

**ADVISORY COUNCIL ON THE STATE PROGRAM
FOR WELLNESS AND THE PREVENTION OF CHRONIC DISEASE
MEETING MINUTES
January 30, 2014
1:00 PM**

Videoconference Locations:

Division of Public and Behavioral Health (DPBH)
4150 Technology Way, Room 204
Carson City, NV 89706
(775) 684-4285

Nevada Early Interventions Services (NEIS)
2667 Enterprise Road
Reno, NV 89512
(775) 688-1341

Division of Public and Behavioral Health (DPBH)
4220 South Maryland Parkway
Suite 810, Building D
Las Vegas, NV 89119
(702) 486-6520

AT&T Conferencing
Dial-In Toll Free Number 1-877-848-7030
Participants Code #2541093

BOARD MEMBERS PRESENT

Dr. Christina Demopoulos (Las Vegas)
Assemblyman Andy Eisen, MD (Las Vegas)
Virginia Beck (Las Vegas)
Dr. James Greenwald (Reno)
Dr. Jacque Ewing-Taylor (Reno)
André DeLeón (Carson)
Marci Schmiede (Reno)
Thomas McCoy (Carson)

BOARD MEMBERS NOT PRESENT

Jack Kim (Las Vegas)
Jeffery Muehleisen (Las Vegas)
Gerald Dermid (Reno)
Senator Joseph P. (Joe) Hardy, MD (Las Vegas)
Dr. Tracey Green (Carson)

HEALTH DIVISION STAFF PRESENT

Mónica Morales, Section Manager, Chronic Disease Prevention and Health Promotion (CDPHP) Section, Bureau of Child, Family and Community Wellness (BCFCW)
Melanie Flores, Community Health Worker and Oral Health Program Manager, CDPHP, BCFCW
Jessica Lamb, Obesity Prevention Program Coordinator, CDPHP, BCFCW
Eliane Fuentes, Community Health Worker (CHW) Coordinator, CDPHP, BCFCW
Kami Luther, Administrative Assistant 2, CDPHP, BCFCW

OTHERS PRESENT

Ben Schmauss, American Heart Association (AHA)
Lynn Roe, Clark County School District (CCSD)
Shannon Laneve, CCSD
Tim Wigchers, Nye Community Coalition (NCC)
Evan Klass, School of Medicine
Nicole Bungum, Southern Nevada Health District (SNHD)

Mónica Morales called to order the Advisory Council on the State Program for Wellness and the Prevention of Chronic Disease meeting at **1:05 PM**. Kami Luther indicated the meeting was properly posted at the locations listed on the agenda in accordance with the Nevada Open Meeting Law (NOML).

1. ROLL CALL

Introductions were made

2. VOTE ON MINUTES FROM THE OCTOBER 8, 2013 ADVISORY COUNCIL ON THE STATE PROGRAM FOR WELLNESS AND THE PREVENTION OF CHRONIC DISEASE MEETING

Ms. Morales entertained a motion to approve the minutes.

MOTION: Dr. James Greenwald made a motion to approve the October 8, 2013 minutes

SECOND: Thomas McCoy
PASSED: UNANIMOUSLY

3. STAFF REPORTS

Ms. Morales and Tom McCoy updated members on Christopher Roller, former Chair of this Council. Mr. Roller is still with the American Heart Association (AHA) but is now working with another division out of state. The council is collecting a packet of items/topics that Mr. Roller contributed to and the State of Nevada will be getting Mr. Roller a certificate of recognition for his contributions to the state. Please email any materials to Ms. Luther at kluther@health.nv.gov by February 14, 2014. Ms. Morales asked Ben Schmauss, who came to the meeting on behalf of Mr. Roller, to introduce himself. Mr. Schmauss gave a brief introduction of his work experience and interest in this Committee.

