

## Changes to Seclusion and/or Restraint Emergency Procedures Form

### Page 1

- Add *"/or"* to title of form
- Add *"Print on gold paper. No names or HIPAA-identifiers."* to first box
- Change *"Patient/Client #:"* to *"Medical Record #:"*
- Add *"(Required)"* under the line for Medical Record #
- Add *"Transgender"* and *"Other"* to Gender
- Add *"State"* and *"County:"* under Legal Status/Child Welfare Custody
- Add *"Co-Custody"* under Legal Status
- Add *"Southern Hills Hospital Pavilion"* to list of Facilities
- Delete *"Children and Adolescents ages 9-17:"* and *"Children under age 9:"* boxes
- Add *"Day of the week and shift:"*
- Add *"(Required) IS THIS CHILD/YOUTH CURRENTLY ENROLLED IN SPECIALIZED FOSTER CARE? Yes/No (For reporting purposes only)"*
- Under CONTINUATION ORDER, *change "patient/client's"* to *"child/youth"*
- Under PHYSICAL RESTRAINT/Number of Staff Involved, *change "Patient"* to *"Child/Youth"*

### Page 2

- Change *"Is Patient Medically Compromised"* to *"Is Child/Youth Medically Compromised"*
- Change *"Injury to Patient/Client"* to *"Injury to Child/Youth"*
- Change *"Does the patient/client have a Personal Safety Plan?"* to *"Does the Child/Youth have a Personal Safety Plan (Safety Assessment and Crisis Plan)?"*
- Add *"Legally Responsible Individual/"* before *"Parent/Guardian/Custodian Notified"*

NEW

Commission on Behavioral Health
Seclusion and/or Restraint Emergency Procedures for Children and Youth
Denial of Rights v.01.08.2020

Print on gold paper. No names or HIPAA-identifiers.
Date of Admission:
Medical Record #:
Gender: Male Female Transgender Other
Height:
Weight:
Age:
Legal Status:
Parental Custody
Child Welfare Custody
State
County:
Youth Parole Custody
Co-Custody

Race: Check all that apply
American Indian/Alaskan Native
Black American
Asian
Native Hawaiian/Pacific Islander
White (Caucasian)
Other

Ethnicity: Hispanic Non-Hispanic Unknown

Programs/Facilities:
DCFS/DWTC Acute-Adolescent (AAP)
DCFS/DWTC RTC
DCFS/PRTF Enterprise FLH 1
DCFS/PRTF Enterprise FLH 2
DCFS/PRTF Enterprise FLH 3
DCFS/PRTF Enterprise FLH 4
DCFS/PRTF North (formerly ATC)
DCFS/PRTF Oasis West 11
DCFS/PRTF Oasis East 12
DCFS/PRTF Oasis West 12
DCFS/PRTF Oasis 13
DCFS/PRTF Oasis 14
Desert Parkway Behavioral Healthcare
Montevista Hospital/Acute
Montevista/Adolescent Residential
Never Give Up Treatment Center
Reno Behavioral Healthcare
Seven Hills Behavioral Institute
Southern Hills Hospital Pavilion
Spring Mountain Treatment Center
West Hills Hospital/Adolescent
West Hills Hospital/Pediatric
Willow Springs Treatment Center
Other

Day of the week and shift:

(Required) IS THIS CHILD/YOUTH CURRENTLY ENROLLED IN SPECIALIZED FOSTER CARE? Yes No
(For reporting purposes only)

Discussed with physician: Yes No RN Initials: Date/Time:
Physician verbal/phone orders by Dr. Date/Time:
Physician Initials: Date/Time:
Order noted by: Date/Time:
Did RN extend order once up to the maximum allowable hours? Yes No

CONTINUATION ORDER: The RN evaluation and documentation for continuation orders must include a face-to face-reassessment of the child/youth current behavior that warrants the extension of the restraint/seclusion.

