

**Chronic Disease Prevention and Health Promotion Section Report
Advisory Council on the State Program for Wellness and the Prevention of Chronic Disease**

Thursday April 28, 2016

New Staff

Welcome to the team new staff:

- Jenni Bonk who use to work at the Division of Health Care Financing and Policy has been welcomed as the new Chronic Disease Prevention and Health Promotions (CDPHP) Section Manager
- Eliane Fuentes, former Community Health Worker Program Coordinator, is now the new Colorectal Cancer Program Coordinator
- Kristi Robusto, the former Colorectal Cancer Data Analyst, is now the new Obesity Prevention and Control Program Coordinator

Section News

- The section is still hiring for the following positions: School Health Coordinator, Health Systems Coordinator with the Colorectal Program, A Data Analyst with the Colorectal Program, A Food Security Manager, a Tobacco Cessation Program Coordinator and a Financial Management Analyst.

Programming

Women's Health Connection Program

The Women's Health Connection (WHC) Program as of March 31, 2016 has screened 2,560 women for breast and cervical cancer and anticipates to screen approximately 5,567 women in fiscal year 2016. Due to the success of the expansion to cervical cancer screening in fiscal year 2015, WHC will expand cervical cancer screening in fiscal year 2016 to women ages 21-39. Women ages 21-29 enrolled into the WHC program will receive a screening pap test, and women ages 30-39 will receive a screening pap test and may be offered an HPV co-test. All women in the WHC program who receive an abnormal screening will receive diagnostic and case management services.

The WHC program has enhanced its infrastructure for hard to reach patients by partnering with Nevada Health Centers (NVHC) to place 2 Community Health Workers (CHW) within their health centers located in Elko county and Carson City. The Community Health Workers will serve as a liaison/link/intermediary between health and social services and the community; facilitate access to services and improve the quality and cultural competence of service delivery. The CHWs will be responsible for linking women into clinical systems, determining eligibility for current clients eligible for the WHC program, women eligible for Medicaid and directing into other payer sources. They will also implement evidence-based interventions, reduce structural barriers and perform community outreach. Newly enrolled WHC clients receive a "Welcome Packet" in the mail from the WHC program. The "Welcome Packet" includes a letter from the program detailing clients' rights and responsibilities, an ACA card that lists certified enrollment organizations, and health promotional materials specific to breast and cervical cancer screening and nutrition.

WHC program will resume site visit protocols to monitor, assess, and improve the quality of clinical services provided to WHC clients. Provider site visits will resume in April 2016. WHC is collaborating with the vendor to update WHC Burden Document to describe the burden of breast and cervical cancer screening to women.

Nevada Colorectal Cancer Control Program

The new CRCCP Coordinator (Health Resource Analyst II), Eliane Fuentes, began her position 3/28/16. Eliane will oversee, coordinate and provide oversight to ensure CRCCP screening, patient navigation,

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data reporting, public and provider education and outreach activities, and fiscal tracking comply with state and the Centers for Disease Control's (CDC) CRCCP requirements. The new Health System Coordinator (Business Process Analyst I) position interviews will be held in April which are anticipated to start 5/6/16. This position will provide one-on-one technical assistance and work with each partnering FQHC clinic, conduct data collection and validation, perform chart/electronic health record (EHR) system review and data validation and activity monitoring to ensure all sub-grant requirements are met.

Due to a CDC directed delayed screening start date because of the new 5 year grant, CRCCP may not reach anticipated screening goals of 1500 clients in FY16. It is unknown if the low screening numbers from 9/1/15 to current are due to the effects of the ACA or the loss of momentum from the program not screening from 3/31/15 – 9/1/15. CRCCP and Access to Healthcare Network (AHN) have launched a campaign to visit all screening locations to provide education, materials, Fecal Immunochemical Test (FIT) kits and a face-to-face meeting to “re-engage” clinical partners and recruit new providers. CRCCP has screened 270 clients as of 3/31/16.

Comprehensive Cancer Control Program

The Nevada Comprehensive Cancer Control Program (NCCP), Women’s Health Connection (WHC), and the Nevada Cancer Coalition (NCC) successfully partnered with Medicaid to expand the enrollment criteria for eligibility of Medicaid coverage under the Medicaid Treatment Act. Starting in Fiscal Year 2017, women diagnosed with breast or cervical cancer with an income of 250% Federal Poverty Level (FPL) will be eligible for enrollment into Medicaid regardless of provider and age. NCCP, WHC, and NCC are currently working on systems to ensure prompt Medicaid enrollment and to track these women in order to ensure high quality coverage throughout their cancer treatment.