A. Chronic Disease Prevention and Health Promotion (CDPHP) Section Staff Report

Ms. Morales spoke regarding the list of grant opportunities for CDPHP. The CDPHP section has identified new opportunities they want to pursue including the National Prevention Partnership Award and National Association of Chronic Disease Directors Award.
See Exhibit A

B. Subgrantees funding allocation presentation

Ms. Morales reviewed the funding spreadsheets. The figures are specific to January 2014. These documents highlight the funding breakdowns and how the CDPHP section is funding activities at the community level. Some efforts are county wide and some are statewide. The section anticipates further budget cuts moving forward relating to chronic disease. In the current funding received, about 2 million dollars goes to cancer screenings (breast, cervical or colon cancer screenings). There is a notion that these dollars will get placed into the Affordable Care Act. The Cancer Unit Manager will make a presentation at the next meeting on how she believes this information will shift the populations that we are currently working with.
See Exhibit A

C. Updates on the Preventative Health and Health Services (PHHS) Grant

Jessica Lamb gave members an update on current deadlines for the PHHS Grant. For the PHHS Fiscal Year (FY) 2013, there is an annual report along with two success stories that are due by February 1, 2014. These documents have been put into the system and will be submitted by 5:00 PM today. The CDPHP section is currently applying for PHHS FY14 funding, which started on October 1, 2013 and goes through September 30, 2014. It is mandated that the minutes from today's CWCD meeting, the minutes from the public hearing tonight at 4:00PM, the updated and reviewed budget and the updated and reviewed (with public review) are uploaded into the BGMIS system by February 7, 2014. The PHHS Grant funds various allotments to three sections: Rape Prevention (mandated funding); Rural Nursing; and Chronic Disease.
See Exhibit B

D. Goals and Objectives

The FY13 health objectives, listed on the handout, are the objectives outlined for the PHHS FY14 work plan. Ms. Lamb discussed the budget for FY13 and provided a program breakdown. There was an increase in Rape Prevention funding, which was mandated for FY14. It is unsure what the exact increased amount is at this time. Mr. McCoy questioned on rural nursing districts and funding changes. Ms. Lamb reviewed the handout and mentioned that the funding is focused on salaries for rural nurses. André DeLeón asked what districts and where the nurses that are funded through this grant work at. Ms. Lamb will get that information out to the council. Jacque Ewing-Taylor asked if there was a choice as to where the increased funding will go towards. Ms. Lamb updated the Council that we will have an update on the amount and where the funding will be going at the next CWCD meeting.
See Exhibit B

E. Funding Updates

Updates included in the above items A, B, C and D.

F. Community Health Worker (CHW) Presentation

Melanie Flores gave a presentation on the CHW Program's Vision and Sustainability Plan. In short, CHWs connect the health system and the community. Partnerships required in order for this plan to be successful include the Division of Public and Behavioral Health, the Nevada Department of Labor, the Nevada System of Higher Education and the CHW Association. Ms. Flores summarized the CHW's core roles and scope of work in the communities they support. She also summarized the eventual outcomes and return on investment of this program. Ms. Flores stated that our education development contacts will be tackling how to make the CHW program a label that can be used on resumes. Dr. Greenwald queried about the data for population assessments. The DPBH will be following up on the CHW program. Mr. DeLeón gave incite on different venues to pursue for more assistance and information on this program. See Exhibit C

4. UPDATES ON THE FIT FIRST NEVADA WEBSITE

Ms. Morales briefly updated how the Fit First Nevada, now Nevada Wellness, website came about. Ms. Lamb highlighted where the website is located, www.nevadawellness.org, and navigated members through various highlighted components of the website. She pointed out the Spanish translation component of the website, which translates the entire website into Spanish. She also highlighted the Events Calendar, where community members can submit events that will be sent to our internal Health Promotions Workgroup for review and approval before posting. The target audiences for this website are community members. The website is in its first stages and there is much more to be added as it arises. Members suggested coordination with the Public Employees' Benefits (PEB) program. All recommendations and feedback from members regarding the website and media campaign are to be emailed to Ms. Lamb at jalamb@health.nv.gov.

