NEVADA HMO INDUSTRY PROFILE

FIRST QUARTER REPORT

January 1, 2004 through March 31, 2004

Bureau of Health Planning and Statistics Nevada State Health Division Department of Human Resources

Kenny Guinn, Governor Michael J. Willden, Director Department of Human Resources Yvonne Sylva, Administrator Nevada State Health Division

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INTRODUCTION

The *Nevada HMO Industry Profile* is published quarterly and contains valuable information regarding Nevada's licensed health maintenance organizations (HMOs). This profile is useful to healthcare providers and others interested in managed care services available within the state.

Each quarterly report presents company specific organizational data, as well as, quarterly enrollment data arranged by county. Enrollment data are categorized by enrollee population and product (i.e. Commercial Plan, Medicare, Medicaid, Nevada Check Up). Market penetration information is also provided.

First Quarter 2004 HMO Activity Highlights

- This first quarter report of 2004(as well as previous quarterly reports from 2000) can be accessed online at, as well as downloaded from, the following web address: http://health2k.state.nv.us/nihds/publications/HMO/index.htm
- I/MX Companies, the parent company of NevadaCare, Inc., announced Summerlin Life and Health Insurance Company (SL&H), an affiliate of NevadaCare.
- Effective January 1, 2004, JCAHO extended NevadaCare, Inc.'s accreditation to include SL&H's network.

Table I

PROFILE OF NEVADA LICENSED HMOS

Enrollment for Quarter Ending: March 31, 2004

НМО	Contact	Service Area	Enrollment	
Aetna US Healthcare	Ruth Szcurko RN,MBA	Clark County, Reno/Sparks, and	Commercial:	12,701
4040 South Eastern Ave., Suite 240	Quality Accreditation Manager	Pahrump in Nye County	Medicare:	-
Las Vegas, NV 89117	Phone: 702-650-8232		Medicaid:	-
			NV Check-Up:	-
Model: Network	General Manager: Cliff Klima		Total:	12,701
Licensed: July, 1997				
For-profit; Foreign HMO	Medical Director: Dr. Richard Jones		PPO Total:	-
NCQA Full Accreditation 11/01.				
Health Plan of Nevada	Rudy Cardenas	Clark, Esmeralda, Lyon,	Commercial:	211,997
(Subsidiary of Sierra Health Services)	Director of Operations, Managed Care Div.	Mineral, Nye, and	Medicare:	51,739
P.O. Box 15645	Phone: 702-242-7692	Washoe Counties	Medicaid:	38,943
Las Vegas, NV 89114-5645			NV Check-Up:	9,438
-	Kelly Simonson, Medicaid Director		Total:	312,117
Model: Group/Network Combination	Phone: 702-242-7409			
Licensed: April 1982			PPO Total:	23,867
For-profit; Domestic HMO	Medical Director: Dr. Sameer Abu-Samrah			
	Federally Qualified: All service areas			
NCQA Full Accreditation 5/03.	Medicare Risk Contract: All service areas			
HMO Nevada	Tony Pointer, Director of Sales	Carson City, Clark,	Commercial:	DNR
6900 Westcliff Dr., Suite 600	Phone:	Douglas, Elko, Esmeralda,	Medicare:	-
Las Vegas, NV 89145	Pattie Gonzalez, Provider Service Manager	Eureka, Humboldt,	Medicaid:	-
-	Phone: 702-228-1255	Lincoln, Lyon, Nye	NV Check-Up:	-
Licensed: December 1992	Medical Director: Dr. William Bannen	Storey and Washoe	Total:	DNR
For-profit; Foreign HMO	Federally Qualified: Clark County	Counties		
URAC Exam 12/03			PPO Total:	DNR

