

### Alcohol Use

**20.4%**

have drunk alcohol at least once during their life.



**10.3%**

have drunk alcohol during the last 30 days.



**2.6%**

have participated in binge drinking within the last 30 days before the survey.

*\*\*Binge drinking is considered as having five or more drinks in a row within a couple of hours on at least one day.*

### Tobacco and Drug Use

**Over 10%**

of students have smoked a cigarette at least one time during their life.

**3.1%**

smoked a whole cigarette for the first time before age 11.

**26.7%**

have used electronic vapor products.

**11.3%**

currently use electronic vapor products.

*\*\* Electronic vapor products include: e-cigarettes, e-cigars, e-pipes, vape pipes, vaping pens, e-hookahs, hookah pens)*

Students reported that...

at least  
**1**  
TIME  
during their  
lifetime

- 10.2%** have used marijuana.
- 6.5%** used inhalants.
- 4.2%** took prescription drugs without a doctor's prescription.
- 4.0%** used synthetic marijuana.
- 2.3%** used cocaine.

Top 5  
Reportedly  
Used Drugs

### WHAT WE CAN DO

- ✓ Educate students on the consequences of consuming alcohol, especially binge drinking.
- ✓ Educate students on the health consequences of tobacco products and illegal drugs.
- ✓ Involve parents and communities in efforts to prevent underage substance abuse.

DATA Source: The Nevada Youth Risk Behavior Survey (YRBS) monitors priority health risk behaviors that contribute to the leading causes of morbidity and mortality among youth. The survey asks students to self-report their behaviors in six major areas of health which include: unintentional injuries and violence, sexual behaviors, tobacco use, alcohol and other drug use, unhealthy dietary behaviors, and physical inactivity.

For more information, please visit: <http://dpbh.nv.gov/>.

