



Child Care Chat

Helpful Reminders from Licensing:

Child Care Licensing will be closed on the following dates:

- May 30th: Memorial Day

When submitting the Change in Personnel form and the Consent and Release form for staff, please submit the forms at the same time.

Remember: According to NAC 432A. 250, during the months of April-September your outdoor play area should have a shade area "at least equal in size to the product of 5 square feet multiplied by the total number of children in the play area" .



Business Name

Volume III, Issue 2

April 2016

Special points of interest:

- ☺ Remember to notify your Surveyor regarding closures for any reason!
- ☺ Your Surveyor can be a great source for ideas and suggestions!
- ☺ The Nevada Registry site has a Job Board! You might just find your next great employee there!

CLiCs:

The new online system, CLiCS, is off to a great start! Remember to still keep open communication with your surveyor. The system does not automatically let your surveyor know when you submit application/amendments/etc. so it is important that you notify your surveyor by email or phone when anything is submitted.

When submitting an application renewal, amendment, or plan of correction online, be sure to attach the requested documents to the link available on the website. This can be done by scanning a document to your computer and uploading it to the website.

If you haven't already, be sure to log in with your WebID that was mailed to your facility. If you have any questions please don't hesitate to contact your surveyor!



Inside this issue:

Surveyor Spotlight	2
Child Care Advisory	2
NAEYC Week of the Young Child	3
May 3rd: Teacher Appreciation	3
Developmental Domains: Development & Play	4
June is Potty Training Awareness Month	4
Monthly Happenings	5

Surveyor Spotlight! Steve Burdon

Steve has been a great addition to Child Care Licensing when he joined us 4 years ago. He mixes things up a little by being the only male in our family unit. Steve is always willing to help out whenever needed. He has been deemed the "Forms guy", "Motor Pool guy", "Fix/reach/lift it guy"!! And we appreciate all that he does for us and our team. Sharing an office with 3 other women must sure be a task for him but somehow he makes the most of it and keeps us entertained and laughing all day long but of course getting the job done.- Kerra Fuentes, Child Care Surveyor

Steve is a welcoming co-worker who makes himself available to help his peers. He is friendly and knows a lot about movies. - Silvia Cisneros, Child are Surveyor

Steve is awesome to work with. He is always there to bounce ideas off of and is quick to throw a joke into the conversation to get everyone to laugh. We always get a kick out of him introducing himself at meetings..."Hi, this is Steve"...even though he is the only male working with Licensing. He is a great addition to our team!-Tiffany Kaplan, Child Care Surveyor

Steve is great to work with! Steve and I enjoy sharing stories of our own dogs and always enjoy going to family cares that have dogs as well, the unfortunate part is that we spend more time petting and playing with the dogs then we do talking to the provider. Steve also does a great job of keeping our office entertained with his various voice impressions. On a more serious note, Steve is always willing to pitch in and help out his coworkers with inspections or anything else we may need.-Lisa Torgerson, Child Care Surveyor

Steve is a great addition to Child Care Licensing. He has a laid back style and has a good rapport with the providers. Steve is always willing to volunteer to lend a hand. He is a collector and enjoys discussing his various interests with others in the office.- Edith Farmer, Child Care Supervisor

Steve is a great suite mate. Between his witty humor and various hobbies and interests which he readily shares with great enthusiasm there is never a dull moment in the office.- Diane Hardy, Child Care Surveyor



I really look up to Steve...LITERALLY. He has a very laid back attitude, a calm demeanor, and takes stressful situations in stride. He always finds a way to incorporate a joke in even the most serious situations. -Anna Lisa Acosta, Child Care Surveyor

Steve has the ability to put people at ease. He is easy to talk to and knows how to get the job done. He is a true connoisseur of movies and this I love, being a connoisseur of movies myself, so it is never boring. -Latisha Brown Child Care Program Manager

All the cool kids are married in October!- Lisa Roberts & Tammy Hutchinson, Child Care Surveyors

Child Care Advisory Committee

This committee meets monthly to discuss, examine, consider, and make recommendations concerning Nevada's child care industry.

Child Care Advisory meetings are open to all child care providers to attend either in person or by calling in, so come and have your voice heard! If you are unable to attend in person you can always call in!

Agenda information will be posted in designated state and county offices as well as on the Nevada Registry website.

Current scheduled meeting dates are:

- * April 12
- * July 12
- * October 11



Meetings begin at 1:30 pm.

For more meeting information, please visit our website at <http://dpbh.nv.gov>

and subscribe to our Child Care Listserv today!

As a listserv member you will receive up-to-date information concerning Child Care Licensing, advisory meeting dates, times, places and meeting minutes.

April 10-16, 2016 is NAEYC's Week of the Young Child!

The week of the young child is an annual celebration sponsored by the National Association for the Education of Young Children (NAEYC) celebrating early learning, young children, their teachers, and their families. Visit www.naeyc.org/woyc for more information.