SECLUSION: Locked Unlocked N/A

Placed in Seclusion: DATE: TIME: AM PM
Released from Seclusion: DATE: TIME: AM PM Total time in minutes:

MECHANICAL RESTRAINT: Cuff/Belt Legs Wrists 4-point 5-point Mitts Geri Chair N/A
Other

Placed in Restraint: DATE: TIME: AM PM
Released from Restraint: DATE: TIME: AM PM Total time in minutes:

PHYSICAL RESTRAINT: CPAR- Escort Standing Wrap/Basket Hold Seated Lying Supine (on back) N/A
Lying Prone (on stomach) Other Hold Implemented, Type and Description:

Placed in Restraint: DATE: TIME: AM PM
Released from Restraint: DATE: TIME: AM PM
Total Time in Minutes: Number of Staff Involved in Restraining Child/Youth:

CHEMICAL RESTRAINT: DATE: TIME: AM PM N/A

Medication Administered: Dose: PO IM
Medication Administered: Dose: PO IM
Medication Administered: Dose: PO IM
Results After one Hour (Explain)

Behavioral Descriptors of Events: (CHECK ALL THAT APPLY)

Attempted elopement
Bites
Cuts
Hits
Imminent harm to others
Imminent harm to self
Kicks
Physical fighting
Property destruction
Punches
Pushes
Scratches
Spits
Threatening gestures
Throwing objects at another

Descriptive Narrative of Behaviors:

Is <b>Child/Youth</b> Medically Compromised: <input type="checkbox"/> Yes <input type="checkbox"/> No (CHECK ALL THAT APPLY)		
<input type="checkbox"/> Known Hx of Cardiac or Respiratory Disease	<input type="checkbox"/> Pregnancy	<input type="checkbox"/> Spinal Injury
<input type="checkbox"/> Morbid Obesity	<input type="checkbox"/> Recent Vomiting	<input type="checkbox"/> Other
<input type="checkbox"/> Seizure Precautions		
Injury to <b>Child/Youth</b> During Procedure: <input type="checkbox"/> Yes <input type="checkbox"/> No (If Yes, describe injury and any treatment)		
Staff Intervention Prior to Restraint/Seclusion (CHECK ALL THAT APPLY)		
<input type="checkbox"/> Ventilation of Feelings	<input type="checkbox"/> Environmental Change	<input type="checkbox"/> Limit Setting
<input type="checkbox"/> Verbal Reassurance	<input type="checkbox"/> Praise/Empathy Statement	<input type="checkbox"/> Rationale/Reality Statements
<input type="checkbox"/> Verbal Redirection	<input type="checkbox"/> 1:1 Interaction w/Staff	<input type="checkbox"/> Reduction in Stimuli
<input type="checkbox"/> Timeout	<input type="checkbox"/> Coupling Statements	
Describe Interventions Prior to Procedure:		
Does the <b>Child/Youth</b> have a Personal Safety Plan (Safety Assessment and Crisis Plan)? <input type="checkbox"/> Yes <input type="checkbox"/> No		
Was the Plan followed? <input type="checkbox"/> Yes <input type="checkbox"/> No      Was there a Debriefing? <input type="checkbox"/> Yes <input type="checkbox"/> No		
Plan to prevent further events (Make Note of Any Changes to the Positive/Individual Behavior Plan, and attach Plan):		
Names and Titles of Staff Involved: _____ Name: _____ Title: _____		
Names and Titles of Witnesses: _____ Name: _____ Title: _____		
Legally Responsible Individual/Parent/Guardian/Custodian Notified <input type="checkbox"/> Yes <input type="checkbox"/> No		
Name of Staff Member Providing Notification: _____ Date: _____ Time: _____ <input type="checkbox"/> AM <input type="checkbox"/> PM		
Nursing Report: Findings and Treatment:		
Signature/Title: _____ Date: _____		
Physician's Report: Findings and Treatment:		
Signature/Title: _____ Date: _____		
Program Manager's (DCFS CPM I) Review: Findings and Treatment:		
Signature/Title: _____ Date: _____		
DCFS Clinical Program Manager II's Review: Findings and Treatment		
Signature/Title: _____ Date: _____		
DCFS/Private Facility ADMINISTRATIVE REVIEW: Comments-	DCFS ADMINISTRATOR REVIEW: Comments-	DAG/COMMISSION REVIEW:
_____	_____	_____
_____	_____	DAG _____ Date: _____
DCFS Dep. Admin. /Facility Admin. Date: _____	Administrator Date: _____	Commissioner Date: _____
NV Commissioner of Behavioral Health Comments:		
_____		

