

**ADVISORY COUNCIL ON THE STATE PROGRAM
FOR WELLNESS AND THE PREVENTION OF CHRONIC DISEASE
DRAFT MEETING MINUTES
October 8, 2013
3:00 PM**

Videoconference Locations:

Division of Public and Behavioral Health (DPBH)
4150 Technology Way, Room 204
Carson City, NV 89706
(775) 684-4285

Nevada Early Interventions Services (NEIS)
2667 Enterprise Road
Reno, NV 89512
(775) 688-1341

Grant Sawyer Building
Office of Governor Brian Sandoval
555 E. Washington Ave., Suite 5100
Las Vegas, NV 89101
(702) 486-2500

AT&T Conferencing
Dial-In Toll Free Number 1-877-848-7030
Participants Code #2541093

ADVISORY COUNCIL MEMBERS PRESENT

Christopher Roller, Chairperson, Senior Government Relations Director, American Heart Association (AHA)
Elizabeth Fuentes, proxy for Virginia Beck, Nutrition Director, Clark County School District (CCSD)
Dr. James Greenwald, MD, Specialty Health Clinic (SHC)
Tracey Green, MD, Chief Medical Officer, Division of Public and Behavioral Health (DPBH)
Jeffery Muehleisen, Nevada Association for Health Physical Education Recreation and Dance (NAHPERD)
Bobbie Paul, proxy for André DeLeón, Education Programs Professional, Nevada's Department of Education (NDE)
Erin Russell, proxy for Jack Kim, Associate General Counsel, UnitedHealth Care
Marc Schmiege, MBA, CPT, Private Sector Human Resources

ADVISORY COUNCIL MEMBERS NOT PRESENT

Senator Joseph P. (Joe) Hardy, M.D.
Assemblyman Andy Eisen, M.D.
Gerald Dermid, Nevada Office of Minority Health (NOMH)

HEALTH DIVISION STAFF PRESENT

Mónica Morales, Section Manager, Chronic Disease Prevention and Health Promotion (CDPHP) Section, Bureau of Child, Family and Community Wellness (BCFCW)
Jessica Lamb, Obesity Program Coordinator, CDPHP, BCFCW
Kami Luther, Administrative Assistant 2, CDPHP, BCFCW

OTHERS PRESENT

Rayleen Earney, Southern Nevada Health District (SNHD)
Samantha Wilkinson, University of Nevada Las Vegas (UNLV)

Christopher Roller called to order the Advisory Council on the State Program for Wellness and the Prevention of Chronic Disease meeting at **3:10 PM**. Mr. Roller indicated the meeting was properly posted at the locations listed on the agenda in accordance with the Nevada Open Meeting Law (NOML).

1. ROLL CALL

Introductions were made

2. VOTE ON MINUTES FROM THE APRIL 16, 2013 AND JULY 9, 2013 ADVISORY COUNCIL ON THE STATE PROGRAM FOR WELLNESS AND THE PREVENTION OF CHRONIC DISEASE MEETINGS

Mr. Roller requested minutes for July 9, 2013, be corrected on page two; paragraph three the word "statue" to "statute." As well as page three; paragraph seven the date "2015" to "July 1, 2015."

MOTION: Erin Russell made a motion to approve both minutes with the aforementioned corrections to the July 9, 2013 minutes
SECOND: Marci Schmiede
PASSED: UNANIMOUSLY

3. STAFF REPORTS

A. Chronic Disease Prevention and Health Promotion (CDPHP) Section Staff Report

Mónica Morales introduced Jessica Lamb, the new Obesity Program Coordinator. This position is from receiving a combined grant. Ms. Lamb gave a brief introduction and stated she graduated with a degree from the University of Nevada, Reno (UNR) in Community Health Science.

B. Updates on the Preventative Health and Health Services (PHHS) Grant

i. Goals and Objectives

Ms. Morales stated the objectives for the PHHS grant revolve around worksite wellness. We hope to give an update on another program funded by the PHHS Grant, Early Child Care Obesity Prevention, at the following meeting.

ii. Funding Updates

Ms. Morales said we are continuing with the current PHHS Grant funding until 2014

4. UPDATE ON TOPIC MATTERS FOR THE NEVADA HEALTH CONFERENCE 2013

Ms. Morales reminded participants the Nevada Health Conference 2013 will be held in Henderson, Nevada at the Green Valley Resort and Spa where topical issues and vaccinations will be discussed. For more information please visit www.immunizenevada.org.

5. IMPLEMENTATION AND VISION OF ASSEMBLY BILL (AB) 158

Ms. Morales discussed the changes to Assembly Bill (AB) 158 and guided members through a PowerPoint presentation on understanding what CDPHP had been working on throughout the years. She reviewed the following topics: chronic disease in Nevada not decreasing; public health funding and federal funding in Nevada rank low; leveraging resources to create effective strategies between diabetes and obesity; key activities of physical education; loss of funding and positions within the Division of Public and Behavioral Health (DPBH); and 79 percent of DPBH funding goes out to the community. Mr. Roller asked for examples as to where in the community most of the funding goes. Ms. Morales gave a few examples; tobacco funding goes out to over fourteen different coalitions statewide; cancer funding goes out towards cancer screening efforts and certain age groups who fit criteria for being at risk; and diabetes grants go toward Chronic Disease Self-Management classes. Ms. Morales offered to present a breakdown of some of the subgrantees and their efforts relating to the above topics at the next meeting on agenda item eight.

Some key initiatives Ms. Lamb will be working include physical activity standards; physical education standards; Early Child Care and Obesity Prevention Standards; and a reengagement project working with Washoe County to try to assess at risk youth on the verge of dropping out of schools. Ms. Morales gave updates on our efforts with the different CDPHP programs. Mr. Roller asked for an update on the Body Mass Index (BMI) data. Ms. Lamb will be updating on BMI data later in the meeting on item eight of the agenda.

