

CWCD School Health Overview

October 18, 2018

Funding

In the fifth and final year of the 1305 Cooperative Agreement, the School Health Program received \$11,298 in federal funds for program activities. *

**The School Health Program received relatively level funding throughout the funding period, except for the no cost extension funds allocated to the School Health Program in 2016, which funded much of the professional development and technical assistance activities outlined below.*

Key Partners

- Nevada Department of Agriculture (NDA)
- Nevada Department of Education (NDE)
- Nevada Local Education Agencies (LEAs) (e.g. school districts)

Program Activities/Outcomes – Highlights

1. The School Health Program collaborated with NDA to provide professional development and technical assistance on creating a healthier school nutrition environment to nine LEAs, including Carson City, Churchill, Clark, Elko, Douglas, Humboldt, Lyon, Mineral, and Washoe Counties. Topics included Smart Snack Standards and guidance on Nevada School Wellness Policy implementation. The School Health Program reached 546 schools with a capacity of 442,982 students.
2. The School Health Program and NDA also provided trainings targeting after-school providers, parents, and Parent-Teacher Association members in Clark, Washoe and Elko Counties and Carson City. Training topics included the Nevada School Wellness Policy, Smart Snack Standards, and practices supporting healthy fund raising, celebrations, and sodium intake reduction.
3. Through the School Health Program, a cadre of trainers guided schools on the implementation of the Comprehensive School Physical Activity Program (CSPAP). CSPAP professional development trainings were conducted in Washoe, Clark, Douglas, Elko, Churchill, Esmeralda, Carson City, Eureka, Humboldt, Lincoln, Lyon, Mineral, Nye, White Pine, and Elko counties. The remaining counties were contacted by the School Health Program, but stated they were not interested as they were implementing their own programs.
4. The School Health Program provided action-planning technical assistance to four LEAs to pilot CSPAP within elementary schools. By June 2018, five elementary schools, one in

Carson City, one in Elko County, and three in Nye County, were implementing one or more components of the CSPAP.

5. The former School Health Coordinator collaborated with NDA to offer a Northern Nevada School Wellness Conference, which provided information and resources on School Wellness policies and more. The conference took place at Truckee Meadows Community College on March 23, 2018 with 33 attendees. All Nevada school districts were invited to send staff. Attendees included wellness coordinators, nutrition staff, teachers, and administrators.

In addition to the activities outlined above, the School Health Program implemented promotional strategies to increase knowledge and understanding about the Nevada School Wellness Policy and general school wellness, including two social media campaigns, a traditional media campaign (the Northern Nevada Healthy Hoops Campaign), and a School Wellness brochure for Washoe County Health District.

Notes/Additional Information

- Children's health is noted in the U.S. Department of Education [2014-2018 Strategic Plan](#)
- NDA continues to support (and tracks) Nevada School Wellness Policy implementation and plans to host a second School Wellness Conference in Southern Nevada this fall/winter.
- Various Supplemental Nutrition Assistance Program – Education (SNAP-Ed) implementing agencies are working on school wellness initiatives including School Wellness Policy implementation, school-specific wellness goals, NDA requirements, SNAP-ED policy assistance, school assessments, and NDE's Strategic Plan for Health of Students and Staff.