Substance Abuse Facts
Middle School
(N = 4,535)

Alcohol Use

20.4% have drank alcohol at least once during their life.

10.3% have drank alcohol during the last 30 days.

2.6% have participated in binge drinking within the last 30 days before the survey. **Binge drinking is considered as having five or more drinks in a row within a couple of hours on at least one day.**

Tobacco and Drug Use

Over 10% of students have smoked a cigarette at least one time during their life.

3.1% smoked a whole cigarette for the first time before age 11.

26.7% have used electronic vapor products.

11.3% currently use electronic vapor products. **Electronic vapor products include: e-cigarettes, e-cigars, e-pipes, vape pipes, vaping pens, e-hookahs, hookah pens.**

Top 5 Reportedly Used Drugs

Students reported that...

1. At least 1 time during their lifetime

- 10.2% have used marijuana.
- 6.5% used inhalants.
- 4.2% took prescription drugs without a doctor’s prescription.
- 4.0% used synthetic marijuana.
- 2.3% used cocaine.

WHAT WE CAN DO

- Educate students on the consequences of consuming alcohol, especially binge drinking.
- Educate students on the health consequences of tobacco products and illegal drugs.
- Involve parents and communities in efforts to prevent underage substance abuse.

Data Source: The Nevada Youth Risk Behavior Survey (YRBS) monitors priority health risk behaviors that contribute to the leading causes of morbidity and mortality among youth. The survey asks students to self-report their behaviors in six major areas of health which include: unintentional injuries and violence, sexual behaviors, tobacco use, alcohol and other drug use, unhealthy dietary behaviors, and physical inactivity.

For more information, please visit: http://dpbh.nv.gov/.

Office of Public Health Informatics and Epidemiology | Prepared by AB | June 2016 | Version 1.0