

Carson City Health and Human Services
Chronic Disease Prevention and Health Promotion Section Report
Advisory Council on the State Program for Wellness and the Prevention of Chronic Disease

April 19, 2018

New Staff - None

Other Health Department News

The Community Health Improvement Plan (CHIP) committee has been meeting since January 2018. Priorities were ranked by electronic voting, then selected by the CHIP Committee. The priorities are:

- Access to Healthcare,
- Affordable Housing (A subcommittee of the Carson City Behavioral Health Task Force was in existence)
- Behavioral Health and Substance Abuse (Carson City Behavioral Health Task Force was in existence; Tobacco Prevention and Control Program in existence at the Carson City Health and Human Services)
- General Workforce; and
- Nutrition – Food Insecurity and Access.

Subcommittees were created for Access to Healthcare, General Workforce, and Nutrition. All subcommittees are in the process of drafting CHIP objectives.

Staffing Matrix for Chronic Disease from State of Nevada Department of Public and Behavioral Health

- 85% of 1 FTE (Public Health Nurse) - Tobacco Core Funding
- 5 % of 1 FTE (Public Health Nurse) – SAPTA Tobacco Funding
- Diabetes Funding – \$11,000/year (MOU from Dignity Health – Through DPBH) Part Time Public Health Nurse

Programming

Diabetes Prevention and Control Program

- Provider Outreach/Education: Providers reached this quarter - 21
- Staff attended educational opportunities as well as marketing of diabetes:
 - January 16 & March 13: Participated in the Diabetes QTAC Advisory call
 - February 6 & 7: Nevada Diabetes Summit
 - Jan-March Webinar training: Million Hearts 2022 call to action diabetes and heart disease, CDC DPP, and Abbott Diabetes management with Primary Care Association
- In addition to attending educational seminars/webinars, Community Diabetes Education and Outreach was conducted:
 - March 28: Published Diabetes article in Nevada Appeal titled “Diabetes Alert Day”
 - March: Provide TA and collaboration on referrals to and with United Latinos

Tobacco Prevention and Control Program

- Conducted a Focus group with WNC students, staff, administration on post implementation of the smoke-free policy.
- Tobacco Merchant Training: Collaborating with State on development of online tobacco merchant training. Working on setting up newly developed App for conducting merchant



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assessments of tobacco and marketing (STARS), 3/12/18 Attending Carson City alcohol training to assess ability to incorporate tobacco training during these trainings. Carson City Sheriff's Office very interested and willing to incorporate the training with alcohol training (which is required).

- Provider outreach - 21, we coordinate with diabetes to best utilize provider time.
- Nevada Tobacco Prevention Coalition: Strategic Plan approved by Board and presented to general membership meeting on 3/14/18. Policy Committee is actively working and identifying strategy and priorities for upcoming legislative session and producing necessary research and educational materials.
- Attended State Tobacco Partner meeting on 3/13 and 3/14. Worked on State Tobacco 5-year strategic plan. CCHHS co-presented with SNHD on efforts in tobacco with Clinical Community Linkages and Health System Change
- Submitted article to Nevada Appeal on tobacco and Kick Butts Day that focused on youth usage.
- Assessed Prominence health plan cessation coverage, which was not available any longer as wellness benefit. Set up meeting and communication with wellness coordinator for Prominence. Included National Jewish Health – Nevada Tobacco Quitline in the meeting to arrange coverage for Prominence members.
- Discussion started with Nevada Health Centers to provide electronic health system referrals to the Nevada Quitline. This would impact 12 statewide FQHCs
- Continued work with Carson Tahoe Health (CTH) System to work on direct referrals in the electronic record system to Nevada Quitline (National Jewish Health Hospital). This electronic system upgrade would create a pop-up alert to staff when smoking assessment completed to refer patient to the Quitline for cessation. This referral system will utilize the connection of the Nevada Health Information Exchange. Cost to complete this project for each of their EHR systems \$9,000.00 per system. Goal is to have completed by summer 2018. CTH IT is working directly with National Jewish Health on details required to set this link up.
- Smoke-free Carson City efforts continue with collaboration with the Carson City Parks and Rec. Dept. to create smoke-free parks and discuss possible ordinance in Carson City. These efforts are also part of a Regional effort for Northern Nevada, which includes Washoe County, City of Reno, and City of Sparks. Washoe County entities will be ready to bring to boards in April/May. Carson City will be further behind at this time due to combining 2 of the boards into 1.
- In process of surveying new tenants for Premiere properties at 2 locations.
- Completed and printed new MUH toolkit for owners and managers. New toolkit addresses the financial benefits first and then health benefits. We have found this is of more interest to owners.
- Presentation to Carson City faith-based youth on tobacco harms and products. Parents also attended the presentation. This produced a lot of discussion and interest from parents.
- CCHHS has developed communication/marketing plan, which has included weekly posts on social media for tobacco.



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Other Programming within the Health Department Assisting With Chronic Diseases

Comprehensive Cancer Control Program

- Pap smears and breast exams are performed at our Title X-Family Planning clinic Monday – Wednesday and Friday. When indicated, colposcopies are performed in our Carson City clinic.

Community Health Worker (CHW) Program

- The CHW program within the CCHHS Human Services Division continues to be successful. The CHW now is the Workforce Case Manager and continues to assist CCHHS' clients that have medical/social needs.
- The CHW is a member of the Carson City's FASTT program and goes into the jail every Tuesday. The CHW inputs data into the CMIS system and follows up with individuals released to help them get their medical and social needs met.

Heart and Stroke Prevention and Control

- No further work in this area. State recently hired new coordinator.