Ms. Morales stated DPBH believes it is critical to link the strategic Chronic Disease State Plan with CWCD. Expanding the role of this Advisory Council in the statute was for this purpose. Moving forward, we hope the Council will provide guidance and help move forward policy and systems changes efforts in the state. Dr. James Greenwald asked if DPBH currently had a strategy for insulin resistance. Ms. Morales replied, "Not yet." She specified the funding source had not identified insulin resistance specifically as a strategy we are to utilize. Some grants have become very descriptive and specific with their strategies and expect us to allocate the funding received toward those strategies. Dr. Greenwald said we need to start looking at obesity as a disease which is related to the levels of insulin in a person. Mr. Roller asked if there is a current data collection method in place to determine the level of the insulin resistance problem. Dr. Tracey Green stated we would need data on specialized types of testing and physical measurements of individuals. Ms. Russell asked Dr. Green to clarify what she is asking for in terms of data. Dr. Green stated waist measurements, nuclear magnetic resonance (NMR) cholesterol, and fasting insulins. Ms. Morales asked members if they were in disagreement with changes made to the bylaws per AB 158.

6. UPDATES AND RECOMMENDATIONS TO THE FIT FIRST NEVADA WEBSITE

Ms. Morales indicated a vote was needed for the Fit First Nevada website to be transitioned to the newly named Nevada Wellness website. Members unanimously agreed on the website change from “Fit First Nevada” to “Nevada Wellness.” The website for review and recommendations is located at www.nevadawellness.org.

7. APPROVE THE UPDATED BYLAWS AND VOTE ON NEW ACRONYM FOR THE ADVISORY COUNCIL ON THE STATE PROGRAM FOR WELLNESS AND THE PREVENTION OF CHRONIC DISEASE

Mr. Roller asked all in favor of approving the bylaws with the new verbiage according to the updated AB 158. Council members unanimously voted in favor of the new bylaws. Members then discussed possible suggestions for a new acronym for the Council. Mr. Roller suggested “CWCD” as the new acronym.

MOTION: Ms. Russell moved to approve the revised bylaws and new acronym “CWCD” for the council
SECOND: Jeffrey Muehleisen
PASSED: UNANIMOUSLY

8. DISCUSSION AND RECOMMENDATIONS ON THE CONTINUATION OF THE COLLECTION OF BODY MASS INDEX (BMI) DATA

Ms. Lamb stated after speaking with various stakeholders, DPBH concluded these findings: schools find collecting BMI data burdensome; schools thought they would see programs implemented but never saw follow-through; and schools were not receiving additional funding, funding for equipment, or staffing to collect the data. DPBH is assessing potential ways to educate stakeholders on the need for BMI data. Dr. Greenwald shared some of LipoScience’s studies on elevated BMI. Dr. Greenwald stated he felt it is the Council’s responsibility to put a program in place to use data collected. Mr. Roller suggested trying to get buy in from schools no longer required to collect BMI data. Dr. Green stated she would draft a letter to school district superintendents to inform them on concerns over the discontinuation of BMI data collection. Ms. Morales suggested changing the language in the new statute to include more counties. Ms. Morales stated the majority of BMI data collection issues are not just due to funding. It is an activity which happens once a year and there is an educational component involved. Mr. Roller asked if there was a presentation for the BMI data report for school years 2011 – 2012. Ms. Morales mentioned we will bring this topic back next meeting for the reason that DPBH is still gathering data.

9. DISCUSS AND RECOMMEND ADDITIONAL COUNCIL MEMBERS

Mr. Roller referred to the resumes/curriculum vitae (CV) of Council nominees provided in the meeting packet. Kami Luther advised members on four vacancies based upon the updated bylaws:

- One representative of a local health authority
- One representative of the Nevada System of Higher Education
- Two representatives of organizations committed to the prevention and treatment of chronic diseases

Several current members’ terms are coming to an end and there will be vacancies in the future. Members who terms are expiring can continue to serve another term or nominate their replacement. There are five nominees and four positions open. None of the potential nominees could fill the position of “one representative of a local health authority,” therefore it will remain vacant. Council members agreed to find out if Gerald Dermid would like to continue to serve on the Council. We will send out formal letters to those who were selected and those who were not selected to serve on the CWCD.

MOTION: Dr. Green made a motion to recommend Jacque Ewing-Taylor, Ph.D. to fill the position of representative of the Nevada System of Higher Education
SECOND: Ms. Russell
PASSED: UNANIMOUSLY

MOTION: Dr. Green made a motion to recommend Dr. Christina Demopoulos and Thomas McCoy to fill the two positions of representatives of organizations committed to the prevention and treatment of chronic disease
SECOND: Dr. Greenwald
PASSED: UNANIMOUSLY

Ms. Morales confirmed the CWCD's Vice-Chair position is vacant. Mr. Roller's term for Chair is ending. Next meeting members will vote on a new Chair and Vice-Chair. Ms. Luther updated members on current term start and end dates. Ms. Morales reminded members per updated bylaws, terms are now two years.

10. DISCUSS AND RECOMMEND AGENDA ITEMS FOR NEXT MEETING

The standing agenda items were recommended for the January 2013 meeting, as well as the following:

- Subgrantees – funding allocation presentation
- Discuss LipoScience proposal by Dr. Greenwald
- Insulin Resistance Update
- Dr. Green draft letter to state superintendent for schools on importance on BMI data
- Discussion and possible vote for CWCD Chair and Vice-Chair
- Discuss BMI data collection report

11. PUBLIC COMMENT

No public comment

12. ADJOURNMENT

The meeting adjourned at **5:08 PM**