DPBH COMMISSION ON BEHAVIORAL HEALTH MINUTES November 16, 2018

MEETING LOCATIONS:

Division of Public and Behavioral Health 4150 Technology Way, Room 303, Carson City, NV Northern Nevada Adult Mental Health Services 480 Galletti Way, Bldg. 22, Sparks, NV Health Care Quality and Compliance 4220 S. Maryland Parkway, Building D, Suite 810, Las Vegas, NV

COMMISSIONERS PRESENT:

Noelle Lefforge, Ph.D., Chair, Las Vegas, Tabitha Johnson, Las Vegas, Natasha Mosby, phone, Debra Scott, Sparks, Barbara Jackson, Sparks

COMMISSIONERS EXCUSED:

Lisa Ruiz-Lee, Melvin Pohl, M.D., Lisa Durette, M.D., Asma Tahir

Carson City:

Julie Slabaugh, DAG, Donald Campbell, Psy. D, Dorothy Edwards, Washoe Regional Behavioral Health Policy Board, Robin Williams, RRC, Laura Valentine, Rural Clinics, Jessica Flood, Northern Regional Behavioral Health Coordinator, Joelle Gutman, Rural Regional Behavioral Health Coordinator, Charles Duarte, Washoe Regional Behavioral Health Policy Board, Lea Cartwright, NPA, Dawn Yohey, DPBH, Ariana Saunders, Southern Nevada Behavioral Health Coordinator, Brook Adie, DPBH

Sparks:

Christina Brooks, NNAMHS, Morgan Gleich, NVBOPE, Tom Durante, LCC, Kristen Rivas, DCFS, Jeanette Belz, NV Psychiatric Association, Julian Montoya, SRC

Las Vegas:

Susanne Sliwa, DAG, Marina Valerio, DRC, Gujuan Caver, DRC, Ellen Richardson-Adams, SNAMHS, Jo Malay, SNAMHS, Rose Park, CSB, Leon Ravin, M.D., SNAMHS

Phone:

Stan Cornell, Stein, Agata Gawronski, Board of Examiners for Alcohol, Drug and Gambling Counselors, Sara, UNLV

Chair Lefforge called the meeting to order at 8:35 a.m. Roll call is reflected above. It was determined that a quorum was present. Introductions were made at all three locations.

Public Comment

There was no public comment.

Approval of the Minutes September 14, 2018

Action: A motion was made by Ms. Johnson, seconded by Ms. Jackson and passed to accept the minutes of September 14, 2018.

Agenda items #6 and #11 were taken out of order.

Update from Regional Behavioral Health Policy Boards and discussion regarding Annual Reports provided to the Commission

The Regional Behavioral Health Coordinators for each region provided an overview of needs and gaps, priorities/State recommendations, legislative request, and bill draft summary for their region.

Chair Lefforge suggested training be offered for providers in urban communities on culture competency and working with rural populations.

Ms. Gutman provided an overview of statewide priorities for all the Boards.

See presentation on Regional Behavioral Health Policy Boards Annual Report Summary.

Update on Licensing Boards in relation to AB457

Ms. Gleich presented proposed regulations R169-18, R170-18, and R171-18. Ms. Gleich informed R169-18 is proposing an increase in fees. R170-18 includes regulation changes suggested by the Board's counsel. R171-18 updates the distance education requirement for continuing education to be more in line with the American Psychological Association as well as an update of technology.

Ms. Scott complemented the Board of Psychological Examiners on the proposed regulations as written.

Consideration and Possible Approval of Agency Directors' Reports

Action: A motion was made by Ms. Scott, seconded by Ms. Johnson and passed to accept the Agency Directors' reports as submitted.

Seclusion and Restraint Report

Ms. Malay reported NNAMHS has fewer patients spent time in seclusion and restraint and fewer seclusions and restraints than the national average. The statewide overall use of restraints, SNAMHS has some spikes compared to NNAMHS. The spikes are due to individuals with multiple events of restraints.

Chair Lefforge inquired on the spike in July and what triggered it. Ms. Malay replied it is due to individuals with multiple aggression and restraint issues.

Ms. Malay reported NNAMHS has a steady number of clients and the patient waitlist is stable. Due to the decrease in the capacity of beds at SNAMHS, there is an increase in the waitlist and longer wait times.

Ms. Valerio reported for DRC. Ms. Valerio informed the number of individuals who require the use of a restraint are low. When a crisis happens, the least restrictive type of restraint is used and progressed as needed. Restraints are occurring equally at ICF and the work program. The length of restraints is recorded in seconds due to the restraints being a minimal amount. There has been a decrease in incidents. The hold used the most is a stability hold.

