## Chronic Disease Prevention and Health Promotion Section Report Advisory Council on the State Program for Wellness and the Prevention of Chronic Disease

## **Carson City Health and Human Services**

#### **Section News**

CCHHS achieved Public Health Accreditation in May

#### **Community Health Worker Program**

• Human Services is piloting a Community Health Worker program to work with our housing clients. At this time, the individual within this program is part time due to funding.

### **Diabetes Prevention and Control Program**

 CCHHS engaged in conversation to assist in grant program to educate and promote the diabetes and pre-diabetes tool kits. We will be a sub grantee to provide this service in Carson, Douglas, and Lyon Counties with outreach to local health providers.

#### **Tobacco Prevention and Control Program**

- Multi- unit housing project and media campaign to encourage landlords and tenants to engage in
  policy changes for smoke free complexes. This continues to be difficult with minimal response from
  landlords or property management companies. We have found 2-3 additional complexes that state
  "they do not allow smoking inside the units," most do not have a formal policy and they have no
  minimum distance policy for outside.
- Western Nevada College: large amount of push to formalize a task force. In April, task force formed and initially remained unorganized as a group, TA provided to assist in formalizing group which now has pushed forward to implement a policy developed in November 2015 to become tobacco free on all 3 campuses with designated smoking areas for school year 2016-17, and full tobacco free campus starting Fall 2017. WNC also awarded a \$10, 000.00 Truth Initiative grant towards tobacco free campus efforts. Assisting other health agencies with work to move other campuses tobacco free.
- Continued work with Carson Tahoe Health System to implement electronic discharge cessation instructions that are evidenced based/best practice and referral to Tobacco Quitline. Implemented customized discharge instructions in Oct. 2015 and have seen progressive use by providers to use these electronic instructions for patients at discharge. Working with IT physician to improve the customized cessation discharge instructions and train providers on the instructions. Also have asked to "gray" out other cessation instruction in the system that are not current with evidence base/best practice instructions and do not refer to the Quitline.
- Working with large Carson City employers to review cessation coverage with their benefit packages
  to employees. Carson City has now agreed to proceed with survey of employees on smoking and
  training employees on their coverage for cessation and encouraging cessation.
- Work with Nevada Tobacco Prevention Coalition on strategies and strategic plans. Also work to prepare for upcoming legislative session
- Working with State Tobacco program on Medicaid billing for cessation

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- Meeting with health providers to educate and train on cessation billing and appropriate use of new ICD 10 codes.
- Developed signage for outdoors to promote Smoke-free Carson City. Plans for use at WNC, trail heads, schools, businesses
- Complete revamp of the CCHHS Tobacco Website- increased interactive abilities and resources
- Provided education on "Other tobacco products and ENDS" to Carson City High School and Douglas County High School health classes. Share Power Point for use in Lyon County schools.