

Chronic Disease Prevention and Health Promotion Section Report
Advisory Council on the State Program for Wellness and the Prevention of Chronic Disease
January 18, 2018

Staffing Updates

- The CDPHP is excited to introduce its newest staff members. Rae Waddington is our new Community Health Worker Program Coordinator. She recently graduated with her Master's in Public Health from Tulane University in New Orleans. Katie Charleson is our new Administrative Assistant 2. She previously worked for the Immunization Program. We have offered positions to a new Obesity Prevention and Control Coordinator and a new Heart Disease and Stroke Prevention Coordinator. They will begin working very soon and will be introduced at the next CWCD meeting.
- Jonathan Kotchevar has transitioned to the Office of Analytics in the Director's Office. He continues to be funded by the CDPHP, but will operate as a data analyst within the Department-wide data team.
- We are in the middle of recruiting for our Diabetes Prevention and Control Coordinator position which is currently our only vacant position in our Section. We should also have this filled by the next CWCD meeting.

Programming

Women's Health Connection

- WHC is implementing a new grant, CDC grant *6 NU58DP006306-01-01 National Center for Chronic Disease Prevention and Health Promotion*. The focus of the new grant is to increase breast and cervical cancer screening services through, eliminating barriers, and implementing key evidence-based strategies. WHC will support state-wide cancer coalitions and cancer plans to inform strategic policy, systems and environmental changes; and collection and dissemination of cancer surveillance data with enhanced use of cancer data for state planning.
- Currently WHC has screened over 3,000 women since the new grant opened which is on target to meeting program goals of 6,500 women screened for FY18.
- WHC has partnered with two FQHCs to place three Community Health Workers within their clinics to increase breast and cervical cancer screenings within the target population.
- The WHC has been executing AB388, *Making an appropriation for the Women's Health Connection Program*, by providing mammogram services to women between the ages of 40-49 years of age for breast cancer. This funding would screen approximately 2,000 women per year.

Nevada Colorectal Cancer Control Program

- CRCCP is continuing its work under the CDC grant, *NU58DP006090-01-00 Organized Approaches to Increase Colorectal Cancer Screening*. The focus of the grant is to work with individual clinics or

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payers to implement the four recommended colorectal cancer screening evidenced-based interventions, (EBI) which include provider reminders, client reminders, reduction of structural barriers and provider assessments and feedback. CRCCP is working with Northern Nevada HOPES, Nevada Health Centers and Volunteers in Medicine to implement these EBIs.

- CRCCP has added one additional Community Health Workers (CHW), for a total of five, within Nevada Health Centers clinics. Three CHWs will now be located in Las Vegas; one in Carson City; and one in Elko. The Elko CHW will split their time between CRCCP and Women's Health Connection. This will create salary savings which will be used to increase screening.

Comprehensive Cancer Control Program

- The Year Two Evaluation Report for the 2016-2020 Nevada Comprehensive Cancer Control Plan has been published.
- The NCCCP partnered with the Nevada Cancer Coalition to host the Annual Cancer Summit in November.
- The NCCCP and the Nevada Cancer Coalition have partnered with the Dermatology Student Interest Group at the University of Nevada, School of Medicine to expand Sun Smart Nevada efforts.
- A manuscript detailing Nevada's Sun Smart Schools pilot year was published in *Preventing Chronic Disease*. The manuscript and accompanying podcast can be viewed at https://www.cdc.gov/pcd/issues/2017/17_0202.htm.
- Local hospitals are using the Nevada Survivorship Focus Group report to inform and make program improvements to Survivorship Programs across the state.

Community Health Worker Program

- The Nevada Community Health Worker Association (NvCHWA) is planning its annual conference for CHW's in May 2018. The NvCHWA and the Nevada Public Health Training Center at University of Nevada, Reno are planning to partner to put on the conference. On December 19, 2017, the Legislative Commission approved the NRS 449 regulation as part of the SB 498 bill that was passed in 2015. The rule requires that Community Health Worker (CHW) pools be licensed by the Division of Public and Behavioral Health and are required to pay a fee for licensure. Further discussion on implementation of this bill took place on January 5, 2018.
- In November 2017, Rae Waddington was hired as the new program coordinator for the CHW Program.

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- The CHW Program trained an additional 16 students through the CHW Hybrid Training in October 2017. Enrollment is now open for the next CHW training, which is scheduled from January 19, 2018 to March 16, 2018. There are currently 21 students registered to take the course. In addition, 20 students completed the Communication Skills course as part of a pilot for the new Continuing Education course offered by the NvCHWA.

