



CARSON CITY, NEVADA
CONSOLIDATED MUNICIPALITY AND STATE CAPITAL

State Board of Health
Carson City Health and Human Services Report
March 9, 2018

Chronic Disease Prevention and Health Promotion

Adolescent Health Education Program (AHEP) (This program is in CCHHS Chronic Disease Prevention and Health Program Division) –

- Classes have been taught at Virginia City Middle and High Schools, Churchill Detention Center, Aurora Pines, China Springs, Carson City Juvenile Detention Center, Western Nevada Regional Youth Center (WNRYS), and Bishop Manogue High School.
- This program continues to be busy with more requests for comprehensive (PREP) classes than Abstinence classes. The demand exceeds the funding amount; therefore, we cannot provide all the comprehensive classes that are requested.

Diabetes

- Staff attended the State Heart and Stroke Strategic Planning Meeting to represent the Diabetes risk with heart attacks and stroke.
- Educated a radio station 99.1 FM employee on Diabetes Awareness and data pertaining to Nevada and provided referral sources to certified programs.
- Diabetes prevention and control efforts continue with staff continuing to meet with providers and discuss the toolkit and barriers to referrals.

Tobacco Control and Prevention

- A partnership with the State and others has begun with looking at development of Nevada State Tobacco Merchant training for carding of sales of tobacco. Review of other states plans and FDA toolkit has been assessed.
- Staff is continuing to work with Carson Tahoe Health on direct referrals in the electronic record system to Nevada Quitline (National Jewish Health Hospital). This electronic system upgrade would create a pop-up alert to staff when smoking assessment completed to refer patient to the Quitline for cessation. This referral system will utilize the connection of the Nevada Health Information Exchange. Cost to complete this project for each of their EHR systems is \$9,000 per system.
- CCHHS is collaborating with the Carson City Parks and Recreation Department to create smoke free parks and discuss possible ordinance changes in Carson City. These efforts are also part of a Regional effort for Northern Nevada, which includes Washoe County, City of Reno, and City of Sparks.

Carson City Health & Human Services

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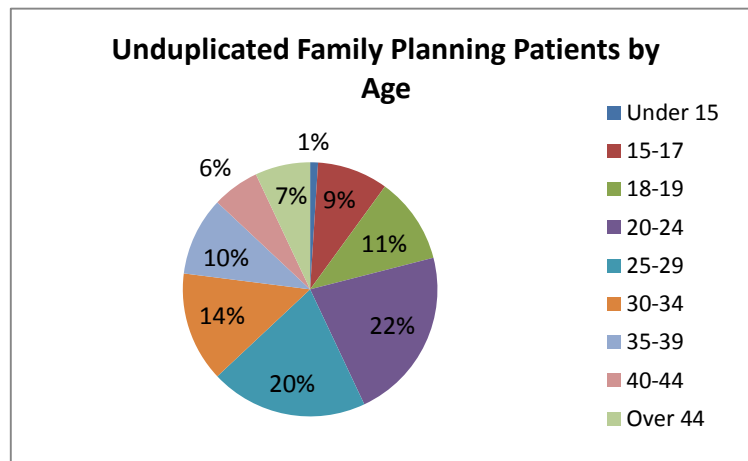
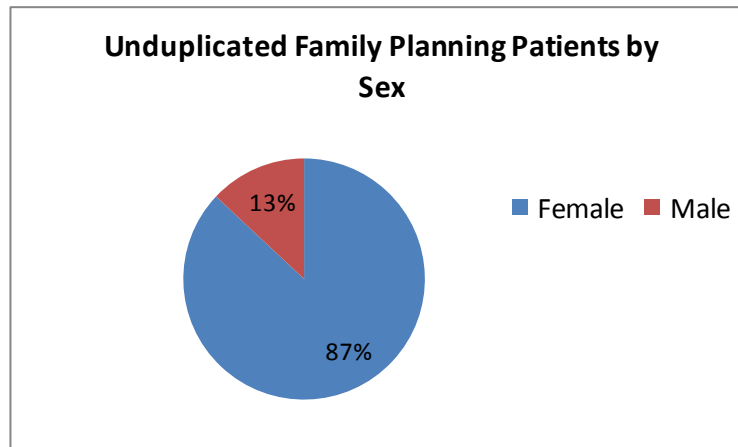
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| Clinical Services (775) 887-2195 Fax: (775) 887-2192 | Public Health Preparedness (775) 887-2190 Fax: (775) 887-2248 | Human Services (775) 887-2110 Fax: (775) 887-2539 | Disease Control & Prevention (775) 887-2190 Fax: (775) 887-2248 | Chronic Disease Prevention & Health Promotion (775) 887-2190 Fax: (775) 887-2248 |
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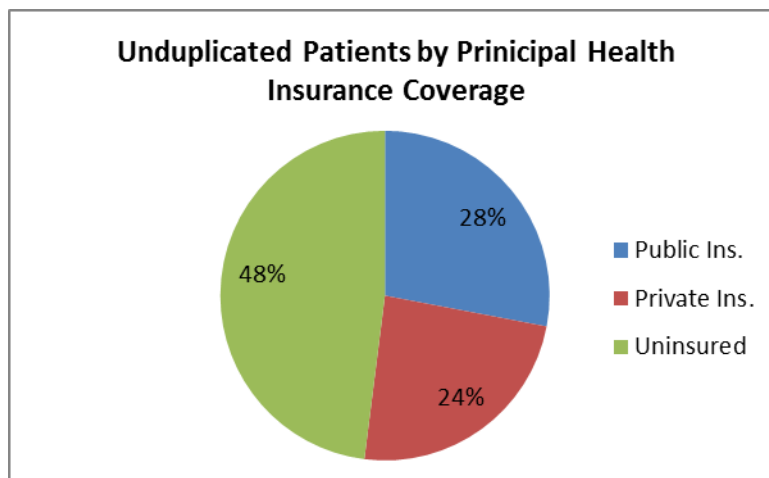
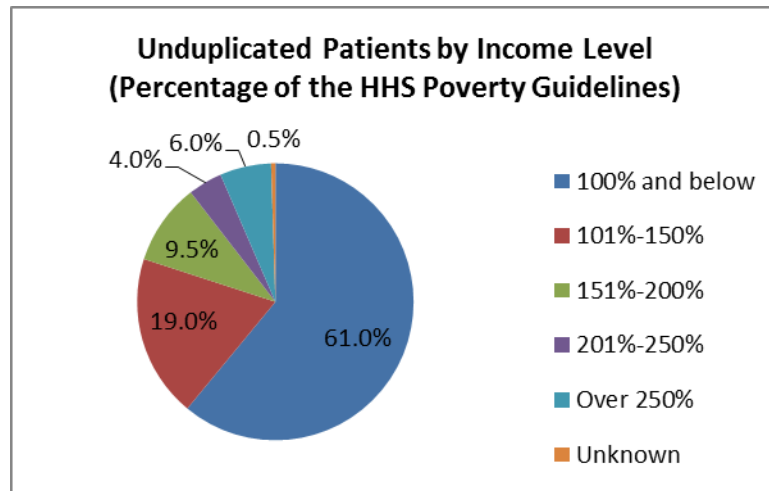
Tobacco Control and Prevention Continued