5. DISCUSSION AND RECOMMENDATIONS ON THE CONTINUATION OF THE COLLECTION OF BODY MASS INDEX (BMI) DATA

Ms. Morales discussed the research that DPBH has been involved with, in regards to the feedback the section received by this Council. Ms. Morales explained that this topic has been one that the council has been interested in and eager to learn more about.

A. Presentation by the Division of Public and Behavioral Health (DPBH) on latest data for BMI Presentation summary included below in item B.

B. Discuss BMI data collection and costs

Ms. Lamb presented a PowerPoint Presentation on BMI data collection barriers and costs as per the council's request at the last meeting. The presentation reviewed the current status of BMI data collection in Nevada schools, barriers regarding this data collection and estimated costs for equipment and staffing. Ms. Lamb did note that the information in this presentation was collected from speaking with various statewide stakeholders. The presentation included action steps which led to the discussion on the drafted letter of importance for BMI data collection.

C. Draft letter on importance of BMI data

Members of the council made recommendations regarding this letter. These recommendations included the changing the target audience of this letter, changing certain phrases and wording and refocusing this letter to a detailed "ask" letter, not a letter of importance. These changes will be discussed between Dr. Green and the CDPHP section and an update will be given at the next council meeting.

6. LIPOSCIENCE PROPOSAL

Dr. Greenwald linked the BMI data information above with his update on the LipoScience proposal. He believes the most important data is not the cholesterol number but when the triglyceride number goes high and the high-density lipoprotein cholesterol (HDL) number drops. From there what we see is a ratio that Dr. Gerald Reaven from Stanford described as an insulin resistance patient at high risk for cardiovascular disease; the ratio is called the Poor Man's Insulin Resistance Ratio. LipoScience has done 10 million nuclear magnetic resonance (NMR) tests on blood samples over fifteen years and written 240 papers. LipoScience, within next two months, will come out with a Diabetes Risk Prediction Score. This will allow people with sugar insulin levels between 90 and 110 to be analyzed and get a more accurate prediction of what their course will be. There might be breakthrough from LipoScience

which will clear the fog on insulin. Dr. Greenwald will keep the Council updated on LipoScience and insulin resistance.

7. INSULIN RESISTANCE UPDATE

Included in agenda item # 6

8. DISCUSSION AND POSSIBLE VOTE FOR CWCD CHAIR AND VICE-CHAIR

Ms. Morales asked the Council to consider who they would like to vote for Chair and Vice-Chair. New members were asked to introduce themselves and were welcomed by the Council. Mr. Schmauss expressed an interest to serve on the Council. Ms. Morales entertained a motion to nominate Mr. Schmauss to the Council. Voting on the Chair and Vice-Chair was postponed until the next meeting.

MOTION: Dr. Greenwald motioned to nominate Mr. Schmauss to the Council to fill the vacancy of someone from a local health authority

SECOND: Mr. McCoy

PASSES: UNANIMOUSLY

9. DISCUSS AND VOTE ON MEETING DATES FOR 2014

Ms. Luther presented some meeting dates to the Council and the members decided on the following three dates and times for 2014:

- ✚ April 17, 2014 from 1:00 PM – 4:00 PM
- ✚ August 14, 2014 from 1:00 PM – 4:00 PM
- ✚ October 23, 2014 from 1:00 PM – 4:00 PM

10. DISCUSS AND RECOMMEND AGENDA ITEMS FOR NEXT MEETING

- Oral Health Program Updates
- Stroke and Heart Initiative
- Latino Health Assessment Update
- PHHS Grant Funding Update
- Best Practices for 2014
- CWCD Business Updates
 - Member Nominations
 - ◆ Mr. Schmauss biography and resume
- Importance of BMI draft letter review
- Tobacco Update
- Nevada Wellness Website Update

11. PUBLIC COMMENT

No public comment

12. ADJOURNMENT

The meeting adjourned at **3:40 PM**