Here is a list the daily events:

Music Monday!-April 11th

Sing, dance, celebrate, and learn. "Through music, children develop math, language, and literacy skills-all while having fun and being active.

Try this: Find the beat to connect music, movement, and math. Practice clapping, drumming, or stomping to the beat of the music while counting."



Taco Tuesday!- April 12th

Healthy eating & fitness at home and school

"Cooking together connects math with literacy skills, science, and more. With the rise in childhood obesity you can encourage healthy nutrition and fitness habits at home and in the

classroom by creating your own healthy tacos.

Try this: Measure the ingredients while making your tacos! Ask children if they'd like the same or different amounts of each ingredient."



Work Together Wednesday!- April 13th

Work together, build together, learn together

"When children build together they explore math and science concepts and develop their social and early literacy skills. Children can use any building material- from a fort of branches on the playground to a block city in the classroom.

Try this: Practice organizing blocks by size! Try building a block tower with large blocks on the bottom and little blocks on the top!"



Artsy Thursday!- April 14th

Think, problem solve, create

"Children develop creativity, social skills and fine motor skills with open-ended art projects where they can make choices, use their imaginations, and create with their hands. On Artsy Thursday celebrate the joy and learning children experience when engaged in creative art making.

Try this: bring art outdoors! Offer dark and light paper, chalk and pastels, and suggest children create their own versions of the day and night sky!"



Family Friday!- April 15th

Sharing Family Stories

Engaging and celebrating families is at the heart of supporting our youngest learners.

Try this: Invite parents for a Family Friday breakfast where children can prepare and share breakfast treats with their families!



May 3rd is Teacher Appreciation Day!

As we all know being a preschool teacher is not as easy as many portray it to be. While being a preschool teacher may be one of the tougher jobs out there, it comes with numerous rewards including those snuggly hugs from the little ones!

This month, take this opportunity to show your employees that you're grateful for all of the hard work they do everyday!

Showing your staff you appreciate them can come in the form of a thank you card with a sincere message, a staff breakfast, a heartfelt compliment or a small token of your appreciation. You can even go as far as letting the parents at your center know about teacher appreciation day and they can decide how they would like to show their gratitude. No gesture is too small!

It takes a big
heart
to help shape
little
minds.

Developmental Domains: Development & Play!



Children of all ages need time to play and be active each day. Children have a natural tendency to run, jump and climb, and while it may seem like they are just having fun, they are actually going through critical physical development.

Physical play includes activities that use physical movement to allow children to use their energy, and it gives children the chance to develop gross and fine motor skills, learn new things, and socialize.

Play supports emotional development by providing a way to express and cope with feelings. In addition to expressing feelings, children also learn to cope with their feelings as they act out being angry, sad, or worried in

a situation they control. Pretend play allows them to think out loud about experiences changed with both pleasant and unpleasant feelings.

Play contributes to children's fine and gross motor development and body awareness as they actively use their bodies through play. The natural progression in small motor development is from scribbles to shapes and forms to pictures. Playing with writing tools helps children refine their fine motor skills. Gross motor development develops in a similar fashion. When children first learn to hop, they practice hopping on different feet or just for the pure joy of hopping.

Sigmund Freud (1958) suggested that every child at play "behaves like a creative writer, in that he creates a world of his own, or, rather, rearranges the things of his world in a new way which pleases him...the creative writer does the same as the child at play. He creates a world of fantasy which he takes very seriously- that is, which he invests with large amounts of emotion."

Play is ideal for supporting

children's creative and imaginative thought because it offers a risk-free environment. Research supports the notion that play and creative thought are related behaviors because they both rely on children's ability to use symbols. When young children use their imaginations in play, they are more creative, perform better at school tasks, and develop a problem-solving approach to learning.

The importance of play in children's lives is well documented. As children grow and change, play develops with them according to a developmental sequence.

<http://www.education.com/reference/article/importance-play--social-emotional/>



June is Potty Training Awareness Month!

Not every child is ready for potty training at the same time. When the child is ready they will let you know.

-Have tips, potty charts, and your potty training guidelines readily available for both staff and parents. An example of potty training guidelines can be found attached to this newsletter!

-Remind parents to bring multiple

changes of clothes to help during this transition.

-Remember, as always, food should not be used as a reward or punishment.

-Have open communication between parents and staff to make the transition from diapers to the toilet easier on staff and the child.



Monthly Happenings:

April 22nd is Earth Day!

Earth Day is a wonderful time to introduce children to the world we live in. Simple acts such as planting flowers, cleaning up the playground or sidewalks around the school, or going green activities help children to establish an understanding of their environment and their responsibility for taking care of it. Other ideas include:

- Teach children about recycling and utilize recycled goods in the classroom. (items such as lids on applesauce pouches for a sorting/building activity)
- Read "The Lorax"
- Nature Walks
- Make pinecone birdfeeders
- Brainstorm ways to protect the Earth



May is Get Caught Reading Month!

