

Carson City Health and Human Services
Chronic Disease Prevention and Health Promotion Section Report
Advisory Council on the State Program for Wellness and the Prevention of Chronic Disease

August 16, 2018

New Staff in the Chronic Disease Prevention and Health Promotion - None

Staffing Matrix for Chronic Disease from State of Nevada Department of Public and Behavioral Health

- Sandy Wartgow has transferred to the Fire Department as the EMS Manager
- In process of hiring for the Tobacco Coordinator position
- 85% of 1 FTE (Public Health Nurse) - Tobacco Core Funding (Position is currently vacant)
- 5 % of 1 FTE (Public Health Nurse) – SAPTA Tobacco Funding (Position is currently vacant)
- Diabetes Funding – \$11,000/year (MOU from Dignity Health – Through DPBH) - Part Time Public Health Nurse

Programming

Diabetes Prevention and Control Program

- Provider Outreach/Education: Staff is following up with providers and clinicians who have received presentation and toolkits. New providers are being hired in the medical groups which will be an opportunity to give additional presentations and follow up.
- Staff made two community partner connections (food banks in Carson City and Douglas County) pertaining to prediabetes screening.
- Staff met with Manager of Clinical Services at CCHHS to assess need for pre-diabetes screenings.

Tobacco Prevention and Control Program

- Staff attended WNC's Healthy Campus Committee meeting. Technical assistance was provided to WNC on supplying enforcement education and scripting to security when fall semester arrives. Also provided technical assistance on looking at working with Student Government as ambassadors to assist with education and enforcement on the campus. Presented results on the WNC Focus Group conducted in March. Group also addressed wording and draft of protocols for violators of the policy.
- Staff supported Washoe County's efforts to move forward at commission and city council meetings to present movement forward with smoke-free parks ordinance proposal. Carson City is not ready to move this initiative forward due to efforts to consolidate boards.
- Staff participated in Nevada Tobacco Coalition Policy Committee to address eliminating exemptions in Nevada Clean Indoor Air Act for 2019 legislative session.
- Staff continued to work with City of Carson City and Prominence Health plan to support tobacco cessation in their wellness program. Provided State Cessation Coordinator with all contact information to follow-up from discussions in February 2018.
- Direct referral from Carson Tahoe Health (CTH) Electronic Health Record System to Nevada Quitline (National Jewish Health Hospital) is live and ready for referrals. Staff met with providers at CTH and provided verbiage for providers in the EHR to patients regarding electronic referral. Verbiage allows staff to be consistent in message of referral. Verbiage is "As your healthcare provider concerned about your health, we would like to refer you to the tobacco quitline. This will not commit you, but will provide you with a follow-up phone call to see if you are ready to quit."



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- The EHR referral system is live with Nevada Health Centers and is being monitored. Potential Impact with this system: Nevada Health Centers consist of 17 centers and has a patient load of 44,154 of which 19,555 patients are Medicaid recipients, addressing a priority population.
- Staff continued to provide any technical assistance to Renown or Washoe County Health District with progress towards testing of e-referrals within the EHR to the Nevada Quitline.
- Supported CDC's TIPs campaign through posts from Tips from former Smokers on Facebook, Twitter, and Instagram.
- Presented two success stories, which have been submitted to the CDC, to Carson City's Board of Health on July 19, 2018. One success story was moving policy forward for smoke-free multi-unit housing in Carson City; the other stories was assisting Western Nevada College with going 100% tobacco free.
- Received feedback from Carson City's Board of Health on the upcoming grant deliverables for the Funds for Healthy Nevada. Board would like staff to draft a policy to have Carson City's outdoor events smoke free.
- Continue to contact multi-unit housing owners and managers inquiring if their units are smoke free and if not, whether or not they would like our assistance in drafting policies that work for their organization.
- Tobacco and vaping presentations were given to health classes at Douglas High School, Incline High School and Manogue High School reaching about 530 students.
- The Carson City Fair decided to have a smoke free event and signage was provided.
- Mid-level training was provided at Carson Medical Group. Six mid-levels participated in training and education. Five completed post survey questionnaire. Only 2 of the 5 referred to cessation programs, stated they were not aware of 1-800-Quitnow. Three of the five assessed tobacco at each visit, others stated only at annual visits. All stated they will advise tobacco users to quit.
- A video was produced with Carmella PA at Carson Tahoe Cardiology, along with 2 patients. Additional videotaping with Carmella at Freedom from Smoking classes conducted at Carson Tahoe Regional Healthcare. A news story was submitted to Nevada Appeal, Carson NOW, and CTH Marketing with the video link. YouTube link for video is posted on CCHHS website, Carson Tahoe Health website and can be accessed at <https://youtu.be/mGePgF-aSZk>.

Other Programming within the Health Department Assisting With Chronic Diseases

Comprehensive Cancer Control Program

- Pap smears and breast exams are performed at our Title X-Family Planning clinic Monday – Wednesday and Friday. When indicated, coloscopies are performed in our Carson City clinic.

Community Health Worker (CHW) Program

- The CHW program within the CCHHS Human Services Division continues to be successful. The CHW now is the Workforce Case Manager and continues to assist CCHHS' clients that have medical/social needs.



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- The CHW is a member of the Carson City's FASTT program and goes into the jail every Tuesday. The CHW inputs data into the CMIS system and follows up with individuals released to help them get their medical and social needs met.

Heart and Stroke Prevention and Control

- No further work in this area.

Other Health Department News

The Community Health Improvement Plan (CHIP) was accepted by Carson City's Board of Health on July 19, 2018. The priorities are:

- Access to Healthcare,
- Affordable Housing (A subcommittee of the Carson City Behavioral Health Task Force was in existence)
- Behavioral Health and Substance Abuse (Carson City Behavioral Health Task Force was in existence; Tobacco Prevention and Control Program in existence at the Carson City Health and Human Services)
- General Workforce; and
- Nutrition – Food Insecurity and Access.

An evaluation mechanism is being developed to monitor progress on the CHIP objectives.

