



Substance Use During Pregnancy

Provider Toolkit

Nevada National Governors Association Learning Network on
Improving Birth Outcome

January 1, 2018

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TO WHOM IT MAY CONCERN:

Since 2013, Nevada has been participating in the Nevada National Governors Association Learning Network on Improving Birth Outcomes with the mission of improving birth outcomes and the health of children in Nevada. This Network focuses on implementing policies and initiatives related to the improvement of birth outcomes, as well as adopting best practices in its implementation. One of its key goals is to reduce negative birth outcomes resulting from maternal substance use through education, prevention, and intervention efforts.

The Division of Public and Behavioral Health, and more specifically, the Bureau of Behavioral Health and Wellness and Prevention and the Bureau of Child, Family and Community Wellness have provided funds to prevention and treatment providers across the State to address this growing concern, provide access to services and support recovery for pregnant women and women with dependent children who struggle with substance use, and raise awareness on the admission priority for pregnant women at state funded treatment centers.

As a medical professional, you are in a unique position to identify substance use disorder in the patients you see every day. The enclosed packet has been assembled to provide information to assist you in assessing and linking these patients with resources. We appreciate your willingness to partner with us as we strive to support those families struggling with substance use.

Sincerely,

Handwritten signature of Beth Handler in blue ink.

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REDUCE NEGATIVE BIRTH OUTCOMES RESULTING FROM MATERNAL SUBSTANCE USE

This toolkit was created as an outgrowth of wider efforts through the Nevada National Governors Association Learning Network on Improving Birth Outcomes to help improve birth outcomes in core areas of focus, including: 1. Promoting Maternal, Child and Adolescent Health, 2. Expanding Healthcare Access, 3. Reducing Exposure to Alcohol, Drugs, and Tobacco, and 4. Extending Gestational Periods. Nevada's public health approach to maternal substance misuse aims to address substance use during pregnancy by providing resources to assist with screening for substance use and help locating treatment centers. State funded treatment centers must grant admission priority for pregnant women and cannot deny treatment to pregnant women, regardless of their ability to pay.

Perinatal substance use is a growing major public health concern. Perinatal substance use is linked to preterm birth, very low birth weight, infant mortality, and a range of birth defects and developmental delays. Women who use substances (pregnant and not pregnant) are found in all socioeconomic groups and place a serious burden on health care systems. Estimating the full scope of consequences of maternal substance use is difficult for many reasons, but all consequences are 100% preventable.

Medication-Assisted Treatment (MAT) is defined by SAMSHA as the use of medications, in combination with counseling and behavioral therapies to provide “whole-patient” approach to the treatment of substance use disorders. (<https://www.samhsa.gov/medication-assisted-treatment/treatment>)

Neonatal Abstinence Syndrome (NAS) is defined by The American Congress of Obstetricians and Gynecologists (ACOG) as a drug withdrawal syndrome which may result from chronic maternal opioid use during pregnancy. (<https://www.acog.org/Resources-And-Publications/Committee-Opinions/Committee-on-Obstetric-Practice/Opioid-Use-and-Opioid-Use-Disorder-in-Pregnancy#neonatal>)

Opioid Use Disorder is defined by The American Congress of Obstetricians and Gynecologists (ACOG). Opioid use disorder is a pattern of opioid use characterized by tolerance, craving, inability to control use, and continued use despite adverse consequences. Opioid use disorder is a chronic, treatable disease which can be managed successfully by combining medications with behavioral therapy and recovery support. (<https://www.acog.org/Resources-And-Publications/Committee-Opinions/Committee-on-Obstetric-Practice/Opioid-Use-and-Opioid-Use-Disorder-in-Pregnancy#neonatal>)

Fetal Alcohol Spectrum Disorders (FASDs) are a group of conditions which can occur due to alcohol exposure during pregnancy. FASDs are completely preventable if a woman does not drink alcohol during pregnancy. (<https://www.cdc.gov/ncbddd/fasd/index.html>)

Use of legal and illegal drugs, alcohol, and tobacco are often not disclosed without specific questioning. Skillful screening, counseling about risks associated with use, and referral to treatment are critical to providing optimal care. Pregnant women are often more open to behavior change, in order to give their infants the best chance in life.