НМО	Contact	Service Area	Enrollment	
Hometown Health Plan	Troy Smith, Vice-President Insurance Srvcs.	Carson City, Churchill,	Commercial:	20,695
830 Harvard Way	Phone (775) 982-3000	Douglas, Elko, Eureka,	Medicare:	5,278
Reno, NV 89502		Humboldt, Lander,	Medicaid:	-
Model: Network	Medical Director: Dr. Jay Keystone	Lyon, Mineral, Pershing,	NV Check-Up:	-
		Storey and Washoe	Total:	25,973
Licensed: February 1988	Federally Qualified: All service areas	Counties		
Non-profit; Domestic HMO	Medicare Risk Contract: Washoe County		PPO Total:	63,206
State Quality Exam: CMS Exam 8/02				
NevadaCare, Inc.	Curt Howell, VP of Program Development	Clark County, and	Commercial:	19,642
10600 Charleston Blvd.	Phone: 702-474-7241	Reno / Sparks in	Medicare:	-
Las Vegas, NV 89135		Washoe County	Medicaid:	49,061
	Medical Director: Dr. Barney		NV Check-Up:	11,393
Model: Network			Total:	80,096
Licensed: September 1995				
For-profit; Domestic HMO			PPO Total:	462
State Quality Exam: JCAHO 12/03				
PacifiCare of Nevada, Inc.	Dr. Bard Coats, President and Chief Med. Officer	Carson City, Clark,	Commercial:	25,915
700 Warm Springs Rd.	Phone: 702-269-7500	Douglas, Esmeralda,	Medicare:	25,406
Las Vegas, NV 89119		Lyon, Mineral, Nye,	Medicaid:	-
	Dr. Alan Blumenthal, Medical Director	Storey, and Washoe	NV Check-Up:	-
Model: Network, and DSI Network		Counties	Total:	51,321
Licensed: September 1997	Federally Qualified: Clark County			
For-profit; Domestic HMO	Medicare risk contract: Clark County		PPO Total:	8,440
NCQA Accreditation pending 2/04				
State Quality Exam: HCFA 2/00				

НМО	Contact	Service Area	Enrollmen	t
St. Mary's Health First	M. Donald Kowitz, Chief Operating Officer	Carson City, Storey and	Commercial:	29,153
1155 W. Fourth Street #121	Phone: 775- 770-6060	Washoe Counties.	Medicare:	-
Reno, NV 89503		Douglas County except	Medicaid:	-
	Medical Director: Dr. Dennis Shuman	Stateline and portions of	NV Check-Up:	-
Model: Staff/Network combination		Lyon County	Total:	29,153
Licensed: June 1993				
For-profit; Domestic HMO			PPO Total:	-
State Quality Exam: NCQA 3/02				

		Market
Nevada State Totals:	Enrollment	Penetration*
Commercial:	320,103	17.4%
Medicare:	82,423	38.3%
Medicaid:	88,004	50.5%
NV Check-Up	20,831	
Total Enrollment:	511,361	

DSI: Delivery Service Intermediary

Please refer to "TABLE NOTES" for important additional information.

* Market Penetration calculations and enrollment figures are mutually exclusive categories, and should be interpreted as such.

Table II

HMO COMMERCIAL ENROLLMENT by Geographic Area March 31, 2004

	Clark	Washoe	Rural	Total
Health Plan	County	County	Counties	Commercial
Aetna US Healthcare	12,001	605	95	12,701
Health Plan of Nevada	203,726	5,193	3,078	211,997
HMO Nevada	DNR	DNR	DNR	*
Hometown Health Plan	1,562	17,634	1,499	20,695
NevadaCare, Inc.	19,214	217	211	19,642
PacifiCare of Nevada, Inc.	25,639	0	276	25,915
St. Mary's Health First	-	24,329	4,824	29,153
Totals	262,142	47,978	9,983	320,103
Market Penetration	20.6%	16.4%	3.6%	17.4%

Table III

HMO RURAL COMMERCIAL ENROLLMENT BY COUNTY March 31, 2004

		Health Plan	HMO	Hometown			St. Mary's	County
County	Aetna	Nevada	Nevada	Health	NevadaCare	PacifiCare	Health First	Total
Carson City	-	34	DNR	0	-	195	3,985	4,214
Churchill	-	13	DNR	117	-	-	-	130
Douglas	-	17	DNR	734	-	81	345	1,177
Elko	-	4	DNR	59	-	-	-	63
Esmeralda	-	17	DNR	-	-	-	-	17
Eureka	-	0	DNR	-	-	-	-	0
Humboldt	-	7	DNR	25	-	-	-	32
Lander	-	1	DNR	-	-	-	-	1
Lincoln	-	107	DNR	-	-	-	-	107
Lyon	-	139	DNR	327	-	-	387	853
Mineral	-	1	DNR	165	-	-	-	166
Nye	95	2,727	DNR	-	211	-	-	3,033
Pershing	-	0	DNR	0	-	-	-	0
Storey	-	3	DNR	72	-	-	107	182
White Pine	-	8	DNR	-	-	-	-	8
Undefined	-	-	DNR	0	-	-	-	0
TOTAL	95	3,078	*	1,499	211	276	4,824	9,983

