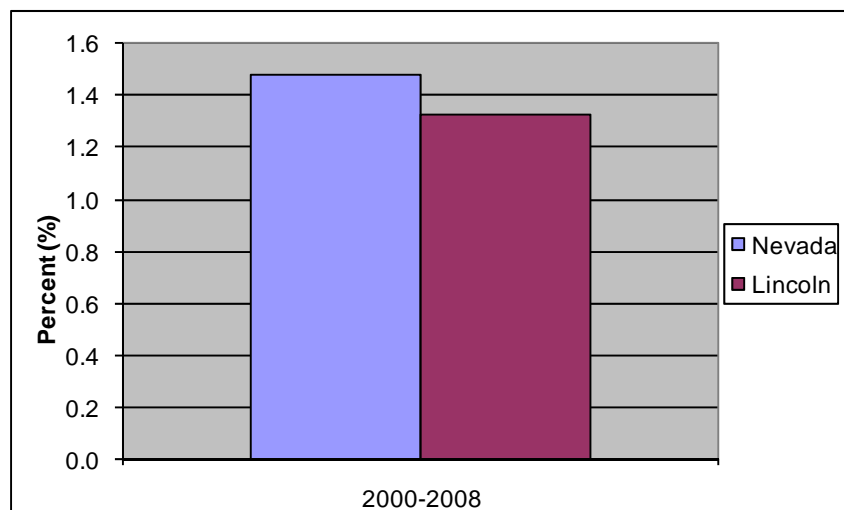
The average percentage of live births at 32 to 36 completed weeks of gestation, declined for Lincoln County and increased slightly for Nevada on average from 2000-2008. Neither met the Healthy People 2010 target of 6.4 percent.

Healthy People 2010 Objective (16-11c.): Reduce the proportion of live births at less than 32 completed weeks of gestation.

Healthy People 2020 Objective MICH HP2020-9.4: Reduce the proportion of very preterm or live births at less than 32 completed weeks of gestation.

Aggregated Proportion of Live Births at Less Than 32 Completed Weeks of Gestation, Lincoln County and Nevada, 2000 - 2008.*

On average from 2000 -2008 the percentage of live births at less than 32 completed weeks of gestation was 1.3 percent in Lincoln County, this is higher than the Healthy People 2010 target of 1.17 percent.

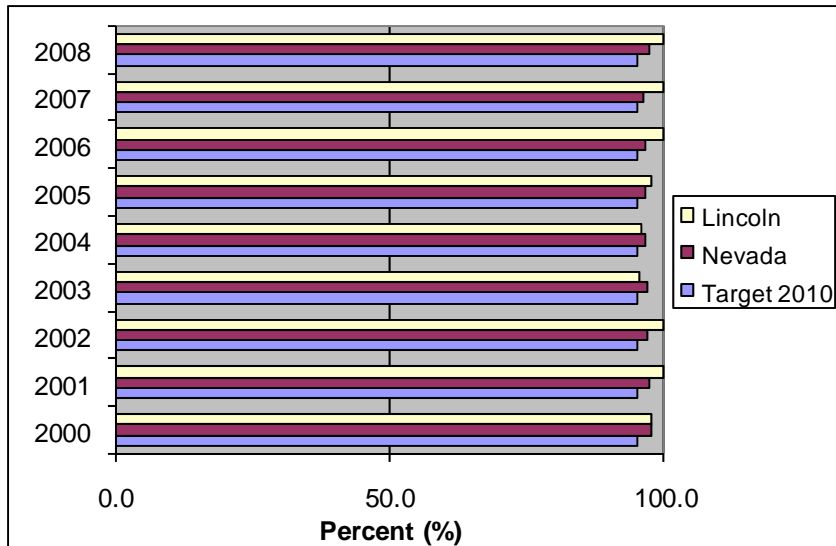


*The Nevada data are from Nevada Vital Statistics Records.
Note: 2008 data are not final and are subject to change.

Healthy People 2010 Objective (16-17a.): Increase the proportion of pregnant women abstaining from alcohol.

Healthy People 2020 Objective MICH HP2020-11.1: Increase abstinence from alcohol among pregnant women.

Proportion of Pregnant Women, Aged 15 to 44, Abstaining from Alcohol, Lincoln County and Nevada, 2000 - 2008.*

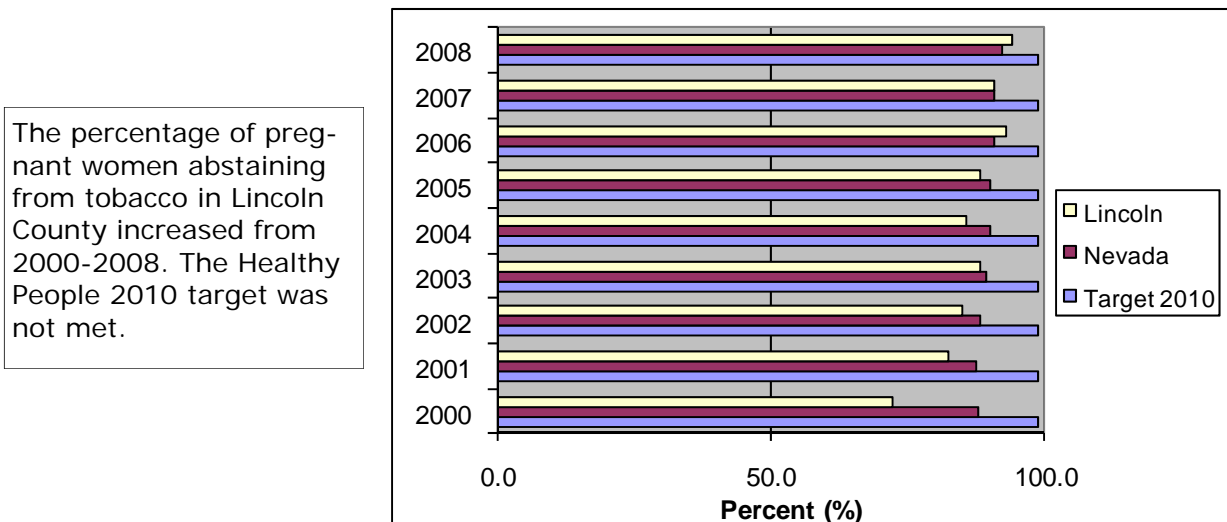


The proportion of pregnant women abstaining from alcohol exceeded the Healthy People 2010 target of 95 percent in both Nevada and Lincoln County from 2000-2008.

Healthy People 2010 Objective (16-17c.): Increase the proportion of pregnant women, aged 15-44 years, abstaining from cigarette smoking.

Healthy People 2020 Objective MICH HP2020-11.3: Increase abstinence from cigarettes among pregnant women.