SCREENING:

Screening for both legal and illegal drug use, alcohol, and tobacco use is crucial and should occur at the initial prenatal visit, at least once every trimester, and at the postpartum visit for every pregnant woman.

Every pregnant woman should be screened. Providers should be aware they will miss many cases if they screen based on perception of risk such as socio-economic status, age, race or ethnicity.

Screenings should be performed in private. Protect the individual's right to privacy and screen her alone. She may be unwilling to discuss substance use (or domestic violence) in the presence of a partner or friend.

Ask specifically about drug, alcohol, and tobacco use. Inquire about use during three time periods: ever, during the three months prior to getting pregnant, and after conception but prior to the first visit.

AT FOLLOW UP VISITS:

For those screened positive at the initial visit, inquire about any alcohol, tobacco, or drug use (legal or illegal, prescribed or not) at each visit.

For those who screened negative at the initial visit, re-screen each trimester.

Re-screening is important because new use may be uncovered and the patient may disclose more as she becomes more comfortable with the clinical staff.

It is also recommended to screen for depression and intimate partner violence, using the same screening schedule: at the initial visit, each trimester, and at the postpartum visit.

Counseling about the risks of alcohol, tobacco, and drug use should occur following screening, even when the person denies use.

EXAMPLE: I am glad to see you are not using alcohol, tobacco, or drugs and medications except those cleared by me. This is important because these substances can cause increased risks to you during pregnancy and may cause long term damage to your unborn baby. Continue to avoid alcohol, tobacco, and drugs. Check with me before taking any medications.

WHEN SCREENING IS POSITIVE:

Ask further questions to confirm use. When use is disclosed, more questions are necessary to define the problem including details about what drugs, when, how often, with whom (to identify if other household members use, as well), intravenous use, and how much. Additional questions may help determine whether it is an ongoing problem and if she is likely to require professional help to stop.

BRIEF INTERVENTION:

- I am concerned about your use of _____ because of the risks to your health and to your baby's health.

Alcohol-major risks for the baby, most common preventable cause of developmental disabilities, major learning and behavioral problems, and congenital anomalies

Opioids and narcotics- drug withdrawal for the baby and difficulty with self-regulation for months afterwards, low birth weight

Cocaine, stimulants, methamphetamine, hallucinogens- risks of stroke for mother or baby, premature delivery, too small a baby, difficulty focusing on caring for yourself and for the baby

Tobacco - - risks of premature delivery, too small a baby, respiratory problems for the baby, SIDS, and hyperactivity risks in the child

Marijuana- risks of premature delivery, too small a baby, developmental delays, respiratory problems for the baby, SIDS, and hyperactivity risks in the child

ADDITIONAL QUESTIONS TO CONTINUE THE CONVERSATION:

- Are you concerned about the risks to your health and your baby's health?
- Do you think this is something you can change?
- These habits can be hard to give up. Do you need help addressing this problem? What kind of help would you like?
- Are you ready to tackle this now or do you want to give it some thought over the next week?
 - If now, let's develop a plan together.
 - If not now, we'll schedule a time for you to come back in a week so we can develop a plan together.

MEDICATION ASSISTED TREATMENT (MAT) RESOURCES:

- Substance Abuse and Mental Health Services Administration (SAMHSA)
 - MAT Pocket Guide:
 - <https://store.samhsa.gov/shin/content/SMA16-4892PG/SMA16-4892PG.pdf>
 - MAT Programs, Campaigns, Publications:
 - <https://www.samhsa.gov/medication-assisted-treatment>

OPIOID RESOURCES:

- National Institutes of Health - Opiate Addiction and Treatment
 - <https://www.sis.nlm.nih.gov/enviro/addiction.html>
- The American Congress of Obstetricians and Gynecologists (ACOG) Committee Opinions
 - Substance Abuse Reporting and Pregnancy: The Role of the Obstetrician-Gynecologist
 - <https://www.acog.org/Resources-And-Publications/Committee-Opinions/Committee-on-Health-Care-for-Underserved-Women/Substance-Abuse-Reporting-and-Pregnancy-The-Role-of-the-Obstetrician-Gynecologist>
 - Opioid Use and Opioid Use Disorder in Pregnancy
 - <https://www.acog.org/Resources-And-Publications/Committee-Opinions/Committee-on-Obstetric-Practice/Opioid-Use-and-Opioid-Use-Disorder-in-Pregnancy>

