New Year: New Online System!

We are so excited to introduce our new online system to our providers. All providers should have received documents in the mail directing them to log in and register their facility. If you have not received this document, please let your surveyor know.

You will need your assigned credential WebID # as well as your State of Nevada Business License number in order to log in, so have both of these handy!

Things that will be available online:
- Annual License Renewal
- Payments
- Viewing and responding to Child Care Licensing Inspections and Complaints.
- Applying for Director
- Updating Facility Information
- Scanning/Uploading requested documents

This new system is in place to help streamline and simplify every aspect of the licensing process. This also removes the need to mail and/or fax documents to licensing as you will be able to quickly upload and see that it’s sent directly to your surveyor.

This system is truly a win-win for both Licensing and yourself!

If you have any questions regarding the new online system, please do not hesitate to contact your surveyor.

The website can be accessed at: https://nvdpbh.ainthent.com/Login.aspx

Special points of interest:
- Remember to notify your Surveyor regarding closures for any reason!
- Your Surveyor can be a great source for ideas and suggestions!
- The Nevada Registry site has a Job Board! You might just find your next great employee there!

Helpful Reminders from Licensing:

Child Care Licensing will be closed on the following dates:
- January 1st: New Years Day
- January 18th: Martin Luther King Jr. Day
- February 15th: Presidents Day

**If you have any tips/tricks/helpful hints that you would like to share with providers please email them to tkaplan@health.nv.gov
Surveyor Spotlight! Lisa Torgerson

Lisa is a friendly co-worker and is always available to help her peers. She has a passion for dogs and has two beautiful golden retrievers.

-Silvia Cisneros, Child Care Licensing Surveyor

Lisa brings a lot of Early Childhood knowledge and experience to our office. She has a great rapport with the providers. She is always willing to lend a hand to other surveyors. Lisa is also a great dog lover and loves the outdoors and spending time by her pool. It’s a pleasure to work with Lisa!—Edith Farmer, Child Care Licensing Supervisor

Lisa is dedicated to her career in early childhood education. She is a caring individual who assists her providers above and beyond. She is dedicated to her dogs Dusty and Shadow. It is a pleasure working with Lisa and sharing our workspace.

-Diane Hardy, Child Care Licensing Surveyor

I’m in the same office with Lisa, so we always have some good laughs. She is always very helpful, and will take on new duties if needed. Also, there are times we get complaints regarding people that have dogs on the property, and since we are both dog lovers Lisa will usually invite me to go out with her on the complaint. Regardless of the outcome, confirmed/unconfirmed, we usually end up petting their dogs for a short time.

-Steve Burdon, Child Care Licensing Surveyor

Lisa has the greatest system of organized chaos I have ever seen. She brings much knowledge to her position as an inspector because she was a successful Child Care Owner and understands many of the obstacles from a provider standpoint and is a great source of clarification for providers and the program. She always dedicates herself to getting the job done or asking questions when needed to provide the best possible service to our providers.—Latisha Brown, Child Care Licensing Program Manager

Lisa always exudes a positive outlook in any given situation. She is enthusiastic about the early childhood field and is always willing to help providers and offer her expertise. Her knowledge and support also extends to assisting her fellow surveyors. In addition, Lisa brings a wonderful sense of humor to our child care licensing team!—Anna Lisa, Tammy, Alicia, Lisa, & Tiffany :) - Carson City Licensing

Child Care Advisory Committee

This committee meets monthly to discuss, examine, consider, and make recommendations concerning Nevada’s child care industry.

Child Care Advisory meetings are open to all child care providers to attend either in person or by calling in, so come and have your voice heard! If you are unable to attend in person you can always call in!

Agenda information will be posted in designated state and county offices as well as on the Nevada Registry website.

Current scheduled meeting dates are:
* March 8
* April 12
* July 12
* October 11

Meetings begin at 1:30 pm.

For more meeting information, please visit our website at http://dpbh.nv.gov and subscribe to our Child Care Listserv today!

As a listserv member you will receive up-to-date information concerning Child Care Licensing, advisory meeting dates, times, places and meeting minutes.
Reg Review: Clean Facility

Many of our regulations address the cleanliness of your facility. These include carpet cleaning, two step cleaning process, and cleaning toys/tables/etc. The new year is a great time to start off with a clean slate and a clean facility! Utilize quieter days, nap time, or days with less children to have your staff clean and organize their rooms. Staff can clean and organize items in their room a little each day with these tips:

-Declutter rooms first; throw away floating paperwork, broken toys, and art supplies.
-Remove toys from room that aren’t being used and replace with different toys.
-Rotate items to keep children’s active interest
-Take a look around the room and remove items that haven’t been used in the past month or two.
-Remove items that children may have outgrown.
-Donate the pile of lost and found items that have been sitting around for the past year.
-Scrub children’s furniture, wash rugs and curtains, wipe down walls, windowsills, doorknobs and light switches etc.
-Don’t forget the director’s office and files! Staff and student files need to be organized and maintained in a consistent order. Old staff trainings should be archived, old immunization records should be purged.

