2015 NEVADA YRBS

Substance Abuse Facts
HIGH SCHOOL

(N = 5,108)

Alcohol Use

64.0% have drank alcohol at least once during their life.

30.6% have drank alcohol during the last 30 days.

15.3% have participated in binge drinking within the last 30 days before the survey.

**Binge drinking is considered as having five or more drinks in a row within a couple of hours on at least one day.

Tobacco and Drug Use

Over 30% have smoked a cigarette at least one time during their life.

5.7% smoked 10 or more per day within the last 30 days of the survey.

39.4% have used marijuana in their life.

Top 5 Reportedly Used Drugs

Students reported that...

1. at least 1 time during their lifetime

2. 16.9% took prescription drugs without a doctor’s prescription.

3. 10.9% used synthetic marijuana.

4. 7.0% used ecstasy.

5. 6.9% used inhalants.

6. 6.1% used cocaine.

WHAT WE CAN DO

- Educate students on the consequences of consuming alcohol, especially binge drinking.
- Educate students on the health consequences of tobacco products and illegal drugs.
- Involve parents and communities in efforts to prevent underage substance abuse.

DATA Source: The Nevada Youth Risk Behavior Survey (YRBS) monitors priority health risk behaviors that contribute to the leading causes of morbidity and mortality among youth. The survey asks students to self-report their behaviors in six major areas of health which include: unintentional injuries and violence, sexual behaviors, tobacco use, alcohol and other drug use, unhealthy dietary behaviors, and physical inactivity.

For more information, please visit: http://dpbh.nv.gov/.

Office of Public Health Informatics and Epidemiology | Prepared by AB | June 2016 | version 1.0