Table IV

HMO COMMERCIAL ENROLLMENT TRENDS March 31, 2004

Health Plan	Enrollment March 31, 2004	Enrollment March 31, 2003	Difference	Percentage Change
Aetna US Healthcare	12,701	16,221	-3,520	-21.7%
Health Plan of Nevada	211,997	188,021	23,976	12.8%
HMO Nevada	*	2,708	*	*
Hometown Health Plan	20,695	27,789	-7,094	-25.5%
NevadaCare, Inc.	19,642	19,673	-31	-0.2%
PacifiCare of Nevada, Inc.	25,915	23,338	2,577	11.0%
St. Mary's HealthFirst	29,153	29,538	-385	-1.3%
Totals	320,103	307,288	12,815	4.2%

Table V

HMO MEDICARE ENROLLMENT by Geographic Area March 31, 2004

Health Plan	Clark County	Washoe County	Rural Counties	Total Medicare
Aetna US Healthcare	-	-	-	-
Health Plan of Nevada	42,964	4,070	4,705	51,739
HMO Nevada	-	-	-	-
Hometown Health Plan	-	5,278	-	5,278
NevadaCare, Inc.	-	-	-	-
PacifiCare of Nevada, Inc.	25,406	-	-	25,406
St. Mary's Health First	-	-	-	-
Totals	68,370	9,348	4,705	82,423
Market Penetration	47.3%	25.3%	13.9%	38.3%

Table VIHMO RURAL MEDICARE ENROLLMENT BY COUNTYMarch 31, 2004

		Health Plan	НМО	Hometown			St. Mary's	County
County	Aetna	Nevada	Nevada	Health	NevadaCare	PacifiCare	HealthFirst	Total
Carson City	-	22	-	-	-	-	-	22
Churchill	-	0	-	-	-	-	-	0
Douglas	-	2	-	-	-	-	-	2
Elko	-	1	-	-	-	-	-	1
Esmeralda	-	23	-	-	-	-	-	23
Eureka	-	0	-	-	-	-	-	0
Humboldt	-	1	-	-	-	-		1
Lander	-	0	-	-	-	-	-	0
Lincoln	-	2	-	-	-	-	-	2
Lyon	-	848	-	-	-	-	-	848
Mineral	-	64	-	-	-	-	-	64
Nye	-	3,738	-	-	-	-	-	3,738
Pershing	-	0	-	-	-	-	-	0
Storey	-	0	-	-	-	_	-	0
White Pine	_	4	-	-	-	-	-	4
Undefined	-	-	-	-	-	-	-	0
TOTAL	0	4,705	0	0	0	0	0	4,705

Table VII

HMO MEDICARE ENROLLMENT TRENDS March 31, 2004

Health Plan	Enrollment March 31, 2004	Enrollment March 31, 2003	Difference	Percent Change
Aetna US Healthcare	-	-	-	-
Health Plan of Nevada	51,150	48,661	2,489	5.1%
HMO Nevada	-	-	-	-
Hometown Health Plan	5,278	5,860	-582	-9.9%
NevadaCare, Inc.	-	-	-	-
PacifiCare of Nevada, Inc.	25,406	27,069	-1,663	-6.1%
St. Mary's Health First	-	-	-	-
Totals	81,834	81,590	244	0.3%

Table IX

HMO MEDICAID ENROLLMENT TRENDS March 31, 2004

Health Plan	Enrollment March 31, 2004	Enrollment March 31, 2003	Difference	Percent Change
Aetna US Healthcare	-	-	-	-
Health Plan of Nevada	38,943	29,017	9,926	34.2%
HMO Nevada	-	-	-	-
Hometown Health Plan	-	-	-	-
NevadaCare, Inc.	49,061	44,873	4,188	9.3%
PacifiCare of Nevada, Inc.	-	-	-	-
St. Mary's Health First	-	-	-	-
Totals	88,004	73,890	14,114	19.1%

