# **NEVADA HMO INDUSTRY PROFILE**

# FOURTH QUARTER REPORT

October 1, 2005 through December 31, 2005

# Bureau of Health Planning and Statistics Nevada State Health Division Department of Health and Human Services

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#### INTRODUCTION

The Nevada HMO Industry Profile is published quarterly and contains information regarding Nevada's licensed health maintenance organizations (HMOs), who provide the data voluntarily. This profile may be useful to healthcare providers and others interested in managed care services available within the state.

Each quarterly report presents company specific organizational data, as well as, quarterly enrollment data arranged by county. Enrollment data are categorized by enrollee population and product (i.e., Commercial Plan, Medicare, Medicaid, and Nevada Check Up). Market penetration information is also provided.

## Fourth Quarter 2005 HMO Activity Highlights

This fourth quarter report of 2005 (as well as previous quarterly reports from 2000) can be accessed online at, as well as downloaded from, the following web address: <a href="http://health2k.state.nv.us/nihds/publications/HMO/index.htm">http://health2k.state.nv.us/nihds/publications/HMO/index.htm</a>

# Table I

#### PROFILE OF NEVADA LICENSED HMOs

**Enrollment for Quarter Ending: December 31, 2005** 

НМО	Contact	Service Area	Enrollment	
Aetna Health, Inc.	Ruth Szcurko RN,MBA	Clark County and Washoe Counties, and	Commercial:	10,363
4040 South Eastern Ave., Suite 240	Quality Accreditation Manager	Pahrump in Nye County	Medicare:	-
Las Vegas, NV 89117	Phone: 702-650-8234		Medicaid:	-
			NV Check-Up:	-
Model: Network	Medical Director: Dr. Richard Jones		Total:	10,363
Licensed: July, 1997				
For-profit; Foreign HMO			PPO Total:	-
State QA Exam: NCQA 11/04				
Health Plan of Nevada	Rudy Cardenas	Clark, Esmeralda, Lyon,	Commercial:	254,272
(Subsidiary of Sierra Health Services)	Director of Operations, Managed Care Div.	Mineral, Nye, and	Medicare:	56,025
P.O. Box 15645	Phone: 702-242-7692	Washoe Counties	Medicaid:	42,418
Las Vegas, NV 89114-5645			NV Check-Up:	12,663
	Kelly Simonson, Medicaid Director		Total:	365,378
Model: Group/Network Combination	Phone: 702-242-7409			
Licensed: April 1982			PPO Total:	27,498
For-profit; Domestic HMO	Medical Director: Dr. Sameer Abu-Samrah			
PPO: Sierra Health & Life	Federally Qualified: All service areas			
State QA Exam: NCQA 2/03.	Medicare Risk Contract: All service areas			
HMO Colorado, dba HMO Nevada	Tony Pointer, Director of Sales	Carson City, Clark, Churchill, Douglas,	Commercial:	11,035
(Anthem subsidiary)		Elko, Esmeralda, Eureka, Humboldt,	Medicare:	-
6900 Westcliff Dr., Suite 600	Pattie Gonzalez, Provider Service Manager	Lander, Lincoln, Lyon, Mineral, Nye,	Medicaid:	-
Las Vegas, NV 89145	Phone: 702-228-1255	Pershing, Storey, White Pine, and	NV Check-Up:	-
	Medical Director: Dr. William Bannen	Washoe Counties	Total:	11,035
Licensed: December 1992				
For profit; Foreign HMO	Federally Qualified: Clark County		PPO Total:	239,363
PPO: Anthem Blue Cross & Blue Shield NV				
State QA Exam: URAC 12/03				