Proportion of Pregnant Women Abstaining from Tobacco, Lincoln County and Nevada, 2000 - 2008.*



The percentage of pregnant women abstaining from tobacco in Lincoln County increased from 2000-2008. The Healthy People 2010 target was not met.

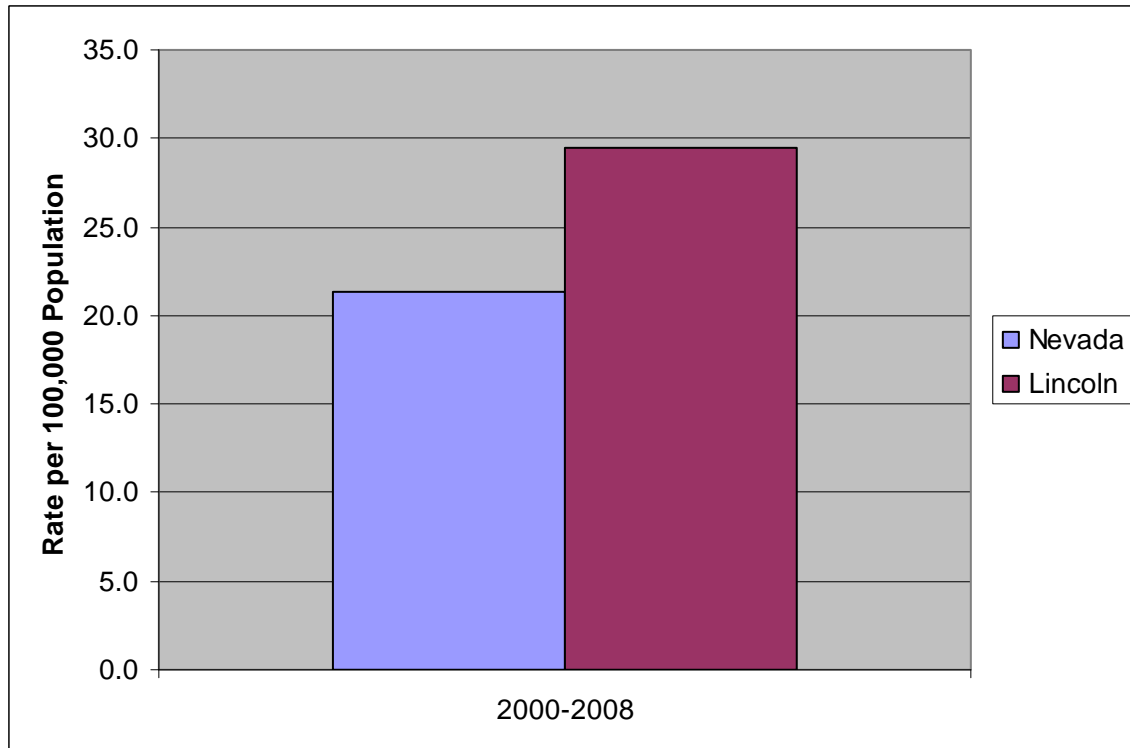
*The Nevada data are from Nevada Vital Statistics Records.
Note: 2008 data are not final and are subject to change.

Mental Health and Mental Disorders

Healthy People 2010 Objective (18-1.): Reduce the suicide rate.

Healthy People 2020 Objective MHMD HP2020-1: Reduce the suicide rate.

Aggregated Age-Adjusted Suicide Death Rate, Lincoln County and Nevada, 2000 - 2008.*



The suicide mortality rate averaged higher for Lincoln County than Nevada over the period 2000—2008. Lincoln County’s rate was more than six times higher than the Healthy People 2010 target rate of 4.8 per 100,000 population.

*These rates are age-adjusted to the 2000 U.S. standard population. The Nevada data is from Nevada Vital Statistics Records (NVSR).

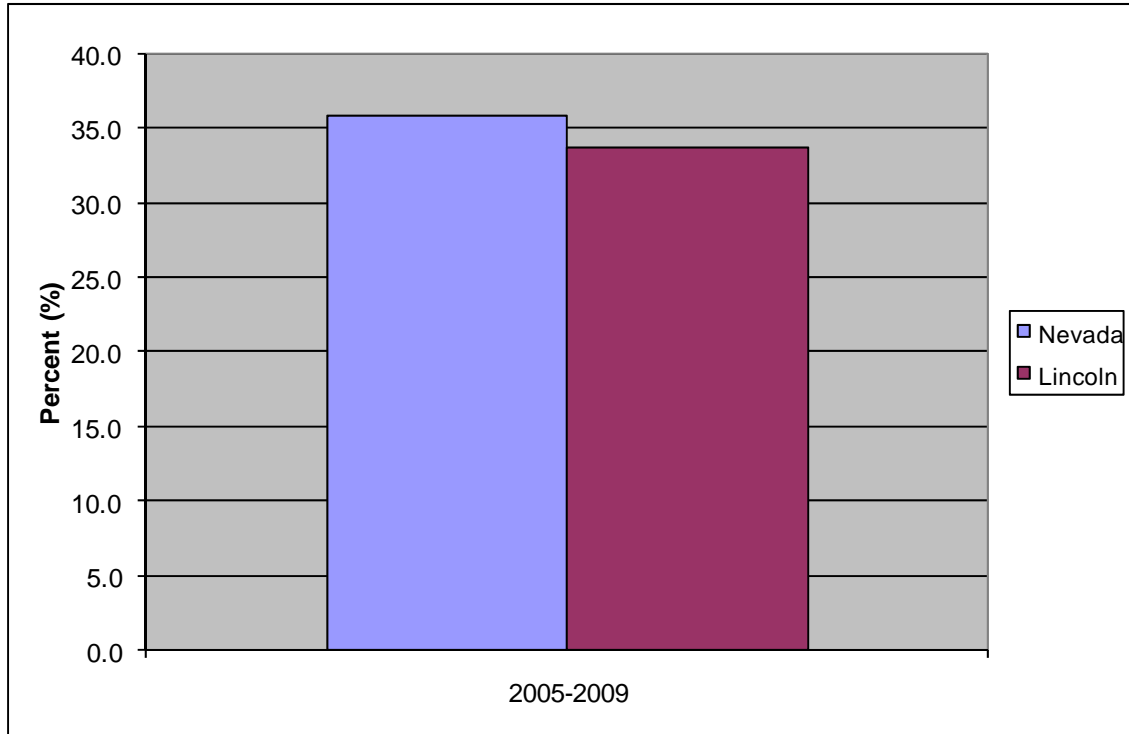
Note: 2007 and 2008 data are not final and are subject to change.