Sun Smart Nevada schools continues to excel, with more schools to be added in the upcoming school year. NCCCP is investigating systems to create enforcement of NRS 597 to continue protecting Nevadans from UV exposure.

Community Health Worker Program

The Community Health Worker Program (CHW) offered the CHW Online Hybrid training curriculum beginning January 30, 2016 and ending March 19, 2016, graduating 15 students. The training is an eight-week combination of online and in-person trainings; including two days of in-person training and six weeks of activities on-line. The training is designed to strengthen the core skills, knowledge, and abilities of the CHW. The Hybrid CHW Online Training Course will be available to Nevadans quarterly, especially to residents who live in the rural and frontier regions of Nevada who wish to be trained as CHWs, but cannot access the community college-based training.

The College of Southern Nevada will be offering an in-person CHW training course in the 2016 spring semester. The training course will be enhanced in three key areas including: case management, cultural competency, and communication skills. The training will consist of 9 weeks in-person training to include the core competencies of a CHW. Benefits to the enhanced CHW training curriculum include: better communication among CHWs and other health care providers, increased visibility of CHW interventions, improved patient care, and facilitated assessment of CHW competencies. The DPBH offered 25 scholarships for the Truckee Meadows Community College class that finishes this spring.

A RFA was announced to support the formation of a CHW Association with the expectation of announcement of award by mid-April.

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The Bureau of Health Care Quality and Compliance (HCQC) implemented a small business impact (SBI) questionnaire regarding the CHW pool licensure regulations. The purpose of the questionnaire was to determine the impact that the proposed additions and changes to the Nevada Administrative Code pertaining to the regulation of CHW pools will have on small businesses. No agencies completed the SBI, and no public workshop is scheduled as of yet.

Diabetes Prevention and Control Program

The Diabetes Prevention and Control Program (DPCP) is continuing efforts to increase healthcare provider screening for prediabetes and appropriate referrals for individuals with prediabetes to National Diabetes Prevention Programs (DPP) and those with diabetes to diabetes self-management education programs. In the year four grant renewal work plan, additional partners were identified to provide healthcare partner outreach and training on the two programmatic toolkits to increase referrals.

At the same time, the DPCP is working with partner AADE-accredited and ADA-recognized programs in collaboration with the Nevada Quality and Technical Assistance Center (QTAC) to build the infrastructure for the delivery of DPP. Carson Tahoe Health became the first organization in northern Nevada to offer DPP. They are teaching their first class in February. Desert Springs Hospital and their Diabetes Treatment Center has staff trained as lifestyle coaches and is working to start their first class prior to July, 2016.

The DPCP provided a webinar to Aging and Disability Services providers on April 14, 2016 to increase their knowledge of resources for their clients.

The NVDiabetesEd.org website was updated in March to include a diabetes specific calendar for both physicians and patients to use when seeking diabetes self-management education (DSME), DPP or support groups.

Cardiovascular Disease Prevention and Control Program

The Heart Disease and Stroke Prevention Program coordinator was invited to present at the Nevada HOSA-Future Health Professionals State Leadership Conference in Las Vegas on March 14th. The presentation addressed the prevalence of high blood pressure in Nevada, risk factors, and lifestyle modifications for prevention. The presentation also included information regarding the Self-Monitoring Blood Pressure Program (SMBP) currently being piloted at Nevada Health Centers. KSNV News 4 aired a program segment highlighting the SMBP pilot for Heart Awareness Month in February. Dr. Shahin, the Medical Director for Sierra Health Center, gave an overview of the pilot, the blood pressure cuff, and patient engagement for the program. Aligning with Heart Awareness Month, the Heart Disease and Stroke Prevention page of the Nevada Wellness webpage was debuted along with the High Blood Pressure Toolkit, Stroke Toolkit, and the Self-Monitoring Blood Pressure Preliminary Success Story. The Self-Monitoring Blood Pressure preliminary success story and the Nevada Million Hearts Stakeholder Workshop Spurs Progress success stories were featured in the National Association of the Chronic Disease Directors (NACDD) weekly electronic newsletter "Off the Cuff". Nevada Health Centers is completing a brief video for the SMBP program that will be used to promote the program across the state. The video will be debuted at the Chronic Disease Workshops happening May 4th in Las Vegas. The American Heart Association (AHA) has contacted the program to donate blood pressure cuffs for expanding the SMBP program. The AHA has agreed to donate 600 cuffs (approximate fiscal equivalent \$26,500) that will expand the program to 5 additional sites within 2 FQHCs across the state. The expansion will also facilitate integration among the Heart Disease and Stroke Prevention Program, the

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Women's' Health Connection Program, and possibly the Colorectal Prevention Program through CHW integration.