НМО	Contact	Service Area	Enrollment	
Hometown Health	Troy Smith, Vice-President Insurance Srvcs.	Carson City, Churchill,	Commercial:	23,730
830 Harvard Way	Phone (775) 982-3000	Douglas, Elko, Eureka,	Medicare:	4,816
Reno, NV 89502		Humboldt, Lander,	Medicaid:	-
Model: Network	Medical Director: Dr. Jay Keystone	Lyon, Mineral, Pershing,	NV Check-Up:	-
		Storey, White Pine,	Total:	28,546
Licensed: February 1988	Federally Qualified: All service areas	and Washoe Counties		
Non-profit; Domestic HMO	Medicare Risk Contract: Washoe County		PPO Total:	68,642
State Quality Exam: CMS 6/05				
NevadaCare, Inc.	Jack Kelly, Sr. VP of Government Programs	Clark County and	Commercial:	12,604
(Subsidiary of I/MX Companies)		Reno/Sparks in Washoe County	Medicare:	-
10600 Charleston Blvd.	Med Dir, Comm Pgms: Dr. Kenneth Osgood		Medicaid:	38,896
Las Vegas, NV 89135	Med Dir, Govt Pgms: Dr. Donielle Freedman		NV Check-Up:	10,156
			Total:	61,656
PPO: Summerlin Life & Health Ins. Co.			PPO Total:	12 160
Model: Network			PPO Total:	12,169
Licensed: September 1995				
For-profit; Domestic HMO				
State QA Exam: JCAHO 12/03				
PacifiCare of Nevada, Inc.	Dr. Bard Coats, President and Chief Med. Officer	Carson City, Clark,	Commercial:	43,462
700 Warm Springs Rd.	Phone: 702-269-7500	Douglas, Esmeralda,	Medicare:	26,115
Las Vegas, NV 89119		Lyon, Mineral, Nye,	Medicaid:	-
	Dr. Alan Blumenthal, Medical Director	Storey, and Washoe Counties	NV Check-Up:	-
PPO: PacifiCare Life Assurance Co.			Total:	69,577
Model: Network, and DSI Network			PPO Total:	6,102
Licensed: September 1997	Federally Qualified: Clark County		110 Iotal.	0,102
For-profit; Domestic HMO	Medicare risk contract: Clark County			
State QA Exam: NCQA 2/04	vicultate fisk contract. Clark County			
State QA EXAIII: NCQA 2/04				

НМО	Contact	Service Area	Enrollment	
Saint Mary's HealthFirst	M. Donald Kowitz, Chief Operating Officer	Carson City, Churchill, Douglas	Commercial:	28,185
1155 W. Fourth Street #121	Phone: 775-770-6060	(Stateline excluded), Elko, Eureka,	Medicare:	-
Reno, NV 89503		Humboldt, Lander, Lyon, Mineral,	Medicaid:	-
	Medical Director: Dr. Dennis Shuman	Pershing, Storey, White Pine,	NV Check-Up:	-
Model: Staff/Network combination		and Washoe Counties	Total:	28,185
Licensed: June 1993				
For-profit; Domestic HMO			PPO Total:	-
State QA Exam: NCQA 2/05				

		Market
Nevada State Totals:	Enrollment	Penetration*
Commercial:	383,651	18.3%
Medicare:	86,956	32.8%
Medicaid:	81,314	46.7%
NV Check-Up	22,819	
Total Enrollment:	574,740	

DSI: Delivery Service Intermediary

<sup>\*</sup> Market Penetration calculations and enrollment figures are mutually exclusive categories, and should be interpreted as such.

Table II

HMO COMMERCIAL ENROLLMENT
by Geographic Area
December 31, 2005

	Clark	Washoe	Rural	Total
Health Plan	County	County	Counties	Commercial
Aetna, Inc.	9,742	530	91	10,363
Health Plan of Nevada	243,668	6,362	4,242	254,272
HMO Nevada	1,882	4,939	4,214	11,035
Hometown Health	0	18,716	5,014	23,730
NevadaCare, Inc.	12,300	180	124	12,604
PacifiCare of Nevada, Inc.	42,656	38	768	43,462
Saint Mary's HealthFirst	0	22,400	5,785	28,185
Totals	310,248	53,165	20,238	383,651
Market Penetration	20.6%	15.7%	7.8%	18.3%