Connecting Kids to Coverage

- The Connecting Kids to Coverage (CKC) Program continues to work with its three partners, Lutheran Social Services of Nevada (LSSN), Children’s Cabinet and Northern Nevada HOPES, to conduct outreach and enrollment activities aimed at eligible children and their families into Nevada’s Medicaid and Nevada Check Up programs. These sub-grantee organizations utilize a total of six Community Health Workers (CHWs) to carry out these activities.
- In October-December of 2017, the third-party evaluator for the CKC Program, Yale New Haven Health Systems, finalized the second-year evaluation interview questions. They conducted the interviews with the CHWs and supervisors of the sub-grantee organizations involved in the CKC Program. Preparations for client interviews are being made.
- In October and November of 2017, 107 children and 85 parents were newly enrolled in or renewed their applications for Nevada Medicaid and/or Nevada Check Up. A total of 115 outreach events and activities were conducted for the CKC Program in Nevada.
- In December 2017, the CKC Program received a site visit from the Centers for Medicare and Medicaid Services and Mathematica Policy Research to go over the NV CKC Program successes and barriers. The sub-grantee organizations who work under the CKC Program and our third-party evaluators participated in the meeting and provided insights and experiences while working to increase the number of Nevada adults and children enrolled into Medicaid or NCU.
- The Program Coordinator started a Continuous Quality Improvement cycle with LSSN in November. She is using Plan Do Study Act (PDSA) cycles to find means of improving enrollment numbers for this sub-grantee organization. The first cycle is due to end in January, and will be evaluated for successes that will be implemented into permanent practice for LSSN. A new cycle will begin in January.

Diabetes Prevention and Control Program

- The Diabetes State Action Plan was finalized in August 2017 as part of the Association of State and Territorial Health Officer, ASTHO, demonstration project: *Strengthening State Systems to Improve Diabetes Management and Outcomes*. The progress, outcomes and lessons learned were shared with the local as well as national level stakeholders on December 11th, 2017 during the National Diabetes Prevention webinar.

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- The DPCP continues to work on the 6|18 initiative to expand access to Diabetes Prevention Program (DPP) in Nevada. DPCP has been collaborating with Nevada Medicaid for expansion of DPP. The DPCP presenting on the DPP during the Managed Care Organization Quarterly Meeting this month.
- DPCP continues to work with National Association of Chronic Disease Directors (NACDD) to hold the Stakeholder Engagement Meeting on February 6th and 7th in Northern Nevada. This meeting will focus on implementation of Nevada's Diabetes State Action Plan.

Heart Disease & Stroke Prevention Program

- The Heart Disease and Stroke Prevention (HDSP) Program successfully held an annual in-person meeting for HDSP Taskforce Group on November 15, 2017 in Las Vegas with nearly 40 in attendance. The meeting provided the opportunity for the Taskforce members to work on updating the HDSP State Plan for Nevada.
- The Self-Monitoring Blood Pressure (SMBP) Program continues to be successful and the program was expanded to Northern Nevada HOPES in Washoe County and to Nevada Health Center's Martin Luther King Family Health Center in Clark County. In Northern Nevada HOPES, the SMBP project was launched in October 2017 and we are working with HOPES' IT department to establish data collection through Electronic Medical Records.
- The HDSP Program was awarded a grant opportunity for the second round of the State Public Health Collaborative to Improve Cardiovascular Health Outcomes from the Association of State and Territorial Health Officials (ASTHO). Through the opportunity, the HDSP Program started working with three health care payers, Amerigroup Community Care, Silversummit Healthplan and Hometown Health. The HDSP Program is implementing a care management program among these partners by integrating a Community Health Worker and utilizing the Low-Income Health Tracking System (LIHTS), which serves to extract health data for care management from automated provider claims utilizing Electronic Data Interchange while Health Insurance Portability and Accountability standards.

Food Security

- The Governor's Council on Food Security (GCFS) motioned the creation of two subcommittees to identify progress of *Food Security in Nevada: Nevada's Plan for Action* (i.e. the Food Security Plan), and make recommendations for priorities moving forward. Both subcommittees met twice between June and August 2017. Using the recommendations provided, the Office of Food Security (OFS) revised the Food Security Plan into an actionable work plan, which was presented for the GCFS's consideration at the November 15, 2017 meeting. A comprehensive overview of the Food Security Plan's progress to date is available on the GCFS website.
- The OFS commissioned a study to identify needs, barriers, and strategies to increasing food security for older Nevadans. The final report, *Nutrition Programs Gaps Analysis for Older Nevadans* identifies

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funding needs and options, projects the demand for services, and makes recommendations to strengthen the food security system to better serve this population. Recommendations were developed under three categories: policy, operations, and funding. The report was presented at the November 15, 2017 GCFS meeting. Implementation of the recommendations will be at the discretion of the GCFS.

