DIVISION OF PUBLIC AND BEHAVIORAL HEALTH
PALLIATIVE CARE AND QUALITY OF LIFE COUNCIL
DRAFT SUMMARY MINUTES
Date: November 29, 2018
Time: 4 PM
Meeting locations: Videoconference

Division of Public and Behavioral Health Bureau of
Health Care Quality & Compliance
727 Fairview Drive, Suite E
Carson City, Nevada 89701

to:
Division of Public and Behavioral Health Bureau of
Health Care Quality & Compliance
4220 South Maryland Parkway, Building D, Suite 810
Las Vegas, Nevada 89119

Please use a landline to call into teleconference number.

CALL IN NUMBER: 1-888-398-2342 Access Code 1530727#

NOTE: SOME BOARD MEMBERS MAY ATTEND IN LAS VEGAS AGENDA ITEMS MAY
BE TAKEN OUT OF ORDER, COMBINED FOR CONSIDERATION, AND/OR REMOVED
FROM THE AGENDA AT THE CHAIRPERSON'S DISCRETION

1. Call to Order/Roll call. Veneta Lepera, Dignity Health Palliative Care Manager Nevada Market, Council Chair

Members:
Marilyn Jeanne Hesterlee, Council Administrator – Carson City
Veneta Lepera, RN, Council Chair – Las Vegas
Kim Anderson, Council, Vice Chair – teleconference
Mary-Ann Brown, RN – teleconference
Robert Pretzlaff, MD – Las Vegas
Thomas Hunt, MD – Las Vegas
Kelly Conright, MD – Las Vegas
Melissa St. Jean, MSW – Las Vegas

Ex-officio members
Tom McCoy

Absent:
Jennifer Frischmann, ADSD
Joyce Woodhouse
Cheryl Spollino, APRN
Neville Campbell, MD
Marie Conner, RN
Lucille Walker

Nominee as a new member:
Dr. Terri Hanlon

Approval of minutes for the meeting of October 25, 2018.
Maryann Brown made a motion to approve the meeting minutes. Kim Anderson made a second to the motion. Motion passed unanimously.
Review web site on PC Council Web Content and Approve or Make Recommendations – Veneta Lepera, Council Chair; Kim Anderson, Vice Chair; Nathan K. Orme, HCQC

Nathan Orme explained that the quickest way he can have people go straight to the web page is to www.dpbh.nv.gov/palliativecare would be the name of the link that they could put on a flyer or tell people verbally.

Palliative Care (pronounced pal-lee-uh-tiv) is specialized medical care for people with serious illness. This type of care is focused on providing relief from the symptoms and stress of a serious illness. The goal is to improve quality of life for both the patient and the family.

Palliative care is provided by a specially-trained team of doctors, nurses and other specialists who work together with a patient's other doctors to provide an extra layer of support. It is appropriate at any age and at any stage in a serious illness, and it can be provided along with curative treatment.

There is a two-year fellowship program to become a palliative care physician.

Nathan said that he can take the FAQ and go to the web page. For the provider part, the council may want to address that later. There may be some information that is geared more toward them on becoming a palliative care provider. He would encourage video snippets where he can post that are provider or client oriented. Talking to palliative care patients and how it helped them is another idea.

1 Where do I receive palliative care? Palliative care can be provided in a variety of settings including the hospital, outpatient clinic and at home.

2 Does my insurance pay for palliative care?
Most insurance plans, including Medicare and Medicaid, cover palliative care. If costs concern you, a social worker from the palliative care team can help you.

3 How do I know if Palliative Care is right for me?
Palliative care may be right for you if you suffer from pain, stress or other symptoms due to a serious illness. Serious illnesses may include cancer, heart disease, lung disease, kidney
disease, Alzheimer’s, HIV/AIDS, amyotrophic lateral sclerosis (ALS), multiple sclerosis, Parkinson's and more. Palliative care can be provided at any stage of illness and along with treatment meant to cure you.

4 What can I expect from Palliative Care?
You can expect relief from symptoms such as pain, shortness of breath, fatigue, constipation, nausea, loss of appetite and difficulty sleeping. Palliative care helps you carry on with your daily life. It improves your ability to go through medical treatments. It helps you better understand your condition and your choices for medical care. In short, you can expect the best possible quality of life.