Table III

HMO RURAL COMMERCIAL ENROLLMENT BY COUNTY
December 31, 2005

		Health Plan	HMO	Hometown			St. Mary's	County
County	Aetna	Nevada	Nevada	Health	NevadaCare	PacifiCare	HealthFirst	Total
Carson City	0	72	1,806	1,350	0	66	4,759	8,053
Churchill	0	14	101	497	0	5	0	617
Douglas	0	30	710	890	0	119	397	2,146
Elko	0	10	214	194	0	1	0	419
Esmeralda	0	9	0	0	0	1	0	10
Eureka	0	0	2	52	0	1	0	55
Humboldt	0	2	75	243	0	66	0	386
Lander	0	1	2	117	0	56	0	176
Lincoln	0	113	3	0	0	1	0	117
Lyon	0	237	920	1,450	0	73	507	3,187
Mineral	0	0	21	177	0	0	0	198
Nye	91	3,724	8	0	124	377	0	4,324
Pershing	0	0	190	0	0	0	0	190
Storey	0	2	11	44	0	0	122	179
White Pine	0	28	97	0	0	2	0	127
Undefined	0	0	54	0	0	0	0	54
TOTAL	91	4,242	4,214	5,014	124	768	5,785	20,238

Table IV

HMO COMMERCIAL ENROLLMENT TRENDS
December 31, 2005

Health Plan	Enrollment  ealth Plan  December 31, 2005		Difference	Percentage Change
Aetna, Inc.	10,363	11,733	-1,370	-11.7%
Health Plan of Nevada	254,272	226,237	28,035	12.4%
HMO Nevada	11,035	9,971	1,064	10.7%
Hometown Health	23,730	20,537	3,193	15.5%
NevadaCare, Inc.	12,604	17,865	-5,261	-29.4%
PacifiCare of Nevada, Inc.	43,462	31,531	11,931	37.8%
Saint Mary's HealthFirst	28,185	29,682	-1,497	-5.0%
Totals	383,651	347,556	36,095	10.4%

Table V

HMO MEDICARE ENROLLMENT
by Geographic Area
December 31, 2005

Health Plan	Clark County	Washoe County	Rural Counties	Total Medicare
Aetna, Inc.	-	-	-	-
Health Plan of Nevada	46,022	4,696	5,307	56,025
HMO Nevada	-	-	-	-
Hometown Health	-	4,816	-	4,816
NevadaCare, Inc.	-	-	-	-
PacifiCare of Nevada, Inc.	25,831	-	284	26,115
Saint Mary's HealthFirst	-	-	-	-
Totals	71,853	9,512	5,591	86,956
Market Penetration	39.3%	24.2%	13.1%	32.8%

Table VI HMO RURAL MEDICARE ENROLLMENT BY COUNTY December 31, 2005

		Health Plan	HMO	Hometown			St. Mary's	County
County	Aetna	Nevada	Nevada	Health	NevadaCare	<b>PacifiCare</b>	HealthFirst	Total
Carson City	-	28	-	-	-	-	-	28
Churchill	-	0	-	-	-	-	-	0
Douglas	-	3	-	-	-	-	-	3
Elko	-	1	-	-	-	-	-	1
Esmeralda	-	32	-	-	-	-	-	32
Eureka	-	0	-	-	-	-	-	0
Humboldt	-	1	-	-	-	-		1
Lander	-	0	-	-	-	-	-	0
Lincoln	-	2	-	-	-	-	-	2
Lyon	-	923	-	-	-	-	-	923
Mineral	-	84	-	-	-	-	-	84
Nye	-	4,231	-	-	-	284	-	4,515
Pershing	-	0	-	-	-	-	-	0
Storey	-	0	-	-	-	-	-	0
White Pine	-	2	-	-	-	-	-	2
Undefined	-	0	-	-	-		-	0
TOTAL	0	5,307	0	0	0	284	0	5,591

Table VII

HMO MEDICARE ENROLLMENT TRENDS
December 31, 2005

Health Plan	Enrollment December 31, 2005	Enrollment December 31, 2004	Difference	Percent Change
Aetna, Inc.	-	-	-	-
Health Plan of Nevada	56,025	53,316	2,709	5.1%
HMO Nevada	-	-	-	-
Hometown Health	4,816	5,155	-339	-6.6%
NevadaCare, Inc.	-	-	-	-
PacifiCare of Nevada, Inc.	26,115	25,584	531	2.1%
Saint Mary's HealthFirst	-	-	-	-
Totals	86,956	84,055	2,901	3.5%

**Table VIII** 

# HMO MEDICAID ENROLLMENT

# by Geographic Area December 31, 2005

Health Plan	Clark County	Washoe County	Rural Counties	Total Medicaid
Aetna, Inc.	-	-	-	-
Health Plan of Nevada	35,763	6,604	51	42,418
HMO Nevada	-	-	-	-
Hometown Health	-	-	-	-
NevadaCare, Inc.	34,482	4,414	0	38,896
PacifiCare of Nevada, Inc.	-	-	-	-
Saint Mary's HealthFirst	-	-	-	-
Totals	70,245	11,018	51	81,314
Market Penetration	55.3%	44.3%	0.2%	46.7%

<sup>\*</sup>Only statewide Medicaid Eligible Data was available due to new NSWD reporting measures.