- A survey of tenants of a large Carson City Section 8 Multi-Unit Housing complex was completed. Results were presented to manager and the regional director. They verbally committed to move forward with development of a smoke free policy. Smoke free toolkits for owners and managers have been updated, printed and are ready for distribution.
- An assessment was completed of large employers in Carson City regarding smoke free policies in place or the interest in developing polices. Of the 19 assessed, only four have some sort of policy, most of the policies are for designated areas.

Clinical Services

- The statistics from the 2017 Family Planning Report are as follows:





Community Health Needs Assessment / Community Health Improvement Plan

- CCHHS has been conducting community meetings to develop our second Community Health Improvement Plan.
- At the end of February, priorities were voted on in a meeting as well as through a Smartphone app and website. CCHHS realizes that it is hard for our community partners to attend all the meetings so we have taken the approach of utilizing electronic methods to keep everyone updated and engage in making the decisions.

Environmental Health

- The revisions to Carson City’s Food Code are made and will be present to Carson City’s Board of Supervisors in April for first and second readings. The plan is to bring the final Food Code to the State Board of Health in June 2018 or earlier if additional meetings are approved.

Epidemiology

- Influenza Season Summary through 2/24/18 for our jurisdiction –
 - 1,882 total cases (rapid or PCR testing)
 - 4,993 influenza-like-illness (ILI) events reported among emergency department visits
 - 132 hospitalizations

Public Health Preparedness

- The Public Health Preparedness staff have taught four Access and Functional Needs (AFN) Support Team classes throughout Nevada this year. The purpose of these classes is to develop a team of individuals who can be called upon during an emergency to assist those with access and functional needs at Points of Distribution (PODs), Family Assistance Centers (FACs), and Mass Care Shelters. We will be hosting an AFN Support Team exercise in March.
- Public Health Preparedness staff are also collaborating with State PHP and the Quad-County HazMat team to conduct the first CHEMPACK exercise in Nevada. This exercise is being held in March and will involve numerous government and private sector partners.
- PHP staff collaborated with the CDC to bring Community Assessment for Public Health Emergency Response (CASPER) training to Nevada. CASPERs have been done across the country for matters such as heat vulnerability in Arizona, ice storms in Kentucky, and for the Flint water crisis in Michigan. We worked with the Nevada Division of Emergency Management and State OPHIE to have the training offered in both northern and southern Nevada. A variety of people will be trained in the assessment procedures including staff from local and state government, private industry, volunteer groups, and tribal partnerships. The training will occur on March 20th in northern Nevada at the Division of Emergency Management and March 21st in southern Nevada at the Southern Nevada Health District.

Human Services

- CCHHS staff are members of the Carson City Behavioral Health Task Force. One of the subcommittees is Affordable/Transitional Housing.
 - A report was given to Carson City's Board of Supervisors at a Board Retreat on February 5, 2018. Direction was given to staff to work on a Carson City Municipal Code ordinance change to allow rental of accessory dwelling units.
 - Subcommittee has recently added a Nevada-based developer and representatives from the Realtor's Association to the subcommittee to discuss possible solutions.
 - A Carson City policymaker is on the subcommittee – Supervisor Lori Bagwell.

Human Services Continued

- A CCHHS Community Health Worker is continues to be a member of the FASTT (Forensic Assessment Services Triage Team) at the Carson City Jail. She is serving as a case manager for inmates getting out of jail and is assisting them with connecting to medical and social services. This addition has been very successful.

Respectively submitted,

A handwritten signature in blue ink that reads "N. Aaker".

Nicki Aaker, MSN, MPH, RN
Director, Carson City Health and Human Services