OLD

**Commission on Behavioral Health  
Seclusion and Restraint Emergency Procedures for Children and Youth  
Denial of Rights**

Date of Admission: _____ Patient/Client#: _____ Age: _____	Gender: <input type="checkbox"/> Male <input type="checkbox"/> Female Height: _____ Weight: _____	Legal Status: <input type="checkbox"/> Parental Custody <input type="checkbox"/> Child Welfare Custody <input type="checkbox"/> Youth Parole Custody			
<b>Race:</b> <input type="checkbox"/> American Indian/Alaskan Native <input type="checkbox"/> Asian <input type="checkbox"/> White (Caucasian) <input type="checkbox"/> African American <input type="checkbox"/> Native Hawaiian/Other Pacific Islander <input type="checkbox"/> Other					
<b>Ethnicity:</b> <input type="checkbox"/> Hispanic <input type="checkbox"/> Non-Hispanic <input type="checkbox"/> Unknown					
<b>Programs/Facilities:</b> <table style="width: 100%; border: none;"> <tr> <td style="border: none; vertical-align: top;"> <input type="checkbox"/> DCFS/ATC  <input type="checkbox"/> DCFS/DWTC Acute-Adolescent (AAP)  <input type="checkbox"/> DCFS/DWTC RTC  <input type="checkbox"/> DCFS/FLH 1  <input type="checkbox"/> DCFS/FLH 2  <input type="checkbox"/> DCFS/FLH 3  <input type="checkbox"/> DCFS/FLH 4  <input type="checkbox"/> DCFS/OCTH West 11         </td> <td style="border: none; vertical-align: top;"> <input type="checkbox"/> DCFS/OCTH East 12  <input type="checkbox"/> DCFS/OCTH West 12  <input type="checkbox"/> DCFS/OCTH 13  <input type="checkbox"/> DCFS/OCTH 14  <input type="checkbox"/> Desert Parkway Behavioral Healthcare  <input type="checkbox"/> Montevista Hospital/Acute  <input type="checkbox"/> Montevista/Adolescent Residential  <input type="checkbox"/> Never Give Up Treatment Center         </td> <td style="border: none; vertical-align: top;"> <input type="checkbox"/> Reno Behavioral Healthcare  <input type="checkbox"/> Seven Hills Behavioral Institute  <input type="checkbox"/> Spring Mountain Treatment Center  <input type="checkbox"/> West Hills Hospital/Adolescent  <input type="checkbox"/> West Hills Hospital/Pediatric  <input type="checkbox"/> Willow Springs Treatment Center  <input type="checkbox"/> Other _____         </td> </tr> </table>			<input type="checkbox"/> DCFS/ATC <input type="checkbox"/> DCFS/DWTC Acute-Adolescent (AAP) <input type="checkbox"/> DCFS/DWTC RTC <input type="checkbox"/> DCFS/FLH 1 <input type="checkbox"/> DCFS/FLH 2 <input type="checkbox"/> DCFS/FLH 3 <input type="checkbox"/> DCFS/FLH 4 <input type="checkbox"/> DCFS/OCTH West 11	<input type="checkbox"/> DCFS/OCTH East 12 <input type="checkbox"/> DCFS/OCTH West 12 <input type="checkbox"/> DCFS/OCTH 13 <input type="checkbox"/> DCFS/OCTH 14 <input type="checkbox"/> Desert Parkway Behavioral Healthcare <input type="checkbox"/> Montevista Hospital/Acute <input type="checkbox"/> Montevista/Adolescent Residential <input type="checkbox"/> Never Give Up Treatment Center	<input type="checkbox"/> Reno Behavioral Healthcare <input type="checkbox"/> Seven Hills Behavioral Institute <input type="checkbox"/> Spring Mountain Treatment Center <input type="checkbox"/> West Hills Hospital/Adolescent <input type="checkbox"/> West Hills Hospital/Pediatric <input type="checkbox"/> Willow Springs Treatment Center <input type="checkbox"/> Other _____
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<b>Children and Adolescents ages 9-17:</b> <input type="checkbox"/> Restrained for up to 2 hours <input type="checkbox"/> Secluded for up to 2 hours <input type="checkbox"/> Secluded and Restrained for up to 2 hours					
<b>Children under age 9:</b> <input type="checkbox"/> Restrained for up to 1 hour <input type="checkbox"/> Secluded for up to 1 hour <input type="checkbox"/> Secluded and Restrained for up to 1 hour					
Discussed with physician: <input type="checkbox"/> Yes <input type="checkbox"/> No    RN Initials: _____    Date/Time: _____ Physician verbal/phone orders by Dr. _____    Date/Time: _____ Physician Initials: _____    Date/Time: _____ Order noted by: _____    Date/Time: _____ Did RN extend order once up to the maximum allowable hours? <input type="checkbox"/> Yes <input type="checkbox"/> No <b>CONTINUATION ORDER: The RN evaluation and documentation for continuation orders must include a face-to face-reassessment of the patient/client's current behavior that warrants the extension of the restraint/seclusion.</b>					