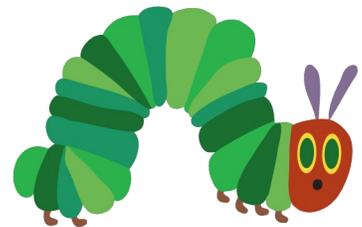
Get caught reading is a nationwide campaign to remind people of all ages how much fun it is to read.

Plan a reading day/week at your facility and invite parents to come in and read their child's favorite book to the class. Organize a book drive to collect new/gently used books to supplement your facility and classrooms. Exposure to language at a young age has been proven to stimulate brain growth in children, and children who have regularly been read to have a large advantage over their peers by the time they start school!



June 25th is Eric Carle's Birthday!

The author of many beloved children's books is turning 87 this year! Children, and adults, are drawn in to the story with many of the books having simple text and beautiful illustrations. A quick search on the internet brings up numerous art and learning projects that can be done with the children in your care. Make a quick trip to the library and check out a few of the many books that Eric Carle has written and illustrated to share with the children. Allow children to let out their inner creativity!



State of Nevada Child Care Licensing

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Our vision for the Child Care Licensing Unit is to promote the healthy growth, development, and protection of children, increase availability of positive and nurturing learning environments and provide support for families by regulating and licensing high quality, developmentally appropriate, and flexible care, through a wide range of care options.

This vision involves mentoring and guiding child care providers to become advocates for children and family issues, as well as, foster the growth and development of the provider community. In support of this vision Child Care Licensing will work to expand the awareness of state legislators, local regulatory agencies and consumers so as to encourage support for improving the quality of child care environments for Nevada's children and families

TOILET LEARNING GUIDELINES

Child's Name _____
Child's Age _____

Date _____

These guidelines are meant to establish a partnership between parent and teachers so they may work together to help each child achieve independence in using the toilet.

Our philosophy towards toilet learning is that adults should begin teaching when the child shows readiness to learn rather than some magical age predetermined by the adults. The question is not "When should I begin toilet training?", but rather, "Is this child ready to begin learning to use the toilet?". A relaxed attitude for all concerned helps immensely. When the child is truly ready and we have begun potty learning we will continue to move ahead with the potty learning process without reverting back to old diapering practices so as not to confuse the child. Following this philosophy, it is important that both the parent and teacher watch for signs of readiness.

These signs are:

- _____ often stays dry for several hours
- _____ has fully mastered walking
- _____ is able to sit down and get up with ease
- _____ is able to communicate by sign, sound, or word the need to use the toilet
- _____ appears to be aware of wetting or soiling diapers or is saying that the diaper needs changing
- _____ is in a cooperative period (Children around 2 to 3 years of age alternate between negativism and cooperation.)
- _____ has been taken completely off the bottle

The usual age children reach these readiness milestones is some time between their second and third birthdays. Each child is different. When a child is "ready", toilet learning happens quickly.

If the child has demonstrated all the signs of readiness at home and school, parents and teachers can then work together to begin the toilet learning process.

Source: Truckee Meadows Community College

Parents agree to:

- Dress the child in clothing that is easily removed by the child. A child must be able to act on an urge to toilet immediately. No overalls, belts, extra long dresses or T-shirts, onesies, etc. Elasticized waistband pants are great as are a slip-on type of shoe.
- Do not pressure the child into using the toilet. **IT IS VITAL NOT TO GET INTO A POWER STRUGGLE!** Some signs of a power struggle could be stress, anxiety, or bewilderment.
- Help your child learn at home in the evening and on weekends for consistency. Don't regress once you start; stick to it or go back to diapers (not back and forth) and try again another time. Remember this is a joint effort between home and school. Follow the routine every day regardless of activities or events occurring. Realize that when a child is ill, the process may break down, but it is important to continue the routines whenever possible, even if the child is only getting up for the potty routine.
- Maintain regular eating and sleeping routines in order to create regular elimination patterns
- Ask child to use the toilet before leaving the center in the morning and at pick-up time
- Change training pants if necessary. Please allow an extra 15 minutes
- Communicate with teachers about progress
- Remember that toilet learning is a process. **RELAX!**

Teachers agree to:

- Ask child if he or she needs to use the toilet on a regular basis and take the child to the toilet at frequent intervals
- Group toilet –ready children together because peer example works wonders
- Allow the child to sit as long as he/she is willing. At any sign of distress the process is stopped. A child will never be forced to sit on the toilet
- Communicate with parents about progress
- Never punish or embarrass a child for wetting or soiling his or her clothing
- To instruct and assist the children in washing their hands after using the toilet
- Use normal diapering procedures if the child has soiled or wet clothing
- Wash hand thoroughly after assisting each child
- Potty chairs will be cleaned and disinfected after each use
- Bathroom floor, sink and toilets will be cleaned and sanitized daily

The ultimate goal in toilet learning is to enable the child to see undressing, toileting, dressing, and washing up as one continuous act he/she can successfully accomplish by himself/herself!

Parent's Signature _____
Teacher's Signature _____

Date _____
Date _____