Nutrition and Weight Status

Healthy People 2010 Objective (19-1): Increase the proportion of adults who are at a healthy weight.

Healthy People 2010 Objective NWS HP2020-8: Increase the proportion of adults who are at a healthy weight.

Aggregated Proportion of Adults Who Are At a Healthy Weight, Lincoln County and Nevada, BRFSS Data, 2005 - 2009.*



The percentage of adults who are at a healthy weight was lower for Lincoln County than for the state during 2005—2009. Neither met the Healthy People 2010 target of 60 percent.

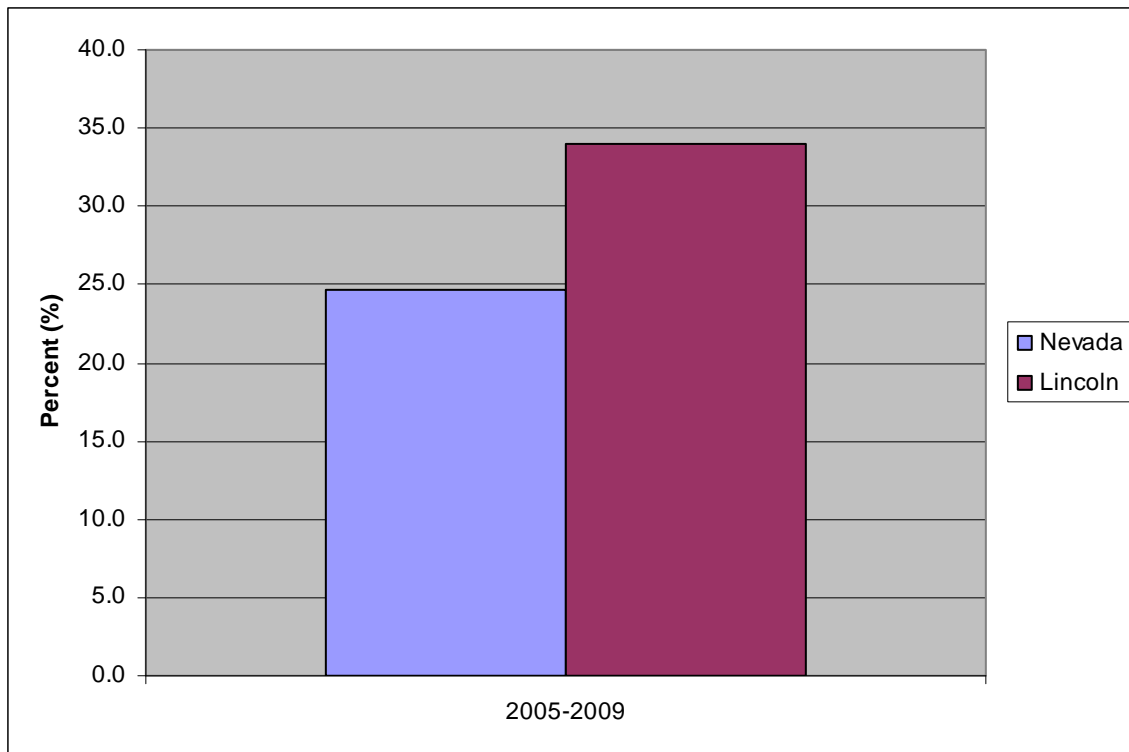
*These percentages are weighted to survey population characteristics. Not all counties were included in the Nevada survey results.

Note: Body weight estimates from self-reported heights and weights tend to be lower than those from measured height and weight.

Healthy People 2010 Objective (19-2): Reduce the proportion of adults who are obese.

Healthy People 2020 Objective NWS HP2020-9: Reduce the proportion of adults who are obese.

Aggregated Proportion of Adults Who Are Obese, Lincoln County and Nevada, BRFSS Data, 2005 - 2009.*



The proportion of adults who are obese in Lincoln County on average from 2005-2009 was more than twice as high as the Healthy People 2010 target of 15 per cent.

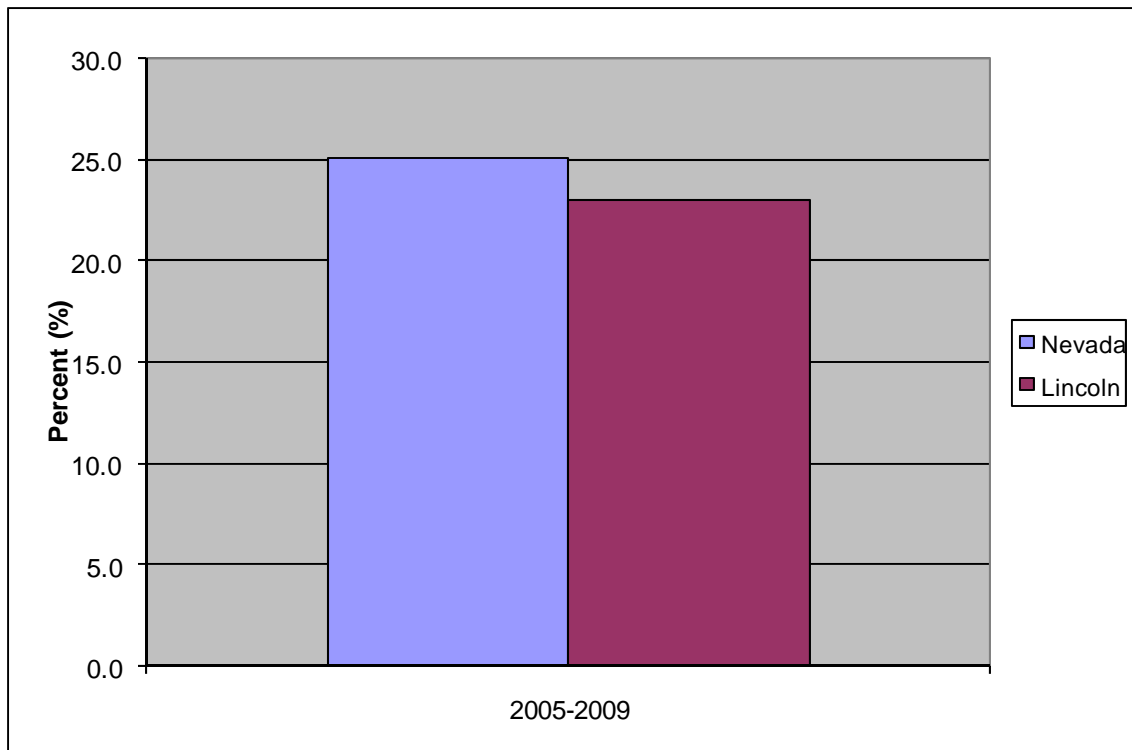
*These percentages are weighted to survey population characteristics. Not all counties were included in the Nevada survey results.
Note: Body weight estimates from self-reported heights and weights tend to be lower than those from measured height and weight.

