



CARSON CITY, NEVADA
CONSOLIDATED MUNICIPALITY AND STATE CAPITAL

State Board of Health
Carson City Health and Human Services Report
September 8, 2017

Chronic Disease Prevention and Health Promotion

Diabetes

- Diabetes training and education to providers on the statewide toolkit began.
- Fourteen (14) more providers have been reached in Carson City and Lyon County with the tool kit and referral process for Diabetes Prevention Program and Diabetes Self-Management Programs. This brings our total to 24, which exceeded our goal of 20.
- Plan to continue training on toolkit in 2017-18 with follow-up to providers reached in 2017.
- Difficulties continue to get into provider practices with no incentive to provide, such as lunch or breakfast and we are competing with pharmaceutical companies for their time.

Nevada's Opioid Crisis

- Healthcare provider education has been provided in Carson City, Douglas, Lyon and Storey Counties which addresses Opioid Crisis statistics, 2015 CDC Prescribing Guidelines – Acute vs. Chronic pain recommendations, Naloxone/Narcan – Good Samaritan Law, new NRS – Prescription Monitoring Program, practice policies, discharge instructions, and referral sources for opioid misuse or abuse
- Pharmacist education has been provided in Carson City, Douglas, Lyon and Storey Counties which addresses Opioid Crisis statistics, new NRS – Prescription Monitoring Program, Naloxone/Narcan – increase in prescribing, Good Samaritan Law, prescription vs. standing orders (OTC)
- Health System Changes – review current discharge instructions when prescribing opioids, recommendations for patient discharge instructions, and policies for prescribing
- Partnership with Law Enforcement – concerns by law enforcement about the current crisis in our communities, and staff dealing with drug investigations or discoveries
- If you Care, Don't Share Campaign – campaign for providers, the community, public, and partners to use

Carson City Health & Human Services

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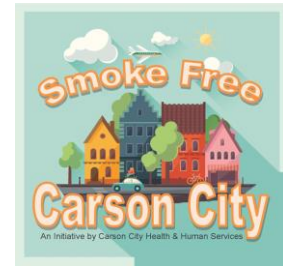
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Adolescent Health Education Program (AHEP) –

- This program is housed within CCHHS Chronic Disease and Health Promotion Division and is funded under the State of Nevada’s Abstinence Education Grant Program; Bureau of Child, Family and Wellness.
- Abstinence Classes were taught were to:
 - Virginia City Middle School,
 - Hugh Gallagher Elementary School,
 - Carson Juvenile Detention, and
 - Bishop Minogue Catholic High School.
 - The AEGP grant deliverable was 100 youth by September 30. We taught 116 youth.
- PREP (Comprehensive) classes were taught to:
 - Western Nevada Regional Youth Center,
 - China Springs Youth Camp,
 - Aurora Pines Youth Camp, and
 - Carson Juvenile Probation Wilderness Program.
 - The PREP projected deliverable was 50 youth by September 30. We taught 100 youth.
- Presentations were given to:
 - Carson Juvenile Detention,
 - Ali Lugel of Healthy Choices Program in Carson City, and
 - Ron Wood Family Resource Center.
- Classes Scheduled are with:
 - Western Nevada Regional Youth Center(quarterly),
 - China Springs Youth Camp (Winter and Spring Break),
 - Aurora Pines Youth Camp (Winter and Spring Break),
 - Carson Juvenile Detention,
 - Virginia City Middle School (Winter Break),
 - Hugh Gallagher Elementary School (pending dates), and
 - Bishop Minogue High School.

Safe Routes to School - This program was moved to Carson City Public Works as of July 1, 2017.



