

What is there to do?

Play Games

Use the computers

Watch TV & Movies

Attend a support group

Meet New People

Arts & Crafts

Rest & relax

## Southern Nevada Adult Mental Health Services - (SNAMHS)

6161 W. Charleston Blvd.  
Bldg 2 - near Pharmacy

Call us if you have  
questions: 702-486-3656

Monday - Friday  
8am - 5pm

All adults 18 and over are encouraged to come to the Drop In Center whether you are looking to make new friends or just want to get in out of the weather. Stop by and check us out. Tell your friends.



The Drop In Center offers a safe, comfortable, and supportive environment for individuals. Individuals have opportunities to socialize, relax, meet new people, enjoy activities, learn about community resources, learn basic computer skills, and apply for employment or services online.

Come join us.  
It's FREE!

## Encouragement

The center is a place of encouragement. It encourages individuals who are often isolated in the community that there is hope because



there is a place where they can go and belong. At the center, others offer encouragement in many shapes and forms – it might be through friendliness, social interactions, or simply a person who is willing to listen. Most of all, individuals are encouraged to try and to grow. Individuals are encouraged to be themselves and to be proud of who they are.

## A Place To Go, A Place To Be

The center gives people a place to go, a place to be. It's that simple. Many people have nowhere to go and would remain isolated in their homes. Individuals need interaction with others to grow and to live fulfilling lives. They need somewhere to go where they can feel safe and the center is the perfect place for them; a place to go where one is able to relax, enjoy, and just experience.

## Humor, Fun and Entertainment



Many people's lives have become so consumed by the stresses of everyday life that that stress becomes so familiar that eventually it is all they know. They have lost their ability to have fun and enjoy themselves. People cannot survive with only pain in their lives; they must have humor and joy. The center is a place where individuals are able to enjoy themselves and have fun. The ability to enjoy oneself for even a short time can drastically change one's life and give individuals the will to endure future pain. Humor gives people a reprieve from their pain. Everyone needs time and places to experience fun, relaxation and happiness. The center is such a place.



## Compassion ONLY Environment

The Drop In Center is a Compassion Only Zone. Everybody is welcome to come to the Drop In Center. It is a place where only



constructive criticism takes place; criticism that does not hurt or harm. Individuals find a relaxing and welcoming environment in which all people are given respect and are treated with dignity as human beings.



# Hurry, let's go to the center!