Syringe Services Program Report

November 2017  e 0.1

Department of Health and Human Services
Nevada Division of Public and Behavioral Health
Office of Public Health Informatics and Epidemiology

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Syringe Services Program Report: November 2017

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Purpose
The purpose of this report is to showcase Nevada’s syringe services programs and to display the populations they serve. Audiences for this report include the public/participants, stakeholders, and local health authorities. It should serve to enlighten the general public and participants regarding locations, services offered, and the general demographic information of those served by current syringe services programs in Nevada. It should also provide a snapshot of the populations served at each of the syringe services programs to stakeholders and local authorities.

Background
Syringe services programs offer many benefits to the community. Generally they offer free sterile syringes and needles, safe disposal of needles and syringes, overdose treatment and education, Human Immunodeficiency Virus (HIV) and hepatitis testing, hepatitis vaccination, referral to mental health services and substance use disorder treatment, and other tools to prevent HIV and hepatitis such as counseling, condoms, and PrEP\(^1\). It should be noted, however, that not all programs offer all services.

In the beginning, these programs were few and far between due to a lack of funding. However, the Consolidated Appropriations Act of 2016 provided the opportunity to use federal funds to support specific aspects of syringe services programs under certain circumstances\(^2\).

The idea behind syringe exchange is that providing injection drug users with sterile injection equipment prevents the sharing of used injection equipment, this decreases the opportunity for the spread of communicable diseases like HIV or hepatitis. These programs also offer a place to dispose of used equipment, therefore the opportunity for community members, law enforcement, or healthcare workers to be exposed decreases as well.

Methods
The data presented in this report was provided by each program from the self-reported data of their participants. Data is submitted twice a year; the two reporting periods are January-June and July-December.

Summary
The data collected suggests the majority of people who utilize syringe services programs in Nevada are between the ages of 20 and 40, and the majority are white males.

NRS 439.985-439.994: Sterile Hypodermic Device Programs (Syringe Services Programs)\(^3\)
In 2013, the Nevada Legislature added NRS 439.985-439.994, a provision allowing for hypodermic device programs, also known as syringe services programs, in Nevada. The function of sterile hypodermic device programs is to enable the use of sterile hypodermic devices and other related material for use among people who inject drugs for the purpose of reducing the intravenous transmission of diseases.
These programs serve several functions:

1. Ensure the availability and accessibility of sterile hypodermic devices by encouraging distribution of such devices by various means.
2. Provide for the effective operation of sterile hypodermic device programs that protect the human rights of people who use such programs.
3. Guarantee that sterile hypodermic devices and other sterile injection supplies are not deemed illegal.
4. Ensure that sterile hypodermic device programs operate in harmony with law enforcement activities.

Harm Reduction Model
Harm reduction is a set of practical strategies and ideas aimed at reducing negative consequences associated with drug use. Harm reduction is also a movement for social justice built on a belief in, and respect for, the rights of people who use drugs. This is a movement that can take many forms, as not one strategy works for every population. Harm reduction strategies in one population in one area of the city may look entirely different than harm reduction strategies in another.

Harm reduction follows several principles:

- Accepts, for better and/or worse, that licit and illicit drug use is part of our world and chooses to work to minimize its harmful effects rather than simply ignore or condemn them.
- Understands drug use as a complex, multi-faceted phenomenon that encompasses a continuum of behaviors from severe abuse to total abstinence, and acknowledges that some ways of using drugs are clearly safer than others.
- Establishes quality of individual and community life and well-being—not necessarily cessation of all drug use—as the criteria for successful interventions and policies.
- Calls for the non-judgmental, non-coercive provision of services and resources to people who use drugs and the communities in which they live in order to assist them in reducing attendant harm.
- Ensures that drug users and those with a history of drug use routinely have a real voice in the creation of programs and policies designed to serve them.
- Affirms drugs users themselves as the primary agents of reducing the harms of their drug use, and seeks to empower users to share information and support each other in strategies which meet their actual conditions of use.
- Recognizes that the realities of poverty, class, racism, social isolation, past trauma, sex-based discrimination and other social inequalities affect both people’s vulnerability to and capacity for effectively dealing with drug-related harm.
- Does not attempt to minimize or ignore the real and tragic harm and danger associated with licit and illicit drug use.
Programs in Nevada

Change Point

Change Point is located in Reno and is a program of Northern Nevada HOPES. It is Nevada’s first legal syringe services program. They offer syringe services and other harm reduction supplies (such as safe syringe disposal and safer sex kits), overdose education, counseling, and free HIV and hepatitis C testing.