MARIJUANA RESOURCES:

- Patient Handout
 - [http://dphh.nv.gov/uploadedFiles/dphh.nv.gov/content/Programs/MIP/dta/Providers/Marijuana%20and%20Your%20Baby%20\(English\).pdf](http://dphh.nv.gov/uploadedFiles/dphh.nv.gov/content/Programs/MIP/dta/Providers/Marijuana%20and%20Your%20Baby%20(English).pdf)
- Provider Guide
 - <http://dphh.nv.gov/uploadedFiles/dphh.nv.gov/content/Programs/MIP/dta/Providers/Marijuana%20Pregnancy%20and%20Breastfeeding%20Guidance.pdf>

FETAL ALCOHOL SPECTRUM DISORDERS RESOURCES:

- Centers for Disease Control (CDC) and Prevention Fetal Alcohol Syndrome Guidelines
 - https://www.cdc.gov/ncbddd/fasd/documents/fas_guidelines_accessible.pdf
- SAMHSA FASD Resource Center
 - <https://www.samhsa.gov/fetal-alcohol-spectrum-disorders-fasd-center>
- ACOG FASD Prevention Program
 - <https://www.acog.org/About-ACOG/ACOG-Departments/Tobacco--Alcohol--and-Substance-Abuse/Fetal-Alcohol-Spectrum-Disorders-Prevention-Program>

Screening:

- Healthcare professionals can learn screening techniques to identify patients with, or at risk for, substance use problems and talk to them about consequences and behavioral change. To learn more about SBIRT, visit: <https://www.integration.samhsa.gov/clinical-practice/sbirt>.
- Motivational Interviewing is a clinical approach helping people with mental health, substance use disorders, and other chronic conditions. To learn more, visit: <https://www.integration.samhsa.gov/clinical-practice/motivational-interviewing>.
- Additional Screening Tools can be found at: <https://www.integration.samhsa.gov/clinical-practice/screening-tools>.

Training:

- SAMHSA offers a free 5-hour online training module through Ideas Exchange. This training is intended for a general audience. Interested parties may contact Project Coordinator, stephanie.borene@unlv.edu for registration information.
- Health-e-knowledge offers a free 1.5 hour Foundations of SBIRT Training and a free 4 hour SBIRT for Health & Behavioral Health Professionals: <http://healthknowledge.org/course/index.php?categoryid=50>.
- The Institute for Research, Education, & Training in Addictions (IRETA) offers a free 10-12 hour SBIRT 101 training. They also offer an SBIRT for Adolescents course that is 3 hours. <http://ireta.org/improve-practice/addiction-professionals/online-courses/sbirt-101/>.
- Additional training and webinars on SBIRT to ensure fidelity to evidence-based practices are available at: <https://www.integration.samhsa.gov/clinical-practice/sbirt/training-other-resources>.

Reimbursement:

- Reimbursement for screening and brief intervention is available through commercial insurance, Medicare, and Medicaid: <https://www.samhsa.gov/sbirt/coding-reimbursement>.
- The American Medical Association (AMA) has approved several billing codes allowing reimbursement for providing screening and brief intervention services: [https://www.integration.samhsa.gov/sbirt/Reimbursement for SBIRT.pdf](https://www.integration.samhsa.gov/sbirt/Reimbursement%20for%20SBIRT.pdf).

*For more information, email sbirt@unlv.edu or call 702-895-0090

REFERRAL RESOURCES

- Pregnant women have admission and substance use treatment priority at treatment programs funded by the SAPTA Block Grant (per 45 CFR Part 96).
- SAPTA Block Grant funded non-profit centers must not deny substance use treatment to persons unable to pay, and may provide sliding scale payment options and serve Medicaid-eligible clients.
- The substance use treatment centers listed on the following pages are all SAPTA funded and give pregnant women admission and treatment priority. They cannot deny substance use treatment based on the ability to pay.
- All treatment centers listed on www.SoberMomsHealthyBabies.org are state-funded and offer priority treatment admission to pregnant women.