Physical Activity and Fitness

Healthy People 2010 Objective (22-1.): Reduce the proportion of adults who engage in no leisure-time physical activity.

Healthy People 2020 Objective PA HP2020-1: Reduce the proportion of adults who engage in no leisure-time physical activity.

Aggregated Proportion of Adults Who Engage in No Leisure Time Physical Activity, Lincoln County and Nevada , BRFSS Data, 2005 - 2009.*



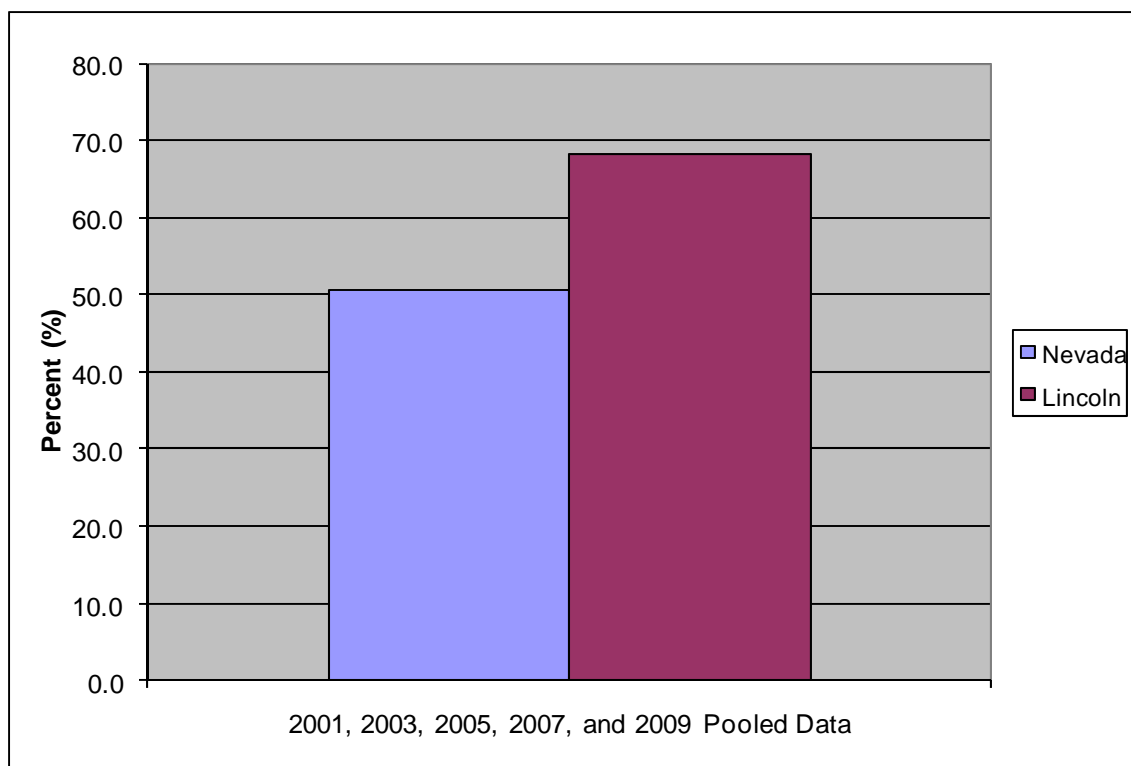
On average between 2005-2009 both Lincoln County and the state overall had a higher proportion of adults engaging in no leisure time physical activity than the Healthy People 2010 target of 20 percent.

*These percentages are weighted to survey population characteristics. Not all counties were included in the Nevada survey results.

Healthy People 2010 Objective (22-2.): Increase the proportion of adults who engage regularly, preferably daily, in moderate physical activity for at least 30 minutes per day.

Healthy People 2020 Objective PA HP2020-2.1: Increase the proportion of adults who engage in aerobic physical activity of at least moderate intensity for at least 150 minutes/week or 75 minutes/week of vigorous intensity or an equivalent combination.

Aggregated Proportion of Adults Who Engage in Aerobic Physical Activity of At Least Moderate Intensity for At Least 150 Minutes per Week or of Vigorous Intensity for At Least 75 Minutes per Week or an Equivalent Combination, Lincoln County and Nevada , BRFSS Data, 2001, 2003, 2005, 2007, 2009.*



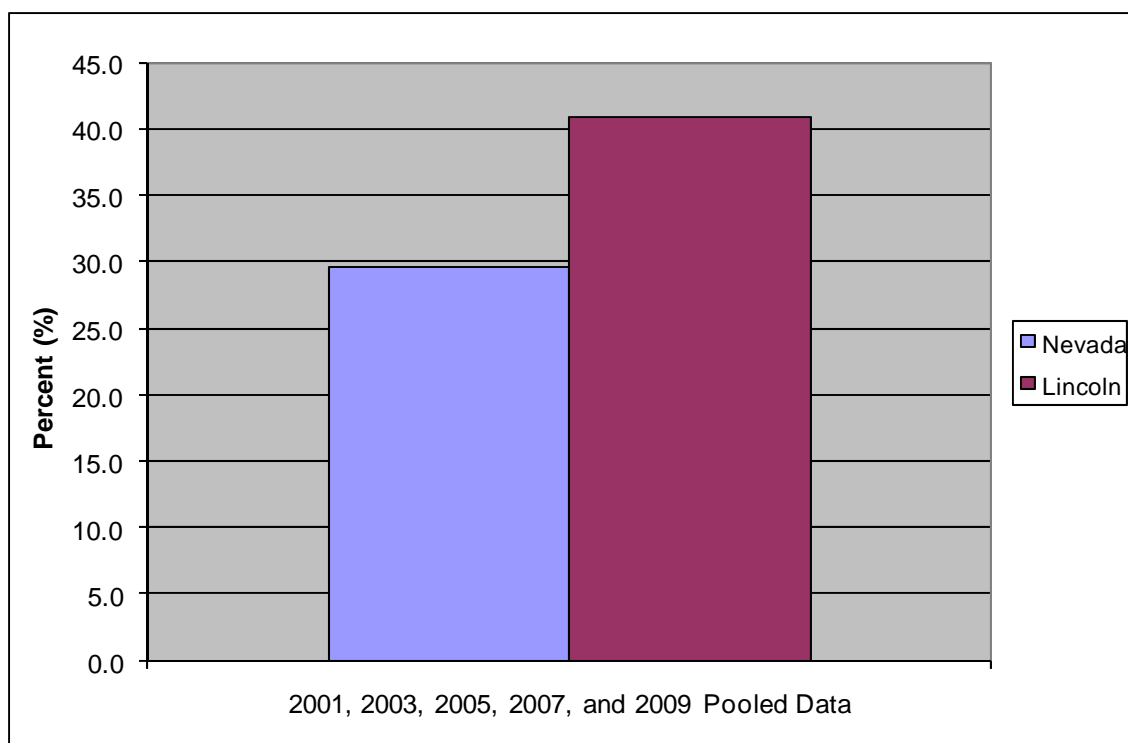
The percentage of adults who engage in aerobic physical activity of at least moderate intensity for at least 150 minutes per week or of vigorous intensity for at least 75 minutes per week or an equivalent combination, was higher in Lincoln County than in the state on average for the Behavior Risk Factor Surveillance Survey (BRFSS) reported years 2001, 2003, 2005, 2007, and 2009. This proportion in Lincoln County was higher than the Healthy People 2010 target of 50 percent.