<table>
<thead>
<tr>
<th>Phone:</th>
<th>(775) 997-7519</th>
</tr>
</thead>
<tbody>
<tr>
<td>Email:</td>
<td><a href="mailto:outreach@nnhopes.org">outreach@nnhopes.org</a></td>
</tr>
<tr>
<td>Hours:</td>
<td>Monday – Friday</td>
</tr>
<tr>
<td></td>
<td>9:00am – 5:00pm</td>
</tr>
<tr>
<td>Address:</td>
<td>445 Ralston St.</td>
</tr>
<tr>
<td></td>
<td>Reno, NV 89503</td>
</tr>
</tbody>
</table>

Trac-B

Trac-B is located in Las Vegas and is a program of the Harm Reduction Center-Las Vegas. They are the first syringe services program in Southern Nevada. Their services include syringe services, syringe and needle recovery, medical consulting, HIV, sexually transmitted diseases (STD), and hepatitis C screening, education, and wound care.

<table>
<thead>
<tr>
<th>Phone:</th>
<th>(702) 840-6693</th>
</tr>
</thead>
<tbody>
<tr>
<td>Email:</td>
<td><a href="mailto:tracbexchange@gmail.com">tracbexchange@gmail.com</a></td>
</tr>
<tr>
<td>Hours:</td>
<td>Monday 1:00pm – 6:00pm</td>
</tr>
<tr>
<td></td>
<td>Tuesday 10:00am – 2:00pm</td>
</tr>
<tr>
<td></td>
<td>Wednesday 10:00am – 2:00pm</td>
</tr>
<tr>
<td></td>
<td>Thursday 10:00am – 2:00pm</td>
</tr>
<tr>
<td></td>
<td>Friday 9:00am – 12:00pm</td>
</tr>
<tr>
<td></td>
<td>HIV and HCV testing every</td>
</tr>
<tr>
<td></td>
<td>Wednesday during business hours</td>
</tr>
<tr>
<td>Address:</td>
<td>6114 W. Charleston Blvd.</td>
</tr>
<tr>
<td></td>
<td>Las Vegas, NV 89146</td>
</tr>
</tbody>
</table>

Shadows of Hope

Shadows of Hope is non-profit organization headquartered in Las Vegas. Among other outreach efforts around the globe, Shadows of Hope does boots on the ground outreach to the “mole people” who live in the tunnels of Las Vegas. They provide syringe exchange, food, medicine and warm clothing to this population. Unfortunately, operations in Las Vegas have been suspended due to a lack of funding for this type of outreach.
Data

Change Point

It should be noted that the figures reported by Change Point represent unique participants to the best of their ability. This program does recognize there are some rare instances of duplication of participants, but this is a minor limitation to this data. The duplication originates from participants creating false client IDs when they first access the program out of fear their information won’t be kept private but as they become more comfortable with and assured of the confidentiality of the program, they begin to use their true information. This creates a duplicate. Change Point is in the process of evaluating a new system that will help to mitigate these duplications in the future. As the program becomes more established, they believe participants will not feel the need to create false client IDs in the first place.

Total Participants Served

Please note: the above graph shows data in full years, except the last time period represents a half year’s data.
Syringe Summary

Please note: the above graph shows data in full years, except the last time period represents a half year’s data.

Age

Please note: the above graph shows data in full years except the last bar in each group of ages, which represents a half year’s data.
Race

Race data points changed after the January – June 2014 reporting period. The data points for the January – June 2014 period were: White, Black, Asian/Pacific Islander, American Indian/Alaska Native, Hispanic, and Other. This data has been excluded but is available upon request. Beginning in the June - December 2014 reporting period, the data points changed to: White, Black, Asian, Native American, Native Hawaiian/Pacific Islander, and Other.

Please note: the above graph shows data in full years except the first and last bar in each race, which represents a half year’s data.
Ethnicity
Data on ethnicity was not collected in the July-December 2014 time period.

Please note: the above graph shows data for full years except the first and last bar in each ethnicity, which represents a half year’s data.
Gender
Transgender data was not collected in the January-June 2014 reporting period. “Male to Female,” “Female to Male” and “Transgender Unspecified” was added beginning in the July-December 2014 reporting period.

Please note: the above graph shows data for full years except the last bar in each gender, which represents a half year’s data.

*It is also important to note for the January - June 2014 reporting period, data on “Male to Female,” “Female to Male,” and “Transgender Unspecified” was not collected.*
Trac-B reports there is no opportunity for duplication of participants in their data.