ADDITIONAL REFERRAL RESOURCES:

- Helplines:
 - NV 2-1-1 (or text your zip code to 898211)
 - 24-Hour Nevada Substance Abuse Hotline 1-800-450-9230
 - Crisis Call Center 1-800-273-8255
- Treatment Locators:
 - Foundation for Recovery – Nevada Resource Directory
<http://www.forrecovery.org/recovery-support-services/nv-resource-directory/>
 - SAMSHA Behavioral Health Treatment Services
<http://www.forrecovery.org/recovery-support-services/nv-resource-directory/>
 - SAPTA Prevention and Treatment Providers
<http://dphh.nv.gov/Programs/ClinicalSAPTA/dta/Providers/SAPTAProviders/>

SAPTA FUNDED PROVIDERS

Facility Name	Facility Address	Facility Phone Number
Battle Mountain		
New Frontier Treatment Center	145 W. 3rd St. Battle Mountain, NV 89820	(775) 423-1412
Caliente		
New Frontier Treatment Center	100 Depot Ave. Caliente, NV 89008	(775) 726-3525
Carson City		
Community Counseling Center	205 S. Pratt St Carson City, NV 89701	(775) 882-3945
The Life Change Center	1201 N. Stewart Street #120 Carson City, NV 89701	(775) 350-7250
Paragon Counseling Services	2874 N. Carson St., Ste. 215 Carson City, NV 89706	(775) 885-7717
Vitality	900 E. Long St, 2nd floor Carson City, NV 89706	(775) 461-0999
Dayton		
Rural Nevada Counseling	120 Pike St. Dayton, NV 89403	(775) 246-6214
Elko		
New Frontier Treatment Center	401 Railroad St., Ste. 202 Elko, NV 89801	(775) 753-6962
Vitality	3740 Idaho St. Elko, NV 89801	(775) 738-8004
Ely		
New Frontier Treatment Center	399 1st St. Ely, NV 89301	(775) 289-4905
Fallon		
New Frontier Treatment Center	1490 Grimes Ave Fallon, NV 89407	(775)427-4040 24 hour line (775) 426-1412
Fernley		
Rural Nevada Counseling	415 Hwy 95A, Ste. E 501 Fernley, NV 89408	(775) 575-6191
Gardnerville		
China Springs Youth Camp	225 China Springs Rd. Gardnerville, NV 89410	(775) 265-5350
Tahoe Youth & Family Services	1512 US Hwy 395, Ste. 3 Gardnerville, NV 89410	(775) 782-4202
Lake Tahoe		
Vitality - Sierra Recovery Center Lake Tahoe	1137 Emerald Bay Rd. South Lake Tahoe, CA 96150	(530) 541-5190
Las Vegas		
Adelson Clinic for Drug Abuse Treatment & Research	3661 S. Maryland Pkwy, Ste. 64 Las Vegas NV, 89169	(702) 735-7900
Bridge Counseling	1640 Alta Drive, Ste. 4 Las Vegas, NV 89106	(702) 474-6450
Community Counseling Center	714 E. Sahara Ave., Ste. 101 Las Vegas, NV 89104	(702) 369-8700