<b>SECLUSION:</b> <input type="checkbox"/> Locked <input type="checkbox"/> Unlocked <span style="float: right;"><input type="checkbox"/> N/A</span> Placed in Seclusion: DATE: _____ TIME: _____ <input type="checkbox"/> AM <input type="checkbox"/> PM Released from Seclusion: DATE: _____ TIME: _____ <input type="checkbox"/> AM <input type="checkbox"/> PM Total Time in Minutes: _____					
<b>MECHANICAL RESTRAINT:</b> <input type="checkbox"/> Cuff/Belt <input type="checkbox"/> Legs <input type="checkbox"/> Wrists <input type="checkbox"/> 4-point <input type="checkbox"/> 5-point <input type="checkbox"/> Mitts <input type="checkbox"/> Geri Chair <span style="float: right;"><input type="checkbox"/> N/A</span> <input type="checkbox"/> Other _____ Placed in Restraint: DATE: _____ TIME: _____ <input type="checkbox"/> AM <input type="checkbox"/> PM Released from Restraint: DATE: _____ TIME: _____ <input type="checkbox"/> AM <input type="checkbox"/> PM Total Time in Minutes: _____					
<b>PHYSICAL RESTRAINT:</b> CPAR- <input type="checkbox"/> Escort <input type="checkbox"/> Standing Wrap/Basket Hold <input type="checkbox"/> Seated <input type="checkbox"/> Lying Supine (on back) <span style="float: right;"><input type="checkbox"/> N/A</span> <input type="checkbox"/> Lying Prone (on stomach) <input type="checkbox"/> Other Hold Implemented, Type and Description: _____ Placed in Restraint: DATE: _____ TIME: _____ <input type="checkbox"/> AM <input type="checkbox"/> PM Released from Restraint: DATE: _____ TIME: _____ <input type="checkbox"/> AM <input type="checkbox"/> PM Total Time in Minutes: _____ <b>Number of Staff Involved in Restraining Patient:</b> _____					
<b>CHEMICAL RESTRAINT:</b> DATE: _____ TIME: _____ <input type="checkbox"/> AM <input type="checkbox"/> PM <span style="float: right;"><input type="checkbox"/> N/A</span> Medication Administered: _____ Dose: _____ <input type="checkbox"/> PO <input type="checkbox"/> IM Medication Administered: _____ Dose: _____ <input type="checkbox"/> PO <input type="checkbox"/> IM Medication Administered: _____ Dose: _____ <input type="checkbox"/> PO <input type="checkbox"/> IM <b>Results After one Hour (Explain):</b> _____					
<b>Behavioral Descriptors of Events: (CHECK ALL THAT APPLY)</b> <table style="width: 100%; border: none;"> <tr> <td style="border: none; vertical-align: top;"> <input type="checkbox"/> Attempted elopement  <input type="checkbox"/> Bites  <input type="checkbox"/> Cuts  <input type="checkbox"/> Hits  <input type="checkbox"/> Imminent harm to others         </td> <td style="border: none; vertical-align: top;"> <input type="checkbox"/> Imminent harm to self  <input type="checkbox"/> Kicks  <input type="checkbox"/> Physical fighting  <input type="checkbox"/> Property destruction  <input type="checkbox"/> Punches         </td> <td style="border: none; vertical-align: top;"> <input type="checkbox"/> Pushes  <input type="checkbox"/> Scratches  <input type="checkbox"/> Spits  <input type="checkbox"/> Threatening gestures  <input type="checkbox"/> Throwing objects at another         </td> </tr> </table>			<input type="checkbox"/> Attempted elopement <input type="checkbox"/> Bites <input type="checkbox"/> Cuts <input type="checkbox"/> Hits <input type="checkbox"/> Imminent harm to others	<input type="checkbox"/> Imminent harm to self <input type="checkbox"/> Kicks <input type="checkbox"/> Physical fighting <input type="checkbox"/> Property destruction <input type="checkbox"/> Punches	<input type="checkbox"/> Pushes <input type="checkbox"/> Scratches <input type="checkbox"/> Spits <input type="checkbox"/> Threatening gestures <input type="checkbox"/> Throwing objects at another
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<b>Descriptive Narrative of Behaviors:</b>           					