Remember cleaning solutions such as Clorox wipes, Lysol wipes, Windex, and pine sol can not take the place of the bleach and water solution. According to NAC 432A.414 the two step cleaning process of using a soap and water solution followed by a bleach and water solution should be used daily.

A clean facility helps to keep both staff and children healthy!

Keep Kids Moving in Winter Weather:

Keeping kids active when the weather is warm is “child’s play”. But parents and school staff have a hard time keeping them moving when the ice crystals start forming on the windows. Even though winter weather can be a powerful inducement for kids to watch TV and generally hibernate, pediatricians say it’s important to make the effort to keep the kids active.

Researchers believe children burn about half as many calories in the winter as they do in the summer. Fitness experts said that while children tend to eat more in the winter, the larger problem is the decrease in activity.

Dips in wintertime activity are especially worrisome to pediatricians as they treat more overweight patients. Doctors say keeping kids active – the sort of movement that gets the heart rate up – is crucial year-round.

The trick is to make activities fun for kids. Lead outdoor games, hikes, etc. Limit TV, videos, and computers to make it easier to keep kids active.

Fitness experts stress that it is important to stay positive about exercise and be a good role model for the children, don’t tell the child to go run around the playground while staff are sitting bundled up on a bench.

Developmental Domains: Fine Motor Skills

Fine motor movements involve the coordination of the small muscles in the hands and fingers. Strong fine motor skills are essential to complete tasks such as writing, cutting, using eating utensils, threading, moving puzzle pieces, zipping, buttoning, and tying shoes! Without well-developed fine motor skills, a child may have difficulty learning to write or performing any of the other critical tasks presented in the preschool classroom.

There are three different grip styles children use as they develop their fine motor skills:

**Pincer Grip:** with this grip a child uses only their thumb and index finger to hold and manipulate objects. With this grip a child can easily twist dials, turn pages, close a zipper and use writing materials with precision.

Most fine motor activities require children to move their hands and fingers in unfamiliar ways. The best starting place for helping the children’s development is to help them strengthen their pincer grip.

The following activities can help to strengthen fine motor skills:

- **Cutting with scissors:** show the children how to hold the scissors and allow them to cut scrap paper or play-doh!

- **Stringing beads:** have children string beads onto a pipe cleaner. Once you notice the children are able to easily thread the beads onto the pipe cleaner, challenge them by giving them a string that will move around while they are practicing stringing.

- **Using writing/painting tools:** allow children to use crayons, pencils, markers, and paintbrushes whenever possible. A fun activity is giving the child a watercolor paint brush and cup of water. Allow the children to “erase” words written on a chalkboard by tracing the letters. You’ll soon see that once the words are erased they will quickly ask for more!

- **Sort colored pom poms with clothespins/tweezers**

- **Squeezing the glue bottle when it’s time for art projects (trust them & remember it’s all a learning process!)**

Did you know?

Did you know?

- If you hire a staff member who is under 18 years of age, it is no longer required for them to fill out a Consent and Release form. Child Care Licensing will only need a completed Change in Personnel form. The most current version of this form can be found on our website and is attached.

  As a reminder, staff need to be printed upon turning 18 years of age and a Consent and Release form needs to be submitted at that time.

When submitting your fire request, make sure you are requesting for the number of children your facility is licensed for.

Meeting your training requirements: as of January 1st 2016, the annual training requirement for centers is officially 24 hours. These trainings can be completed either online or in person. Online trainings are convenient and can be taken at your own pace, trainings that are offered in person offer benefits such as hearing methods used in different facilities and offer group discussion. It’s always a good idea to get a head start on completing trainings, a complete list of approved trainings can be found on the Nevada Registry’s website.
Our vision for the Child Care Licensing Unit is to promote the healthy growth, development, and protection of children, increase availability of positive and nurturing learning environments and provide support for families by regulating and licensing high quality, developmentally appropriate, and flexible care, through a wide range of care options.

This vision involves mentoring and guiding child care providers to become advocates for children and family issues, as well as, foster the growth and development of the provider community. In support of this vision Child Care Licensing will work to expand the awareness of state legislators, local regulatory agencies and consumers so as to encourage support for improving the quality of child care environments for Nevada's children and families.
**CHANGE OF PERSONNEL NOTIFICATION**

**DATE:** ______________________  **FACILITY:** ______________________

**ADDRESS:** ______________________  **DIRECTOR/OWNER:** ______________________

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**Name of Staff Terminated/No Longer at Residence**

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*Staff/Residents under the age of 18 are not required to submit Consent and Release or background items but are required to comply with Change of Personnel requirements*