Facility Name	Facility Address	Facility Phone Number
HELP of Southern Nevada	1640 E. Flamingo Rd., Ste. 100 Las Vegas, NV 89119	(702) 369-4357
HELP of Southern Nevada - Shannon West Homeless Youth Shelter	1417 Las Vegas Blvd. North Las Vegas, NV 89119	(702) 385-3776
Las Vegas Indian Center	2300 W. Bonanza Rd. Las Vegas, NV 89106	(702) 647-5842
Vitality - Restorations Las Vegas	6885 W. Charleston Blvd, Ste. B Las Vegas, NV 89117	(702) 629-7799
WestCare Nevada Inc - Community Involvement Center Las Vegas Campus	323 North Maryland Parkway Las Vegas, NV 89101	(702) 385-3330
WestCare Nevada Inc. - Women and Children's Campus	5659 Duncan Dr. Las Vegas, NV 89130	(702) 385-3332
WestCare Nevada Inc. - Las Vegas Community Triage Center	930 N. 4th St. Las Vegas, NV 89101	(702) 383-4044
WestCare Nevada Inc. - Harris Springs Ranch	1200 Harris Springs Rd Las Vegas, NV 89124	(702) 872-5382
Pahrump		
WestCare Nevada Inc. - Community Involvement Center Pahrump Campus	1161 S. Loop Road, Ste. B Pahrump, NV 89048	(775) 751-6990
Pioche		
New Frontier Treatment Center	1 Main St. Pioche, NV 89043	(775) 289-4905
Reno		
Bristlecone Family Resources	704 Mill Street Reno, NV 89502	(775) 954-1400
The Empowerment Center	7400 S. Virginia Street Reno, NV 89511	(775) 853-5441
Northern Nevada HOPES	580 West 5th St. Reno, NV 89503	(775) 786-4673
Quest Counseling	3500 Lakeside Ct, St. 101 Reno, NV 89509	(775) 786-6880
Quest Counseling	1453 Pass Dr. Reno, NV 89509	(775) 786-6880
Ridge House	900 West First St, Ste. 200 Reno, NV 89503	(775) 322-8941
Step 1	1015 N Sierra St. Reno, NV 89503	(775) 329-9830
Step 2	3700 Safe Harbor Way Reno, NV 89512	(775) 787-9411
The Empowerment Center	7400 S. Virginia St. Reno, NV 89511	(775) 853-5441
Vitality - Footprints	1135 Terminal Way, Ste. 112 Reno, NV 89502	(775) 322-3668
WestCare Nevada Inc. - Reno Community Triage Center	315 Record St #103 Reno, NV 89502	(775) 348-8811
WestCare Nevada Inc. - Reno Adult Re-entry Services	315 Record St #103 Reno, NV 89502	(775) 786-2418
WestCare Nevada Inc. - Reno Homefront Veteran's Transitional Living	316-340 Maine St Reno, NV 89502	(775) 996-1989

Facility Name	Facility Address	Facility Phone Number
Silver Springs		
Rural Nevada Counseling	1080 S. Highway 95A Silver Springs, NV 89429	(775) 575-6191
Sparks		
The Life Change Center	1755 Sullivan Lane Sparks, NV 89431	(775) 355-7734
Wendover		
New Frontier Treatment Center	915 N. Wells Ave., Ste. 7 W. Wendover, NV 89883	(775) 388-2696
Winnemucca		
New Frontier Treatment Center	512 Melarkey St. Ste. 206 Winnemucca, NV 89445	(775) 623-4596
Vitality - Silver Sage	530 Melarkey St. Ste. 206 Winnemucca, NV 89445	(775) 623-3626
Yerington		
Rural Nevada Counseling	720 South Main St., Unit C Yerington, NV 89447	(775) 463-6597

SAPTA CERTIFIED PROVIDERS

Facility Name	Facility Address	Facility Phone Number
Carson City		
Sierra Counseling and Neurotherapy	2874 N. Carson St., Ste. 215 Carson City, NV 89706	(775) 885-7717
Henderson		
ABC Therapy	7 Water St., Ste. B Henderson, NV 89015	(702) 568-5971
Central Recovery Henderson	600 Whitney Ranch, Ste. A3 Henderson, NV 89129	(702) 515-1373
Choices Group, Inc.	309 W. Lake Mead Pkwy, #100A Henderson, NV 89015	(702) 564-0764
Desert Treatment Clinic	1546 W. Warm Spring Rd, #130 Henderson, NV 89014	(702) 248-0000
Henderson Assessment Center	243 Water St., Lower Level Henderson, NV 89015	(702) 267-1350
Las Vegas Recovery Center	600 Whitney Ranch, Suite A3 Henderson, NV 89014	(702) 880-8230
Mission Treatment Centers, Inc.	704 W. Sunset Rd., Ste. B-9 Henderson, NV 89015	(702) 558-8600
Pathways Therapy and Wellness Center	2298 W. Horizon Ridge Pkwy, #201 Henderson, NV 89052	(702) 363-7284
Las Vegas		
A Better Today Recovery Services	6655 W. Sahara Ave, #D208 Las Vegas, NV 89146	(702) 823-5228
ABC Therapy	730 N. Eastern Ave., Ste. 130 Las Vegas, NV 89101	(702) 598-2020
B.D.D. Counseling LLC	3909 S. Maryland Pkwy. Ste. 211 Las Vegas, NV 89119-7520	(702) 384-2960