Discuss and make recommendations on Physician and Psychiatrist Role in Death Penalty

Dr. Ravin informed, Dr. Durette wanted to solicit the Commission's opinion on what kind of position the Commission would like to take should this become part of the next legislative session.

Dr. Lefforge inquired how an opinion can be formed if there is no BDR.

Ms. Johnson asked if it could remain as an agenda item.

Dr. Lefforge informed the item would be kept on the agenda for the next meeting. If a BDR related to this agenda item is generated, the Commission can review and decide to form an opinion if they wish to testify.

Local Governing Body Reports

Ms. Jackson reported she did not attend the meeting for the NNAMHS Local Governing Board.

There was no update for the SNAMHS Local Governing Board. The meeting was cancelled.

The meeting for the Lake's Crossing Center Local Governing Board did not take place.

Update on Substance Abuse Prevention and Treatment Agency

Ms. Adie reported she is the new Bureau Chief for the Bureau of Behavioral Health, Wellness and Prevention. Ms. Adie informed the Bureau is currently being restructured. Under the Bureau, there is the mental health block grant, the substance abuse block grant, SAPTA, housing project, Certified Community Behavioral Health Clinics (CCBHC's), and a behavioral health unit. The Bureau is currently working on the 1115 demonstration waiver in which they are in the process of completing an application and submitting it to CMS to extend the CCBHC's. The Bureau has an RFA being released for opioid funding in December. Once the 1115 demonstration waiver is approved, the Bureau will have initial funding for the new CCBHC's to hire staff. Some funding has been released to help assertive community treatment teams. The Bureau is in the process of hiring a Housing Specialist.

Ms. Adie informed the Commission members she would take any guidance on what members would like for her to present at future meetings.

Chair Lefforge stated it is helpful and important to update the Commission on major initiatives the Bureau is carrying out. Historically, the reason this is an agenda item was due to the concern of SAPTA's compliance with federal guidelines related to funding specifically about access to care for pregnant women abusing substances. Chair Lefforge commented any initiatives going on and concerns that arise regarding compliance with requirements, the Commission would like to be informed of.

Ms. Adie informed the Bureau is currently working on some projects for pregnant women. Ms. Adie will provide more information at the next meeting.

The commission members agreed the title of the agenda item be updated to the Bureau of Behavioral Health, Wellness and Prevention.

Update on Aging and Disability Services Division

No one was present to report on the Aging and Disability Services Division.

Chair Lefforge informed the agenda item be kept as a standing agenda item. The Commission would like the Division to provide an overview of what the Division is doing and have someone available in the event the Commissioners have questions or concerns from the community related to what is presented.

Policies

The following policies were presented by Ms. Park:

A 5.1 Clinical Services Branch Division Level II Incident Reporting Management BHO-006 Case Management Policy CRR 0.14 Risk Management and Reporting Serious Incidents Policy SP 4.49 Continuum of Care – Inpatient to Community Service Program- Mental Health

Action: A motion was made by Ms. Johnson, seconded by Ms. Mosby and carried to approve the policies.

Agenda item #13 was taken out of order.

<u>Planning, Discussion and Recommendations for New Commission Chair and Upcoming Positions</u> Chair Lefforge announced her resignation from the Commission.

There were no nominations for Commission Chair.

Chair Lefforge requested Dr. Durette be informed she would chair the next meeting if a Chair has not been appointed by then.

Discuss nominations and vote on members for Annual Governor's/Legislature Letter Subcommittee

Ms. Johnson, Ms. Mosby, Ms. Scott and Ms. Jackson have agreed to be on the subcommittee.

Discussion and Recommendations for New Members for the Duties Subcommittee

There were no volunteers to be on the System of Care Subcommittee.

Ms. Scott informed she was appointed Co-Chair for the subcommittee. The other Commission members on the subcommittee are Ms. Ruiz-Lee, Chair of Subcommittee and Ms. Johnson.

Chair Lefforge inquired how many Commission members historically have served on the subcommittee. Ms. Rivas replied, three or four. Chair Lefforge asked if three was ok. Ms. Rivas stated the subcommittee would take what they can get.

Future Agenda Items

- Clark County School District's initiatives on mental and behavioral health
- Continue with standing agenda items with the modification of the title of agenda item #9

Public Comment

There was no public comment.

Dr. Ravin informed he received notification of a BDR.

The DPBH Commission on Behavioral Health meeting was adjourned to the Executive Session at 10:27 a.m.