Tobacco Control and Prevention

- Western Nevada College (WNC) is implementing their 100% Tobacco Free policy as of this semester and will be signed by November 2017. Education and marketing started and a Tobacco Free Campus is being implemented since the students and staff has returned. Some members of our WNC Healthy Campus Committee have also been providing technical assistance to TMCC Tobacco Free Committee as they have run into some barriers.
- Tobacco Merchant Assessment: We have started assessing all of our tobacco merchants in Carson City on training of employees for carding and sales of tobacco. This assessment will be used to find the gaps and barriers to merchant training. It also allows us to complete a “remind and reward” program to merchants doing a great job.
- Provider Guide to Tobacco and Nicotine Billing is being presented to providers to remind them to use all ICD 10 diagnosis codes for nicotine dependence and exposure to second hand smoke. Providers are reminded that at every visit they assess tobacco status and should use diagnosis codes. A patient who states they use tobacco should have diagnosis code placed on record. This will allow us to start obtaining some data on smoking and costs.
- Multi-unit housing efforts: We completed our first Multi-unit housing Seminar for Landlords and Managers in Carson City and surrounding areas on June 28, 2017. This was a project in partnership with our Sheriff, Fire, Code Enforcement, and Human Services. We had excellent feedback and class evaluations. There were a total of 15 attendees. Within a week we had additional feedback from a manger about an issue she had on her complex and was able to resolve quickly because of information and contacts provided at the seminar. Additionally we now have 10 known MUH complexes or property management agencies with smoke-free policies. Several have allowed us to place them on our website (www.gethealthycarsoncity.org) for link to their complexes. Now, there are over 900 units as smoke-free in Carson City.
- Active participation in the Nevada Tobacco Prevention Coalition. Continuing to implement and update the strategic plan. The General Membership meeting in June 2017 had some great presentations by Baby & Me, WNC Journey to be Tobacco Free, and the Quitline outcomes report. The Northern Nevada Action

Committee also chose to change the priorities of the committee to be more action oriented, which now includes problem solving, networking, and brainstorming; exploring solutions to bridge the gap in cessation services in Northern Nevada; increasing public awareness of tobacco issues in Northern Nevada; building relationships with casinos and workplaces; and increasing promotion of the Nevada Tobacco Quitline.

- Completed an assessment of Carson Tahoe Health System employee cessation benefits. Carson Tahoe is one of the largest employers in Carson City and they recently hired a new Employee Assistance Program, which provides a comprehensive cessation program. This was great news, as their medical benefit provider does not offer cessation services.
- Initial meetings have begun with Carson Tahoe Health System to work on direct referrals in the electronic record system to Nevada Quitline (National Jewish Health Hospital). This electronic system upgrade would create a pop-up alert to staff when smoking assessment completed to refer patient to the Quitline for cessation. This referral system will utilize the connection of the Nevada Health Information Exchange.
- Smoke-free Carson City efforts have started to create events in Carson City that are smoke-free. The Carson City Fair Board agreed to have their event be smoke-free with designated areas. We provided signage for the event.

Clinical Services

- Back To School
 - August 2017 - We gave 927 Vaccines/TB tests to 429 individuals. These numbers are a 36% increase in vaccines and a 32% increase in individuals since the Tdap and now subsequent MCV4 requirement went into effect.
 - History –
 - August 2016 - 991 Vaccines/TB tests to 458 people (Tdap was required and Carson School District started excluding students)
 - August 2015 - 678 Vaccines/TB tests to 326 people (This was before Tdap - MCV requirements and before Carson School District excluded students for not being up to date)
- Title X
 - Across the country, current grantees and new grantees were informed that Title X grant funding will end March 31, 2018.
 - We have since learned that a new Competitive Notice of Application will come out in October and the country will be competing as a whole. In the past few years, states were aligned to compete within each state for a designated amount of funding.
 - Particulars of this application are unknown so it is uncertain what the criteria for application will involve.

Community Health Needs Assessment 2017

- After compiling and considered all the public comments provided, CCHHS Community Health Needs Assessment is finalized.
- CCHHS is in the process of recruiting for an experienced person to assist in the facilitation of the CHIP workgroup meetings and development of the CHIP, which is our next step in this process.

Environmental Health

- Carson City is revising the Compliance and Enforcement Section of the Food Code and will be requesting approval once it is approved by the Carson City Board of Supervisors.