Table IX

HMO MEDICAID ENROLLMENT TRENDS

December 31, 2005

Health Plan	Enrollment December 31, 2005	Enrollment December 31, 2004	Difference	Percent Change
Aetna, Inc.	-	-	-	-
Health Plan of Nevada	42,418	39,770	2,648	6.7%
HMO Nevada	-	-	-	-
Hometown Health	-	-	-	-
NevadaCare, Inc.	38,896	45,770	-6,874	-15.0%
PacifiCare of Nevada, Inc.	-	-	-	-
Saint Mary's HealthFirst	-	-	-	-
Totals	81,314	85,540	-4,226	-4.9%

Table X

HMO NEVADA CHECK-UP ENROLLMENT
by Geographic Area
December 31, 2005

Health Plan	Clark County	Washoe County	Rural Counties	Total Check-Up
Aetna, Inc.	-	-	-	-
Health Plan of Nevada	11,353	1,304	6	12,663
HMO Nevada	-	-	-	-
Hometown Health	-	-	-	-
NevadaCare, Inc.	7,378	2,778	0	10,156
PacifiCare of Nevada, Inc.	-	-	-	-
Saint Mary's HealthFirst	-	-	-	-
Totals	18,731	4,082	6	22,819

Table XI

TOTAL HMO MARKET PENETRATION
by County, December 31, 2005

County	Commercial Market Penetration	Medicare Market Penetration	Medicaid Market Penetration	
Clark	20.6%	39.3%	55.3%	
Washoe	15.7%	24.2%	44.3%	
Carson City	17.9%	0.4%	*	
Churchill	2.6%	0.0%	*	
Douglas	5.5%	0.0%	*	
Elko	1.0%	0.0%	*	
Esmeralda	1.2%	16.4%	*	
Eureka	4.4%	0.0%	*	
Humboldt	2.6%	0.1%	*	
Lander	3.8%	0.0%	*	
Lincoln	4.1%	0.3%	*	
Lyon	8.6%	14.6%	*	
Mineral	5.8%	8.4%	*	
Nye	14.4%	57.7%	*	
Pershing	3.9%	0.0%	*	
Storey	5.7%	0.0%	*	
White Pine	2.1%	0.1%	*	
Statewide TOTALS	18.3%	32.8%	46.7%	

Please refer to "TABLE NOTES" for important additional information.
\*Rural County: No county Medicaid Eligible Data available per NSWD, see Table VIII.

Table XII

PPO ENROLLMENT
by Geographic Area
December 31, 2005

Health Plan	Clark County	Washoe County	Rural Counties	Total Enrollment
Aetna, Inc.	-	-	-	-
Health Plan of NV/Sierra Hlth & Life	23,560	1,961	1,977	27,498
HMO Nevada/Anthem BC & BS NV	DNR	DNR	DNR	239,363
Hometown Health	0	62,693	5,949	68,642
NevadaCare/Summerlin Life&Hlth	11,268	367	534	12,169
PacifiCare of Nevada, Inc.	5,178	645	279	6,102
Saint Mary's HealthFirst	-	-	-	-
Totals	40,006	65,666	8,739	353,774

TABLE XIII

PPO ENROLLMENT TRENDS by HEALTH PLAN
December 31, 2005

Harldt Dlan	Enrollment	Enrollment	D:cc	Percent
Health Plan	December 31, 2005	<b>December 31, 2004</b>	Difference	Change
Aetna, Inc.	-	-	-	-
Health Plan of Nevada	27,498	25,893	1,605	6.2%
HMO Nevada	239,363	214,972	24,391	11.3%
Hometown Health	68,642	64,495	4,147	6.4%
NevadaCare, Inc.	12,169	6,416	5,753	89.7%
PacifiCare of Nevada, Inc.	6,102	15,199	-9,097	-59.9%
Saint Mary's HealthFirst	-	-	-	-
Totals	353,774	326,975	26,799	8.2%