Table X

HMO NEVADA CHECK-UP ENROLLMENT by Geographic Area March 31, 2004

Health Plan	Clark County	Washoe County	Rural Counties	Total Check-Up
Aetna US Healthcare	-	-	-	-
Health Plan of Nevada	9,114	322	2	9,438
HMO Nevada	-	-	-	-
Hometown Health Plan	-	-	-	-
NevadaCare, Inc.	7,644	3,749	-	11,393
PacifiCare of Nevada, Inc.	-	-	-	-
St. Mary's Health First	-	-	-	-
Totals	16,758	4,071	2	20,831

Table VIII

HMO MEDICAID ENROLLMENT by Geographic Area March 31, 2004

Health Plan	Clark County	Washoe County	Rural Counties	Total Medicaid
Aetna US Healthcare	-	-	-	-
Health Plan of Nevada	32,519	6,391	33	38,943
HMO Nevada	-	-	-	-
Hometown Health Plan	-	-	-	-
NevadaCare, Inc.	43,351	5,710	0	49,061
PacifiCare of Nevada, Inc.	-	-	-	-
St. Mary's Health First	-	-	-	-
Totals	75,870	12,101	33	88,004
Market Penetration	60.0%	49.2%	0.1%	50.5%

Please refer to "TABLE NOTES" for important additional information.

*Only statewide Medicaid Eligible Data was available due to new NSWD reporting measures.

Table XI

TOTAL HMO MARKET PENETRATION by County, March 31, 2004

County	Commercial Market Penetration	Medicare Market Penetration	Medicaid Market Penetration
Clark	20.6%	47.3%	60.0%
Washoe	16.4%	25.3%	49.2%
Carson City	9.0%	0.0%	*
Churchill	0.6%	0.0%	*
Douglas	3.0%	0.0%	*
Elko	0.1%	0.0%	*
Esmeralda	1.3%	0.0%	*
Eureka	0.0%	N/A	*
Humboldt	0.2%	0.0%	*
Lander	0.0%	N/A	*
Lincoln	2.9%	0.0%	*
Lyon	2.7%	0.0%	*
Mineral	3.0%	0.0%	*
Nye	9.5%	0.0%	*
Pershing	0.0%	0.0%	*
Storey	5.1%	0.0%	*
White Pine	0.1%	0.0%	*
Statewide TOTALS	17.4%	38.3%	50.5%

Please refer to "TABLE NOTES" for important additional information.

*Rural County: No county Medicaid Eligible Data available per NSWD, see Table VIII.

Table XII

PPO ENROLLMENT by Geographic Area March 31, 2004

Health Plan	Clark County	Washoe County	Rural Counties	Total Enrollment
Aetna US Healthcare	-	-	-	-
Health Plan of NV/Sierra Hlth & Life	21,146	1,060	1,661	23,867
HMO Nevada	DNR	DNR	DNR	*
Hometown Health Plan	0	60,370	2,836	63,206
NevadaCare, Inc.	-	-	-	-
PacifiCare of Nevada, Inc.	5,685	1,385	1,370	8,440
St. Mary's Health First	-	-	-	-
Totals	26,831	62,815	5,867	95,513

TABLE XIII

PPO ENROLLMENT TRENDS by HEALTH PLAN March 31, 2004

	Enrollment	Enrollment		Percent
Health Plan	March 31, 2004	March 31, 2003	Difference	Change
Aetna US Healthcare	-	-	-	-
Health Plan of Nevada	23,867	23,163	704	3.0%
HMO Nevada	DNR	41,649	*	*
Hometown Health Plan	63,206	42,347	20,859	49.3%
NevadaCare, Inc.	-	-	-	-
PacifiCare of Nevada, Inc.	8,440	3,055	5,385	176.3%
St. Mary's Health First	-	-	-	-
Totals	95,513	110,214	-14,701	-13.3%

TABLE NOTES

General Notes on the Tables:

- <u>Distinctions between Zeros, Dashes, DNR, & Asterisks</u> To increase readability, the following data presentation conventions have been used:
 - 1. Zero: no enrollees within a county for which a Certificate of Authority (COA) has been issued to the HMO.
 - 2. Dash (-): the HMO does not have a COA to operate in the county.