**Total Participants Served**
This program served 238 participants in the January-June 2017 reporting period.

### Syringe Summary

#### Time Period

<table>
<thead>
<tr>
<th>Number of Syringes</th>
<th>January-June 2017</th>
</tr>
</thead>
<tbody>
<tr>
<td>Syringes Provided</td>
<td>15,249</td>
</tr>
<tr>
<td>Syringes Received</td>
<td>6,601</td>
</tr>
</tbody>
</table>

#### Age Distribution of Participants Served by Trac-B

<table>
<thead>
<tr>
<th>Age</th>
<th>Number of Participants</th>
</tr>
</thead>
<tbody>
<tr>
<td>&lt;20 years old</td>
<td>7</td>
</tr>
<tr>
<td>20-29 years old</td>
<td>65</td>
</tr>
<tr>
<td>30-39 years old</td>
<td>98</td>
</tr>
<tr>
<td>40-49 years old</td>
<td>44</td>
</tr>
<tr>
<td>50-59 years old</td>
<td>19</td>
</tr>
<tr>
<td>60 years old</td>
<td>5</td>
</tr>
<tr>
<td>Unknown Age</td>
<td>0</td>
</tr>
</tbody>
</table>
Race

Races Served by Trac-B
January-June 2017

Number of Participants

<table>
<thead>
<tr>
<th>Race</th>
<th>Number of Participants</th>
</tr>
</thead>
<tbody>
<tr>
<td>White</td>
<td>208</td>
</tr>
<tr>
<td>Black</td>
<td>12</td>
</tr>
<tr>
<td>Asian</td>
<td>4</td>
</tr>
<tr>
<td>Native American</td>
<td>6</td>
</tr>
<tr>
<td>Native HI/Pac. Islander</td>
<td>4</td>
</tr>
<tr>
<td>Other</td>
<td>4</td>
</tr>
</tbody>
</table>

Ethnicity

Ethnicities Served by Trac-B
January-June 2017

Number of Participants

<table>
<thead>
<tr>
<th>Ethnicity</th>
<th>Number of Participants</th>
</tr>
</thead>
<tbody>
<tr>
<td>Non-Hispanic</td>
<td>183</td>
</tr>
<tr>
<td>Hispanic</td>
<td>32</td>
</tr>
<tr>
<td>Unknown</td>
<td>23</td>
</tr>
</tbody>
</table>

Legend:
- Non-Hispanic
- Hispanic
- Unknown
Gender

The data collected from Shadows of Hope varies from that of Change Point and Trac-B. This program’s data categories are not congruent with what is currently being collected. However, the data is valid and gives us insight into the community this program served.

Age
Gender

Gender of Participants Served by Shadows of Hope October 2016 - April 2017

Number of Participants

<table>
<thead>
<tr>
<th>Gender</th>
<th>Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Male</td>
<td>240</td>
</tr>
<tr>
<td>Female</td>
<td>130</td>
</tr>
</tbody>
</table>

Race

Races of Participants Served by Shadows of Hope October 2016 - April 2017

Number of Participants

<table>
<thead>
<tr>
<th>Race</th>
<th>Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>White</td>
<td>314</td>
</tr>
<tr>
<td>Black</td>
<td>24</td>
</tr>
<tr>
<td>Hispanic</td>
<td>19</td>
</tr>
<tr>
<td>Asian</td>
<td>7</td>
</tr>
<tr>
<td>Other</td>
<td>6</td>
</tr>
</tbody>
</table>
Years of Use

![Years of Use by Participants Served by Shadows of Hope October 2016 - April 2017](image)

Drugs of Choice

![Drugs of Choice of Participants Served by Shadows of Hope October 2016 - April 2017](image)

*All 370 participants reported using different methods and multiple types of drugs.*
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Point of Contact
For additional questions regarding this publication, please contact:

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jconner@health.nv.gov
775-684-5290
Office of Public Health Informatics and Epidemiology (775-684-5911)

Recommended Citation

References

Appendix
Guidelines
The current electronic version of the Guidelines can be found at:
http://dpbh.nv.gov/Programs/OPHIE/Docs/SyringeServicesProgram/
Report Form
Please contact the Office of Public Health Informatics and Epidemiology for a fillable PDF version of this form.

Syringe Services Programs

Agency Information
Name of Agency: ___________________________ Date: ___________________________
Completed by: ___________________________ Contact Phone #: ___________________________
Contact E-mail: ___________________________

Reporting Period
☐ January - June
☐ July - December

Year: ___________________________

Population summary data
Total number of participants served during this period: ___________________________

Age
☐ < 20 years  ☐ 20-29 years  ☐ 30-39 years  ☐ 40-49 years  ☐ 50-59 years  ☐ > 60 years  ☐ Unknown

Race
White ☐ Black ☐ Asian ☐ Native American ☐ Native H./Pac. Islander ☐ Other ☐

Ethnicity
Non-Hispanic ☐ Hispanic ☐ Unknown ☐

Gender
Males ☐ Females ☐ FtM ☐ MtF ☐ Transgender Unspecified ☐ Other/Declined ☐

Syringe summary statistics
Number of syringes provided: ___________________________
Number of syringes received: ___________________________

Please return this form to the State of Nevada, Division of Public & Behavioral Health no later than one month following the end of a reporting period. Questions, please call 775-687-3162.