- Additionally, the GCFS motioned the creation of a Policy Subcommittee tasked with developing a menu of policies to address food security in Nevada. This menu will be presented for the GCFS's consideration in preparation for Nevada's 80th Legislative Session.

Obesity Prevention Program

- The Obesity Prevention and Control Program finalized a three-year Early Childhood Obesity Prevention Plan, in collaboration with sub-grantee Children's Advocacy Alliance and the Early Childhood Obesity Steering Committee. The Plan focuses on children from birth to eight years of age (excluding K-12/private education settings) and targets parents with children ages 0-8, low-income families, minority populations, pregnant women, early childhood educators, and providers and community partners. The Plan is comprised of three categories for addressing childhood obesity, including Education Setting, Community, and Infrastructure/Capacity Building.

School Health Program

- Nevada school districts were offered training on a Comprehensive School Physical Activity Program (CSPAP) in the spring of 2017 to implement 60 minutes of physical activity daily for students. The School Health Coordinator is providing action planning technical assistance for the 2017-2018 school year to at least four school districts targeting elementary schools to do a phased Comprehensive School Physical Activity Program (CSPAP) plan with CSPAP trainer support.
- The School Health coordinator established with the Washoe County School District (WCSD) PE Leaders a professional development session from Interactive Health Technologies, (IHT) LLC on how to track moderate to vigorous physical education/activity in a PE class through software and heart rate monitors. A pilot study utilizing the IHT software system and heart rate monitors started on September 18, 2017 with eight PE teachers in middle and high schools in the WCSD and will continue until December 31, 2017.
- The School Health Coordinator is collaborating with The Nevada Department of Agriculture on planning of a School Health Conference to provide education on School Wellness policies and more. The conference will take place in the spring of 2018 for school wellness coordinators, administrators and other school staff.
- The School Health Coordinator continues to be part of Nevada's Green Ribbon Schools Initiative with the Nevada Department of Education. The coordinator is the lead for pillar two: Health and

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Wellness for Students and Staff, and has created a list of partners to help schools become qualified to apply and has met with the superintendents of the school districts to present the initiative. A new application as of September 2017 was developed to support schools applying for the 2017-18 school year.

Tobacco Prevention and Control Program

- Western Nevada College is now a tobacco-free college at all campuses.
- The Bite of Las Vegas, one of Nevada's largest recurring outdoor food and music festivals, was designated as smoke-free. There were an estimated 20,000 people in attendance.
- From December 5 to December 8, the Nevada Tobacco Prevention Coalition and Tobacco Prevention and Control Program held five different strategic planning sessions. Members of the community in Silver Springs, Fallon and Ely were invited to discuss tobacco related issues that would help prioritize tobacco issues in the State of Nevada's five-year strategic plan. The Nevada Tobacco Prevention Coalition held strategic planning sessions immediately following the rural visits.
- The CORE Continuing Grant Application, which included the Work Plan for Year 4 and Annual Progress Report for Year 3, were submitted to the Centers for Disease Control on November 29, 2017 with a budget request of \$828,558.
- The Tobacco Prevention Coordinator facilitated a Tobacco Merchant Workgroup session to develop a framework for online training and have executed three new sub awards to partners to assist with this work.

Quitline Capacity

- The State Medicaid, Division of Health Care, Finance and Policy (DHCFP) and the Tobacco Prevention and Control Program's (TPCP) partnership has facilitated two Managed Care Organizations to contract with the same vendor as the Nevada Tobacco Quitline (1-800-QUIT-NOW) to provide tobacco cessation services for their recipients. This accomplishment supports comprehensive data collection and promotes the long-term goal of establishing a sustainable state quitline.
- A budget decrease has limited Nicotine Replacement Therapy (NRT) through the Nevada Tobacco Quitline (1-800-QUIT NOW) to vulnerable callers in the following priority populations:
 1. Pregnant/Postpartum Mothers (who are eligible for an incentive program as a first option, otherwise written dr. authorization must be obtained if caller prefers NRT)
 2. Uninsured
 3. Native American Indians