Facility Name	Facility Address	Facility Phone Number
Center for Addiction Medicine	4445 S. Jones, Ste. 3 Las Vegas, NV 89103	(702) 873-7800
Center for Behavioral Health	3050 E. Desert Inn Rd., Ste. 116 Las Vegas, NV 89121	(702) 796-0660
Center for Behavioral Health	2290 McDaniel Street, Suite 1C Las Vegas, NV 89121	(702) 796-0660
Central Recovery Las Vegas	3321 N. Buffalo Dr. Ste. 100 Las Vegas, NV 89129	(702) 515-1373
Choices Group, Inc.	2725 E. Desert Inn Rd., Ste. 180 Las Vegas, NV 89121	(702) 252-8342
Clark County Court Education Program	200 Lewis Ave. 4th Floor, Ste. 4326 Las Vegas, NV 89155-1722	(702) 671-3317
Comprehensive Empowerment Group	1555 E. Flamingo Road, Suite 158 Las Vegas, NV 89119	(702) 385-9097
Cornerstone Counseling Center	5825 W. Sahara Ave Las Vegas, NV 89146	(702) 433-4357
Desert Hope Center	2465 E. Twain Ave. Las Vegas, NV 89121-4011	(702) 789-6201
Desert Hope Center	3441 S. Eastern Ave. Las Vegas, NV 89169	(702) 306-2505
Eagle Quest	3680 N. Rancho Dr., Ste. #101 Las Vegas, NV 89130	(702) 646-5437
Freedom House Sober Living, In	3832 / 3852 Palos Verdes Street Las Vegas, NV 89119	(702) 485-1300
Horizon Ridge Clinic, LLC	3160 W. Sahara Ave., B22 Las Vegas, NV 89102	(702) 489-2889
Inspirations Nevada LLC	3440 E. Russell Rd. Ste. 206 Las Vegas, NV 89120	(702) 826-0530
Las Vegas Municipal Court	200 Lewis Ave. Las Vegas, NV 89101	(702) 647-5842
Las Vegas Recovery Center	3321 N. Buffalo Drive Las Vegas, NV 89129	(702) 515-1373
Las Vegas Recovery Center (Women's Facility)	7525 W. Gowan Road Las Vegas, NV 89129	(702) 515-1373
Las Vegas Recovery Center (Men's Facility)	7535 W. Gowan Road Las Vegas, NV 89129	(702) 515-1373
LRS Systems, Ltd.	2077 E. Sahara Ave. Ste. B Las Vegas, NV 89104	(702) 732-0214
Mission Treatment Centers, Inc.	1800 Industrial Rd., Ste. 100 Las Vegas, NV 89102	(702) 474-4104
Nevada Homes for Youth (Boy's Campus)	525 S. 13th St. Las Vegas, NV 89119	(702) 380-2889
Nevada Homes for Youth (Girl's Campus)	1306 Tamerack Ave. Las Vegas, NV 89101	(702) 380-2889
New Beginnings Counseling Center	3376 S. Eastern Ave., Ste. #148 Las Vegas, NV 89169	(702) 538-7412
Silver Rock Recovery	4011 McLeod Drive Las Vegas, NV 89121	(844) 262-6993
Smart Choices	914 S. Valley View Road Las Vegas, NV 89033	(702) 308-7414
Vencer Youth Services	4955 South Durango #207 Las Vegas, NV 89148	(702) 267-6277

