

Alcohol Use

64.0%

have drunk alcohol at least once during their life.



30.6%

have drunk alcohol during the last 30 days.



15.3%

have participated in binge drinking within the last 30 days before the survey.

***Binge drinking is considered as having five or more drinks in a row within a couple of hours on at least one day.*

Tobacco and Drug Use

Over 30%

have smoked a cigarette at least one time during their life.

5.7%

smoked 10 or more per day within the last 30 days of the survey.



39.4%

have used marijuana in their life.

WHAT WE CAN DO

- ✓ Educate students on the consequences of consuming alcohol, especially binge drinking.
- ✓ Educate students on the health consequences of tobacco products and illegal drugs.
- ✓ Involve parents and communities in efforts to prevent underage substance abuse.

Students reported that...

at least
1
TIME
during their lifetime

- 16.9%** took prescription drugs without a doctor's prescription.
- 10.9%** used synthetic marijuana.
- 7.0%** used ecstasy.
- 6.9%** used inhalants.
- 6.1%** used cocaine.

Top 5 Reportedly Used Drugs

DATA Source: The Nevada Youth Risk Behavior Survey (YRBS) monitors priority health risk behaviors that contribute to the leading causes of morbidity and mortality among youth. The survey asks students to self-report their behaviors in six major areas of health which include: unintentional injuries and violence, sexual behaviors, tobacco use, alcohol and other drug use, unhealthy dietary behaviors, and physical inactivity.

For more information, please visit: <http://dpbh.nv.gov/>.