<b>Is Patient Medically Compromised:</b> <input type="checkbox"/> Yes <input type="checkbox"/> No <b>(CHECK ALL THAT APPLY)</b>		
<input type="checkbox"/> Known Hx of Cardiac or Respiratory Disease <input type="checkbox"/> Morbid Obesity <input type="checkbox"/> Seizure Precautions	<input type="checkbox"/> Pregnancy <input type="checkbox"/> Recent Vomiting	<input type="checkbox"/> Spinal Injury <input type="checkbox"/> Other
Injury to Patient/Client During Procedure: <input type="checkbox"/> Yes <input type="checkbox"/> No (If Yes, Please describe injury and any treatment)		
<b>Staff Intervention Prior to Restraint/Seclusion (CHECK ALL THAT APPLY)</b>		
<input type="checkbox"/> Ventilation of Feelings <input type="checkbox"/> Verbal Reassurance <input type="checkbox"/> Verbal Redirection <input type="checkbox"/> Timeout	<input type="checkbox"/> Environmental Change <input type="checkbox"/> Praise/Empathy Statement <input type="checkbox"/> 1:1 Interaction w/Staff <input type="checkbox"/> Coupling Statements	<input type="checkbox"/> Limit Setting <input type="checkbox"/> Rationale/Reality Statements <input type="checkbox"/> Reduction in Stimuli
Describe Interventions Prior to Procedure:		
Does the patient/client have a Personal Safety Plan? <input type="checkbox"/> Yes <input type="checkbox"/> No      Was the Plan followed? <input type="checkbox"/> Yes <input type="checkbox"/> No		
Was there a Debriefing? <input type="checkbox"/> Yes <input type="checkbox"/> No		
Plan to prevent further events (Make Note of Any Changes to the Positive/Individual Behavior Plan, and attach Plan):		
Names and Titles of Staff Involved: _____		
Name:	Title:	
Names and Titles of Witnesses: _____		
Name:	Title:	
Parent/Guardian/Custodian Notified <input type="checkbox"/> Yes <input type="checkbox"/> No		
Name of Staff Member Providing Notification: _____ Date: _____ Time: _____ <input type="checkbox"/> AM <input type="checkbox"/> PM		
Nursing Report: Findings and Treatment:		
Signature/Title: _____		Date: _____
Physician's Report: Findings and Treatment:		
Signature/Title: _____		Date: _____
Program Manager's (DCFS CPM I) Review: Findings and Treatment:		
Signature/Title: _____		Date: _____
DCFS Clinical Program Manager II's Review: Findings and Treatment		
Signature/Title: _____		Date: _____
DCFS/Private Facility ADMINISTRATIVE REVIEW: Comments-	DCFS ADMINISTRATOR REVIEW: Comments-	DAG/COMMISSIONER REVIEW:
		_____ Date: _____
		_____ Date: _____
DCFS Dep. Admin./Facility Admin.      Date:	Administrator      Date:	Commissioner      Date:
NV Commissioner of Behavioral Health Comments:		