Facility Name	Facility Address	Facility Phone Number
North Las Vegas		
Center for Behavioral Health	3470 Cheyenne Rd., Ste. 400 N. Las Vegas, NV 89032	(702) 636-0085
North Las Vegas Municipal Court	2332 N. Las Vegas Blvd. N. Las Vegas, NV 89030	(702) 633-1130
Salvation Army	211 Judson Ave. N. Las Vegas, NV 89030	(702) 399-2769
N. Las Vegas, NV 89030		
Shoshone Paiute Tribes of Duck Valley	State Highway 225 Owyhee, NV 89832	(775) 757-2415
Pahrump		
ABC Therapy	3351 E. Jennifer Street Pahrump, NV 89061	(775) 727-9749
Reno		
A Positive Path Drugs and Alcohol Evaluation Center	205 S. Sierra Street, #301 Reno, NV 89501	(775) 771-7753
A-1 Evaluation Center	3650 Warren Way Reno, NV 89509	(775) 823-4080
Carol's Counseling, DUI	223 Marsh Ave. Reno, NV 89509	(775) 240-5251
Center for Behavioral Health	160 Hubbard Way, Ste. A Reno, NV 89502	(775) 829-4472
Family Counseling Service of No. NV	575 E. Plumb Ln., Ste. 100 Reno, NV 89502-3543	(775) 329-0623
Lynne Daus Evaluation Center	421 Hill St., Ste. 3 Reno, NV 89501	(775) 348-7550
Lynne Daus Evaluation Center	1 South Sierra Street Reno, NV 89501	(775) 348-7550
Northern Nevada Evaluation Center	505 S. Arlington, #108 Reno, NV 89501	(775) 329-5006
Reno Sparks Tribal Health Center	1715 Kuenzli St. Reno, NV 89502	(775) 329-5162
Silver Springs		
Western Nevada Regional Youth Center (WNRVC)	3550 Graham Ave Silver Springs, NV 89429	(775) 577-4200
Sparks		
Aloha Evaluation	420 S. Rock Sparks, NV 89431	(775) 359-9000

OTHER TOOLKITS

The American Congress of Obstetricians and Gynecologists (ACOG) Toolkit on State Legislation

- <https://www.acog.org/-/media/Departments/Government-Relations-and-Outreach/NASToolkit.pdf>
- Before, Between & Beyond Pregnancy National Preconception Care Clinical Toolkit
 - <https://beforeandbeyond.org/toolkit/at-risk-unsure/substance-use/#ffs-tabbed-12>
- Maine Snuggle ME Project: Embracing Drug Affected Babies and their Families in the First Year of Life To Improve Care and Outcomes Maine
 - <http://www.maine.gov/dhhs/mecdc/documents/SnuggleME-Project.pdf>
- Massachusetts Perinatal Quality Collaborative Maternal Opioid Use During Pregnancy
 - <http://www.healthrecovery.org/maternal-opioid-use/#acknowledgements>

Program Overview

The Sober Moms Healthy Babies (SMHB) website is part of an effort launched by Maternal and Child Health (MCH) Programs and the Substance Abuse Prevention and Treatment Agency (SAPTA). The SMHB website focuses on preventing substance misuse during pregnancy and providing women, their families, and provider's information on resources and treatment options.

As Nevada receives federal funds from the Substance Abuse Prevention and Treatment Block Grant and the state must meet the requirements of 45 CFR 96.131, *Treatment services for pregnant women*, which states: *"The State is required to, in accordance with this section, ensure that each pregnant woman in the State who seeks or is referred for and would benefit from such services is given preference in admissions to treatment facilities receiving funds pursuant to the grant. In carrying out this section, the State shall require all entities that serve women and who receive such funds to provide preference to pregnant women."*

Program Challenges

Perinatal substance misuse (licit and illicit) is a growing public health problem. It has been linked to preterm birth, very low birth weight, infant mortality, and babies born with a range of birth defects. Substance using women (pregnant and not pregnant) are found in all socioeconomic groups and place a serious burden on health care systems. However, estimating the full extent of the consequences of maternal substance misuse is difficult for many reasons, but all consequences of maternal substance misuse are **100% preventable**. The best approach to reducing the tremendous toll substance abuse exacts on individuals, families, and communities is to prevent the damage before it occurs.

Collaboration

Nevada's public health approach to maternal substance misuse aims to prevent substance misuse in pregnant women and provide information to women of childbearing age, providers, and concerned family and friends. The National Governor's Association (NGA) Learning Network on Improving Birth Outcomes Collaborative has four workgroups focused on improving birth outcomes; 1. Promoting Maternal, Child and Adolescent Health, 2. Expanding Healthcare Access, 3. Reducing Exposure to Alcohol, Drugs, and Tobacco, and 4. Extending Gestational Periods. The third workgroup, Reducing Exposure to Alcohol, Drugs, and Tobacco, utilizes the SMHB website and media campaign to increase awareness and resources to providers, partner agencies, and the public. The Maternal and Infant Health Program assists, collaborates with, and supports both the SMHB website and NGA workgroup, along with other organizations with similar goals and objectives.

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