#### **TABLE NOTES**

#### General Notes on the Tables:

<u>Distinctions between Zeros, Dashes, DNR, & Asterisks</u>
 To increase readability, the following data presentation conventions have been used:

1. Zero: no enrollees within a county for which a Certificate of Authority (COA) has been issued to the HMO.

2. Dash (-): the HMO does not have a COA to operate in the county.

When used in "Total," "Difference," or "Percent Change" columns, this convention represents invalid mathematical calculations due to an HMO not having a COA in the county or counties, and therefore not having a valid total number of enrollees for the calculation of interest.

(e.g., in Table III, no HMO has a COA to operate in Eureka county. Therefore the "County Total" column is represented with a dash (-) to indicate an invalid mathematical total.)

In Table I, convention indicates HMO does not provide service to that population category.

3. DNR: Did not report.

4. Asterisk (\*): Value not able to be calculated due to missing data.

#### Enrollment Data Reporting and Sources

All enrollment data presented within the *Nevada HMO Industry Profile* are derived from quarterly enrollment reports submitted by each HMO. Geographical allocation of enrollment data is based upon the following guidelines:

- a. Commercial plan enrollment data are reported according to the location of the employer.
- b. Medicare, Medicaid, and Nevada Check Up enrollment data are allocated according to the residence of the enrollee.

#### Market Penetration Calculations and Data Sources

In general, market penetration is determined by dividing the number of enrollees by the potential enrollment population of the geographic area. The *HMO Industry Profile* uses the following conventions:

1. Commercial category: population (county or statewide) is

comprised of age group zero to 64.

2. *Medicare category*: population (county or statewide) is

comprised of age group 65 and greater.

3. *Medicaid category*: population is comprised of estimated

Medicaid eligible for Clark & Washoe

Counties and statewide.

The Nevada State Demographer, University of Nevada, Reno, provides data for the commercial and Medicare category 2004 population projections.

The Nevada State Welfare Division provides data for Medicaid eligible participants.

#### Market Penetration Calculations and Data Sources (continued):

The population estimates for Medicaid eligibles were derived from monthly reports whose source is NSWD Report WL-00427. The statewide totals were compiled by NSWD from caseload reports for April, May, and June 2005 and the total Medicaid eligible statewide figure was an average of the totals for each month involved.

## <u>Preferred Provider Organization (PPO) Data</u>

**Important note:** PPOs and HMOs are two distinctively different approaches to health care coverage. Because of the differing approaches, service delivery of the two health care plans may also be dissimilar. Additionally, an HMO and a PPO may both be part of the total health care product line from the same insurance company.

The PPO information presented within the *Nevada HMO Industry Profile* is not an exhaustive listing of all PPOs that are operating within Nevada. The data presented herein are solely to provide an

## • Preferred Provider Organization (PPO) Data (continued):

indication of other managed care activities with which the organization may be involved. The data are presented as reported by the HMO.

Specific Notes on the Tables

#### Table III

PacifiCare Column – Douglas County total includes enrolled members residing in California.

#### • Table VIII

Rural Column – represents the other 15 counties within the state. Currently, Medicaid rural enrollment is too low to justify development of a separate reporting table.

Market Penetration Statistics - only valid for statewide total. County totals were not available at time of printing due to new recording systems being used by the NSWD. The statewide total Medicaid eligible data were an average of Medicaid eligibles for October, November, and December 2005.

#### Table XI

**Important note**: The underlying data for this table were derived from

Tables I-IX. Previous notes contained under "General Notes on the Tables" should be

considered in interpreting this data.

Rural Medicaid enrollment is too low to justify reporting the rural eligibility data necessary to develop market penetration information.

#### Table XII

**Important note:** HMO Nevada did not report PPO enrollment by

county for the quarter.

Hometown Health enrollment numbers for Washoe County may include enrollment from other counties

PacifiCare Life enrollment numbers include both insured and self-funded plans.