*These percentages are weighted to survey population characteristics. Not all counties were included in the Nevada survey results.

Healthy People 2010 Objective (22-3.): Increase the proportion of adults who engage in vigorous physical activity promoting the development and maintenance of cardio-respiratory fitness for 20 or more minutes per day 3 or more days per week.

Healthy People 2020 Objective PA HP2020-2.2: Increase the proportion of adults who engage in aerobic physical activity of at least moderate intensity for more than 300 minutes/week or more than 150 minutes/week of vigorous intensity or an equivalent combination.

Aggregated Proportion of Adults Who Engage in Aerobic Physical Activity of At Least Moderate Intensity for More Than 300 Minutes per Week or More Than 150 Minutes per Week of Vigorous Intensity or An Equivalent Combination, Lincoln County and Nevada, BRFSS Data, 2001, 2003, 2005, 2007, 2009.*



The percentage of adults who engage in aerobic physical activity of at least moderate intensity for more than 300 minutes per week or of vigorous intensity for more than 150 minutes per week or an equivalent combination, was higher in Lincoln County than the state on average during the Behavioral Risk Factor Surveillance Survey (BRFSS) reported years 2001, 2003, 2005, 2007, and 2009. This exceeded the Healthy People 2010 target of 30 percent.

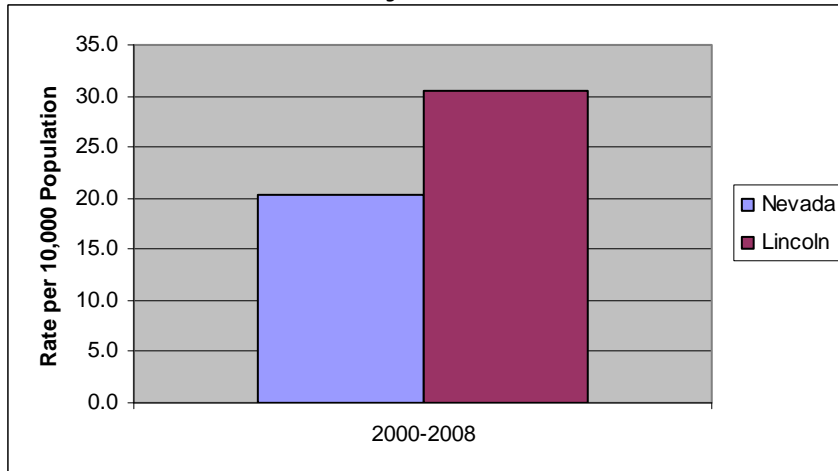
*These percentages are weighted to survey population characteristics. Not all counties were included in the Nevada survey results.

Respiratory Diseases

Healthy People 2010 Objective (24-2a.): Reduce hospitalizations for asthma in children under age 5 years.

Healthy People 2020 Objective RD HP2020-2.1: Reduce hospitalizations for asthma in children under age 5 years.

Aggregated Hospitalizations for Asthma in Children Under Age 5 Years, Lincoln County and Nevada, 2000 - 2008.*



Asthma hospitalizations for children, under five years of age, averaged higher for Lincoln County than the state from 2000-2008.

Nevada overall exceeded the Healthy People 2010 target rate of 25 per 100,000 population; Lincoln County did not meet the target.

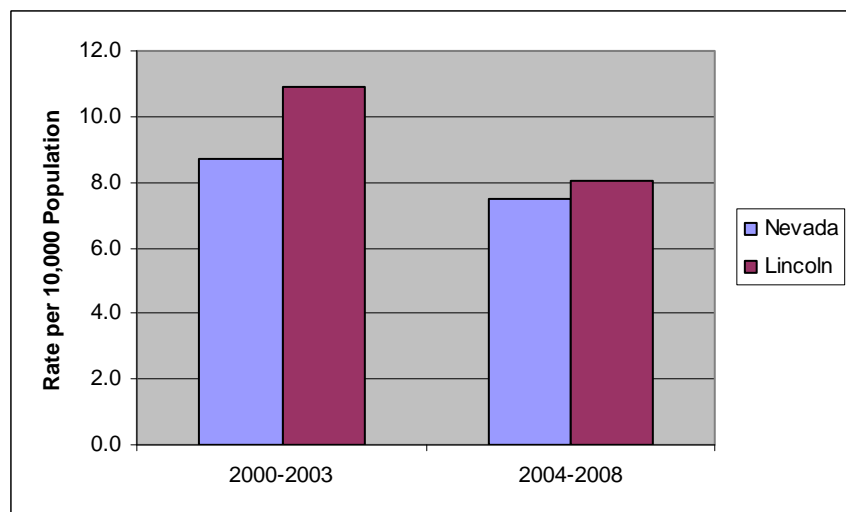
Healthy People 2010 Objective (24-2b.): Reduce hospitalizations for asthma in children and adults, aged 5 to 64 years.

Healthy People 2020 Objective RD HP2020-2.2: Reduce hospitalizations for asthma in children and adults, aged 5 to 64 years.

Aggregated Hospitalizations for Asthma in Children and Adults Aged 5 to 64 Years, Lincoln County and Nevada, 2000 - 2003 and 2004 - 2008.*

On average from 2000-2008, asthma hospitalizations for children and adults, aged 5 to 64 years, declined for both Nevada and Lincoln County.

On average from 2004-2008 both the state and the county were close to the Healthy People 2010 target rate of 7.7 per 100,000 population.