The Heart Disease and Stroke Task Force completed their identified activities of developing a High Blood Pressure and Stroke Toolkit. They are currently in the process of finalizing key informant interviews of providers garnering feedback and support of the strategic plan and activities. Also, being finalizing are interviews with FQHC key staff to determine what activities of the strategic plan relate to activities the FQHCs are currently conducting and how we can help facilitate quality improvement that is beneficial for their facilities. Lastly, the task force has begun to compile a Team-Based Care Resource Manual that will outline all members of the care continuum and promote utilizing each member to their highest functionality. The manual will also include a menu of options for possible incorporation of team-based care members into organizations and facilities.

The Stroke Registry has progressed slowly, but is progressing. The primary stroke centers are experiencing delays related to staff changes and their legal departments approving the sharing agreements. However, Quintiles has received enough responses to grant super user access. The program is working closely with the state biostatistician, Kyra Morgan, to create the account and review the data. The success stories, toolkits, and strategic plan can now be viewed at <http://nevadawellness.org/community-wellness/heart-disease-stroke-prevention/>.

Obesity Prevention Program

The Obesity Prevention and Control Program hired a new coordinator. Her name is Kristi Robusto. Her first day was April 25, 2016. She hopes to continue the great work the program has put forth thus far and she will be doing outreach to individual partners soon.

School Health Program

Every school district has developed a local wellness policy: Two of them are in the stages of final approval. Each policy meets federal standards that were established in the Nevada School Wellness Policy. In order to help Clark and Washoe County School District implement their local wellness policies; Action for Healthy Kids will be providing training on implementation with an emphasis on nutrition best practices (Smart Snack Standards) in April and May.

A team of 5 individuals across the state has been put together to be Comprehensive School Physical Activity Program (CSPAP) trainers. Each trainer will provide 2 or more professional development CSPAP trainings within their county of Clark, Washoe, Elko, Douglas or Lyon counties before June 29th, 2016. CSPAP meets the physical activity goal within each local wellness policy.

The Healthy Hoops Campaign with the Reno Bighorns to promote health and wellness among northern Nevada elementary students has ended. The campaign reached 2579 elementary students through school assemblies, the dance challenge and school day event with the Reno Bighorns. The message was clear to students of increasing physical activity to 60 minutes per day, reducing screen/media time and eating healthy, nutritious meals. In addition, the Healthy Hoops campaign reached thousands of people through the Nevada Wellness website, press releases and social media. Gardnerville Elementary School won the dance challenge and performed their dance live at the Reno Bighorns game Sunday April 10, 2016.

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Tobacco Prevention and Control Program

The Tobacco Partner Meeting was held February 29th and March 1st at University of Nevada, Reno Redfield Campus. On the first day 15 staff representing six rural coalitions attended in addition to CDPHP program staff. Presentations were given on data collection, community clinical linkages, health systems changes, policy and environmental change as well as an overview on the Tobacco Program and its priorities. For the second day, six additional participants attended, representing the three health districts in Nevada. Additionally the President of the Nevada Tobacco Prevention Coalition attended along with two staff representatives from the Maternal, Child and Adolescent Health Program. Bronson Frick from Americans for Non-Smokers Rights and Emily Claymore from the U.S. Department of Health and Human Services were guest speakers presenting on creating smoke-free communities and campuses respectively. The meeting was well received and highly evaluated by all participants.

The Sustainability Survey was sent out to key partners and stakeholders; received 61% response rate. Four focus groups were held during the last month; discussion focused on the three highlighted areas **Organizational Capacity, Partnerships and Funding Stability**. All of the groups were productive with excellent turn out from a wide variety of partners and stakeholders. A Sustainability Plan was presented to the CDC on March 28th as part of the year 1 grant report.

Eight trainings, across the state, for the Division of Welfare and Supportive Services (DWSS) staff occurred throughout the month of February. Over 100 staff were trained on brief intervention to refer and enroll clients who are smokers into the Nevada Tobacco Quitline.