### **NALOXONE PROVIDERS**

#### **Pharmacies**

Walgreens Pharmacy • CVS Pharmacy Smith's Food and Drug

#### **Community-based Organizations**

Northern Nevada HOPES 580 W 5th St Reno, NV 89503 775.786.4673

TracB-Exchange 6114 W Charleston Blvd Las Vegas, NV 89146 702.840.6693

#### **Treatment Providers**

#### **Center for Behavioral Health**

3050 E Desert Inn #116 Las Vegas, NV 89121 702.796.0660

2290 McDaniel St, Suite IC North Las Vegas, NV 89030 702.399.1600

3470 VV Cheyenne Rd, Suite 400 North Las Vegas, NV 89032 702.636.0085

> 1311 S Casino Center Blvd Las Vegas, NV 89104 702.382.6262

160 Hubbard Way, Suite A Reno, NV 89502 775.829.4472

#### Life Change Center

1201 N Stewart St Carson City, NV 89701 775.350.7250

1755 Sullivan Ln Sparks, NV 89431 775.355.7734

Vitality Unlimited 215 Bluffs Ave, Suite 200 Elko, NV 89801 800.242.8327

The average cash pay price range for NARCAN Nasal Spray in Nevada is \$75-145

NARCAN Nasal Spray is covered under NV Medicaid

For additional education and materials, please visit **prescribe365.nv.gov** 

# **Opioid Safety**

#### and how to use naloxone





## What is an opioid and how can you overdose?

Opioids include illicit drugs such as heroin or prescription medications used to treat pain such as oxycodone, hydrocodone, and fentanyl. An opioid overdose can happen when you take too many opioids at once or mix them with other drugs and your breathing slows or stops.



#### To avoid an accidental opioid overdose:

- Avoid mixing your opioids with alcohol, benzodiazepines (Xanax, Ativan, Klonopin, Valium), or medicines that make your sleepy.
- Be extra careful if you miss or change doses, feel ill, or start new medications.

#### How to identify an opioid overdose:

#### Look for these common signs:

- · The person won't wake up or respond to voice or touch
- Breathing slows or even stops
- Lips and fingernails turn blue or gray
- Skin gets pale, clammy

#### In case of overdose:

- I) Call 911 and give naloxone.
- 2) Do rescue breathing or chest compressions
- Check for clear airway. If blocked, roll on side and use finger sweep to clear.
- Roll onto back, tilt head back and pinch nose.
- · Give 2 regular breaths.
- If still not breathing, give 1 breath every 5 seconds.
- Continue until person revives or help arrives.
- Once they start breathing, put them in the recovery position. Remember to keep breathing for them.
- 3) Place into Recovery Position:
  - Roll the person on their side, with one arm under their head.
  - Pull the top knee and arm over their body to keep them on their side. This will help prevent them from choking if they vomit. After naloxone, stay with a person for at least 3 hours or until help arrives.

#### How to administer NARCAN Nasal Spray:

**Step I:** Remove NARCAN Nasal Spray from box and peel back the tab to open it.



**Step 2:** Hold the NARCAN Nasal Spray with your thumb on the bottom of the plunger and your first and middle fingers on either side of the nozzle.



Step 3: Insert tip of the nozzle into either nostril until your fingers on either side of the nozzle are against the bottom of the person's nose. Tilt the person's head back and place your hand under the neck for support.



**Step 4:** Press the plunger firmly to give the entire dose into one nostril.



Step 5: If no or minimal reaction in 2-3 minutes, repeat with a new NARCAN Nasal Spray device into other nostril.

**Nevada's Good Samaritan Law** offers protection from arrest to individuals who seek medical assistance for a person experiencing a drug or alcohol overdose.

Protection is not offered from arrest for charges related to possession with intent to sell/distribute, child neglect/endangerment or for individuals with active warrants for their arrest.

Now that you have naloxone . . . Tell someone where it is and how to use it.