When used in "Total", "Difference", or "Percent Change" columns, this convention represents invalid mathematical calculations due to an HMO not having a COA in the county or counties, and therefore not having a valid total number of enrollees for the calculation of interest. (e.g., in Table III, no HMO has a COA to operate in Eureka county. Therefore the "County Total" column is represented with a dash (-) to indicate an invalid mathematical total.)

In Table I, convention indicates HMO does not provide service to that population category.

- 3. DNR: Did not report.
- 4. Asterisk (*): Value not able to be calculated due to missing data.

• Enrollment Data Reporting and Sources

All enrollment data presented within the *Nevada HMO Industry Profile* are derived from quarterly enrollment reports submitted by each HMO. Geographical allocation of enrollment data is based upon the following guidelines:

- a. Commercial plan enrollment data are reported according to the location of the employer.
- b. Medicare, Medicaid, and Nevada Check Up enrollment data are allocated according to the residence of the enrollee.

Market Penetration Calculations and Data Sources

In general, market penetration is determined by dividing the number of enrollees by the potential enrollment population of the geographic area. The *HMO Industry Profile* uses the following conventions:

1.	Commercial category:	population (county or statewide) is comprised of age group zero to 64.
2.	Medicare category:	population (count or statewide) is comprised of age group 65 and greater.
3.	Medicaid category:	population is comprised of estimated Medicaid eligible for Clark & Washoe Counties and statewide.

The Nevada State Demographer, University of Nevada, Reno, provides data for the commercial and Medicare category 2000 population projections.

The Nevada State Welfare Division provides data for Medicaid eligible participants.

• Market Penetration Calculations and Data Sources (continued):

The population estimates for Medicaid eligibles were derived from monthly reports whose source is NSWD Report WL-00427. The statewide totals were compiled by NSWD from caseload reports for April, May, and June 2003 and the total Medicaid eligible statewide figure was an average of the totals for each month involved.

• Preferred Provider Organization (PPO) Data

Important note: PPOs and HMOs are two distinctively different approaches to healthcare coverage. Because of the differing approaches, service delivery of the two health care plans may also be dissimilar. Additionally, an HMO and a PPO may both be part of the total healthcare product line from the same insurance company.

The PPO information presented within the Nevada HMO Industry Profile is not an exhaustive listing of all PPOs that are operating within Nevada. The data presented herein are solely to provide an

• Preferred Provider Organization (PPO) Data (continued):

indication of other managed care activities with which the organization may be involved. The data are presented as reported by the HMO.

Specific Notes on the Tables:

<u>Table I</u>
Important note: HMO Nevada did not report HMO enrollment for the quarter.
<u>Table II</u>
Important note: HMO Nevada did not report HMO enrollment for the quarter.
<u>Table III</u>
Important note: HMO Nevada did not report HMO enrollment for the quarter.
<u>Table III</u>
Important note: HMO Nevada did not report HMO enrollment for the quarter.

Important note: HMO Nevada did not report HMO enrollment for the quarter. Related trend data could not be calculated due to missing data.

Table VIII

Rural Column – represents the other 15 counties within the state. Currently, Medicaid rural enrollment is too low to justify development of a separate reporting table.

Market Penetration Statistics - only valid for statewide total. County totals were not available at time of printing due to new recording systems being used by the NSWD. The statewide total Medicaid eligible data were an average of Medicaid eligibles for October, November, and December 2003.

• <u>Table XI</u>

Important note: The underlying data for this table were derived from Tables I-IX. Previous notes contained under "General Notes on the Tables" should be considered in interpreting this data. Rural Medicaid enrollment is too low to justify reporting the rural eligibility data necessary to develop market penetration information.

• Table XII

Important note:	HMO Nevada did not report PPO enrollment for the			
	quarter.			

• Table XIII

Important note: HMO Nevada did not report PPO enrollment for the quarter. Related trend data could not be calculated due to missing data.