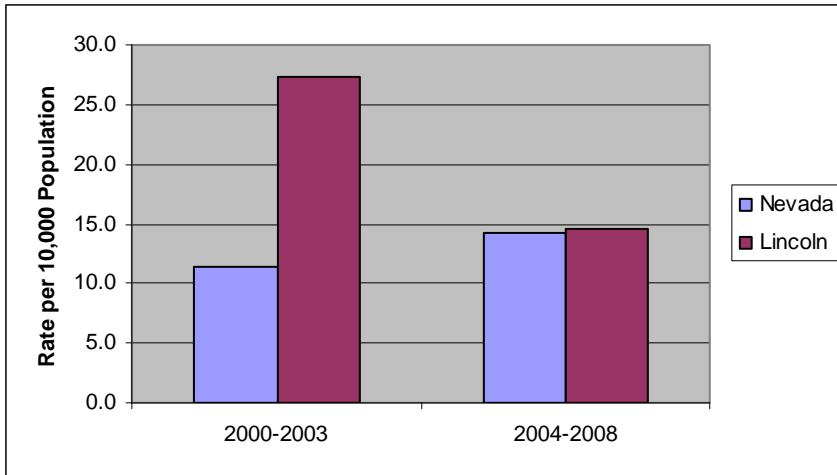


*The Nevada data are from Nevada Inpatient Hospital Discharge Database (NIHDD).

Healthy People 2010 Objective (24-2c.): Reduce hospitalizations for asthma in adults, aged 65 years and older.

Healthy People 2020 Objective RD HP2020-2.3: Reduce hospitalizations for asthma in adults, aged 65 years and older.

Aggregated Hospitalizations for Asthma in Adults Aged 65 Years and Older, Lincoln County and Nevada, 2000 - 2003 and 2004 - 2008.*



On average from 2000-2008, the hospitalization rate for asthma in adults aged 65 years and older decreased by almost half.

The county rate was still higher than the Healthy People 2010 target rate of 11.0 per 10,000 population.

*The Nevada data are from Nevada Inpatient Hospital Discharge Database (NIHDD).

Healthy People 2010 Objective (24-10.): Reduce deaths from chronic obstructive pulmonary disease among adults.

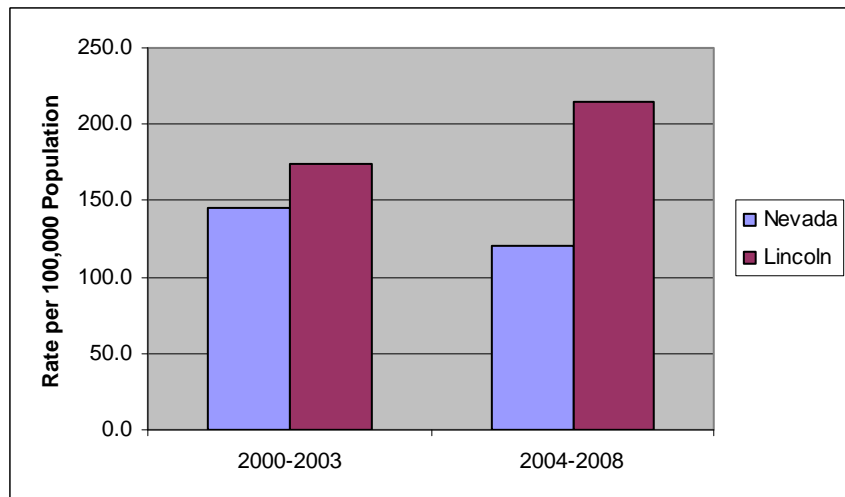
Healthy People 2020 Objective RD HP2020-10: Reduce deaths from chronic obstructive pulmonary disease among adults.

The chronic obstructive pulmonary disease (COPD) mortality rate decreased in Nevada over the years 2000 to 2008.

The Lincoln County rate rose during this time period.

Neither the state nor the county met the Healthy People 2010 target rate of 62.3 per 100,000 population.

Aggregated Age-Adjusted Chronic Obstructive Pulmonary Disease Deaths, Lincoln County and Nevada, 2000 – 2003 and 2004 - 2008.*



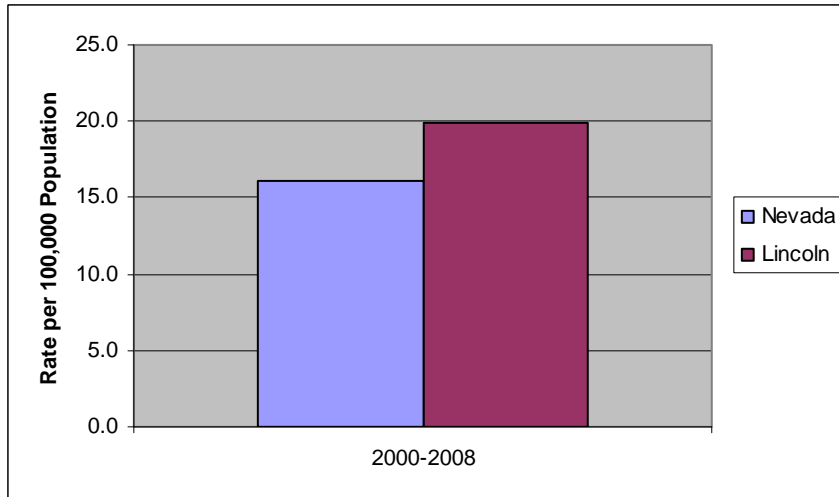
*These rates are age-adjusted to the 2000 U.S. standard population. The Nevada data are from Nevada Vital Statistics Records. Note: 2007 and 2008 data are not final and are subject to change.

Substance Abuse

Healthy People 2010 Objective (26-3): Reduce drug-induced deaths.

Healthy People 2020 Objective SA HP2020-12: Reduce drug-induced deaths.

Aggregated Age-Adjusted Drug-Induced Death Rate, Lincoln County and Nevada 2000 - 2008.*



On average from 2000—2008, Lincoln County had a higher drug induced mortality rate than the state.

This was more than 16 percent higher than the Healthy People 2010 target rate of 1.2 per 100,000 population.

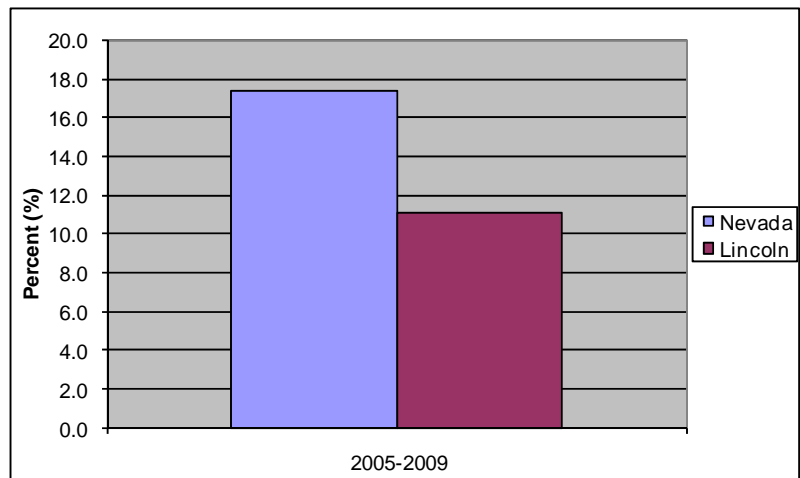
*These rates are age-adjusted to the 2000 U.S. standard population. The Nevada data are from Nevada Vital Statistics Records. Note: 2007 and 2008 data are not final and are subject to change.

