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Release Date: Immediate Release
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Division of Public and Behavioral Health

NEWS RELEASE

NATIONAL SUICIDE PREVENTION WEEK AND WALK IN MEMORY, WALK FOR HOPE 10th ANNIVERSARY CONNECTING PEOPLE AND COMMUNITIES TO HELP AND HOPE

Carson City – Suicide Prevention Week for 2016 is set for September 5th through 11th. Nevada ranks 5th in the nation in its rate of suicide deaths.

Suicide is the 8th leading cause of death in Nevada and the 10th leading cause of death in the United States with one suicide occurring on average every 12.3 minutes.

Suicide is the 2nd leading cause of death among Nevadans 15 to 34-year-olds.

Approximately 1,069,325 American attempt suicide each year. That equals an attempt every 30 seconds. It is estimated that five million living Americans have attempted to kill themselves.

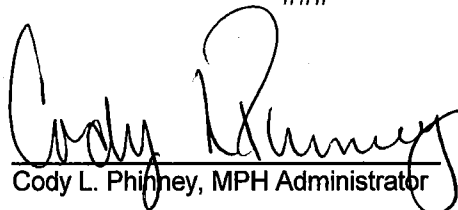
Every year in the United States, more than 21,000 men and women kill themselves with a gun; two-thirds more than the number who use a gun to kill another person.

The 10th Annual “Walk in Memory, Walk for Hope” will take place on September 10, 2016, in 14 different communities across the state. The goal of the event is to increase awareness of the devastating effects suicide has on our nation and state, and to remember those who have been lost to suicide. The event is sponsored by the Nevada Coalition for Suicide Prevention with support from the Nevada Office of Suicide Prevention and the various community coalitions. Together we can reduce the number of families and communities impacted by a needless and tragic death.

Most of the community walk events are opening registration at 8:00 am. You can register online or download a printable registration form. For more information on each individual site, please visit the website at www.nvsuicideprevention.org. For more information on suicide prevention, including information on learning the signs of suicidal behavior go to www.suicideprevention.nv.gov. If you or someone you know is in crisis, call the National Suicide Prevention Lifeline at 1-800-273-TALK (8255). To organize a Walk in your community or to take part in one of the walks, contact the Nevada Office of Suicide Prevention in Northern Nevada at (775) 687-0856, or in Southern Nevada at (702) 486-8225.

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