Updated 10.13.2015
**Understand the Weather**

**Wind-Chill**
- 30° is chilly and generally uncomfortable
- 15° to 30° is cold
- 0° to 15° is very cold
- -20° to 0° is bitter cold with significant risk of frostbite
- -20° to -60° is extreme cold and frostbite is likely
- -60° is frigid and exposed skin will freeze in 1 minute

**Heat Index**
- 80° or below is considered comfortable
- 90° beginning to feel uncomfortable
- 100° uncomfortable and may be hazardous
- 110° considered dangerous
- All temperatures are in degrees Fahrenheit

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**Child Care Weather Watch**

**Wind-Chill Factor Chart (in Fahrenheit)**

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<tr>
<th>Air Temperature</th>
<th>Wind Speed in mph</th>
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**Heat Index Chart (in Fahrenheit %)**

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<th>Relative Humidity (%)</th>
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**Legend**
- Green: Comfortable for outdoor play
- Yellow: Caution
- Red: Danger

2010
Child Care Weather Watch

Watching the weather is part of a child care provider's job. Planning for playtime, field trips, or weather safety is part of the daily routine. The changes in weather require the child care provider to monitor the health and safety of children. What clothing, beverages, and protections are appropriate? Clothes children to maintain a comfortable body temperature (warmer months - lightweight cotton, colder months - wear layers of clothing). Beverages help the body maintain a comfortable temperature. Water or fruit juices are best. Avoid high-sugar content beverages and soda pop. Sunscreen may be used year around. Use a sunscreen labeled as SPF-15 or higher. Read and follow all label instructions for the sunscreen product. Look for sunscreen with UVB and UVA ray protection. Shaded play areas protect children from the sun.

- **Condition GREEN** - Children may play outdoors and be comfortable. Watch for signs of children becoming uncomfortable while playing. Use precautions regarding clothing, sunscreen, and beverages for all child age groups.
  - INFANTS AND TODDLERS are unable to tell the child care provider if they are too hot or cold.
  - Children become fussy when uncomfortable. Infants/toddlers will tolerate shorter periods of outdoor play. Dress infants/toddlers in lightweight cotton or cotton-like fabrics during the warmer months. In cooler or cold months dress infants in layers to keep them warm. Protect infants from the sun by limiting the amount of time outdoors and playing in shaded areas. Give beverages when playing outdoors.
  - YOUNG CHILDREN remind children to stop playing, drink a beverage, and apply more sunscreen.
  - OLDER CHILDREN need a firm approach to wearing proper clothing for the weather (they may want to play without coats, hats or mittens). They may resist applying sunscreen and drinking beverages while outdoors.

- **Condition YELLOW** - use caution and closely observe the children for signs of being too hot or cold while outdoors. Clothing, sunscreen, and beverages are important. Shorten the length of outdoor time.
  - INFANTS AND TODDLERS use precautions outlined in Condition Green. Clothing, sunscreen, and beverages are important. Shorten the length of time for outdoor play.
  - YOUNG CHILDREN may insist they are not too hot or cold because they are enjoying playtime.
  - Child care providers need to structure the length of time for outdoor play for the young child.
  - OLDER CHILDREN need a firm approach to wearing proper clothing for the weather (they may want to play without coats, hats or mittens), applying sunscreen and drinking liquids while playing outdoors.

- **Condition RED** - most children should not play outdoors due to the health risk.
  - INFANTS/TODDLERS should play indoors and have ample space for large motor play.
  - YOUNG CHILDREN may ask to play outside and do not understand the potential danger of weather conditions.
  - OLDER CHILDREN may play outdoors for very short periods of time if they are properly dressed, have plenty of fluids. Child care providers must be vigilant about maximum protection of children.

Understand the Weather

The weather forecast may be confusing unless you know the meaning of the words.

- **Blizzard Warning**: There will be snow and strong winds that produce a blinding snow, deep drifts, and life threatening wind chills. Seek shelter immediately.
- **Heat Index Warning**: How hot it feels to the body when the air temperature (in Fahrenheit) and relative humidity are combined.
- **Relative Humidity**: The percent of moisture in the air.
- **Temperature**: The temperature of the air in degrees Fahrenheit.
- **Wind**: The speed of the wind in miles per hour.
- **Wind Chill Warning**: There will be sub-zero temperatures with moderate to strong winds expected which may cause hypothermia and great danger to people, pets and livestock.
- **Winter Weather Advisory**: Weather conditions may cause significant inconveniences and may be hazardous. If caution is exercised, these situations should not become life threatening.
- **Winter Storm Warning**: Severe winter conditions have begun in your area.
- **Winter Storm Watch**: Severe winter conditions, like heavy snow and ice are possible within the next day or two.

Child Care Weather Watch, Iowa Department Public Health, Healthy Child Care Iowa, Produced through federal grant (MCJ19T029 & MCJ19KCC7) funds from the US Department of Health & Human Services, Health Resources & Services Administration, Maternal & Child Health Bureau. Wind-Chill and Heat Index information is from the National Weather Service.