Healthy People 2010 Objective (26-11c.): Reduce the proportion of adults, aged 18 years and older, engaging in binge drinking of alcohol.

Healthy People 2020 Objective SA HP2020-14.3: Reduce the proportion of adults, aged 18 years and older, engaging in binge drinking of alcohol.

Aggregated Proportion of Adults Aged 18 Years and Older Engaging in Binge Drinking Alcohol, Lincoln County and Nevada, BRFSS Data, 2005 - 2009.*

Lincoln County reported 11.1 percent of adults aged 18 years and older, engaging in binge drinking of alcohol during the years 2005—2009. A markedly lower proportion of adults than the 17.4% reported by the Behavioral Risk Factor Surveillance Survey (BRFSS) data in Nevada overall.



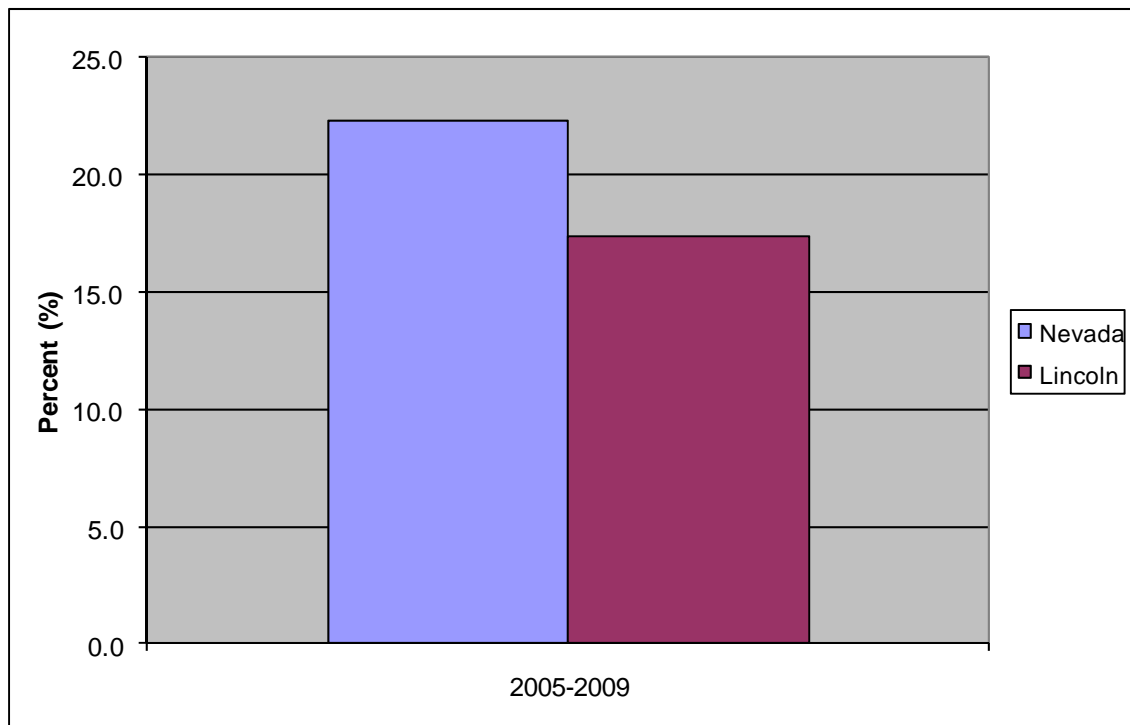
*These percentages are weighted to survey population characteristics. Not all counties were included in the Nevada survey results.

Tobacco Use

Healthy People 2010 Objective (27-1a.): Reduce cigarette smoking by adults.

Healthy People 2020 Objective TU HP2020-1.1: Reduce tobacco use by adults – cigarette smoking.

Aggregated Proportion of Cigarette Smoking Adults, Lincoln County and Nevada, BRFSS Data, 2005 - 2009.*



According to the Behavioral Risk Factor Surveillance Survey (BRFSS) reports, on average from 2005-2009 Lincoln County had fewer adults reporting they smoked cigarettes than Nevada overall. However, Lincoln County did not reach the Healthy People 2010 target of 12 percent.

*These percentages are weighted to survey population characteristics. Not all counties were included in the Nevada survey results.

Healthy People 2010: Lincoln County Indicator Exemptions

The following Healthy People 2010 indicators were not included in the Lincoln County Report due to a lack of available data:

- Adolescent Health (AH):
 - AH HP2020-1c: Increase the percentage of students whose reading skills are at or above the proficient achievement level for their grade.
 - AH HP2020-1d: Increase the percentage of students whose mathematical skills are at or above the proficient achievement level for their grade.
- Early and Middle Childhood (EMC):
 - EMC HP2020-3: Increase the proportion of elementary, middle, and senior high schools that require school health education.
- Family Planning (FP):
 - FP HP2020-9c: Increase the proportion of female adolescents aged 15 years who have never had sexual intercourse.
 - FP HP2020-9d: Increase the proportion of male adolescents aged 15 who have never had sexual intercourse.
 - FP HP2020-10e: The proportion of sexually active females aged 15 to 19 who used a condom at last intercourse.
 - FP HP2020-10f: The proportion of sexually active males aged 15 to 19 who used a condom at last intercourse.
- Immunizations and Infectious Diseases (IID):
 - IID HP2020-18: Percentage of children aged 19 to 35 months who receive recommended vaccines.
 - IID HP2020-20: Increase the percentage of children aged 19 to 35 months who receive the recommended vaccines.
- Injury and Violence Prevention (IVP):
 - IVP HP2020-13: Reduce physical fighting among adolescents.
 - IVP HP2020-14: Reduce weapon carrying by adolescents on school property.
- Mental Health and Mental Disorders (MHMD):
 - MHMD HP2020-2: Proportion of adolescents, grades 9 through 12, reporting suicide attempts in the past 12 months.
- Nutrition and Weight Status (NWS):
 - NWS HP2020-5c: Reduce the proportion of adolescents, aged 12 to 19 years, who are overweight or obese.
- Occupational Safety and Health (OSH):
 - OSH HP2020-7a: Work-related injury death rate, aged 16 years and older.
- Oral Health (OH):
 - OH HP2020-6a: Proportion of children aged 3 to 5 years with dental caries in primary and permanent teeth.