5 Who provides palliative care?
Palliative care is provided by a team including palliative care doctors, nurses and other specialists.

6 How does palliative care work with my own doctor? The palliative care team works in partnership with your own doctor to provide an extra layer of support for you and your family. The team provides expert symptom management, extra time for communication about your goals and treatment options and help navigating the health system.

7 How do I get palliative care?
You have to ask for it! Just tell your doctors and nurses that you would like to see the palliative care team.

PUBLIC COMMENT
FOR POSSIBLE ACTION

Make Recommendations on Frequently Asked Questions (FAQ) for website, and informational card mailings in December.

m. Jeanne Hesterlee said depending on who the audience is, they can be mailed out quickly.

PUBLIC COMMENT
FOR POSSIBLE ACTION

Confirm and approve mailing date of information cards for Palliative Care Month. Review details of cost/labor to complete mailing -- Veneta Lepera, Council Chair

With the modifications, does the council approve to have the mailing go out in December. The Chair asked for?
objections.

Someone said in addition to FAQs, there should be an introduction and the fact that the brochure is enclosed and have Veneta Lepera and Jeanne Hesterlee sign the letter of introduction.

THERE WAS A MOTION AND A SECOND TO DRAFT AN INTRODUCTION LETTER AND BROCHURE MOTION PASSED UNANIMOUSLY.

Nathan Orme suggested a heavier stock of paper for the brochure.

Nathan said he could make a page that is a form that says do you have a question and there will be a place to respond and it can go directly to whoever you want on the web site as previously suggested.

It was decided the emails would be routed to Veneta Lepera and Maryanne Brown.

Make recommendation on new member of Palliative Care and Quality of Life Council Dr. Terri Hanlon to the Director.

THERE WAS A MOTION AND A SECOND TO RECOMMEND TO THE DIRECTOR TO APPROVE DR. TERRI HANLON AS A MEMBER. MOTION PASSED UNANIMOUSLY.

Next meeting was set for January 26, 2019 Veneta Lepera, Council Chair

Public Comment (No action may be taken on a matter raised under this item of the agenda until the matter itself has been specifically included on an agenda as an item upon which action will be taken.)


AGENDA FAXED OR EMAILED FOR POSTING AT THE FOLLOWING LOCATIONS:
Nevada State Library, 100 Stewart Street, Carson City, NV
Washoe County Health District, 1001 East 9th and Wells, Reno, NV
Division of Public and Behavioral Health, 4220 S. Maryland Parkway, Suite 810, Bldg. D, Las Vegas, NV
Grant Sawyer State Office Building, 555 East Washington Street, Las Vegas, NV
Bureau of Early Intervention Services, 2667 Enterprise Road, Reno, NV
Division of Public and Behavioral Health, 4150 Technology Way, Carson City, NV
Emergency Medical Services, 1020 Ruby Vista Drive, Suite 310, Elko, NV
Division of Public and Behavioral Health, 727 Fairview Drive, Carson City, NV

On the Internet at the Division of Public and Behavioral Health website: https://notice.nv.gov/
http://dpbh.nv.gov/Reg/HealthFacilities/dta/Boards/Health_Facilities - Boards/

We are pleased to make reasonable accommodations for members of the public who are disabled and wish to attend the meeting. In the event of videoconference technical difficulties, the meeting may be conducted by teleconference from the same location. If special arrangements are necessary, please notify Nenita Wasserman, Division of Public and Behavioral Health, in writing please send to, 727 Fairview Drive, Carson City, Nevada 89701 or by calling (775) 684-1033 before the meeting date. Anyone who wants to be on the advisory council mailing list can sign up on the listserv at the following website.
http://dpbh.nv.gov/Reg/HealthFacilities/dta/Lists/Listservs

If you need supporting documents for this meeting, please notify Nenita Wasserman, Division of Public and Behavioral Health, Health Care Quality and Compliance, at 775-684-1033 or by email at nwasserman@health.nv.gov. Supporting material will be available for the public at the following locations at: 727