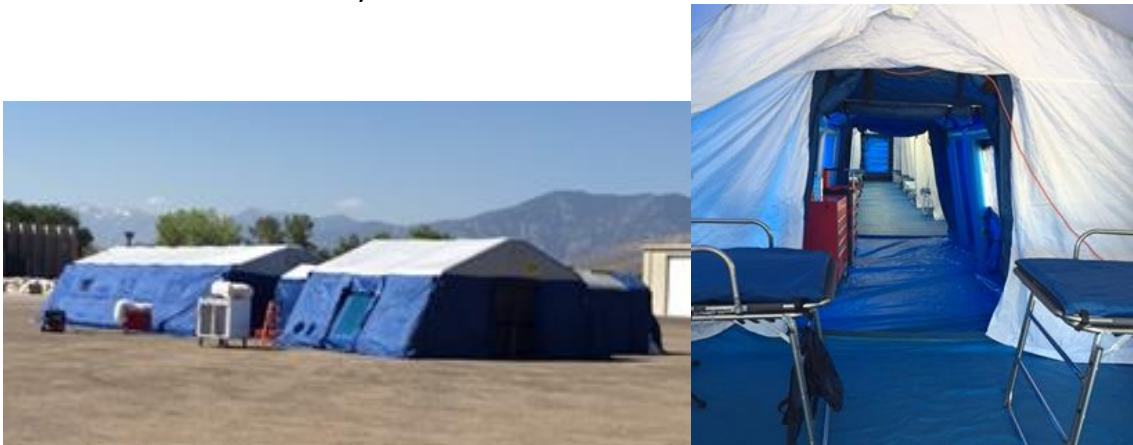
Epidemiology

- West Nile Virus – To date, Carson City has had 2 human cases, Lyon County has had 8 cases, and Douglas County has had 2 cases.
- Carson City has submitted a FEMA reimbursement request for Mosquito Abatement efforts.

Public Health Preparedness

- Quad-County Healthcare Coalition-
 - On August 1, 2017, the Quad-County Healthcare Coalition held its first meeting. The coalition was formed through the merger between the Carson City and Douglas County healthcare coalitions and the inclusion of partners in Lyon and Storey counties. The coalition membership includes acute care hospitals, EMS, public health, emergency management, social services, tribal partners, dialysis centers, long-term care partners, etc. At the initial meeting, there were 48 in-person attendees with an additional 8 partners on the phone.
 - These meetings occur on the first Tuesday of every month and rotate between Carson City, Douglas, Lyon, and Storey counties.
 - The coalition Charter and By-Laws were approved. The leadership for this coalition is made up of two representatives from each county and the healthcare coalition liaison from Carson City Health and Human Services. Additionally, during this meeting, the coalition approved the expenditure of funds to have EMS agencies within the quad-county region align with the same field triage processes which are the same processes utilized in Washoe County. As a result, field triaging processes will be similar across the region.

- Mobile Medical Facility Exercise
 - On August 23, the Mobile Medical Facility (MMF) was set up.
 - The MMF is a four-piece, modular, inflatable tent system that can house up to 20 patients during an emergency. The facility has its own HVAC system, lights, and has a negative-air system in case patients need to be isolated during an event.
 - With about 10-12 people, it takes less than 4 hours to set up and be ready for medical staff to begin their patient-support efforts.
 - The MMF was open for partner tours on August 24 from 8am-11am. Over 35 people toured the facility from partner organizations including fire, state emergency management, public health, tribal clinics, and hospitals.
 - We are grateful for the assistance from Carson City government partners as well as State PHP and Washoe County Health District PHP staff for assisting with the two-day exercise.



- Flu Vaccine Point of Distribution (POD) Exercises and Clinics
 - As in previous years, the PHP program is leading the efforts to reduce our community risk for flu. We will be hosting more than 40 community and school vaccination clinics.
 - Students enrolled in schools in Carson City, Douglas County, and Storey County are offered the opportunity to receive their annual flu vaccine during school hours.
 - CCHHS will be hosting several community flu vaccine events within Carson City.
 - CCHHS is leading the efforts to host flu vaccination point of distribution exercise events in Carson City, Douglas County, and Lyon County. To accomplish all of these events we have collaborated with the Rural Community Health Nurses, local government agencies, community social service agencies, EMS,

and healthcare providers. We anticipate vaccinating approximately 5,000 Nevada residents through these programs.

Carson City Flu POD: Saturday, October 14, 2017 from 9am-2pm at the Carson City Senior Center

Douglas County Flu POD: Friday, October 13, 2017 from 9am-12pm at the Douglas County Community Center

Fernley Flu POD: Friday, September 29, 2017 from 8am-2pm at Out of Town Park

- **NV Access and Functional Needs Support Group**
In collaboration with the PHP program at Washoe County Health District, we are providing training to interested partners to become a member of the Nevada Access and Functional Needs (AFN) Support Group. They will be trained on how to assist AFN populations being housed in a general population shelter. This group's deployment would be requested through sheltering agencies, such as the American Red Cross, and would be utilized to support shelter operations. In light of what has been happening in Texas with Hurricane Harvey and the lessons learned in Northern Nevada during the January and February 2017 flooding, being better prepared as a community will help us be more inclusive for all of our residents and more resilient.

Respectively submitted,



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Director, Carson City Health and Human Services