- OH HP2020-7a: Proportion of children aged 3 to 5 years with untreated dental decay.
 - OH HP2020-10b: Increase the proportion of children aged 8 years and older who have received dental sealants in their molar teeth.
- Physical Activity and Fitness (PAF):
 - PAF HP2020-7: Increase the proportion of adolescents that meet the current physical activity guidelines for aerobic physical activity and for muscle-strengthening activity.
- Sexually Transmitted Diseases (STD):
 - STD HP2020-3a: Reduce the proportion of females, aged 15 to 24 years with Chlamydia trachomatis infections attending family planning clinics.
- Substance Abuse (SA):
 - SA HP2020-4: Percentage of adolescents who report they rode during the previous 30 days with a driver who had been drinking alcohol, grades 9 through 12.
 - SA HP2020-7d: Proportion of adolescents engaging in binge drinking of alcohol.
 - SA HP2020-9b: Proportion of adolescents in the 10th grade reporting steroid use.
 - SA HP2020-9c: Proportion of adolescents in the 12th grade reporting steroid use.
 - SA HP1010-10: Reduce the proportion of adolescents who use inhalants.
- Tobacco Use (TU):
 - TU HP2020-6b: Proportion of adolescents reporting cigarette use in the past month.
 - TU HP2020-6c: Proportion of adolescents reporting spit tobacco use in the past month.

The following Healthy People 2010 indicators were not included in the Lincoln County Report due to a lack of available data, counts of 0:

- Cancer (C):
 - C HP2020-4: Cervical cancer death rate.
- Food Safety (FS):
 - FS HP2020-3b: Rate of reported cases of Escherichia Coli 0157:H7.
 - FS HP2020-3c: Rate of reported cases of Listeriosis.
- Immunizations and Infectious Diseases (IID):
 - IID HP2020-3: Crude rate of reported new cases of Hepatitis A.
 - IID HP2020-4: Crude rate of reported cases of Meningococcal disease.
 - IID HP2020-5: Crude Rate of reported new cases of Tuberculosis.
- Injury and Violence Prevention (IVP):
 - IVP HP2020-2: Death rate from homicides.
- Maternal, Infant, Child Health (MICH):
 - MICH HP2020-15e: Postneonatal death rate (between 28 days and 1 year of life).

- MICH HP2020-15g: Reduce infant deaths related to birth defects (congenital heart defects).
- MICH HP2020-2a: Death rate of adolescents aged 10 to 14 years.
- Sexually Transmitted Diseases (STD):
 - STD HP2020-5: Reduce the rate of primary and secondary syphilis.

The following Healthy People 2010 indicators were not included in the Lincoln County Report due to a lack of available data, counts below 5 but greater than 0:

- Blood Disorders and Blood Safety (BDBS):
 - BDBS HP2020-2: Reduce hospitalizations for sickle cell disease among children aged 9 years and younger.
- Cancer (C):
 - C HP2020-3: Breast cancer death rate.
 - C HP2020-6: Oropharyngeal cancer death rate.
 - C HP2020-8: Melanoma cancer death rate.
- Food Safety (FS):
 - FS HP2020-3d: Rate of reported cases of Salmonella.
- Human Immunodeficiency Virus (HIV):
 - HIV HP2020-1: Reduce acquired immunodeficiency syndrome.
 - HIV HP2020-4: Reduce the new cases of human immunodeficiency virus/acquired immunodeficiency syndrome (HIV/AIDS) diagnosed among adults and adolescents.
 - HIV HP2020-7: HIV infection death rate.
- Immunizations and Infectious Diseases (IID):
 - IID HP2020-14: Reduce or eliminate cases of vaccine preventable diseases.
- Injury and Violence Prevention (IVP):
 - IVP HP2020-18b: Hospitalization rate for nonfatal spinal cord injuries.
 - IVP HP2020-6: Pedestrian death rate on public roads.
 - IVP HP2020-26a: Reduce fall related deaths in all persons.
 - IVP HP2020-27: Death rate from drowning.
- Maternal, Infant, Child Health (MICH):
 - MICH HP2020-1c: Infant death rate (within 1 year of life).
 - MICH HP2020-1d: Neonatal death rate (within the first 28 days of life).
 - MICH HP2020-1f: Reduce infant deaths related to birth defects.
 - MICH HP2020-2a: Death rate of children aged 1 to 4 years.
 - MICH HP2020-2b: Death rate of children aged 5 to 9 years.
 - MICH HP2020-3b: Death rate of adolescents aged 15 to 19 years.
 - MICH HP2020-3c: Death rate of young adults aged 20 to 24 years old.
 - MICH HP2020-10b: Proportion of very low birth weight infants.
- Sexually Transmitted Diseases (STD):
 - STD HP2020-4: Reduce the gonorrhea rate of males and females.

The following Healthy People 2010 indicators were not included in the Lincoln County Report due to a lack of available data, less than 50 BRFSS respondents:

- Cancer (C):
 - C HP2020-14: Increase the proportion of women aged 18 years and older who have received a cervical cancer screening based on the most current guidelines.
 - C HP2020-15a: Increase the proportion of adults who receive a colorectal cancer screening.
 - C HP2020-15b: Increase the proportion of adults aged 50+ who have ever had a sigmoidoscopy or a colonoscopy.
 - C HP2020-16: Increase the proportion of women aged 40 years and older who have ever received a breast cancer screening based on the most recent guidelines.
- Diabetes (D):
 - D HP2020-1: Proportion of persons with diabetes who receive formal diabetes education.
 - D HP2020-6: Increase the proportion of adults with diabetes who have a glycosylated hemoglobin measurement at least twice a year.
 - D HP2020-8: Proportion of adults with diabetes who have had at least an annual foot examination.
- Heart Disease and Stroke (HDS):
 - HDS HP2020-7: Proportion of adults with high blood cholesterol levels.
 - HDS HP2020-8: Proportion of adults having had their blood cholesterol checked within the preceding 5 years.
- Immunizations and Infectious Diseases (IID):
 - IID HP2020-24a: Proportion of adults aged 65 years and older who are vaccinated against influenza.
 - IID HP2020-24b: Proportion of adults aged 65 and older who have ever received a pneumococcal vaccination.
 - IVP HP2020-8: Proportion of people using safety belts.
- Oral Health (OH):
 - OH HP2020-8a: Proportion of older adults aged 65 years and older reporting having all their natural teeth extracted.
- Tobacco Use (TU):
 - TU HP2020-8a: Proportion of adults reporting smoking cessation attempts in the past year.