

**Chronic Disease Prevention and Health Promotion Section Report  
Advisory Council on the State Program for Wellness and the Prevention of Chronic Disease**

**Thursday April 19, 2018**

**Washoe County Health District (WCHD) Chronic Disease Prevention Program (CDPP) Report**

**New Staff**

No new staff this quarter.

**Section News**

The CDPP team is proud to announce the completion of a community mural that promotes physical activity, nutrition, and smoke free air, in collaboration with the Reno Housing Authority and neighborhood youth. The mural covers a quarter mile retaining wall located between the Reno Housing Authority and two local Title X schools. Local youth modeled the silhouettes for the project and local art students were able to assist with the project.

The Reno Housing Authority is a supportive partner and has a 100% smoke free policy for all their residences. A formal debut of the mural is scheduled for early May. Select pictures are provided at the end of this report.

The CDPP program released the 2018 Washoe County Chronic Disease Report Card, A Summary Report of Chronic Health Conditions and Primary Risk Factors. The report helps guide programmatic direction providing local, state and national data. The report is available at:

[www.washoecounty.us/health/files/cchs/chronic-disease/media-reports/2018\\_Report\\_Card.pdf](http://www.washoecounty.us/health/files/cchs/chronic-disease/media-reports/2018_Report_Card.pdf)

**Programming**

The Chronic Disease Prevention Program strives to reduce chronic disease in Washoe County by focusing on physical activity, nutrition and tobacco use and exposure. Key approaches include efforts concentrating on policy, system and environmental change.

**Physical Activity and Nutrition highlights:**

- The Wolf Pack Coaches Challenges wrapped up with a total of 56 classrooms from 17 different schools completing the program. In addition to the 1,337 students that participated, 47 teachers received in-service credit through curriculum provided by CDPP staff. Students in participating classrooms strived to eat nutritious foods and be physically active for four weeks while tracking their progress. Winning classrooms will receive visits from Wolf Pack Athletics players and coaches.
- Staff worked with the State of Nevada and the national organization Alliance for a Healthier Generation to host an education session entitled "Creating Environments Where Youth Can Eat Better and Move More" at the 2018 Showcase Nevada Afterschool Conference on March 9<sup>th</sup>.

**Tobacco Prevention and Control highlights:**

- Staff celebrated Kick Butts Day at TMCC and Sierra Nevada College and included youth activism towards supporting and educating about tobacco free college campuses.
- CDPP has been working closely with the three jurisdictions on Smoke Free Parks. The topic was on the agenda for the City of Reno, Washoe County, and City of Sparks governing bodies in early April. All three entities voted to direct park department staff to develop ordinances to be considered in the future.

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Select pictures of community mural:

