

CDI Core and Supplemental Prevention Measures

General CDI Prevention Strategies

Core Measures

- Contact Precautions for duration of diarrhea
- Hand hygiene in compliance with CDC/WHO
- Cleaning and disinfection of equipment and environment
- Laboratory-based alert system for immediate notification of positive test results
- Educate about CDI: healthcare providers, housekeeping, administration, patients, families

Supplemental Measures

- Extend use of Contact Precautions beyond duration of diarrhea (e.g., 48 hours)*
- Presumptive isolation for symptomatic patients pending confirmation of CDI
- Evaluate and optimize testing for CDI
- Implement soap and water for hand hygiene before exiting room of a patient with CDI
- Implement universal glove use on units with high CDI rates*
- Use sodium hypochlorite (bleach) containing agents for environmental cleaning
- Implement an antimicrobial stewardship

* Not include in CDC/HICPAC 2007 Guideline for isolation precautions.